

President's Place



Dr. Gail Carberry

Leaping Lemmings! It's Leap Year.

Welcome back for the Spring 2012 semester!

Yes, 2012 is a Leap Year. We get one extra day on the calendar. Wouldn't it be wonderful if we could do anything we chose with those 24 hours? There never seem to be enough hours in a day, nor do there seem to be enough days in each week to accomplish all that we need to do. As students involved in the daily pursuit of education, you may often strive to take it "one day at a time" with the focus on the tasks of getting to the end "goal". On route to that end goal, however, you may have opportunities to live each day as richly as you can. An "extra day" on the calendar this year, might just give you an opportunity to spend time doing the things you value the most.

Quinsigamond Community College continues to see strong applications for enrollment as the current economic situation is slow to improve. Many students have wisely chosen QCC as an affordable stepping stone toward the completion of a baccalaureate degree. Others have enrolled in career programs that will boost earning potential and lead to job stability in an uncertain job market. QCC has a lot to offer to residents of Worcester County.

Whatever your QCC educational goal, I encourage you to become actively engaged in your own learning experiences. Get to know your professors and don't hesitate to solicit their best counsel early in the semester. Your education is a partnership that can bring lifelong rewards.

In this Leap Year, perhaps we should all also take a "leap of faith" in the democratic process of the Presidential election. There are certainly a number of choices, each one promising to change the status quo. And whether we believe the campaign rhetoric or not, we are truly blessed to live in a country where the views of political candidates can be openly expressed and where we have some role to play in the selection of a leader.

I wish you a semester of major discovery, not just of new information, but of your own true potential.

This month's issue features the second Annual Open Door Book Review beginning on page 1 and continuing on pages 14-17.

The Things They Carried

By Tim O'Brien

Reviewed by Beryl Pettiford



The first time I read Tim O'Brien's *The Things They Carried* it had been assigned as English 101 homework. I've read it a second time to understand and appreciate the 10 years that my son-in-law, Corporal Nelson Jailson Martins, has given of his life to being a soldier in the United States Army.

In reading Tim O'Brien's 246 page fictional excerpts of the Vietnam War, I wanted to learn about, and share, Nelson's non fictional experiences. Although *The Things They Carried* is fiction, O'Brien paints a vivid picture of the mental and physical anguish the soldiers suffered as they pushed themselves to the limit.

As I began reading the first chapter, I found myself using my math skills to add up the weight of the gear that each soldier carried; initially that's what I thought the book was about. I learned that the gear, which could include everything from morphine to ponchos, also doubled as a secure wrap that could assist in airlift rescue missions as described in the book when character Ted Lavender was lifted from the paddies into a helicopter. Lieutenant Jimmy Cross carried a compass, maps, code books, binoculars, a 45 caliber pistol fully loaded and strobe lights. His gear was light compared to the weight of responsibility he had of leading his men into combat. The 30 pounds of morphine, plasma, malaria tablets, surgical tape, comic books and M&M's carried by Medic Rat Kiley could not compare to the tons of weight his heart carried while trying to save a soldier, or stop the bleeding while trying to retrieve the leg blown off into the muck and mire they humped through. The big guns carried by soldiers weighed in at about 60 pounds and included assault rifles, M-16's, and rounds of ammunition. Although heavy on the chest and back, heavier on their minds were that men, sons, husbands, and dads would be killed.

Small in package, but probably the heaviest contender was the few ounces of paper, enveloped with its stamped destination straight to the soldier's hearts. These letters



Corporal Nelson Jailson Martins

from home were pound after pound weighted down expressions of love, longings, confessions of infidelity, and promises to wait.

I found O'Brien captured and expressed every emotion a human could have including guilt; not wanting to fight for "their" country at all, saving yourself or your fellow soldier, and not wanting to shame one's family.

While I am not pro-war or even pro-subject stories of war, Tim O'Brien's prose stirred my emotions. He took me to Vietnam, he made me sob and want to protest, and he made me see the bloody feet trudging through the mire.

Book review continued on page 17.

# Open Door Question of the month asked by Laurinda Ralph

“What is the most recent book that you’ve read and would you recommend it or not?”



**Timothy Campbell**

“I read *Ready Player One* by Ernest Cline. I recommend it to anyone who has ever had experience as a nerd and loves the eighties.”



**Taber Malboeuf**

“*Kill Alex Cross* by James Patterson. If you’re a James Patterson fan, then yes, definitely read it.”



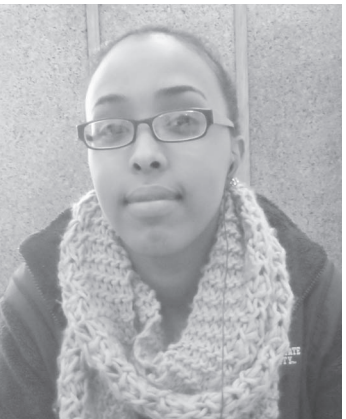
**Rebecca Unger**

“It’s called *Dear Diary* by Lesley Arfin. It’s not for the faint of heart, but if you can handle sex, drugs, and rock ‘n’ roll it’s definitely worth it.”



**Sabina Decteau**

“The last book I read actually was on the Kindle. It was the second book of a series called *Chosen*. The author was Denise Swank. I would recommend it.”



**Iman Yassin**

“I read *I Know Why the Caged Bird Sings* by Maya Angelou. I do recommend it.”



**Max Rossmeir**

“*The Child by Tiger* by Thomas Wolfe. It’s a lot about racism [and] religion, those are the major themes. I would recommend it; it was a good story.”

| The Open Door Schedule for Spring 2012 |               |             |
|--|---------------|-------------|
| Issue                                  | On Stands     | Deadline    |
| <i>Spring 2012</i>                     |               |             |
| Issue #6 March                         | March 1, 2012 | February 14 |
| Issue #7 April                         | April 5, 2012 | March 13    |
| Issue #8 May                           | May 3, 2012   | April 10    |

*The Open Door* is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work. If you are interested in working on *The Open Door*, please see Pat Bisha-Valencia, coordinator. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu) or phone 508-854-4285.

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**Student Editor:** Joe Mogel  
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**Next Issue: March 1, 2012**

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# news bites

By Joe Mogel

**Siberian Bacteria may hold key to anti-aging**

Researchers at the Russian Academy of Science (RAS) have stated that a bacterium, called Bacillus F, from permafrost may hold the key to slowing the aging process. The bacteria live in the Yakutia region of Siberia, the coldest inhabited land in the world. The bacteria, which were injected into mice by the researchers, can reproduce at 5 degrees centigrade. The mice showed an increase of metabolic activity of up to 30% and an increase in their immune system as they aged. Additionally, the injected mice outlive a control group in the experiment.

**An end to the Poe Toaster**

Since 1940 an unidentified man in a black coat and wide brimmed hat, has left a half empty bottle of cognac and three roses at midnight on Edgar Allen Poe’s birthday. However for the last three years the Poe Toaster, as he has become known, has not shown up. Many fans of Poe’s work have been known to wait near the author’s Baltimore gravesite on his birthday to catch a glimpse of the Toaster, whose identity has never been discovered. Poe is buried in Westminster Burial Grounds alongside his aunt and mother in law, Maria Clemm and his young wife and cousin, Virginia.

**Body found behind iconic Hollywood sign**

First discovered on January 17th, the dismembered remains of an unidentified male are being found behind the famous Hollywood sign. Bronson’s Canyon Park, a favorite of celebrities and locals alike, extends behind the sign and was the site of police searches over the last several days for additional remains. The body, the first part of which was found by a dog walker, was a particular surprise, since Griffith Park, on the other side of the sign, is a common gang and mafia dumping ground.

**Buffet makes good on deal to help pay down debt**

Warren Buffet, one the richest people on the planet, will be writing a check to the treasury department as part of a deal with republicans. Buffet stated that he would match any donations made to the treasury by republican politicians. This is part of Buffets one man campaign to help raise taxes on

the super wealthy and reduce federal debt. Buffet, so far, will be writing a check for \$49,000, matching donations made by Representative Scott Rigell (R-Virginia) over the last two years.

**Monkey thought extinct found in Indonesia**

The Miller’s Grizzled Langur, originally found on the Thai-Malay peninsula, has been found well outside its believed range. Camera traps set in the jungles of Borneo snapped more than 4,000 images with the rare monkeys over the course of two months. They were believed to be extinct after a 2005 survey of their original habitat showed nothing. The monkeys, distinguished by their black facial faces and high tuft of white neck fur, have been hunted in the past for meat and bezoar ‘stones’. The ‘stones’ are solid, indigestible masses in the found in the monkey’s gastrointestinal tract and were once believed be an antidote for poison.

**World’s largest emerald going up for auction**

Measuring 12 inches long and weighing in at 11.5 kilograms, the ‘Teodora’ emerald has been appraised at \$1.15 million dollars. The emerald, being put up by Western Star Auctions in British Columbia, was discovered in Brazil and cut in India. The name ‘Teodora’ roughly translates as ‘Devine Gift’.

**Fossils of Tulip creature defy classification**

Named Siphusauctum gregarium, the creature was a filter feeder and measured about eight inches long. The unusual element of the creature was that both its feeding system and gut are located in its tulip like bulb, while the rest of it extended down and attached to a rocky base. The fossils, which are in large groups that researchers have begun calling ‘tulip beds’, are 500 million years old.

**Japanese brothers reunited after sixty years apart**

Minoru Ohye, 86, and Hiroshi Kamimura, 84, hadn’t seen each other in over six decades. The brothers, born in Sacramento, California, were sent to live with relatives in Japan after their father died in a fishing accident. Ohye had served in the Japanese Imperial Army in Russia, where he spent time in a Siberian coal mine after Japan surrendered. Ohye then

returned to California to be with his mother in 1951. He later joined the army. Kamimura grew up in Kyoto, where he became a tax accountant, married and had three sons. Ohye, who had been homeless after leaving the army, was found a new home in the Eskaton Wilson Manor Home for the elderly, by Veterans of Foreign Wars. Eskaton sent Ohye to Japan to visit his brother through a program called ‘Thrill of a lifetime’.

**Man survives double heart attack**

When the unidentified, 71 year old patient was brought in for a possible cardiac arrest, doctors thought that it would be routine, until they looked at his x-rays. The man had two hearts. He hadn’t been born with both, one was a heterotopic transplant. Heterotopic transplants are when a healthy, new organ is paired with a diseased one, the ailing organ being left in the body. However the man’s original heart wound up recovering and functioning normally, as in this case. Doctors were used defibrillators to get both hearts pumping again.

**Kodak files for bankruptcy**

Eastman Kodak Company is filing for bankruptcy. Prior to its chapter 11 filing, the firm cut 75% of its employees and began to look for buyers for its numerous patents. While this isn’t the end for Kodak, the company will be smaller when the process is completed. In large part, the photography giant’s collapse came from failure to transition to digital format. Despite this is the fact that Kodak developed the first digital camera in 1975. The digital camera was never focused on and the company has suffered because of it.

**New telescope designed to take first picture of black hole**

Astronomers are designing the world’s first telescope for photographing black holes. The system will be composed of dozens of radio telescopes across the world. By breaking the telescope into smaller pieces across the earth, the array will be effectively planet sized. The purpose of this is to see the, theorized, super massive black hole believed to be in the center of our galaxy. Additionally, this research could prove conclusively whether Einstein’s General Relativity theory is accurate, by showing if the black holes event horizon is circular, as predicted, or oblong. The system used radio telescopes rather than the visible

light spectrum due to radio wave’s ability to penetrate dust and gas that could fill our galaxy’s core.

**101 year old woman not allowed back into her home**

Four months ago Texana Hollis was evicted from the home she shared with her son. Now the authorities are saying she can’t return due to sanitary and safety conditions. Her son, aged 65, failed to pay property taxes from a HUD mortgage, resulting in the eviction. Currently Hollis is staying with Pollian Cheeks, 68, who Hollis had taught in Sunday school at St. Philip’s Lutheran Church.

**Palestinian woman saved from father’s prison**

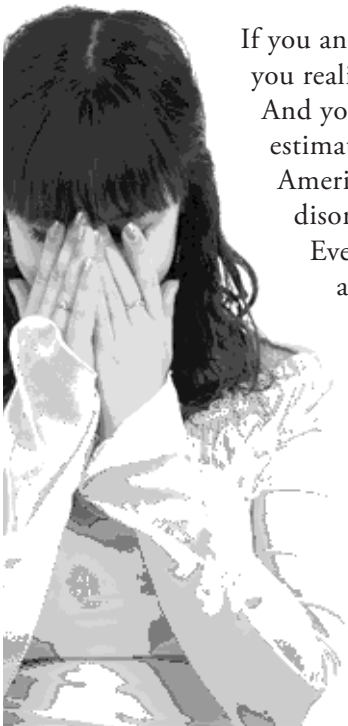
For around ten years Baraa Melhem was chained to a windowless bathroom with only a radio to keep her company. She had been imprisoned by her father, Hassan Melhem, 48, shortly after he separated from her mother. Baraa was first put into the homemade cell at around 10 years old, after she had run away from school. She was only let out at night to clean the house and eat leftover food. Her father second wife and two other children, ages 11 and 18, were also locked in the house when the father wasn’t around. “I want them to put him in an underground bathroom, so he doesn’t see the light of day for 11 years, without food and water, to let him go through what I went through,” Baraa is quoted as saying in Israel’s Ha’aretz newspaper. Hassan Melhem is being held in an Israeli jail and waiting on a court hearing.

**Cache of antique Jewish documents found in Afghanistan**

Dating from the 11th century and found in Afghanistan’s Samangan, documents are being released by an unidentified Antiques collector in England. The documents, written in a Judeo-Persian dialect, detail commercial transactions and judicial rulings and most likely were the records of Jewish traders on the Silk Road. Afghanistan’s National Archives director, Sakhi Muneer, denied the documents could be Afghani, while an advisor to the Cultural Ministry said that it was very likely the papers are from his country.

# counseling

## Here's a Personal Question: Do You Worry too Much?



If you answer “Yes” to the question, then you realize that your life can be better. And you’ve got lots of company. Doctors estimate that at least one in four Americans will suffer from an anxiety disorder at some time in their lives. Everyone can relate to worry, anxiety and depression.

### Only you can answer: “What are you worried about?”

For many people worry is all encompassing. There are just so many things to worry about – from vague worries about whether your professor likes you to what can be done about that weight problem or even

when you will get sick or die. How is it that some people just seem to rise above it all and manage to be happy? Just maybe they have mastered their worry habits. You can do the same and discover how you can enjoy life to the fullest.

### What are you doing to reduce your worrying right now?

First of all, you have to ask yourself: “What am I doing to stop worrying?” You may try to behave differently and it may seem to make your worries go away for a while. But ultimately this can be frustrating and unsuccessful. Instead of trying to eliminate worry or those automatic negative thoughts, maybe it is more effective to change your thinking.

Counseling Services offers a short term program to help you master those stressful and emotional thoughts and reduce further worrying. One of the most effective ways of reducing worries is to focus on specific negative thoughts and challenge your thinking. You can learn to be more flexible in your thinking and reduce unnecessary negative thinking. You can learn to stop, reflect and evaluate situations more accurately.

### The goal is to understand why you worry and how you can reduce your worrying.

Counseling Services will provide anxiety screenings the week of February 27th. Come in, meet confidentially with the counselor and learn about the resources available to you.

## Help for Eating Disorders

Winter may be America’s unofficial dieting season; many people make their New Year’s resolution to be to lose a few pounds. But for others, coping with eating problems is a year round struggle. If you’re one of them, you may want to attend the free anonymous screenings for eating problems to be held February 13 to 17th in Counseling Services.

Participants can learn facts about anorexia, bulimia and binge eating; take a self-test; meet one-on-one with a health professional; and get a referral for further evaluation. Free screenings will be offered daily February 13th – 17th from 8:00 AM to 3:00 PM in Counseling Services, Room 162A.

The screening is also for those who want to develop healthier relationships with food or who want to help their family member or friend. Call 508-854-4479 for an appointment or more information.

## Is College Life Stressing You Out?

### Perhaps we can help!

Like everyone else, you and your friends probably feel nervous from time to time...before exams, at the start of a relationship, as you prepare for a game or a speech. Like sleeping and eating, nervousness and worry are a natural part of life. But simple worries become a problem when it starts to interfere with everyday life. Some people are literally immobilized by their worrying.

Are you at your breaking point?

- sleep problems
- difficulty taking tests
- difficulty concentrating
- unexplained heart racing
- unexpected anxiety or panic attacks
- persistent, senseless worrying
- feeling keyed up or tense
- feeling very uncomfortable in social situations

If you responded yes to any of the above, help is available. Confidential and anonymous screenings for anxiety problems will be held in:

**Counseling Services**, Room 58A, Monday, February 27th to Friday, March 2nd from 8:00 AM to 3:00 PM. For more information or to schedule an appointment, please call Karen Cox, LCSW, LMFT at 854-4479 or come to Counseling Services in Room 162A.

## How to Help a Friend with Eating and Body Image Issues

If you are reading this article, then chances are, you are concerned about the eating habits, weight or body image of someone you care about. We understand that this can be a very difficult and scary time for you. Let us assure you that you are doing a great thing by looking for more information!! This list may not tell you everything you need to know about what to do in your specific situation, but it will give you some helpful general ideas on what to do to help your friend.

