

PRESIDENT'S MESSAGE



Dr. Luis G. Pedraja

As the fall term starts to wind down, we begin to look forward to the holidays and to the next year. The holidays always bring back fond family memories for me, as we would gather on Christmas Eve to celebrate Noche Buena (The Good Night), our traditional Cuban Christmas celebration. The smells of savory roasted pork, black beans and rice, plantains, mojo (Cuban garlic sauce) and yucca would fill the house with mouthwatering aromas.

While I played with my cousins or listened to stories from relatives, my abuela (grandmother), mom, dad, aunts, and uncles would scurry around getting the feast ready and checking on each other. We did not have much, but we had each other—we were family. Here at QCC, we are also a family that supports each other.

Every year, my traditional holiday foods and customs remind me that my roots are grounded in the diverse cultures that shaped my cultural heritage. The traditional Cuban Christmas Eve dinner represents the rich diversity of our heritage, which includes foods and traditions that come from our African, Arabic, European, and Native American ancestry. In spite of the divisive discourse that plagues our world, our differences contribute new perspectives, ideas, and energy to our society.

Our rich diversity does not dilute our identity; rather, it strengthens us. The Mexican writer, philosopher, and politician, Jose Vasconcelos hoped that in time we would develop a concept of a cosmic race embodying our diversity and ushering a universal era for humanity. I hope that in this holiday season we can celebrate our diversity and embrace each other as one family defined by our shared humanity.

As part of the QCC family, you will always be welcome, accepted, and supported here. My wish for you in this holiday season is that you will succeed and flourish as you strive to achieve your hopes and dreams through education. Believe in yourself and you can change the world! Happy holidays!

A Flight Back Home

By Yozue A. Davila
Open Door Staff

It is always a beautiful thing when you return to your hometown with wonderful memories from your childhood and the places you visited and knew growing up. In my case, it was the revisiting of my beautiful island of Puerto Rico. Going to my island after a few years brought on a nostalgic feeling of much happiness and memories. After Hurricane Maria, Puerto Rico has had a great struggle to rebuild losses, and I saw how the ruins were still around; the disasters of houses, building, schools, medical centers, etc. It is sad to see when you have a place you love, and it breaks my heart to see my island the way it is currently after a year from the hurricane. But through the disaster and ruins, there still stands an island with people and culture who hold it steady.



Flying into San Juan we saw a beautiful fort that has been standing since the 16th century. It is a wonderful sign for Puerto Ricans to see how it still stands proud and tall. Walking down the vivid Old San Juan the food is always a great attraction for the beautiful island. Stopping at a nearby restaurant, the

family and I ordered a vast amount of plates, but one of the plates that I love the most is that known as mofongo, a mashing of plantain and filling it with many various types of meat or seafood. With a mofongo in hand, this arrival was becoming very welcoming.

(continue to page 2)

Flight Back Home continued

Walking through Old San Juan at night is beautiful. With the live music, food, and festive ambiance it feels like you have just arrived at an ongoing party. The nightlife in Puerto Rico has always been a great attraction especially in San Juan, but going to my hometown in Ponce we enjoyed a similar attraction in its downtown area. The following day, after a good night rest from the long flight, I found myself reminiscing about Ponce where you can find the historical Parque de Bombas and the proud vintage fire station of the island.

It was a beautiful experience to see my favorite childhood places, especially a hidden gem in Ponce called La Guancha. There is a boardwalk which houses a beautiful beach, lighthouse, and gazebos of amazing food. If there is a beautiful place for both day and night outings, this is the place you want to go. Finally, after a reunion with family and an amazing set of days, it was time to go back home, sadly leaving behind a beautiful island. It will excite me, even more, to return in the coming years and see how Puerto Rico is slowly rebuilding itself.

Inside the December Issue

Question of the Month.....3

Athletics.....4-5

Freshman Year.....6

Food Pantry.....7

Records and Registration.....8-9

Transfer Services.....10-12

Academic Advising.....13

PAWS for People.....14

Arts & Entertainment.....14-15

Open Door Photo Contest.....15

Music Club.....15

Veteran Affairs.....16-17

Police Informer.....18

Student Leadership Academy.....19

Meet Your QCC Student Senate.....20-21

Join the Open Door.....22



Open Door Staff

Advisor: Pat Bisha-Valencia

Student Editor: Santana K. Wright

Layout Designer: Reneasia Love

Staff Writers: Tyler Wills,Yozue Davila

OPEN DOOR

Issue	On the Stands	Deadline
#5 February	February 4	January 10
#6 March	March 6	February 7
#7 April	April 4	March 7
#8 May	May 2	April 11

Question of the Month



By Tyler Paul Wills

This month's question: What holiday traditions does your family follow this time of year?

"My Holiday traditions are the same every year since I was little, my mother bought us the advent calendars, my younger brother and I always had a small Christmas tree in our bedrooms. My Mom would leave one Christmas gift on our beds on Christmas Eve."

