

# THE OPEN DOOR

QCC's Student Newspaper

## PRESIDENT'S MESSAGE



**Dr. Luis G. Pedraja**

Welcome to the fall semester! Whether you are new to our college or returning after a break, I am glad you chose to join us at QCC. The beginning of a term is always an exciting time for everyone, but this is especially true in the fall when we welcome everyone back to campus and the halls fill with many new faces. I am sure that you will quickly discover that QCC is a caring community that will welcome you with open arms.

There is lots going on in these first few weeks – orientations, activities, classes, and getting to know new people. In the flurry of activity, it is also easy to get lost or overwhelmed. In addition, many of you are balancing work and family responsibilities, which may take their toll. If classes, juggling a complex schedule, or other challenges begin to wear you down, please remember that there are support systems in place to help you along the way. Take time to talk to your teachers and get to know your advisor. Take advantage of the tutors at the Harrington Learning Center and spend time in the library, getting to know how the librarians can assist you in your studies. You are not alone in this journey and we are committed to helping you succeed. Believe in yourself; we do!

In enrolling, you have taken an important step toward achieving your goals and we are committed to helping you achieve them. According to recent studies, over 64% of the jobs in the next few years will require some college, whether it is a certificate or a degree. In taking these first steps in pursuing your education, you are embarking on a journey that will make you more competitive in the job market, better able to adapt to the changing needs of the workforce, and enrich your life. As a result of your studies at QCC today, doors will open for you tomorrow. I know. I am an immigrant, who grew up in a poor neighborhood and was the first in my family to attend college. At times I questioned if I would succeed. Little did I imagine then that one day I would be a college president. Just as my college education gave me the necessary skills to succeed, I am confident that your perseverance in achieving your education goals will pay off in many ways for you.

I look forward to seeing you around campus. I have an open door policy, host Pizza with the President events for students around the year, and like to walk around the campus to meet students. Enjoy the fall semester!

## Welcome New and Current Students! By Tyler Paul Wills



**Hello everyone**, my name is Tyler Wills and I would like to share with you my experience as a college student at QCC. I had many strong fears about going to college. For example, my concern was to blend in with other students by making new friends, or worst case scenario wondering if I would like my college. I soon found that Quinsigamond Community College is a great starting place for many young people. I entered QCC in the fall of 2017, and as a new student I found out that the college has a lot to offer.

For instance, Student Life offers field trips including Red Sox games, Dave & Buster's, Six Flags and many more fun trips. We also have many different events that happen in the Student Fuller Center: Pizza with the President, different types of trivia, make your own Tie-Dye T-shirt and so much more. Best of all it's free

and it's something fun to do. You can hang out with different people and make some new friends.

We also have different kinds of tutoring offered for many classes including Math and English. In addition, the college has a Disability Services department for students who need extra services. You will find phenomenal learning specialist and success coaches who will help you with subjects and get you organized. The Disability Services Office provides offerings to fit student accommodations including Smart Pen's, note takers, readers for taking a quiz/test, and extra time for your exams and much more.

Interested in sports and fitness? The Athletic Center offers a variety of fitness classes including yoga, full-body toning classes as well as basketball, soccer and more. I also write for the QCC student newspaper. Each month I write a question of the month and sometimes I interview people on different subjects. The Open Door is located in the Fuller Student Center. If you have any questions about QCC, please be free to ask the staff/faculty for help.

When I first started as a new student at QCC I was just like most of you; I was afraid to ask questions because I didn't want to be made fun of because I have a disability. Then after attending college things became easier for me and some very good resources came along. Always ask the teacher questions and never be afraid to ask about your classwork.

Welcome to Quinsigamond Community College!

**Go Wyvern's & Go QCC.  
I look forward to seeing  
everyone this fall.**



## Inside The September Issue:

NEW STUDENT TRUSTEE.....3	CAREER SERVICES.....10	BROTHERS & KEEPERS.....16
QCC POLICE INFORMER.....5	DISABILITY SERVICES.....11	QCC MENTORING.....17
ATHLETIC CENTER.....6-7	ARTS AND ENTERTAINMENT.....12-13	CAMPUS POLICE.....18
ACADEMIC ADVISING.....8	ALDEN LIBRARY.....14	TITLE IX.....19
REGISTRAR'S OFFICE.....8	GENERAL ACADEMIC AREAS.....15	PSI BETA.....20-21
TRANSFER SERVICES.....10	COMMONWEALTH HONORS PROGRAM..15	

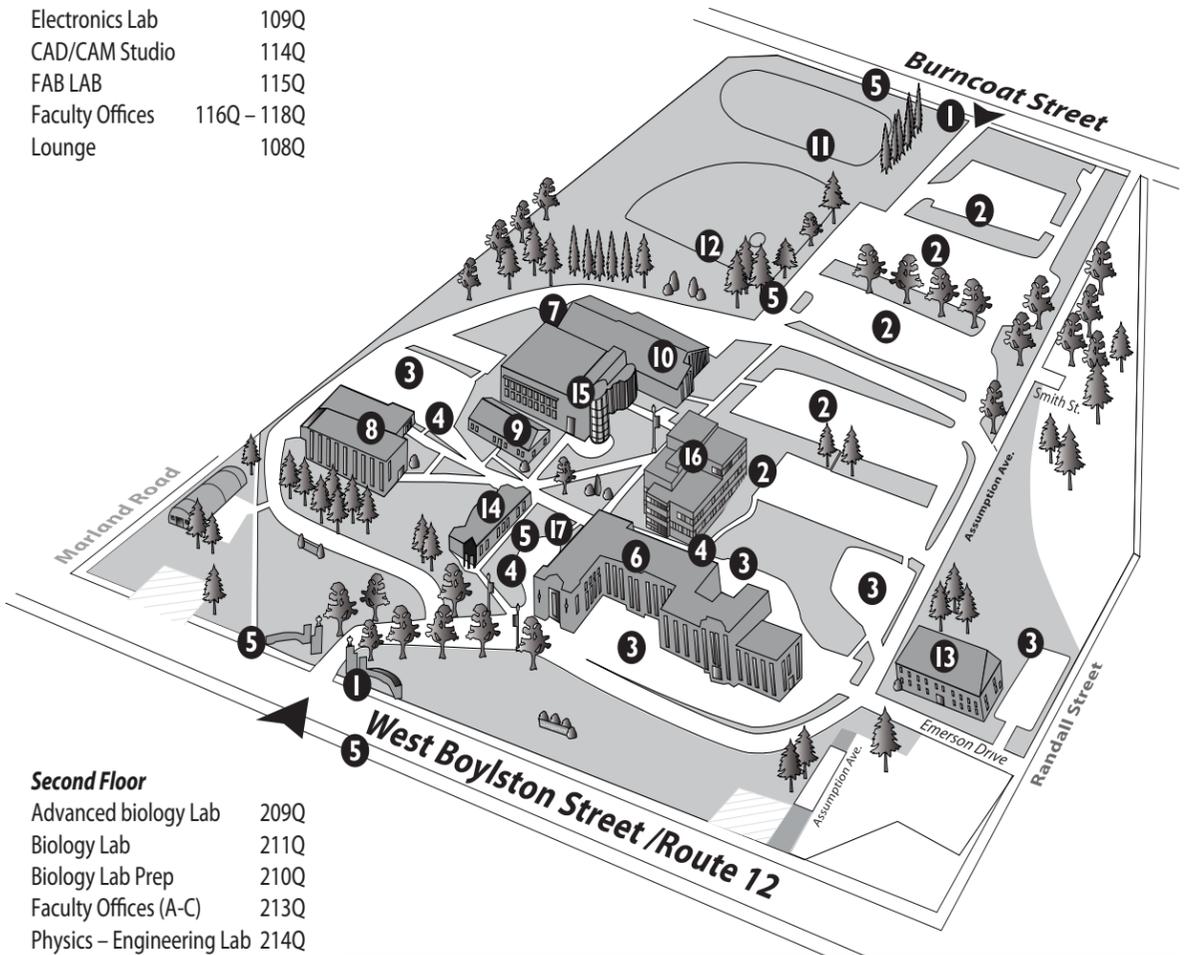


# Welcome Students

Welcome new and returning students! The Open Door staff hopes that you find our paper to be an informative and entertaining window into the QCC world. We are published once a month with the help of the college's many different departments and services. Our goal is to bring you important dates, events and articles offering a wide range of topics.