- Learn as much as you can about eating disorders. Read books, articles, and brochures.
- Know the differences between facts and myths about weight, nutrition, and exercise. Knowing the facts will help you reason against any inaccurate ideas that your friend may be using as excuses to maintain his/her disordered eating patterns.
- Be honest. Talk openly and honestly about your concerns with the person who is struggling with eating or body image problems. Avoiding it or ignoring it won’t help!
- Be caring, but be firm. Caring about your friend does not mean being manipulated by him/her. Your friend must be responsible for his/her actions and their consequences. Avoid making “rules”, promises, or expectations that you cannot or will not uphold.
- Tell someone. It may seem difficult to know when, if at all, to tell someone else about your concerns. Addressing body image or eating problems in their beginning stages probably offers your friend the best chance for working through these issues and becoming healthy again. Don’t wait until the situation is so severe that your friend’s life is in danger. If you have already spoken with your friend and still feel like more steps need to be taken to address issues, consider telling his/her parents, a teacher, a counselor, or any trusted adult. He/She needs as much support and understanding as possible from the people in his/her life.

Remember: You cannot force someone to seek help, change their habits, or adjust their attitudes. You will make important progress in honestly sharing your concerns, providing support, and knowing where to go for more information! People struggling, yes, both men and women, with eating disorders and body image issues do need professional help. There is help available and there is hope!





FEBRUARY 2012

| Sun | Mon                             | Tue   | Wed  | Thu  | Fri                     | Sat   |
|-----|---------------------------------|---|--|--|-------------------------|---|
|     |                                 |   | 1 Fitness Crunch Kickoff   | 2 Women's & Men's BB vs Massasoit CC 5PM & 7PM | 3 National Wear Red Day | 4 Women's & Men's BB @ Bristol CC 12 & 2PM          |
| 5   | 6                               | 7 All College Day-- No Classes  | 8 African American Heritage Month Event Women's & Men's vs Springfield Tech CC 5PM & 7PM | 9  | 10                      | 11 Women's & Men's BB @ Northern Essex CC 1PM & 3PM |
| 12  | 13 Chocolate Lollipops          | 14 Valentine's Day Bingo<br>Deadline for Open Door March Issue<br>BINGO | 15   | 16 Men's BB vs Nashua CC 7PM                   | 17                      | 18 Women's BB vs Bunker Hill CC 12PM                |
| 19  | 20 Presidents Day -- No Classes | 21  | 22 Fitness Crunch Event  | 23 Evening Student Mixer                       | 24                      | 25 CT Science Center Trip                           |
| 26  | 27 Lunchtime Leadership         | 28  | 29 Boston Celtics Game   |  |                         |   |



A HEALTHY HEART IS A HAPPY HEART!  
FEBRUARY IS NATIONAL HEART MONTH



Quinsigamond Community College will sponsor it's first

Spring Fashion Show

March 23, 2012

We are looking for aspiring fashion designers, models, performers and vendors.

For more information please contact the Fuller Student Center.

Deadline February 15, 2012

Discounted Movie Tickets to Showcase Cinema Theaters

Tickets are available in The Fuller Student Center for \$7.75 each.





# clubs and honor societies

## Phi Theta Kappa upcoming events/meetings/workshops

### General Meetings

Monday February 6th room 107A  
Worcester Campus 6:00 pm

Saturday February 11th room 107A  
Worcester Campus 12:00 pm

Tuesday February 21st room 102  
Southbridge Campus 6:00 pm

Workshops open to all members and prospective members (We will be covering CollegeFish.org, Competitive Edge, and the new Honors Study topic-“The Culture of Competition”)

- Monday January 30th room 107A Worcester Campus 3:30-5:00 pm
- Saturday February 11th room 107A Worcester Campus 1:00-2:00 pm
- Saturday February 25th room 102 Southbridge Campus 12:00 pm-2:00 pm

Open House –Monday February 13th 10:00 am-7:00 pm  
room 109A HLC Worcester Campus

### *Thank you for the hard work*

Congratulations go out to Phi Theta Kappa Chapter Alpha Zeta Theta members for all their hard work and dedication. We achieved our goal and reached the Five Star Chapter level for 2011. Thank you to each and every member that had a hand in helping us to obtain this goal for the first time in chapter history. Your hard work, dedication, and commitment paid off and we thank you very much. This is something the entire Chapter can be proud of and know they are a member of a Five Star Chapter.

## Senate Minute

Hello Everyone,

Welcome back to everyone returning a welcome to new students as you enter the QCC community. I hope everyone had a great winter break. This semester your Senate has a few things going on. First of all something all returning students know about is Spring Fling. For those of you who don't know what it is it is a giant, fun event that features a variety of entertainment, activities and good eats. Also this year Senate is working on community service, All College Forums, and revising our constitution. Anyone that would like to help out on any of these activities or get involved feel free to email me, or come find me in the Fuller Student Center.

Student Senate Elections are coming up soon so watch for posters throughout campus. If you would like to run this semester feel free to stop into the Fuller Student Center. Last I would like to thank students for their growing support for Senate, and all the ideas, questions, and concerns you have brought to my attention. I hope it will all continue.

Thank You,

Joshua Biernacki  
Student Senate President

### February is Black History Month,

To celebrate A L A N A (African, Latin American, Asian, and Native American) is running a used clothing drive for the Friendly House shelter through February 24th. A donation box will be available in the Fuller Center. Please bring your gently used items to help those in need,

All items will be hand delivered to Friendly House by A L A N A's President Eva Johnson and Vice President Beryl Pettiford on behalf of QCC's generosity.

Thank you in advance for your participation!

## QCC Psychology/Psi Beta Clubs

Meetings 1st and 3rd Tuesdays of each Month 2:00 to 3:00 PM in the Fuller Student Center  
2/7, 2/21, 3/6, 3/20, 4/3, 4/17 & 5/1/12



Like psychology? Interested in how the mind works? Want the opportunity to enrich your understanding of development, personality, cognition, memory, emotions, behavior, etc.? Would you like the opportunity to mentor others? Want to join a psychology honor society? Then we have the clubs for you! Please join us!

Questions? Contact Valarie Clemente, Ed.D., Advisor, Assistant Professor of Psychology, x7506; Rm 422A;  
vclemente@qcc.mass.edu

Keep up to date with all our activities – join our email list:  
qccpsychologyclub@gmail.com and join the psychology club on the Q portal!



# Dean’s List Fall 2011

Abdulmawla, Reem  
Agaba, Levis  
Ahsan, Sameul  
Akwaboa, Eric  
Allard, Josiah  
Allen, Christopher  
Allen, Lindsay  
Ampadu, Ebenezer  
Anderson, Caitlin  
Anderson, Molly  
Antwi, Jeffrey  
Apale, Honey  
Ardini, Maximilian  
Arns, John  
Arsenault, Lindsey  
Atechian, Peter  
Ayers, Nichole  
Azzariti, Christopher  
Bacigalupo, Jennifer  
Bahre, Nicole  
Baiden, Jonathan  
Baker, Megan  
Balcewicz, Stephen  
Bangma, Keith  
Barber, Donna  
Baronowski, Julia  
Barros, Murillo  
Baruth, Stephanie  
Beckwith, Brian  
Bell, Timothy  
Berantuo, Irene  
Berkeley, Denton  
Berman, Dmitry  
Berthiaume, Leah  
Berube, Britany  
Berube, Jacob  
Bilis, Ava  
Binette, Ryan  
Bista, Akriti  
Bleakney, Charles  
Boateng, Emmanuel  
Bogolea, Grace  
Bolduc, Christine  
Bonafilia, Matthew  
Bonilla, Casandra  
Bonilla, Leyla  
Bourassa, Jennifer  
Boutelle, Leah  
Bowen, Douglas  
Bozil, Jolicoeur  
Bruni, Nicholas  
Burgess, Shamecia  
Burke, Alisa  
Burlingame, Jesse  
Burris, Elizabeth  
Bushnell, Jarad  
Caldwell, Michael  
Campbell, Timothy  
Canty, Chris  
Caplette, Casandra  
Capoccia, Martha  
Carlos, Angela  
Carlson, Brendan  
, Robert  
Carrasquillo, Jose  
Carroll, Emily  
Cass-Evans, Amber  
Castonguay, Melissa  
Chapin, David  
Chapman, Tyler  
Charette, Cassandra  
Chaudri, Asma  
Chausse, Anthony  
Chin, Kenneth  
Chin, Stefan  
Chivallatti, Heather  
Choquette, Nicholas  
Christopher, John  
Ciasullo, Caitlyn  
Ciesla, Steven  
Coakley, Rori  
Colby, Catherine  
Collette, Patricia  
Colon, Garrett

Colon, Nelson  
Comeau, Kevin  
Comee, Megan  
Comptois, Amanda  
Connors, Ashlyn  
Connolly, Carina  
Cote, Brittany  
Crawford, Douglas  
Crespo, Cebelis  
Cross, Michaela  
Cruz, Cynthia  
Cunningham, Katie  
Cunningham, Patrick  
Curtis, Rachel  
Dacri, Kevin  
Dainys, Matthew  
Dalton, James  
Damon, Nicole  
Daniels, Marina  
Davenport, Cody  
David, Christopher  
David, Rachel  
Davila, Brenda  
De La Rosa, Saedi  
DeLorie, Erich  
DeSanti, Marya  
DeWitt, Matthew  
Delgado, Lisa  
Delgado, Luis  
Delmonico, Jamie  
Demery, Melanie  
Desai, Tapasya  
Diaz, Kathryn  
Didwania, Rohit  
Dinh, Thien  
Djoko Mekouguem, Xaviera  
Dolezal, Phillip  
Domine, Richard  
Donas, John  
Dooley, Keith  
Dougherty, Margaret  
Doyle, Joshua  
Doyle, Marianna  
Duffin, Julia  
Duggan, Matthew  
Duodu, Jemimah  
Dupuis, Chelsea  
Dysert, Andrew  
Edmonds, Sardis  
Edwards, Dylan  
Eldridge, Jessica  
Elian, Gary  
Elmaola, Ghenwa  
Esquilin, Yarinette  
Farrar, Sarah  
Farvardin, Amirhossein  
Farvardin, Nahal  
Felix-Torres, Stephanie  
Fida, Marsela  
Filewicz, Alicia  
Finger, Matthew  
Finne, Rodney  
Flores, Erica  
Flores, Gregorio  
Fogg, Danielle  
Foley, Catherine  
Fontaine, Sean  
Foote, Kelly  
Forehand, Elizabeth  
Fortin, Jesse  
Fournier, Meaghin  
Fowler, Ashley  
French, Heather  
Frimpong, Nana  
Fugere, Kristy  
Funes Reyes, Patrick  
Fynn, Ato  
Gadoury, Kristi  
Garcia, Ruth  
Gasco, Keith  
Gauvin, Joshua  
Gaval, Jaclyn  
Geneva, Joseph  
Giannoni, Jennefer

Giguere, Christopher  
Gillmeister, Emily  
Goncalves, Michelle  
Gonzalez, Daniel  
Gorham, Kerry  
Gosler, Kelly  
Goulet, Christopher  
Grayum, Stephanie  
Green, Cathy  
Greene, Brian  
Grenon, Amanda  
Grenon, Cory  
Grimes, Heather  
Gustafson, Tyler  
Guzman, Felicia  
Hackett, Michael  
Hadley, Nicholas  
Hanks, Samantha  
Hanslia, Hardik  
Hayes, Alissa  
Hayes, Caitlin  
He, Shai  
Heath, Claryn  
Henrie, Courtney  
Hernandez, Teresa  
Herrie, Joel  
Hickey, Mary\_Elizabeth  
Hill, Caitlin  
Hill, Lauren  
Hintlian, Jason  
Ho, Hoa  
Hoang, Vu  
Hogan, Ryan  
Holloway-Jackson, Brigitte  
Holmes, Erika  
Hormann, Kyle  
Houendjou-Badjio, Annie  
Houston, Lenore  
Howell, John  
Hoxhallari, Astela  
Hurley, Patrick  
Iacono, Leslie  
Idoko, Adah  
Ireland, Sabrina  
Issod, Yoshi  
Jacquart, Amy  
Jalon, Irina  
James, Allison  
Jellesma, William  
Johnson, Marc  
Johnson, Richard  
Johnston, Paige  
Judge, Thomas  
Jung, Juyub  
Jurado, Maria  
Kallasi, Vjollca  
Kane, Matthew  
Karowski, Melanie  
Kariko, Max  
Kasdaglis, Caleb  
Kearns, Caitlyn  
Keevan, Alex  
Kelley, Tracy  
Kelly, Vanessa  
Kubiak, Autumn  
Kunathatorn, Salisa  
Kusek, Joshua  
Kutzer, Kyle  
LaRoche, Amanda  
Labeach, Junior  
Laccetti, Chloe  
Lagares, Lucas  
Lambert, Kevin  
Lambert-Hutchinson, Caitlyn  
Larson, Kirsten  
Le, An  
Le, Trinh  
LeBeau, Aleshia  
LeBlanc, Meghan  
LeFave, Timothy  
Leits, Jami  
Lemelin, Danielle  
Lemieux, Chelsea

Leriche, Felicia  
Lettery, Stephanie  
Levesque, Kayla  
Levine, Micah  
Liseno, Gloria  
Londono, Rebecca  
Lopez, Jose  
Lopez, Luisa  
Lorenzo, Hebron  
Lulu, Brian  
Lundstrom, Marina  
MacDonald, Nicole  
Macri, Marcelo  
Macuen, Mary  
Magill, Oscar  
Mahathirath, Mary  
Mahony, Jessica  
Mailhot, Matthew  
Malaver, Mariam  
Manley, Alicia  
Mann, Kimberly  
Martel, Valerie  
Martin, James  
Martin, Thomas  
Martinez, Sasha  
Marzo, Anthony  
Mason, Daniel  
Mason, Jesse  
Mason, Melissa  
Mastrogiovanni, Gina  
Mastrovito, Joseph  
Maurer, Jamila  
Mbugua, Florence  
McCambridge, Karli  
McCarthy, Emily  
McDonald, Dillon  
McGlynn, Margaret  
McHugh, Nicole  
McKenzie, Kurtis  
McLaughlin, Ruth  
McNamara, Michael  
McNulty, Frank  
Mead, Jerrica  
Medina, Erik  
Melendez, Onix  
Menard, Jeremy  
Mendez, Netlin  
Mendoza, Lester  
Mercadante, Elijah  
Merchant, James  
Mershon, Robert  
Mesite, Timothy  
Metzger, Robert  
Michaud, Gerald  
Mikielian, Margaret  
Miller, Anthony  
Milotte, Tiffany  
Mitchell, Christopher  
Mogel, Joseph  
Moir, Tara  
Mojica, Jasmine  
Moore, David  
Moore, Stephanie  
Morin, Ross  
Morreale, Shelby  
Morton, Tracy  
Mull, Randi  
Murphy, Christina  
Mutib, Sulaiman  
Mutlu, Esther  
Mwangi, Paul  
Mytych, Desiree  
Nadeau, Nicholas  
Neal, Jason  
Nester, James  
Newcomb, Christopher  
Ngh, Stephen  
Nguyen, Chau  
Nguyen, Mai  
Nguyen, Minh  
Nguyen, Minh  
Nguyen, My-Thanh  
Nguyen, Nam  
Nguyen, Ngoc-Diem

Nguyen, Tuan  
Njihia, Mary  
Nordstrom, Linda  
Noyst, James  
O’Brien, Matthew  
O’Connell, Michael  
O’Connor, Jennifer  
O’Malley, William  
O’Sullivan, Kieran  
Offei, Samuel  
Oliveira, Sasha  
Oliver, Nicole  
Olivieri, Sara  
Orta, Dariana  
Orth, Carrie  
Osei Bonsu, Alex  
Otent, Emily  
Pacheco, Jessica  
Palomino, Selene  
Parker, Eric  
Parnanen, Andrew  
Paul, Patrick  
Pearman, Christina  
Pelland, Lauren  
Pellegrini, Andrew  
Pelletier, Ross  
Perry, Kevin  
Peters, Bryan  
Pham, Ngoc  
Philbrick, Nicole  
Phillips, Scott  
Pike, Mariah  
Pinto, Gabriela  
Plasse, Jennie  
Plitouke, Melanie  
Poku-Mensah, Charles  
Poma, Juan  
Prabucki, Justine  
Preston, Lawrence  
Rae, Timothy  
Ralph, Laurinda  
Raymond, Nathaniel  
Razzaq, Aula  
Rebello, Tammy  
Reitzel, Lily  
Remington, Amy  
Reni, Luciano  
Renihan, Krysten  
Reyes, Hector  
Reynolds, Jenna  
Rhodes, Lauren  
Richard, Nicola  
Riddle, Kate  
Riedell, John  
Riggs, Mary  
Rivera, Edwin  
Rivera, Irelis  
Rivera, Jerry  
Robidoux, David  
Rogers, Stephanie  
Rollins, Michael  
Rookey, Shaunie  
Rosen, Andrew  
Rosenlund, Emilia  
Rosenquist, Heidi  
Roux, Cheryl  
Rundell, Amy  
Russell, Tyler  
Russo, Michela  
Sajjadi, Jafar  
Sanchez, Jaratzed  
Sandoli, Annie  
Santom, Kenina  
Santoro, Anthony  
Sartelle, Avery  
Schauwecker, Brenden  
Schinco, Gaetano  
Schoenberger, Kate  
Schomacker, Michael  
Shaw, Edie  
Shea, Jamieson  
Shqina, Etleva  
Shultz, Wendy  
Sibley, Patrick

