



## PRESIDENT'S MESSAGE



**Dr. Luis G. Pedraja**

"Beware the ides of March." The phrase popularized in the play by William Shakespeare is uttered by the soothsayer as a warning to Julius Caesar of his impending assassination. If you are unfamiliar with the play (you should read it!), the date refers to March 15, a day Romans considered as a deadline for settling bets. Luckily, this year it falls on a weekend right before spring break. Although we should not dread this time of year, we must not forget that often it is a time when deadlines begin to loom with midterm tests and papers that need to be finished. If you have not done so, it is a good time to start planning for the classes you will be taking next semester, finishing your academic work, and completing anything that is due. Enjoy your break and the coming of spring (which around here probably starts sometime in June), but also use the time to get organized and focused on completing the academic year. Whether you are continuing with us next year or moving on to new adventures, plan ahead – meet with your advisors, get your paperwork submitted, check on your financial aid, talk to career services, or consult with our transfer counselors. We do not need to dread the future if we plan for it!

Also, if you are struggling in any of your classes, it is not too late to ask for help. Talk to your professors and academic support services. Our goal as a college is to ensure your success and we will continue to work to the best of our abilities to provide you with all of the resources and support you need to be successful at QCC. As you strive for success, we, too, will continue to strive to better serve you and ensure that you are successful. Working together, we can achieve quite a bit as long as we remain steadfast in our fierce determination, see each challenge as an opportunity, and know that together we can accomplish anything!

## *Edible Mind:* A Road to Redemption

*By Johnathan Patricio*

I originally wanted to write an article on how the opioid epidemic has impacted our society with all kinds of fancy interviews and flowery words. However, after much thought, I realized I would have more of an effect if I just kept it real and was able to share my own experience in hoping that it may help someone who is struggling. Whether it be their own personal struggle or a battle they are fighting from the sidelines watching their loved ones self-destruct, drug addiction is like a 3-D equation that cannot be solved with traditional mathematical analysis. The opioid epidemic affects just about every single American in our country, one way or another. I can state several statistics and bore you to death with numbers and opinions that you would forget shortly after reading this article. I feel my approach will have a profound impact on the ones who need to hear this most.

As a child I excelled in school and had a vision for the future. My childhood dream was to be a doctor. I was well-liked and had many friends. There was always some tension in my home life however, as I've gotten older I realize it may not have been much different than most families. Throughout high school I played sports and excelled there also. I always felt like something was fundamentally off though. The older I got the more uneasy I felt and paired with several family tragedies, I was desperately seeking a sense of ease and comfort.

Innocently enough I found that ease in marijuana until I was introduced to OxyContin. This was the early 2000's when over prescribing of pain meds was running rampant. Opioids were marketed as the cure all medication with zero risk for addiction and it was prescribed fairly loosely. I remember at that point in time, the streets in just about every city were flooded with OxyContin.

Looking back, it really was insane. As time progressed, so did my tolerance and it happened fairly quickly. I was hooked from the beginning, doing upwards of 640mgs a day. To put that into perspective for you, I started off with only 5mgs and within months I was up to nearly 650mgs just so I wouldn't be sick from withdrawal. It was a remarkable evolution from start to finish. I was willing to do just about anything so I wouldn't go without. I went from an honor student junior year of high school to a full blown addict that spiraled into a life of misery, pain, isolation and feelings of wanting to die.

After a short jail sentence for crimes committed to get money to feed my addiction, I was stipulated to a halfway house. The system in America is indisputably flawed. The system is rigged; it's a money making enterprise. From pharmaceuticals to street drugs, the powers that be are making money on both ends of the spectrum.

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## The Open Door

The Open Door is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work.

If you are interested in working on The Open Door, please see Pat Bisha-Valencia, advisor. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu) or phone 508-854-4285.

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**Layout Designer:** Ashley Jerome  
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**Sports Writer:** Bryan Faubert

## OPEN DOOR

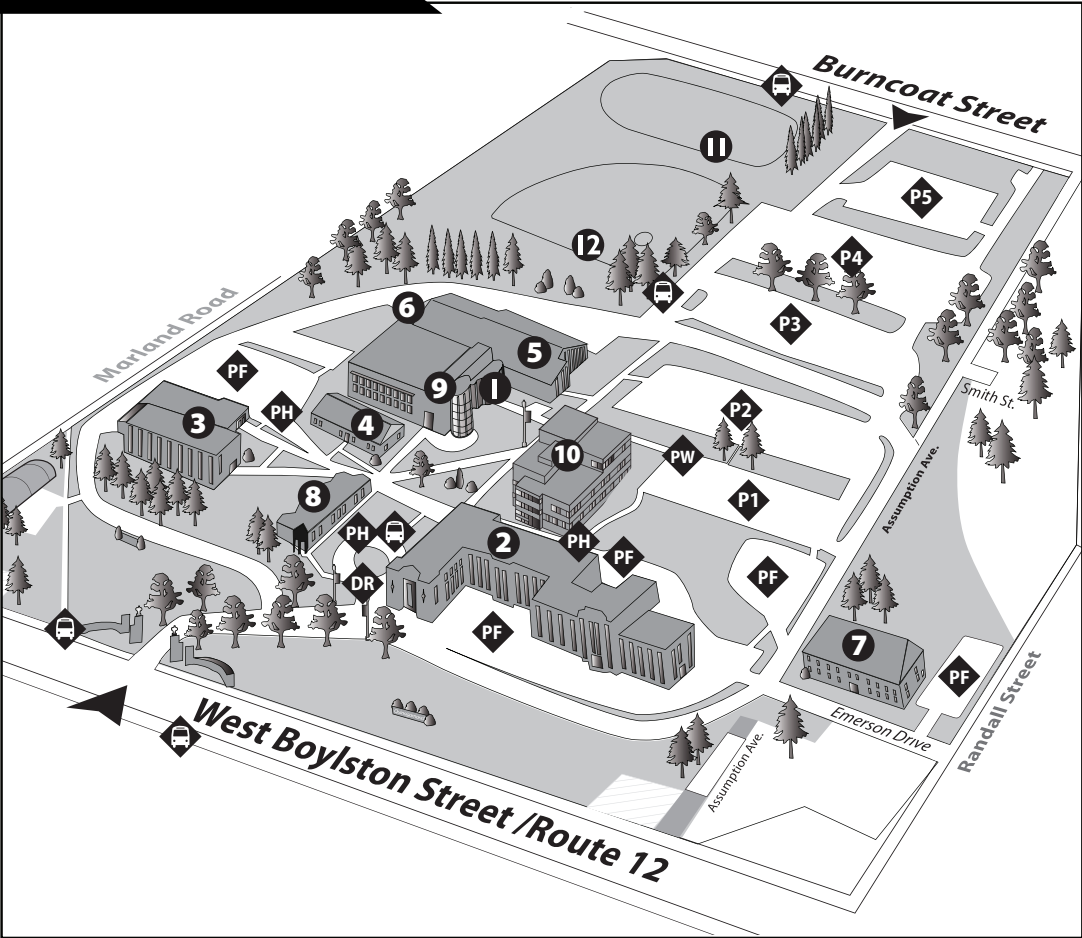
Issue	On the Stands	Deadline
#7 April	April 4	March 6
#8 May	May 1	April 3