The Open Door goes beyond announcements and news. It's a **creative** outlet for you, as a student, to have your work published whether it's an editorial, poetry, reviews or art of all kinds; our policy is the same as our name. We encourage everyone to contribute in some way. The Open Door is located in the Fuller Student Center. Stop by and introduce yourself and your ideas. Or, if you prefer, send your submission via email to [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu)

<b>1. Entrance</b>	<b>8. Surprenant Hall (S)</b>	Electronics Lab	109Q
<b>2. Student Parking</b>	Gateway to College	CAD/CAM Studio	114Q
<b>3. Faculty &amp; Staff Parking</b>	Computer Systems Engineering	FAB LAB	115Q
<b>4. Handicapped Parking</b>	Technology Labs	Faculty Offices	116Q – 118Q
<b>5. Bus Stop Location</b>	Hebert Auditorium	Lounge	108Q
<b>6. Administration Building (A)</b>	<b>9. Ahlfors Hall (ALF)</b>		
<b>Lower Level</b>	<b>10. Athletic Center (AC)</b>		
Academic Advising & Placement	Fitness Center		
Testing	Gymnasium		
61A, 355A	Public Safety		
Bookstore	136AC		
Lower Level - A	Advanced Technologies		
Business Office	Lab		
B07A	111AC		
Cafeteria	<b>11. Athletic Field &amp; Track</b>		
Lower Level - A	<b>12. Chupka Baseball Field</b>		
High School Equivalency	<b>13. Child Study Center (CSC)</b>		
Testing	<b>14. Fuller Student Center</b>		
B58A	Student Life		
Payment Center	Open Door Newspaper		
65A	Student Senate		
Help Desk	67A		
	<b>15. Harrington Learning Center (HLC)</b>		
<b>First Floor</b>	<b>Second Floor</b>	<b>Second Floor</b>	
Assistant Dean of Students	Advanced biology Lab	Advanced biology Lab	209Q
383A	Biology Lab	Biology Lab	211Q
Counseling	2170A	Biology Lab Prep	210Q
162A	Faculty Offices (A-C)	Faculty Offices (A-C)	213Q
Veteran Affairs Office	Physics – Engineering Lab	Physics – Engineering Lab	214Q
125A	Prep	Prep	215Q
Dental Hygiene Clinic	272A		
126A	<b>Third Floor</b>		
Financial Aid	Chemistry Lab 1		
165A	Chemistry Lab 2		
President's Office	309Q		
132A	312Q		
Registrar	Faculty Offices (A-F)		
152A	314Q		
TRiO Student Support	Instrument Lab		
Services	310Q		
170A	Prep Lab		
VP of Academic Affairs	315Q		
103A	Meeting Room 1		
VP of Strategic Enrollment	301Q		
Management & Student	Meeting Room 2		
Engagement	313Q		
133A			
<b>Second Floor</b>	<b>17. Visitor Parking</b>		
Disability Services			
246A			
Human Resources			
222A			
Student Employment &			
Transfer Center			
272A			
<b>Third Floor</b>			
Dean of Students			
365A			
Harrington Academic			
Computing Center			
379A			
<b>7. Public Safety (AC)</b>			
(Campus Police)			
136AC			



<b>A</b>	Administration Building	<b>HLC</b>	Harrington Learning Center
<b>ALF</b>	Ahlfors Hall	<b>Q</b>	QuEST Center
<b>AC</b>	Athletic Center	<b>S</b>	Surprenant Hall
<b>CSC</b>	Child Study Center		

<b>ASSA</b>	QCC at Assabet Valley	<b>CWDCE</b>	Center for Workforce Development and Continuing Education
<b>BURN</b>	QCC at Burncoat	<b>D</b>	Healthcare and Workforce Development Center
<b>QSB</b>	QCC Southbridge		
<b>SRCT</b>	QCC at the Worcester Senior Center		
<b>MASC</b>	QCC at the Marlborough Senior Center		

## The Open Door

The Open Door is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work. If you are interested in working on The Open Door, please see Pat Bisha-Valencia, coordinator. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu) or phone 508-854-4285.

**Advisor:** Pat Bisha-Valencia  
**Layout Designer:** Ashley Blackman  
**Staff Writers:** Tyler Wills, Christina Sanders  
**Entertainment Writer:** Tomas Montenegro  
**Sports Writer:** Bryan Faubert

# OPEN DOOR

Issue	On the Stands	Deadline
#2 October	October 4	September 13
#3 November	November 1	October 11
#4 Dec/Jan	December 6	November 8
#5 February	February 7	January 10
#6 March	March 6	February 7
#7 April	April 3	March 6
#8 May	May 1	April 3

Next Issue: October 3, 2019



# QCC NEW STUDENT TRUSTEE HAS HIT THE GROUND RUNNING

Mustafa Boweden has been elected Quinsigamond Community College's new student trustee for the coming year. Mr. Boweden will serve on QCC's 11-member Board of Trustees acting as a representative for the college's student body. Student trustees are elected to the Board for a one-year term. As the student trustee, Mr. Boweden will also serve on the college's Strategic Planning Committee.

"I've been to my first meeting of the trustees and I love it. I'm excited to be part of the team and representing our student body," he said.

Mr. Boweden and his family moved from Libya in 2014 and in Fall 2017, began taking classes part-time at QCC. He has already become a recognizable figure to students, faculty and staff on the college campus. Prior to being elected the college's student trustee, he was the 2018/2019 Vice President of the Student Government Association and along with his two brothers who have also attended QCC, has been active in student events. He said one of his main goals is to work on engaging more student involvement that goes beyond academics.



"If you look at our campus you can see it is very inclusive, diverse and has a fine infrastructure. The college is so successful in developing academic programs and I would like to help take that even further by enhancing the student experience and increasing extra-curricular activities," he said. "When students have other things to do in addition to academics, they become more vested in college and that can help with retention. We already have more resources than a lot of other community colleges and I'd like to increase this."

---

**"While Mr. Boweden's term is only a year, he is confident that he can affect positive change for the student body and the college as a whole."**

---

One item that he has been passionate about is developing a men's soccer team. Soccer been very important to Mr. Boweden and helped him acclimate to the U.S. when he first came to this country. Currently the college has a women's team, which began competing in fall 2016. Thanks to Mr. Boweden's tenacity he was able to generate so much student interest that a men's team will be starting up this fall.

In addition to the men's soccer team, Mr. Boweden said he's also like to see more students become involved in student government.

"I also want to help students get involved in administration on campus. This would look great on their resumes and help them when they go into the workforce," he said. While Mr. Boweden's term is only a year, he is confident that he can affect positive change for the student body and the college as a whole.

"As a representative for the students I hope to provide them and the Board of Trustees with needed information to help advance the mission of the college," he said, adding, "It's going to be very hard to leave here." Mr. Boweden is a General Studies major who plans to transfer to a four-year college when he graduates QCC and major in international law.

For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508.854.7513 or [jmartin@qcc.mass.edu](mailto:jmartin@qcc.mass.edu)

###

**Quinsigamond Community College provides the community with high quality, affordable higher education in Worcester County.** As a regional leader in education and workforce development, QCC serves the diverse educational needs of Central Massachusetts by providing affordable, accessible, and high quality programming leading to transfer, career, and lifelong learning.

# Academic Skills Workshops

Sponsored by QCC Tutoring Centers

Math Center | Writing Center | GAA

[www.qcc.edu/services/tutoring](http://www.qcc.edu/services/tutoring)

## Navigating Your Online Course Resources: Connect, MyLabs, and E-Books

*Monday, September 16: 1pm to 2pm*

## Setting Goals for the Semester

*Tuesday, September 17: 9am to 10pm*

## Notetaking: Why, When, Where, and How

*Monday, September 23: 1pm to 2pm*

## Time Management

*Tuesday, September 24: 9am to 10pm*

## Writing Lab Reports

*Monday, October 7: 1pm to 2pm*

## Graphing in Excel

*Tuesday, October 15: 9am to 10pm*

## Effective Math Study Skills

*Monday, October 21: 1pm to 2pm*

## The Writing Process

*Tuesday, October 29: 9am to 10pm*

## Using Microsoft PowerPoint

*Monday, November 4: 1pm to 2pm*

## Writing with Sources and Avoiding Plagiarism

*Tuesday, November 12: 9am to 10pm*

## Test Preparation Strategies

*Monday, November 26: 1pm to 2pm*

Workshops take place in Egan Conference Room  
239 Harrington Learning Center (HLC)

Persons in need of accommodations for this event should contact Kirsten Patey, Manager of the Writing Center, at 508-854-4287 or [kpatey@qcc.mass.edu](mailto:kpatey@qcc.mass.edu) one week before the workshop date

FALL 2019



# QCC Police Informer

## “Anonymous Tip, or Not to Anonymous Tip”

Deputy Chief Reynaldo Rodriguez

Witnessing a crime or being a victim doesn't automatically mean you want to share that information. You might think it isn't worth the time or effort on your part or even the part of others. However ignoring the crime may not be the best thing for you personally. There was a murder that occurred in the 1960s where almost 40 people heard the victim scream for help and not one reported it. Guilt and shame was something they all felt after getting more details when it was too late. Many did not want to get involved. Many thought someone else would handle it.

There is a solution in today's technology world with the ability to report a crime anonymously. There are benefits to it which should encourage you to report it. The only real drawback to anonymous reporting is that police may not be able to use you as a witness if a suspect is found.

In either case, you have the power to make a difference. At QCC, the police department has Text-A-Tip. This option along with the several surveillance cameras set up throughout the campus, has helped to keep the campus safe so that you can focus on your work.

QCC Police urges everyone to **Say Something if you See Something**. As a reminder an anonymous tip should not be used in an emergency when a rapid response is urgent.

Feel free to send an anonymous tip to Campus Police at **508-854-4221** or use the new anonymous tip line.