Simpson, Matthew  
Skinner, Melissa  
Skowyra, Stephanie  
Sliwoski, Thomas  
Sloan, John  
Smalcuga, Patrick  
Smith, Allison  
Smith, Candace  
Smith, Kaitlin  
Smith, Michael  
Smith, Stephanie  
Smith, Zachary  
Soderberg, Theresa  
Soja, Maria  
Sora, Brian  
Spitz, Danielle  
Stanley, Ryan  
Stebbins, Angelique  
Stewart, Elizabeth  
Stewart, Kellie  
Stickney, Brittany  
Stidsen, Andrew  
Stone, Blake  
Strait, Cody  
Styles, Nicole  
Sullivan, Caroline  
Sullivan, Conor  
Sullivan, Jason  
Sussman, Rhonda  
Swenson, Courtney  
Taft, Elizabeth  
Tarmey, Erin  
Taylor, Jason  
Teixeira, Jeremy  
Tejada, Stephanie  
Teli, Margaret  
Thomas, Shayla  
Thomson, Sean  
Toledo, Esteban  
Tortorelli, Amber  
Towne, Annalisa  
Tran, Quinton  
Tran, Son  
Tran, Vy  
Trieu, Em  
True, Daniel  
Truenow, Brian  
Truscott, Stephen  
Tucker, Emily  
Turner, Alysia  
Turpin, Kaylah  
Twumasi, Bismark  
Udofia, Jesse  
Uwamahoro, Joyeuse  
Valentin, Josel  
Van Dam, Jacqueline  
Vandal, Alysia  
Vario, Chrysta  
Vasquez, Sebastian  
Vayo, Shannon  
Veloz, Gabriela  
Waldron, Carl  
Walker, Christopher  
Walker, Tyler  
Wambach, Carrie  
Wang, Hui  
Warchol, Bryan  
Webber, Danielle  
Weiss, Amy  
Wells, Deanna  
Wentworth, Douglas  
Wheeler, Melanie  
White, Clayton  
Wiberg, Eli  
Willson, Bethany  
Wintner, Emily  
Wisniewski, Rebecca  
Wolanski, Alisha  
Xhumari, Rineo  
Xie, Mengqiao  
Yepez, Bryan  
Young, Alison  
Young, Stacey  
Younis, Hani  
Yurkevicius, Chadd


# Merit List Fall 2011

|                            |                         |                       |                            |                           |                       |
|----------------------------|-------------------------|-----------------------|----------------------------|---------------------------|-----------------------|
| Abdelhamed, Suaed          | Benedetto, Stephanie    | Cardenales, Rebecca   | DeLuca, Michael            | Fournier, Sonya           | Hobby, Christina      |
| Abellana, Gellica          | Bennett, Debra          | Carlson, Lorraine     | DeMalia, Katie             | Francis, Jessica          | Hogan, William        |
| Acheampong, Frank          | Benvie, April           | Carroll, Larisa       | DeMarco, Craig             | Frechette, Andrew         | Honeycutt, Brandon    |
| Acquah, Robert             | Berard, Justin          | Carter, Samantha      | DeRusha, Robin             | Frelick, James            | Hopper, Lauren        |
| Adansi, Godwin             | Berg, Ryan              | Castellanos, Yannirys | DeWallace, Cameron         | French, Brett             | Horan, Julie          |
| Addaquay, Linda            | Bergeron, Kathryn       | Castellone, Nicholas  | Delamere, Timothy          | Frias, Eva                | Horwedel, Matthew     |
| Adjei Frimpong, Sally      | Berk, Robert            | Castro, Arliana       | Delgado, Maria             | Frias, Nathalia           | Housand, Elizabeth    |
| Agostinelli, Jamey         | Berkmen, Alison         | Castro, Frankenia     | Derosier, Kelsey           | Friedman, Shirley         | Hoxha, Redon          |
| Ahmed, Ibrahim             | Berry, Ryan             | Champi, Elias         | Desabrais, David           | Frimpong, Andrew          | Hoxhallari, Tefta     |
| Ahmed, Mohammed            | Bertrand, Amanda        | Chandler, Katherine   | Desrosiers, Michelle       | Gagnon, Julie             | Hultgren, John        |
| Aka, Ange                  | Besse, Mark             | Chaparro, Maria       | DiGregorio, Ashley         | Galante, Alexandra        | Hunsicker, Karye      |
| Akrie, Felicia             | Bhattarai, Dadhi        | Chapman, Charles      | Diaz, Lisandra             | Gallagher, Andrew         | Hutchins, Kaitlyn     |
| Aldrich, Richard           | Bisceglia, Jonathan     | Chase, Edward,,IV     | Diaz, Monica               | Gallagher, Kevin          | Huynh, Minh           |
| Alessi, Paul               | Bissonnette, Eric       | Chen, Shi             | Diaz Ortega, Joan          | Gallo, Dana               | Inman, Suzanne        |
| Alinda, Cynthia            | Bitar, Bouthaina        | Choe, Insun           | Diaz-Velazquez, Altagracia | Gambino, Michael          | Inthirath, Gary       |
| Alkinani, Khalid           | Bitar, Joseph           | Choinski, Linda       | Dickson, Nicole            | Gannon, Sandra            | Ireland, Maureen      |
| Allen, Nicole              | Blair, Taylor           | Chuong, Thao          | Dion, Renee                | Gartner, Clarissa         | Irizarry, Shadak      |
| Alpine, Althea             | Blais, Ginelle          | Church, Joshua        | Dionne, Justin             | Gaspar, Sherry            | Isufi, Alketa         |
| Altieri, Anthony           | Bliss, Abigail          | Cicio, Jared          | Diphillipo, Shelly         | Gaudette, Stephanie       | Jaara, Tameen         |
| Amato, Camille             | Blodgett, Karen         | Cid, Jose             | Doherty, Edward            | Gauthier, Michelle        | Jafari, Bijan         |
| Ambroise, Michel           | Bloniasz, Corey         | Clancey, Casey        | Domingo, Freddy            | Gauthier, Scott           | Jakubowicz, Julie     |
| Amponsah, Juliana          | Boateng, Francisca      | Clapp, Caitlin        | Dominguez, Shirley         | Geary, Matthew            | Janczewska, Malwina   |
| Andersen, Adrienne         | Boddy, Max              | Clark, Amy            | Donahue, Joseph            | Gendreau, Brian           | Jankovich, Seleste    |
| Anderson, Jennelle         | Boisseau, Andrea        | Clarkson, Lindsey     | Dotsenko, Alexander        | Genduso, Jennifer         | Jara, Mayra           |
| Anderson, Matthew          | Bombard, Dawn           | Clegg, Tamara         | Downer, Stephen            | GiGliello, JulieAnn       | Jarosz, Virginia      |
| Anderson, Robin            | Bonin, Dana             | Clemente, Monalisa    | Driscoll, Keeley           | Gil, Tania                | Jarvis, Ryan          |
| Anderson, Shaun            | Bonner, Craig           | Cline, Fangling       | Drzal, Christopher         | Gilbert, Angus            | Jean-Louis, Erin      |
| Andreou-Angelis, Giannoula | Bonzey, Deborah         | Clinton, Stephanie    | Du Breuil, Jennifer        | Gingell, Adeline          | Jefferson, Amy        |
| Andrews, Tara              | Booth, Dwight           | Coakley, Jennifer     | Dudo, Ornela               | Gingras, Todd             | Jensen, Andrew        |
| Angel, Felipe              | Bosse, Thomas           | Cobb, Nathaniel       | Dufault, Lisa              | Githengu, Margaret        | Johansen, Joshua      |
| Anim-Addo, Michael         | Boucher, Richard        | Cobiski, Phyllis      | Dulmaine, Amy              | Gleason, Paul             | Johnson, Eva          |
| Ankomah, David             | Boulay, Michael         | Cohen, Samantha       | Dumas, Margaret            | Glynn, Melanie            | Johnson, Helen        |
| Antul, Laura               | Boulette, Sherry        | Colbert, Rani         | Dumaug, Chareddie          | Godfrey, Amy              | Johnson, Jessica      |
| Antwi, Gabriel             | Bounphasaysonh, Willie  | Cole, Jonathan        | Duong, Lieu                | Gomes, Danielle           | Johnston, Carolyn     |
| Aponte, Osvaldo            | Boutwell, Kimberly      | Colon, Nafitaly       | Duquette, Jeremy           | Gomes, Lydia              | Johnstone, James      |
| Araujo, Suellen            | Boyd, Joseph            | Conant, Laura         | Dutton, Katherine          | Gonzalez, Ismael,,        | Joya, Angie           |
| Arcure, Carla              | Braley, Christopher     | Condos, Andrew        | Duval, Martin              | Gonzalez-Dufresne, Joseph | Kalinowski, Dorota    |
| Aroke, Magdaline           | Brampah, Berlinda       | Congdon, Kaylin       | Dziedzic, Scott            | Goodspeed, Sarah          | Kaminski, Katarzyna   |
| Arsenault, Jenna           | Brand, Laura            | Connolly, Devin       | Dzuda, Munashe             | Goodwin, Jennifer         | Kankam, Hannah        |
| Arsenault, Rachael         | Brass, Kristen          | Conway, Angela        | Edwards, Erin              | Gordon, Diana             | Kasek, Cindi          |
| Artey, David               | Brenner, Alicia         | Coombs, Shannon-Jean  | Edwards, Patricia          | Graham, Shawn             | Kayigwa, Beatrice     |
| Artuso-Roberts, Keila      | Briganti, Carlie        | Cornelius, Kendal     | Elia, Gina                 | Grammatic, Marlise        | Keane, Matthew        |
| Asamoah, Frederick         | Briggs, Samantha        | Corrao, James         | Elian, Alexandra           | Graupner, Debra           | Keenan, Wayne         |
| Asembo, Ben                | Brigham, Miah           | Corso, Alicia         | Ellis, Christine           | Gray, Christopher         | Kennedy, Thomas       |
| Ashe, Christopher          | Brodeur, Todd           | Cosner, Jonathan      | Endara, Ruben              | Gray, Margaret            | Kent, Evan            |
| Asllani, Kleodor           | Brodie, Nicole          | Costa, Paula          | Estremera, Stephanie       | Grayum, Jonathan          | Kerrigan, Emily       |
| Astle, Elizabeth           | Brohin, Maria           | Coulter, Maureen      | Ethier, Kevin              | Gregoire, Karina          | Kfoury, Nadine        |
| Atem, Pamela               | Brothers, Kristin       | Courtney, James       | Evans, Jonathan            | Gregoire, Kimberly        | Khaled, Behram        |
| Aucoin, Joyce              | Brown, Megan            | Courville, Kimbeth    | Evans, Timothy             | Groleau, Michael          | Khaled, Jiehan        |
| Avoryie, Ida               | Brown, Molly            | Courville, Stephanie  | Fafard, Donna              | Guest, Elisabeth          | King, Ashlee          |
| Ayers, Jamie               | Brunk, Kayla            | Courville, Susan      | Fafard-Desrosiers, Sue     | Guyette, Jamie            | Kizior, Magdalena     |
| Bachand, Sarah             | Bryan, Holly            | Couto, Aramintas      | Fallon, Mark               | Guyette, John             | Knox, Rebecca         |
| Baiden-amissah, Dziedzorm  | Bryan, Samuel           | Cowan, Amanda         | Fallon, Patricia           | Guzman, Krista            | Koch, Rachel          |
| Baker, Sheila              | Bryant, Tenishia        | Cox, Kelly            | Fanning, Matthew           | Hackett, Stephen          | Kocollari, Arjana     |
| Banks, Benjamin            | Bueno Bautista, Yadiris | Crantz, Scott         | Farhan, Selma              | Hall, Karen               | Kokomani, Hava        |
| Banks, Bernard             | Bueno Bautista, Yanelis | Creaser, Heather      | Farr, Kevin                | Halzel, Hillary           | Kolenda, Samantha     |
| Bardell, Brian             | Bui, Hanh               | Crocker, Amanda       | Farris, Heather            | Hampton, Akua             | Komissarov, Alena     |
| Barr, David                | Burchard, Monique       | Crockett, Amanda      | Febo, Ruth                 | Hanlan, Elizabeth         | Kopec, Leo            |
| Barresi, Michael           | Burnham, Brandy         | Cronin, Daniel        | Fecteau-Ellis, Sabina      | Hansen, Lisa              | Kozikowska, Justyna   |
| Barry, Kristen             | Burns, Matthew          | Cronin, Michael       | Felper, Scott              | Hardy, Helen              | Kreidemaker, Cathy    |
| Barton, Jessica            | Burns, Sean             | Crowley, Sarah        | Ferdinand, Sean            | Harms, Katrina            | Kubilis, Nicole       |
| Basiul, Christopher        | Busch, Emily            | Cunha, Lavine         | Fernandes, Meghan          | Harris, Lisa              | Kuchta, Brenda        |
| Bastarache, Ron            | Butler, Jason           | Curboy, Clifford      | Ferreira, Evelin           | Hasselman, Carroll        | Kuchta, Denise        |
| Bastola, Khem              | Buttitta, William       | Curboy, Jared         | Ferreira, Jacob            | Hassett, Shayna           | Kujala, Melissa       |
| Bean, Robert               | Byrd, Elizabeth         | D’Amato, Michael      | Fevrier, Melissa           | Hatton, Samuel            | Kutcher, Bryana       |
| Beauchamp, Erin            | Caban, Giovanni         | D’Amato, Nicholas     | Fisher, Michelle           | Hazard-Johnson, Darrion   | Kyei-Baffour, Patrick |
| Beaudoin, Lindsey          | Camiso, Embrelinda      | D’Ambra, Drena        | Fitton, Kayla              | Hebert, Andrew            | LaChance, Bradford    |
| Beaulac, Larry             | Campaniello, Derek      | Da Silva, Carlos      | Fitzgerald, Susan          | Henderson, Brooke         | LaFlash, Laurie       |
| Beeman, Cindi              | Campos, Thiago          | Dahdouh, Michael      | Fitzpatrick, Emily         | Henriquez, Diannah        | LaFlash, Nicholas     |
| Beer, Heather              | Canning, Statia         | Daigle, Douglas       | Flagg, Sara                | Hernandez, Jeff           | LaFortune, Lisa       |
| Beer, Katie                | Cantor, Sarah           | Daniel, Pamela        | Foley, Ryan                | Heron, Jamie              | LaPorte, Michael      |
| Beland, Michael            | Capellan, William       | Davagian, Peter       | Ford, Rachel               | Hertzfeld, Melanie        | Lafontant, Maurice    |
| Belanger, Megan            | Caranci, Matthew        | Davenport, Tracey     | Forman, Jared              | Hitchcock, Hahns          | Lane, Jean            |
| Beltran, Axel              | Carbonneau, Haley       | Davis, Christopher    | Fournier, Kevin            | Ho, Veronica              | Lane, Leewood         |



