



# THE OPEN DOOR

QCC's Student Newspaper

## PRESIDENT'S MESSAGE



**Dr. Luis G. Pedraja**

Welcome to the fall semester! Whether you are new to our college or returning after a break, I am glad you chose to join us at QCC. The beginning of a term is always an exciting time for everyone, but this is especially true in the fall when we welcome everyone back to campus and the halls fill with many new faces. Although it is hard to believe, at this time last year I was one of those new faces on campus! I quickly discovered, as I am sure that those of you who are new will soon discover too, that QCC is a caring community that will welcome you with open arms.

There is lots going on in these first few weeks – orientations, activities, classes, and getting to know new people. In the flurry of activity, it is also easy to get lost or overwhelmed. In addition, many of you are balancing work and family responsibilities, which may take their toll. If classes, juggling a complex schedule, or other challenges begin to wear you down, please remember that there are support systems in place to help you along the way. Take time to talk to your teachers and get to know your advisor. Take advantage of the tutors at the Harrington Learning Center and spend time in the library, getting to know how the librarians can assist you in your studies. You are not alone in this journey and we are committed to helping you succeed.

In enrolling, you have taken an important step toward achieving your goals. According to recent studies, over 64% of the jobs in the next few years will require some college, whether it is a certificate or degree. In taking these first steps in pursuing your education, you are embarking in a journey that will make you more competitive in the job market, better able to adapt to the changing needs of the workforce, and enrich your life. As a result of your studies at QCC today, doors will open for you tomorrow. I know. I was the first in my family to attend college and at times I questioned if I would succeed. Little did I imagine then that one day I would be a college president. Just as my college education gave me the necessary skills to succeed, I am confident that your perseverance in achieving your education goals will pay off in many ways for you.

I look forward to seeing you around campus. Enjoy the fall semester!

## EMBRACING CULTURE

Santana K. Wright  
Open Door Editor

Hello and congratulations to all new and returning students. I trust that you had the best summer, are all well rested, and ready to take on the new semester. My name is Santana Wright. I am the editor of Quinsigamond Community College's school newspaper, 'The Open Door.'

I am in my sophomore year, majoring in the General Studies program. I started off as an undeclared student and simply did courses that I liked or was interested in. After a consultation with my S.H.E mentor I decided to enroll in a program. I cannot say how this will go, but I will tell you that I am excited. I am excited to learn and grow so that I can achieve the goals I set out to do.

I am an immigrant student from Jamaica who came to this country and city without any previous knowledge or idea on how I would fit in. For six months I did nothing but stay inside and mope about my apartment. In the summer I decided to participate in the Nurse's Assistant Program at the American Red Cross.

There I met a friend who encouraged me to attend an information session at MCPHS Worcester campus. I attended the session and gained an interest in attending college there. I then asked the advisor if I could take classes at QCC, he told me yes and I enrolled.

I completed the Nurse's Aide program and got my first job at a nursing home where I worked night shifts and took classes in the evenings. It took some adjusting to, however I did make it work. I want to tell you that anything is possible once you encourage yourself and work hard.

In the spring of 2018 I decided that I wanted to cut the amount of courses I took from six to four so that I could participate in clubs and societies. I joined the PTK Honors Society and the Psi Beta Honors Society. I also started freelancing for 'The Open Door,' by submitting poems and articles.

At this time I am the editor of 'The Open Door,' a participant in the Commonwealth Honors Program, the Executive Vice President of Scholarships of QCC's PTK chapter and a full time student. I am a S.H.E mentee, a student mentor and volunteer.

I would like to welcome you all back to QCC and wish you a successful semester and school year. I encourage you all to work hard all semester. Do not procrastinate, start assignments and complete them before they are due.

If you are in need of help please ask. We are a school and a community of diverse people who share different cultures and lifestyles, however we are all human beings. Be kind, treat each other with respect and tolerance.

"A nation's culture resides in the hearts and in the soul of its people."

*-Mahatma Gandhi*

A companion article on culture is on page 4

## Inside The September Issue:

WELCOME STUDENTS.....	2
WHAT DO YOU THINK?.....	3
EMBRACING CULTURE.....	4
POW! WOW!.....	5
ATHLETICS.....	6&7
TRANSFER SERVICES.....	8-11
ACADEMIC ADVISING.....	12
REGISTRAR.....	13

ARTS & ENTERTAINMENT.....	14&15
QCC MENTORING.....	16
DISABILITY SERVICES.....	17
PSI BETA.....	18&19
STUDENT GUIDE.....	20
CAMPUS POLICE.....	21
STEM STARTER ACADEMY.....	22
STUDENT LIFE.....	24

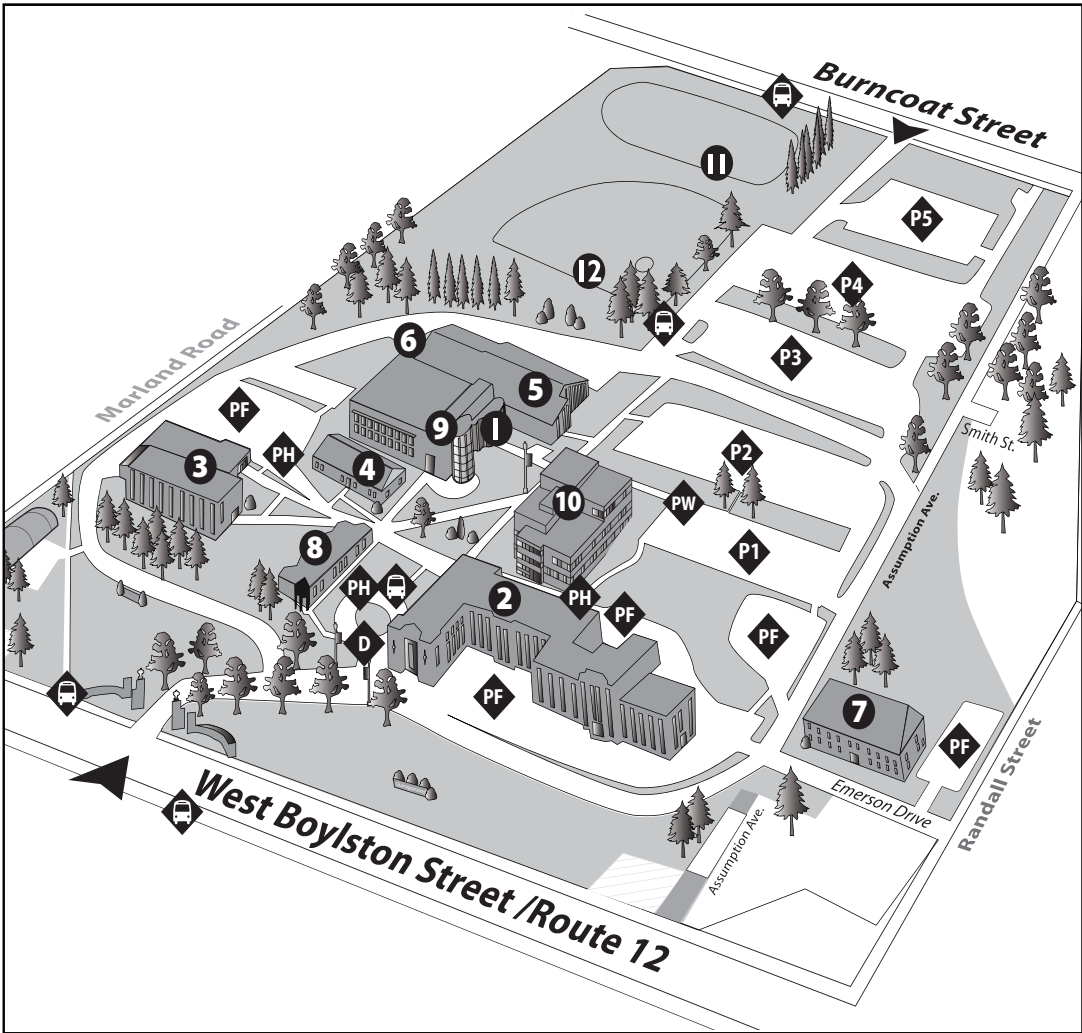
# Welcome Students

Welcome new and returning students! The Open Door staff hopes that you find our paper to be an informative and entertaining window into the QCC world. We are published once a month with the help of the college’s many different departments and services. Our goal is to bring you important dates, events and articles offering a wide range of topics.