Two easy ways to send a tip: #1 Download the FREE App on your phone-Keyword "QCC Tip" or #2 Text "QCC" + (space) + your tip to 847411

## Stay Ahead of Your Coursework!

### The General Academic Areas Tutoring Center

offers free individualized and small group tutoring for a variety of courses. Work with patient, professional, and enthusiastic tutors who will help guide you through your coursework and help build your academic skills.

#### Come see us to find out more information on:

- Current subjects offered and tutoring schedules
- How to schedule appointments
- Drop-in workshops

*And more!*

Room 222 Harrington Learning Center

(508) 854-4279

[gaa@qcc.mass.edu](mailto:gaa@qcc.mass.edu)

[www.qcc.edu/gaa](http://www.qcc.edu/gaa)

# Athletic Center

## Need To Know

([www.qcc.edu/student-life/athletics](http://www.qcc.edu/student-life/athletics))  
 ([www.qcc.edu/services/athletic-center](http://www.qcc.edu/services/athletic-center))

Athletic Center Hours Starting 9/9:

Monday 7:30am – 4:00pm  
 Tuesday 7:30am – 7:00pm  
 Wednesday 7:30am – 7:00pm  
 Thursday 7:30am – 7:00pm  
 Friday 7:30am – 4:00pm  
 Saturday 9:00am – 2:00pm

All offerings and programs are free for QCC Students, Staff, and Faculty

Check The Q and posted signs for fall schedule.



### IT'S NEVER TOO LATE TO START THE YEAR HEALTHY

#### Healthy Goal Setting Tips:

- Start small- don't overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you'll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage you.

Remember the Great feeling you have after you exercise.....

#### BENEFITS OF EXERCISE

- Reduces & Relieves Stress
- Reduces Cholesterol
- Prevents Osteoporosis
- Helps Prevent Coronary Heart Disease (which is the #1 death rate)
- Weight Maintenance
- Firm & Tone your Body
- Meet New People

#### Ultimately....You Will Have More ENERGY

The QCC's Athletic Center Program Fitness Classes are Flexible, Fun and FREE program classes designed for you

- Only 45 minutes long
- Come to every class and be challenged
- Come to classes only when you can and still be able to follow along

#### FULL-BODY TONING

Mondays, Wednesdays & Fridays 12:30pm-1:15pm  
 Instructor Pickie Lanigan

#### BOOT CAMP

Tuesdays & Thursdays 3:45pm-4:30pm  
 Instructor Pickie Lanigan

#### INDOOR CYCLING

Wednesdays 5:30-6:15pm  
 Instructor Stephanie Fleming

#### YOGA

Tuesdays & Thursdays 12:00pm-1:00pm & 5:15-6:30pm  
 Instructor Tamara Chiarizio



### INTERESTED IN PLAYING A SPORT AT Q.C.C.?

Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try- out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are "cleared to play competitive sports". Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

#### Men's Basketball

Tishaun Jenkins  
 508-854-4211  
 tajenkins@qcc.mass.edu

#### Women's Basketball

Andy Kupec  
 508-854-4492  
 akupec@qcc.mass.edu

#### Men's Soccer

Frank Balcarcel  
 508-854-4320  
 fbalarcel@qcc.mass.edu

#### Women's Soccer

Josh Cole  
 508-854-4317  
 jcole@qcc.mass.edu

#### Men's Baseball

John McLaughlin  
 508-854-4316  
 jmclaughlin@qcc.mass.edu

#### Women's Volleyball

Emily Boutilette  
 508-854-4311  
 eboutilette@qcc.mass.edu

**Lisa M. Gurnick**  
 Director of Athletics & Fitness Center  
 508-854-4582  
 lisag@qcc.mass.edu

**Josh Cole**  
 Assistant Manger of Athletics & Fitness Center  
 508-854-4317  
 jcole.qcc.mass.edu

# Athletic Center

## Mens Soccer Schedule

### SEPTEMBER

			<u>DEPART</u>		<u>RETURN</u>	
Thursday	19th	4:00 pm		Northern Essex C.C		HOME
Tuesday	24th	4:00 pm	2:00 pm	Springfield C.C	7:00 pm	AWAY
Thursday	26th	4:00 pm	2:00 pm	Bunkerhill C.C	7:00 pm	AWAY
Monday	30th	4:30 pm	2:30 pm	Mass Bay C.C	8:00 pm	AWAY

### OCTOBER

Saturday	5th	12:00 pm		Quincy College		HOME
Tuesday	8th	3:30 pm	1:30 pm	Bristol	6:30 pm	AWAY
Tuesday	15th	3:30 pm		Holyoke C.C		HOME
Thursday	17th	3:30 pm		Springfield Tech C.C		HOME
Saturday	19th	12:00 pm		Roxbury C.C		HOME
Sat & Sun	26th & 27th			Region XXI Tournament		TBA

Head Coach: Frank Balcarcel  
Assistant Coach: TBA

\* HOME Field  
QCC Campus  
670 West Boylston St.  
Worcester, MA

## Womens Soccer Schedule

### SEPTEMBER

			<u>DEPART</u>		<u>RETURN</u>	
Tuesday	10th	4:00 pm	2:00 pm	Bristol C.C	7:00 pm	AWAY
Thursday	12th	4:00 pm	2:00 pm	Massasoit C.C	7:00 pm	AWAY
Saturday	14th	12:00 pm	10:00 am	Mass Bay C.C	3:00 pm	AWAY
Tuesday	17th	4:00 pm	2:00 pm	Bunker Hill C.C	7:00 pm	AWAY
Tuesday	24th	4:00 pm		Holyoke C.C		HOME
Thursday	26th	4:00pm	2:00pm	Springfield Tech C.C	7:00 pm	AWAY

### OCTOBER

Tuesday	1st	4:00 pm		Mass Bay C.C		HOME
Thursday	3rd	4:00 pm		Massasoit C.C		HOME
Friday	11th	4:00 pm	2:00 pm	Holyoke	7:00 pm	AWAY
Wednesday	16th	4:00 pm		Springfield Tech C.C		HOME
Friday	18th	3:30 pm		Bunker Hill C.C		HOME
Monday	21st	3:30 pm		Bristol C.C		HOME
Sat & Sun	26th & 27			Region XXI Tournament		TBA

Head Coach: Josh Cole  
Assistant Coach: Edwardo Rodriguez

## Womens Volleyball Schedule

### SEPTEMBER

			<u>DEPART</u>		<u>RETURN</u>	
Tuesday	12th	6:00 pm		Northern Essex C.C		HOME
Tuesday	17th	6:00 pm	4:00 pm	Bunker Hill C.C	9:00 pm	AWAY
Thursday	19th	6:00 pm	4:00 pm	C.C Rhode Island	9:00 pm	AWAY
Saturday	21st	12:00 pm	10:00 am	Mass Bay C.C	3:00 pm	AWAY
Tuesday	24th	6:00 pm		Holyoke C.C		HOME
Saturday	28th	12:00pm		Massasoit C.C		HOME

### OCTOBER

Thursday	3rd	6:00 pm	4:00 pm	Northern Essex C.C	9:00 pm	AWAY
Saturday	5th	12:00 pm		Bunker Hill C.C		HOME
Tuesday	8th	6:00 pm		C.C Rhode Island		HOME
Thursday	10th	6:00 pm		Mass Bay C.C		HOME
Tuesday	15th	6:30 pm	4:00 pm	Holyoke C.C	9:00pm	AWAY
Saturday	19th	12:00 pm	10:00 am	Massasoit C.C	3:00 pm	AWAY
Sat & Sun	26th & 27			Region XXI Tournament		TBA

Head Coach: Emily Boutillette  
Assistant Coach: TBD

Basketball Tryouts will be Tuesday Oct. 1st

# Arts & Entertainment

## PET ROCK FEST 2019 RETURNS!

Pet Rock Fest is pleased to announce that the 21st annual festival will return for the third year in a row to the field at Wyman-Gordon in North Grafton, which we are happy to now call "home."

This annual event will be held on Sunday, Sept. 8, 2019, from noon to 5 p.m. on the grounds of the Wyman-Gordon plant, 244 Worcester St., North Grafton. With a return to this centrally-located and expansive venue, the event is sure to expand in numerous ways, drawing more attendees and participants.

The event features all of the popular attractions, but will include additions to our offerings: from food to vendors to events to nonprofit participation. Pet Rock Fest continues to put the spotlight on the animal welfare organizations of New England that work hard to promote kindness to animals.

Located conveniently to the Mass. Pike, Route 30, Route 146 and Route 122, the venue is super accessible from points east, west, north and south. Also, the venue offers a large, grassy, fenced-in event area, and thousands of parking spaces right on the premises. It is ideal for both people and animals.

Since Pet Rock Fest lost its venue at Quinsigamond Community College four years ago, the organization had been searching for a site that is centrally located and easy to access, with plenty of onsite parking.

There is plenty of space, and beyond, to bring back all of our attractions, including K9 demos, an agility course, the Pups In The Air Frisbee dog team, live music, the Pet Parade, kids activities, Cat Photo Contest, Amateur Dog Contest, vegetarian vendors and our wonderful sponsors and animal welfare organizations. This year's musical lineup includes Niki Luparelli and the Honey Badgers, Belit, Hit the Bus and Gov't Surplus.

