



PRESIDENT'S MESSAGE



Dr. Luis G. Pedraja

At this time of year, my memories blossom as my senses are flooded by the sights, sounds, and smells of fall. I feel energized by the crisp cold air as the breeze carries the smells of burnt wood and leaves swirl in whirlwinds of vibrant colors. Walking under the colorful canopy of trees adorned in a pallet of crimson, gold, and amber, I feel the crunch of leaves under my feet. My senses come alive as nature explodes in a fiery display in the waning light and warmth that serves as a prelude to the dark cold of winter. Fall reminds me of change and transition, marking both an ending and a beginning.

Fall makes me feel alive, but as I shared last year, it also makes me feel a bit melancholy as it evokes memories of one of the worst days of my life—a day that made me question whether I would be able to finish my education. I was in my first semester in graduate school, far away from my family, trying to adjust to new friends, classes, and professors. The week had not started well. I was struggling to keep up with my classes, I was getting over a stomach virus, and the person I was dating had broken my heart. That Friday afternoon, as I walked back from my last class of the week, leaves raining down on me, I felt like my world was slowly collapsing around me. And still, the worst was yet to come. As I collapsed into my bed looking forward to the reprieve of sleep and the weekend, my phone rang. At first, I was relieved to hear the familiar voice of my pastor from home. Then the world changed. He was calling to tell me that my father had died unexpectedly of a heart attack while at work.

The weeks that followed were a whirlwind of grief, emotions, and turmoil that matched the dreary leaden overcast skies and the swirl of the leaves on the wind. I wondered whether I would be able to continue my education or would I need to quit so that I could support my mother. Life happens when we least expect it, throwing us a curve ball and leaving us wondering how we will make it. While those days proved quite difficult, I knew that my father would have wanted me to continue with my education. My family rallied and I was able to finish my graduate work. Nevertheless, the fall colors still fill me with a bit of melancholy and remind me of the many challenges you face beyond the classroom. However, I also find comfort in the fiery colors of fall, recognizing the intrinsic beauty of nature as it faces the coming adversity of winter.

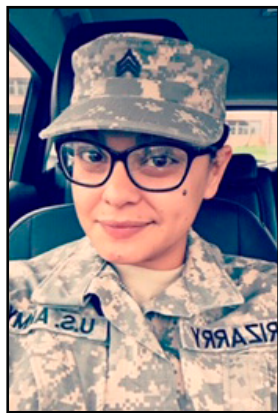
Often, the challenges we face might seem unsurmountable, but they also allow us to grow. As the philosopher, Nietzsche, once said: “What does not destroy us makes us stronger.”

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★ Honoring Our Veterans ★

By: Yozue A. Davila

Within our campus there lives a student body, busy with the everyday life of work, school, and personal interests and obligations. But, further inside lives another body of students, and it is those who carry the memories and duty of serving their flag. These are our veterans of Quinsigamond Community College. On Veterans Day we would like to extend our thanks and appreciation to all that you have done and would like to know how we can help to further understand and help in such a cause. The Open Door has asked 5 veterans below for to share their story and knowledge for other veteran students and students interested in joining the force.



Alba Irizarry: E-5 Sergeant US Army

Born and raised in Mayaguez, Puerto Rico
Military History: 2007-Present
Military Occupation: 91B (Wheeled Vehicle Mechanic), 68G (Patient administration Specialist)
Tours: 743 Transportation Unit, 399 Field Hospital

What does Veterans Day mean to you? Veterans Day is essential and important for recognition of service and sacrifice from military members of both past and present. It also serves as a reminder that military service members have committed 365 days a year to our country.

What words of advice do you have for those joining the service? Prepare yourself mentally and physically for the greatest honor bestowed upon an American to represent the country, in uniform with respect and integrity.

How has the military benefited you in terms of education? The military has provided a source of income and has molded me into a motivated and resilient individual using tools from the military. I have graduated from Quinsigamond Community College with honors and have continued my studies in addition to being a single mother.

What do you do now? Now I work in the QCC Veterans Affairs office as the Administrative Support. I have been with the Veterans Affairs Office since its opening in 2013 with Paula Ogden. We launched what was known as the New Student Outreach for mentoring and administrative support towards those veteran students attending the college. Lastly, I am one of the mentors available for the veteran students who need that help in transitioning from military to civilian life-style.

David Lauzon: E-6 Staff Sergeant US Army

Hometown: Worcester, MA.
MOS: 74D/54B Chemical, Biological, Radiological, Nuclear, 11B Infantryman
Military History: 1987-2009
Active Army and Army National Guard:
Served under many companies including: A Co. 181st Inf, Stryker BGD 1 BAT 23rd ID, C Co. 2-54th Inf., A 30th AG, 7th CHEM Co.
Tours: Korea, Iraq, Africa
• Has served as a Drill Sergeant in Ft. Benning and earned the Combat Infantryman Badge (CIB) and Expert Infantryman Badge (EIB).
• Made an appearance in History Textbooks during the set up for the notorious Striker BGD 1 BAT 2ID.



What does Veterans Day mean to you? Veterans day is a day to honor those who have served and recognize them for their service.

How has the military benefited you in terms of education? It has been a good financial help, but also has helped convert my military experience and classes into classes eligible for my degree in human services.

Family who served: His grandfather served with Elvis in Germany.

Words of encouragement for military students: Quinsigamond Community College is a great place to start in furthering your education. It is very military friendly and has a Veterans Affairs Office to help.

Continued on Page 4

President's Message continued

By choosing to attend college, you have chosen to change your life for the better. Although you might struggle at times and face obstacles, you can persevere. If you feel overwhelmed, do not get discouraged. Speak to your teachers, advisor, friends, and family. Every problem or challenge we face is also an opportunity to learn and grow. No matter how difficult it may get, things will change.

At this point in the term, you are well into your studies and might be looking forward to Thanksgiving and the end of the term. As the days get shorter and colder, do not forget how much you have accomplished so far during this term, such as learning something new, making new friends, and overcoming challenges. Also, don't lose sight of your ultimate goal: completing your courses and your degree. On cold, dark mornings, we may want to remain longer in our beds –I do! I encourage you to rise and keep on moving toward your academic goal.

I challenge you to face the challenges of today head on, to shape the future, and dream of what tomorrow could be.



The Open Door

The Open Door is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work.

If you are interested in working on The Open Door, please see Pat Bisha-Valencia, advisor. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email opendoor@qcc.mass.edu or phone 508-854-4285.

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OPEN DOOR

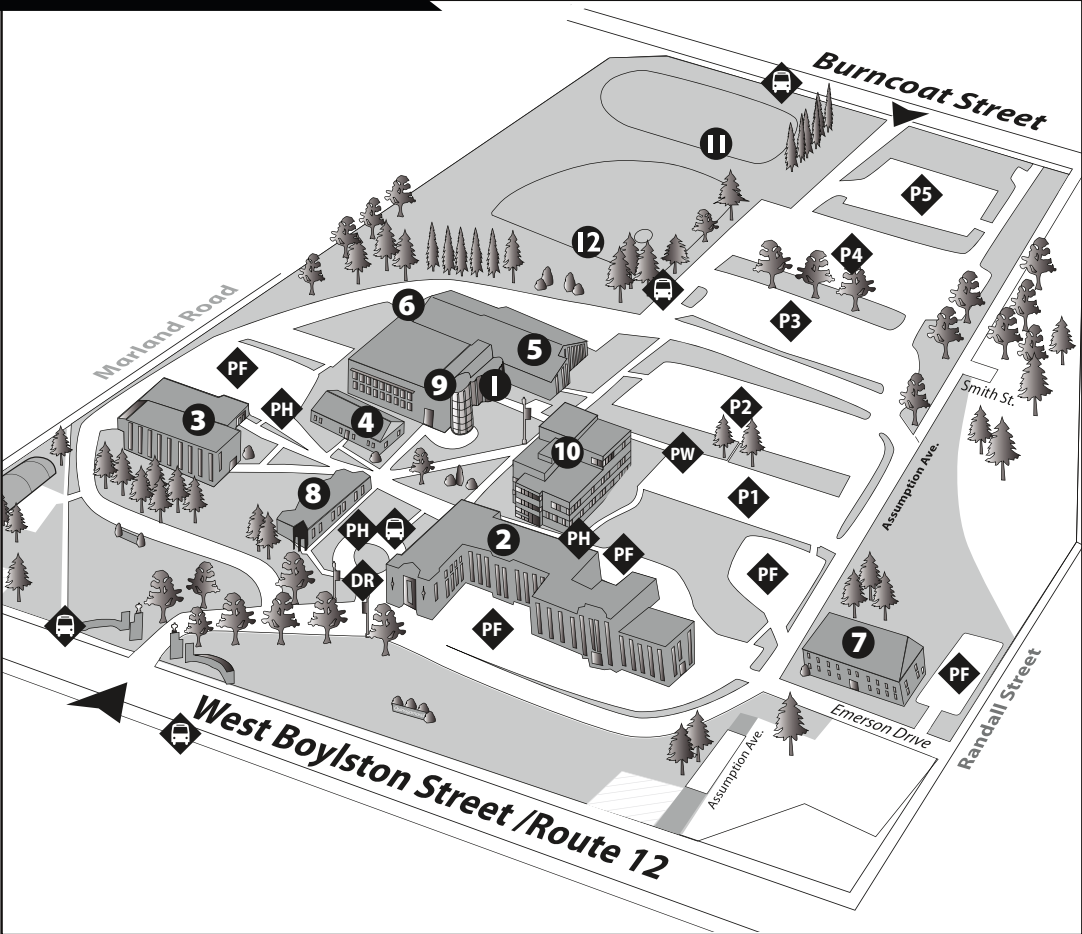
Issue	On the Stands	Deadline
#4 Dec/Jan	December 6	November 8
#5 February	February 7	January 10
#6 March	March 6	February 7
#7 April	April 3	March 6
#8 May	May 1	April 3