The Open Door goes beyond announcements and news. It’s a **creative** outlet for you, as a student, to have your work published whether it’s an editorial, poetry, reviews or art of all kinds; our policy is the same as our name. We encourage everyone to contribute in some way. The Open Door is located in the Fuller Student Center. Stop by and introduce yourself and your ideas. Or, if you prefer, send your submission via email to [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu)

## All visitors and those seeking Admissions should start at the Welcome Center

<b>1. Welcome Center</b>	<b>4. Ahlfors Hall (ALF)</b>
<b>2. Administration Building (A)</b>	Office of Distance Learning & Professional Development
<b>Lower Level</b>	<b>5. Athletic Center (AC)</b>
Academic Advising & Placement Testing 58A, 376A	Fitness Center
Bookstore Lower Level - A	Gymnasium
Business Office B07A	Campus Police 136AC
Cafeteria Lower Level - A	<b>6. Campus Police 136AC</b>
High School Equivalency Testing B58A	<b>7. Child Study Center (CSC)</b>
I.T. Service Desk 67A	<b>8. Fuller Student Center</b>
<b>First Floor</b>	Student Life
Assistant Dean of Students 383A	Open Door Newspaper
Counseling 162A	Student Senate
Dental Hygiene Clinic 126A	<b>9. Harrington Learning Center (HLC)</b>
Financial Aid 165A	<b>Second Floor</b>
President’s Office 132A	Admissions
Registrar 152A	Writing Center
TRiO Student Support Services 170A	General Academic Areas
VP of Academic Affairs 103A	Tutoring Center
VP of Strategic Enrollment Management & Student Engagement 133A	Math Center
<b>Second Floor</b>	<b>Third Floor</b>
Disability Services 246A	Alden Library
Veteran Affairs Office 258A	<b>10. QuEST Center</b>
Human Resources 222A	<b>11. Athletic Field &amp; Track</b>
Career Services & Credit for Prior Learning 272A	<b>12. Chupka Baseball Field</b>
<b>Third Floor</b>	
Dean of Students 365A	
Harrington Academic Computing Center 379A	
<b>3. Surprenant Hall (S)</b>	
Gateway to College 102S	
Hebert Auditorium	



Parking		Class Locations - Main Campus	
<b>D</b>	Drop Off/Pickup	<b>A</b>	Administration Building
<b>PW</b>	Welcome Center Parking	<b>ALF</b>	Ahlfors Hall
<b>P1-5</b>	Student & Visitor Parking	<b>AC</b>	Athletic Center
<b>PF</b>	Faculty & Staff Parking	<b>CSC</b>	Child Study Center
<b>PH</b>	Handicapped Parking	<b>HLC</b>	Harrington Learning Center
		<b>Q</b>	QuEST Center
		<b>S</b>	Surprenant Hall
Off-Campus Class Locations			
<b>ASSA</b>	QCC at Assabet Valley	<b>CWDCE</b>	Center for Workforce Development and Continuing Education
<b>BURN</b>	QCC at Burncoat	<b>D</b>	Healthcare and Workforce Development Center
<b>QSB</b>	QCC Southbridge		
<b>SRCT</b>	QCC at the Worcester Senior Center		

The **Open Door** is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work. If you are interested in working on The Open Door, please see Pat Bisha-Valencia, coordinator. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu) or phone 508-854-4285.

Advisor: Pat Bisha-Valencia  
Student Editor: Santana Wright  
Layout Designer: Reneasia Love

Next Issue: October 4, 2018

## OPEN DOOR

SCHEDULE FOR FALL 2018/ SPRING 2019

Issue	On the Stands	Deadline
# 2 October	October 4	September 6
# 3 November	November 1	October 4
# 4 Dec/Jan	December 6	November 8
# 5 February	February 4	January 10
# 6 March	March 6	February 7
# 7 April	April 4	March 7
# 8 May	May 2	April 11

# What Do You Think?

## **Social Media - A Menace to Mankind** By Thomas Gerhardt

If I had the opportunity to change something in today's world, it would be to eliminate social media. It is termed "social media," but the irony is most people are becoming unsocial on these outlets. You are probably wondering, during this modernized era, how can you protest the usage of social sites? Allow me to describe an interaction that transpired some time ago.

I was out to eat with an old childhood friend. We had not seen one another in years. As we chatted, I sensed a lack of excitement and wonder during our conversation. The problem was, we were already thoroughly versed in each other's lives, despite our years of detachment. That is when I realized "catching up" with friends was no longer a pastime. Our lives had become open books on social media. So, after we quickly exhausted every talking point, my friend and I instinctually turned to our phones, consequently, intensifying our unsocial tendencies. That interaction with my friend left me quite distraught.

Following that superficial encounter, I decided to delete my Facebook account. At first, I felt socially deprived. Then I discovered some significant benefits of abstaining from social networking. I began holding longer and more meaningful discussions among my peers. More in-depth discussions arose without the information readily accessible on platforms like Facebook.

The constant use of social media is in some ways negatively influencing human interaction. The problem will only continue. Soon enough, society's only form of communication will occur over a mobile device. This is merely my opinion regarding the subject. I recognize there are arguments for the benefits of social media as well. From my experience, though, a world without social media remains more gratifying.

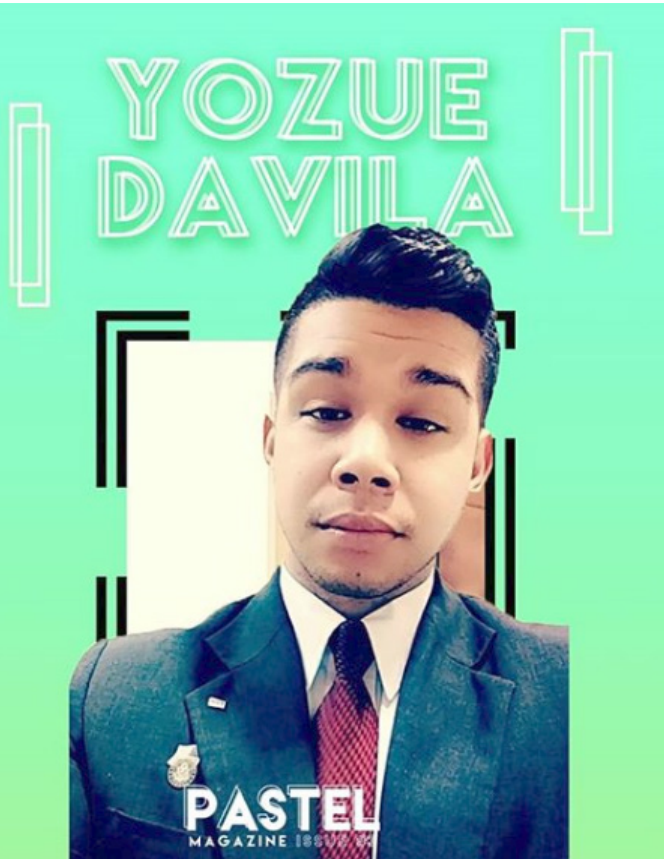
### **Your Voice Matters:**

**Send your ideas and thoughts to:  
[opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu)**

**Look for the new edition of  
The Open Door in your email  
and on The Q on October 4!**



# EMBRACING CULTURE



My name is Yozue A. Davila. I am a Worcester-born Puerto Rican serving my country in the US Army National Guard. Apart from my duties, I am a student at QCC majoring in the Liberal Arts English Option. I have always been an English Major since my transfer from The Pontifical Catholic University of Puerto Rico in Ponce, where I was part of the Expressive Revolution Literary Circle.

I have adopted the pen name Sir Drift & Mr. Pulse for a writing profile in the *writerscafe.org* writing community. Here you can find all of my collection that has been steadily built through the years. My ultimate passion has been to create short story volumes for children, and throughout my semesters at QCC I have been able to learn from my classes and adapt them into my writing skills.

From the great education QCC has offered me through my professors and classes, I have been able to see my short stories and poems flourish in different publication platforms including:

## 2018 Pastel Magazine Issue #3

### ~One Dressed Flower~ By Yozue A. Davila

*And wishes she, for a man  
To cherish hers, a flower  
From which petals she gifts  
To all others  
Leaving but a stem  
For him to ponder  
Naked in the end*

© 2018 Sir Drift & Mr. Pulse (Y.A.D.)

- 2016 “The 2016 Scythe Prize” (A College Student Anthology by Eric Forrest)  
Where my children’s short story “Reflections” was published.
- 2017 “Storytime For Kids App (Lite)” (A Norwegian children’s writing app)  
Where 4 of my poems (Epics) have been published:
  - “Nube Elefantasia”
  - “The Fish That Flew and The Bird That Swam”
  - “Sir Curtis The Brave”
  - “Prince and Dragon”
- 2018 “Pastel Magazine Issue 3” (An Australian Art Experimental Magazine)  
Where my poem “One Dressed Flower” was recently published.

My story here is to encourage students and colleges to know that dreams can be achieved and to take their education seriously, for they are tools to build the dream we all desire. Currently, I am continuing the semesters I have left, attempting to progress my writing and one day reach my desired dreams.

I plan to continue to get published and always refer to QCC as my writing foundation with the semesters I have left. My next step is to represent QCC with my music. As a pianist, I wish to also enroll and achieve my associates in music to accomplish both dreams.

**The next issue of The Open Door will be on The Q and on stands October 4<sup>th</sup>!**





Large scale murals can be found peppered throughout the city on buildings ranging from iconic landmarks such as the Worcester Palladium and George's Coney Island to residential developments, public schools, community centers and more.