Local nonprofit VegFest has formed a partnership with Pet Rock Fest to plan a "food court" as well as several of the vendors participating at the 21st annual Pet Rock Fest. Originally called VegWorcester, VegFest hosts New England Vegfest, a free annual festival that celebrates animal-friendly, environmentally sustainable, and healthy lifestyles. This nonprofit dedicated to animal lovers was an easy fit to complement the mission of the Pet Rock Festival.

"That day, walking among a sea of people (and animals) all there for one purpose - to make the world a kinder place for animals - is one of the most overwhelmingly comforting reminder that there is good in the world," said Founding Partner Charlene Arsenaault. "For that time, we are counteracting all of the cruelty we see day in and day out with an equal and opposite reaction. We're so lucky and grateful to find this ideal setting for this miraculous effort to occur."

"We are looking forward to beginning the next 20 years of Pet Rock Fest in 2019 at our best home ever, Wyman-Gordon field in North Grafton," said Founding Partner Jeannie Hebert. "We have room to expand and offer even more assistance to animal welfare organizations."



Photo Credit Brielle MacDonald

Pet Rock Fest will send updates throughout the year with event schedules, attractions, vendors and sponsors.

Pet Rock Fest features live music, performances and games for kids, author signings, Pups in the Air Frisbee Dog Team, photos of your pets, animal mascots, vegetarian food court, games for kids, contests for dogs, a cat photo contest, doggie massages, a doggie water park, demonstrations, exhibits, vendors and, most importantly, hundreds of nonprofit groups devoted to animal welfare causes. All animals.

Pet Rock Fest gives its proceeds to worthy animal related charities that support a variety of causes, from shelters to law reform to farm animal sanctuaries.

For updates on the plans for the day, groups signed up to attend, and other official or not so official news, visit [petrockfest.org](http://petrockfest.org) or check us out on Facebook at <https://www.facebook.com/petrockfest> and on Twitter @Petrockfestival.

Celebrating more than 20 years, Pet Rock Fest is the largest event of its kind in the Northeast, an annual festival that promotes kindness to animals and responsible pet ownership. Pet Rock Fest, held in September each year, is a family festival that features guest speakers, vegetarian food, live music, games, events, a raffle, vendors, and hundreds of area animal welfare organizations. Pet Rock is a nonprofit 501(c)3 organization. Donations are tax deductible.

If you'd like more information, visit [www.petrockfest.org](http://www.petrockfest.org).

**PET ROCK FESTIVAL**  
THEY CAN'T TALK SO WE WILL

**What:**  
Pet Rock Fest 2019

**When:**  
Sunday, Sept. 8, 2019, noon to 5 p.m.

**Where:**  
Wyman-Gordon, 244 Worcester St., North Grafton

# Arts & Entertainment



## stART on the Street, Central Massachusetts' largest Arts and Cultural Festival Returns to Worcester's Park Avenue on September 15th.

**Come see the festival that's been voted Best Of Worcester Annual Festival for 10 years in a row!**

**What:** stART on the Street

**When:** Sunday, September 15, 2019 from 11:00 AM – 6:00 PM

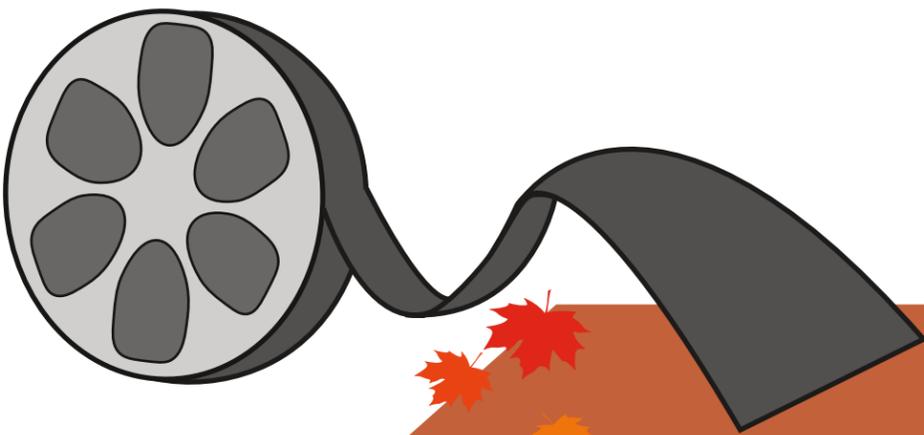
**Where:** Worcester's Park Avenue – between Highland and Pleasant Streets

**Who:**

- 250+ artists & crafters (including demonstrations)
- 16 live music acts take the stage starting at 11:10
- Street performers and buskers
- Youth Market, where teens can gain experience with the business side of creativity,
- More than two dozen food options, including food trucks and a vegan foot court,
- Activities and demonstrations for all ages,
- Area nonprofits, sharing information on how you can get involved with the local community.

As always, stART is **FREE** to the public, though donations are greatly appreciated. Area street parking is available, and an ATM is onsite.

Stores and restaurants on the street will be open for business as well.



In case of rain, stART's 17th anniversary festival will be postponed to the following Sunday, 9/22.

Visit [stARTontheStreet.org](http://stARTontheStreet.org) for more information!

**About stART on the Street:**

stART on the Street is a volunteer-led organization committed to expanding the scope of creative culture in Worcester and Central Massachusetts by creating events that celebrate and support the visual and performing arts. stART encourages everyone to support the local economy and buy handmade.



**What:**  
stART on the Street

**When:**  
Sunday, September 15th 11am-6pm

**Where:**  
Park Ave between Highland and Pleasant Streets, Worcester, MA

## The Superhero Epidemic in Hollywood

**By Tomas A. Montenegro**

Twenty Nineteen has been the year of superheroes: Captain Marvel, Avengers: Endgame, Spider-Man: Far From Home, X - Men: Dark Phoenix, Hellboy, and Alita: Battle Angel. There is no doubt that there has been a surplus of superhero movies this year.

With Avengers: Endgame recently passing to the #1 top-grossing movie of all time beating out James Cameron's Avatar, the legitimacy of superheroes in pop culture has definitely gained some traction. With the amount of technology available at our fingertips, movie-goers no longer want to see movies that are small-scale stories. For example, Quentin Tarantino's Once Upon a Time in Hollywood came out recently, it had a \$90 million budget, and only grossed \$100 million. That would've worked back in the 1990's alongside Titanic, back when people cared about story-telling a lot more, but these movies are barely surviving Hollywood now. It's all about CGI nowadays, and special effects accompanied with huge explosions, or epic fight scenes. It's also the newer generations growing up watching movies such as Avengers, and falling in love with it.

The demand for action-packed and save the day type movies are on the rise. Directors are going to have to answer to the demand if they want to see success in Hollywood.

# Academic Advising

## What is Academic Advising?

Academic Advising is an opportunity to exchange information with an Advisor to help you successfully navigate QCC, our policies, systems and resources all in an effort to help you reach your educational and career goals. In short, if you have a question, we are either prepared to answer it or prepared to refer you to someone who can!

## How can an Academic Advisor help me?

Academic Advisors can help you better understand QCC's policies, understand your options, determine resources, and help you with "next steps." We can review what courses are required for your program, assist you with planning out your next classes and upcoming semesters, and even help you determine your estimated graduation date. We can also address any academic concerns you might have and help you determine the best course of action.

**No appointments necessary.**  
Walk-ins always welcome for general advising and registration.

## What happens during an Advising session?

Depending on what your questions are and where you are in the college process, an Advisor can help you:

- Understand your placement test scores
- Develop an Academic Plan to stay on track and achieve success.
- Map out program and course requirements.
- Prepare for self-registration or register you for courses.
- Find useful resources and information.

## How can I prepare for my Advising session?

- Review QCC's Areas of Study and Majors at [www.qcc.edu/academics](http://www.qcc.edu/academics).
- Run your DEGREE AUDIT on The Q and review the courses required for your program.
- Review Course Offerings and Schedule on The Q for the upcoming semester to help plan your schedule.
- Research careers related to your program of study.
- Make a list of questions.

**Harrington Learning Center, 2nd floor**  
Monday—Thursday, 8am—7pm  
Friday, 8am—5pm  
**Phone: 508-854-4308**  
**Email: [advising@qcc.mass.edu](mailto:advising@qcc.mass.edu)**

# Registrar

## Key dates and deadlines for Fall Semester:

- **Add/Drop period ends Wednesday September 11.** This is the last day you can add/drop a course for the Fall semester. After this date you may not add another course. The last day to add/drop for the Fall 2 semester is November 4.
- **Withdrawal period begins September 12 through November 15.** To withdraw from a class, your instructor or your academic advisor must sign the Withdrawal form. After November 15, your professor may grant you the grade of W, but you are no longer entitled to that grade. Your instructor may assign the grade of F. If you are considering withdrawing from a course and receive financial aid, talk to the Financial Aid Office to find out if your package will change due to the withdraw.
- **Monday October 14 is Columbus Day,** No Classes will be held that day.
- **Progress grades are due Wednesday October 30.** Log onto The Q to view your mid-semester grade. If you are receiving a failing grade talk to your instructor or academic advisor to see if a course withdraw is an option you should consider.
- **VIP Registration is November 4-18 for returning students.** You have seniority over all new students. Don't wait to register for Intersession or the Spring 2020 semester.
- **Monday November 11 is Veteran's Day,** No Classes will be held that day.
- **Last day to change to or from an AUDIT is Friday November 15**
- **Thanksgiving Recess is Thursday November 28 – Sunday December 1,** there are no classes during that period.
- **Final Week of Classes December 11-17,** during the final week of classes there is a modified class schedule. Check The Q for the Fall 2019 Final Exam schedule or ask your instructor for a detailed class syllabus. Final grades are due on The Q 48 hours after the last class/exam.

