

President's Place



Dr. Gail Carberry

It seems as though the semester just began and yet, here we are in December with the end of the semester fast approaching. 'Tis the season for keeping lists in order to keep track of all that takes up our daily lives. When I was a student, I always found the fall semester to be the most stressful as it comes to a close. Not only do you have to think about term papers, reports and final exams, there's holiday shopping to think about and maybe working some extra hours to help pay for that shopping or added winter fuel bills.

Years ago I began a habit of keeping "To Do Lists" to ensure that things didn't fall between the cracks. Too often, however, I found that the To Do List would itself fall between the cracks in the sofa, not to be seen again until the next period in my life when a good house cleaning became an absolute priority. I used to think to myself "if only I could find a way to make the days longer to accomplish everything my list." Of course, that didn't happen.

So – I shifted from "To Do Lists" to "Priority Lists." I found that I was better able to focus on those things that I thought were most important to accomplish – and frankly, some things fell off the list entirely and that relieved a lot of stress.

We are constantly faced with choices in life. Your choice to continue your education was a smart one and will help to give you the tools you need to set realistic expectations and priorities not only in the coming weeks but in the life ahead. Learn to pace yourself by doing what you most value.

When you're making your priorities list and checking it twice in the bustle of this season, be sure to include laughter and joy in the mix of your planned. You need to be ranked high on your PRIORITY LIST. You really matter.

I wish you rich blessings as 2011 draws to a close and 2012 commences.



All Occupy Worcester photos by Mary Bailey

## Occupy Worcester standing its ground

By Mary Bailey, Open Door Staff

November 22nd was a busy day for Occupy Worcester. Amid noisy horns and frequent shouts of encouragement from passing motorists, members discussed the welcome news; the group would be able to set up an encampment at 1 Lincoln Square. Occupy Worcester lost its Lake Ave encampment location when their permit ran out several weeks ago. Group members considered occupation of the Worcester Common, but knew they would face arrest. Lincoln Square gives them a highly visible alternative, a location where they can hold a General Assembly, and an opportunity to reach out to the 99% of Americans who are being left out of the American Dream.

The Occupy movement is young, but members have brought attention to the concerns of the lower and middle class, and changed the conversation in the media and in Washington. It's a strong grass roots

movement whose ideas spread across the country because they've touched upon so many of the issues and concerns of working people. While the Occupiers have been criticized for their lack of structure, their goal is to encourage people to give voice to their ideas. They want people to understand that working together, ordinary people have the power to bring about change.

Occupy Worcester networks with other New England Occupy groups. They are a resource for one another and come together to support one another's activities. They're not only there to bring about the changes they feel the country needs, they want to get involved and help the community as well. Along with the Worcester Fellowship, Occupy Worcester is holding a "Can Do!" can, coat, and supply drive. The Friendly House Shelter will be the first recipient of the donated goods.

*continued on page 2*





# Occupy Worcester, continued

I had an opportunity to speak to members of Occupy Worcester recently, including one recent QCC graduate. The people I spoke with range from a 14 year old student to college students and working adults. Some members are unemployed or hold two jobs to just make ends meet. Here are their stories.

**Jeff Gagnon:** a QCC graduate and a PTK alum: I went back to school and graduated a year ago and haven't been able to find a job since. I'm not camping currently. I did camp the first 3 weeks at the first Occupation. I spend a lot of time here late at night and I find after 11:00 P.M., the second shift people dropping by on their way home from work tend to stop in and ask questions. Within a matter of 45 minutes 2 nights ago I must have had at least 12 people stop by that never stopped before and actually hang around for a couple of hours. Some said, "Hey, I'm going to start coming back and hold a sign for you guys in my spare time at night." One of them gave another Occupier a ride home. We like this location for the visibility. We were a little fixated on the Common due to its history, but I think a lot of us have grown to like this location better because there's a lot more visibility here than on the Common. It's one of the busiest intersections in the city.

Over ninety percent of the comments made through the car windows are in support. A small percent say comments like 'get a job.'