Next Issue: April 4, 2020

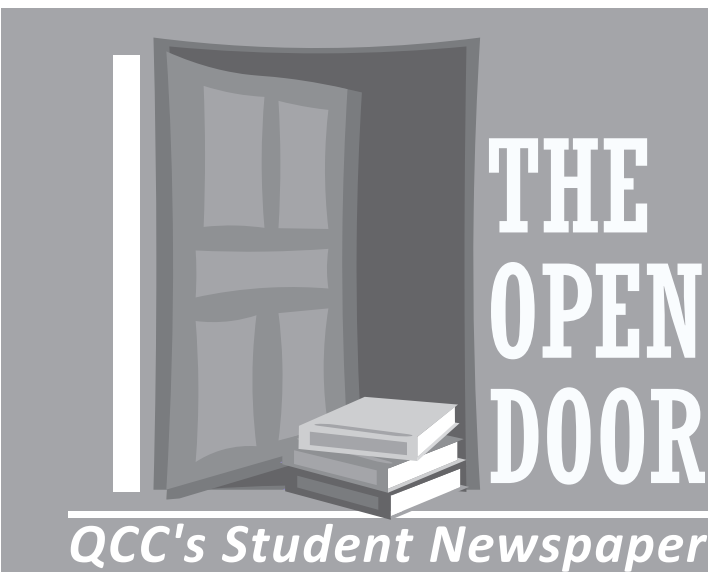
# Campus Map

All visitors and those seeking Admissions should start at the Welcome Center

1. Welcome Center		
2. Administration Building (A)		
Lower Level		
Bookstore	Lower Level - A	
Business Office	B07A	
Cafeteria	Lower Level - A	
High School Equivalency Testing	B58A	
I.T. Service Desk	B67A	
First Floor		
Counseling	162A	
Dental Hygiene Clinic	126A	
President's Office	132A	
Registrar	152A	
TRiO Student Support Services	170A	
VP of Academic Affairs	103A	
VP of Strategic Enrollment Management & Student Engagement	133A	
Second Floor		
Disability Services	246A	
Veteran Affairs Office	258A	
Human Resources	222A	
Career Services & Credit for Prior Learning	272A	
Third Floor		
Dean of Students	365A	
Placement Testing & CELSA	376A	
Harrington Academic Computing Center	379A	
Assistant Dean of Students	383A	
3. Surprenant Hall (S)	Gateway to College 102S	Hebert Auditorium
4. Ahlfors Hall (ALF)	Office of Distance Learning & Professional Development	
5. Athletic Center (AC)	Fitness Center	Gymnasium
	Campus Police	136AC
6. Campus Police 136AC		
7. Child Study Center (CSC)		
8. Fuller Student Center	Student Life	Open Door Newspaper
	Student Senate	
9. Harrington Learning Center (HLC)		
Second Floor - Student Success Center		
Academic Advising		
Admissions		
Financial Aid		
General Academic Areas		
Tutoring Center		
Math Center		
Transfer Services		
Writing Center		
Third Floor		
Alden Library		
10. QuEST Center		
11. Athletic Field & Track		
12. Chupka Baseball Field		



Parking	Class Locations - Main Campus
DR Drop Off/Pickup	A Administration Building
PW Welcome Center Parking	ALF Ahlfors Hall
P1-5 Student & Visitor Parking	AC Athletic Center
PF Faculty & Staff Parking	CSC Child Study Center
PH Handicapped Parking	HLC Harrington Learning Center
	Q QuEST Center
	S Surprenant Hall
	Off-Campus Class Locations
	ASSA QCC at Assabet Valley
	BURN QCC at Burncoat
	BVC QCC at the Blackstone Valley Education Hub
	CWDCE Center for Workforce Development and Continuing Education
	D Healthcare and Workforce Development Center
	QSB QCC Southbridge
	SRCT QCC at the Worcester Senior Center



The next issue of The Open Door will be on stands April 4th



Edible Mind:  
A Road to Redemption

As I Dance.....  
By Johnathan Patricio

As I dance in my tears I begin to drown, As I grasp for air, I suffocate	As I dance in my tears, I begin to float I clutch for air Breathe
These drops are red, Like a velvet rose, They are full of bliss Painful	These drops are blue, Like the epoch sky, They are heavenly like, Serene
I continue to flow, In rhythm I sway, Aeuphoric paradise, Inconceivable	I continueto breeze, In the wind I blow Elated utopia, Conceivable
Slowly deteriorating, Quickly decomposing, The metronome fades, Shifted	Slowly rejoicing, Quickly triumphant, The harmony ensures, Life

! QCC Police Informer

“See Something, Say Something”

Deputy Chief Rodriguez

Getting involved in the community’s safety and security is everyone’s business, not just campus police. If you “see something, say something” is a great idea. It’s about civic duty and a mindset. If a citizen uses common sense of what they perceive to have seen, then that person is not wasting hours or resources on a false alarm. So calling the police about a “suspicious activity” is being an active partner in the community.

So how do you determine if you are using common sense or simply unsure of what you’ve seen? The answer is to decide that if the behavior that you witnessed is out of place and that it would arouse suspicion in a reasonable person then you should report it.

Many cities and towns today have Neighborhood Watch Meetings where local police will host a gathering of those in the neighborhood. In the

neighborhood where QCC sits, the Greendale Library holds a meeting every month. There, citizens are able to voice concerns over safety and security but also talk about suspicious activities. Encouraged to call when the activity happens is best, but even getting the information at one of these meetings can be helpful.

Keep in mind that being suspicious isn’t always an act you see. It can be something else, like a broken light, a flat tire, a smashed window, a bent door handle or even a smashed mirror. The list can be endless when “seeing something, saying something.”

**At QCC, you can call 508-854-4221 or X4444 to report a suspicious activity.**



# Edible Mind: A Road to Redemption

## Continued from Page 1

Whether you are buying the product or getting help in a program it's a win/win for them. These powers are making money hand over fist on getting the human race at large hooked on one of the most addictive substances on the face of this planet.

Well, fast forwarding a bit, after 38 overdoses, 5+ years incarcerated, 3 years of chronic homelessness, countless visits to shelters, psych wards and rehabilitation facilities, I just couldn't seem to shake this addiction. Now, there are many debates on whether addiction is a choice or a disease. This is not an article on that, this is my experience and in my experience it started off as a choice, until I no longer had the power of choice. As I said earlier, addiction is a 3-D equation, it's the collective sum of a lot of factors. However, if it were simply a matter of choice then someone tell me why we lost over half a million people to overdose from 2010 to 2019. It is the number one cause of death in people under 50. Drugs have been around since the beginning of time, but only now are we seeing people dying in mass numbers. Maybe the problem is not the drugs themselves. Perhaps the problem is the culture we live in.

Well, during my last incarceration, something profound happened. I had a vital spiritual experience and I have not had the desire to use ever again. My perception of life has gone from always bad to mostly good. It did take work but I was willing to really reevaluate my life and I was blessed with a second chance or should I say a 39th chance. The reason why I decided to share my story for the student body to read is simple. I want people to understand

that there is hope. Addiction doesn't have to be a death sentence nor should it carry a stigma. When you shame the addict it hinders their chance of recovery.

Johann Eduard Hari is a Swiss-British writer and journalist who has a passion for understanding addiction, he is constantly saying that it's possible to love an addict into recovery but it needs to be collectively as a society. I couldn't agree with him more. If negative consequences, like prisons and jails worked, then we wouldn't have a single addict in the world. I don't know what the solution would be to end this epidemic however, I know that the approach our country is taking is not the right one. I don't express that through reading statistics from a book, rather I lived it first hand from 16 to 31 yrs. old. Fifteen years of research has led me back to college and my goal of being a doctor is insight again. The immense gratitude I feel on a daily basis is what pushes me to live my life on an altruistic plane. I faced those trials and tribulations so I can come out the other side the best possible version of myself so I could be of service to others who are struggling.

If anyone is struggling with an addiction I'm here to tell you there is hope and things will get better. The first step is reaching out and asking for help. My hand will be forever extended to anyone that is struggling with adversity. If this article can help at least one single person, then it is worth sharing such a personal and private piece of my life.