- ***Tyler Paul Wills***

"Every year we go to church and make dessert for the New Year's called Vasilopid."

- ***George Barakliis***

"During the Holidays, my family prepares a large dinner at our house. We play video games, watch movies, and share stories with one another."

- ***Reneasia Love***

"During the holidays we watch the ball drop on TV and celebrate the New Year with our family and friends. Then we shoot off confetti cannons in our backyard and watch the fireworks go off."

- ***Amy W.***

"Wear Holiday Pajamas, put up a Christmas tree, put presents under the tree and make lots of food."

- ***Devin Brite***

"Do our regular morning routine prepare for family coming, serve dinner, drink rum, open gifts and listen to music."

- ***Sheanne Barrettt***



Athletics



Need To Know

www.qcc.edu/student-life/athletics
www.qcc.edu/services/athletic-center

Athletic Center Hours Starting 9/9:

Monday 8:00am – 4:00pm
 Tuesday 8:00am – 7:00pm
 Wednesday 8:00am – 4:00pm
 Thursday 8:00am – 7:00pm
 Friday 8:00am – 4:00pm
 Saturday 10:00am – 2:00pm

All offerings and programs are
 FREE for QCC Students. Staff and
 Faculty program classes available
 for a fee

Check The Q and posted signs
 schedule.



IT'S NEVER TOO LATE TO START THE YEAR HEALTHY

Healthy Goal Setting Tips:

- Start small- don't overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you'll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage your.

Remember the Great feeling you have after you exercise.....

BENEFITS OF EXERCISE

- Reduces & Relieves Stress
- Reduces Cholesterol
- Prevents Osteoporosis
- Helps Prevent Coronary Heart Disease (which is the #1 death rate)
- Weight Maintenance
- Firm & Tone your Body
- Meet New People

Ultimately....You Will Have More ENERGY

The QCC's Athletic Center Program Fitness Classes are Flexible, Fun and FREE program classes designed for you

- Only 45 minutes long
- Come to every class and be challenged
- Come to classes only when you can and still be able to follow along

[Yoga and Full-Body Toning](#)

YOGA
 Will run Sept 17 thru Dec 13
 Tuesdays & Thursdays 12:00pm

FULL-BODY TONING
 Will run Sept 17th thru Nov 28th
 Mondays, Wednesdays & Fridays 12:30pm





Athletics



2018-2019 QCC MEN'S BASKETBALL

			Departure		Return	
DECEMBER						
Saturday	1 st	3:00pm	9:30am	Gateway CC*	7:30pm	AWAY
Tuesday	4 th	5:00pm		Northern Essex CC*		HOME
Saturday	8 th	2:00pm		Massasoit CC*		HOME
Saturday	15 th	1:00pm	11:00am	C.C. Rhode Island	4:30pm	AWAY
JANUARY						
Tuesday	15 th	7:00pm	2:45pm	Mass Bay CC**	10:15pm	AWAY
Thursday	17 th	7:00pm		Holyoke CC*		HOME
Saturday	19 th	12:00pm		Quincy College**		HOME
Tuesday	22 nd	7:30pm	3:00pm	UConn @ Avery Point**	11:00pm	AWAY
Thursday	24 th	7:00pm		Bristol CC*		HOME
Saturday	26 th	2:00pm		Roxbury CC*		HOME
Tuesday	29 th	8:00pm	5:45pm	Ben Franklin	11:00pm	AWAY
Thursday	31 st	7:00pm		Bunker Hill CC*		HOME
FEBRUARY						
Saturday	2 nd	12:30pm		C.C. Rhode Island		HOME
Tuesday	5 th	7:30pm	3:15pm	Springfield Tech CC*	10:15pm	AWAY
Thursday	7 th	6:00pm	3:45pm	Northern Essex CC*	10:15pm	AWAY
Saturday	9 th	3:00pm	10:45am	Massasoit CC*	6:30pm	AWAY
Thursday	14 th	7:30pm		Gateway CC*		HOME

* Conference game
** Region XXI game

Head Coach: Tishaun Jenkins

Assistant Coach: Neftali Gonzalez

* DATES/TIMES OF GAME ARE SUBJECT TO CHANGE. CHECK QCC.EDU FOR THE MOST ACCURATE INFORMATION*

Updated as of: 10/9/2018

2018-2019 QCC WOMEN'S BASKETBALL

			Departure		Return	
DECEMBER						
Saturday	1 st	1:00pm	9:30am	Gateway CC*	7:30pm	AWAY
Saturday	8 th	12:00pm		Massasoit CC*		HOME
JANUARY						
Tuesday	15 th	5:00pm	2:45pm	Mass Bay CC*	10:15pm	AWAY
Thursday	17 th	5:00pm		Holyoke CC*		HOME
Tuesday	22 nd	5:30pm	3:00pm	UConn @ Avery Point**	11:00pm	AWAY
Thursday	24 th	5:00pm		Bristol CC*		HOME
Saturday	26 th	12:00pm		Roxbury CC*		HOME
Thursday	31 st	5:00pm		Bunker Hill CC*		HOME
FEBRUARY						
Tuesday	5 th	5:30pm	3:15pm	Springfield Tech CC*	10:15pm	AWAY
Saturday	9 th	1:00pm	10:45am	Massasoit CC*	6:30pm	AWAY
Thursday	14 th	5:30pm		Gateway CC*		HOME