**Jeremy Hill:** We're trying to get people to join to support us in any way they possibly can. We're all here for our own reason, but the one thing that we all agree on is that we have a very broken system as far as the government goes. We're not saying that we have the solution to fix it. We're asking people to join us so we can all make the decision on how we can fix our government. We want to have an encampment, a place where people will realize where we are. Not everyone who is part of Occupy Worcester goes to the encampment, but by having an encampment we can have a place to have our general assembly; have people come to meet, to stay overnight and bring awareness to us. We really want to get involved in the community too. We have already done clean-ups and we're starting a coat drive for the homeless. By having the occupation we are saying this land belongs to the people, not the government but the people.

**Liam Templeman:** I highly support the Occupy movement. My reason for being involved is to help reform health care. The healthcare system is broken and Obama care is only helping it a tiny

bit. We need to be more like every other industrialized country. We need to have some form of socialized health care.

**Benjamin Timms:** My view doesn't represent the occupy movement as a whole. I'm an anti-capitalist. I think our system has gotten away from what it should be, which is supporting our people. I think we, as a people, could build a better socio-economic system from the ground up. I think that the occupy movement is helpful in getting people out there and realizing that there are problems between corporations and government because there's a connection between the two. The people who have the ability to rise to the top and make their voices heard are those who do not have average person's interest in mind. Our government is actually unable to understand our people and I'm against that. I'm glad to see people out here learning the process of protesting. People are learning that you can stand up to a system that is bigger than just yourself. There is power in numbers. I'm proud of the people who stand out here because I do want to make a change for the future.

**Brian Austin:** I saw on Facebook and in the paper that people were starting this up. I decided to show up and I've been here ever since early October...

The first day was a "meet and greet" and the first General Assembly was the day after that. Both of them were on Worcester Common. On October 16th we had a general assembly on the Common. Group members consented to having an occupation on the Common that night. One member of the group said "I'm going to start an occupation. I'm going to set up tents at the Common at 6:00 o'clock on that Sunday. If anyone wants to join me, please do so." The group ended up consenting to have an occupation that night. The cops came about 1:00 A.M. and basically gave the group an option to go to the lake [Quinsigamond] and have an occupation there or stay on the Common and face arrest. The group was there for 4 weeks until the permit ran out at Lake Park. We tried to take the Common again on November 5th and that's when 22 people were arrested. We stayed in Lake Park for the remainder of the permit. We disassembled on November 13th and decided to come to Lincoln Square instead. Personally, I think that Lincoln Square is a very good location for us. This is one of the busiest intersections in the city. A lot of people that drive by here and notice us on a daily basis. We're right near a highway. We're right near major roadways. It's good to have a presence here but it's ultimately up to

continued on page 4



## The Open Door Schedule for Spring 2012

Issue	On Stands	Deadline
<b>Spring 2012</b>		
Issue #5 February	February 2, 2012	January 10
Issue #6 March	March 1, 2012	February 14
Issue #7 April	April 5, 2012	March 13
Issue #8 May	May 3, 2012	April 10

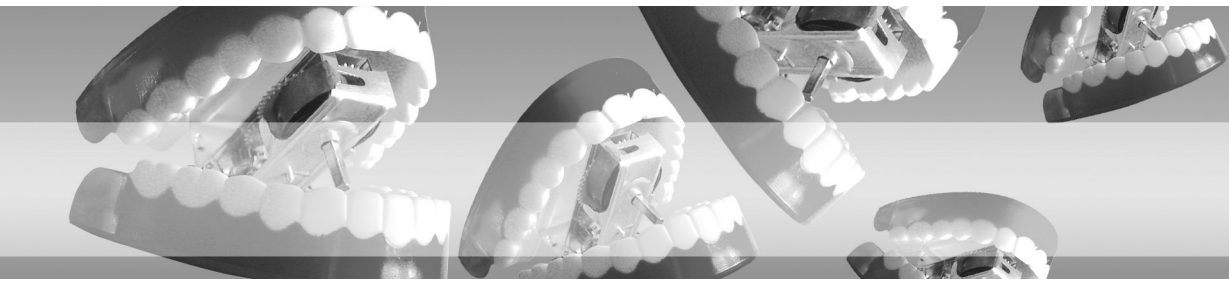
*The Open Door* is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work. If you are interested in working on *The Open Door*, please see Pat Bisha-Valencia, coordinator. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu) or phone 508-854-4285.