# Merit List Fall 2011, continued

|                          |                      |                      |                        |                         |                     |
|--------------------------|----------------------|----------------------|------------------------|-------------------------|---------------------|
| Langelier, Michael       | McCormick, John      | O’Leary, Katherine   | Reed, Ramona           | Silva, Adiel            | Tracy, Maureen      |
| Lanigan, Stacie          | McCullen, Amelia     | O’Neil, David        | Reis, Jennifer         | Silva, Adriana          | Tran, Mai           |
| Lapierre, Gregory        | McForbes, Aura       | O’Neil, Stephen      | Rennie, Linda          | Silva, Ariel            | Tran, Nam           |
| Lapierre, James          | McGann, Gail         | Obert, Patricia      | Renzoni, Luke          | Silvernale, Evann       | Tran, Phuong        |
| Lavoie, Jennifer         | McGrail, Matthew     | Oduro, Angela        | Reyes, Katherine       | Simeoni, Marie          | Tran, Quyen         |
| Lavoie, Jennifer         | McKelvie, Leah       | Ofori, Kwame         | Reynolds, Christopher  | Sirivongxay, Gina       | Trapp, Sean         |
| Lawell, Travis           | McKinstry, Ivelisse  | Ofori, Sylvia        | Rich, Richard          | Sivert, Jeffrey         | Trask, John         |
| Le, Jimmy                | McKusick, Timothy    | Ofosu-Ampofo, Obed   | Rios, Erika            | Skerry, Tara            | Traylor, Stephanie  |
| LeBlanc, Alicia          | McNeely, Craig       | Ogunsemore, Joseph   | Ritacco, Adriana       | Skowron, Joshua         | Trifone, Alison     |
| LeBlanc, Jeffrey         | Mediavilla, Rosa     | Oliveira, Alvaro     | Rivas, Jose            | Slanda, Katarzyna       | Trombly, Michael    |
| LeDoux, Ryan             | Medlar, Mary         | Oliveira, Valeria    | Rivas, Rodrigo         | Smith, Danielle         | Trucheon, Shandi    |
| LeDuc, Brian             | Mehmood, Maryam      | Oliveras, Magee      | Rivas Rosales, Eduardo | Smith, Josh             | Truett, Jaclyn      |
| Leasot, Bryan            | Mejia, Karoly        | Olongo, Patience     | Rivera, Adarita        | Smith, Terri            | Tsongalis, Athas    |
| Lee, Brian               | Melanson, Belinda    | Orcutt, Christopher  | Rivera, Keila          | Snow, Kristy            | Tuttle, Lisa        |
| Lee, Timothy             | Mensah, Rosemary     | Ordway, Shay         | Rivera, Marilyn        | Sofia, Nora             | Tyndall, Amanda     |
| Leite, Scott             | Mentzer, Eric        | Ormond, Samantha     | Robards, Katelyn       | Soltau, Shardae         | Uceta, Elizabeth    |
| Lemawu-Adi, Catherine    | Mercer, Lisa         | Paloja, Saranda      | Robertson, Megan       | Somers, Joshua          | Uncapher, Suzanne   |
| Lemieux, Michelle        | Mercer, Mark         | Papi, Petro          | Robinson, Harlan       | Soto, Jessica           | Uribe, Liliana      |
| Lemus, Jacquelyn         | Mercier, Traci       | Parenteau, John      | Robinson, Nicole       | Soule, Amanda           | Uzar, Bridget       |
| Lenard, Kenneth          | Merino, Ely          | Parker, Evan         | Rochford, Martin       | Soule, Joshua           | Vachon, Stacey      |
| Lennon, Kim              | Messier, Joseph      | Parker, William      | Rodriguez, Elsa        | Sowinska, Maja          | Valdivia, Abiel     |
| Leo, Donna               | Mickey, Elizabeth    | Parmenter, Cameron   | Rodriguez, Lissette    | Speroni, Marc           | Valencia, Karonlay  |
| Leonard, Durriyyah       | Mikoloski, Allison   | Patil, Rashmi        | Rodziewicz, David      | Spidle, Gile            | Vallejos, Digna     |
| Letourneau, Julia        | Milan, Denys         | Paulino, Sonia       | Rogaishio, Jacob       | Spiewak, Paul           | Vallejos, Edwin     |
| Levesque, Daniel         | Millman, Deirdre     | Payson, Richard      | Rogalska, Bernadeta    | St. Cyr, Arthur         | VanBeekom, Cathleen |
| Lieu, Quan               | Minkema, Ashley      | Pearce, Kenneth      | Roman, Vanessa         | St. Laurent, Abigail    | VanCott, Kellie     |
| Lloyd, Denise            | Miranda, Jackelyn    | Penniman, Laurie     | Romanik, Katarzyna     | St.Germain, Brian       | Varney, Jessica     |
| LoCicero, Brett          | Mistry, Jayna        | Perez, Gerson        | Romney, Kenvic         | Strandring, Danielle    | Vathi, Elton        |
| Lopez, Angela            | Mitchell, Shawnteil  | Perez, Isaias        | Rondeau, Tara          | Staruk, Jacqueline      | Vidal, Elias        |
| Lopez, Ariel             | Moberg, Andrea       | Perez, Kyla          | Roomi, Akram           | Steinberg, Joshua       | Villegas, Justina   |
| Lopez, Javier            | Molina, Xiomara      | Perley, Janine       | Rooney, Justin         | Stevens, Maria          | Vivlamore, Robert   |
| Lopus, Marcie            | Molloy, Christopher  | Perro, Deborah       | Roselund, Julie        | Stolakis, Kayla         | Vogel, Roy          |
| Lorange, Kristin         | Mombrini, Marcio     | Perry, Kristina      | Ross, Deanna           | Stone, Joshua           | Vu, Tuyetanh        |
| Loubato, Marilia         | Montanez, Frances    | Perry, Tyler         | Rousseau, Ginger       | Stone, Katlynn          | Waddell, Aubree     |
| Lowbridge, Jackson       | Montijo, Mayra       | Peterson, Erika      | Rowe, Alexander        | Stronach, David         | Wakeen, Linda       |
| Lucier, Sara             | Mooney, Eryn         | Pettit, Glenn        | Roy, Kristen           | Strout, Diane           | Wallace, Sarah      |
| Ludvigsen, Taylor        | Moore, Thomas        | Pham, Hieu           | Runyan, David          | Stuart, Samantha        | Walsh, Justin       |
| Lugbauer, Nicholas       | Morrell, Laura       | Pham, Thanh          | Ryan, Francis          | Stypulkowska, Magdalena | Walton, Amanda      |
| Lusignan, Misty          | Morrison, Cristy     | Phan, Trieu          | Ryan, Ina              | Suarez, Jamie           | Warren, Brenda      |
| Lussier, David           | Morton, Jordyn       | Phillips, Richard    | Ryan, Rebecca          | Sullivan, Bryan         | Warren, Patricia    |
| Lussier, Dawn            | Moua, Tyler          | Phillips, Timmie     | Saeed, Khalid          | Sullivan, Michael       | Waweru, Brian       |
| Lussier, Kelsey          | Mulbah, Christopher  | Pianka, Grzegorz     | Sakiqi, Alan           | Sutherland, Michael     | Webber, Elizabeth   |
| Ly, Nam                  | Mumuni, Issifu       | Piantoni, Gina       | Salmu, Denise          | Swan, Kevin             | Weeks, Elizabeth    |
| Lynch, Lauren            | Munene, Daniel       | Piascik, Christopher | Samia, Shanise         | Swantee, Samuel         | Weigman, Jennifer   |
| MacKay, Amanda           | Mungai, Hannah       | Piccirilli, Terri    | Sampson, Lorrie        | Sweeney, Kristen        | Welsh, Alyssa       |
| MacKoul, Jennifer        | Murphy, Ciaran       | Pierce, Amy          | Sanches, Luisa         | Sweeney, Kristi         | Westberg, Keith     |
| Macri, Marcia            | Myteberi, Marsela    | Pike, Lori           | Sanchez, Jesenia       | Swisher, Christine      | Westerback, Debra   |
| Maguire Egan, Polly      | Nah, John            | Pina, Christabel     | Sandford, Michelle     | Sydow, Kevin            | Westgate, David     |
| Mahoney, Amanda          | Nasser, Wasan        | Pinnock, Karen       | Sanjurjo, Eddie        | Tabicas, Tracy          | Whalen, Meaghan     |
| Mahoney, Kevin           | Navaroli, Scott      | Pisegna, Jillian     | Santram, Anupa         | Tang, Sa                | White, Caleb        |
| Mahota, Marrassa         | Neuhaus, Alicyn      | Piskorz, Joanna      | Sargeant, David        | Tango, Sharon           | Widen, Daniel       |
| Maina, Tabitha           | Newhouse, Joshua     | Plante, Michael      | Sargent, Janet         | Tautenhan, John         | Wilbur, Sharon      |
| Makela, Daniel           | Newmane, Elsie       | Plantinga, Cynthia   | Sato-Dame, Naomi       | Tebo, Cassandra         | Wilk, Chelsea       |
| Manca, Brandi            | Ngo, Bopha           | Plasse, Stephanie    | Saunders, Haley        | Terlizzi, Nicholas      | Williams,Carolynn   |
| Mangano, Alan            | Nguyen, Chan         | Pochesci, Lynne      | Savice, Victoria       | Thai, Trinh             | Williams, Diana     |
| Manna, Monique           | Nguyen, Jimmy        | Ponusky, Melissa     | Sawyer, Jennifer       | Thebeau, Ricky          | Wills, Michelle     |
| Manning, Kelly           | Nguyen, Kimnu        | Portuondo, Alec      | Scahill, Thomas        | Then, Chris             | Wilmot, Preston     |
| Manning, Toran           | Nguyen, Lien         | Poulos, Emily        | Schap, Peter           | Thibault, Gary          | Wilson, Meghan      |
| Mardigossian, Mardek     | Nguyen, Tuyet        | Prince, Sasha        | Scopa, Anthony         | Thomas, Emily           | Wood, Christi       |
| Markarian, Kayla         | Nickerson, Keriann   | Prizio, Melissa      | Scott, Andrew          | Thomas, Rebecca         | Wright, Anayis_Joy  |
| Marois, James            | Nielsen, Adam        | Puntini, Andrew      | Scott, Daniel          | Thompson, Robert        | Wu, ZhuoFeng        |
| Maroni, Kyle             | Nieves, Krystal      | Purdy, Laurie        | Searah, Nichole        | Thurlow, Kerry          | Yahoub, Natassia    |
| Marques, Lenice          | Nimako, Nana         | Radula, Allisa       | Searah, Raymond        | Tibert, Amelia          | Yapor, Christian    |
| Martineau, Katie         | Nimtz, Charlene      | Raja, Geetha         | Segur, Benjamin        | Tidman, Matthew         | Yeung, Zion         |
| Martinek, Jan            | Njoroge, Isaac       | Rajala, Caitlin      | Serrano, Lisandra      | Tirado, Teranie         | Young, Brandie      |
| Martinez, Josian         | Nolette, Terri       | Rameau, Jolina       | Servidio, Debra        | Tisdell, Amy            | Young, Janet        |
| Martins, Tassio          | Noone, David         | Ramirez, Jessica     | Shah, Ami              | Tokarz, Daniel          | Zahariadis, Monica  |
| Mastrototaro, Mary-Ellen | Norris, Emily        | Ramirez, Josue       | Shalev, Karen          | Tomaz, Adrine           | Zannino, Kristopher |
| Matlock, Alexandra       | Norton, Rachelle     | Ramos, Ailin         | Sharma, Pradeep        | Tonet, Joseph           | Zawora, Weronika    |
| Matos, Laura             | Nottingham, Benjamin | Ramos, Henry         | Sharp, Lisa            | Torjani, Setareh        | Zecher, Sabrina     |
| Maturi, Angelena         | O’Brien, Alex        | Ramos, Tracy         | Shaw, Jessica          | Torres, Beatrice        | Zelent, Jennifer    |
| May, Kimberly            | O’Brien, Melissa     | Ramstrom, Ashley     | Shea, Heather          | Torres, Miguel          | de Lima, Nelza      |
| Mbachi, Joyce            | O’Connell, Sean      | Rathke, Kristen      | Shepard, Kristina      | Tortora, Michael        |                     |
| McCorison, Melanie       | O’Donoghue, Michael  | Rebelato, Denise     | Sherwood, Jeremy       | Townsend, Heidi         |                     |



Harrington Learning Center Hours - Fall 2011 and Spring 2012

|                         |                        |
|-------------------------|------------------------|
| Monday through Thursday | 8:00 a.m. to 9:00 p.m. |
| Friday                  | 8:00 a.m. to 5:00 p.m. |
| Saturday                | 9:00 a.m. to 3:00 p.m. |
| Sunday                  | Closed                 |

## That Nasty Green Gunk: What Your Mucus is Telling You

By Meghan LaFlamme, Respiratory Care, Class of 2012

It is cold season. Unless you barricade yourself in your house for the season, you will be exposed to more germs than your body can handle. Though you may be constantly washing your hands or using antibacterial gel to prevent the spread of germs, that does not mean everyone else is as conscientious. Here is a quick guide to help you figure out what may be normal, and what most likely warrants a trip to the physician’s office:

- Once that dry cough turns into a cough full of mucus, it might give you an indication of the kind of infection you may have. While clear mucus is generally a sign of good health, more than normal clear, white mucus may be indicative of conditions such as acid reflux disease, allergies, or hay fever.
- If your mucus is yellow, it is usually a sign that your body is fighting off a bacterial infection. The common cold and sinus infections

- generally result in this. Pneumonia and bronchitis usually are accompanied by dark yellow mucus in the throat.
- Green mucus is often the result of a bacterial infection. Those suffering from allergies usually have mucus this color. It is usually thick and can cause congestion and sinus pressure.
  - Smokers often cough up mucus of a brown- or red-tinged color. It usually indicates an irritated throat.
  - Reddish-pink mucus is common in people with asthma. The mucus can also be reddish from consuming certain foods (chocolate, garlic, and red wine, for example) or from alcohol consumption. The mucus can turn brown or gray with pollution and excessive smoking. A more serious condition may exist, however, and you should notify your physician.

The above is just an introduction to the meanings behind the rainbow of mucus colors. Measures to prevent and treat infections include daily supplements recommended by your doctor, such as Vitamins C and E. your immune system will be stronger. If you are able to cough up the mucus, spit it out! This will help to keep it from settling in your lungs. Warm liquids will help with throat irritation, and an increased fluid intake will thin out mucus and help you to cough it up. Taking prescribed antibiotics, steam treatments, and cutting back on smoking and alcohol will also help. If you are coughing up mucus of any color, especially if it is accompanied by other symptoms, the best thing you can do is schedule a doctor’s appointment. The sooner you are treated, the faster you can be on the road to recovery.

Worcester **Earned Income Tax Credit** Coalition

Free tax preparation and education for qualified individuals and families

You deserve your tax refund.

Claim it!

✓ **FREE** Income Tax Preparation

✓ **FREE** E-File

✓ **FAST** Refund

Maximize your refund by getting all the tax credits you are eligible for

Free tax preparation for qualifying households with income less than \$50,000



Volunteer Income Tax Assistance “VITA” sites open in January, 2012.

To make an appointment, call one of these sites after January 1, 2012:

Main South CDC

875 Main St.  
Worcester, MA  
(508) 752-6181

Spanish and Vietnamese translation available

Plumley Village

Resident Services Office  
16 Laurel St.  
Worcester, MA  
(508) 770-0508

Spanish translation available

Worcester Community Action Council

484 Main St, 2nd floor  
Worcester, MA  
(508) 754-1176 ext. 234

Spanish translation available

Worcester State University

Center for Service Learning  
Sullivan Building  
486 Chandler St.  
2nd floor, room 220  
Worcester, MA  
(508) 929-8424

Albanian and Twa (Ghana) translation available

✓ Requirements to claim your Earned Income Tax Credit (EITC)

Must have earned income (wages from employment or self employment) or taxable pension or disability retirement payments

Must have valid Social Security number

If married, must file jointly

Must be U.S. citizen or resident alien all year or a nonresident alien married to a U.S. citizen or resident alien filing a joint return

Must be 25-64 years of age (if single with no children) at the end of the year, live in the United States for more than half the year, and not qualify as a dependent of another person

You cannot be the qualifying child of another person

Investment income limited to \$3,100

✓ What to bring to your appointment:

Photo ID & Social Security card or ITIN # for you, your spouse (if married), your children

All W-2 Forms (earning statements) for every employer during 2011

All 1099 forms (including 1099G for any government payments, such as unemployment payments and 1099R for any pension payments received)

Child care expenses-total of payments made, the name, address, Employer Identification Number (EIN) or Social Security number of provider

Form 1098 (tuition payment statement) for each household member who attended college in 2011 and the total amount of student loan interest paid

Total rent paid in 2011, landlord or rental agent's name and address

Your checkbook or bank statement if you want to direct deposit your refund

Copy of last year's income tax return

Proof of medical Insurance (for Massachusetts state return):1099HC for private insurance, or health card for government sponsored plans

ig of this promotional material is generously underwritten by Bank of America.

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# Resolutions and Goals

By Susan Johnson MSN RN, C, Professor of Nursing

Happy New Year! With the New Year come resolutions and goals. How many of you can truthfully say that any of these actually become a reality? Some of the New Year’s resolutions or ideas may consist of trying to think of ways to make it a better year or ways to improve one self. These ideas of grandeur are some of the things that are wandering around in curious minds like my own when faced with the beginning of another year; as I am sure may be for many of you. Instead of thinking about the typical resolutions, i.e. lose weight, stop smoking, make more money, exercise more, etc. let’s try to think of some different tasks to do to make our lives more fulfilling and meaningful. Let’s all take a step back and think of how we really want this year to be different than the previous year.

I have listed some of the things that I thought were significant to me that you may want to consider. These tasks were taken from the top 101 most popular things to do for the New Year. Some of these things you may have already done, some you may want to do-others you’ll never do- and that’s all good. But whatever you choose to pack into your life, make sure get the most out of it! Believe you will succeed and you will. Make it simple and enjoy the list.

- 1. Graduate College
- 2. Donate blood
- 3. Write a letter to myself to open in 10 years
- 4. Sleep under the stars
- 5. Leave an inspirational note inside a book for someone to find

- 6. Don’t complain about anything for a week
- 7. Answer the “50 Questions That Will Free Your Mind”
- 8. Get a job
- 9. Watch the sunrise and sunset in the same day
- 10. Watch 26 movies I’ve never seen starting with each letter of the Alphabet
- 11. Tie a note to a balloon and let it go
- 12. Find out my blood type
- 13. Make a new friend
- 14. Don’t discriminate anymore-be acceptable to all genders and all races
- 15. See the Northern Lights
- 16. Go on a picnic
- 17. Build a snowman
- 18. No fast food for a month
- 19. Dance in the rain
- 20. No texting for a week
- 21. Find a personally inspirational quote
- 22. Buy a lottery ticket
- 23. Visit Italy
- 24. Read 100 books
- 25. Do some volunteer work
- 26. Write a book
- 27. Make a birthday cake for someone
- 28. Get a passport
- 29. Write all my bad memories on paper, burn this paper afterwards

- 30. Improve my posture
- 31. Go to the zoo
- 32. Send a message in a bottle
- 33. Carve my name on a tree
- 34. Not log into Facebook for a whole week!
- 35. Identify 100 things that make me happy
- 36. Take a Yoga class
- 37. Write a short story
- 38. Write a song
- 39. Learn a poem by heart
- 40. Go to 5 different museums
- 41. Visit the Grand Canyon
- 42. Take a dance class
- 43. Run a marathon
- 44. Watch a meteor shower
- 45. Learn a new word a day and expand my vocabulary by 100 words
- 46. Learn another language
- 47. Plant a tree
- 48. Put change in someone’s expired parking meter
- 49. Go fishing
- 50. Go back to school.

For more of the 101 top things to do log onto <http://dayzeroproject.com/top101/>

COMMUNICATION SKILLS CENTER

A Tutoring and Resource Center for Writing and Reading

Writing Workshops Spring 2012

Punctuation & Grammar

The Apostrophe

Tuesday, January 24 at 10:00 a.m.  
Wednesday, March 21 at 4:00 p.m.

Italics and Quotation Marks

Monday, January 30 at 11:00 a.m.  
Tuesday, April 10 at 10:30 a.m.

Capitalization

Tuesday, February 21 at 9:00 a.m.