* Conference game
** Region XXI game

Head Coach: Gabe Santner

Assistant Coach: Mikayla Singas

* DATES/TIMES OF GAME ARE SUBJECT TO CHANGE. CHECK QCC.EDU FOR THE MOST ACCURATE INFORMATION*

Updated as of: 11/30/2018

QCC Women's Soccer Team



QCC Lady Wyverns Soccer team win 6-4 against Bunker Hill CC.

First win in program history! Building a program from scratch is not easy but it eventually finds its notch!

GO LADY WYVERNS!

INTERESTED IN PLAYING A SPORT AT Q.C.C?

Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try- out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are "cleared to play competitive sports". Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

BASKETBALL Try-out /Practice starts MONDAY, OCTOBER 1st

WOMEN'S @ 4:00pm
MEN'S @ 6:00pm

SOCCER TRYOUTS SEPTEMBER 6TH @ 6PM

MEN'S AND WOMEN'S BASKETBALL

Contact the coach as soon as possible to find out more information about meetings prior to the start of the season.

Men's Basketball

Tishaun Jenkins
508.854.4211
tjenkins@qcc.mass.edu
mass.edu

Women's Basketball

Gabe Santner
Ext. 4492
gsantner@qcc.mass.edu

BASEBALL / WOMEN'S SOCCER

Student interested in playing baseball or women's soccer in the fall should contact the coach.

Baseball

John McLaughlin
508.854.4316
jmlaughlin@qcc.mass.edu

Soccer

Josh Cole
508-854-4317
jcole@qcc.mass.edu



Freshman Year

By Yozue A Davila
Open Door Staff



The transition from high school into college is always a challenging task at least that is how I remember back in my freshman day. Getting accustomed to a different school schedule, flexibility, due dates, responsibility, and many other things could become stressful for a first-year student, but we learn to ride on with the new wave of education. The Open Door has asked Sarah Almeida, a first year student, how she is adjusting to her first semester.

Sarah is a Nursing Major who has decided to join her new educational journey at Quinsigamond Community College. A proud Worcester Brazilian, Sarah has many hobbies in her life including volleyball, reading, watching Netflix, gaming, singing at church, and playing the piano.

Music is a hereditary family gift from her father who was a guitarist; her piano and singing skills have always driven her way of life since the age of 8. Music is currently one of her favorite classes at the college which she takes with Professor Jose Castillo, and she is also an active member of the QCC Music Club. Thanks to the constant discipline her mother enforced when learning to play piano, she has been part of many church worship teams.

Still, with this passion and talent, her wish is to pursue the medical field. Currently, she works at an adult day care, taking care of the elderly and enjoys making people smile. Her ultimate goal is to work with patients in need as a traveling nurse.

Some words to her fellow freshmen: “College is different, but it is still school, make sure you are on top of your stuff especially for online classes. As for my first experience, I really like it, networking and meeting new people has made my first semester very successful.”

Food Pantry

Hours of Operation

Monday: 2:00p.m.-5:00 p.m.

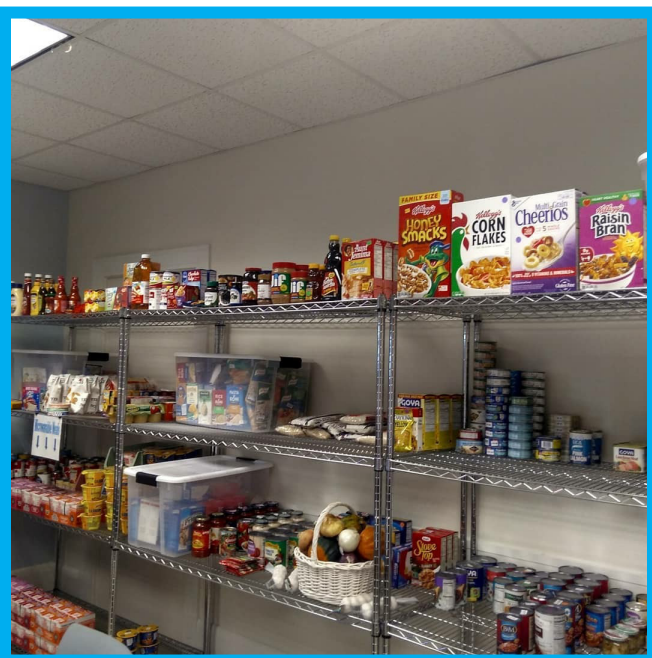
Tuesday: 8:00a.m.-12:00 p.m.