**Coordinator:** Pat Bisha-Valencia  
**Student Editor:** Joe Mogel  
**Layout Designers:** Amy Weiss & Kris Thimo  
**Staff Writers:** Mary Bailey, Joshua Biernacki, Averil Hamilton, Caitlyn Lambert, Ross Morin, Beryl Pettiford, Laurinda Ralph, Elisander Rivera, Stephen Shuler

**Next Issue: February 2, 2012**

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# news bites

By Joe Mogel

## Bronze artifact found in Alaska

Archaeology teams excavating a 1200 year old site in Alaska have unearthed a piece of cast bronze. The object, shaped somewhat like a buckle, would be the first piece of evidence that indigenous people of Alaska were using bronze, though experts say the piece is most likely Chinese or Korean. It has been known that Inuit peoples used copper for making needles and other small pieces.

## Australian outlaw gets final request 131 years after his death

Outlaw Ned Kelly is finally being buried with his family. The Australian bandit, considered by some a hero for Irish defiance of Brittan, Kelly was hanged for killing three police officers. Before his execution Kelly requested that his remains be buried with his family. Instead his body was put into a mass grave. Skeletal identification helped in finding Kelly's remains. He is being buried by descendants of his sister in a small cemetery in Glenrowan, near the grave of his mother.

## First Transsexual in Polish congress

Anna Grodzka is the first transsexual woman elected to Poland's Parliament. Born a man, Grodzka chose to become a woman later in life. She was welcomed to the congress warmly, being kissed on both cheeks by one of her male colleagues. She sat next to Robert Biedron, who is Poland's first openly gay congressman. Both Brodzka and Biedron are members of the Palikot movement, a progressive party that has become Poland's third largest political party.

## Controversial ads provoke Vatican

A series of controversial ads featuring photo-shopped images of world leaders kissing has the Vatican promising law suits. The images, some of which show Israeli Prime minister Benjamin Netanyahu kissing Palestinian president Mahmoud Abbas and President Obama kissing Chinese President Hu Jintao, are part of a campaign called 'Unhate', which promotes tolerance and acceptance. The image the Vatican is focused on is

an altered image of Pope Benedict XVI kissing Grand Sheikh Dr. Ahmed al Teyyeb, of Cairo.

## Russian historian arrested for grave robbery

An as yet unnamed Russian man is being held for digging up 29 bodies from a local cemetery, dressing them up and placing them around his apartment. Dubbed the 'cemetery collector' by local media, the man, a local historian, was taken in by police in his town of Nizhny Novgorod, 250 miles east of Moscow. Acquaintances of the man are reported as saying that he was a learned, though eccentric, man.

## Starving Somali child back from brink amid talks of increasing aid

Minhaj Gedi Farah weighed less than most new born babies, despite being seven months old when he was brought to a hospital in Dadaab, the world's largest refugee camp. Part of the mass movement from Somalia to Kenya, his family left to escape war and worsening famine. Although his story is hopeful, many aren't as lucky. Thousands of children are dying of starvation and disease. Many are being prevented from receiving medical care by Islamist militants, who are blocking access to their territory. There is some hope, however, as UNICEF raises money for medical aid and food.

## NASA test fires new rocket engine

After ending the space shuttle program last July, NASA began a spate of projects designed to allow manned exploration of deep space. To that end the space agency has tested a new j-2x rocket engine that will power the second stage of future Orion rockets. The new rockets would be able, theoretically, to carry 130 tons of cargo and crew. Orion is one of two space exploration programs that NASA will be using in the future. Currently, privately owned low orbit space taxis and Russian Soyuz rockets are being used for orbital flights.