Commas

Wednesday, February 15 at 4:00 p.m.  
Thursday, April 5 at 11:00 a.m.

Colons, Semi-Colons, Hyphens, and Dashes

Thursday, February 9 at 9:00 a.m.

Subject-Verb Agreement

Thursday, March 1 at 11:00 a.m.  
Monday, March 26 at 12:00 p.m.

Commonly Confused Words

Tuesday, March 6 at 11:00 a.m.  
Wednesday, April 18 at 4:00 p.m.

Research Papers & Essays

Write Winning Introductions and Conclusions

A workshop to help you plan, draft, and improve your paper’s introductory and concluding paragraphs.

Tuesday, February 14 at 10:00 a.m.

Planning and Writing Your Research Paper

A step-by-step guide to planning and writing your research paper.

Tuesday, March 21 at 11:00 a.m.

Integrating Sources into Your Research Paper

An introduction to integrating, formatting, and citing your sources in MLA and APA styles.

Thursday, April 19 at 9:00 a.m.

Application Essay

Writing Your College Transfer Application Essay

A three-part workshop to guide you through the process of writing your transfer application essay. Students are expected to attend all three one-hour sessions.

Part I: Elements of the Application Essay, Brainstorming, Outlining

Wednesday, February 8 at 1:00 p.m.

Part II: First Drafts, Individual Reflection, and Peer Critique

Wednesday, February 15 at 1:00 p.m.

Part III: Proofreading and Editing

Wednesday, February 22 at 1:00 p.m.

Workshops take place in the COMMUNICATION SKILLS CENTER, 208 HLC

To register: 508-854-7488 or [cscinfo@qcc.mass.edu](mailto:cscinfo@qcc.mass.edu)

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# Athletic Center

All offerings are free for QCC students. Fall and spring hours are:

Monday – Friday: 7:30am – 9:00pm

Saturday: 9:00am – 2:00pm

The Athletic Center is closed on Sunday

## AC equipment/facility offerings:

- Two Exercise Areas, including cardio, free weights, strength machines, cycling bikes, and much more
- Basketball Court
- Locker Rooms – restrooms, showers, sauna, lockers
- Ping Pong Table
- Program Room

## Programs:

- Circuit Training: M, W, F - 12:30pm – 1:15pm, Tu & Th - 4:15pm – 5pm
- Kung Fu: M & W - 11:30am – 12:15pm
- Indoor Cycling: M - 6pm - 6:45pm, W - 5:30pm - 6:15pm, Tu & Th - 12:15pm-1pm
- Yoga - Tu & Th - 12pm - 1pm & 5:15pm - 6:15pm, F - 11:30am – 12:30am
- Zumba - M - 6:15pm - 7:15, W - 6:15pm – 7:15pm

All programs are FREE for QCC students, staff, & faculty! Check The Q and posted signs for fall schedule.

## Intramural Sports

- Indoor Soccer
- Basketball
- Volleyball
- Flag Football
- Frisbee Golf

Check The Q and posted signs for fall schedule.

## Intercollegiate Sports

- Men’s Basketball ~ Coach Hadley Camilus 508-854-4211
- Women’s Basketball ~ Coach Lars Farnham 508-854-4492
- Baseball - Coach ~ Mike Fusaro 508-854-4316
- Softball - Coach ~ Cherie Comeau 508-854-4317

Basketball Tryouts will be held on October 1, 2011. Fall baseball and softball will be starting the first day of classes. If you are interested in playing an intercollegiate sport at QCC, please contact or stop by the Athletic Center.

## We want your suggestions!

If you have any suggestions about program classes or intramural sports that you would like offered, please stop by or contact the Athletic Center. We love to hear the opinions of our students, staff, and faculty. We want the Athletic Center to be a great place to spend some of your free time! Call us at 508-854-4317.



Photos provided by QCC Institutional Communications





2012 QCC Women's Basketball Schedule

| Day                               | Date | Time   | Team              | Field |
|-----------------------------------|------|--------|-------------------|-------|
| February                          |      |        |                   |       |
| Thursday                          | 2    | 5pm    | Massasoit CC      | HOME  |
| Saturday                          | 4    | 12pm   | Bristol CC        | HOME  |
| Saturday                          | 11   | 1pm    | Northern Essex CC | AWAY  |
| MCCAC State Basketball Tournament |      |        |                   |       |
| Saturday                          | 25   | 12/2pm | @ Holyoke CC      | AWAY  |
| Sunday                            | 26   |        |                   |       |
| March                             |      |        |                   |       |
| REGION 21 Tournament              |      |        |                   |       |
| Saturday                          | 3    | TBA    | @ Quinsigamond CC | HOME  |
| Sunday                            | 4    |        |                   |       |



2012 QCC Men's Basketball Schedule

| Day                         | Date | Time  | Team                 | Field |
|-----------------------------|------|-------|----------------------|-------|
| February                    |      |       |                      |       |
| Thursday                    | 2    | 7pm   | Massasoit CC         | HOME  |
| Saturday                    | 4    | 2pm   | Bristol CC           | AWAY  |
| Wednesday                   | 8    | 7pm   | Springfield Tech. CC | HOME  |
| Saturday                    | 11   | 3pm   | Northern Essex CC    | AWAY  |
| Thursday                    | 16   | 7pm   | Nashua CC            | HOME  |
| MCCAC Basketball Tournament |      |       |                      |       |
| Saturday                    | 25   | 4/6pm | @ Holyoke            | AWAY  |
| Sunday                      | 26   |       |                      |       |
| March                       |      |       |                      |       |
| Region 21 Tournament        |      |       |                      |       |
| Saturday                    | 3    | TBA   | TBA                  | AWAY  |
| Sunday                      | 4    |       |                      |       |



# QCC Softball

Players needed for spring 2012 season. All skill levels welcome! Practices have started, but you can still join!

If you are interested in playing softball for QCC, please contact Coach Cherie Comeau  
Call/text 774.292.0201 or email [ccomeau@qcc.mass.edu](mailto:ccomeau@qcc.mass.edu)





# book review

## 11/22/63

By Stephen King

Reviewed by Ross A Morin



How does Stephen King, The New York Times bestselling author of over 50 novels and screenplays, keep his work fresh and relevant? By completely changing his entire writing style of course. In many ways King's new novel *11/22/63* is new territory for the man who defined the horror and suspense genres, as he uses the real people and places involved in the assassination of President Kennedy for the setting of the book.

This book is a great departure for King both in genre and in style. He continues to use the 'balls to the wall' nonstop writing style that he developed for *Under the Dome*, keeping the pace frantic even as the novel covers a 7 year time span. Even with the increased pacing of the novel King still

demonstrates his incredible skill for character development not only for the main and secondary people, but also for the real villains involved in the assassination. The fact that King uses the real history of the people and uses his characters as witnesses to the events gives insight (and yes educational information) to the dark days leading up to Kennedy's death.

The premise of the story is extremely complex, even for an author known for complicated story-lines. The main plot revolves around English teacher Jake Epping (of 2007) being coerced by his diner owning friend Al into going back in time (via a wormhole located in his restaurant's pantry) to prevent the Kennedy assassination, and in the process making the world a much better place. The problem is that the time portal only goes to one point in time, September 9, 1958, which means whoever goes back has to live in the past for 5 years to change the events of the assassination. Jake being the great guy that he is decides to make other changes to the past along the way to better the lives of people from

his present (time tenses are especially difficult when critiquing a story of time travel) and with each change he makes the past becomes more resistant to his intrusions.

It is through Jake's actions in the past that the other two forces of conflict are introduced by King. The first of these is that the past is obstinate, it does not want to veer from the predestined path, and is both willing and able to intervene on its own to produce obstacles to protect the proper path. These challenges can be everything from a blown tire or tree blocking the road, to people feeling that Jake is out of place and stopping him just at the wrong time. The second theme King introduces is a common quandary when it comes to stories of time travel, The Butterfly Effect. The Butterfly effect is a theory that states even small actions (such as a butterfly flapping its wings) have huge unforeseen effects. For *11/22/63* Jake is the catalyst for change, not only for the assassination, but for all the little things he does along the way.



Stephen King

Stephen King's first foray into the genre of historical fiction is a resounding success. The story should have greater appeal beyond his normal fan base as the story is both streamlined for reading pleasure, and complex in both setting and themes. My only complaint is that the book ended, because I wish there was just more to read.

# The President and the Assassin, McKinley, Terror, and Empire at the Dawn of the American Century

By Scott Millar

Reviewed by Joe Mogel



At 420 pages the book seems far more intimidating than it actually is. The book covers the stories of President William McKinley (1897 - 1901) and his assassin, Leon Czolgosz. Though you might expect the split narrative to make the read more difficult, Millar's style is actually easier than if it were a single narrative. Weaving in and out of the two lives at mutually influential points creates the sense of a joint experience.

Background and significant others are also explored. The uniting element between McKinley and Colgosz was anarchy, the President against it and the Assassin for it. To help the reader's

understanding of the movement, leading anarchists, most notably Emma Goldman, are given decent space and have their stories detailed. While profiling the major players in this real life drama, Millar gives their first hand views on the political and economic state of the nation and where they believe things should, and are, going.

In addition to detailing the people, social and economic conditions of the time, Millar delves into both the Spanish-American war and the Haymarket bombing in Chicago. The Spanish-American war was the turning point in modern American history. Prior to the war, America was seen as a back water nation among European nations. After defeating Spain, an old world power, America was seen as a military and economic equal with Europe. The Haymarket bombing, a clash between anarchist speakers and police that ended in a bombing

and shooting on May 4th, 1886, had significant impact on public views. After this incident anarchists were then seen as violent, raving zealots.

The other side of the aisle is no less scathed. The hyperactive defense of wealth by early industry magnets and the willingness to resort to violence against the working class are in the grisliest detail. Included is the excitement with which the general American public embraced the idea of empire. The idea of conquering foreign lands and exporting the American way of life was not only accepted, but celebrated.

All of the above leads up to the last couple chapters, where the assassination is actually described. The extensive lead up puts the assassination into very clear perspective. The motives behind Czolgosz' actions are crystal clear, as well as McKinley's last hours.



President McKinley

Over all, Scott Millar's book throws light onto one of the least studied periods in American history. His use of provocative individuals and extreme situations helps to breathe life into what seems, from the outside, to be a dusty corner. An extremely clear and easily understood writing style doesn't hurt either.

Books are rated from 1-5 stars.  
5 is the best rating.



# Black Women Writers

Edited By Mari Evans

Reviewed By Averi Hamilton



Whether you are a black writer aficionado like myself or are just looking for a book to educate and inspire you this Black History Month, I strongly recommend that at some point you turn to *Black Women Writers*, a compilation of classic essays written by some of the greatest African American women writers of all time. This book includes essays from 42 writers including Nikki Giovanni, Dr. Maya Angelou, Alice Walker and Gwendolyn Brooks.

Ohio native Mari Evans, best known for her short fiction stories, children stories, poems and plays, compiles the works of these profound women from a significant time in history: the 1950s to the 1980s. It was during these four decades that both the civil rights and women’s movements were underway and the voices of strong, articulate, black women were vital to the success of these movements. Reading the essays immersed me into the social, political, and emotional reform of these

decades through the eyes of not only black women writers, but all African-Americans. The perspectives these women employed in their writing were ahead of their time, and is still very relevant to the reforms occurring today such as healthcare and Gay, Lesbian, Bisexual and Transgendered Rights.

My favorite of the essays was the first in the book entitled, *Shades and Slashes of Light* written by Maya Angelou. In this brief but powerful piece, Angelou explores the many reasons writers choose to write and gives the reader a mental movie of what her life is like during her personal writing process. She concludes the essay by telling the reader that she wears a hat when she writes so that “[she] may keep [her] brains from seeping out of her scalp and running in great gray blobs down [her] neck, into her ears, and over [her] face.” I felt that Angelou’s essay was a great opening to the book because it gave insight to the passion that writers have for their work.

Evans offers two critical evaluations of each writer after their essay. For example, after Toni Morrison’s compelling, *Rootedness: The Ancestor as Foundation* follows *The Quest for Self: Triumph and Failure in the Works*



*of Toni Morrison* by Dorothy H. Lee and *Theme, Characterization and Style in the Works of Toni Morrison* by Darwin T. Turner. This technique is to be applauded as it is not common in most nonfiction. Evans also includes a short bio and selected bibliography for each writer. Most of the forty-three essays included were written especially for *Black Women Writers*, which in my opinion speaks volumes for the respect for Mari Evans and her place in history as a black woman writer.

*Black Women Writers* is undoubtedly

a classic treasure for any collection of literature. It can be opened time and again, and appreciated each and every time. I discourage anyone from reading it because they are not black, a woman or a writer. I recommend that anyone with the opportunity to read this book takes advantage of its wisdom and you don’t have to go too far to read it; it is available in QCC’s Alden Library in the Harrington Learning Center.

*Black Women Writers* was published in 1984.

# The Boy with the Cuckoo Clock Heart

By Mathias Malzieu

Reviewed By Caitlyn Lambert



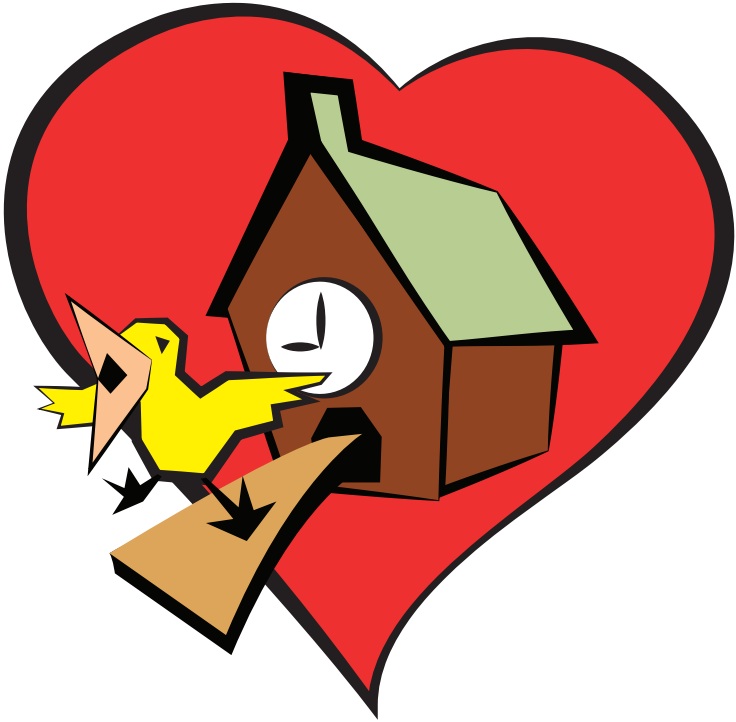
Jack, the main character of this short novel, is born on the coldest day on earth with a frozen heart. Immediately after he is born, Jack is given up for adoption to the mid-wife, Dr. Madeleine, who then fixes Jack’s heart by implanting a cuckoo clock into his chest. Dr. Madeleine tells Jack that, because of how fragile his heart is, he has to keep his emotions in check and can never fall in love. But on Jack’s 10th birthday, after seeing Miss Acacia sing in the town, Jack falls in love with her on the spot. He then tries everything he can to meet her again; from going to school where he is bullied constantly to traveling across Europe with a magician.

While this book sounds like a charming novel from the synopsis, this book drastically fails to hold up the promise. Throughout the book Malzieu uses a first person narrative through the eyes

of Jack, which works well for the most part, but when he’s a baby recalling every detail of when he was born just makes the book seem false right away. And from there it just seems to get worse. The book keeps jumping from different points in Jack’s life, never spending much time on any point or any character. At one point I was

starting to like Dr. Madeleine and her over-protective motherly ways toward a child that wasn’t her own, but then it just stops short.

Another major flaw in the book was the over use of metaphors and similes throughout the story. While at the beginning of the book they seemed



like an interesting stylistic choice, they soon became annoying and tedious to read. At some points the metaphors didn’t even make sense or just disrupted the storyline; like this one “Coming from Joe’s mouth, the word ‘dreaming’ sounds as incongruous as an Alsatian dog being careful not to get any crumbs on his coat while he eats a croissant.” Some of them were also used in a creepy, Freudian way that just made the book even more grueling to read.

One of the final points that can be made is its disappointing ending which either leaves all the major characters dead or embittered. What makes this all the more pitiful is that you don’t even care by the end. The lack of plot and the over stylized prose combined make the characters two-dimensional and hollow. In summary, *The Boy with the Cuckoo Clock Heart* was a massive let down and gets one out of five stars for brief points of interest and good cover art.

Book review continues on the following pages.