## Substance Abuse Resources

### In Worcester MA:

**\*Open AA meeting** @QCC Thursday nights 5:30pm in 107A

**\*Washburn House** (specific to opiod dependence) <https://www.washburnhouse.com/>

**\*Adcare Hospital** for adults; they have inpatient and outpatient programs <https://adcare.com/massachusetts/worcester/>

**\*You Inc** for young people aged 11-18  
<https://www.youinc.org/services/counseling/substance-use-services/>

**\*Center for Recovery** <https://center-for-recovery-worcesterma.business.site/>

### In Southbridge MA:

**\*Spectrum Health Systems** <https://www.spectrumhealthsystems.org/locations/southbridge-ma/150>

**\*Harrington Health Care** <https://www.harringtonhospital.org/locations/behavioral-health-services/>

**Students are encouraged to ask for help and will be assessed and provided support.**

Tina Wells LICSW  
Office of Counseling and Wellness  
Room 162A  
Quinsigamond Community College  
508-854-4479

For students to submit information for a confidential referral:  
<https://qcc.titaniumhwc.com/>

# Athletic Center

## Need To Know

([www.qcc.edu/student-life/athletics](http://www.qcc.edu/student-life/athletics))

([www.qcc.edu/services/athletic-center](http://www.qcc.edu/services/athletic-center))

Athletic Center Hours Starting 9/4:

Monday	8:00am – 4:00pm
Tuesday	8:00am – 7:00pm
Wednesday	8:00am – 4:00pm
Thursday	8:00am – 7:00pm
Friday	8:00am – 4:00pm
Saturday	10:00am – 2:00pm

All offerings and programs are  
free for QCC Students, Staff, and  
Faculty

Check The Q and posted signs for  
fall schedule.



## IT'S NEVER TOO LATE TO START THE YEAR HEALTHY

Healthy Goal Setting Tips:

- Start small- don't overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you'll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage you.

Remember the Great feeling you have after you exercise.....

### BENEFITS OF EXERCISE

- Reduces & Relieves Stress
- Reduces Cholesterol
- Prevents Osteoporosis
- Helps Prevent Coronary Heart Disease (which is the #1 death rate)
- Weight Maintenance
- Firm & Tone your Body
- Meet New People

Ultimately....You Will Have More ENERGY

**Fitness Program Classes are offered in the Athletic Center. Stop by or call the Athletic Center for details.**



### INTERESTED IN PLAYING A SPORT AT Q.C.C.?

Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try- out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are "cleared to play competitive sports". Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

#### Men's Basketball

Tishaun Jenkins  
508-854-4211  
tajenkins@qcc.mass.edu

#### Women's Basketball

Andy Kupec  
508-854-4492  
akupec@qcc.mass.edu

#### Men's Soccer

Frank Balcarcel  
508-854-4320  
fbalcarcel@qcc.mass.edu

#### Women's Soccer

Josh Cole  
508-854-4317  
jcole@qcc.mass.edu

#### Men's Baseball

John McLaughlin  
508-854-4316  
jmclaughlin@qcc.mass.edu

#### Women's Volleyball

Emily Boutilette  
508-854-4311  
eboutilette@qcc.mass.edu

**Lisa M. Gurnick**  
Director of Athletics &  
Fitness Center  
508-854-4582  
lisag@qcc.mass.edu

**Josh Cole**  
Assistant Manger of  
Athletics & Fitness Center  
508-854-4317  
jcole.qcc.mass.edu



# Athletic Center

## QUINSIGAMOND COMMUNITY COLLEGE WYVERNS 2020 Baseball Schedule

MARCH

			<u>Departure</u>	<u>Return</u>	
Saturday	14th	3:00 pm	TBA		AWAY
Saturday	14th	6:00 pm	TBA		AWAY
Sunday	15th	10:00 am	TBA		AWAY
Sunday	15th	12:30 pm	TBA		AWAY
Monday	16th	10:00 am	TBA		AWAY
Monday	16th	12:30 pm	TBA		AWAY
Sunday	22nd	TBA	UConn AP		AWAY

Head Coach: John McLaughlin  
Assistant Coach: Paul Goodwin

**Victor Florentino**, is averaging 12.3 points and 9.5 rebounds per game for the Wyverns. **Brendan Dion**, ranks First in the NJCAA, Region XXI 3-point field goal percentage.

The QCC Wyverns came back strong the second half with a record of 7-3. They played hard, fast and with heart. QCC Wyverns completing their season with a record of 10-11. We wish them good luck in their future education and/or careers!



On February 22, QCC's sophomore student athletes had a parent/guardian at the game and presented them with flowers.

### Golf Clinic

Learn about the game of golf with local golf Pro Jim Fenner.

For golfers of ALL skills.

**When:** Tuesdays, Starting 1/28/20  
5:30 pm - 6:30 pm  
At the Athletic Center

### 10-Week Yoga Session

Free to Students!!!

**When:** Janaury 28th - April 2nd  
Tuesdays & Thursdays at 12 pm  
At the Athletic Center

For further information stop by the Athletic Center or call 508-854-4317



# International Women's Day

## March 8th is INTERNATIONAL WOMEN'S DAY

### *19 Things You Might Not Know Were Invented by Women*

Some that save time, some that save lives, and a few that make each day a whole lot easier.

Necessity isn't the only mother of invention. Though it wasn't always easy to get patents or the credit they deserved, women are responsible for many items we use today.

#### **1. The Paper Bag**

America got a brand new paper bag when cotton mill worker Margaret Knight invented a machine to make them with a flat square bottom in 1868. (Paper bags originally looked more like envelopes.) A man named Charles Annan saw her design and tried to patent the idea first. Knight filed a lawsuit and won the patent fair and square in 1871.

#### **2. Kevlar**

Lightweight, high-tensile Kevlar—five times stronger than steel—will take a bullet for you. DuPont chemist Stephanie Kwolek accidentally invented it while trying to perfect a lighter fiber for car tires and earned a patent in 1966.

#### **3. The Foot-Pedal Trash Can**

Lillian Gilbreth improved existing inventions with small, but ingenious, tweaks. In the early 1900s, she designed the shelves inside refrigerator doors, made the can opener easier to use, and tidied up cleaning with a foot pedal trash can. Gilbreth is most famous for her pioneering work in efficiency management and ergonomics with her husband, Frank. Two of their 12 children, Frank Jr. and Ernestine Gilbreth, humorously wrote about their home/work collaborations in the book *Cheaper by the Dozen*.

#### **4. Monopoly**

Elizabeth Magie created The Landlord's Game to spread the economic theory of Georgism—teaching players about the unfairness of land-grabbing, the disadvantages of renting, and the need for a single land value tax on owners. Fun stuff! Magie patented the board game in 1904 and self-published it in 1906. Nearly 30 years later, a man named Charles Darrow rejiggered the board design and message and sold it to Parker Brothers as Monopoly. The company bought Magie's patent for the original game for \$500 and no royalties.

#### **5. Windshield Wipers**

Drivers were skeptical when Mary Anderson invented the first manual windshield wipers in 1903. They thought it was safer to drive with rain and snow obscuring the road than to pull a lever to clear it. (Another woman inventor, Charlotte Bridgwood, invented an automatic version with an electric roller in 1917. It didn't take off, either.) But by the time Anderson's patent expired in 1920, windshield wipers were cleaning up. Cadillac was the first to include them in every car model, and other companies soon followed.

#### **6. Disposable Diapers**

Marion Donovan didn't take all the mess out of diaper changing when she patented the waterproof "Boater" in 1951. But she changed parenting—and well, babies—forever. The waterproof diaper cover, originally made with a shower curtain, was first sold at Saks Fifth Avenue. Donovan sold the patent to the Keko Corporation for \$1 million and then created an entirely disposable model a few years later. Pampers was born in 1961.

#### **7. The Dishwasher**

Patented in 1886, the first dishwasher combined high water pressure, a wheel, a boiler, and a wire rack like the ones still used for dish drying. Inventor Josephine Cochrane never used it herself, but it made life easier for her servants.