## Poor outlook for frogs

A new study has found that three factors leading to declining amphibian populations are covering larger areas than expected. Those three factors

are climate change, habitat loss and a parasitic fungus. Currently one third of all amphibian species are endangered, and 159 species have gone extinct. Three areas that are in particular risk are the northern Andes Mountains, northern South America and tropical Africa, areas with the largest diversity of frog species.

## Nepalese arrests over 'Himalayan Viagra' murders

A Nepalese court has convicted 19 men in the deaths of several farmers as a result of a fight over a plant. The plant, Yarchagumba, is known as an aphrodisiac and sparked a fight between neighbors over who owned the rare parasitic plant. The defendants, 13 of whom were sentenced to two years in jail, claim the deaths were accidental. Six of the defendants were found guilty of murder in the small court house in Manang District Court, which is a two day walk from the nearest road.

## Controversial parenting book linked to child deaths

In a self-published book, Pastor Michael Pearl, 66, and his wife Debi, 60, laud the use of corporal punishment for children. The book offers instructions on how to use a willow switch, quarter inch plumbing hose, wooden spoons and belts as tools for physical punishment on children as young as six months. The Pearl's book has been linked to several cases of child deaths, the book being found in the homes during investigation. One of those cases resulted in a first degree murder conviction.

## Endangered rhinoceros species in greater danger than believed

The Western Black Rhino of Africa has been declared officially extinct. The Northern White Rhino is being declared possibly extinct, along with the Javan Rhino of Vietnam. These estimates come after the last known Rhino in Vietnam was found dead, shot by poachers. While these reports are grim, there may be hope. These declarations of extinction are for animals in the wild, small populations of these creatures are held in zoos, from which a repopulation program may be tested. The once extinct Przewalski's Horse came back from extinction through just such a breeding program.

## Pirates release hijacked ship

Somali pirates released an Algerian owned ship and its 25 crew members after 10 months in captivity. This came on the same day that another group of pirates took a chemical tanker. These attacks are occurring despite the presence of war ships from the EU. As of October, nine ships and 250 hostages are being held by pirates in east Africa.

## 9 year old girl survives car wreck, lives for two days in ditch

Jordan Landon, 9, of Cove City, North Carolina survived for two days in the wreck of her father's car after an accident on a state highway. Jordan and her father, Douglas Landon, 39, were out driving when her father lost control of the car. Douglas was killed in the accident, but it seems he put himself between his daughter and danger. According to a family friend, Douglas' body was found balled up around Jordan, protecting her from the impact. Jordan survived on pop-tarts and Gatorade before being found and is expected to make a full recovery.

The February  
Open Door will be  
available February  
2, 2012 on stands  
and *The Q*.



# The December question of the month

## “What is your fondest holiday memory?”

Asked by Laurinda Ralph



“My son’s first Christmas... to be able to see him open things, get all excited and know there were many more to come.”

– Denisha Hernandez



“Thanksgiving with my Mom. Food everywhere!”

– Melissa P.



“On the 4th of July, I was at a party and I went to the store to bring home more beer. I got a scratch ticket and I won a million dollars. Plus, I got a four day paid weekend.”

– Charles Urella

“It was Christmas and I put whipped cream on my sister’s face while she was sleeping. It was great!”

– Kristian Johnson



Thanksgiving at my Grandparent’s house. It’s near my birthday so it was like a Thanksgiving birthday bash which was awesome!

– Brenna Fitzpatrick



“That’s easy... Christmas in Hawaii! My Dad was in Vietnam and he came home for Christmas as a surprise.”

– Maureen C.

“Christmas – when my Dad dressed up as Santa.”

– Danielle Webber

### Occupy Worcester, continued

the group to reach a consensus on what they want to do. So for right now we’re here at Lincoln Square.