Next Issue: December 6, 2019

Campus Map

All visitors and those seeking Admissions should start at the Welcome Center

1. Welcome Center		3. Surprenant Hall (S)
2. Administration Building (A)		Gateway to College 102S Hebert Auditorium
Lower Level		
Bookstore	Lower Level - A	
Business Office	B07A	
Cafeteria	Lower Level - A	
High School Equivalency Testing	B58A	
I.T. Service Desk	B67A	
First Floor		
Counseling	162A	
Dental Hygiene Clinic	126A	
President's Office	132A	
Registrar	152A	
TRiO Student Support Services	170A	
VP of Academic Affairs	103A	
VP of Strategic Enrollment Management & Student Engagement	133A	
Second Floor		
Disability Services	246A	
Veteran Affairs Office	258A	
Human Resources	222A	
Career Services & Credit for Prior Learning	272A	
Third Floor		
Dean of Students	365A	
Placement Testing & CELSA	376A	
Harrington Academic Computing Center	379A	
Assistant Dean of Students	383A	
4. Ahlfors Hall (ALF)		Office of Distance Learning & Professional Development
5. Athletic Center (AC)		Fitness Center Gymnasium Campus Police 136AC
6. Campus Police 136AC		
7. Child Study Center (CSC)		
8. Fuller Student Center		Student Life Open Door Newspaper Student Senate
9. Harrington Learning Center (HLC)		
Second Floor - Student Success Center		Academic Advising Admissions Financial Aid General Academic Areas Tutoring Center Math Center Transfer Services Writing Center
Third Floor		Alden Library
10. QuEST Center		
11. Athletic Field & Track		
12. Chupka Baseball Field		



Parking		Class Locations - Main Campus	
DR	Drop Off/Pickup	A	Administration Building
PW	Welcome Center Parking	ALF	Ahlfors Hall
P1-5	Student & Visitor Parking	AC	Athletic Center
PF	Faculty & Staff Parking	CSC	Child Study Center
PH	Handicapped Parking	HLC	Harrington Learning Center
		Q	QuEST Center
		S	Surprenant Hall
Off-Campus Class Locations			
ASSA	QCC at Assabet Valley	D	Healthcare and Workforce Development Center
BURN	QCC at Burncoat	QSB	QCC Southbridge
BVC	QCC at the Blackstone Valley Education Hub	SRCT	QCC at the Worcester Senior Center
CWDCE	Center for Workforce Development and Continuing Education		



QCC's Student Newspaper

The next issue of The Open Door will be on stands December 6th

★ Honoring Our Veterans ★

Continued from page 1



Jafett Leonell Ortiz: E-4 Corporal USMC

Hometown: Milford MA
Military History: 2013-2017
Tours: Australia, Africa, Yamman, Red Sea.
Missions: 11th MEU Maritime Interdiction OPS

What does Veterans Day mean to you? Veterans Day incorporates veterans into culture for which civilians would not understand such experiences. It is a reminder of those who serve.

What words of advice do you have for those joining the service? It can take away much time from you, but it is worth it in the end.

Why did you join? For the experience and the lifestyle change. Needed something that would give me stability in life.

Words for those student vets? Pay attention to the GI Bill, Vocational Rehab and visit the Veterans Affairs Office for better advice in educational benefits.

Future plans: My first plan was all about music, as a musician I have studied in Berkley, did music and taught, even traveled with a band. But now the goal is to join the WPD with my military background. Studying Criminal Justice and Psychology for a Bachelors.

Javier Viera: E-8 First Sergeant US Army

Military History: 1985-2017
Military Occupation: 11B Infantryman, 12B Combat Engineer, 79T Recruiting and Retention NCO.
Duty Stations: Germany, Devens MA.
1SG Viera has been a recruiting NCO for most of his Army career, from 1999-2017 he has been recruiting in the state of Massachusetts. He has acted as Operations Sergeant in recruiting, Retention NCO, MEPS guidance counselor, section leader, and finally the 1SG (First Sergeant) of the F Co Recruiting and Retention Battalion.

What does Veterans Day mean to you? Remembering those who came before me and honoring them for their service.

What words of advice do you have for those joining the service? Do your research, use different tools and internet, look at all the options available and sit face to face with a recruiter. Talk to your parents and loved ones and be sure of your decision.

How has the military benefited you in terms of education? The military has built patience and tolerance to learn and provoke a good learning behavior.



Cody Ray: E-5 Sergeant US Army

Hometown of Wyoming studies Dental Hygiene at QCC
Military History: Feb 2012-Present
Branch: Army Active 7 years, 31B MP
Reserves: Devens 455 MED Co.
Tours: Katar Germany, Poland, Latvia, Lithuania, Estonia
Missions: Saber Strike

What does Veterans Day mean to you? Veterans Day are for people who put it all on the line.

What words of advice do you have for those joining the service? Think of everything before being hasty.

Why did you join? I joined to build characteristics that will help me succeed in my career and education.

How has the military benefited you in terms of education? The military has helped me gain a certain mentality and tools to succeed in college.

Family who served: My grandfather has served in the Korean War in the Army and was given a Purple Heart within the war.

Veteran Affairs



The Veterans Club was busy with a club picnic and a trip to the Battleship Cove. Manny Antwi, Veterans Club President, delivered items from our Hygiene Drive to Vets Inc. in Worcester.



Show Your Support for our Troops

Wear Red on Fridays



RED Friday (Remember Everyone Deployed) or Red shirt Fridays is a campaign to show solidarity and support for our troops. Red symbolizes the blood spilled by the brave men and women of the United States Military and is a reminder of their sacrifice. Red Fridays is not intended as a political statement, just a nice way for Americans to show they support the brave men and women that serve our country. If you were not already aware of Red Friday, please spread the word! We hope to see everyone wearing red on Fridays.

WE WANT YOU! Join Veteran Affairs in supporting all Veterans

We invite you to show support for all Veterans and Active Duty Military Personnel.
Please march with us in the Worcester Veterans' Day Parade.

Contact our office (258A) to RSVP:
508-854-2721 or veteranaffairs@qcc.mass.edu



Veterans' Day Parade
Monday-November 11, 2019

(we will meet at Vets Inc at 10 am)

Parade starts at 11 am.

We are meeting at 9:00 for a free breakfast at Vet's Inc.



Supported by: Veteran Affairs Office, QCC Veterans Club

FALL 2019

Food Pantry & Resource Center Hours

Food Pantry:

Monday: 11:00 am – 4:30 pm

Tuesday: 10:00 am – 6:00 pm

Wednesday: 1:00 pm – 4:30 pm

Thursday: 3:30 pm – 8:00 pm

Friday: 10:00 am – 1:00 pm

Resource Center:

Monday: 10:00 am – 4:30 pm

Tuesday: 10:00 am – 1:00 pm

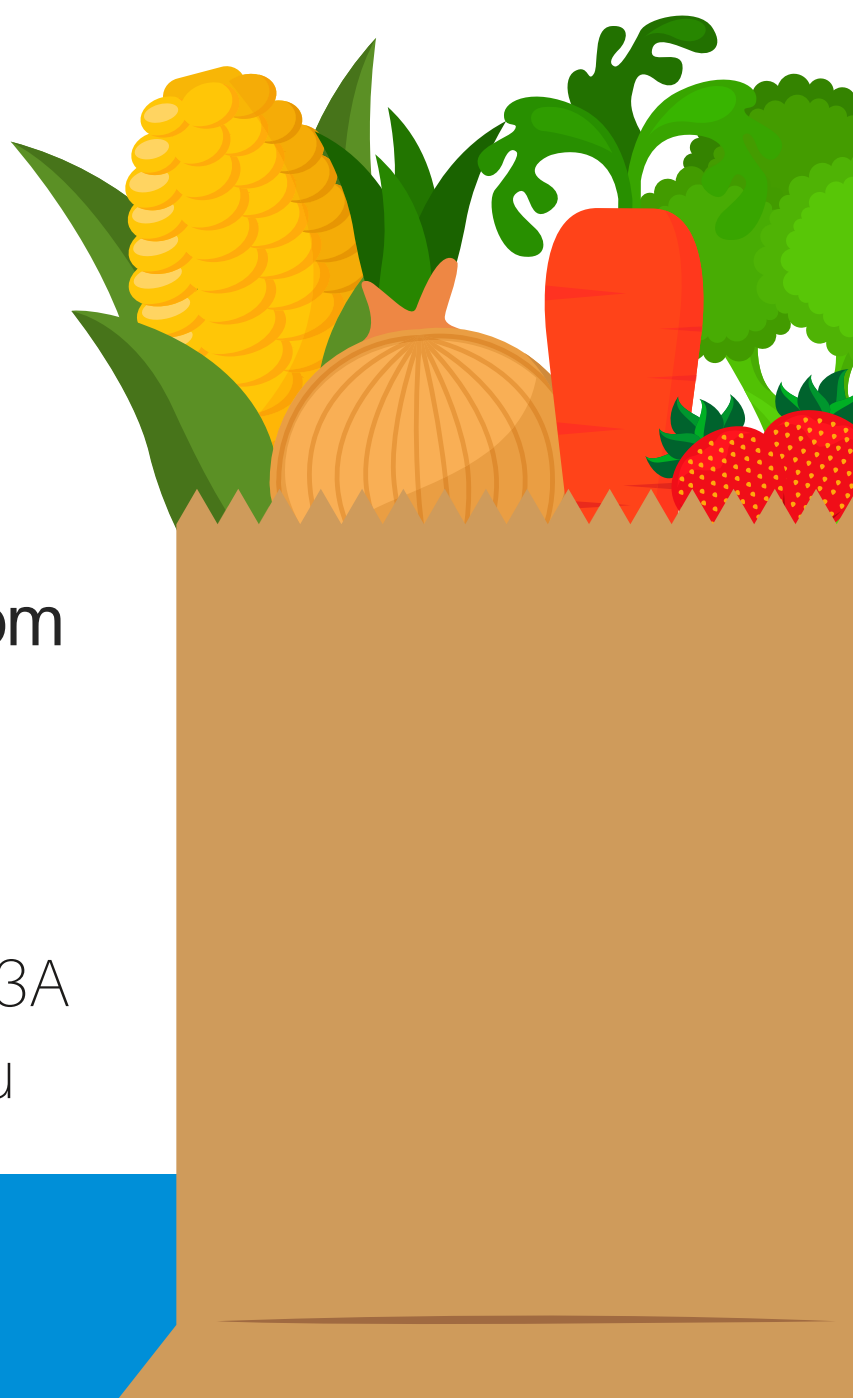
Wednesday: 4:00 pm – 7:00 pm

Thursday: 10:00 am – 1:00 pm

Friday: 10:00 am – 1:00 pm

Administration Building, room B63A

email: foodpantry@qcc.mass.edu



QUINSIGAMOND
Community College

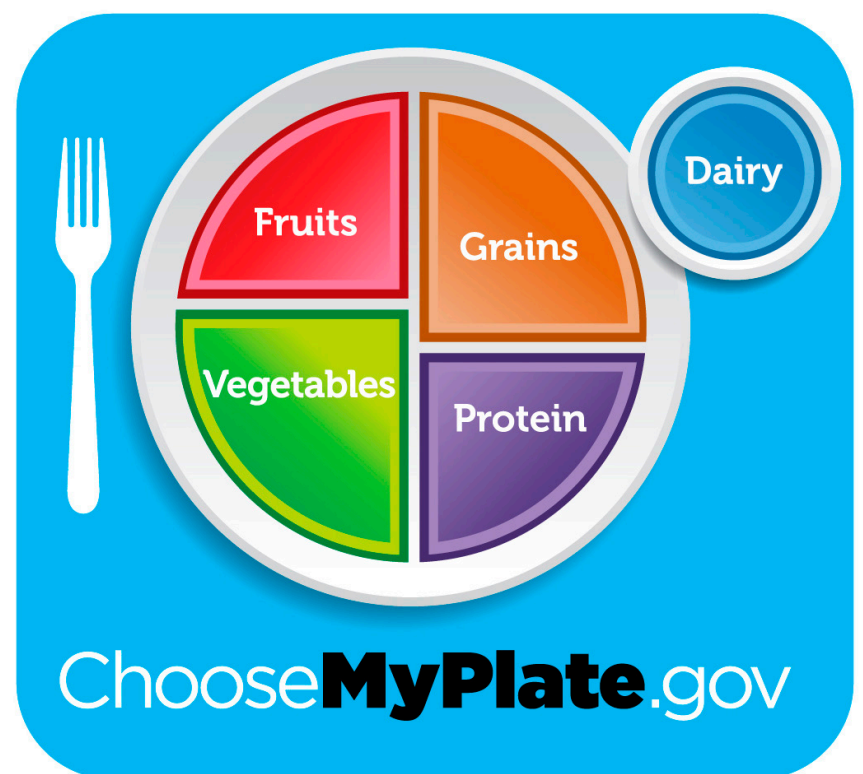
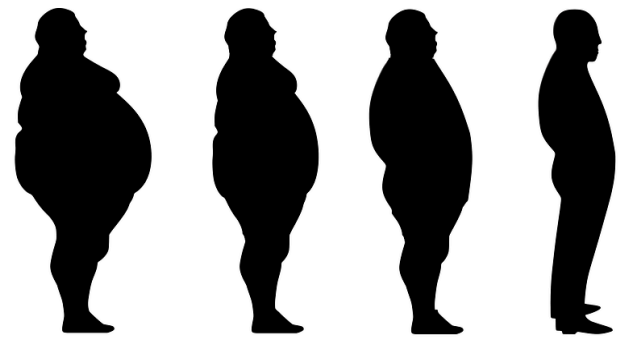
How to Stop Eating Fast Food Restaurants Everyday

By Ali Leva

People think that eating food at fast food restaurants every day is unhealthy for you. You could get sick, become obese, and even pass away. About 88.4% of obese people in the USA need to start thinking about nutritional foods that are healthy and good for you. Some obese people need to have nutritional foods at home instead of fast food restaurants, like McDonald's. For the future, people must stick to eating foods in fast food restaurants once in a while, once a month, or once a year.

People in the USA should avoid eating in fast food restaurants every single day so they could make a healthier plate with 5 different food groups. We must eat fruits with less sugars like apples, pears, and berries to help prevent from fighting over cancer and body infections. People must eat vegetables like carrots and broccoli to help build up their calcium. They also need to eat grains like oatmeal, whole wheat pasta, whole wheat bread, granola, and cereal. Grains are the most important part of a healthy plate that includes lots of fiber, vitamins, and minerals. Eating protein like chicken, salmon, egg whites, and nuts help build up your body and increase your energy. People need to have milk such as dairy once a day and lots of water every day. These healthy drinks will help build up the calcium and make it good and refreshing for their bodies.

Lots of researchers say eating food at fast food restaurants every day can be harmful to your body. With the help from a healthy plate, people can prevent obesity by eating lots of food from the 5 food groups. They also say that it's OK to eat in fast food restaurants once a while, but continue healthy eating for the rest of your life.



Question of the Month: What's your favorite thing about Thanksgiving?



By Tyler Paul Wills

I would like to wish everyone a Happy Thanksgiving &
I hope you all have a safe and healthy holiday!

- My favorite thing about Thanksgiving is having a traditional Thanksgiving dinner with my family and close friends and enjoying my favorite dessert Pumpkin Pie.
Tyler Paul Wills

- My favorite thing about Thanksgiving is to go Black Friday shopping.
George Baraklis

- My favorite thing is being able to spend time with my family and eat a good meal.
Faith Barbien

- My favorite thing about Thanksgiving is being with family at home and enjoying a home cooked meal. I am very thankful for everything on Thanksgiving!
Kelsey Cobb

Athletic Center

Need To Know

(www.qcc.edu/student-life/athletics)
(www.qcc.edu/services/athletic-center)

Athletic Center Hours Starting 9/4:

Monday	8:00am – 4:00pm
Tuesday	8:00am – 7:00pm
Wednesday	8:00am – 4:00pm
Thursday	8:00am – 7:00pm
Friday	8:00am – 4:00pm
Saturday	10:00am – 2:00pm

All offerings and programs are
free for QCC Students, Staff, and
Faculty

Check The Q and posted signs for
fall schedule.



IT'S NEVER TOO LATE TO START THE YEAR HEALTHY

Healthy Goal Setting Tips:

- Start small- don't overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you'll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage your.