#### **8. Liquid Paper**

In the days before the delete key, secretary Bette Nesmith Graham secretly used white tempera paint to cover up her typing errors. She spent years perfecting the formula in her kitchen before patenting Liquid Paper in 1958. Gillette bought her company in 1979 for \$47.5 million. And that's no typo.

#### **9. Alphabet Blocks**

Children don't read books by anti-suffrage author Adeline D.T. Whitney these days—and that's probably for the better. But the wooden blocks she patented in 1882 still help them learn their ABCs.

#### **10. The Apgar Score**

Life is a series of tests, starting with the Apgar, named after obstetrical anesthesiologist Dr. Virginia Apgar. In 1952, she began testing newborns one minute and five minutes after birth to determine if they needed immediate care. About 10 years later, the medical community made a backronym—an acronym designed

# International Women's Day

## March 8th is INTERNATIONAL WOMEN'S DAY

to fit an existing word—to remember the criteria scored: Appearance, Pulse, Grimace, Activity, and Respiration.

### 11. *Marine Signal Flares*

Communication between ships was once limited to colored flags, lanterns, and screaming things like "Thar she blows!" really loudly. Martha Coston didn't come up with the idea for signal flares all by herself. She found plans in a notebook that belonged to her late husband. The determined widow spent 10 years working with chemists and pyrotechnics experts to make the idea a reality. But she was only named administratrix in the 1859 patent—Mr. Coston got credited as the inventor.

### 12. *The Circular Saw*

A weaver named Tabitha Babbitt was the first to suggest that lumber workers use a circular saw instead of the two-man pit saw that only cut when pulled forward. She made a prototype and attached it to her spinning wheel in 1813. Babbitt's Shaker community didn't approve of filing a patent, but they took full advantage of the invention.

### 13. *Retractable Dog Leash*

New York City dog owner Mary A. Delaney patented the first retractable leading device in 1908. It attached to the collar, keeping pooches under control, while giving them some freedom to roam. Incidentally, someone named R.C. O'Connor patented the first child harness 11 years later. Coincidence? Maybe.

### 14. *Submarine Telescope and Lamp*

It's difficult to find any in-depth information about early inventor Sarah Mather. Her combination telescope and lamp for submarines, patented in 1845, speaks for itself.

### 15. *Folding Cabinet Bed*

Sarah E. Goode's folding cabinet bed didn't just maximize space in small homes. In 1885, it made her the first African-American woman with a U.S. patent. The fully functional desk could be used by day and then folded down for a good night's sleep. The Murphy bed came along some 15 years later.

### 16. *The Solar House*

Biophysicist Maria Telkes's place was in the house—the very first 100 percent solar house. In 1947, the Hungarian scientist invented the thermoelectric power generator to provide heat for Dover House, a wedge-shaped structure she conceived with architect Eleanor

Raymond. Telkes used Glauber's salt, the sodium salt of sulfuric acid, to store heat in preparation for sunless days. Dover House survived nearly three Massachusetts winters before the system failed.

### 17. *Scotchgard*

Apparently, it takes a stain to fight one. In 1952, 3M chemist Patsy Sherman was perplexed when some fluorochemical rubber spilled on a lab assistant's shoe and wouldn't come off. Without changing the color of the shoe, the stain repelled water, oil, and other liquids. Sherman and her co-inventor Samuel Smith called it Scotchgard. And the rest is ... preserving your couch.

### 18. *Invisible Glass*

Katharine Blodgett, General Electric's first female scientist, discovered a way to transfer thin monomolecular coatings to glass and metals in 1935. The result: glass that eliminated glare and distortion, which revolutionized cameras, microscopes, eyeglasses, and more.

### 19. *Computers*

Women in computer science have a role model in Grace Hopper. She and Howard Aiken designed Harvard's Mark I computer, a five-ton, room-sized machine in 1944. Hopper invented the compiler that translated written language into computer code and coined the terms "bug" and "debugging" when she had to remove moths from the device. In 1959, Hopper was part of the team that developed COBOL, one of the first modern programming languages.



## Facts and Trivia about the Month of March!

By Tyler Paul Wills

Did you know that the month of March has a lot of great things that happened? When Spring is almost here, that means the smell of fresh flowers is in the air! Some fun and cool things about the month of March that I thought were interesting Facts and Trivia! While there are a lot of more interesting things that have happened in the month of March I could write about. Here are some of my favorites I thought I would share with everyone.

- March Quotes: Everyone says “When March comes in like a lion it goes out like a lamb”
- March’s Birthstone is Aquamarine(blue); the flower for the month of March is a Daffodil.
- March is American Dietetic Association National Nutrition Month - American Red Cross Month - Epilepsy’s Awareness Month - Caffeine Awareness Month - Women’s History Month - National House Protection Day - St. Patrick’s Day - National 3.14 day (Pi Day) in almost every school they give out Pie’s to the students to learn about Pi ( $\pi$ ) 3.14 and to celebrate and eat pie.
- The name of March comes from a Latin word Martius the first month of the early Roman calendar. I thought that was cool.

### - Fun Facts

- In 1868 – **The Pi Kappa Alpha Fraternity** was founded at the University of Virginia.
- In 1899 – **Bayer** – registered **Aspirin** as a trademark. Aspirin is considered by many to be the first wonder drug.
- In 1921 – **Harry Houdini** earned a US Patent (#1,370, 31) for a safety Diver Suit for his underwater magic escape tricks.
- In 1937 – **King-Kong (film)** – opened at New York’s Radio City Music Hall.
- In 1950 – **Silly Putty** – was introduced as a toy by Peter Hodgson. It was invented in 1943 by James Wright to make synthetic rubber.
- In 1957 – **Julie Andrews** – started in Cinderella, on CBS.
- In 1960 – **Lucille Ball** – filed for divorce from Desi Arnaz, ending their marriage as well as the Lucille Ball – Desi Arnaz Show franchise on CBS.
- In 1975 – **People’s Magazine** – was published for the first time in the United States as People Weekly.
- In 1990 – **Nelson Mandela** – was elected deputy President of the African National Congress.
- In 1995 – **Yahoo!** – was incorporated
- In 1996 – The news revealed that 1 billion households worldwide owned a television set.
- In 1998 – **Titanic** – became the first film to gross over \$1 billion worldwide.





# Food Pantry

SPRING 2020

## Food Pantry & Resource Center Hours

### Food Pantry:

**Monday:**

11:30 am - 3:30 pm

**Tuesday:**

10:00 am - 3:00 pm

**Wednesday:**

10:00 am - 2:00 pm

**Thursday:**

10:00 am - 3:00 pm

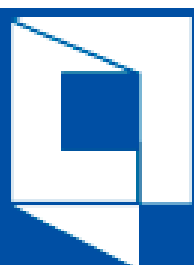
**Friday:**

2:00 pm - 4:00 pm

**Closed Weekends**

**Administration Building Room B63A**

**Email: [foodpantry@qcc.mass.edu](mailto:foodpantry@qcc.mass.edu)**



**QUINSIGAMOND**  
Community College

# Academic Advising

## ACADEMIC ADVISING

advising@qcc.mass.edu

W. Boylston Street Campus: Harrington Learning Center (HLC) 2nd Floor; (508) 854-4308  
Southbridge Campus: 5 Optical Drive, Main Floor (774) 318-2110  
Downtown Campus: 25 Federal Street (508) 751-7900

## Understanding Your GPA

- **GPA**, or Grade Point Average, is a number between zero and four representing your *average* grade.
- Find your GPA by logging into **The Q**, clicking on “**My Academics**” > **Academic Records** > **Unofficial Transcript**.
- Your “cumulative” (or overall) GPA is shows the average of all the classes you’ve completed. Here’s what it means:

If your GPA is this:	Then your average QCC grade is this:	This means...
3.68 – 4.0	A	<b>STELLAR GPA! KEEP UP THE GREAT WORK!</b> You’re a more competitive candidate for selective colleges, employment opportunities, scholarships, fellowships, internships, honor societies, and more.
3.34 – 3.67	B+ / A-	
3.01 – 3.33	B / B+	<b>SOLID GPA: HIGHLY RESPECTABLE</b> Work on raising that GPA to an even higher level, to open up even more opportunities!
2.68 – 3.0	B- / B	
2.34 – 2.67	C+ / B-	<b>MIDDLE-OF-THE-ROAD GPA</b> Your Academic Standing is still considered “Good,” but if it drops below 2.0, you’re at risk for many challenges, including not graduating.
2.01 – 2.33	C / C+	
1.68 – 2.0	C- / C	<b>DANGER ZONE!</b>  You’re in danger of facing any of the following: <ul style="list-style-type: none"><li>• Academic Probation or Academic Dismissal</li><li>• Financial Aid Suspension</li><li>• Graduation eligibility issues</li><li>• Difficulties transferring</li></ul> <i>We can help!</i> Speak with your Academic Advisor. We can help you set some goals, create a plan and identify the right resources to help you strengthen you GPA.
1.34 – 1.67	D+ / C-	
1.01 – 1.33	D / D+	
0.71 – 1.0	D- / D	
0.1 – 0.69	D-	
0.0	F	

Here’s a



Use the “GPA Projection Tool” available on The Q, under MY ACADEMICS to help calculate what your cumulative GPA might be at the end of the current term!

## Improving Your GPA

### FREE TUTORING

- Writing Center\*
- Math Center\*
- General Academic Areas\*
- Online Tutoring

\*2nd floor of the Harrington Learning Center

### SUPPORT SERVICES

- Academic Advising
- Disability Services
- Reference Librarians

### DATES TO REMEMBER:

**February 18- March 20: Registration Preparation Sessions**

> Meet with your Advisor NOW for Registration Preparation to map out your Summer and Fall classes. You may be able to get clearance to self-register.

**MARCH 23rd: MARK YOUR CALENDAR!** Registration for returning/active students begins!

**March 15 to March 21: Spring Break**

> Advising is OPEN normal hours during Spring Break. Take advantage of this time to drop in for your Registration Preparation session!



# Career Services

QCC Career Services Presents...



**Need a JOB?**  
**Looking for an Internship?**

Create a **FREE** account on [Purple Briefcase](#) to search for local, Part- time & Full-time jobs and available internships

[Purple Briefcase](#) also has 400+ videos to prepare you for employment and links to great resources.



<https://app.purplebriefcase.com/pb/account/logout?s=QCC>

**Did you know?**

QCC Career Services provides **FREE** professional attire for students who need an outfit for a job interview or job fair. Come by our office to see our selection of **FREE** business clothing and be prepared for your upcoming interview or job fair.

**CAREER SERVICES & CREDIT FOR PRIOR LEARNING**  
**ROOM: 272A**

## Career Services Workshops

*(All workshops are held in classroom 272A)  
Unless otherwise noted*

**SPRING** *Pre-register!*

*(For CPS 298 students ONLY)*

**To be completed last— *\*Cooperative Education Orientation***

1/7	5pm –6pm
1/23	12pm-1pm
1/28	5pm-6pm
4/28	5pm-6pm
5/4	10am-11am
5/6	2pm-3pm

***\*Resume Writing***

1/14	5pm-6pm
2/26	10am-11am
3/9	10am-11am
3/10	5pm-6pm
4/22	2pm-3pm
5/5	5pm-6pm
5/7	10am-11am

***WDW College Program Information Session***

2/20	2pm-3pm
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***\*Resume Critique***

1/21	4pm-6pm
3/4	10am-11am
3/17	4pm-6pm
3/23	10am-12pm
3/24	4pm-6pm
4/29	2pm-3pm
5/12	4pm-6pm
5/14	10am-12pm

***\*Workplace Etiquette***

2/12	2pm-3pm
4/7	5pm-6pm

***\*Interviewing Skills***

2/4	5pm-6pm
3/11	11am-12pm
4/16	2pm-3pm

***Job Fair***

3/25	10am-12:30pm	HLC 109 A&B
------	--------------	-------------

2  
0  
2  
0

***\* Denotes CPS 298 required workshops - you only have to attend one of each session***

Please pre-register for these workshops using the PB link : <https://app.purplebriefcase.com/pb/account/login?s=QCC>  
Click on 'Events' tab, left hand/column of page. - **LIMITED SPACE!**

**Website:** <https://www.qcc.edu/services/career-services-credit-prior-learning/workshops>

**Email:** [careerservices@qcc.mass.edu](mailto:careerservices@qcc.mass.edu)

Persons needing accommodations for these workshops please contact us at (508) 854-4439, 2 weeks prior to workshop.



# Career Services

A UMass Amherst degree  
that fits your schedule!

UMassAmherst

University Without Walls

You can combine your associate's degree from Quinsigamond with your work and life experience and complete your bachelor's degree at UMass Amherst entirely online.

## LEARN MORE

**Quinsigamond Community College Visit**

**April 2, 2020**

**Information Table**

**1st Floor - Harrington Learning Center**

**12 PM - 3 PM**

**Information Q&A Session**

**Harrington Learning Center Room 109A**

**5:30 PM**

TO REGISTER FOR THE INFORMATION SESSION E-MAIL  
JESSE LEDERMAN AT [JLEDERMAN@UWW.UMASS.EDU](mailto:JLEDERMAN@UWW.UMASS.EDU)  
OR DROP BY OUR INFORMATION TABLE

[WWW.UMASS.EDU/UWW](http://WWW.UMASS.EDU/UWW) | 413-545-1378

# Disability Services

## Disability Services

ACCESS Matters

### Job Description:

Disability Services is seeking students with excellent notetaking skills who are willing to be placed in specific courses to take notes on the content and then distribute the notes to designated student(s) within a 24 hour period.

### Requirements:

1. H.S. Diploma or equivalent
2. Current QCC students with good academic standing
3. Ability to exercise discretion and maintain confidentiality of the student.
4. Responsible, professional and dependable.
5. Respectful of different learning styles.
6. Knowledge of Section 504 and the Americans with Disabilities Amendments Act.
7. Demonstrates excellent oral and written communication skills.

**Hourly Rate: \$12.00**

**To Apply Contact:**

**Disability Services**

Room 246 A Phone 508.854.4471

Email: [disabilityservices@qcc.mass.edu](mailto:disabilityservices@qcc.mass.edu)

## HIRING STAFF NOTETAKERS



*Great resume builder!*

## Disability Services

ACCESS Matters

Seeking students willing to share a copy of their class notes with a peer for the semester.

# \$100

**Stipend for Volunteers**

**For More Information or to Apply:**

**Disability Services**

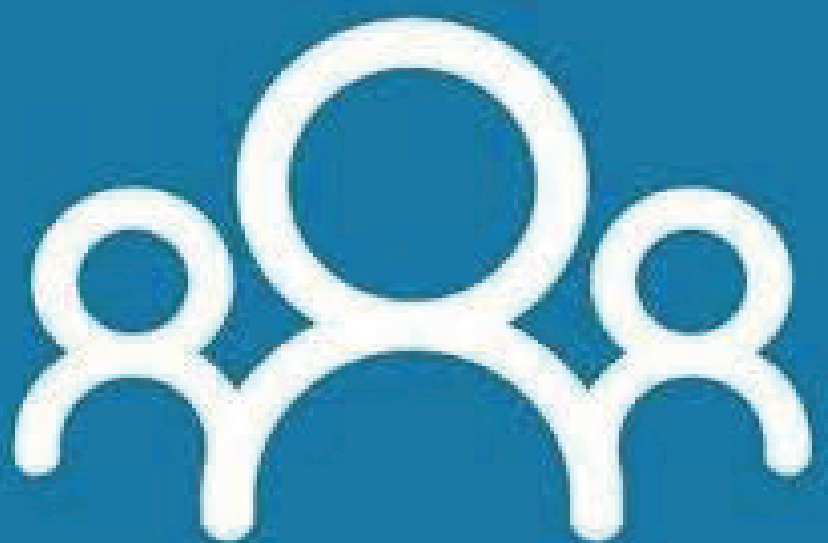
Room 246 A Phone 508.854.4471

email: [disabilityservices@qcc.mass.edu](mailto:disabilityservices@qcc.mass.edu)