## Need To Know

[\(www.qcc.mass.edu/registrar/\)](http://www.qcc.mass.edu/registrar/)

Room 152A

Monday – Friday: 8AM-5PM

508.854.4257

[qccreg@qcc.mass.edu](mailto:qccreg@qcc.mass.edu)

## Did you know?

If you can't make it to campus or stopping by the Registrar's Office is inconvenient to your schedule you can find many of the Registrar's Office forms on The Q. Go to Student Services and then Registrar. You'll see Registrar Documents on the lower right of the page which includes copies of the following forms: Change of Personal Information, Course Withdrawal, Immunization, Intent to Graduate, Student Petition and many more! Just print, complete the form, scan and email or fax to the Registrar's Office. All our contact information is listed on our page.

# Transfer Services



## TRANSFER SERVICES AT SOUTHBRIDGE (FALL '19)

8 a.m.-4 p.m.

- SEPTEMBER 11 (WED)
- OCTOBER 9 (WED)
- NOVEMBER 13 (WED)
- DECEMBER 11 (WED)

Meet with a transfer counselor to get information and answers to common transfer issues such as:

- Important QCC courses for transfer
- How to pick colleges and majors
- General steps to transferring—deadlines, forms, admissions requirements

To make an appointment, please call 508.854.4404 or e-mail us at [transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)

FOR MORE INFORMATION CONTACT: VISIT OUR WEBSITE  
@ QCC.EDU/STUDENT SERVICES/TRANSFER

Cooperating Colleges of Greater  
Springfield  
Presents:

## Fall Into Transfer College Fair

Quinsigamond Community College  
Wednesday September 11th  
10:00am-1:00pm  
Location: **HLC 109B**



Questions? Contact QCC Transfer Services: [transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)

### QCC TRANSFER SERVICES September 2019 Transfer Visits

All visits in the HLC Lobby, 10 a.m. – 1 p.m., unless noted otherwise.

### QCC TRANSFER SERVICES October 2019 Transfer Visits

All visits in the HLC Lobby, 10 a.m. – 1 p.m., unless noted otherwise.

**September 10**  
Becker 10 a.m. - 2 p.m.

**September 11**  
Colleges of Springfield Area

**September 12**  
10:30 a.m. – 1:30 p.m.

**September 17**  
William James 10 a.m. - 2 p.m.  
Worcester SU 9:30 a.m. – 12:30 p.m.

**September 19**  
10:30 a.m. – 1:30 p.m.

**September 23**

**September 24**  
10 a.m. - 2 p.m.

**September 25**

**September 26**  
Table 10 a.m. - 12 p.m.  
Appointments 12 - 3 p.m.

**September 30**  
Bryant 10:30 a.m. – 1:30 p.m.  
William James 10 a.m. - 2 p.m.

**October 2**  
Worcester SU 9:30 a.m. – 12:30 p.m.

**October 2**  
Table 10 a.m. - 12 p.m.  
Appointments 12 - 3 p.m.

**October 3**

**October 7**

**October 15**  
Becker 10 a.m.-2 p.m.  
Worcester SU 9:30 a.m. – 12:30 p.m.

**October 17**  
Bryant 10:30 a.m. – 1:30 p.m.

**October 21**

**October 22**

**October 29**  
10 a.m.-2 p.m.

# Career Services

## Career Services Workshops:

- Resume Writing & Critique
- Interviewing Skills
- Workplace Etiquette
- Cooperative Education Orientation **(eligibility required)**

## Cooperative Education:

Matriculated students will gain valuable hands-on work experience while earning academic credit towards their degree program. **(eligibility required)**

## On Campus Recruiting & Job Fairs:

An opportunity for companies to come on campus to discuss their job opportunities with QCC students each spring and fall semesters.

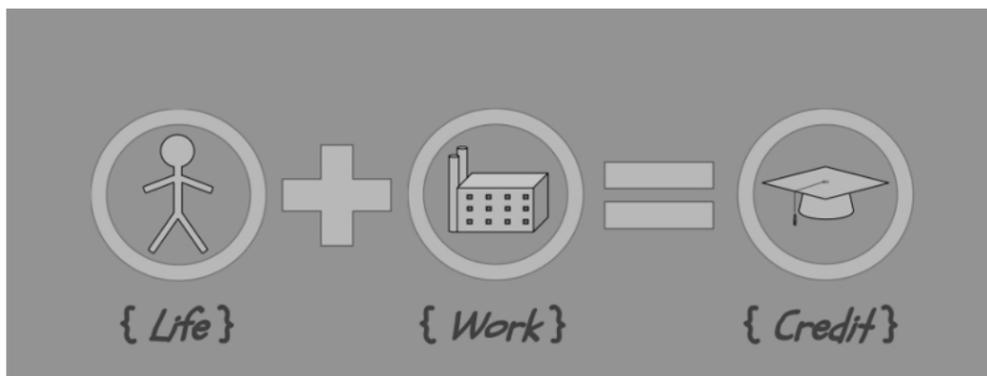
- **Purple Briefcase:** QCC's online job board where employers post their f/t, p/t, internship and co-op opportunities for our students and alumni. **To access purple briefcase visit: <https://app.purplebriefcase.com/pb/account/login?s=QCC>**

## Credit for Prior Learning:

An opportunity for students to earn college credit acquired through life experience, or a nationally/standardized competency exam, credit must be related to their program of study. **For additional information visit: <https://myexperiencecounts.mass.edu/>**

## Examples of credit earned:

- Military Transcript (JST)
- Non-collegiate training programs
- Licensure/certifications
- Advanced Placement (AP), CLEP, DANTES (DSST)



272 Administration Build  
508-854-4439  
careerservices@qcc.mass.edu  
<http://www.qcc.edu/services/career-services>

# Veteran Affairs



The Veteran Affairs Office/Vet Center is located in the main Administration Building---Room 258A. All veterans are encouraged to visit the Center to explore the full services that are offered to them. Our mission is to provide support to assist the student veterans and members of the Armed Forces in the adjustment to becoming successful in civilian and college life. We are committed to promoting college spirit as well as establishing and maintaining fellowship amongst veterans and students on campus.

Stop by and visit our new Vet Center.  
Director, Paula Ogden

## Need To Know

Rm 258A  
508.854.2721

# Disability Services

## Disability Services Welcome to QCC's office of Disability Services (DS).

Our mission is to ensure an equitable and accessible college experience for all students at QCC. Disability Services assists students with documented disabilities by coordinating supports and services in order to give students equal access to the college environment.

### Q: What is the role of Disability Services

Disability Services is committed to providing reasonable accommodations to qualified individuals with disabilities in accordance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act of 1990 and the ADA Amendments Act of 2008. Accommodations and services available through Disability Services include and are not limited to the following areas: course content, digital environment, campus terrain, and support services.

<b>Course Content</b>	Access to Class notes, ASL Interpreters, Extended Test Time, and Less Distractive Environment
<b>Digital Environment</b>	Access to Electronic Texts, Speech-to-Text software, Audio Capture Technology, and Training for QCC Learning Management Systems
<b>Campus Terrain</b>	Medical Parking, Classroom Furniture, Routes of Travel, and Accessible Pathways
<b>Support Services</b>	Learning Specialists, Success Coaching, Self-Advocacy Strategies, and Connections to Campus and Community Resources

Table 1: Areas of accommodations followed by common accommodations for each area.

### Q: What does Disability Services do specifically for students?

The staff meets with students to determine the accommodations needed to provide access to the classroom or curriculum each semester. These may change depending on the nature of the course and the way it is taught. If additional barriers come up during the semester, DS staff and student may meet to problem-solve and discuss alternate ways of demonstrating knowledge and course competencies. DS staff work to ensure that accommodations provide access and are effective for each individual with a disability, based on the documentation provided to Disability Services.

### Q: I am new to QCC and just learned about your office – what should I do?

**Stop by the Worcester or Southbridge office, call, or email Disability Services to get started.** New students are encouraged to make an intake appointment with Disability Services as soon as possible before the semester begins. We recommend you make an appointment as soon as you are accepted to QCC, or register for classes.

### Q: I used Disability Services in the past, but haven't for the last few semesters. Can I still see my Coordinator?

Sure! Please don't hesitate to drop by the office or send an email! There is always something new for us to share with you, and we would like to stay abreast of all your courses for this semester.