Wednesday: 4:00p.m.-7:00 p.m.

Thursday: 12:00p.m.-5:00 p.m.

Friday: 8:00a.m.-10:00 a.m.

Room B63 A-Building



Records & Registration

Are you completing your program requirements in December? If so, you are considered a candidate for December graduation. You should have already received an email to your Qmail from the Registrar's Office confirming your status. If you haven't received an email but you believe you will be completing your program requirements in December, please complete the Intent to the Graduate form by either stopping by the Registrar's Office or accessing the form The Q. You can submit the form to qccreg@qcc.mass.edu or fax to 508-854-4456.

Have you registered for Spring 2019 semester? Faculty assignments have been made for more than 85% of Spring 2019 classes, sooner than ever before! If you have a favorite instructor, check The Q to see if they are teaching this Spring semester. The longer you wait to register the harder it is to find seats in the classes you want and arrange a convenient schedule.

Fall semester grades should be available for viewing on The Q on 12/20/18. Make sure you have a user name and password for The Q to access your grades. If you aren't sure of your username and password, stop in the Registrar's Office with a photo id and we can print it for you.

Final Week of Classes/Day Classes are on a Revised Schedule to allow for a Two-Hour Final Examination

Final exam week begins on Wednesday, December 12 – Tuesday, December 18, for all day classes (defined as any class that meets before 4 p.m.).

PLEASE NOTE: Evening classes (defined as any class that begins at 4:00 p.m. or thereafter) will meet at their regular times and do not have a special exam schedule.

Each two-hour period of time during finals weeks may be used for final exams, classroom instruction, or other types of evaluation at the instructor's discretion. If a course does not fit exactly into one of the time modules below, please use the closest time module for that time. For example, if a class meets on MW from 9:30 a.m. – 10:45 a.m., it would be assigned to the MWF 9:00 a.m. time slot.

<u>Exam Date</u>	<u>Exam Time</u>	<u>Classes that meet on:</u>
<u>Wed., 12/12</u>	<u>7:00 a.m. – 9:00 a.m.</u>	<u>MWF (7:00 a.m.)</u>
<u>Wed., 12/12</u>	<u>9:00 a.m. – 11:00 a.m.</u>	<u>MWF (9:00 a.m.)</u>
<u>Wed., 12/12</u>	<u>11:30 a.m. – 1:30 p.m.</u>	<u>TR (9:30 a.m.)</u>
<u>Wed., 12/12</u>	<u>2:00 p.m. – 4:00 p.m.</u>	<u>TR (3:30 p.m.)</u>
 <u>Thurs., 12/13</u>	 <u>7:00 a.m. – 9:00 a.m.</u>	 <u>TR (6:40 a.m.)</u>
<u>Thurs., 12/13</u>	<u>9:00 a.m. – 11:00 a.m.</u>	<u>TR (8:00 a.m.)</u>
<u>Thurs., 12/13</u>	<u>11:30 a.m. – 1:30 p.m.</u>	<u>TR (12:30 p.m.)</u>
<u>Thurs., 12/13</u>	<u>2:00 p.m. – 4:00 p.m.</u>	<u>TR (2:00 p.m.)</u>
 <u>Fri., 12/14</u>	 <u>9:00 a.m. – 11:00 a.m.</u>	 <u>MWF (10:00 a.m.)</u>
<u>Fri., 12/14</u>	<u>11:30 a.m. – 1:30 p.m.</u>	<u>MWF (11:00 a.m.)</u>
<u>Fri., 12/14</u>	<u>2:00 p.m. – 4:00 p.m.</u>	<u>TR (11:00 a.m.)</u>

Records & Registration

<u>Mon., 12/17</u>	<u>9:00 a.m. – 11:00 a.m.</u>	<u>MWF (8:00 a.m.)</u>
<u>Mon., 12/17</u>	<u>11:30 a.m. – 1:30 p.m.</u>	<u>MWF (12:00 p.m.)</u>
<u>Mon., 12/17</u>	<u>2:00 p.m. – 4:00 p.m.</u>	<u>MWF (3:00 p.m.)</u>
<u>Tues., 12/18</u>	<u>11:30 a.m.– 1:30 p.m.</u>	<u>MWF (1:00 p.m.)</u>
<u>Tues., 12/18</u>	<u>2:00 p.m. – 4:00 p.m.</u>	<u>MWF (2:00 p.m.)</u>

Wednesday, January 2 Intersession Classes begin. Intersession is a great opportunity to catch up or get ahead on the number of credits you need to graduate.

Intersession ends Monday, January 14.

Monday, January 21 Martin Luther King Day Holiday – The College is closed

Wednesday January 23 Spring semester classes begin

Wednesday, January 30 Last day of Add/Drop for the Spring semester

New to the Registrar's Office!