Remember the Great feeling you have after you exercise.....

BENEFITS OF EXERCISE

- Reduces & Relieves Stress
- Reduces Cholesterol
- Prevents Osteoporosis
- Helps Prevent Coronary Heart Disease (which is the #1 death rate)
- Weight Maintenance
- Firm & Tone your Body
- Meet New People

Ultimately....You Will Have More ENERGY

The QCC's Athletic Center Program Fitness Classes are Flexible, Fun and FREE program classes designed for you

- Only 45 minutes long
- Come to every class and be challenged
- Come to classes only when you can and still be able to follow along

FULL-BODY TONING

Mondays, Wednesdays & Fridays 12:30pm-1:15pm
Instructor Pickie Lanigan

BOOT CAMP

Tuesdays & Thursdays 3:45pm-4:30pm
Instructor Pickie Lanigan

INDOOR CYCLING

Wednesdays 5:30-6:15pm
Instructor Stephanie Fleming

YOGA

Tuesdays & Thursdays 12:00pm-1:00pm & 5:15-6:30pm
Instructor Tamara Chiarizio



INTERESTED IN PLAYING A SPORT AT Q.C.C?

Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try- out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are "cleared to play competitive sports". Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

Men's Basketball

Tishaun Jenkins
508-854-4211
tajenkins@qcc.mass.edu

Women's Basketball

Andy Kupec
508-854-4492
akupec@qcc.mass.edu

Men's Soccer

Frank Balcarcel
508-854-4320
fbalcarcel@qcc.mass.edu

Women's Soccer

Josh Cole
508-854-4317
jcole@qcc.mass.edu

Men's Baseball

John McLaughlin
508-854-4316
jmclaughlin@qcc.mass.edu

Women's Volleyball

Emily Boutilette
508-854-4311
eboutilette@qcc.mass.edu

Lisa M. Gurnick
Director of Athletics &
Fitness Center
508-854-4582
lisag@qcc.mass.edu

Josh Cole
Assistant Manger of
Athletics & Fitness Center
508-854-4317
jcole.qcc.mass.edu

Athletic Center

2019-2020 QCC MEN'S BASKETBALL

			Departure		Return	
NOVEMBER						
Tuesday	12 th	5:00pm		Mass Bay CC*		HOME
Thursday	14 th	6:00pm	3:45pm	Northern Essex CC*		AWAY
Saturday	16 th	3:00pm	12:00pm	Gateway CC*		AWAY
Tuesday	19 th	7:00pm		UConn @ Avery Point**		HOME
Saturday	23 rd	3:00pm	12:30pm	C.C. Rhode Island		AWAY
DECEMBER						
Thursday	5 th	7:00pm		Springfield Tech CC*		HOME
Tuesday	10 th	7:00pm		Holyoke CC**		HOME
Thursday	12 th	5:00pm	2:30pm	Massasoit CC**		AWAY
JANUARY						
Saturday	18 th	2:00pm	11:45am	Quincy College**	6:00pm	AWAY
Thursday	23 rd	7:00pm	2:45pm	Holyoke CC*	10:30pm	AWAY
Saturday	25 th	2:30pm		C.C. Rhode Island		HOME
Tuesday	28 th	7:30pm		Gateway CC*		HOME
Thursday	30 th	5:30pm		Northern Essex CC*		HOME
FEBRUARY						
Saturday	1 st	1:00pm	11:00am	Mass Bay CC**	10:15pm	AWAY
Tuesday	4 th	7:30pm	3:00pm	UConn @ Avery Point**	11:00pm	AWAY
Thursday	6 th	5:30pm		Ben Franklin		HOME
Saturday	8 th	2:00pm	11:30am	Bristol CC*		AWAY
Tuesday	11 th	7:00pm		Bunker Hill CC*		HOME
Thursday	13 th	7:00pm	3:15pm	Springfield Tech CC*	10:15pm	AWAY
Saturday	15 th	2:00pm		Roxbury CC*		HOME
Saturday	22 nd	2:00pm		Massasoit CC*		HOME

* Conference game

** Region XXI game

Head Coach: Tishaun Jenkins

Vol. Assistant Coach: Justin Vartanian

* DATES/TIMES OF GAME ARE SUBJECT TO CHANGE. CHECK QCC.EDU FOR THE MOST ACCURATE INFORMATION*

Updated as of: 10/31/2019

2019-2020 QCC WOMEN'S BASKETBALL

			Departure		Return	
NOVEMBER						
Thursday	14 th	5:00pm	3:00pm	Northern Essex CC*	10:00pm	AWAY
Saturday	16 th	1:00pm	9:30am	Gateway CC*	7:30pm	AWAY
Tuesday	19 th	5:00pm		UConn @ Avery Point**		HOME
Thursday	21 st	5:00pm		Bristol CC*		HOME
Monday	25 th	5:30pm	3:00pm	Massasoit CC*	8:30pm	AWAY
TBD				Bunker Hill CC*		AWAY
DECEMBER						
Thursday	5 th	5:00pm		Springfield Tech CC*		HOME
Saturday	7 th	12:00pm	9:45am	Roxbury CC*	5:30pm	AWAY
Tuesday	10 th	5:00pm		Holyoke CC*		HOME
JANUARY						
Thursday	23 rd	5:00pm	2:45pm	Holyoke CC*	10:30pm	AWAY
Tuesday	28 th	5:30pm		Gateway CC*		HOME
FEBRUARY						
Saturday	1 st	12:00pm		Suffolk County Community College		HOME
Tuesday	4 th	5:30pm	3:00pm	UConn @ Avery Point**	11:00pm	AWAY
Saturday	8 th	12:00pm		Bristol CC*		AWAY
Tuesday	11 th	5:00pm		Bunker Hill CC*		HOME
Thursday	13 th	5:30pm	3:15pm	Springfield Tech CC*	10:15pm	AWAY
Saturday	15 th	12:00pm		Roxbury CC*		HOME
Saturday	22 nd	12:00pm		Massasoit CC*		HOME

* Conference game

** Region XXI game

Head Coach: Andy Kupec

Assistant Coach:

* DATES/TIMES OF GAME ARE SUBJECT TO CHANGE. CHECK QCC.EDU FOR THE MOST ACCURATE INFORMATION*

Updated as of: 10/31/2019

QCC Sports Recap



First year ever holding Wyvern Volleyball - QCC's Women's Volleyball participated in the NJCAA Region 21 Tournament on Sunday, October 27, 2019. They lost in the semi-final game.

Their overall record this season was 5 wins and 5 losses.



The Lady Wyverns Women's Soccer team was able to play on their home field this year for the first time since they started 4 years ago.

Despite injuries and the rain the women played extremely hard. Overall 1 win and 9 losses.



First year to hold Men's Soccer! The Wyvern Men's Soccer team gave their conference rivals highly competitive games. They had a great first season! Overall 4 wins and 5 losses.



Sports: The Man Who Lied His Way to Fame in the NFL

Bryan Faubert
Open Door Sports Writer

Damon Sheehy-Guiseppi faced brick wall after brick wall from his time in high school to his college career until an unbelievable opportunity presented itself; he finessed his way into this opportunity and took full advantage of it to create one of the most inspirational stories I have ever heard of in my life. This is the journey of a man whose determination and drive created chances for himself that he didn't dare squander.

At first, Damon wanted to become a basketball player during his high school days. Unfortunately, he wasn't ranked as a basketball player and wasn't offered any scholarships, so he decided to enroll at Mesa Community College where he would try-out for the basketball team. The JUCO (Junior College) tryout didn't go as planned, and he didn't make the team. After that, he decided to join the track team knowing he had great speed, and he ended up making the team. Things would not turn out well though as he would suffer injuries after he was involved in a car accident. He recovered from his injuries and decided to try something new. He would go to a football tryout at Phoenix College, a JUCO college in Arizona.

Damon attended the tryout and felt he did very well, but he never got a call back. However, he didn't see it as they didn't want him. He looked at it as they never said "yes" but they also never said "no". He then decided to show up to every team workout and if they told him to leave he would leave. But if they didn't, and he got noticed, then maybe he would get an opportunity to play, and that's exactly what happened. He would finish first in the sprinting drills, and after the summer drills were over he was given a spot on the roster. Damon would be placed on the roster as a specialist/return man. He would gain a total of over 1,200 return yards, which would make him an All-American in the JUCO league. Keep in mind this was his first JUCO season. In his second season he improved by 1,278 return yards, which was best in the nation along with 4 touchdowns. He also had 400 punt return yards that season. But he didn't stop there.

After he was done in JUCO football, he would get a credit card that he would max out so that he could travel all over the nation to see every SEC, BIG 12 college, and show game films that he created, with the intention of becoming a walk-on. The plan would fail - personally I don't think many of these schools looked at the film. Rumor has it that one team did look at it. It is unknown which school it was. Even if the college wanted him to play, he was 9 credits short and wasn't even eligible to even go in for a tryout in the D1. So, at this point, pretty much everyone would have given up, right? Not Damon.