POW! WOW! Worcester will turn its attention to reimagining public spaces by featuring art installations while adding more than 20 murals to the growing portfolio. The weeklong occasion includes a host of events and experiences centered around music, fashion, sports culture and visual arts.

POW! WOW! Worldwide has released the names of 33 artists who will participate in New England's biggest mural festival this summer. *POW! WOW! Worcester*, a celebration of art and culture, takes place August 31 – September 9. The event is expected to draw more than 10,000 people.

Entering its third year producing immersive cultural experiences around a 10 day festival in Worcester, MA, POW! WOW! Worcester has curated 80 works of public art over the last two festival seasons.



For more information about *POW! WOW! Worcester*, the walls, artists and events taking place the week of the festival, visit [www.powwowworcester.com](http://www.powwowworcester.com) and follow [www.facebook.com/powwowworcester/](https://www.facebook.com/powwowworcester/) and on Twitter/Instagram @POWWOWWorcester





# Athletics



## Need To Know

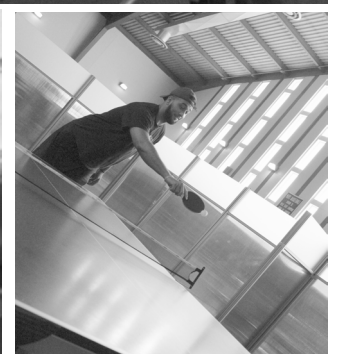
[www.qcc.edu/student-life/athletics](http://www.qcc.edu/student-life/athletics)  
[www.qcc.edu/services/athletic-center](http://www.qcc.edu/services/athletic-center)

Athletic Center Hours Starting 9/9:

Monday	8:00am – 4:00pm
Tuesday	8:00am – 7:00pm
Wednesday	8:00am – 4:00pm
Thursday	8:00am – 7:00pm
Friday	8:00am – 4:00pm
Saturday	10:00am – 2:00pm

All offerings and programs are  
FREE for QCC Students. Staff and  
Faculty program classes available  
for a fee

Check The Q and posted signs



## IT'S NEVER TOO LATE TO START THE YEAR HEALTHY

Healthy Goal Setting Tips:

- Start small- don't overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you'll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage your.

Remember the Great feeling you have after you exercise.....

## BENEFITS OF EXERCISE

- Reduces & Relieves Stress
- Reduces Cholesterol
- Prevents Osteoporosis
- Helps Prevent Coronary Heart Disease (which is the #1 death rate)
- Weight Maintenance
- Firm & Tone your Body
- Meet New People

## Ultimately....You Will Have More ENERGY

The QCC's Athletic Center Program Fitness Classes are Flexible, Fun and FREE program classes designed for you

- Only 45 minutes long
- Come to every class and be challenged
- Come to classes only when you can and still be able to follow along

## FULL-BODY TONING

Mondays, Wednesdays & Fridays 12:30pm-1:15pm  
Instructor Pickie Lanigan

## YOGA

Tuesdays & Thursdays 12:00pm-1:00pm & 5:15-6:30pm  
Instructor Tamara Chiarizio



Photos by Luke Donoghue-Open Door staff





# Athletics



2018-2019

## QCC MEN'S BASKETBALL

<u>Departure</u>				<u>Return</u>		
<u>NOVEMBER</u>						
Tuesday	6 <sup>th</sup>	7:00pm		Mass Bay CC*		HOME
Thursday	8 <sup>th</sup>	7:00pm	2:45pm	Holyoke CC*	10:30pm	AWAY
Saturday	10 <sup>th</sup>	3:00pm	10:45am	Quincy College**	6:30pm	AWAY
Tuesday	13 <sup>th</sup>	7:00pm		UConn @ Avery Point**		HOME
Thursday	15 <sup>th</sup>	7:00pm	2:45pm	Bristol CC*	10:30pm	AWAY
Saturday	17 <sup>th</sup>	2:00pm	9:45am	Roxbury CC*	5:30pm	AWAY
Tuesday	20 <sup>th</sup>	7:00pm		Ben Franklin		HOME
Tuesday	27 <sup>th</sup>	7:00pm	2:30pm	Bunker Hill CC*	10:30pm	AWAY
Thursday	30 <sup>th</sup>	7:00pm		Springfield Tech CC*		HOME
<u>DECEMBER</u>						
Saturday	1 <sup>st</sup>	3:00pm	9:30am	Gateway CC*	7:30pm	AWAY
Tuesday	4 <sup>th</sup>	7:00pm		Northern Essex CC*		HOME
Saturday	8 <sup>th</sup>	2:00pm		Massasoit CC*		HOME
Saturday	15 <sup>th</sup>	1:00pm	11:00am	C.C. Rhode Island	4:30pm	AWAY
<u>JANUARY</u>						
Tuesday	15 <sup>th</sup>	7:00pm	2:45pm	Mass Bay CC**	10:15pm	AWAY
Thursday	17 <sup>th</sup>	7:00pm		Holyoke CC*		HOME
Saturday	19 <sup>th</sup>	2:00pm		Quincy College**		HOME
Tuesday	22 <sup>nd</sup>	7:30pm	3:00pm	UConn @ Avery Point**	11:00pm	AWAY
Thursday	24 <sup>th</sup>	7:00pm		Bristol CC*		HOME
Saturday	26 <sup>th</sup>	2:00pm		Roxbury CC*		HOME
Tuesday	29 <sup>th</sup>	7:00pm		Ben Franklin		HOME
Thursday	31 <sup>st</sup>	7:00pm		Bunker Hill CC*		HOME
<u>FEBRUARY</u>						
Saturday	2 <sup>nd</sup>	12:30pm		C.C. Rhode Island		HOME
Tuesday	5 <sup>th</sup>	7:00pm	2:45pm	Springfield Tech CC*	10:15pm	AWAY
Thursday	7 <sup>th</sup>	7:00pm	2:45pm	Northern Essex CC*	10:15pm	AWAY
Saturday	9 <sup>th</sup>	2:00pm	9:45am	Massasoit CC*	6:30pm	AWAY
Thursday	14 <sup>th</sup>	7:30pm		Gateway CC*		HOME

\* Conference game  
\*\* Region XXI game

2018-2019

## QCC WOMEN'S BASKETBALL

Departure				Return		
<u>OCTOBER SCRIMMAGE</u>						
<u>NOVEMBER</u>						
Saturday	4 <sup>th</sup>	TBD		New Hampshire Tech		AWAY
Sunday	5 <sup>th</sup>	TBD		New Hampshire Tech		AWAY
Tuesday	7 <sup>th</sup>	5:30pm	3:00pm	Mass Bay CC*	10:00pm	AWAY
Thursday	9 <sup>th</sup>	5:00pm		Holyoke CC*		HOME
Saturday	11 <sup>th</sup>	1:00pm		Quincy College		HOME
Tuesday	14 <sup>th</sup>	5:30 pm	2:00pm	UConn @ Avery Point**	11:00pm	AWAY
Thursday	16 <sup>th</sup>	5:00pm		Bristol CC*		HOME
Saturday	18 <sup>th</sup>	1:00pm	11:30am	Roxbury CC*	10:30pm	AWAY
Tuesday	21 <sup>st</sup>	5:30pm	3:30pm	Ben Franklin	10:30pm	AWAY
Tuesday	28 <sup>th</sup>	5:00pm		Bunker Hill CC*		HOME
Thursday	30 <sup>th</sup>	5:30pm	3:15pm	Springfield Tech CC*	10:30pm	AWAY
<u>DECEMBER</u>						
Thursday	7 <sup>th</sup>	6:00pm		Gateway CC*		HOME
Saturday	9 <sup>th</sup>	1:00pm	10:45am	Massasoit CC*	6:15pm	AWAY
<u>JANUARY</u>						
Tuesday	16 <sup>th</sup>	5:00pm		Mass Bay CC*		HOME
Thursday	18 <sup>th</sup>	5:30pm	3:15pm	Holyoke CC*	10:30pm	AWAY
Saturday	20 <sup>th</sup>	1:00pm	9:00am	Quincy College	8:00pm	AWAY
Tuesday	23 <sup>rd</sup>	5:00pm		UConn @ Avery Point**		HOME
Thursday	25 <sup>th</sup>	5:30pm	3:15pm	Bristol CC*	10:30pm	AWAY
Saturday	27 <sup>th</sup>	12:00pm		Roxbury CC*		HOME
Tuesday	30 <sup>th</sup>	5:00pm		Ben Franklin		HOME
<u>FEBRUARY</u>						
Thursday	1 <sup>st</sup>	5:30pm	3:15pm	Bunker Hill CC*	10:30pm	AWAY
Tuesday	6 <sup>th</sup>	5:00pm		Springfield Tech CC*		HOME
Thursday	8 <sup>th</sup>	5:00pm		Northern Essex CC*		HOME
Saturday	10 <sup>th</sup>	12:00pm		Massasoit CC*		HOME
Saturday	17 <sup>th</sup>	3:00pm	9:30am	Gateway*	7:30pm	AWAY