Request an Enrollment Verification Letter through The Q. Log into The Q and go to the Registrar's page, then select Self-Service forms towards the bottom right of the page. Select and complete the Enrollment Verification Form. You have the option to pick up the form, or have us mail, fax or email it to you or a third party.

Did you know?

If you can't make it to campus or stopping by the Registrar's Office is inconvenient to your schedule you can find many of the Registrar's Office forms on The Q. Go to Student Services and then Registrar. You'll see Registrar Documents on the lower right of the page which includes copies of the following forms: Change of Personal Information, Course Withdrawal, Immunization, Intent to Graduate, Student Petition and many more! Just print, complete the form, scan and email or fax to the Registrar's Office. All our contact information is listed on our page.

**The next edition of The open Door will
be on stands and The Q on:
February 4th 2019**

QCC TRANSFER SERVICES

December 2018 Transfer Visits

All visits in the HLC Lobby,
10 a.m. – 1 p.m., *unless noted otherwise.*

DECEMBER 3

William James: 10 a.m.-2 p.m.

Nichols: 4-7 p.m. Surprenant Lobby



DECEMBER 4



DECEMBER 10



DECEMBER 17 4-7 p. m. Surprenant Lobby



Transfer Services Workshop Series

- Held in the HLC, Conference Room, Egan 239 • All dates are followed by a one-hour walk-in time for general transfer questions•

Paying for College

The thought of paying to complete your bachelor degree can be overwhelming. This workshop address the general concepts related to the cost of pursuing a bachelor degree.

December

12: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

Transferring to a UMass Campus

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to UMass campuses.

December

6: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
10: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

Transferring to a State University

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to Massachusetts State Universities.

December

7: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
11: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

SAVE THE DATE:

2019

SPRING Transfer Fair!

WEDNESDAY, APRIL 3

TRANSFER SERVICES ADVISING

AT SOUTHBRIDGE

DECEMBER 19 (W)

8 A.M.-4 P.M.

To make an appointment, please call 508.854.4404 or e-mail us at transfer@qcc.mass.edu

What are you doing for
WINTER BREAK?

TAKE AN ONLINE WINTER COURSE
Dec. 28, 2018 – Jan. 17, 2019

Catch up or get ahead
without leaving home—
all winter classes
are online!

REGISTER TODAY!
fitchburgstate.edu/gce/reg
978-665-4196

 **FITCHBURG STATE
UNIVERSITY**



QUINSIGAMOND
Community College

Are you a current QCC student aspiring to
transfer to **Bridgewater State University**?
Are you interested in learning more about
the application and credit review process?

If so, please schedule a time to meet with a
BSU Transfer Advisor to discuss your future,
please register at the link below:

calendly.com/bsutransfercentral/qcc



11.13.18

Conference Room 109B
10:00 am to 3:00 pm



November 2018

S	M	T	W	T	F	S
28	29	30	31	01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

For more information, please email
Jaclyn Cowell at jcowell@bridgew.edu
or call (508) 531-2157

Transfer Services Workshop Series

• Held in the HLC, Conference Room, Egan 239 • All dates are followed by a one-hour walk-in time for general transfer questions •

Transferring to a State University

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to Massachusetts State Universities.

September

6: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
10: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
18: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
28: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

October

11: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
16: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
29: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

November

6: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
15: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
19: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
27: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

December

7: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
11: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

Transferring to a UMass Campus

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to UMASS campuses.

September

7: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
13: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
17: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
25: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

October

2: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
9: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
15: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

November

5: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
16: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
26: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

December

6: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
10: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

Transferring to Private Colleges/Universities & Institutions Outside of Massachusetts

This workshop address common aspects of the transfer process to Massachusetts private Colleges and Universities as well as schools outside of Massachusetts.

September

14: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
20: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
24: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

October

1: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
18: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
22: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

November

9: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
13: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
29: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

December

3: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

Paying for College

The thought of paying to complete your bachelor degree can be overwhelming. This workshop address the general concepts related to the cost of pursuing a bachelor degree.

September

12: 1^{p.m.}-2^{p.m.} & 2^{p.m.}-3^{p.m.}
19: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
26: 1^{p.m.}-2^{p.m.} & 2^{p.m.}-3^{p.m.}

October

3: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
24: 1^{p.m.}-2^{p.m.} & 2^{p.m.}-3^{p.m.}

November

21: 1^{p.m.}-2^{p.m.} & 2^{p.m.}-3^{p.m.}

December

5: 1^{p.m.}-2^{p.m.} & 2^{p.m.}-3^{p.m.}
12: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

Transfer FAQ Sessions

Get quick information and answers to common transfer issues such as:

- Important QCC courses for transfer
- How to pick colleges and majors
- General steps to transferring—deadlines, forms, admissions requirements.