# Catch-22

By Joseph Heller

Reviewed by Stephen Shuler

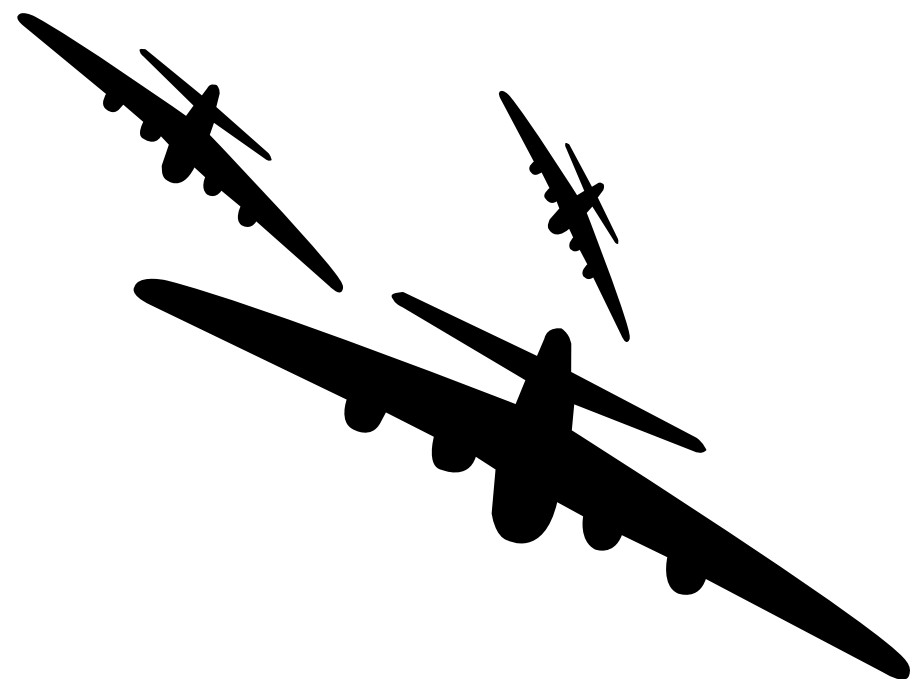


There are many reasons to read this excellent novel. The story revolves around a man named Yossarian, who is finding ways to beat the military system. The book carries a diverse sense of humor that gives off the satirical and dark humor of the military in the 1940's.

In *Catch-22* a man named Yossarian is assigned to make bomb runs for the U.S. military in World War II. He is one of the few soldiers who refuse to risk his life in the face of war, which causes controversy. You see that Yossarian uses more time and energy on ways to not go into battle than using that time and energy on the bomb runs he is ordered to perform. This causes the story to have a very ironic vibe. Colonel Cathcart, who is making Yossarian's attempts to avoid missions

more difficult, plays the antagonist for Yossarian. Colonel Cathcart keeps raising the mission count in order to get a promotion, creating a push and pull effect.

*Catch-22* is based around the ridiculousness of the military. For example, Yossarian's excuses for not being able to attend the bomb run range from making up a disease that is lethal to him, yet he is back on his feet the day after. A dark sense of humor ensues in the story, like when one of the crew members is killed during one of the runs in an absurd way. With the mixture of the satire and dark humor, *Catch-22* delivers a mixed bag of styles that can intrigue the reader. Other soldiers are also shown, with a look as if they're complete idiots who do not know how to follow basic orders, even if those orders hit them in the back of the head. Yossarian's, and other characters', duplicitous actions lighten up the mood the horrors of war. *Catch-22* carries a great deal of humor and comedy to the reader, in order to display the wackiness as like a bunch of baboons are running the military.



The "catch" in *Catch-22* basically shows how the situation that Yossarian is in is quite the contradiction. To get out of the military, he has to do the bomb runs unquestioningly which prove he's crazy. To get out of the military he has to be crazy and ask to leave. But, if he asks to get out he can't be crazy. This catch, in various permutations and forms, cycles through the story over and over again.

This is a good story, showing how the military is full of greed and self-promotion, illogical behavior alongside the satire and dark humor. *Catch-22* is an excellent novel that will be enjoyed for generations to come.

*Catch-22 was first published in 1961.*

## Epic Series: Adventure, Romance & Fantasy

Reviewed by Ross & Cristina Morin

With the sheer numbers of books being released on a monthly basis it is not so hard to find a good book to cuddle up with. As much as we love to read a good book (there are enough to never run out), we much prefer to read series of novels, mainly because we like to watch the characters mature over their multi-book lifespans. The challenge though when you read as much as we do, is to find well written and established series that allow the characters, worlds, and adventures to continue on past the first book. While this list is nowhere near as comprehensive as we would have liked, it provides the avid reader with over 70 books for their reading pleasure spanning the genres of adventure, thriller, suspense, horror, vampire, romance, and fantasy.

R.A. Salvatore's *The Legend of Drizzt Do'Urden*

**First book:** *The Crystal Shard* **Total Novels:** 18



The underlying concept that the many Drizzt books revolve around is as simple as it is profound: that a person should be judged for their actions, not the acts of their ancestors. Drizzt is a dark elf, born to a society where extreme evils are commonplace and normal. He is a man that is good and pure to the core of his being and as such chooses to flee from his homeland rather than live by their rules. The challenges that he faces are not lessened by this decision though, as the outside world regards all dark elves as evil and attacks them on sight. Over

the course of the series Drizzt proves himself to be a great hero, proving that a person is more than just their genetics.

Laura K. Hamilton's *Anita Blake Vampire Hunter series*

**First book:** *Guilty Pleasures* **Total Novels:** 20

Anita Blake is the story of a vampire hunting necromancer who utilizes her many skills for two purposes. The first of these is her day job solving crimes involving supernatural beings for various police organizations. The second is probably the real reason behind Hamilton's massive success of the series: Anita has very graphic sexual relations with Vampires, Werewolves, Werepanthers, humans and much more. In many ways the sex and relationships that Anita takes part in are as central to the unfolding story and developing characters as the action and suspense are. Each of the many novels is a treasure hunt, where the reward is the unfolding evolution of Anita, and her satisfying sexual exploits (or so women who have read the books say).



Terry Goodkind's *The Sword of Truth*

**First book:** *Wizards First Rule* **Total Novels:** 13

The Sword of Truth series begins with simple woodsman Richard Cypher stumbling upon a woman being attacked by a large group of men. Being the standup gentleman that he is he saves her and unlocks the greatest chain of coincidences and bungling world destroying errors ever placed upon the written page. Each book in the series ends with

Richard fixing the problem at hand only to create a bigger and more dangerous situation in turn. Even with the cliché of the shortsighted and overpowered hero, the series is unmatched in its mass scale combat and unique interpretation of a world of magic.

Charlaine Harris's *Sookie Stackhouse True Blood*

**First book:** *Dead Until Dark* **Total Novels:** 11

The books that spawned the hit HBO show are fantastic examples of the modern vampire genre. Set in Louisiana the books chronicle the life of Miss Sookie Stackhouse, a woman cursed with the ability to read minds. Most of the books revolve around her escapades in being used as a tool of the various hidden racial factions (vampires, shapeshifters, werewolves, demons, fairies, etc) while trying to assert her own will upon the world. While there are examples of sex within the books, most are reflective of the romance between characters, not the graphic erotic encounters of the Anita Blake series, and not nearly as graphic as shown on the HBO series True Blood.

Robert Jordan's *The Wheel of Time*

**First book:** *Eye Of the World* **Total Novels:** 14

Time and events within the world of The Wheel of Time continue to repeat for all eternity, with the major players in the story of the world all being reincarnations of the great players in generations past. Central to this swirling chaos is the story of the main protagonist Rand Al'thor, who unfortunately is the reincarnation of the man who destroyed the world in a previous age. The series tells the story of Rand's race against time and fate as he tries to break free of the demands of fate, while at the same time fighting his own descent into the taint of insanity. Though each book is massive the frequent shift in perspective amongst the many secondary characters helps to break them into manageable bits.



## ***“The Things They Carried”* book review continued from Page 1.**

My second reading of *The Things They Carried* inspired me to interview my son-in-law, which I did two days before his birthday on January 12th. Before being promoted to Corporal, Martins title was an Airborne Specialist Ranger Qualified. Martins followed in the footsteps of his father who also began as a soldier and worked his way to Ranger. As a young man Martins joined the National Guard and served 10 years in the armed services with 4 years in Afghanistan. Martins modest apartment is adorned with 15 medals, awards and ribbons that decorate his uniform and honor his bravery and courage. Martins admits his private award was given by his commander. Picture a road in combat, helicopters coming down to pick up the wounded, Afghanis down, and an 85 truck convoy being lead to take over enemy position, and your commander turns to you to ask your opinion. Just being asked was an honor.

When I asked Martins if he was familiar with O’Brien’s book, he assured me that although the book is fiction, Martins has carried 30lbs in guns M-4 and M-9 with 20 lbs of ammunition harnessed to his chest, and 2 or more pounds of additional

ammo strapped to his legs. When asked about the emotional weight, Martins admits that the military trains you to remain focused without dismissing ones love for family and friends; it has to take a certain structure. Martins says he dearly loves his wife and 2 sons, but he also loves the army.

Martins was chosen to use his expertise to train Afghanistan Police Officers to properly arrest, cuff and detain law breakers. To do this he had to learn the local language of Dali and Pastiu along with a few cordial phrases just in case. The modest hero told me that he declined a chance to be featured on NBC’s Dateline show along with his unit.

Fact or fiction, writer or hero, O’Brien and Martins touched my heart with the ability to share war events with civilians.

*The Things They Carried*, first published in 1990, won the prestigious French Prix du Meilleur Livre Étranger, Chicago’s Tribune Heartland Prize and was a finalist in both The National Book Critics Circle Award and The Pulitzer Prize.

## **Earn \$75 Become a Notetaker**

**Disability Services  
wants to pay you**

**\$75**

**for a copy of notes you  
take in your classes for  
Spring Semester  
2012**

**For more information on  
becoming an  
“In-Class” Notetaker  
contact:**

**Disability Services  
508-854-4471  
Room 246 A  
disabilityservices@qcc.mass.edu**

**The March edition of  
the Open Door will be  
on stands March 1<sup>st</sup>**

## **The Open Door Is Sponsoring A Student Photo Contest**

**Here’s your chance to showcase your talent!**

This contest is only open to currently enrolled students

**Submissions accepted from January 17 - February 28th**

### **Submission**

Students can submit photos two ways:

1. Students can send their photos and contact information to [qccphotocontest@gmail.com](mailto:qccphotocontest@gmail.com)
  2. Submit your photos on a CD saved as a JPEG or PDF file(s) format to the Student Life Office in the Fuller Center. Resolution must be 400-500 kb 600x800 pixels.
- \* Limit two photos per student, whether it’s landscape, portrait, still life, etc.
- \* Include the title of each photo along with your name, phone number, email and student ID number. Photos should be taken within the past 2 years and not been previously published or part of a contest. Submissions will be available for viewing on The Q.

### **Prizes**

First Prize:

2 Tickets for the Student Life trip to Boston May 5th for the Duck Tour and Science Center plus 4 movie passes to Showcase Cinemas.

Second Prize:

\$35 Gift Certificate to the QCC Bookstore and 2 movie passes to Showcase Cinemas.

Third Prize:

4 movie passes to Showcase Cinemas.

As a bonus the winning photographs will be displayed in the HLC library.

### **Judging**

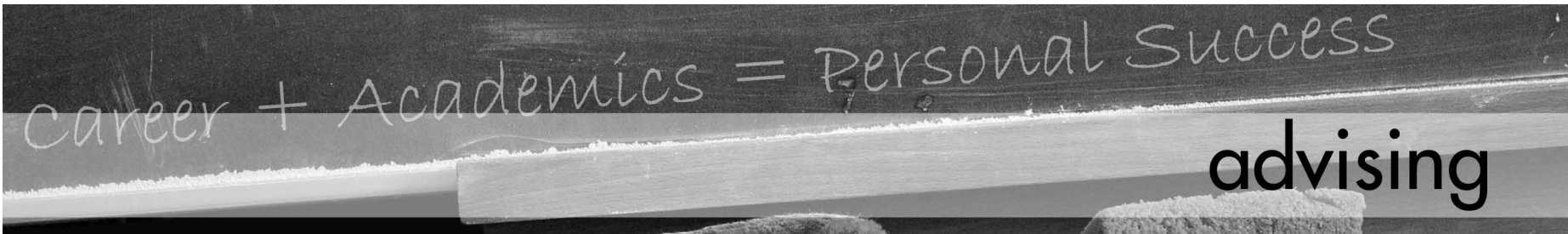
-Begins in March. Winners will be notified and announced in April.

Winners will be posted on The Q.

\* Please note that while artistic expression is welcome, works expressing anything uncivilized or lewd will be disqualified.

If you do not have Photoshop, go to [Irfanview.com](http://Irfanview.com) for a free download to compress photos.





## Career, Academic, & Personal Success

*From the Office of Career and Academic Planning (Advising Offices)*

General Advising & Health Career Advising: Room 61A [advising@qcc.mass.edu](mailto:advising@qcc.mass.edu) (508) 854-4308

### CAPS Staff (Advising & Testing)

|  |   |
|--|---|
| <p><b>Maria Addison, Director</b><br/><b>Liza Smith, Coordinator</b><br/><b>Diane Levinson, Coordinator</b><br/><b>Henry Ritter, CAPS Advisor</b><br/><b>Martin Muysenberg, CAPS Advisor</b><br/><b>Tenisha Mincey, CAPS Advisor</b><br/><b>Jennifer Guzman-Gayflor, CAPS Advisor</b><br/><b>Ray Lawless, CAPS Advisor</b></p> | <p><b>Lamont Slater, Assessment Specialist</b><br/><b>John Mitchell, Assessment Specialist</b><br/><b>Ruth Cole, Front Desk Staff</b><br/><b>Linda Brunell, Front Desk Staff</b></p> <p>In addition to the full-time staff listed above, over 25 part-time advisors, testing proctors, and clerical staff also assist students with advising and testing needs.</p> |
|--|---|

### Computer Information Systems: Web Development Option

Do you have effective communication skills? Do you have strong problem-solving and analytical skills? Do you like working with computers? If you answered ‘yes’ to any of these questions then a career in Web development may be for you. The **Web Development Option** provides students with a thorough knowledge of Web and Internet server technologies and programming. The curriculum includes state-of-the-art Web applications and programming and focuses on user, business and data services. Students learn the most critical Internet information services such as emails, file transfers, business-to-business, business-to-customer, design database-driven web pages and n-tier Web applications. Students also write programs using some of the most popular programming languages.

**Mean Wage in Massachusetts**  
Web Developers - \$75,660 (annually)  
Web Administrator - \$79,240 (annually)

**For more career information visit the following websites.**  
[www.bls.gov](http://www.bls.gov)  
[www.masscis.intocareers.org](http://www.masscis.intocareers.org)

**Did You Know...?**

- Web administrators and Web developers will be needed to accommodate the increasing amount of data sent over the Internet, as well as the growing number of Internet users. In addition, as the number of services provided over the internet expands, Web administrators and developers will continue to see employment increases.
- Overall employment of computer network, systems and database administrators is projected to increase by 30% from 2008-2018, much faster than the average for all occupations.

**Professional Organizations**

- Association for Computing Machinery (ACM): <http://computingcareers.acm.org>
- National Workforce Center for Emerging Technologies: <http://www.cs.washington.edu/WhyCSE>
- National Center for Women and Information Technology: <http://www.ncwit.org>

Sources: Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook, 2010-11 Edition*, Computer Network, Systems, and Database Administrators, on the Internet at <http://www.bls.gov/oco/ocos305.htm> (visited January 10, 2012). Quinsigamond Community College at <http://www.qcc.edu> ; O\*NET Online, on the Internet at [www.onetonline.org/link/summary/15-1199.03](http://www.onetonline.org/link/summary/15-1199.03) and [www.onetonline.org/link/summary/15-1134.00](http://www.onetonline.org/link/summary/15-1134.00) (visited January 17, 2012).

### Important Information for Students

|   |   |
|---|---|
| <p>“The college uses Qmail as an official means of communication with students. <i>All students are expected to read their college email regularly and respond appropriately.</i>”</p> <p>Source: QCC 2011-2012 Catalog</p> <p><b>Dates to Remember:</b></p> <p><b>Sat. Mar. 10<sup>th</sup></b> – Progress grades available for students to view on The Q.</p> <p><b>Sun. Mar. 11<sup>th</sup> to Sat. Mar. 17</b> – Spring Recess – No Classes.</p> <p><b>Mon. Mar. 26<sup>th</sup> – Fri. April 6<sup>th</sup></b> – Priority registration for returning students.</p> <p><b><u>Remember to contact your assigned advisor should you have any academic issues.</u></b></p> | <p><b>Join us on Walk-in Wednesdays!</b><br/>8:00a.m. – 6:30p.m.<br/>Room 61A<br/>No Appointment Necessary!</p> <p><b>Services include:</b> Academic Advising, Career Planning, Course Scheduling and More...</p> <p><b>Contact us to:</b></p> <ul style="list-style-type: none"><li>Create a career plan.</li><li>Attend a career planning session; to sign up call 508-854-4308.<br/><a href="http://www.qcc.edu/images/capsession.pdf">http://www.qcc.edu/images/capsession.pdf</a></li><li>Discuss your goals (educational and career) with an advisor.</li></ul> |
|---|---|



# Transfer MORE credits

from your QCC program into a Bachelor's through  
Continuing & Career Education at Assumption

See the QCC Transfer Office for details about the generous transfer credit policy at Assumption College.  
We apply up to 75 credits to your Bachelor's degree –15 credits more than most other colleges!