\* Conference game  
\*\* Region XXI game

Head Coach: Najee Muhammad  
Assistant Coach: Rich Small

## WOMEN'S SOCCER 2018

<b>SEPTEMBER</b>			<u>DEPART</u>		<u>RETURN</u>	
Thursday AWAY	13 <sup>th</sup>	4:00pm	1:45pm	Massasoit C.C.	7:00pm	
Wednesday HOME	19 <sup>th</sup>	6:00pm		Springfield Tech C.C.		
Friday AWAY	21 <sup>st</sup>	4:00pm	1:45pm	Holyoke C.C.	7:00pm	
Tuesday HOME	25 <sup>th</sup>	6:00pm		Holyoke C.C.		
Thursday AWAY	27 <sup>th</sup>	4:00pm	1:45pm	Bunker Hill C.C.	7:00pm	
<b>OCTOBER</b>						
Tuesday AWAY	2 <sup>nd</sup>	3:30pm	1:15pm	Bristol C.C.	6:30pm	
Thursday HOME	4 <sup>th</sup>	6:00pm		Massasoit C.C.		
Thursday HOME	11 <sup>th</sup>	6:00pm		Bunker Hill C.C.		
Monday HOME	15 <sup>th</sup>	6:00pm		Bristol C.C.		
Wednesday AWAY	17 <sup>th</sup>	4:00pm	2:00pm	Springfield Tech C.C.	7:00pm	
Sat & Sun	20 <sup>nd</sup> & 21 <sup>st</sup>		Region XXI Tournament			TBA

\* HOME Field  
Commerce Bank Field @ FOLEY STADIUM  
305 Chandler Street, Worcester MA 01602

Head Coach: Josh Cole

### INTERESTED IN PLAYING A SPORT AT Q.C.C?

Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try- out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are “cleared to play competitive sports”. Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

### BASKETBALL Try-out /Practice starts MONDAY, OCTOBER 1st

WOMEN'S @ 4:00pm  
MEN'S @ 6:00pm

### SOCCER TRYOUTS SEPTEMBER 6TH @ 6PM

### MEN'S AND WOMEN'S BASKETBALL

Contact the coach as soon as possible to find out more information about meetings prior to the start of the season.

#### Men's Basketball

Tishaun Jenkins  
508.854.4211  
tajenkins@qcc.mass.edu

#### Women's Basketball

Gabe Santner  
Ext. 4492  
gsantner@qcc.mass.edu

### BASEBALL / WOMEN'S SOCCER

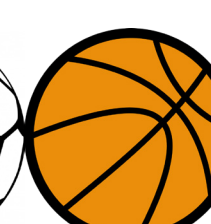
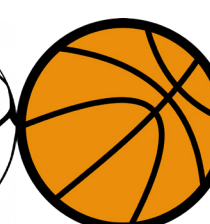
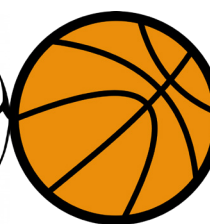
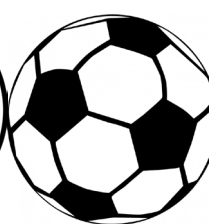
Student interested in playing baseball or women's soccer in the fall should contact the coach.

#### Baseball

John McLaughlin  
508.854.4316  
Jmclaughlin@qcc.mass.edu

#### Soccer

Josh Cole  
508-854-4317  
jcole@qcc.mass.edu



# Transfer Services

SMITH, MOUNT HOLYOKE & WELLESLEY

Want You!



Are you an exceptional student?

QCC students who are looking for a unique, intellectually stimulating, and academically rigorous educational experience are welcome to attend this informal information session.

- Successful applicants to these elite colleges generally have very strong academic backgrounds—GPA's of 3.3 or higher.
- Honors courses are helpful.
- Representatives from these colleges will meet with students interested in these exceptional liberal arts & science colleges.
- SMITH COLLEGE has an engineering school.
- *Nontraditionally aged and minority students are especially urged to attend. SMITH'S Ada Comstock, MOUNT HOLYOKE'S Frances Perkins and WELLESLEY'S Davis Scholars programs, which are especially designed to support female students 24 or older or have a dependent other than a spouse or are veterans.*
  - These programs come with a variety of benefits including housing and financial assistance.

Each year, Quinsigamond Community College is happy to host representatives from these well-respected and academically challenging colleges. We have strong and productive relationships with these colleges.

Monday, October 1, 2018      2:30-4:00pm  
Harrington Learning Center - Room 109a

For more information contact:

QCC Transfer Services  
[transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)



# Transfer Services

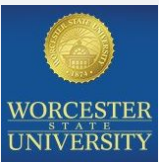
## Transfer Services

### September Campus Visits:

Colleges will meet with students in the  
HLC Lobby from 10 a.m.-1 p.m. unless noted otherwise.



September 17<sup>th</sup>



September 20<sup>th</sup> & 27<sup>th</sup>



September 18<sup>th</sup>



Becker College—Accelerated Studies:  
September 19<sup>th</sup>



September 25<sup>th</sup>  
4-7 p.m.  
Surprenant Lobby



September 27<sup>th</sup>

HLC 2<sup>nd</sup> Floor    P: 508-854-4404    E: [transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)    W: [www.qcc.mass.edu/transfer](http://www.qcc.mass.edu/transfer)

## JOIN US FOR A SPECIAL ADMISSIONS PRESENTATION

●Amherst College●Clark University  
●HAMPSHIRE COLLEGE●Williams College

ADMISSIONS PRESENTATION  
MONDAY, OCTOBER 1  
2:30-4 PM  
HLC Room 109b

SOME OF Clark, Amherst, Williams, and Hampshire Colleges' BEST AND BRIGHTEST STUDENTS HAVE COME FROM QUINSIGAMOND COMMUNITY COLLEGE! Come learn about these selective colleges and how you can complete your bachelor degree at one of these liberal arts schools.

## Career Services Workshops

(All workshops are held in classroom

### \*Cooperative Education Orientation

9/14 2pm - 3pm  
11/27 5pm-6pm  
11/29 2pm-3pm  
12/3 1pm-2pm

### \*Resume Writing

9/11 5pm-6pm  
9/20 2pm-3pm  
10/2 5pm-6pm  
10/3 2pm-3pm  
10/15 12pm-1pm  
11/7 3pm-4pm  
12/10 1pm-2pm

### Job Fair

10/24 10am-1pm HLC 109

### Wait Disney World College Program Info Session

9/14 1pm-3pm

## FALL

### \*Resume Critique

9/18 4pm-6pm  
9/27 2pm-3pm  
10/9 4pm-6pm  
10/10 2pm-3pm  
10/22 12pm-2pm  
11/14 2pm-3:30pm  
12/17 1pm-2pm

### Strategies for your Job Search

12/7 1pm-2pm

### \*Workplace Etiquette

9/10 1pm-2pm  
11/13 5pm-6pm  
12/12 12pm-1pm

### \*Interviewing Skills

9/24 12pm-1pm  
10/17 1pm-2pm  
10/30 5pm-6pm  
11/19 2pm-3pm  
12/4 5pm-6pm

\* Denotes CPS 298 required workshops - you only have to attend one of each session

Please pre-register for these workshops using this link <https://app.purplebriefcase.com/pb/account/login?s=QCC>.  
Click on 'Events' tab, left hand/column of page. - LIMITED SPACE!

Website: [www.qcc.edu/services/career-services](http://www.qcc.edu/services/career-services)

Email: [careerservices@qcc.mass.edu](mailto:careerservices@qcc.mass.edu)

Persons needing accommodations for these workshops please contact us at (508) 854-4439, 2 weeks prior to workshop.

## Transfer Services Workshop Series

● Held in the HLC, Conference Room, Egan 239 ● All dates are followed by a one-hour walk-in time for general transfer questions●

### Transferring to a State University

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to Massachusetts State Universities.

#### September

6: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
10: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
18: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
28: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### October

11: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
16: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
29: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### November

6: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
15: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
19: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
27: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### December

7: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
11: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

### Transferring to a UMass Campus

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to UMASS campuses.

#### September

7: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
13: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
17: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
25: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### October

2: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
9: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
15: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### November

5: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
16: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
26: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### December

6: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
10: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

### Transferring to Private Colleges/Universities & Institutions Outside of Massachusetts

This workshop address common aspects of the transfer process to Massachusetts private Colleges and Universities as well as schools outside of Massachusetts.

#### September

14: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
20: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
24: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### October

1: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
18: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
22: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### November

9: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
13: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
29: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### December

3: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

### Paying for College

The thought of paying to complete your bachelor degree can be overwhelming. This workshop address the general concepts related to the cost of pursuing a bachelor degree.