**Electronic Application available:**

On the "Q" on the Disability Services Home Page

## HIRING PEER NOTETAKERS



*Great resume builder!*

# Registrar's Office

## Key Dates and Deadlines for the Spring Semester

- **Progress grades available Friday March 13.** Log onto The Q to view your mid-semester grade. If you are receiving a failing grade talk to your instructor or academic advisor to see if a course withdraw is an option you should consider.
- **Spring Break is the week of March 15-21.** There are no classes this week
- **Registration for returning students opens Monday, March 23 for Summer and Fall 2020.** You have seniority over all new students. Don't wait to register for the upcoming summer and fall semesters. New student registration opens Monday, April 6.
- **Last day to change to or from an AUDIT is April 10.**
- **Withdrawal period is through April 10.** To withdraw from a class, your instructor or your academic advisor must sign the withdrawal form. After April 10, your professor may grant you the grade of W, but you are no longer entitled to that grade. Your instructor may assign the grade of F. If you are considering withdrawing from a course and receive financial aid, talk to the Financial Aid Office to find out if your package will change due to the withdraw.
- **Monday, April 20 is Patriot's Day.** The College is closed, no classes will be held
- **Incomplete grades from the Fall and Intersession are due April 24.** If your missing work is not completed by this date the grade turns to an F.
- **Final Week of Classes May 6-12,** during the final week of classes there is a modified class schedule. Check The Q for the Spring Final Exam Schedule or ask your instructor for a detailed class syllabus. Final grades are due on The Q 48 hours after the last class or exam.
- **Commencement is Thursday, May 21 at 1pm at the DCU Center**

**Are you planning on graduating this May?** If so, you should already have received an email to your Qmail from the Registrar's Office confirming your graduation date, how your name will appear on your diploma and your mailing address. If you have not received an email yet please stop by the Registrar's Office as soon as possible.

Information about May Commencement will be sent to your Qmail in mid-April. Please continue to check your Qmail for all communication about commencement. Commencement will be held on Thursday, May 21 at 1pm at the DCU Center.



THE  
OPEN  
DOOR

*QCC's Student Newspaper*

The next issue  
of The Open Door  
will be on stands  
April 4th



# Transfer Services



## TRANSFER SERVICES AT SOUTHBRIDGE

8:30 a.m. — 4:30 p.m.

**MARCH 18** (WED)  
**APRIL 18** (WED)  
**MAY 13** (WED)

Meet with a transfer counselor to get information and answers to common transfer issues such as:

- Important QCC courses for transfer
- How to pick colleges and majors
- General steps to transferring—deadlines, forms, admissions requirements

To make an appointment, please call 508.854.4404 or e-mail us at [transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)

FOR MORE INFORMATION CONTACT: VISIT OUR WEBPAGE  
@ QCC.EDU/STUDENT SERVICES/TRANSFER

### Springfield Area Colleges Spring EVENT



QUINSIGAMOND COMMUNITY COLLEGE  
MARCH 11 (WED)  
10 a.m.-1 p.m.  
HLC LOBBY

FOR MORE INFORMATION, PLEASE CONTACT: [TRANSFER@QCC.MASS.EDU](mailto:TRANSFER@QCC.MASS.EDU)

### QCC TRANSFER SERVICES March 2020 Transfer Visits

All visits HLC 1<sup>st</sup> floor counter area, 10 a.m. – 1 p.m., *unless noted otherwise.*



Monday, March 2, 2020



Thursday, March 12, 2020  
WSU: 9:30 a.m.-12:30 p.m.



Tuesday, March 3, 2020  
9:30 a.m.-12:30 p.m.



Monday, March 23, 2020  
UMass: 10 a.m.-12 p.m. & 12 - 3 p.m.  
Becker: 10:30 a.m. - 1 p.m.



March 9, 2020



Thursday, March 26, 2020  
9:30 a.m.-12:30 p.m.



March 10, 2020



Monday, March 30, 2020  
Becker: 10:30 a.m. - 1 p.m.



Wednesday, March 11, 2020  
Colleges of Springfield Area



Tuesday, March 31, 2020  
WSU: 9:30 a.m.-12:30 p.m.

### Transfer Services FAQ & Workshop Series

Harrington Learning Center, Egan Conference Room, 239

#### Get quick information and answers to transfer issues like:

- How to pick colleges and majors
- Choosing important QCC courses that will transfer
- How to create a strong academic profile for transfer
- General steps to transferring—deadlines, forms, admissions requirements

#### March 2020

\*Tuesday, 3/3, 2-4 p.m.

Thursday, 3/5, 10 a.m.-12 p.m.

\*Monday, 3/9, 10 a.m.-12 p.m.

Wednesday, 3/11, 9-11 a.m.

\*Friday, 3/13, 1-3 p.m.

#### \*These dates include a workshop during the first hour covering transfer basics:

- Transfer admissions requirements (with or without completing an associate degree)
- The transfer application process (including the Common Application)
- Transfer agreements (MassTransfer & articulation agreements)



QCC Transfer Services ■ 2<sup>ND</sup> FLOOR, HARRINGTON LEARNING CENTER • 508.854.4404  
• [transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)

# QCC Mentoring

## QCC Mentoring

### Making Connections, Building Community

When you receive a QCC Mentor, you will gain a trusted guide, a personal and professional resource, a connection to the professional world, and a friend.

By participating in the QCC Mentoring program, you will learn ways to raise your GPA, while building connections in the career path of your choice. This is a chance to build your personal and professional network and develop lifelong skills that you can take with you wherever you go.

Mentees will receive training, guidance, resources, and support throughout the program.

#### QCC Mentoring:

- Builds self-confidence and self-esteem
- Provides motivation
- Delivers vital college/work/life strategies
- Offers support and experience in public speaking/presentations
- Enables students to grow to their full potential

To learn more, please email [mentoring@qcc.mass.edu](mailto:mentoring@qcc.mass.edu), call 508.854.4573, visit 120A in the Administration Building, or go to [www.QCC.edu/mentoring](http://www.QCC.edu/mentoring)



**QUINSIGAMOND**  
Community College  
Mentoring



**COLLEGE.**  
MADE **SMARTER.**



# Veteran Affairs



670 West Boylston Street  
Worcester, MA 01606



## Veteran Affairs Office Room 258A - Administration Bldg.

### Our Mission

Our mission is to provide support to assist student veterans and members of the Armed Forces in the adjustment to becoming successful in civilian and college life. We are committed to promoting college spirit as well as establishing and maintaining fellowship amongst veterans and students on campus.

Office Hours:  
8:00am - 4:00pm

T ★ 508-854-2721  
F ★ 508-854-4260

Email:  
[veteranaffairs@qcc.mass.edu](mailto:veteranaffairs@qcc.mass.edu)

### The Staff:

**Paula Ogden**  
Director of Veteran Affairs-258A  
Enrollment and Student Services  
[pogden@qcc.mass.edu](mailto:pogden@qcc.mass.edu)  
508-854-4290

**John McHugh**  
Coordinator for Veteran Affairs-258A



### Show Your Support for our Troops Wear Red on Fridays



**RED Friday (Remember Everyone Deployed) or Red shirt Fridays** is a campaign to show solidarity and support for our troops. Red symbolizes the blood spilled by the brave men and women of the United States Military and is a reminder of their sacrifice. Red Fridays is not intended as a political statement, just a nice way for Americans to show they support the brave men and women that serve our country. If you were not already aware of Red Friday, please spread the word! We hope to see everyone wearing red on Fridays.