September

5: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
11: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
27: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}

October

10th: 1^{p.m.}-2^{p.m.} & 2^{p.m.}-3^{p.m.}
19: 10^{a.m.}-11^{a.m.} & 11^{a.m.}-12^{p.m.}
23: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
30: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

November

8: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
14: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}
20: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

December

4: 9^{a.m.}-10^{a.m.} & 10^{a.m.}-11^{a.m.}

QCC Transfer Services • 2ND FLOOR, HARRINGTON LEARNING CENTER • 508.854.4404 • transfer@qcc.mass.edu

QCC MENTORING

One strong relationship is all it takes

When you receive a QCC Mentor, you will gain a trusted guide, a personal and professional resource, a connection to the professional world, and a friend.

By participating in the QCC Mentoring program, you will learn ways to raise your GPA, while building connections in the career path of your choice. This is a chance to build your personal and professional network and develop lifelong skills that you can take with you wherever you go.

Mentees will receive training, guidance, resources, and support throughout the program.

QCC Mentoring:

- Builds self-confidence and self-esteem
- Provides motivation
- Delivers vital college/work/life strategies
- Offers support and experience in public speaking/presentations
- Enables students to grow to their full potential

To learn more about the QCC Mentoring program, please email mentoring@qcc.mass.edu, call 508.854.4573, or visit 120A in the Administration Building.



ACADEMIC ADVISING

advising@qcc.mass.edu

W. Boylston Street Campus: Harrington Learning Center—2nd floor (508) 854-4308

Southbridge Campus: 5 Optical Drive, Main Floor (774) 318-2110

Downtown Campus: 25 Federal Street (508) 751-7900



The Final Week of Fall Classes is almost near: 12/12—12/18
Good luck with your exams, papers, and other final projects!

AS THE SEMESTER COMES TO AN END...

Study Smart

Manage your time, break material down, ask professors or tutors for help, study in groups. Use the resources available! Tutoring Centers are located on the 2nd floor of the Harrington Learning Center or online via Smarthinking.

Take care of yourself

Study hard but take breaks, get plenty of sleep and nutrition. Try some relaxation techniques like meditation or yoga.

Register for Spring classes or adjust your schedule, as needed!

Spring semester classes are quickly filling up! If you haven't already registered, or need to adjust your original schedule based on your Final Grades, contact your Advisor as soon as possible!

DATES TO REMEMBER:



December 12—18: Final week of classes and exams. Your normal class meeting time may be revised for final exams; check with your instructors.

December 20: Final grades available on The Q. Log into The Q, and click on "My Academics" to view your FINAL GRADES.

December 25—January 1: COLLEGE CLOSED. Happy Holidays!

Arts & Entertainment

Movie Review **Isle of Dogs**

By Reneasia Love

Wes Anderson has created another visually unique stop-motion animated feature called the *Isle of Dogs* and it is a well written and whimsical story that the family can enjoy. *Isle of Dogs* takes place in Megasaki City, a prefecture in Japan. When an influenza virus plagues the dogs of Megasaki City, the corrupt Mayor Kobayashi exiles all the dogs to a garbage dump called Trash Island. When 12-year-old Atari Kobayashi flies over to trash island in search for his body-guard dog, Spots, five dogs embarks on an epic journey across Trash Island with Atari in search for his lost canine companion. Like Wes Anderson's first animated stop motion movie, *Fantastic Mr. Fox*, *Isle of Dogs* features witty and memorable characters that compliments the story. In this heartfelt movie, Anderson showcases the bond of friendship between human and dogs alike. I highly recommend *Isle of Dogs* to anyone who loves classic stop-motion animation, Wes Anderson films, and dogs!

PAWS for a Study Break

Wednesday, December 5th
Fuller Student Center 11am -1pm

*Come pet the dogs & cat from
PAWS for People*



PAWS for People

Is a Non-Profit organization associated with the Cummings School of Veterinary Medicine at Tufts University. PAWS for People provides animal-assisted activities in a variety of settings. Come learn about this organization and meet some of the animals that provide this valuable service.



Arts & Entertainment

The Open Door Is Sponsoring A Student Photo Contest

Here's your chance to showcase your talent!

This contest is only open to currently enrolled students

Submissions accepted January 23 -February 22, 2019

Submission for Photo Contest

-Submit your photos by email to the photo contest email at: qccphotocontest@gmail.com
Files must be 400kb-1.3mb, up to 800x1200 pixels.

* Limit two photos per student, whether it's landscape, portrait, still life, etc.

* Students can also submit the above information on a CD saved as a JPEG or PDF file(s) format to the Student Life Office in The Fuller Center.

* Please note that while artistic expression is welcome, works expressing anything uncivilized or lewd will be disqualified.

Submissions must include the title of each photo along with your name, phone number, email and student ID number. Photos should be taken within the past 2 years, and not been previously published or part of a contest. Submissions will be available for viewing on The Q.

Judging

-Begins in March. Winners will be notified and announced in mid-March.

Prizes -

1st Prize - 2 tickets to School of Rock March 1st

2nd Prize - QCC Sweatshirt

3rd Prize - 2 Movie Tickets

As a bonus the winning photographs will be displayed on the front page of the Open Door in the April Edition.