#### September

12: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>  
19: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
26: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>

#### October

3: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
17: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
24: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>

#### November

21: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>

#### December

5: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>  
12: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

### Transfer FAQ Sessions

Get quick information and answers to common transfer issues such as:  
• Important QCC courses for transfer  
• How to pick colleges and majors  
• General steps to transferring—deadlines, forms, admissions requirements.

#### September

5: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
11: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
27: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### October

10<sup>th</sup>: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>  
19: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
23: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
30: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### November

8: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
14: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
20: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### December

4: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>



# FALL '18 TRANSFER FAIR

**You are invited!**

**OCTOBER 31, 2018 (WEDNESDAY)**

**10 a.m.-1:00 p.m.**

**HLC 109 A & B**



**Prizes!**

**Psychology Club Bake Sale!**

- Anna Maria College
- Assumption College
- Bay Path University
- Becker College
- Bentley University
- Boston University
- Bridgewater State University
- Bryant University
- Emerson College
- Fitchburg State University
- Framingham State University
- Johnson & Wales University
- Lesley University
- Mass College of Art & Design
- Mass Maritime Academy
- Nichols College
- Providence College
- Salem State University
- Springfield College
- St. Anselm College
- Suffolk University
- University of Connecticut
- University of Maine
- University of New England
- UMASS-Amherst
- UMASS-Boston
- UMASS-Dartmouth
- UMASS-Lowell
- Westfield State University
- Worcester State University
- Western New England University
- Worcester Polytechnic Institute



Bring your QCC unofficial transcript to see how classes will transfer into your bachelor degree.



## *News from Career Services*



### **It's Recruiting Time Again!**

**Have you ever dreamed of working in  
Disney World?**

**Did you know you could work in Disney  
World and earn college credit?**

**Come find out how to apply to the  
Walt Disney World College Program**

The Walt Disney World College program is a unique opportunity to learn, work, and live for a semester at Walt Disney World in Florida and join students from all over the world. This paid internship is open to students in all majors and provides an opportunity to build your resume, be trained, mentored and network with top Disney leaders while learning skills that can be applied to any career.

While at Disney, students earn 6 – 9 college credits based on their internship. Disney also offers seminars, workshops and collegiate courses that students can take advantage of for free while they are participating in the program.

***MARK YOUR CALENDARS NOW!***

**Disney Information Session:** Friday, September 14<sup>th</sup> (1 – 2:30) Room 272A

Come and learn more about the program, receive tips on completing the application and navigating your way through the complex application process. Get answers to your questions and find out if you are eligible.



**To register contact Nichole Wheeler @ 508-854-7476 or stop by Room 272A**

***Live, learn, and work for a semester at the Walt Disney World  
Resort in Florida!***

# ACADEMIC ADVISING

advising@qcc.mass.edu

W. Boylston Street Campus: Harrington Learning Center—2nd floor (508) 854-4308

Southbridge Campus: 5 Optical Drive, Main Floor (774) 318-2110

## The Commonwealth Commitment



**QUINSIGAMOND**  
Community College

You<sup>\*</sup> commit to attending QCC **full-time** and earning a 3.0 GPA or higher

We lower your costs and provide seamless transfer to a state institution.

### How does the Commonwealth Commitment work?:

You commit to your education in the following ways:	The Commonwealth of MA makes this commitment to you:
<input checked="" type="checkbox"/> Maintain full-time, continuous enrollment with a 3.00 cumulative GPA at QCC	<input checked="" type="checkbox"/> Freeze on all tuition & mandatory fees on program entry Valid until student successfully completes or leaves Commonwealth Commitment program
<input checked="" type="checkbox"/> Complete your associate's degree within 2.5 years	<input checked="" type="checkbox"/> A 10% rebate off tuition & mandatory fees Payable at the end of every successfully completed semester
<input checked="" type="checkbox"/> Transfer to one of Massachusetts' State Universities or UMass campuses	<input checked="" type="checkbox"/> Guaranteed admission and transfer of all college credits Space permitting in the major and college
<input checked="" type="checkbox"/> Complete bachelor's degree within 2 more years	<input checked="" type="checkbox"/> No application fee or essay <i>MassTransfer</i> Application required by deadline

\*This opportunity is available for students have not yet earned 15 credits and are enrolled in an eligible Program of Study.

For a complete list of eligible programs and more information, visit the [Commonwealth Commitment webpage](#).

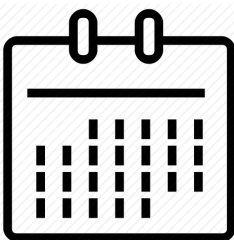
If you're interested in learning more, or seeing if you're eligible, contact Advising at [advising@qcc.mass.edu](mailto:advising@qcc.mass.edu) or 508-854-4308.

Here's a



**Keep informed!** Be sure to check your **Qmail**, official student email, regularly for important updates, upcoming events, and notices from your Advisor or Instructors. **Need help logging in?** Contact the Help Desk at [help@qcc.mass.edu](mailto:help@qcc.mass.edu) or stop by room 66A—Administration Building.

### DATES TO REMEMBER:



**September 12:** Last day to make schedule changes (ADD/DROP deadline). This is also the final day to drop a course and receive 100% reimbursement.

**September 13:** Withdrawal period begins. Withdrawing from a class will show up on your academic record.

**October 1:** Registration Preparation—Avoid the lines! Meet with your Advisor NOW to prepare for Spring 2019 registration.



# Registrar

## Records & Registration News

Key dates and deadlines for Fall Semester.

- **Add/Drop period ends Wednesday September 12.** This is the last day you can add/drop a course for the Fall semester. After this date you may not add another course. The last day to add/drop for the Fall 2 semester is November 5.
- **Withdrawal period begins September 13 through November 16.** To withdraw from a class, your instructor or your academic advisor must sign the **Withdrawal form**. After November 16, your professor may grant you the grade of W, but you are no longer entitled to that grade. Your instructor may assign the grade of F. If you are considering withdrawing from a course and receive financial aid, talk to the Financial Aid Office to find out if your package will change due to the withdraw.
- **Monday October 8 is Columbus Day, No Classes will be held that day.**
- **Progress grades are due Wednesday October 31.** Log onto The Q to view your mid-semester grade. If you are receiving a failing grade talk to your instructor or academic advisor to see if a course withdraw is an option you should consider.
- **Priority Registration is November 5-19** for returning students. You have seniority over all new students. Don't wait to register for Intersession or the Spring 2019 semester.
- **Monday November 12 is the observed holiday for Veteran's Day.** Classes will not be held on Sunday November 11 or Monday November 12.
- **Last day to change to or from an AUDIT is Friday November 16**
- **Thanksgiving Recess is Thursday November 22-25,** there are no classes during that period.
- **Final Week of Classes December 12-18,** during the final week of classes there is a modified class schedule. Check The Q for the Fall 2018 Final Exam schedule or ask your instructor for a detailed class syllabus. Final grades are due on The Q 48 hours after the last class/exam.

New to the Registrar's Office!

Request an enrollment verification form through The Q. Log into The Q and go to the Registrar's page, then select Self-Service forms towards the bottom right of the page. Select and complete the Enrollment Verification Form. You have the option to pick up the form, or have us mail, fax or email it to you or a third party.

## **Quinsigamond Community College Veterans Club**

**Is Sponsoring a Hygiene Drive For  
The Veteran's Inc. Shelters**

**The Following Items are Always in Great Demand:**

**Towels and Wash Cloths, Shampoo, Body  
Wash, Razors(men & women), Shaving Cream,  
Deodorant, Tooth Paste & Brushes, Soap,  
Feminine Hygiene Products, Etc.**

**You may drop these Items off in Either**

**Main Campus Room 258A or**

**Downtown Campus Drop Off at the Main Desk**

**This Drive Ends on Oct. 5th**





# Arts & Entertainment

## MY TRIP TO JAMAICA

BY RENEASIA LOVE

During my summer vacation, my sister and I traveled to Jamaica to visit our family. We stayed in our family home in Spanish Town which is the capital of St Catherine-- one of the largest parishes in Jamaica. Our family home is surrounded by organic coconut trees, fruits, and vegetables. The garden is filled with beautiful and exotic flowers which fills the area with a perfume aroma.



My family and I traveled to various parts in Jamaica, another town we went to was Ocho Rios, a port town on the north coast of Jamaica that is a well known tourist area. Aside from the luxurious resorts, cruise ships, and entertainment, Ocho Rios surrounds itself with beautiful rainforests, rivers, and waterfalls. Little Dun's Waterfall is a peaceful getaway from the busy town of Ocho Rios, this waterfall surrounds itself with tropical plants and trees that leaves you in a place of tranquility.

Our family went to the beach daily to kick back, relax, and enjoy the summer breeze! One of my favorite beaches we've went to was Hellshire Beach. While we were swimming by the beach shore, we've encountered a sting ray swimming beneath us! The sting ray was friendly enough to let us take several pictures of it without swimming away.