### Q: Can I volunteer to work with Disability Services?

Yes! If you are you looking for a way to get involved on campus and meet new people please let us know. We offer many opportunities throughout the year to positively promote access, ability awareness, support campus events, meet socially and so much more! To learn more contact Kristie Proctor at [kproctor@qcc.mass.edu](mailto:kproctor@qcc.mass.edu). **ALL ARE WELCOME!**

On behalf of the Disability Services Staff, we look forward to working with you!  
Kristie Proctor, Director

Contact Us:			
Worcester Campus		Southbridge Campus	
<b>Room:</b>	246 Administration Building	<b>Room:</b>	Reception Area
<b>Email:</b>	<a href="mailto:disabilityservices@qcc.mass.edu">disabilityservices@qcc.mass.edu</a>	<b>Email:</b>	<a href="mailto:disabilityservices@qcc.mass.edu">disabilityservices@qcc.mass.edu</a>
<b>Phone:</b>	edu	<b>Phone:</b>	edu
<b>Fax:</b>	508.854.4471	<b>Fax:</b>	508.453.3809
<b>Video</b>	508.854.4549	<b>Video</b>	508.765.5625
<b>Phone:</b>	508.502.7647	<b>Phone:</b>	508.502.7647
<b>Hours:</b>	Mon-Thurs 8am-6pm Friday 8am-5pm	<b>Hours:</b>	Mon & Tues 9am-5pm Wed - Fri 8am-4pm

Table 2: Contact information for Worcester and Southbridge Offices.

# Alden Library

## Welcome to QCC and the George I. Alden Library-Set in the Heart of the Campus!

We are on the third floor of the Harrington Learning Center – steps from your West Boylston St. classes, and also serving your needs at the campuses in Downtown Worcester and in Southbridge. The Downtown library – focused on Health Sciences - is in room 121D.

A true 21st century facility, Alden Library offers wireless access throughout. Our trove of electronic research sources can be accessed on your own device(s), or on a laptop we will lend you for two-hour stretches.

What's your entry point to all our resources? Our Discovery Platform on our home page, [www.qcc.mass.edu](http://www.qcc.mass.edu), to get you started with just a few clicks, accessing our databases, e-books and Catalog at one go.

Our large print collection has been crafted over the years in collaboration with QCC Faculty. The collection supports courses across QCC's curriculum.

We have a small browsing collection of popular magazine to relax with, and a real mind-boggling offering of online journals. From the Washington Post to cutting-edge medical journals, you have 24/7 online access to news, analysis and research.

And if the professor specifies that ever spooky "MLA Style" or "APA Style," don't freak out. You'll be pleased to know almost all our online sources generate your specified style with one or two clicks.

Group projects, you'll find, are emphasized at QCC. The Library's private study rooms of various sizes let you and classmates discuss projects and sketch your ideas on whiteboards, then capture them on your phone for sharing.

For a study break, take out a hit movie such as 20 Feet from Stardom on DVD. Or get outside with our loaner telescope - in your backyard, or better yet, on some high ground away from city lights, perhaps mount Wachusett.

How to get research help? Ask a Reference Librarian at the desk on the third floor, call us, or use e-mail or online chat over our home page, [www.qcc.mass.edu/library](http://www.qcc.mass.edu/library). The Reference Team are your information Specialists.



## 25 Federal Street, Worcester

As noted, the Library offers collections and services in room 121D in QCC's Healthcare and Workforce Development Center. This library offers books in all the DT curriculum areas, as well as Reference service, laptops to check out and a cluster of research computers.

Check the Library's webpage ([www.qcc.mass.edu/library](http://www.qcc.mass.edu/library)) for Fall 2019 hours of operation. Throughout the HLC and Downtown Library our two QCC libraries are filled with friendly, helpful, skillful staff ready to help you be successful. That's what we do. We are here for you.

### Alden Library Hours Fall 2019 & Spring 2020

**Monday - Thursday - 8:00 a.m. to 8:00 p.m.**

**Friday - 8:00 a.m. to 4:00 p.m.**

**Saturday - 9:00 a.m. to 2:00 p.m.**

**Sunday - Closed**

### Downtown Library Hours Fall 2019 & Spring 2020

**Monday - Thursday - 8:00 a.m. to 12:30 p.m.**

Hours vary according to the QCC class calendar.  
Call **(508) 854-4581** to confirm times or consult  
<http://goo.gl/fMp9uF>.



# General Academic Areas



The General Academic Areas (GAA) Tutoring Center is a tutoring and student resource center that offers appointment-based tutoring for a variety of academic subjects. We promote active, collaborative learning, where students can work with a tutor in either one-on-one or small group sessions to help clarify course concepts and build study skills to foster independent learning. All of the GAA services and resources are available to any QCC student currently enrolled in credit-bearing in-person or online QCC courses.

## Tutoring Services

At the GAA, you can work one-on-one or in small groups with a tutor to help clarify course concepts and talk you through problem areas. You can also build your study skills in your tutoring sessions by discussing with a tutor how to better approach and manage your coursework.

## How to Sign Up for Tutoring

All tutoring in the GAA is made by appointment only. Tutoring appointments can be made in either half-hour or one hour increments and are limited to a total of two hours per week per course. Visit the GAA website for the most current information on tutoring schedules, subjects offered, hours available, and how to schedule appointments.

## Other Resources

The GAA also offers free workshops during the fall and spring semesters covering a variety of subject-specific topics. A series of Academic Skills Workshops, sponsored by all three QCC Tutoring Centers, are also offered during the fall and spring semesters. Visit the GAA website for a list of all current workshops offered. The GAA also offers computers that are equipped with the most current academic software to be utilized during tutoring sessions.

## Need To Know

Harrington Learning Center  
Room 222  
508.854.4279  
[www.qcc.edu/gaa](http://www.qcc.edu/gaa)

## Hours

### Fall and Spring Semesters:

Monday through Thursday: 8:00a.m. – 8:00p.m.  
Friday: 8:00a.m. – 4:00p.m.  
Saturday: 9:00a.m. – 2:00p.m.

### Summer Sessions:

Monday through Thursday: 8:00a.m. – 8:00p.m.  
Friday: 8:00a.m. – 12:00p.m.  
Saturday: Closed

# Commonwealth Honors Program

If you are academically motivated, and would like to be in classes with other motivated students, if you are planning on transferring to a 4-year college or university and would like to have more options for scholarships, consider joining the state-wide Commonwealth Honors Program. Your honors experience at QCC will be rewarding, challenging, and enjoyable.

Past Honors Program graduates have transferred to colleges such as Clark University, Wellesley College, Northeastern University, Worcester Polytechnic Institute, and the University of Massachusetts to name just a few. Many transferring honors students have received significant scholarship awards as well. Two of our May 2012 Commonwealth Honors Program graduates received \$57,000 and \$90,000 scholarships respectively to Cornell University, a May 2013 graduate was awarded the Foster Furcolo scholarship to UMass Boston which covers all tuition and fees, two May 2014 CHP graduates were recently given full rides to Smith College, and several QCC graduates were awarded honors-to-honors scholarships to UMass Amherst this year.

Whether you are enrolled as a full-time or part-time student, the Commonwealth Honors Program will provide you with an opportunity for enhanced success, both in your future studies and beyond.

QCC's Honors Program has been approved by the Massachusetts Department of Higher Education. Interested students can take one, two, three, or all four of the Honors Program class requirements (over the course of your time here at QCC). Benefits include smaller class sizes, a more participatory class structure, scholarship opportunities, and recognition at graduation—and on official college transcript—as a Commonwealth Honors Scholar, as well as guaranteed admission to any honors program or college in the Massachusetts State College or University system. I encourage you to e-mail me to set up an appointment to learn more about this exciting opportunity and to register for classes. Please contact Susan McPherson, Honors Program Coordinator, in office 357A, at 508-854-2759, or email [smcpherson@qcc.mass.edu](mailto:smcpherson@qcc.mass.edu).

## Need To Know

[www.qcc.mass.edu/honors](http://www.qcc.mass.edu/honors)

Office 357A

Susan McPherson,

Honors Program Coordinator

508.854.2759

[smcpherson@qcc.mass.edu](mailto:smcpherson@qcc.mass.edu)

## Courses for this Fall 2019 are:

- ENG 101-10: English Comp I \* MWF 9:00-9:50am with Dr. Margaret Wong
- ENG 101-49: English Comp I \* TR 11:00am-12:15pm with Professor John Stazinski
- ENG 102-08: English Comp II \* MWF 10:00-10:50am with Professor John Stazinski
- ENG 102-21: English Comp II \* TR 9:30-10:45am with Professor Kathy Frederickson
- HST 105-03: World History II \* TR 12:30-1:45pm with Professor Ken Wong
- PSY 101-08: Introduction to Psychology \* MWF 11:00-11:50am with Professor Judy Colson
- IDS 200-01: Honors Colloquium: Dystopian Cultures \* MW 12:00-1:15pm with Professors Beaudry and Benway

# Brothers & Keepers



## The Brothers & Keepers Program

Brothers & Keepers is an innovative, male mentoring initiative designed to increase the retention and educational success of male students at Quinsigamond Community College (QCC). Participants in the Brothers & Keepers Program will work with peers, faculty, and staff to learn how to successfully navigate the college experience and to prepare for life, work, and education after QCC.

508-854-4526

For more information about the Brothers & Keepers Program please visit <http://www.qcc.edu/brothers-keepers>, email us at [brothersandkeepers@qcc.mass.edu](mailto:brothersandkeepers@qcc.mass.edu), or call 508-854-7413.