Other Information

-If you do not have Photoshop, go to Irfanview.com, or gimp.org, for a free download to compress photos.



The next issue of The Open Door will be on stands and on The Q February 4th 2019



QUINSIGAMOND
Community College

670 West Boylston Street
Worcester, MA 01606

**SERVING
THOSE
WHO
SERVED**



Veteran Affairs Office Room 258A -Administration Bldg.

Our Mission

Our mission is to provide support to assist student Veterans and members of the Armed Forces in the adjustment to becoming successful in civilian and College life. We are committed to promoting College spirit as well as establishing and maintaining fellowship amongst Veterans and students on campus.

Office Hours:

Monday-Thursday 8:00am - 5:00pm

Friday 8:00am-4:00pm

T ★ 508-854-2721

F ★ 508-854-4260

Email:

veteranaffairs@qcc.mass.edu



Paula Ogden

Director of Veteran
Affairs-258A Enrollment
and Student Services
pogden@qcc.mass.edu
508-854-4290



Veteran Affairs supported all our Vets by Marching in the Worcester Veterans Day Parade on Sunday, Nov. 11.



Show Your Support and Gratitude for Our Vets

The Veteran Affairs office will
be sending holiday care
packages/cards/letters to
service folks currently
deployed in Afghanistan and
local Vet hospitals.

Items/cards will be accepted by
the Veteran Affairs Office *until*
Dec. 10th

Drop off your items in Room
258A
Or
Downtown campus security desk

QCC Police Informer

Deputy Chief Reynaldo Rodriguez “Who has ID”

In the last few years over 100 million Americans had their personal information accessed in a security breach of one of the three major credit bureaus. Not alone, there were millions more as a result of hacking into Target, JP Morgan Chase and Uber.

The hacking of information by itself does not mean an identity is stolen. However the potential is there. The personal information can be used to steal money that exists in accounts, get money from lenders, or simply impersonating someone.

If you are a victim you do have to take some action. Especially be keeping in mind that the ID thief is working as fast as he/she can to exploit your information before you realize it's been taken.

This you can do to prevent and or deal with the problem:

1. **Lockdown the problem account.** Dispute the charges and lock or close account.
2. **Scan credit card/bank statements of unauthorized charges.** This is for proof.
3. **Review credit reports for mysterious accounts.** Close those accounts.
4. **File a report with the Federal Trade Commission.** www.identitytheft.gov.
5. **Contact your local police department.** The police may not be able to do anything about your identity that was stolen online or overseas, the report could help track down if the information was stolen locally.

Feel free to send an anonymous tip to Campus Police at 508-854-4221 or use the new anonymous tip line.

Two easy ways to send a tip: #1 Download the FREE App on your phone-Keyword “QCC Tip” or #2 Text “QCC” + (space) + your tip to 847411

Student Leadership Academy

Leadership Workshop

Presented by: Kristen Proctor

December 7th

12- 1p.m

HLC 109A

Free Lunch



Meet your QCC Student Senate



STEPHANIE TEIXEIRA - PRESIDENT

Stephanie has been a student at Quinsigamond Community College since the spring of 2016. Deciding this was the time in her life to attend school was a family decision, as she is a non-traditional student, single mother with three school age children. This has motivated her to become fully invested in her education, with being an example to her children of following your dreams and achieving success. During the 2017-2018 she served as the Student Trustee, advocating for students needs at both the Massachusetts State house and Washington D.C. This year, Stephanie is working to complete her second and third degrees from QCC while holding many leadership roles on campus, including the 2018-2019 Student Senate President. Along with being active on campus, she is this year's Chair of the Student Advisory Council, and the Segmental Advisor for Community Colleges to the Board of Higher Education. Her goal is to work in higher education after graduation. Stephanie is also the recipient of the 2018 Dean Sullivan Award.

MUSTAFA BOWEDEN—VICE PRESIDENT

Mustafa Boweden is a student of QCC since November of 2017. He was elected earlier in October 2018 as the Vice President of QCC Student Senate. In order to be an international lawyer, Mustafa finds QCC to be a great first step to start his higher education journey. He is an active student within the campus and puts the students concerns as the highest priority of his duty. His long term goal is to have a very active campus and to arrange student events more often. From there he aims to have QCC be one of the finest community colleges among the state, and perhaps among the nation. His message for the students of QCC is "as long as we stay positive and productive, our hard work for education will pay off."



JORGO GUSHI—SECRETARY

This is the first semester for Jorgo as a student of Quinsigamond Community College. He was born and raised in Albania, Europe and lived there until two months ago, when he moved to Worcester to pursue his dream in becoming an Electrical Engineer. He is part of the Greek minority in Albania; he speaks fluently four languages: Albanian, Greek, English and French. His motto is: "If opportunity doesn't knock, build a door". He tries to make the most of his college experience, while along with academic success, he tries to acquire great leadership skills and learn from people's experiences. A great part of his background includes active leading and organizational roles, such as Student Senate President in his senior year of high school, and three consecutive years as a Senator. Describing his artistic side of character, Jorgo enumerates an 8-year-old professional career in Greek traditional dancing, creation of different writings and poems, and amateur roles in theater plays.