My trip to Jamaica was such an amazing experience that I will never forget. Not only was I able to get in touch with my Jamaican roots and culture, I was able to reconnect with my family. Jamaica is a beautiful paradise filled with exciting places you can go over the summer.

Original photos by: Reneasia Love



# Arts & Entertainment



## PET ROCK FEST 2018



Pet Rock Fest is thrilled to announce that the 20th annual festival will return to the field at Wyman-Gordon in North Grafton.

This annual event will be held on Sunday, Sept. 9, 2018, from noon to 5 p.m. on the grounds of the Wyman-Gordon plant, 244 Worcester St., North Grafton. With a return to this centrally-located and expansive venue, the event is sure to expand in numerous ways, drawing more attendees and participants.

The event features all of the popular attractions, but will include additions to our offerings: from food to vendors to events to nonprofit participation. And, of course, Pet Rock Fest continues to put the spotlight on the animal welfare organizations of New England that work hard to promote kindness to animals.



There is plenty of space, and beyond, to bring back all of our attractions, including K9 demos, an agility course, the Pups In The Air Frisbee dog team, live music, the Pet Parade, kids activities, Cat Photo Contest, Amateur Dog Contest, vegetarian vendors and our wonderful sponsors and animal welfare organizations.

“At the end of the day, we created Pet Rock to generate funding for animal welfare organizations,” said Founding Partner Jeannie Hebert. “If, with all the efforts, Charlene and I and the amazing team of volunteers put into the production of the festival are not going to reach that goal, we have to look elsewhere.”

After much searching and negotiating, we really believe we have finally found it. We applaud the team at Wyman-Gordon, especially Ronnie Brooks and Roberto Tedesco, for listening to us and realizing the good work accomplished over the years at the Pet Rock Festival and allowing us to hold the event here again so we can grow to provide even more funding to support the animals.”

**if you'd like more information, visit [www.petrockfest.org](http://www.petrockfest.org)**

Photo Credit: Brielle MacDonald



## stART on the Street: Fall Edition

**When: Sunday, September 17th**

**Where: On Park Ave. from Highland Street to Pleasant Street**

**Time: 11 am-6 pm**

**Rain Date: September 24th**



This year's creative, fun-filled festival takes place Sunday, September 17 between 11am and 6pm on Park Ave. from Highland Street to Pleasant Street. Enjoy the beautiful artwork by over 250 artists & crafters who will fill the streets with handmade items including jewelry, paintings, sculpture, soap, candles, lotions, blown glass, drawing, textiles, pet goods, woodwork, mosaic, photography and so much more! Bands, street performers and kids activities will all be part of the fun. Rain date will be September 24.

As always, stART is a free, family-friendly event. Area street parking will be available.



# QCC MENTORING

## One strong relationship is all it takes

When you receive a QCC Mentor, you will gain a trusted guide, a personal and professional resource, a connection to the professional world, and a friend.

By participating in the QCC Mentoring program, you will learn ways to raise your GPA, while building connections in the career path of your choice. This is a chance to build your personal and professional network and develop lifelong skills that you can take with you wherever you go.

Mentees will receive training, guidance, resources, and support throughout the program.

### QCC Mentoring:

- Builds self-confidence and self-esteem
- Provides motivation
- Delivers vital college/work/life strategies
- Offers support and experience in public speaking/presentations
- Enables students to grow to their full potential

**To learn more about the QCC Mentoring program, please email [mentoring@qcc.mass.edu](mailto:mentoring@qcc.mass.edu), call 508.854.4573, or visit 120A in the Administration Building.**



**QUINSIGAMOND**  
Community College



**COLLEGE.**  
MADE **SMARTER.**

## MENTORING AT QCC

### What is QCC Mentoring?

Quinsigamond Community College Mentoring connects QCC students with staff, faculty, industry, and community members to create one-on-one mentoring relationships. This unique program provides extensive benefits to students, as well as professional development and networking opportunities for mentors.

This program will provide a way for QCC students to connect with mentors and build positive relationships to support their college experience. Students will also develop employer desired skills, gain an understanding of workplace expectations and networking to increase their likelihood of finding a rewarding career.

The QCC Mentoring program will host monthly workshops and social events for mentors and mentees throughout the academic year. Mentors will have access to QCC professional development, as well as the Fab Lab, library and additional on-campus resources. The program will conclude with an end-of-the year reception in May.

### Interested?

Visit [www.QCC.edu/mentoring](http://www.QCC.edu/mentoring)  
Email: [mentoring@qcc.mass.edu](mailto:mentoring@qcc.mass.edu)  
Call: 508.854.4573

### The QCC Mentoring Program Includes:

- One-on-one mentoring sessions
- Group workshops
- Networking events
- Professional development opportunities
- Individual orientation
- Training sessions
- Expectations and strategies to make this a valuable experience for all

Once mentors and mentees are matched, they will be expected to meet in-person once a month, with additional meetings or communication as needed.

### Suggested Mentorship Activities

- Discuss resume and cover letter strategies
- Build study and time management skills
- Attend a professional networking or group meeting
- Create a list of professional, personal, and academic goals
- Prepare for a professional interview
- Connect the mentee to relevant on-campus support systems
- Invite the mentee to your workplace for a day
- Introduce the mentee to colleagues
- Attend QCC Mentoring social events



**QUINSIGAMOND**  
Community College



**COLLEGE.**  
MADE **SMARTER.**



# Disability Services

**Welcome to QCC’s office of Disability Services (DS).**  
Disability Services assists students with documented disabilities by coordinating supports and services in order to give students equal access to the college environment.

**Q: What does Disability Services do?**  
Disability Services is committed to providing reasonable accommodations to qualified individuals with disabilities in accordance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act of 1990 and the ADA Amendments Act of 2008. Accommodations and services available through Disability Services include and are not limited to the following areas: course content, digital environment, campus terrain, and support services.

<u>Course Content</u>	<u>Access to Class notes, ASL Interpreters, Extended Test Time, and Less Distractive Environment</u>
<u>Digital Environment</u>	<u>Access to electronic texts, Speech-to-Text software, Audio Capture Technology, and Training for QCC Learning Management Systems</u>
<u>Campus Terrain</u>	<u>Medical Parking, Classroom Furniture, Routes of Travel, and Accessible pathways</u>
<u>Support Services</u>	<u>Learning Specialists, Success Coaching, Self-Advocacy Strategies, and Connections to Campus and Community Resources</u>

**Q: What does Disability Services do specifically for students?**  
The staff meets with students to determine the accommodations needed to remove barriers in the classroom or the curriculum each semester. These may change depending on the nature of the course and the way it’s taught. If additional barriers come up during the semester, DS staff and student may meet to problem-solve and discuss alternate ways of demonstrating knowledge and course competencies. DS staff work to ensure that accommodations provide access and are effective for each individual with a disability, based on the documentation provided to Disability Services.

**Q: I am new to QCC and just learned about your office – what should I do?**  
**Stop by the Worcester or Southbridge office, call, or email Disability Services to get started.** New students are encouraged to make an intake appointment with Disability Services as soon as possible before the semester begins. We recommend you make an appointment as soon as you are accepted to QCC, or register for classes.

**Q: I used Disability Services in the past, but haven’t for the last few semesters. Can I still see my Coordinator?**  
Sure! Please don’t hesitate to drop by the office in 246A or send your coordinator an email! There is always something new for us to share with you, and we would like to stay abreast of all your courses for this semester.

**Q: Can I volunteer to work with Disability Services?**  
Yes! **The Leadership Crew:** Are you looking for a way to get involved on campus and meet new people? If so, come join **The Leadership Crew!** The Leadership Crew positively promotes disability issues, supports campus events, meets socially and so much more! To learn more contact Kristie Proctor at kproctor@qcc.mass.edu. **ALL ARE WELCOME!**

On behalf of the Disability Services Staff, we look forward to working with you!

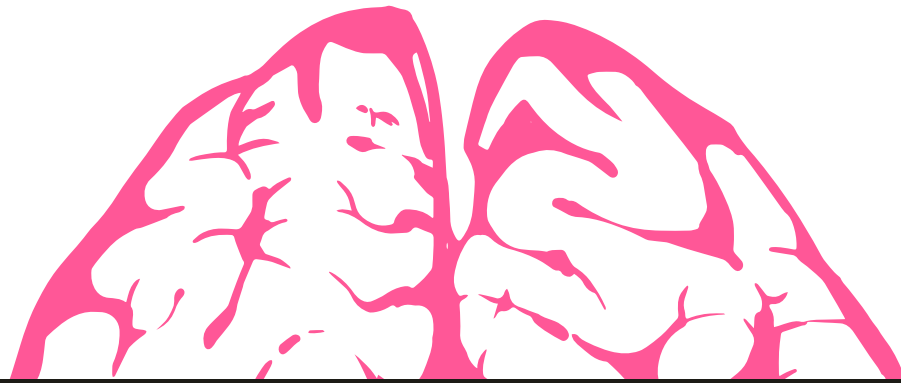
Kristie Proctor, Director

**Contact Us:**

<u>Worcester Campus</u>		<u>Southbridge Campus</u>	
<u>Room:</u>	246 Administration Building	<u>Room:</u>	Reception Area
<u>Email:</u>	disabilityservices@qcc.mass.edu	<u>Email:</u>	disabilityservices@qcc.mass.edu
<u>Phone:</u>	508-854-4471	<u>Phone:</u>	774-318-2113
<u>Fax:</u>	508-854-4549	<u>Fax:</u>	508-765-5625
<u>Video Phone:</u>	508-502-7647	<u>Video Phone:</u>	508-502-7647
<u>Hours:</u>	Mon-Thurs 8am-6pm Friday 8am-5pm	<u>Hours:</u>	Mon & Tues 10am-6pm Wed & Thurs 9am-5pm Friday 8am-4pm

**INTERESTED IN HUMAN BEHAVIOR?**

JOIN QUINSIGAMOND COMMUNITY  
COLLEGE'S...