## Brothers & Keepers exposes students to:

- Educational and social tutoring
- Career development counseling
- Interpersonal skills coaching
- Interview and presentation skills development
- Health and wellness counseling
- Strategies for resolving conflict with peers, faculty, and/or staff
- Coping strategies for managing social, academic, and financial hardships
- Self-confidence and self-esteem building exercises
- Student leadership and community engagement opportunities
- Social outing and peer bonding experiences
- Celebrations of ethnic diversity and immigrant experience

## Save the Date

Career Services & Credit for Prior Learning

*Presents*

*Fall Job Fair*

Wednesday, October 23, 2019

10 a.m. - 1 p.m.

HLC 109A&B

# QCC Mentoring

## QCC Mentoring

### Making Connections, Building Community

When you receive a QCC Mentor, you will gain a trusted guide, a personal and professional resource, a connection to the professional world, and a friend.

By participating in the QCC Mentoring program, you will learn ways to raise your GPA, while building connections in the career path of your choice. This is a chance to build your personal and professional network and develop lifelong skills that you can take with you wherever you go.

Mentees will receive training, guidance, resources, and support throughout the program.

#### QCC Mentoring:

- Builds self-confidence and self-esteem
- Provides motivation
- Delivers vital college/work/life strategies
- Offers support and experience in public speaking/presentations
- Enables students to grow to their full potential

**To learn more, please email [mentoring@qcc.mass.edu](mailto:mentoring@qcc.mass.edu), call 508.854.4573, visit 120A in the Administration Building, or go to [www.QCC.edu/mentoring](http://www.QCC.edu/mentoring)**



**QUINSIGAMOND**  
Community College  
Mentoring



**COLLEGE.**  
MADE **SMARTER.**

# Campus Police

**Quinsigamond Campus Police –“keeping you safe”** seven days a week throughout the year to the entire campus. The Accredited Department is staffed by a Chief of Police, two Deputy Chiefs, three Sergeants, six full-time Police Officers, 1 Detective, and 1 Outreach Officer, and 2 civilian dispatchers.

The Quinsigamond Campus Police Department is located on the ground level of the Athletic Center, Room 136 AC, and provides 24-hour police, security and parking services, a Detective, two Institutional Security Officers and two dispatchers

The primary mission of the Department is to provide a safe and secure learning environment for the College community. The Department embraces a professional approach to law enforcement, emphasizing customer service, community policing, and impartial enforcement of all laws, policies and regulations.

Quinsigamond Campus Police provide the following options for community members to report incidents:

Emergency Number: 508-854-4444 On Campus or dial 4444 from any campus phone

Main Number: Non-Emergency number 508-854-4221 or On Campus dial 4221 from any campus

<http://www.qcc.edu/campus-Departmental> Web Site for additional information at: police.

Text- a – tip – Anonymous Tips, texted to dispatch station. Search “QCC tip” on IOS and Android

As part of the college’s on-going effort to enhance safety and security programs, emergency phones have been installed throughout the campus for community members to report incidents.

During the day, these calls go directly to the dispatcher and will indicate the exact location from where the call is being made. The dispatcher will immediately dispatch a Quinsigamond police officer to the scene. After hours, weekends, and holidays, the emergency phones ring directly through to the department’s communication cellphones and officers will respond accordingly.

## Fire – Safety Measures

Be familiar with the location of fire alarm pull stations, as well as the location of every fire extinguisher in your building. Develop a mental plan of what you will do if there is a fire in your area and rehearse it.

Know where you will exit, including an alternate in case your first choice is blocked. Know how to use a fire extinguisher. (Pull the safety pin, aim at the base of the fire, squeeze the trigger handle and move it from side to side as it discharges at the base of the fire.) The first few seconds of a fire are critical as to whether it spreads or is controlled, but never allow a fire to cut you off from the exit while attempting to control it.



## Locations of Campus

### Emergency Phones:

#### Administration Building

- Revolving Doors- By soda machines
- Basement – by library by BO3
- Basement/Cafeteria/Bookstore
- Basement -by main elevator
- Basement-by service elevator/ café
- 1st floor – by main elevator
- 1st floor – by service elevator
- 2nd floor – by main elevator
- 2nd floor – by service elevator
- 3rd floor – by main elevator
- 3rd floor – by service elevator
- 4th floor – by 416A
- 4th floor – by service elevator

## Surprenant Building

- Basement – by elevator
  - 1st floor – by elevator
  - 2nd floor – by elevator
  - 3rd floor – by elevator
  - 4th floor – by elevator
- Parking Lots 1-4
- Box 1-Lot 1
  - Box 2-Lot 1
  - Box 3-Lot 3
  - Box 4-Lot 2 and 3 by Athletic Center
  - Box 5-Lot 3
  - Box 6- Lot 4
  - Box 7- Lot 4
  - Box 8- Lot1 (Quest)
  - Box 9- Facing Admin (Quest)

### Locations of Campus Emergency Phones:

#### Ahlhorns Building

- Hallway- main entrance

## Athletic Center

- Basement level – QCCPD Administrative Section
  - Basement level – women’s locker room
  - Basement level – men’s locker room
  - Basement level - room 135G
  - Exercise level – north wall
  - Upstairs lobby – east entrance Athletic Center office
- ### Child Study Center
- First floor-main entrance
  - Second Floor- by 203
- ### Quest Center
- 2nd Floor exterior
  - Patio near information Kiosk
  - 1st Floor by Elevator
- Campus Police (continued)
- 2nd Floor by Elevator
  - 3rd Floor by Elevator
  - Quest Ground Floor by Elevator

## Services Provided by Campus Police

- Lost and Found
- Motor vehicle lock out and jump starts
- Room and Building Lockouts
- CPR/First Responder services
- Building Inspections for Compliance and Fire Safety
- Crime Prevention Programs
- Timely Notification of Criminal Activity
- Comprehensive Reporting of Criminal Offences
- A Sexual Assault Awareness Presentation Topic’s
- Domestic Violence Presentation
- Safety (Risk Reduction Strategies)
- Alcohol Awareness Program
- ID Theft
- RAD

If a fire occurs in your area, pull the fire alarm immediately and evacuate the area, remembering to assist people with special needs and to account for all persons in the area. If the fire is small enough to extinguish, do so with a fire extinguisher and disconnect any electrical devices involved in the fire if safe to do so.

If the fire is beyond control with an extinguisher, evacuate immediately and activate a fire alarm pull station. Call 4444 immediately from a safe location.

Remember the rules of evacuation: Exit directly outside the building, if possible. Close doors behind you. Do not go deeper into the building unless forced to do so by flames. Never return to the building once outside until told to do so by the appropriate personnel.

If you should become trapped inside a building by smoke or fire, DO NOT PANIC. Do not open any door until you feel it to make sure it is not hot. If it is hot, there is fire on the other side. Crawl or stay as low as possible as you move through the building. Because heat from a fire and smoke both rise, the air close to the floor is cooler and less dense with smoke. Breathe shallowly through your nose and use clothing, such as a shirt or sweater, as a filter.

If you are forced to advance through flames, hold your breath, move quickly, cover your head and hair, and keep your head down and your eyes closed as much as possible. If possible, use a cell phone to call 9-1-1 or Campus Police to advise them of your location and condition so that rescue personnel can be directed to you. Do not open or break a window unless it provides you an immediate avenue of escape, as oxygen will only feed the fire and lessen your chances of survival. Remember: Panic is as lethal as the fire. REMAIN CALM.

## BE PREPARED ...

Emergencies, accidents, injuries and other unexpected events can occur at any time and in any place. Being prepared both mentally and physically for the unexpected is the first and best defense to minimize an incident. • Familiarize yourself with your surroundings.

- Know the locations of all exits from your area or building in case fire or debris should block one.
- Know the location of fire alarm pull stations.
- Know the location of fire extinguishers and first-aid cabinets.
- Know where to find the nearest phone or emergency call box to notify Campus Police in case of an emergency.
- Be aware of what is going on around you.
- Lock your car and conceal valuable items. Never leave personal property unattended.

**“See Something - Say Something”**

# Title IX



## Sexual Violence/Relationship Abuse Resources & Services

\*Confidential Resource

### Campus Police

**Campus Police (24/7):** 508.854.4221  
**Emergencies (24/7):** 508.854.4444

### Title IX Coordinator

This is a college official designated to receive and investigate complaints related to sexual violence on campus.

**Liz Woods, Dean for Compliance and Education:**  
508.854.2791 • lwoods@qcc.mass.edu

### Court Advocacy\*

These services provide confidential support, help with access to, and explanation of legal process and court procedures for victims of crime.

**Daybreak/ SAFEPLAN**  
**(assistance with restraining orders):** 508.831.2168  
**Victim Witness Program**  
**(advocate from DA's office):** 508.755.8601

### Law Enforcement

Police will investigate the allegation/incident. Criminal charges may result.

**Worcester Police (24/7):** 508.799.8606  
**Daybreak/Worcester Intervention Network (WIN):**  
508.799.8610

### Legal Assistance\*

These confidential services offer legal advice and provide direct legal representation to survivors of relationship abuse and sexual assault.