**QCC Associates' Programs transfer into**

- Human Services ----->
- Applied Arts (AS) ----->
- Automotive Technology (AAS) ----->
- Basic Engineering (AS) ----->
- Computer Information Systems (AS) ----->
- Computer Science-Transfer (AS) ----->
- Computer Systems Engineering Technology (AS) ----->
- Electromechanical Technology (AS) ----->
- Electronics Technology (AS) ----->
- Manufacturing Technology (AS) ----->
- Telecommunications Technology (AAS) ----->
- Telecommunications Technology-Corporate (AAS; Verizon ) ----->
- Business Administration-Transfer (AS) ----->
- Business Administration-Career (AS) ----->
- Hotel & Restaurant Management (AS) ----->
- Business Administration-Transfer (AS) ----->
- Business Administration-Career (AS) ----->
- Computer Information Systems: Database Option ----->
- Computer Information Systems: Web Development Option ----->
- Hotel and Restaurant Management (Foodservice Mgmt. Option) ----->
- Hotel and Restaurant Management (Hospitality Mgmt. Option) ----->

**Assumption College Bachelors' Programs**

**Bachelor of Arts in Human Services and Rehabilitation Studies**

**Bachelor of Science in Social Science OR Bachelor of Arts in Humanities**

**Social Science concentrations**

- Anthropology
- Criminal Justice
- Human Services & Rehabilitation Studies
- Political Science
- Psychology
- Social Science
- Sociology
- Designer

**Humanities concentrations**

- English
- History
- Humanities (Art, Music, Foreign Language)
- Literature
- Philosophy
- Theology
- Designer

**Bachelor of Business Administration**

**Bachelor of Business Administration**

**Bachelor of Business Administration-Designer Concentration**

**Bachelor of Business Administration-Designer Concentration**

**Bachelor of Business Administration-Designer Concentration**

**Bachelor of Business Administration-Designer Concentration**

Learn why former QCC students say  
**"Assumption was the best transfer school for me!"**  
See back cover of this publication.

• **Transfer up to 75 credits – saves money and quickens your graduation**

(See ad in Transfer Section of this publication for details)

• **Small class size, individual attention!**

• **Personal academic advising!**

• **Personal career advising!**

• **Private college education and service!**

**Incomparable value - lower cost to attend than a state college!**

| 3-CREDIT COURSE               | Local State College | Assumption College |
|-------------------------------|---------------------|--------------------|
| Tuition                       | \$121.26            | \$885.00           |
| Administrative Fees           | \$736.74            | \$20.00            |
| Capital Improvement Fee       | \$49.50             | None               |
| Health, Activity, & Tech Fees | \$49.11             | None               |
| Parking Fee                   | \$72.00             | FREE Parking       |
| Total: \$1028.61              |                     | Total: \$905.00    |

**Call today to schedule  
an appointment with an  
academic counselor  
and/or career advisor:  
508-767-7364**

*Go Places.*  
www.assumption.edu /cce



# Training and Education Center

## Open Door – February 2012

Training & Education Center  
Phone: 508.751.7900  
Email: [cce@qcc.mass.edu](mailto:cce@qcc.mass.edu)  
Website: <http://cce.qcc.mass.edu>  
Contact us for more information and/or to register!

### TEAS Review Classes

|         |      |        |          |      |
|---------|------|--------|----------|------|
| Math    | Sat  | Feb 11 | 9am-2pm  | \$59 |
| Science | Sat  | Feb 18 | 9am-2pm  | \$59 |
| English | Sat  | Feb 25 | 9am-2pm  | \$59 |
| Reading | Sat  | Mar 3  | 9am-2pm  | \$59 |
| Math    | Tue  | Mar 20 | 5pm-10pm | \$59 |
| Science | Thur | Mar 22 | 5pm-10pm | \$59 |
| English | Tue  | Mar 27 | 5pm-10pm | \$59 |
| Reading | Thur | Mar 29 | 5pm-10pm | \$59 |
| Math    | Sat  | Apr 7  | 9am-2pm  | \$59 |
| Science | Sat  | Apr 14 | 9am-2pm  | \$59 |
| English | Sat  | Apr 21 | 9am-2pm  | \$59 |
| Reading | Sat  | Apr 28 | 9am-2pm  | \$59 |
| Math    | Tue  | May 22 | 5pm-10pm | \$59 |
| Science | Thur | May 24 | 5pm-10pm | \$59 |
| English | Tue  | May 29 | 5pm-10pm | \$59 |
| Reading | Thur | May 31 | 5pm-10pm | \$59 |

### Combination Special!

Register/pay for 2 review classes.....\$108 (save \$10)  
Register/pay for 3 review classes.....\$155 (save \$22)  
Register/pay for 4 review classes.....\$199 (save \$37)

### Veterinary Assistant

Info Session – Thursday, February 16, 7:30-8:30pm,  
280 May Street, Worcester  
Course: March 6 – June 5, Tuesday, Wednesday,  
Thursday, 6-9pm

### Ophthalmic Medical Assistant

Info Session – Thursday, February 16, 6-7pm, 280  
May Street, Worcester  
Course: March 6 – July 24, Tuesday & Thursday,  
5:30-9:30pm

### Community and Medical Interpreting

March 6 – May 3, Tuesday & Thursday, 6-9pm  
March 17 – May 12, Saturday, 9am-3pm

### Personal Fitness Trainer Certification

Info Session – Saturday, February 25, 10-11am,  
QCC Athletic Center

Saturday course: March 10 – May 5, Saturdays,  
9am-2pm

Info Session, Tuesday, March 13, 6-7pm, QCC  
Athletic Center

Weekday evening course: March 27 – May 24,  
Tuesdays & Thursdays, 6-8pm

### Phlebotomy/EKG Technician

February 21 – June 7, Tuesday & Thursday,  
9am-1pm  
February 21 – June 7, Tuesday & Thursday, 5-9pm

### Online Career Training

Medical Coding and Billing  
Medical Transcription  
Pharmacy Technician  
Medical Administrative Assistant  
Administrative Assistant

For more information, including course descriptions  
and cost, please go to the Training & Education  
Center website or contact us.

## THE Q BREW

The Qbrew will be open on  
Saturdays starting October 22nd  
2011 in the Surprenant Hall from  
8:00am to 11:30am!

*Come and Enjoy  
our Coffee, Tea,  
Breakfast Pastries,  
and more!*

The Qbrew is  
sponsored by:

The QCC Business &  
Entrepreneurship Club

Please Support QCC Clubs:  
Support the Q Brew!



## Raffle! Raffle! Raffle! Raffle!

Raffle! Raffle! Raffle! Raffle! Raffle!

## Wyvern JobNet



**QCC's 24/7 State of the Art Job Board**  
Ft/Pt Jobs • Co-op's • Internships  
• Volunteer Opportunities

### Your Career starts here!

Create an account on QCC's Wyvern  
JobNet or log onto your existing account during  
the month of February and your name will be  
entered into our raffle for some **Great Prizes**  
courtesy of Career Placement Services!!!

### Prizes!!!!

- Flash Drives
- QCC Bookstore Gift Certificates

To register for the job board go to:  
<https://www.myinterfase.com/qcc/student>

Tutorial available on how to use job board at:  
<http://goo.gl/WcLKw>

Or visit Career Placement Services, Room 272A  
(508) 854-4439  
[careerservices@qcc.mass.edu](mailto:careerservices@qcc.mass.edu)





# Quinsigamond Children's School

## Classroom 1- Exploring the Properties of Light

By Karyn Kachadoorian

The children in Classroom 1 are exploring the different properties of light. By creating shadows of objects on the wall using an overhead projector and a variety of materials including colored cellophane shapes, clear plastic colored rods and gems, we have made some discoveries about light and color; the colored transparent objects reflect color on the wall where the opaque objects reflect only the shadow outline of the object.

The children have also been exploring light and shadows in the classroom using a spotlight lamp as the light source, and a wall covered with white paper. They have made discoveries about their own shadows and experimented with making their shadows smaller and larger by moving closer and farther from the light source. They have also looked at the shadow wall and guessed whose shadow was whose among the group and danced to music watching their shadows.

From these discoveries we created a list of all the different light sources we've learned about. We talked about natural light from the sun, moon and stars and came up with ideas for artificial light such as lamps, flashlights, light bulbs, street lights and candle light. Experiments were done with artificial light during our "day in the dark" using flashlights in the classroom, a lamp for cozy lighting in the book corner, and LED battery operated candles in dramatic play. The children ate snacks to violin music by battery operated candle light, and had LED tea lights for the doll house and LED submersible lights in the water table. We are continuing this exploration of light and shadows as we will explore how shadows change with the direction of the light source.

# Quinsigamond Children's School

## Classroom 2- Classroom Tea

By Jill Arrell

It has been very busy in Classroom 2 of the Quinsigamond Children's School; we held a Family Tea for the children and their families and it was a great success. The children were excited as they cooked the delicious pumpkin bread that was served. We had fancy tea pots and the families were served by our gracious Early Childhood student teachers. The day of the party children refused afternoon snack and stated quite firmly that they were waiting for the tea party and their parents! It was a wonderful afternoon filled with lively conversations between families and the staff.

It was also a great opportunity for the student teachers to observe what it takes for a classroom family event to be planned and carried out. They were able to see the steps through and be a there for the event as it unfolded.

For more information about the on campus Quinsigamond Children's School contact 508 854 4220 or [janel@qcc.mass.edu](mailto:janel@qcc.mass.edu). Some students may qualify for financial assistance. Registration for the summer and fall programs to begins soon so contact the office and submit an application.

Get all of the campus news & more in **The Open Door.** On stands and The Q the first Thursday of each month.

Quinsigamond Children's School offers to young children (2 years, 9 months to 5 years of age) a program that fosters appreciation of self, others, and the world around them. It promotes self motivated learning through discovery and hands-on involvement with the environment. Emphasis is placed on meeting individual needs while encouraging respect for others.

**Now open to 5 pm FOR THE FULL YEAR!**

| Hours         |             |                   |
|---------------|-------------|-------------------|
| Classroom I:  | Mon/Wed/Fri | 7:15 am- 5:15 pm  |
|               | Tues/Thurs  | 8:30 am- 3:30 pm  |
| Classroom II: | Mon-Fri     | 7:15 am - 5:15 pm |
|               | Mon/Wed/Fri | 7:15 am - 5:15 pm |
|               | Tues/Thurs  | 7:15 am - 5:15 pm |

For further information please contact: [janel@qcc.mass.edu](mailto:janel@qcc.mass.edu) or you may call **508.854.4220**

570 West Boylston Street, Worcester, MA 01606

Accredited by: NAEYC



# records & registration

## Key Dates and Deadlines

### Add/Drop period ended Tuesday, January 24

**The last day to withdraw (W) without penalty is Friday, April 6.** If you want to withdraw from a class, you must collect a signature on the withdrawal form from the instructor or your academic advisor. Withdrawal forms are available at the Registrar's Office room 152A or the Advising Office Room 61A. Return the completed form to the Registrar or Advising Office. After April 4, you no longer have a right to the W grade. Your instructor may choose to assign the grade of W or the grade of F. Don't miss your opportunity to claim your right to the W grade. If you are thinking about withdrawing, you should discuss this with your instructor and your academic advisor as soon as possible

**Will you be finishing your degree or certificate in May or summer?** If so, you should already have filed your Intent to Graduate Form (available in the Registrar's Office or on the Q). If not, do it right away.

We don't know if you plan to graduate unless you tell us. Once you do file, we perform a final audit of your records to make sure all your degree requirements are met and notify you by QCC email if any remain. We also can order your diploma making sure your name will read exactly the way you want. If your middle name is say, Percival, and you'd rather have your middle initial printed, this is how we know your preference. If you wait too long we won't have time to clear you for graduation and order your diploma. You worked hard to earn your degree or certificate, don't let red tape trip you up now.

**February 7 All College Day:** NO CLASSES BOTH DAY AND NIGHT

**February 20 Presidents' Day:** NO CLASSES.

**Midterm grades available 3/10/12.** Check the student portal – the Q.

**Spring Break** week of 3/11/12 to 3/17/12: NO CLASSES.

**Fall and summer course schedule available** on Web and in hard copy about March 20. It's usually up on the web before we get hard copies back from the printer.

**Priority registration for returning students is from March 26 to April 6.** You have seniority over all new students. Lab sciences and lots of other classes fill quickly. Book your space early. Remember you do not need to pay when you register early. We will bill you.

**The last day to change to or from an AUDIT is April 6.**

**Do you have INCOMPLETE grades hanging from Fall or Intersession?** If so, get cracking. The deadline is April 20. If you're missing work is not in your professors' hands by this date, the grade turns to an F. That's a very generous time table. Don't expect any extensions beyond this deadline.

## Records & registration question of the month:

**Every time I register for classes I end up getting screwed. I get put into classes that don't count toward my degree, I get a lousy schedule, or the classes I need are full. I can't spend the rest of my life here. I need to take all the right courses this time. What can I do to make sure you people don't mess me up again?**

**Answer:** No one can register you for a class without your agreement. The key to making sure you get what you need is to know what you need and what is available. If you take charge of the registration process, things will go smoothly. If you let others take charge of something so important to your life, problems can and will occur. You must be actively involved in your academic planning.

I suggest a few simple steps:

1. Know your program requirements. A college degree is not a random collection of 60 or so credits. There is a complex series of academic requirements. If you don't know what the requirements are, how can you possibly pick courses to meet these requirements? The Admissions Office has copies of the curriculum requirements of your major. It's also available on [www.QCC.EDU](http://www.QCC.EDU).
2. Run a degree audit. This shows both the requirements of your program and how the courses you've taken so far fit into the curriculum. With this audit you can see exactly what you have left to complete. You don't want to be taking more Psych courses if there is no room to fit them. You can run a degree audit 24/7 from the student web portal. If you have trouble understanding it, visit your advisor or the registrar and ask for an explanation.
3. Identify the courses in the schedule that you need and want to take. Be careful of prerequisites;

it's a good idea to "follow the clusters" as much as possible. The faculty not only chose the program requirements for a reason, they also arranged them in a logical order. Most programs are laid out in Cluster A, Cluster B etc. As long as you have the necessary prerequisites, you can elect to take courses in any order you want. But it's much easier to follow the prescribed order, and in fact it will help you master each course.

4. Sketch out your schedule. Also pick out second choices in case you can't get into your first choice. No advisor sees it as his/her job to make sure your schedule is convenient for you. If you can't be on campus after 2 pm, it's your job to find courses that meet your needs. There is a nifty "criteria" option on the portal that can help you find the courses that meet at set times.

5. Write down your questions. Your meeting with your advisor should be an opportunity to clear up any questions you have. But if you don't come with a list, you may forget to ask. No one knows what it is you need to know but you.

6. Finally, meet with your advisor and register early. If you wait until there are long lines and few seats open, you may find yourself getting "processed" rather than advised. Advisors love talking with students who are prepared and actively involved in their educational planning. The building-a-schedule piece of the appointment goes quickly and there is time to talk. In fact, if you go prepared, you will find registration is not only painless, it is productive.

### Thank you, QCC Students and Faculty!



Special thanks to the hundreds of students who completed the CCSSE Survey and to the faculty who provided time for it last March.

### Your responses are helping QCC provide the BEST educational experience possible!

CCSSE results are available through the Office of Institutional Research and Planning. Stop by room 101-A or call x4389 with any questions or to view the full report.

**THANK YOU AGAIN!**





# veteran's corner

## Are you a Post 9/11 GI Bill recipient at less than 100% of benefits?

Chapter 33 the Post 9/11GI Bill pays benefits on a sliding scale based upon years of active duty. For example, 36 months gets 100% of the benefits but drops as low as 40% for 90 days to 6 months. Wounded warriors who have been honorably discharged due to a service-connected disability with as little as 30 days active duty get 100%.

If you are approved for 50 %, Uncle Sam pays half of your tuition and half of the fees. You are on the hook for the rest. There is an exception—**a state benefit that will pay the tuition part**. Let's finish the example. At 50 % (6 to 12 months active) the tuition part of the bill for 15 credits is \$360 with Uncle Sam paying \$180 and you \$180, unless you claim the state tuition waiver. Then you pay only pay half of the fees – still a lot of money, but a few bucks saved.

### So how do I get the state tuition waiver?

#### For the first time claiming this benefit:

1. Present a clear photocopy of your DD 214 (copy 4) to Dan or Holly at the Registrar's Office RM 152A.
2. Complete a QCC Veterans Affairs Office Pre-Registration form (a simple two minute process) You are doing this anyway for the GI Bill.
3. We will forward a tuition waiver voucher to Financial Aid for processing and verification. A credit will then be posted to your account in the amount of the tuition.

#### For subsequent claims:

1. Complete a QCC Veterans Affairs Office Pre-Registration form, a simple 2 minute process. Again, you are completing this form every term anyway.

#### Where can I get more information?

1. From the following Website: [http://www.osfa.mass.edu/programs.asp?program=categorical\\_waiver](http://www.osfa.mass.edu/programs.asp?program=categorical_waiver)
2. For National Guard members <http://www.mass.gov/guard/education/>
3. Ask Dan 508.854.4277 or Holly 508.854.4270 at the Registrar's Office

#### Is there a catch?

There's always a catch though logical ones. You must be in a degree or certificate program, the state won't pay for random courses. Plus, you must not owe the state any money.

## VETs Question of the Month:

**I'm a veteran and I want to get my GI bill bennies. How does it work?**

**Answer:** for first time applicants (never used benefits before)

#### Procedures:

1. Apply for benefits by filling out VA Form 22-1990. Available at <http://www.gibill.va.gov/> You may fill it out on line. The system was updated recently to permit electronic signatures. Make sure you sign it or download for printing. Copies are also available in Room 152A.
2. Provide clear photocopies of your form DD-214 (Copy 4 showing Honorable Discharge)
3. Provide clear photocopies of any "kicker" contracts. The DOD should have copies and they do communicate with the VA, so you should get the proper benefit payments even if you do not have the kicker letters. But processing will be quicker and less prone to error if you supply copies.
4. Send documents to:  
VA Regional Office  
P.O. Box 4616  
Buffalo, NY 14240-4616
5. Fill out the QCC VA Preregistration Form. This is generally done once per year and is a simple two minute process.