## **PSI BETA HONOR SOCIETY & PSYCHOLOGY CLUB**



**MEETS EVERY OTHER  
WEDNESDAY 12-1**

**FALL SEMESTER MEETINGS: 9/12, 9/26,  
10/10, 10/24, 11/7, 11/28**

**LOCATION: HLC BUILDING ROOM 239**

VISIT [QCC.EDU/PSYCHOLOGY](https://qcc.edu/psychology) TO LEARN MORE INFORMATION  
ABOUT STUDENT ORGANIZATIONS IN PSYCHOLOGY

FOR EMAIL REMINDERS, EVENT ALERTS, AND MORE,  
**JOIN THE EMAIL LIST:** SEND AN EMAIL TO  
[QCCPSYCHOLOGYCLUB@GMAIL.COM](mailto:QCCPSYCHOLOGYCLUB@GMAIL.COM)

QUESTIONS? EMAIL ADVISOR VALARIE CLEMENTE:  
[VCLEMENTE@QCC.MASS.EDU](mailto:VCLEMENTE@QCC.MASS.EDU)

FOLLOW US ON [INSTAGRAM](https://www.instagram.com/qccpsychclub) @QCC.PSYCHCLUB





# JOIN PSI BETA!

THE NATIONAL PSYCHOLOGY HONOR SOCIETY  
FOR COMMUNITY AND JUNIOR COLLEGES

## ELIGIBILITY REQUIREMENTS:

1. A strong interest in psychology (major in psychology is not required)
2. Completion of 1 psychology course
3. Minimum "B" average in all psychology courses
4. Minimum overall 3.25 GPA
5. Completion of at least 12 credits



Ready to apply for induction?  
Want to know more?

EMAIL CHAPTER ADVISOR VALARIE CLEMENTE, EdD:  
VCLEMENTE@QCC.MASS.EDU

OR VISIT: [WWW.QCC.EDU/PSYCHOLOGY](http://WWW.QCC.EDU/PSYCHOLOGY) FOR MORE INFORMATION

# Student Guide:

## How to get started in Blackboard

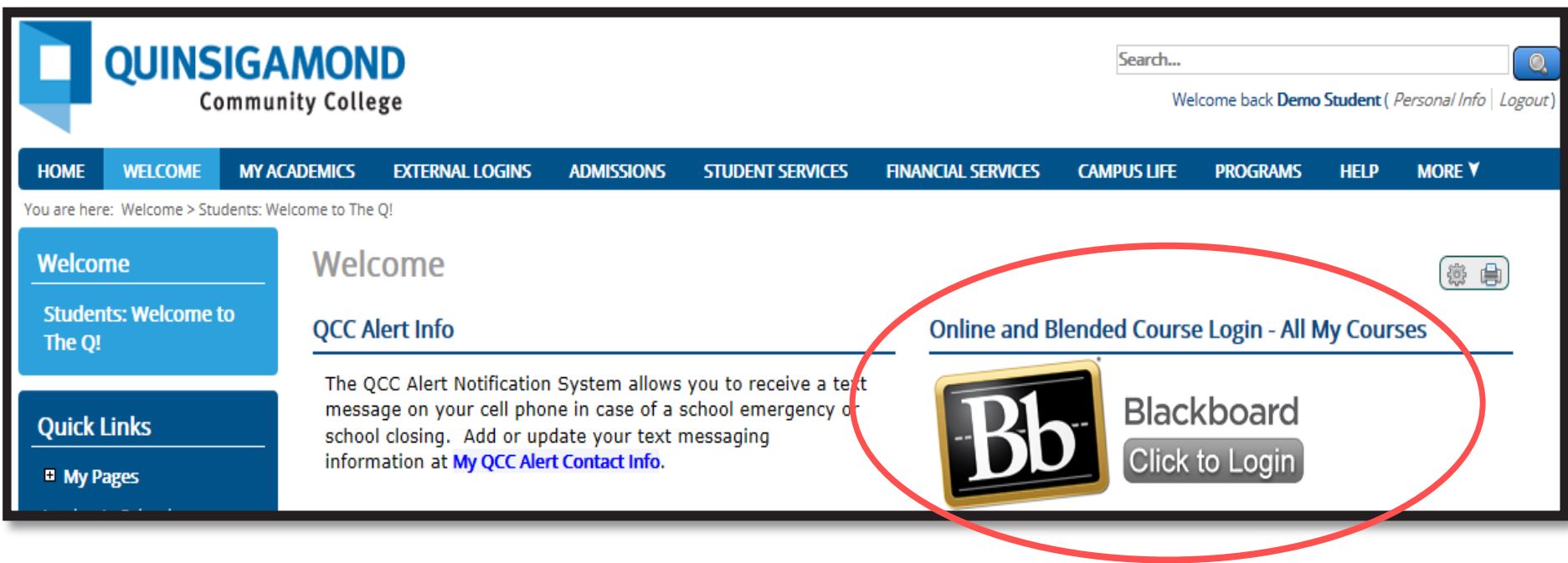
*Online and blended course login and access to all courses*

### Step 1. Log In to “The Q” Student Portal

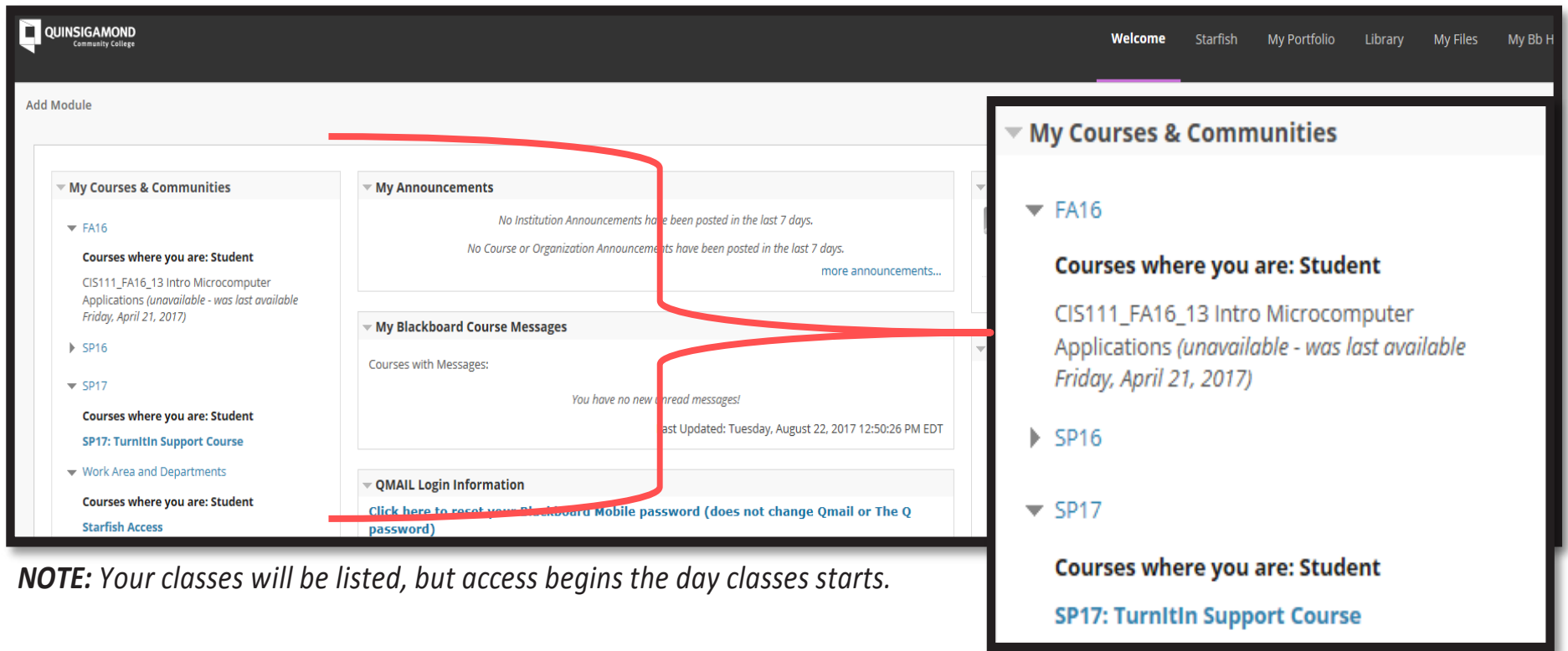
- A. Go to [www.qcc.edu](http://www.qcc.edu) and click on “The Q” link
- B. Enter your username and password and click on the “Login” button
  - ⇒ **TIP:** The Q Username = Your Student ID Number
  - ⇒ **TIP:** Forgot your Username or Password? Click on “*I forgot my password*” OR click on the **HELP** tab to contact the Help Desk.