He decided to go pro anyway and he would do the same thing to every NFL team that he did to every SEC and BIG 12 School. He would travel there, show the coaching staff his game film and hope that he would get a call back for a tryout. As expected, however, no one called back. So, he heard that the CFL (Canadian Football League) had a tryout in Las Vegas. They didn't take anyone, as a matter of fact, they never take anyone in that specific tryout. It's basically a tryout just to tryout, not to make a team. Next he would then try the AFL

(Arena Football League) but didn't make the arena league team. Therefore, the dream was over, right? Not exactly.

While playing in a flag football league, a fellow player told him about a private invite-only tryout for the Cleveland Browns in Miami, Florida. He got the address from the guy and was told to look for Alonzo Highsmith. Alonzo is currently the VP of player personnel for the Cleveland Browns. Once Damon got there, it was too easy. The guy at the desk just asked if he knew Alonzo, Damon said yes and the guy just lets him pass. Damon wisely went to find Alonzo and found him. Alonzo was impressed because a guy that he didn't know finessed his way into the building to attempt to get a tryout. Alonzo got curious and wanted to see if Damon was any good. It takes great courage and confidence in your own abilities to pull off what Damon had done.

During the try out, he showed his kick and punt return skills, and ran a 4.38 in the 40-yard dash, which is a make-or-break drill in most positions. Seeing as Damon was listed as a WR (wide receiver), speed was the most important drill of the tryout. Might I add, 4.38 was the 6th best 40-yard dash among all WRs in the 2019 draft class. Thirty minutes after the tryout, he got a call from Alonzo Highsmith, where he was invited to the official tryout for the Cleveland Browns in one week from then. Problem was, Damon was practically broke. He spent the last of his money to get to Cleveland. As a result, Damon had to sleep outside his first night until he found a 24-hour gym where he could sleep and shower until the tryout. When the tryout came, he once again impressed the coaches and Highsmith.

Damon was given a 3-year contract and would go on to have the highlight that got me sucked into this story; he returned an 86-yard punt for a touchdown in the first preseason game against the Washington Redskins. The team's choice of celebration? All of the players, and I mean all of them, made a pile on top of Damon. This moment brought a tear to my eye; to hear about this man's story to where it was at that moment, profoundly affected me. Unfortunately, Damon was one of the final cuts of the Cleveland Browns right after the week four pre-season had come to an end. I have a feeling, though, this will not be the last we hear of Damon Sheehy-Guiseppi.





QCC ESPORTS CLUB MEETING

ARE YOU INTERESTED IN PLAYING VIDEO GAMES
AND REPRESENTING YOUR SCHOOL
AT THE SAME TIME?



LEAGUE of
LEGENDS



DOTA 2



FORTNITE



CS GO

PROGOWSKI@QMAIL.QCC.EDU

NOVEMBER 6 TH

STARTING AT 9 A.M AND WILL BE OPEN UNTIL 1 P.M

AT THE FULLER CLUB CENTER

In Memory of Fred Pilch



A Great Professor and Friend

By Tyler Paul Wills

When I received the E-mail that Fred Pilch passed away, I had tears in my eyes. Fred was my computer teacher in the fall of 2017 when I first started here at QCC. I took Fred's second Advanced Microsoft Office class in spring 2018 and I enjoyed having him as my teacher. He always had such a great sense of humor and I enjoyed having talks with him.

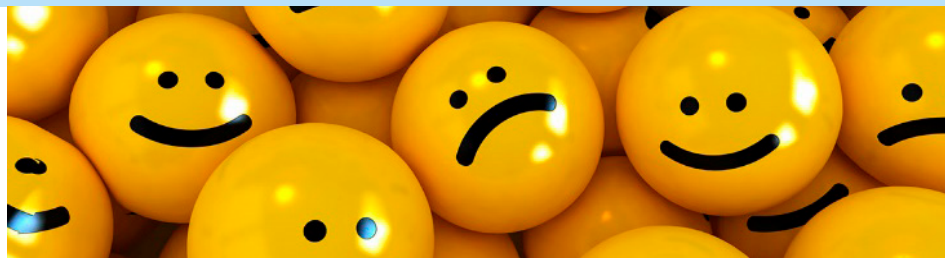
Fred was such a phenomenal computer teacher; he always made the students in his class get involved and enjoy what they were learning. I will always remember Fred, and if you didn't have the wonderful opportunity to have Fred Pilch as a teacher, then believe me he was a remarkable teacher and a good friend. Thanks Fred for making my year at QCC such a fun and memorable time.

RIP Fred Pilch you will never be forgotten!



In Memory of Fred Pilch

November 1947- September 2019
45 Years of Teaching & Service



What makes you Smile?

By Tyler Paul Wills

I'm confident with my teeth!

Ly Duong - D.H. student

Good foods make me smile!

Hien Nguyen - D.H. student

My family makes me smile!

Samp - D.H. student

Kindness makes me smile!

Kaylie D.H. student

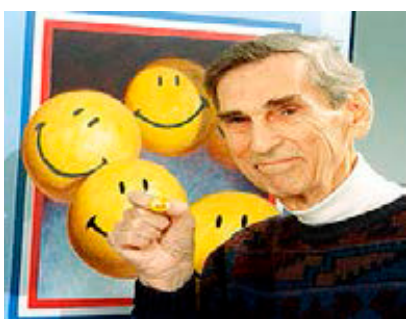
Seeing my dogs happy make me smile!

- Courthey - D.H. student

What makes me smile is to help others
out and to get a smile in return!

Tyler Paul Wills

In Remembrance of Harvey Ball



What are you doing for WINTER BREAK?

TAKE AN ONLINE WINTER COURSE
Dec. 27, 2019–Jan. 16, 2020

Catch up or get ahead
without leaving home—
all winter classes
are online!

REGISTER TODAY!

fitchburgstate.edu/gce/reg

978-665-4196

**FITCHBURG STATE
UNIVERSITY**
CELEBRATING 125 YEARS of changing lives



QCC Police Informer

"Seat Belt For Life"

Deputy Chief Rodriguez

Do you buckle up every time you get into a vehicle? I can honestly say that a seat belt saved my life. It has been proven that seat belt use save lives. The good news is that according to a study conducted by the National Highway Traffic Safety Administration the use of seat belts has been increasing. By the numbers the study showed that seat belt use save lives:

- Seat belts saved more than 75,000 lives from 2004 to 2008.
- Forty-two percent of passenger vehicle occupants killed in 2007 were unbelted. A 2009 NHTSA study estimates more than 1,600 lives could be saved and 22,000 injuries prevented if seat belt use was 90 percent in every state.

Unfortunately there are still groups less likely to use seat belts. Teens, commercial drivers, and people who have been drinking still refuse to wear a seat belt. Even some police officers neglect the single most effective traffic safety device for preventing death and injury. Of all the tools a police officer has to keep themselves safe, the seat belt is probably the most likely tool on a

regular basis to actually prevent injury or death. Seat belts are tools that are available to everyone who gets into a vehicle and everyone should use it.

Although the use of seat belts is a law in Massachusetts as well as in just about every state in the Union it is ignored by many. Massachusetts is one of 18 states that make seat belt use a secondary violation but as many as 31 have it as a primary violation, meaning police can stop vehicles and issue citations for failure to buckle up. Under Massachusetts General Law Chapter 90 Section 13A "no person shall operate....or ride... unless such person is wearing a safety belt". But should common sense be a law?

Feel free to send an anonymous tip to Campus Police at 508-854-4221 or use the new anonymous tip line.