# Student Interest

Respect yourself and others. Engage in careful listening. Promote thoughtful speaking.



Want to be part of a brave space in which you can speak openly and honestly about Race and Racism, Gender, Sexism, Ableism, or Ageism?  
Want to have hard conversations about things that matter on and off campus?  
Want to participate in a dialogue in an unbiased setting?

This event is part of a series made possible by the QCC Diversity Caucus and is free and open to all QCC Students.  
Anyone needing special accommodations, please contact Selina Boria at [sboria@qcc.mass.edu](mailto:sboria@qcc.mass.edu)

All students are welcome to join in Courageous Conversations at QCC



**Wednesdays**

2/5

3/11

4/15

12:00pm to 1:00pm

All students welcome to join in the conversation!

**Location:**  
**HLC 109A**



## Olga Lopez-Hill Scholarship for QCC Students

We are happy to announce a QCC scholarship opportunity. The Olga Lopez-Hill Scholarship honors a current QCC student. Olga Lopez-Hill, graduated from QCC in 1990 and worked at the College for over 20 years advocating for students and inspiring them to continue their efforts to further their education. Ms. Olga Lopez-Hill is a dedicated community leader and role model for those who are willing to work hard to improve their lives.



The scholarship, for \$600.00, will be presented at the annual HACE event on Wednesday, October 14, 2020 at 5:30 p.m. in the QCC Gymnasium. The scholarship is available to QCC students who plan either to continue their education at Quinsigamond or to transfer to another educational institution.

We ask our faculty and staff members to assist us by encouraging worthy students to apply. Letters of support from faculty and staff members may accompany the application but are not the only requirement for submission. Please, let students know that their essay is the most important requirement for the selection process.

To apply, student, you need submit an essay showing how you feel that your activities and future goals reflect the importance of education, diversity and service to your community. Please limit your response to two pages, and include your contact information (name, address, e-mail, and telephone number) with your submission. (Previous OLH award recipients are not eligible.)

Completed Applications must be received by the end of the day on Wednesday, April 29th, 2020.

Submit your application to [dgonzalez@qcc.mass.edu](mailto:dgonzalez@qcc.mass.edu)

Respect yourself and others. Engage in careful listening. Promote thoughtful speaking.





# PORNOGRAPHY AND PUBLIC HEALTH

Dr. Emily Rothman,  
Professor at Boston University

---

**Learn about  
the impact of  
pornography on  
relationships,  
sexual violence,  
and body image.**

Sponsored by Psi Beta &  
Psychology Club Guest  
Lecture Series, Social Justice  
Speaker Series, QCC Diversity  
Caucus and the Title IX Office.

**Persons in need of  
accommodations for this  
event should contact Liz  
Woods at 508.854.2791  
or lwoods@qcc.mass.edu.  
(Sorenson video phone:  
508.502.7647) on or before  
Tuesday March 3, 2020**



**Tuesday, March 10**  
12:30 p.m. - 1:45 p.m.  
Carberry Gallery  
(HLC 109B)

Many people are concerned about the impact of pornography on adolescents and young adults. Pornography has changed and what curious youth see today is not the same type of sexual content that their parents saw in magazines in the 1970s or 1980s.

It's easy to assume that because pornography is different, and easily accessible, the news is all bad. While evidence suggests that pornography viewing is associated with youth dating and sexual violence, there are some subgroups of youth that are more vulnerable to adverse consequences of pornography viewing than others. Moreover, the ideas that pornography is "addictive," is causing the dissolution of stable relationships, and is bad for girls' body image are not clearly supported by the majority of the peer-reviewed literature.

In short, the evidence base on pornography is mixed. Based on recent research on teaching adolescents "porn literacy"—there is reason to hope that the current generation of adolescents can develop the skills to navigate sexually explicit media just as they must learn to navigate other media.



## ACTIVITIES & EVENTS

The QCC Psi Beta National Honor Society and QCC Psychology Club participates in a number of activities that include:

- Membership Meetings (every other week)
- Guest Lecture Series – includes a variety of topics, such as forensics; cell phone use & cognition; neuroimaging; ECT; diversity and MH care.
- National Research Projects
- Research Presentations
- Community Service
- Fundraising
- QCC Campus Events
- Psychology Conferences
- Collaboration with other campus organizations & departments including Criminal Justice, Pride, Human Services, Title IX Office & Diversity Caucus.

## FUNDRAISING

Psi Beta has supported many organizations, including:

- Project Hope
- QCC Food Pantry
- Safe Homes
- YWCA
- Abby's House
- YOU, Inc.
- LOSS Team
- NAMI
- AFSP



**PSI BETA & PSYCHOLOGY CLUB**

## CONTACT INFORMATION

For email reminders, event alerts and more, join the email list by sending an email to [qccpsychologyclub@gmail.com](mailto:qccpsychologyclub@gmail.com)

You may also contact Professor Valarie Clemente at [vclemente@qcc.mass.edu](mailto:vclemente@qcc.mass.edu) for more information about Psychology Club or Psi Beta National Honor Society.

To learn more about Psi Beta, visit the national Psi Beta website at [www.psibeta.org](http://www.psibeta.org).

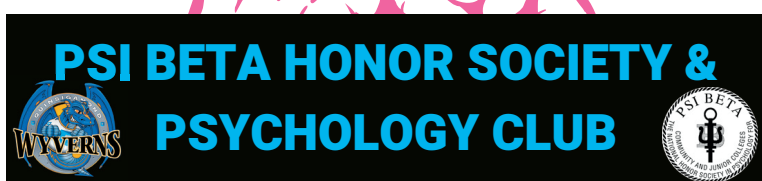
**COLLEGE.**  
MADE **SMARTER.**



**PSI BETA & PSYCHOLOGY CLUB**

**QUINSIGAMOND**  
Community College

INTERESTED IN HUMAN BEHAVIOR?  
JOIN QUINSIGAMOND COMMUNITY  
COLLEGE'S...



**MEETS EVERY OTHER  
WEDNESDAY 12-1**

**SPRING 2020 SEMESTER  
MEETINGS: 1/29, 2/12, 2/26, 3/11, 3/25,  
4/8 & 4/22**

**LOCATION: HLC BUILDING ROOM 239**

FOR EMAIL REMINDERS, EVENT ALERTS, AND MORE,  
**JOIN THE EMAIL LIST:** SEND AN EMAIL TO  
[QCCPSYCHOLOGYCLUB@GMAIL.COM](mailto:QCCPSYCHOLOGYCLUB@GMAIL.COM)

QUESTIONS? EMAIL ADVISOR VALARIE CLEMENTE:  
[VCLEMENTE@QCC.MASS.EDU](mailto:VCLEMENTE@QCC.MASS.EDU)

FOLLOW US ON **INSTAGRAM** @QCC.PSYCHCLUB



**JOIN PSI BETA!**

THE NATIONAL PSYCHOLOGY HONOR SOCIETY  
FOR COMMUNITY AND JUNIOR COLLEGES

## ELIGIBILITY REQUIREMENTS:

1. A strong interest in psychology (major in psychology is not required)
2. Completion of 1 psychology course
3. Minimum "B" average in all psychology courses
4. Minimum overall 3.25 GPA
5. Completion of at least 12 credits

To be considered for induction, send the following information to Dr. Clemente at [vclemente@qcc.mass.edu](mailto:vclemente@qcc.mass.edu) by March 6, 2020:

Name, Address & Phone Number  
QCC ID Number & Qmail Address  
Program/Major & Anticipated Date of Graduation

Your record will be reviewed for your qualifications, and you will receive a response within a week. Be sure to check your email frequently, as there will be time-sensitive information in the message, if you are accepted for induction.

There is a one-time induction fee of \$50 payable to the national organization. Our induction ceremony will be held on Monday, April 6 at 2:00 pm to 3:00 pm in 109A HLC. Friends and family are welcome!