### Step 2. Click on the Blackboard icon

**NOTE:** The Blackboard icon appears on the **Welcome** tab after you log into **The Q**.



### Step 3. Locate and click on your courses under “My Courses & Communities”



**NOTE:** Your classes will be listed, but access begins the day classes starts.

**YouTube** Video Tutorial [“Logging into Bb Learn at QCC”](#)

Phone: 508-854-4427  
Blackboard Tutoring available! QCC main campus, HLC building 2nd floor  
Blackboard Support: <https://help.edusupportcenter.com/shplite/qcc/home>



**TECHNICAL** Support



# Campus Police

QCC Police Informer

Deputy Chief Reynaldo Rodriguez

## “No Smoke”

QCC has a no smoking policy on campus. Smoke or tobacco free college policies is a trend spreading throughout many campuses. As of July 1, 2018 as many as 2,212 campuses are 100% smoke free, 1,818 of them are tobacco-free (includes all forms of tobacco).

The focus has been the effects that secondhand smoke has on non-smokers. The idea is that “no one should risk their health for an education or a job” according to ANRF (American Nonsmokers’ Rights Foundation). As it protects non-smokers, it challenges a long socially accepted activity. The hope is to prevent youth and young adult smoking, and increase smokers to quit. The reality is that a vast majority of smokers began before they entered the hallowed halls of higher education. By banning its use on campus, students, faculty, staff and guests benefit from a cleaner environment as exposure to smoke is reduced.

Some benefits to a smoke free environment:

1. Litter reduction/economic saving: Less cigarette litter and risk of fire on campuses. That means that maintenance costs to clean up butts or replace burnt containers goes down.
2. Getting employment: As more places go smoke-free, job seekers find it difficult to work in a place that does not allow smoking. This causes job seekers to reevaluate the need or value of smoking.
3. Reduce tobacco use among young adults: As less college students are able to smoke, the peer pressure on others to smoke or continue to smoke reduces.

Feel free to send an anonymous tip to Campus Police at 508-854-4221 or use the new anonymous tip line.

Two easy ways to send a tip: #1 Download the FREE App on your phone-Keyword “QCC Tip” or #2 Text “QCC” + (space) + your tip to 847411

## WOMEN’S SELF-DEFENSE

### Join us for a Rape Aggression Defense Class R.A.D. presented by Quinsigamond Campus Police

This is a 12-hour class. You must attend all sessions to complete the course. This course is free to the QCC community.

- September 18 – 5:30 p.m. - 8:30 p.m.
- September 20 – 5:30 p.m. - 8:30 p.m.
- September 25 – 5:30 p.m. - 8:30 p.m.
- September 27 – 5:30 p.m. - 8:30 p.m.

**Location:** Athletic Center Basketball Court

*Please bring a water bottle, wear athletic clothes and do not bring jewelry. If you are under 18, please contact us in advance to fill out parental consent forms.*

**To register : Contact Officer  
Catherine Dixon at  
cdixon@qcc.mass.edu**







**STEM Starter Academy @ QCC**  
**2018-2019**

- ❖ Field Trips : **FREE** (Fitchburg State University, UMASS Amherst, Environmental Science trip, etc...)
- ❖ Research Projects with STEM Faculty
- ❖ Manufacturing Day @ QCC on October 19<sup>th</sup>
- ❖ STEM Week - October 22-26
- ❖ STEM Workshops/QCC FAB Lab, Chemistry Lab, Computer Lab
- ❖ STEM Tutoring
- ❖ STEM focused campus visits & events
- ❖ QuEST Center Tours (Fusion Tours)
- ❖ Adult Education Activity
- ❖ Spring: College & STEM Day @ QCC for high school juniors & seniors
- ❖ Gateway to College Introduction to the FAB Lab
- ❖ Summer 2019 College Readiness Program (new incoming fall 2019 STEM students)



Please contact Darcy Carlson if you are interested in attending any STEM Starter Academy Events or want more information.

Darcy Carlson: STEM Starter Academy Project Coordinator  
Quinsigamond Community College: 670 West Boylston Street, Worcester, MA 01606  
Room 212 QuEST Center 508-854-4441 [dcarlson@qcc.mass.edu](mailto:dcarlson@qcc.mass.edu)







## **President Pedraja wants to hear from you**

**If you feel that you have received outstanding, student-centered service at QCC, President Pedraja wants to know!**

At QCC, we embrace a holistic, student-centered approach to student service. We strive to create a welcoming and supportive community in which helpful QCC representatives are available to assist students in achieving their academic goals.

Please take a moment to go online and tell us about your experience:

**[www.QCC.edu/student-service](http://www.QCC.edu/student-service)**





**QUINSIGAMOND**  
Community College

## **QCC Bookstore**

The Bookstore offers new and used books, online access codes, text rental and digital texts, as well as laptops, printers, backpacks, and all the supplies you need for a successful semester. To help simplify the book buying process, the QCC Bookstore is now offering "Shop by Author". Here at the campus store all text-books are shelved alphabetically by author. When on campus, simply log onto [qccshop.com](http://qccshop.com), enter your student ID in the prompt, and your book list is right at your fingertips! Don't have your booklist with you at the store? Three look-up stations will be available by the store entrance for your convenience.

You can also order online at [qccshop.com](http://qccshop.com) 24/7 and have your textbooks ready for in-store pick-up, or have them mailed to you for a standard shipping fee. The QCC Bookstore accepts cash, credit and debit. Financial Aid will be available for use in-store and online after you have a received an email notification from the Financial Aid Office. Questions regarding financial aid book allowances should be directed to the Financial Aid office.

# Student Life

September					2018	
Check the QCC Events Calendar for more information and follow Quinsigamond Community College Student Life on Facebook						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Yoga Every Tuesday at 1pm & Every Thursday at 12pm	Full Body Toning Every Monday & Wednesday 12:30				1
2	3	4	5	6	7	8
	College Closed	All College Day NO SCHOOL	First Day Welcome Fair 11:30am-1:30pm Baseball Interest Meeting 5pm	NFL Kick Off 12:00pm-1:00pm Women's Soccer Tryouts 8pm	Back-To-School Bingo 10:00am-11:00am	
9	10	11	12	13	14	15
Grandparents day 	Downtown Welcome College Knowledge Trivia 10:00am-12:00pm	Southbridge Welcome College Knowledge Trivia 10:00am-12:00pm Resume Writing 5pm		Workplace Etiquette 12pm	Fuller Friday 10:30am-1:00pm Walt Disney Program Share 1pm	
16	17	18	19	20	21	22
	Constitution Day Trivia 10:00am-12:00pm	Resume Critique 4pm	Club Rush 11:00am-1:00pm Big E Trip	Club Rush 11:00am-1:00pm Resume Writing 10am		Dragon Boat Races Autumn Begins
23/30	24	25	26	27	28	29
Basketball Tryouts on October 1st TBA	Fall Frenzy 10:00am-12:00pm Interviewing Skills 11am		Nacho Night 5:00pm-6:00pm	Safety Awareness 10:00am-11:00pm	Student Leadership Academy Kickoff 12pm-1pm	



## Sexual Violence/Relationship Abuse Resources & Services

\*Confidential Resource

### Campus Police

Campus Police (24/7): 508.854.4221  
Emergencies (24/7): 508.854.4444

### Title IX Coordinator

This is a college official designated to receive and investigate complaints related to sexual violence on campus.

Liz Woods, Dean for Compliance and Education:  
508.854.2791 • lwoods@qcc.mass.edu

### Fall 2018 ID Schedule In the Athletic Center:

September 4th  
12pm-4pm

September 5th & 6th  
10am-6pm

September 7th  
10am-4pm

September 10th-13th  
10am-2pm  
4pm-6pm

September 14th  
10am-2pm

September 15th-Rest of the Fall Semester  
M, W, F  
9am-10am  
2pm-3pm  
T, TH  
9am-10am  
4pm-6pm  
S  
10am-1pm

(Students can also make an appointment by calling the Athletic Center in advance)

Southbridge Campus:  
September 12th and 13th  
10am-6pm

Downtown Campus:  
September 17th and 18th  
10am-7pm