Two easy ways to send a tip: #1 Download the FREE App on your phone-Keyword "QCC Tip" or #2 Text "QCC" + (space) + your tip to 847411

Arts & Entertainment

Film Review Joker

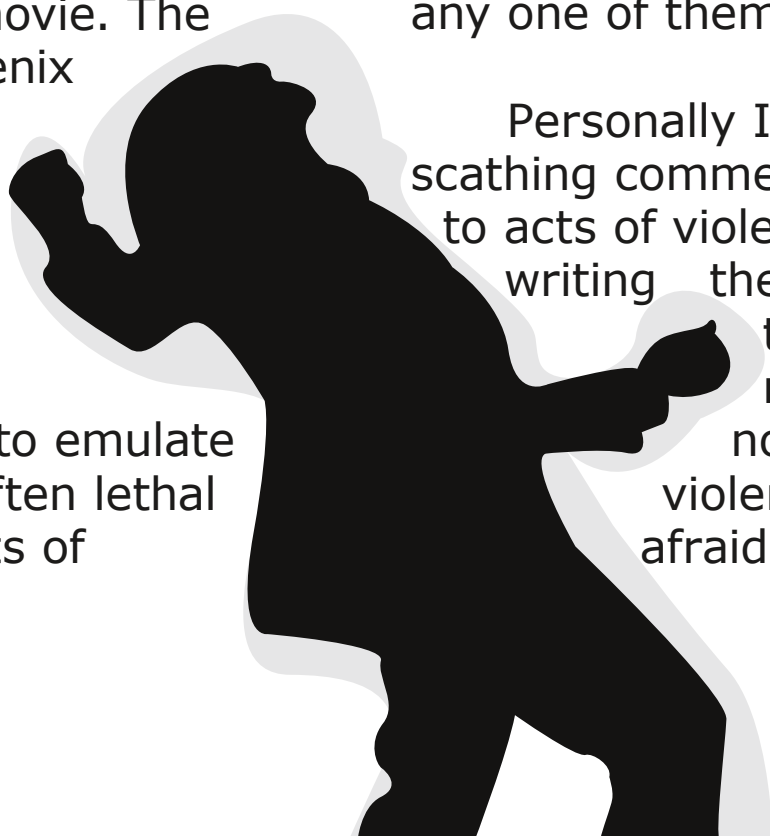
Reviewed By Randi Thayer

The new “Joker” movie created a certain amount of buzz because folks thought that it might trigger unwell minds, potentially being a rerun of the Dark Knight shooting in 2012. When the Dark Knight came out there was a shooting at a midnight showing in a Colorado movie theatre. There is some controversy over whether or not the shooter was inspired to commit the violent act, killing 12 and wounding over 70 other people, by the depiction of the Joker in the Dark Knight movies.

This incident led people to ask what sort of responsibility content creators have for the actions of their audience. This question is coming back to the forefront of public thought with the release of the stand-alone “Joker” movie. The concern with the Phoenix interpretation of the character is how this traditional agent of chaos has been humanized. Some feel that it might give unwell minds a route to emulate the destructive and often lethal villain, resulting in acts of violence.

As a creative this is something that I have a particular interest in, but this is something that we all need to consider because it can lead to issues such as censorship. This is not to say that movies like the new “Joker” do not have a place. It forces us to look at things that we may not otherwise want to look at. Since having seen the movie myself, I can say that point of the film is to look at mentally ill people who are abandoned and mistreated by society. It is a commentary on our failings as a society to take care of our own. There are no heroes in the movie; every character reacts poorly to the circumstances they find themselves in. However, all of the characters are humanized, and it is easy to believe that you could meet any one of them on the street.

Personally I think “Joker” is a scathing commentary, but not a path to acts of violence. At the time of writing the film has been in theaters for about a month, and there has not been any of the violent acts people were afraid of, thankfully.



Arts & Entertainment

Star Wars: Not So Long Ago, In A Classroom Near, Near, To You

By Randi Thayer

Do not let anyone tell you that dreams do not come true. This semester Professor Mike Gormley is teaching a humanities class on Star Wars. In this class students are analyzing Star Wars, and looking at the cultural impact the series has had over the last forty or so years. This is a dream come true for both students and staff.

Professor Gormley was published in a special issue of The Journal Of Religion And Popular Culture released this last spring. This special issue is an excellent example of how important the Intersection of art, culture, and academics is. Cultural phenomena, such as the Star Wars universe spanning more than a dozen movies, several comic series, innumerable legends books, and several animated television series, can be explored academically to better understand how art is influencing the way people think. Analyzing the way that art

and culture are intertwined can help us better understand what people are thinking and help to enact change.

Several of my classmates are lifelong Star Wars fans and excited to see the space where their passions and educations converge. Professor Gormley has already shown that this is feasible on a professional level. While every class has some use in our future, it is invigorating to directly see the real world applications of one's education.

I, however, did not watch Star Wars growing up, and therefore do not have the same nostalgia associated with it. I mention this to point out that this class is a 200 level humanities class, and students do not need to have a love of this particular saga in order to find the class useful and enjoyable. We have been asked to complete a project and a paper, and are being taught how to look at and analyze a work. This is a skill set that is important for all students.



Transfer Services

TRANSFER ADMISSIONS PRESENTATION

Learn how to complete your bachelor degree at
a select liberal arts school!

Amherst
College



CLARK
UNIVERSITY

WELLESLEY COLLEGE



SMITH COLLEGE

Williams

All schools in attendance are looking for students with a GPA of 3.3 and above.

Non-traditional and minority students urged to attend.

Smith, Mount Holyoke and Wellesley's Scholar programs are designed to support
female students 24+, students with a dependent and student veterans.

Program benefits can include housing and financial assistance.



QUINSIGAMOND
Community College

TUESDAY, NOVEMBER 19 FROM 2-4PM
HLC ROOM 109B

FOR MORE INFORMATION, PLEASE CONTACT
TRANSFER SERVICES AT TRANSFER@QCC.MASS.EDU.

Transfer Services



TRANSFER SERVICES AT SOUTHBRIDGE (FALL '19)

8 a.m.-4 p.m.

NOVEMBER 13 (WED)
DECEMBER 11 (WED)

Meet with a transfer counselor to get information and answers to common transfer issues such as:

- Important QCC courses for transfer
- How to pick colleges and majors
- General steps to transferring—deadlines, forms, admissions requirements

To make an appointment, please call 508.854.4404 or e-mail us at transfer@qcc.mass.edu

FOR MORE INFORMATION CONTACT: VISIT OUR WEBSITE
@ QCC.EDU/STUDENT SERVICES/TRANSFER

Fall 2019 Transfer Services FAQ & Workshop Series

Harrington Learning Center, Egan Conference Room, 239

Throughout the fall semester, get quick information and answers to transfer issues like:

- How to pick colleges and majors
- Choosing important QCC courses that will transfer
- How to create a strong academic profile for transfer
- General steps to transferring—deadlines, forms, admissions requirements

November 2019	December 2019
Mon, 11/4, 9-11 a.m.	Mon, 12/2, 9-11 a.m.
Tues, 11/5, 1-3 p.m.	Fri, 12/6, 10 a.m.-12 p.m.
Weds, 11/6, 2-4 p.m.	Tues, 12/10, 2-4 p.m.
Thurs, 11/7, 9-11 a.m.	*Thurs, 12/12, 9-11 a.m.
*Fri, 11/8, 10 a.m.-12 p.m.	
*Tues, 11/12, 2-4 p.m.	
Weds, 11/13, 9-11 a.m.	
Thurs, 11/14, 1-3 p.m.	
Fri, 11/15, 10 a.m.-12 p.m.	
Mon, 11/18, 10 a.m.-12 p.m.	
*Weds, 11/20, 1-3 p.m.	
Fri, 11/22, 9-11 a.m.	
*Tues, 11/26, 10 a.m.-12 p.m.	



*These dates include a workshop during the first hour covering transfer basics:

- Transfer admissions requirements (with or without completing an associate degree)
- The transfer application process (including the Common Application)
- Transfer agreements (MassTransfer & articulation agreements)

QCC Transfer Services @2ND FLOOR, HARRINGTON LEARNING CENTER • 508.854.4404
• transfer@qcc.mass.edu

QCC TRANSFER SERVICES November 2019 Transfer Visits



All visits HLC 1st floor counter area, 10 a.m. – 1 p.m., *unless noted otherwise.*




November 5
10:30 a.m. – 1:30 p.m.



November 14



November 6
3:30 – 4:30 p.m. HLC 109B



November 15
10 a.m. - 2 p.m.



November 7



November 18
Bryant 10:30 a.m. – 1:30 p.m.



November 12
UMass Table 10 a.m. - 12 p.m.
UMass Appointments 12 - 3 p.m. HLC 109B
Becker 10 a.m. - 2 p.m.
Worcester SU 9:30 a.m. – 12:30 p.m.



Selective & Women's Colleges
November 19
2 – 4 p.m. HLC 109B

QCC TRANSFER SERVICES November-December 2019 Transfer Visits


All visits HLC 1st floor counter area, 10 a.m. – 1 p.m., *unless noted otherwise.*



November 20





December 4



November 25
10 a.m. - 2 p.m.




December 5



November 26
Worcester SU 9:30 a.m. – 12:30 p.m.



December 2



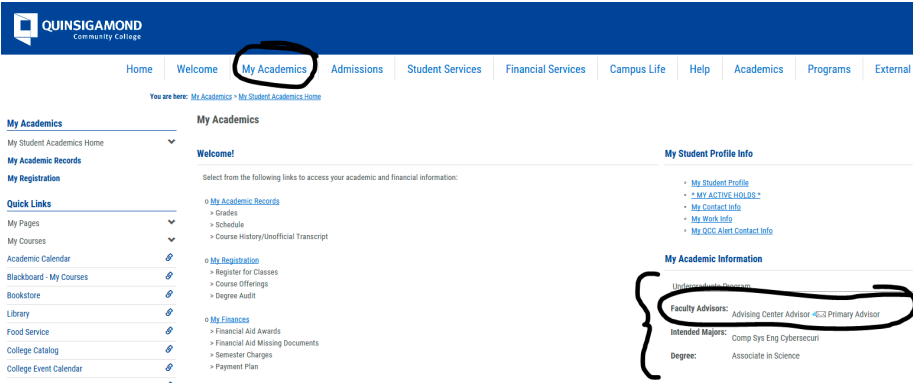
December 3
10 a.m.-2 p.m.