Thank you for your interest! Valarie Clemente, Ed.D. & Psi Beta Officers

THIS FLYER HAS BEEN APPROVED BY THE OFFICE OF STUDENT LIFE



# QCC Office of Institutional Research & Planning

## QCC Office of Institutional Research and Planning

- \*The graduating class of 2019: 932 degrees and 442 certificates awarded
- \*Number of students who accessed Disability Services in 2018-19: 1,059
- \*The city of Worcester boasts a population of 185,877. A snapshot of Worcester’s racial/ethnic breakdown is as follows: White: 69%, Hispanic/Latino: 21%, Black/African Am: 13%, Asian: 7%, Other: 5%.

### Non-Credit Offerings

- Career Preparation & Continuing Education
- Test Prep
- TEAS & HOBET Tests
- GED & ESL Programs
- On-line Offerings
- Corporate Partnerships

### Room 101A

The QCC Office of Institutional Research and Planning supports data driven decision making, institutional effectiveness, and student success by working collaboratively to provide accessible, objective, accurate, and timely information. Our office is committed to quality, integrity, and the student centered mission of Quinsigamond Community College.

Center for Workforce Development & Continuing Education  
Location  
25 Federal Street, Worcester  
508.751.7900

## Stay Ahead of Your Coursework!

**The General Academic Areas Tutoring Center**  
offers free individualized and small group tutoring for a variety of courses. Work with patient, professional, and enthusiastic tutors who will help guide you through your coursework and help build your academic skills.

**Come see us to find out more information on:**

- Current subjects offered and tutoring schedules
  - How to schedule appointments
  - Drop-in workshops
- And more!*

Room 222 Harrington Learning Center  
(508) 854-4279  
[gaa@qcc.mass.edu](mailto:gaa@qcc.mass.edu)  
[www.qcc.edu/gaa](http://www.qcc.edu/gaa)



# Student Academic Calendar



## QCC 2019-2020 Student Academic Calendar

Fall 2019 Semester: September – December		
Labor Day Holiday	9/2/2019	College Closed
All College Day	9/3/2019	No Classes
Fall Classes Begin	9/4/2019	Check your class schedule for your start day
ADD/DROP	9/4– 9/11/2019	Last week to make changes to your Fall schedule
100% Tuition and Fee Refund deadline	9/11/2019	Final day to drop a course and receive 100% reimbursement
Withdrawal Period Begins	9/12/2019	Withdrawing from a class will show up on your academic record
50% Tuition and Fee Refund deadline	9/19/2019	Final day to withdraw from a course and receive 50% reimbursement
Registration Preparation	10/7 – 11/1/2019	Avoid the lines! Meet with an Advisor NOW to map out your next classes.
Columbus Day Holiday	10/14/2019	College Closed
Mid-term Grades available on The Q	10/30/2019	Log into The Q and click on “My Academics” to view your mid-term grades
VIP Registration for Returning/Active Students	11/4 – 11/18/2019	Best selection of Winter & Spring classes available during these 2 weeks
Veterans Day Holiday	11/11/2019	College Closed
Last day to withdraw without Academic Penalty	11/15/2019	Last day to withdraw from a Fall class to receive a “W”; GPA is not impacted
Thanksgiving Recess	11/28 – 12/1/2019	College Closed
Final Week of Classes/Revised Class Schedule	12/11 – 12/17/2019	Final week of classes; due to final exams, class schedules may be revised
Final Grades available on The Q	12/19/2019	Log into The Q and click on “My Academics” to view your final grades
College Winter Closing	12/25/2019 -1/1/2020	College Closed
Winter Intersession 2020: January		
New Year’s Holiday	1/1/2020	College Closed
Winter Intersession classes begin; last day to DROP/ADD	1/2/2020	First day of Winter Intersession classes; last day to make schedule changes
Last day of Winter Intersession Classes	1/14/2020	Last day of Winter Intersession classes
Spring 2020 Semester: January – May		
Martin Luther King, Jr. Holiday	1/20/2020	College Closed
All College Day	1/21/2020	No Classes
Spring Classes Begin	1/22/2020	Check your class schedule for your start day
ADD/DROP	1/22 – 1/29/2020	Last week to make changes to your Spring schedule
100% Tuition and Fee Refund deadline	1/29/2020	Final day to drop a Spring course and receive 100% reimbursement
Withdrawal Period Begins	1/30/2020	Withdrawing from a class will show up on your academic record
50% Tuition and Fee Refund deadline	2/6/2020	Final day to withdraw from a Spring course and receive 50% reimbursement
President's Day Holiday	2/17/2020	College Closed
Registration Preparation	2/18 – 3/20/2020	Avoid the lines! Meet with an Advisor NOW to map out your next classes.
Mid-term Grades available on The Q	3/13/2020	Log into The Q and click on “My Academics” to view your mid-term grades
Spring Recess	3/15 – 3/21/2020	No Classes
VIP Registration for Returning/Active Students	3/23 – 4/3/2020	Best selection of Summer & Fall classes available during these 2 weeks
Financial Aid FAFSA Priority Filing Date	4/1/2020	Complete your FAFSA application early for Fall semester classes
Last day to withdraw without Academic Penalty	4/10/2020	Last day to withdraw from a Spring class to receive a “W”; GPA is not impacted
Easter Sunday	4/12/2020	No Classes
Patriots’ Day Holiday	4/20/2020	College Closed
Final Week of Classes/Revised Class Schedule	5/6 - 5/12/2020	Final week of classes; due to final exams, class schedules may be revised
Final Grades available on The Q	5/14/2020	Log into The Q and click on “My Academics” to view your final grades
Commencement	5/21/2020	QCC Graduation ceremony

[Click here for the full College Calendar](#)

[Click here for Final Exams Week schedule](#)










[Click here for Financial Services/Payment Schedule](#)

A copy of this calendar, the full college calendar, final exams week schedule and financial services/payment schedule are available on The Q.

March

2020

Women's History Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 White Ribbon Campaign 11:45- 1:00 p.m. Auditorium	5	6	7
8	9	10 	11 Spring Safety Event Fuller Center 9 a.m.- 11:00 a.m.	12 Blue Man Group Field Trip Boston 	13 Irish Heritage Trivia 11 a.m.	14
15 	16 Spring Break 16-20 <sup>th</sup> NO Classes	17  Be Safe!	18	19	20	21
22 	23 Women's History Month Trivia Fuller Center 11 a.m.	24	25	26 Baseball Opening Day 	27 Fuller Friday 11:00 a.m. & March Madness 	28
29	30	31 Evening Nachos 5 p.m. Fuller Center 				

The Open Door Is Sponsoring A Student Photo Contest

Here's your chance to showcase your talent!

Submissions accepted February 10 - March 13

This contest is only open to currently enrolled students.

Submission for Photo Contest

-Submit your photos by email to the photo contest email at: [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu)

Files must be no larger than 1.3MB, up to 800x1200 pixels

\*Limit two photos per student, whether it's landscape, portrait, still life, etc.

\*Students can also submit the above information on a flash drive saved as a JPEG or PDF file(s) format to the Open Door Office in the Fuller Center.

\*Please note that while artistic expression is welcome, works expressing anything uncivilized or lewd will be disqualified.

Submissions must include the title of each photo along with your name, phone number, email and student ID number. Photos should be taken within the past 2 years and not been previously published or part of a contest.

Submissions will be available for viewing on The Q.

Judging

-Begins in March. Winners will be notified and announced in April.

Prizes -

1st Prize - 2 Tickets to Student Life Trip  
TBA

2nd Prize - QCC Sweatshirt

3rd Prize - 2 Movie Tickets to Showcase  
Cinemas

As a bonus the winning photographs will be displayed on the front page of the Open Door in the April Edition.

Other Information

-If you do not have photoshop, go to Irfanview.com, or gimp.org for a free download to compress photos.