ZACHARY CARLSON-SENATOR

My name is Zachary Carlson and I am a cancer survivor. I have a brain tumor that has left me disabled, but not beaten. School comes hard to me; more effort than most, but I work really hard and never give up. I am so proud to be on the Leadership Academy and the Student Senate because I want to make a difference and support the underdog at QCC.



Meet your QCC Student Senate



AMANDA GABRIELLA-SENATOR

I'm Amanda Gabriella. This is my second year at Quinsigamond Community College. I transferred to Quinsig from Framingham State University. I am a liberal arts major working towards my Associate's Degree. Once done with my Associate's Degree, I would like to get a Bachelor's Degree in Psychology. I'm excited to be on the Student Senate and want to help improve the lives of the students.

MOHAMED BOWEDEN – PUBLIC RELATIONS

Mohamed Boweden is a second year student in QCC and a member of the Student Senate. He chairs the Public Relations position. He is a friendly and open minded person. He is also an ambitious person with many goals that benefit students and the school. He is engaged in diverse student organizations in order to learn and develop friendships within the campus. Being involved is an amazing opportunity for the students to get connected with the school and help build a positive community. He is inspired to seek change. Some of the goals he wants to implement are creating events where students can participate and get involved, and providing a friendly atmosphere for them to do so. He believes that being positive and open minded is how to gain people's trust.

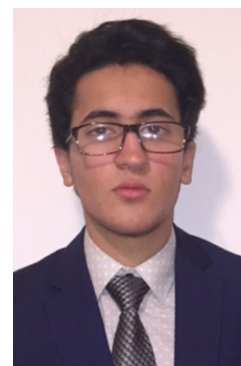


DEVONARTHUR-PARLIAMENTARIAN

Devon is in his first semester at Quinsigamond Community College. Before coming here, he went through the Worcester Public Schools' system and graduated from Doherty Memorial High School in 2018. After struggling all throughout high school, he hopes the fresh start at QCC will lead him to success.

MAHMOUD BOWEDEN – SENATOR

Mahmoud Boweden is a freshman student at QCC. He has graduated from high school at the age of 17 years old. He is a very outgoing and a great friend to all. Mahmoud is studying General Studies in order to pursue to higher degrees after. He joined the Senate so he can get the freshman student voice to be heard clearly. Mahmoud aims to improve the quality of the athletic sector of QCC, as well as the academic level.





Do you like writing?
Is photography your passion?

Join The Open Door!

- **Write reviews on music, movies, and books!**
- **Send photos of landscapes**
- **Showcase your passion to the campus community**
- **Work with fellow students at QCC**

Here's what we're looking for:
Photographers, writers, designers

This will be a great opportunity to build your resume and be apart of the QCC community!

Location: Student Fuller Center
Contact: opendoor@qcc.mass.edu



President Pedraja wants to hear from you

**If you feel that you have received
outstanding, student-centered service at
QCC, President Pedraja wants to know!**

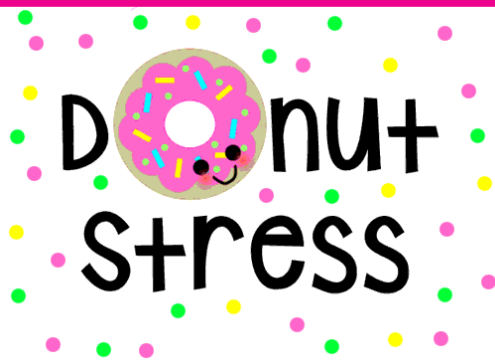
At QCC, we embrace a holistic, student-centered approach to student service. We strive to create a welcoming and supportive community in which helpful QCC representatives are available to assist students in achieving their academic goals.

Please take a moment to go online and
tell us about your experience:

www.QCC.edu/student-service



QUINSIGAMOND
Community College



Release some stress before finals with this free event for ALL students.

- ✓ Donuts
- ✓ DIY Sugar Scrubs
- ✓ Massage Therapists
- ✓ PAWS for people, Cats & Dogs

December 5th

11 a.m. - 1 p.m.

Fuller Student Center

Courtesy of Student Life & Disability Services

Anyone in need of accommodations for this event should contact Cheryl Pike before event at (508)554-7442

Ugly Sweater Contest

Hosted by,
Quinsigamond Activities Committee
December 1st-14th
Have your photo taken in the
Fuller Student Center
& be entered to win prizes!

UGLY

Mindful Meditation

The Center for Academic Excellence
Friday's in December
12:00pm - 1:00pm

December 7th - Room 107 ALF
December 14th - Room 107 ALF