Academic Advising

WHO IS MY ACADEMIC ADVISOR?

Now that registration for the Spring semester is underway, don't forget to use your assigned academic advisor as a resource for any assistance you might need mapping out your classes, or with help registering. To locate your assigned academic advisor, follow these steps:

- 1. Logon to **The Q**, your student portal
- 2. Click on **MY ACADEMICS** at the top of the page
- 3. Locate your (Faculty) Advisor's name under **MY ACADEMIC INFORMATION**



Register Early

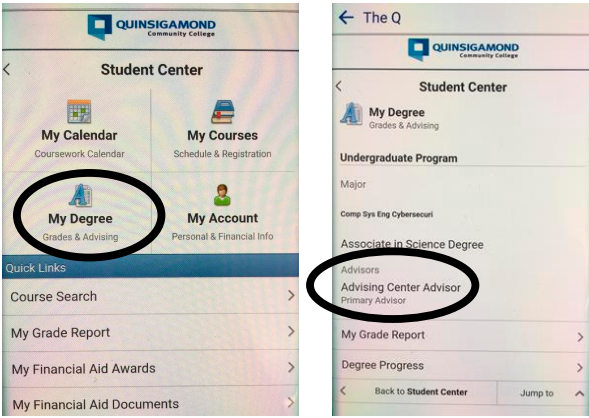
ACADEMIC ADVISING

advising@qcc.mass.edu

Starting **November 4th through November 18th**, registration is *exclusively* for **returning and active students**. This means that you can choose your Winter/Spring courses during these dates and **get the best possible schedule!**

Or, using your **QCC Mobile App**:

- 1. Click on **The Q** and log in
- 2. Click on **MY DEGREE**
- 3. Locate your **Advisor**



TIP!

If your Advisor is listed as Advising Center Advisor, ESL Advisor or Healthcare Advisor, you can drop by Advising to meet with any Advisor on staff. **No appointments needed!**

DID YOU KNOW?

You can register for Spring before your final grades for Fall are posted.

Assume success! Build your Winter/Spring schedule now on the assumption that you'll be passing your Fall classes. You can always make adjustments later, once final grades post.

You can register early, and make plans to pay later.

When you register early, you don't have to pay that same day. You have time to create a payment plan and get your finances in order.

The classes you first pick don't have to be your final ones.

If you later need to make schedule changes for any reason, you have until January 29th to make adjustments without any penalty (through the end of the ADD/DROP period).

Have questions or need assistance? Email advising@qcc.mass.edu

QCC Office of Institutional Research & Planning

FALL 2019		
TOP TEN PROGRAMS BY ENROLLMENT*		
Major	Headcnt	Percent of Total Headcount
General Studies*	2362	32.4
Undeclared**	1003	13.8
Liberal Arts	641	8.8
Bus.Admin.Career	474	6.5
Nursing	388	5.3
Business Adm Tnsfr	363	5
Criminal Justice	345	4.7
Engineering	270	3.7
Computer Sys. Eng.	197	2.7
Human Services	182	2.5

Fall 2019 Data

Enrollment

Headcount: 7,293
Credits: 63,996
FTE: 4,266

Distance Education

Headcount: 2,133
Credits: 10,849
FTE: 723.3

The QCC Office of Institutional Research and Planning supports data driven decision making, institutional effectiveness, and student success by working collaboratively to provide accessible, objective, accurate, and timely information. Our office is committed to quality, integrity, and the student centered mission of Quinsigamond Community College.

Disability Services

Disability Services

ACCESS Matters

Job Description:

Disability Services is seeking students with excellent notetaking skills who are willing to be placed in specific courses to take notes on the content and then distribute the notes to designated student(s) within a 24 hour period.

Requirements:

1. H.S. Diploma or equivalent
2. Current QCC students with good academic standing
3. Ability to exercise discretion and maintain confidentiality of the student.
4. Responsible, professional and dependable.
5. Respectful of different learning styles.
6. Knowledge of Section 504 and the Americans with Disabilities Amendments Act.
7. Demonstrates excellent oral and written communication skills.

Hourly Rate: \$12.00

To Apply Contact: Disability Services

Room 246 A Phone 508.854.4471

Email: disabilityservices@qcc.mass.edu

HIRING STAFF NOTETAKERS



Great resume builder!

Disability Services

ACCESS Matters

Seeking students willing to share a copy
of their class notes with a peer for the semester.

\$100

Stipend for Volunteers

For More Information or to Apply:

Disability Services

Room 246 A Phone 508.854.4471
email: disabilityservices@qcc.mass.edu

Electronic Application available:

On the "Q" on the Disability Services Home Page

HIRING PEER NOTETAKERS



Great resume builder!

Career Services

QCC Fair Job Fair

By Tyler Paul Wills

The Job Fair held on October 23rd drew a large number of students who visited the 24 vendors in the HLC. This was my very first time attending a Job Fair here on campus. I was very impressed with what the vendors had to offer for students, and they were extremely friendly and very professional.

I met with fellow students and asked them how their experience went and what they learned. Here's what they had to say:

- The Fair at QCC is an excellent working tool. They provide marvelous services for students who are job hunting for their future careers.

Anonymous

- I was impressed with the different companies and what they offered. I will look on the various websites to see what they have as far as positions posted and consider where I fit and apply.

Harriet

- The Job Fair helped me to learn where I can apply and how to get a job more efficiently. It was very helpful.

Emily Dodge

- The Job Fair helped introduce me to a new company that I would like to work for in the future.

Anonymous

- Today at the Job Fair, I was approached by many employers' that were very accurate at their Job details.

Laventure Charles

- The QCC Job Fair did a phenomenal job opening our eyes to future and current possibilities.

Bryson Yuhai & Jacob Adams

- It's been nice meeting all of the pleasant people.

Jonathan



Many thanks to our venders!

- AbbVie
- Autism Learning Partners
- Bud's Goods & Provisions
- Charter Spectrum
- Chick-fil-A
- Connection
- CoWorx Staffing
- Cumberland Farms
- Fastenal
- FedEx Ground
- Invoice Cloud
- Open Sky Community Services
- Renewal by Andersen
- Salmon Health & Retirement
- Scribe America
- Securitas
- Table Talk Pies
- The Home Depot
- UMass Memorial
- Unum
- Valet Park of America
- Wegmans
- Westaff
- YMCA of Central MA





Photos Courtesy of QCC Institutional Communications

Career Services Workshops

(All workshops are held in classroom 272A)
Unless otherwise noted

FALL

Pre-register!

***Cooperative Education Orientation**

9/16	1pm –2pm	
9/17	5pm-6pm	
11/26	5pm-6pm	
12/4	10am-11am	
12/9	TBD	Southbridge

***Resume Writing**

9/24	5pm-6pm
10/9	1pm-2pm
11/19	5pm-6pm
11/20	10am-11am
12/10	5pm-6pm

WDW College Program Information Session

9/13	2pm-3pm
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***Resume Critique**

10/1	4pm-6pm
10/16	1pm-3pm
11/25	10am-12pm
11/26	4pm-6pm
12/17	4pm-6pm

***Workplace Etiquette**

11/5	5pm-6pm
11/13	10am-11am

***Interviewing Skills**

9/25	2pm-3pm
10/15	5pm-6pm
10/17	10am-11am
12/11	2pm-3pm

Job Fair

10/23	10am-1pm	HLC 109 A&B
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*** Denotes CPS 298 required workshops - you only have to attend one of each session**

Please pre-register for these workshops using the PB link : <https://app.purplebriefcase.com/pb/account/login?s=QCC>
Click on 'Events" tab, left hand/column of page. - **LIMITED SPACE!**

Website: <https://www.qcc.edu/services/career-services-credit-prior-learning/workshops> **Email:** careerservices@qcc.mass.edu
Persons needing accommodations for these workshops please contact us at (508) 854-4439, 2 weeks prior to workshop.