#### What happens next?

1. The VA will send you a letter confirming receipt of your paperwork and providing your file number.
2. The VA will process your application and send you an AWARD LETTER. This details the amount you are entitled to receive monthly, original net entitlement, your delineation date (when your benefits expire), amount of remaining entitlement at end of semester, and the appeals procedure.
3. QCC's approved VA Certifying Officials will notify the VA electronically that you are registered and whether you are full time, three-quarter time, half time etc. (this is why we need the QCC VA Preregistration form). We won't know to certify your enrollment if you don't tell us. If your enrollment status changes, we will also notify the VA.

#### Your responsibility is to:

1. Attend class and on the last day of each month, certify to the VA that you are attending. You can do this on line (preferred method) at <https://www.gibill.va.gov/wave/default.cfm> or by phone 1-877-823-2378. No attendance certification, no payment. NOTE: Chapter 33 Post 9/11 recipients still do not certify attendance due to system limitations. Rumor has it the VA is making progress on changing this. Watch this space for news.
2. Notify the QCC VA office of any changes in enrollment status – e.g. adding a course or withdrawing.

#### Where you can get help:

1. Call the VA Regional Office at 1-888-442-4551. These counselors are well trained and supervised and have immediate access to all processed records. But don't expect to get through to them quickly. Emailed questions through the VA web page often work better.
2. Dan (508-854-4277) or Holly (508-854-4270) in Room 152 A

# Meet your Student Senate



Hello, my name is Joshua Biernacki. For those of you who do not know me, I am your Student Senate President. I got my start on Senate in the fall of 2010, when I ran on what the students wanted. I asked every student, all 300 I received signatures from, what they wanted on this campus. However, I feel 300 voices are not enough. I want to hear from more.

I have a double major: General Studies and Business Administration Transfer. I am a member of the Outdoors and Business Clubs and also a college Ambassador. I sit on three committees: All College Council, Governance Review Team, and the Student Advisory Committee to the Board of Higher Education. I hope to hear from all of you

at some point, [jbiernacki@gmail.com](mailto:jbiernacki@gmail.com) or stop by the Student Senate Office within the Fuller Student Center.

My name is Athas Tsongalis. I am a second semester student at QCC majoring in General Healthcare and Radiology Technology. I am a single father of two wonderful children and also serve as your Student Senate Vice President. Outside of the college I serve as a School Committee Member for the Wachusett Regional School District and represent the Town of Rutland as well.

I believe that QCC can become one of the most exciting campuses in Worcester County, let alone Worcester. We have more than almost 10,000 students commuting in and out of campus every week. We have a dynamic group of people who hail from many different cultures, and backgrounds. Not to mention, we have a large base of 40 something students that I am proud to be associated with at QCC.

My introduction today was simply to let you know who I am and how I can be of service to you. I am usually in the Fuller Center on the Worcester Campus and I am also available by email at: [atsongalis@gmail.com](mailto:atsongalis@gmail.com). I welcome any comments, suggestions, and questions regarding school and campus life. Please feel free to contact me whenever necessary! Have a great year and thanks for voting me onto the Student Senate!



My name is Sabine Dupoux and I am currently serving as Parliamentarian on the Student Senate. I am a freshman and my major is Business Management. I expect to graduate from QCC in spring 2012. I joined Student Senate for several reasons, but my main goal focuses on the Student Body's voice being heard. Students have concerns, questions, and suggestions and want to be heard, but many are unsure to whom to direct their questions and concerns. I am here to listen and help bring change to our campus so it is joyful, comfortable, respectful, and offers an interesting experience for all.



Hello, my name is Reginald Williams. I am 19 years old and a member of the QCC Student Senate. I love to work with social groups like the P.A.L. (Parent/Professional Advocacy League) and am a mentor for a youth group and the Autism Resource Center's Connections Club. I also love to spread awareness about autism to the non-disabled community. My dream career goal is to be a motivational speaker, concentrating on youth. I want to spread awareness and stop people from stigmatizing the disabled community. I know first-hand how stigmatizing can get you off track with life. You see, I have A.S.D. (Autistic Spectrum Disorder).

I like to spend my free time by playing basketball, soccer, flag football, and baseball for the Special Olympics. I like to watch movies and spend time with my family and friends. I would like to be able to help the non-disabled community understand about Autism through awareness. This is great way for me to start my career working with the youth and the rest of the community.

In conclusion I hope to make a difference in the community whether it's working with the disabled or the non-disabled community. I will do everything in my power, with the support of my fellow Senate members, to make a difference in the community.

My name is Clement Adamah. I am a Ghanaian living in Worcester. I am majoring in Business Administration at QCC and plan to transfer to UMASS Amherst after I receive my associate's degree. I am the secretary to the Student Senate and the event planner for the QCC Business Club.

I am described in three words: cool, calm and collected. My utmost goal is to become one of the leading marketers of all time. I love to meet people and learn about different perspectives of how they feel about things. I am an action oriented person and I love to see plans come to life. I am a fun living person, easy to approach, and very helpful.

Becoming a student leader is not just a position, but an opportunity to share my ideas on issues and finding solutions to problems. I believe every step in one's life creates a pathway to our future, thus taking the educational step helps you to attain your dreams for the future.



Hello, my name is Valentine Beluchukwu and I'm a Basic Engineering major at Quinsigamond Community College. I am a member of the QCC Student Senate, which helps improve activities to benefit every student. My personal goal for joining the Senate is to help improve the QCC student body to achieve both their short and long terms goal effectively and in a meaningful period of time. Just as Mahatma Gandhi said; "Be the Change You Would Like To See In The World." I'm on a mission to help make the change I would like to see in QCC.

Get the latest Student Senate News each month in the Open Door in the Clubs section.



# Student Senate, continued



My name is Sam K.B. Offei. I was born in Accra, Ghana. I went to junior high and high school in Ghana. From there I joined my family in Italy and attended college. I speak five languages: Italian, three African languages and of course, English. I came to America almost two years ago to study and obtain a bachelor's degree in Business Administration and to climb the ladder of the American dream. I love reading, especially political novels. I am a devoted Christian who believes everything the Bible says about life. As most of my friends and contemporaries put it, I am an easygoing person who loves life and loves to represent other people's voices. I joined the Student Senate mainly because I want to represent the voice of the students and make a difference in students' lives on campus. When I enrolled here on this campus, I realized that most of my classmates and friends had complaints about the nature of the college, but they had no one to represent them and that was the main reason I ran to be a senator; to represent the voice of my fellow students!

My name is Osei Bonsu Alex and Business Administration is my major. I'm currently the president of the QCC Business and Entrepreneurship club as well as a member of the Phi Theta Kappa Honor Society. I work with the Admissions office as a Student Ambassador and provide tutoring services in the transition center.

As a student senator, I work in collaboration with the entire senate group to represent the interest of the students before the Administration; it is our goal to make QCC a very comfortable place for the entire student body. I've been at QCC since fall 2010 and I hope to graduate in May of next year and transfer to a four-year college.



Hi my name is Vanessa Agyekum. I am 19 years old and a first year student at QCC. I am majoring in Human Services with a concentration in psychology. Since my enrollment in QCC, I have participated in many Student Life activities such as Student Senate, the Psychology Club and Bible Study, as well as volunteering. I love working with people and giving back to the community. I am happy to represent the student body for the 2011-2012 academic year. I plan to give it my all and help shape QCC to be a great community and use this experience in all my endeavors.

My name is David J. Chapin Jr. and I am the Student Trustee here at Quinsigamond Community College. I was born in Monrovia, Liberia and currently live in Shrewsbury. This spring I shall be graduating from QCC and plan to attend one of the four institutions on my list. I am in the Business Administration program and work in the banking industry.

The Student Trustee at QCC is one of the eleven members of the board that act as the governing body for Quinsigamond Community College. The Board of Trustees meet once a month and the agenda topics range from budgeting to student enrollment. As the Student Trustee I am responsible for providing an appropriate representation for the student body. I am a firm believer that if you do not appreciate something, come up with a better idea and then prove that it is better.



## QCC Police Informer

### Winter Driving

By Lt. Reynaldo Rodriguez

As most New England drivers know, no matter how many times it snows you have to be prepared. The first thing is to dress warm with non-restrictive clothing to allow for making turns or having to get out of the vehicle to shovel etc.

#### Take care of your vehicle:

1. In winter it is even more important to ensure your vehicle is well maintained and serviced and that the battery is always fully charged.
2. Remove any ice from the windshield, windows, mirrors, and lights before you set off on your trip. Make sure your wipers, defroster and heater work.
3. In winter, try and keep your tank more than half full.

#### Take Care on the Road:

1. Pay attention to weather forecasts and road condition updates via the media, and plan your route accordingly.
2. A guide to safe spacing under normal conditions is the "two-second rule". At minimum two seconds to pass the same object as a vehicle in front of you.
3. Slow down. When driving beware of black ice on the road. (This is wet road that has frozen).
4. When turning decelerate well in advance of a turn or stopping point. Try to avoid braking while turning, slow down and then accelerate very gently while going through the turn.
5. Stay under speed limits to avoid skidding on

slippery roads. Don't expect to do all your braking at the stop sign.

6. Be aware that brakes can be weak and uneven in cold wet weather. This causes lack of braking power, wheel lockups, pulling to one side or the other.
7. Visibility is important and visibility is reduced in winter weather. Slow down in such conditions to reduce the risk of being involved in or causing an accident.

These are just some tips on how to drive in the winter. Here's a Web site that provides details and a list for a winter survival kit:

<http://www.21stcenturyadventures.com/advice/lists/winterSurvivalChecklist.html>





# puzzles

By Joe Mogel

Look up, down, backwards, forwards and across to find all the words in the puzzle.

adore  
candy  
chocolates  
dance  
dear  
eros  
gift  
hug  
husband  
kiss  
love  
party  
saint  
sweetheart  
venus  
woo  
rose  
poems  
date  
honey  
lace  
red  
toy  
tart

## Valentine Crossword Puzzle

## Heart Warming Maze

Start

Finish

Go through the maze from start to finish to help this bear open his big heart



# February Workshop Series

Sponsored by The Department of Enrollment and Student Services

## Help for the Disorganized Student

Presented by Ann Panetta

2/1/2012 12:00pm – 1:00pm Room 107A – Administration Building  
2/2/2012 12:00pm – 1:00pm Room 107A – Administration Building

How can you stay organized for 15 weeks straight? Learn ways to organize your notebooks, folders, student materials, and time.

## Balancing College and Your Children

Presented by Nancy Knight

2/8/2012 11:00am – 12:00pm Room 107A – Administration Building  
2/9/2012 11:00am – 12:00pm Room 107A – Administration Building

We'll discuss tips on how to manage school homework, a job, and caring for your children. Child behavior management techniques will be shared. Information about the on campus QCC Children's School is also available

## Effective Note Taking from Textbooks and Lectures

Presented by Ann Panetta

2/14/2012 11:00am – 12:00pm Room 107A – Administration Building  
2/15/2012 3:00pm – 4:00pm Room 107A – Administration Building

Learn how to take notes to help you save time when preparing for tests.

## Writing Strategies for Visual Learners using Inspiration Software

Presented by Kristie Proctor

2/22/2012 4:00pm – 5:00pm Room 222L – Harrington Learning Center

Students will be introduced to the Inspiration Software and will see how using a visual tool can support brainstorming, concept mapping, outlining, and organizing ideas.

## Strategies for Making Sense of Math

Presented by Ann Panetta

2/23/2012 11:00am – 12:00pm Room 107A – Administration Building  
2/24/2012 11:00am – 12:00pm Room 107A – Administration Building

Learn how to become a more effective math learner.

## Programs & Career Options – How to Decide What's Right for You.

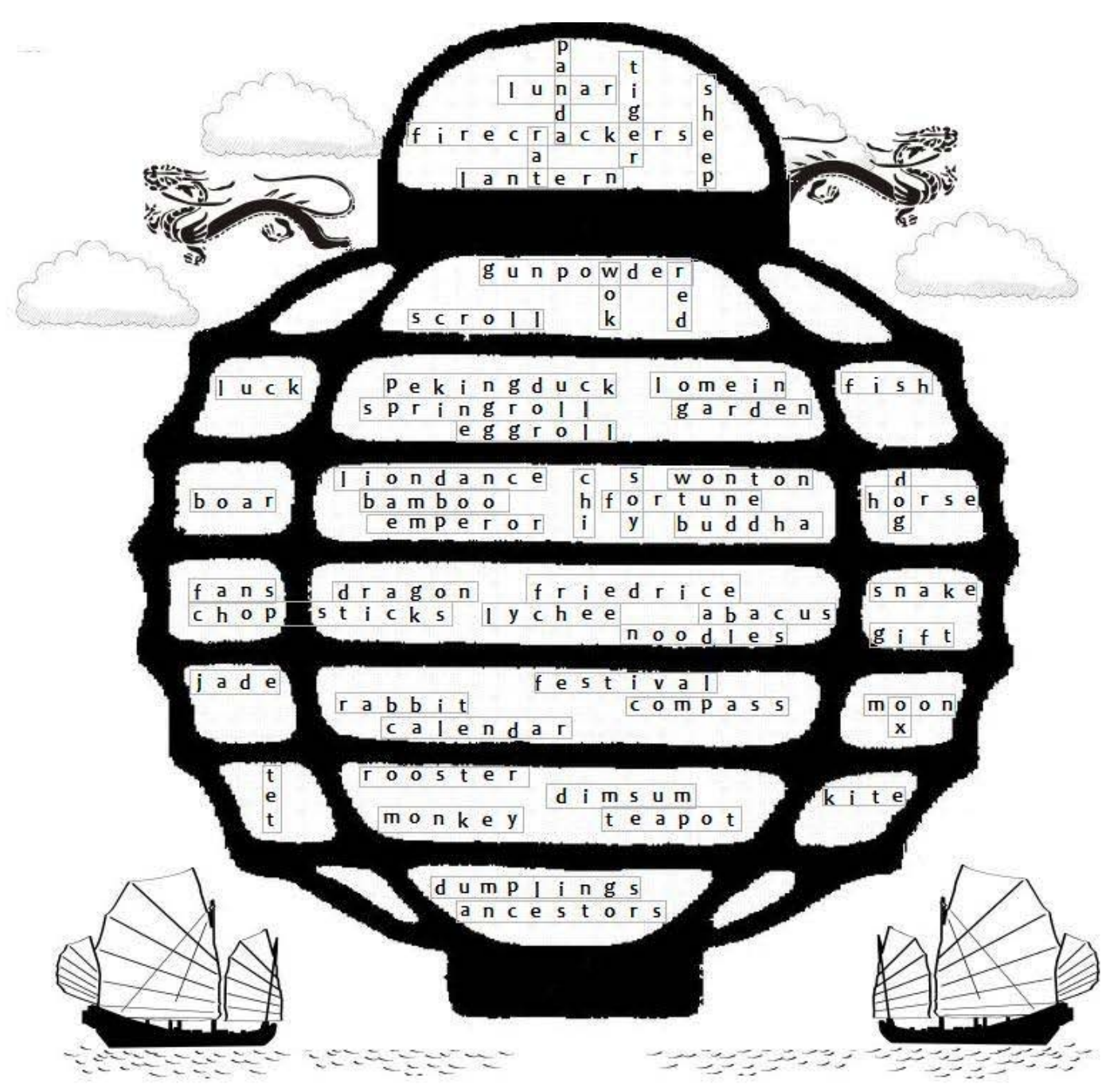
Presented by Carol King

2/28/2012 2:00pm – 3:00pm Room 107A – Administration Building  
2/29/2012 2:00pm – 3:00pm Room 107A – Administration Building

This career & college awareness workshop will focus on tools and resources available that students can use to determine their education and career path. Questions to be discussed and addressed include:

- How do I know what program is right for me?
- What resources are available to help me determine a career path?

# Solutions to last month's puzzle



# "Assumption accepted and applied more QCC credits."

You'll save money and shorten your time to graduation by receiving more transfer credits from Assumption College.

**"After earning my Associate's degree at Quinsigamond, Assumption accepted and applied more QCC credits towards my Bachelor's degree than other schools."**

I only needed 15 courses to complete my Bachelor's at Assumption, compared to other colleges that were requiring 20 courses. It has turned out to be far quicker and less expensive.

It has also been a great experience. The online courses I've taken have helped me to balance personal life and schoolwork, Instructors are accessible and interested in my success, and the 6:30pm class start time is ideal."

**-Georgina Njenga '10**

*Associate's Degree in Radiological Sciences,  
Quinsigamond Community College*

*Bachelor of Science in Social Sciences, Assumption College*

*Future plans: Graduate program in Physician Assistant studies*



- **Transfer up to 75 credits – saves money and helps you graduate sooner**

*(See ad in Transfer Section of this publication for details)*

- **Small class size, individual attention!**
- **Personal academic advising!**
- **Personal career advising!**
- **Private college education and service!**

**Incomparable value - lower cost to attend than a state college!**

| 3-CREDIT COURSE               | Local State College | Assumption College |
|-------------------------------|---------------------|--------------------|
| Tuition                       | \$121.26            | \$885.00           |
| Administrative Fees           | \$736.74            | \$20.00            |
| Capital Improvement Fee       | \$49.50             | None               |
| Health, Activity, & Tech Fees | \$49.11             | None               |
| Parking Fee                   | \$72.00             | FREE Parking       |
| Total: \$1028.61              |                     | Total: \$905.00    |

**Call today to schedule  
an appointment with  
an academic counselor  
and/or career advisor:  
508-767-7364**

*Go Places.*  
[www.assumption.edu/cce](http://www.assumption.edu/cce)



Assumption College 500 Salisbury Street, Worcester, MA 01609 Email: [goplaces@assumption.edu](mailto:goplaces@assumption.edu) Phone: 508-767-7364 / 888-882-7786