**Community Legal Aid:** 1.800.649.3718  
**Victim Rights Law Center:** 617.399.6720  
**Massachusetts Justice Project**  
**(legal advice & referrals):** 1.800.639.1209

## Greater Worcester Sexual Violence Resources & Services

\*Confidential Resource

### Medical Services\*

Can offer physical exams and provide sexual and reproductive services. Additionally, Sexual Assault Nurse Examiners (SANE) are available to collect evidence in case an individual would like to pursue criminal charges.

**UMass System ER/SANE Nurse:** 508.334.1000  
**St. Vincent's ER/SANE Nurse:** 508.363.5000

### Counseling/Advocacy Services\*

These providers can offer confidential counseling, advocacy, and other services.

**Sexual Assault: Pathways for Change:** 800.870.5905  
**Jane Doe, Inc.:** 617.248.0922 • info@jdoe.org

### Financial Assistance

Confidential financial assistance may be available for costs related to medical care, mental health counseling, and other expenses through the Victims of Violent Crime Compensation Program, which operates out of the Attorney General's Office.

**Victim Compensation:** 508.755.8601

### Counseling Services\*

Confidential and individual counseling, including education regarding normal reactions to sexual assault and relationship abuse and how to cope with distress.

**Clinical Services, Assessment, and Short Term Counseling (24 hours/7 days a week):** 508.854.4479  
**Daybreak:** 508.755.9030

### Conduct Services

A complaint that involves possible violation of the Student Code of Conduct may be handled by the Dean of Students or the Dean's designee. In cases of intoxication, alcohol poisoning, or suspected overdose, the primary concern is the health & safety of the person(s) involved.

**Dean of Students Office:** 508.854.4294 or  
508.854.4526

## QCC Sexual Misconduct Policy

[www.QCC.edu/policy-against-sexual-violence](http://www.QCC.edu/policy-against-sexual-violence)

**INTERESTED IN HUMAN BEHAVIOR?**  
JOIN QUINSIGAMOND COMMUNITY  
COLLEGE'S...



**PSI BETA HONOR SOCIETY &  
PSYCHOLOGY CLUB**



**MEETS EVERY OTHER  
WEDNESDAY 12-1**

**FALL 2019 SEMESTER**

**MEETINGS: 9/11, 9/25, 10/9, 10/23, 11/6,  
11/20 & 12/4**

**LOCATION: HLC BUILDING ROOM 239**

FOR EMAIL REMINDERS, EVENT ALERTS, AND MORE,  
**JOIN THE EMAIL LIST:** SEND AN EMAIL TO  
QCCPSYCHOLOGYCLUB@GMAIL.COM

QUESTIONS? EMAIL ADVISOR VALARIE CLEMENTE:  
VCLEMENTE@QCC.MASS.EDU

FOLLOW US ON **INSTAGRAM** @QCC.PSYCHCLUB



# JOIN PSI BETA!

THE NATIONAL PSYCHOLOGY HONOR SOCIETY  
FOR COMMUNITY AND JUNIOR COLLEGES

## ELIGIBILITY REQUIREMENTS:

1. A strong interest in psychology (major in psychology is not required)
2. Completion of 1 psychology course
3. Minimum "B" average in all psychology courses
4. Minimum overall 3.25 GPA
5. Completion of at least 12 credits

To be considered for induction, send the following information to Dr. Clemente at [vclemente@qcc.mass.edu](mailto:vclemente@qcc.mass.edu) by October 18, 2019:

Name, Address & Phone Number  
QCC ID Number & Qmail Address  
Program/Major & Anticipated Date of Graduation

Your record will be reviewed for your qualifications, and you will receive a response no later than October 21, 2019. Be sure to check your email frequently, as there will be time-sensitive information in the message, if you are accepted for induction.

There is a one-time induction fee of \$50 payable to the national organization. Our induction ceremony will be held on Monday, November 18, 2019 at 2:00 pm to 3:00 pm in 109B HLC. Friends and family are welcome!  
Thank you for your interest! Valarie Clemente, Ed.D. & Psi Beta Officers

THIS FLYER HAS BEEN APPROVED BY THE OFFICE OF STUDENT LIFE



# Disney COLLEGE PROGRAM FACT SHEET



The Disney College Program is a paid internship comprised of living, learning and earning components that is offered at the *Walt Disney World*® Resort and *Disneyland*® Resort. From exclusive events and backstage access, to making lifelong memories with participants from across the globe, our program is truly one-of-a-kind!

## LIVING

- Housing complexes are located near each Resort
- Exclusive events and programming are held weekly within these complexes
- Amenities include security, laundry, high-speed internet, pools, gyms and more!
- Weekly housing costs are determined by unit size and number of occupants

## EARNING

- From costumes to role responsibilities, no two jobs are the same!
- Applicants have the opportunity to express interest in the roles for which they would like to be considered
- More than 20 different positions are offered across theme parks, resorts, water parks, mini-golf and Disney Springs
- Participants work the equivalent of a full-time schedule and must have full work availability, including days, nights, weekends and holidays

## LEARNING

- An array of seminar and self-paced courses are offered on both coasts
- Training classes, professional and personal development activities and networking opportunities are also available
- American Council on Education recommends the internship for 3-9 college credits, based on program length

## QUICK FACTS

- Established: 1981
- Recruiting seasons: Spring and Fall, with extended programs available
- Applicants must have completed at least one semester of college, be 18 years of age upon arrival and are currently taking classes at an accredited program or institution or graduated within the past twelve months
- All majors are welcome!



**Come to an information session on Friday, Sept 13<sup>th</sup> at 2:00 in Career Services, Room 272A to learn more!**

DisneyCollegeProgram.com

Follow us:



EOE · Drawing Creativity From Diversity · ©Disney



## **President Pedraja wants to hear from you**

**If you feel that you have received outstanding, student-centered service at QCC, President Pedraja wants to know!**

At QCC, we embrace a holistic, student-centered approach to student service. We strive to create a welcoming and supportive community in which helpful QCC representatives are available to assist students in achieving their academic goals.

Please take a moment to go online and tell us about your experience:

**[www.QCC.edu/student-service](http://www.QCC.edu/student-service)**



**QUINSIGAMOND**  
Community College

# September

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 	4 Welcome Fair Breakfast 9-11 a.m. Kona Ice 11-1 p.m.	5 Free Quick & Go Breakfast in Fuller 9 a.m. - 11 a.m.	6 Back to school BINGO Fuller 11 a.m. - Noon Free school supplies	7
8	9	10	11 Peace pole ceremony outside fuller 10-11 a.m.	12	13 First Fuller Friday 10 a.m. - Noon	14
15	16	17 Constitution Day Trivia 10-12 Fuller Center	18 <b>CLUB RUSH</b> 11:00- 1:00 Meet & Join College Clubs	19 <b>CLUB RUSH</b> -hands only CPR	20	21
22 	23 First day of autumn DIY caramel apples Fuller Center 11-1 p.m.	24 National Voter Registration Fuller Center	25 Coffee & Cookies 5-7 p.m.	26	27 Campus Community Service Project Fuller Center	28
29	30 Hispanic Heritage Trivia 10-12 Fuller Center					

## FOOD PANTRY & RESOURCE CENTER

Fall hours begin September 4

### Fall Food Pantry Hours

**Monday:** 8:00 a.m. – 11:00 a.m.  
**Tuesday:** 8:00 a.m. – 11:00 a.m.  
**Wednesday:** 4:00 p.m. – 7:00 p.m.  
**Thursday:** 8:00 a.m. – 11:00 a.m.  
**Friday:** 9:00 a.m. – Noon

### Fall Resource Center Hours

**Monday:** 8:00 a.m. – 11:00 a.m.  
**Tuesday:** 8:00 a.m. – 11:00 a.m.  
**Wednesday:** 4:00 p.m. – 7:00 p.m.  
**Thursday:** 8:00 a.m. – 11:00 a.m.  
**Friday:** 9:00 a.m. – Noon

### Room B63A

To make an appointment, please contact [foodpantry@qcc.mass.edu](mailto:foodpantry@qcc.mass.edu) or call 508.854.7403



### Student ID Schedule for Fall 2019

Worcester Campus: Athletic Center

August 26th	9am-8pm
August 27th	9am-7pm
August 28th	9am-4pm
August 29th	9am-7pm
August 30th	9am-4pm
September 3rd	12pm-4pm
September 4th	9am-4pm
September 5th	9am-7pm
September 6th	9am-4pm
September 9th	10am-2pm
September 10th	10am-2pm & 4pm-6pm
September 11th	10am-2pm
September 12th	10am-2pm & 4pm-6pm
September 13th	10am-2pm

### September 16th-Rest of the Fall Semester in the Athletic Center (Or call 508.854.4317 to make an appointment)

Monday's	9am-10am & 2pm-3pm
Tuesday's	9am-10am & 4pm-6pm
Wednesday's	9am-10am & 2pm-3pm
Thursday's	9am-10am & 4pm-6pm
Friday's	9am-10am & 2pm-3pm
Saturday's	10am-1pm

### Downtown Campus

September 9th	9am-7pm
September 10th	9am-7pm
September 11th	9am-7pm

### Southbridge Campus

September 16th	9am-6pm
September 17th	9am-6pm
September 18th	9am-6pm