Registrar's Office

Key dates and deadlines for Fall Semester

- **Withdrawal period is through November 15.** To withdraw from a class, your instructor or your academic advisor must sign the Withdrawal form. After November 15, your professor may grant you the grade of W, but you are no longer entitled to that grade. Your instructor may assign the grade of F. If you are considering withdrawing from a course and receive financial aid, talk to the Financial Aid Office to find out if your package will change due to the withdraw.
- **Registration opens November 4-18 for returning students.** You have seniority over all new students. Don't wait to register for Intersession or the Spring 2020 semester.
- **Monday November 11 is Veteran's Day,** No Classes will be held that day.
- **Last day to change to or from an AUDIT is Friday November 15**
- **Thanksgiving Recess is Thursday November 28 – Sunday December 1,** there are no classes during that period.
- **Final Week of Classes December 11-17,** during the final week of classes there is a modified class schedule. Check The Q for the Fall 2018 Final Exam schedule or ask your instructor for a detailed class syllabus. Final grades are due on The Q 48 hours after the last class/exam.

Final Week of Classes/Day Classes are on a Revised Schedule to allow for a Two-Hour Final Examination

Final exam week begins on **Wednesday, December 11 - Tuesday, December 17**, for **all day classes** (defined as any class that meets before 4 p.m.).

PLEASE NOTE: Evening classes (defined as any class that begins at 4:00 p.m. or thereafter) will meet at their regular times and **do not have a special exam schedule.**

Each two-hour period of time during finals week may be used for final exams, classroom instruction, or other types of evaluation at the instructor's discretion.

If a course does not fit exactly into one of the time modules below, please use the closest time module for that time. For example, if a class meets on MW from 9:30 a.m. – 10:45 a.m., it would be assigned to the MWF 9:00 a.m. time slot.

<u>Classes that meet on:</u>	<u>Exam Date</u>	<u>Exam Time</u>
MWF (7:00 a.m.)	Wed., 12/11	7:00 a.m. – 9:00 a.m.
TR (9:30 a.m.)	Wed., 12/11	9:00 a.m. – 11:00 a.m.
MWF (10:00 a.m.)	Wed., 12/11	11:30 a.m. – 1:30 p.m.
MWF (2:00 p.m.)	Wed., 12/11	2:00 p.m. – 4:00 p.m.
TR (6:40 a.m.)	Thurs., 12/12	6:40 a.m. – 8:40 a.m.
TR (8:00 a.m.)	Thurs., 12/12	9:00 a.m. – 11:00 a.m.
TR (12:30 p.m.)	Thurs., 12/12	11:30 a.m. – 1:30 p.m.
TR (3:00 p.m.)	Thurs., 12/12	2:00 p.m. – 4:00 p.m.
MWF (9:00 a.m.)	Fri., 12/13	9:00 a.m. – 11:00 a.m.
MWF (11:00 a.m.)	Fri., 12/13	11:30 a.m. – 1:30 p.m.
MWF (1:00 p.m.)	Fri., 12/13	2:00 p.m. – 4:00 p.m.
MWF (8:00 a.m.)	Mon., 12/16	9:00 a.m. – 11:00 a.m.
MWF (12:00 p.m.)	Mon., 12/16	11:30 a.m. – 1:30 p.m.
MWF (3:00 p.m.)	Mon., 12/16	2:00 p.m. – 4:00 p.m.
TR (11:00 a.m.)	Tues., 12/17	11:30 a.m. – 1:30 p.m.
TR (2:00 p.m.)	Tues., 12/17	2:00 p.m. – 4:00 p.m.

Please contact your specific instructor if you have additional questions.

Student Academic Calendar



QCC 2019-2020 Student Academic Calendar

Fall 2019 Semester: September – December		
Labor Day Holiday	9/2/2019	College Closed
All College Day	9/3/2019	No Classes
Fall Classes Begin	9/4/2019	Check your class schedule for your start day
ADD/DROP	9/4– 9/11/2019	Last week to make changes to your Fall schedule
100% Tuition and Fee Refund deadline	9/11/2019	Final day to drop a course and receive 100% reimbursement
Withdrawal Period Begins	9/12/2019	Withdrawing from a class will show up on your academic record
50% Tuition and Fee Refund deadline	9/19/2019	Final day to withdraw from a course and receive 50% reimbursement
Registration Preparation	10/7 – 11/1/2019	Avoid the lines! Meet with an Advisor NOW to map out your next classes.
Columbus Day Holiday	10/14/2019	College Closed
Mid-term Grades available on The Q	10/30/2019	Log into The Q and click on “My Academics” to view your mid-term grades
VIP Registration for Returning/Active Students	11/4 – 11/18/2019	Best selection of Winter & Spring classes available during these 2 weeks
Veterans Day Holiday	11/11/2019	College Closed
Last day to withdraw without Academic Penalty	11/15/2019	Last day to withdraw from a Fall class to receive a “W”; GPA is not impacted
Thanksgiving Recess	11/28 – 12/1/2019	College Closed
Final Week of Classes/Revised Class Schedule	12/11 – 12/17/2019	Final week of classes; due to final exams, class schedules may be revised
Final Grades available on The Q	12/19/2019	Log into The Q and click on “My Academics” to view your final grades
College Winter Closing	12/25/2019 -1/1/2020	College Closed
Winter Interession 2020: January		
New Year’s Holiday	1/1/2020	College Closed
Winter Interession classes begin; last day to DROP/ADD	1/2/2020	First day of Winter Interession classes; last day to make schedule changes
Last day of Winter Interession Classes	1/14/2020	Last day of Winter Interession classes
Spring 2020 Semester: January – May		
Martin Luther King, Jr. Holiday	1/20/2020	College Closed
All College Day	1/21/2020	No Classes
Spring Classes Begin	1/22/2020	Check your class schedule for your start day
ADD/DROP	1/22 – 1/29/2020	Last week to make changes to your Spring schedule
100% Tuition and Fee Refund deadline	1/29/2020	Final day to drop a Spring course and receive 100% reimbursement
Withdrawal Period Begins	1/30/2020	Withdrawing from a class will show up on your academic record
50% Tuition and Fee Refund deadline	2/6/2020	Final day to withdraw from a Spring course and receive 50% reimbursement
President's Day Holiday	2/17/2020	College Closed
Registration Preparation	2/18 – 3/20/2020	Avoid the lines! Meet with an Advisor NOW to map out your next classes.
Mid-term Grades available on The Q	3/13/2020	Log into The Q and click on “My Academics” to view your mid-term grades
Spring Recess	3/15 – 3/21/2020	No Classes
VIP Registration for Returning/Active Students	3/23 – 4/3/2020	Best selection of Summer & Fall classes available during these 2 weeks
Financial Aid FAFSA Priority Filing Date	4/1/2020	Complete your FAFSA application early for Fall semester classes
Last day to withdraw without Academic Penalty	4/10/2020	Last day to withdraw from a Spring class to receive a “W”; GPA is not impacted
Easter Sunday	4/12/2020	No Classes
Patriots’ Day Holiday	4/20/2020	College Closed
Final Week of Classes/Revised Class Schedule	5/6 - 5/12/2020	Final week of classes; due to final exams, class schedules may be revised
Final Grades available on The Q	5/14/2020	Log into The Q and click on “My Academics” to view your final grades
Commencement	5/21/2020	QCC Graduation ceremony

[Click here for the full College Calendar](#)

[Click here for Final Exams Week schedule](#)

[Click here for Financial Services/Payment Schedule](#)

A copy of this calendar, the full college calendar, final exams week schedule and financial services/payment schedule are available on The Q.

Student Life

November

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Fuller Friday Guess the date of the first snow day & WIN!	2
3	4	5 Election Day	6 NSLS Live Broadcast ft. Tiki Barber HLC 109 7 p.m.	7 CCSLA	8 CCSLA	9
10	11 No Classes Observing Veterans Day	12	13 Native American Heritage Trivia Fuller Center	14	15 Fox Woods Field Trip	16
17	18	19	20 Free Hot Chocolate 5-7 p.m. Fuller Center	21 National Smoke-Out Free Cold Turkey Sandwiches Fuller Center 11-12	22	23
24 BINGO	25 Thanksgiving BINGO Win a complete turkey dinner! Fuller Center 10-12	26 Downtown campus Pies for students 10-12	27 Southbridge campus Pies for students 10-12	28 No Classes Holiday	29	30

NOVEMBER 25TH



*Thanksgiving Dinner
Bingo!*

STARTS AT 11 A.M.

JOIN US IN THE FULLER CENTER & PLAY BINGO
WITH PEERS FOR A CHANCE TO WIN AN ENTIRE
DINNER WITH A FROZEN TURKEY & SIDES!

ANY ONE IN NEED OF
ACCOMMODATIONS SHOULD CONTACT STUDENT
LIFE BEFORE THE EVENT DATE. THANK YOU



NOVEMBER 21ST, 2019

ON WORLD NO
TOBACCO DAY

AND EVERY DAY AFTER, LET'S STAND
TOGETHER TO BRING THIS CAUSE
EVEN FURTHER.

Join us in the Fuller Center for FREE 'Cold Turkey' Sandwiches and
other give-aways. 11a.m-Noon