**Lisa Wilson:** I think the movement is going well but it could be better. We need more people in the city to support us. We are looking to have a permanent occupation in the city. We’re having trouble with the police and the local ordinances that say that we cannot occupy a park between 10:00 P.M. and 5:00 A.M. We’re not sure about Lincoln Square. This location is not listed as a park. So we’re looking at this as maybe a permanent location. We’re working with attorneys that will try to help us.

**Terri Post:** Another reason that a lot of us were fixated on the Common is because there’s a Revolutionary War burial ground there for those people that fought against the Crown just as we’re fighting against our own government now. I think that a lot of things need to change in this country and I think that no matter where you go to an Occupation you can ask 10 different people why they’re out here and what they want to see happen, you’ll get 10 different answers. I’m out here because I want better for my kids. I have a 22 year old son who just graduated from college and he’s working, waiting tables. I have a 17 year old daughter that wants to go to college and she may not be able to get a job in the field she chooses to go into, either. This is the first time in American history that a generation can’t reasonably expect better for their children than what they had themselves and that’s wrong. We have sunk down so low that between unemployment

and underemployment we have almost 20% of people that don’t make a living wage in the entire country. And people drive by and yell out the window at us, “get a job”, “go to school.” Almost every single person out here has at least one job or is a full time college student, and like Jeff was saying, they don’t understand. If people stop for a couple a couple of minutes to try and talk to us they end up staying for quite a bit longer than they expected to because we point out to them that they’re just like we are.

**Scott Guzman:** I’ve been a community organizer for a couple of years here in Worcester. I feel that if we’re going to spark positive social and economic change in the country for a long time it needs to come from all over the country, people standing up together. It can’t all be coming from New York or L.A. and then just reporting back. It has to come from the people. That’s really what I think is the strength of the Occupy movement in general, and part of why I want to be involved. The issues that Occupy is responding to are issues that need to be addressed: economic inequality, imbalance of power, the 1%, the fact that corporations have a say in our government, are all fundamental issues that needs to be addressed. The way it’s being addressed I really like. The fact that it’s decentralized. that it’s sprouting up all over the country. That makes me really want to be a part of it and really strengthen Worcester’s local movement because I feel like that’s the best way for me to have an impact, is to have strong local movements all around the country, standing up together and having a collective voice.

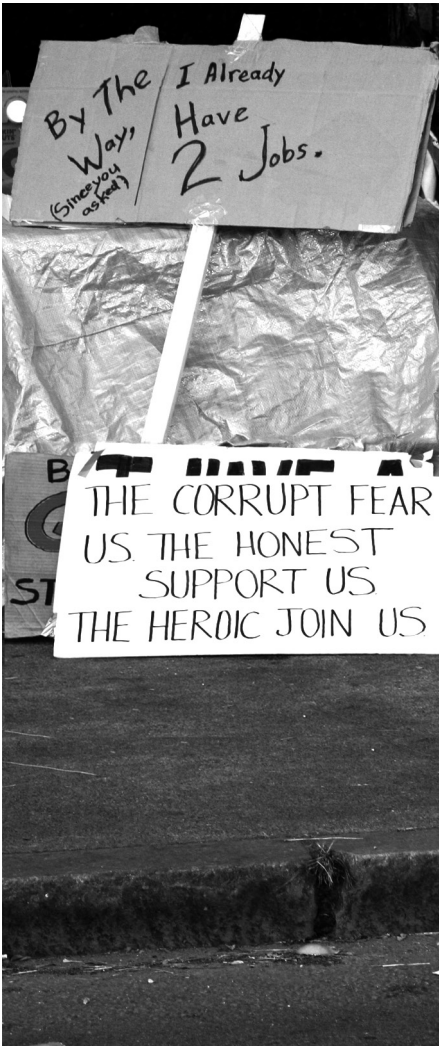
**Scott Schaeffer-Duffy:** There are several

of us in the Peace Community who have been vigilant here since September 11th, 2001. We support the Occupy movement because we’ve been aware for a very long time that the American Dream has really been crushed in recent years beginning with the ascendancy of Ronald Reagan and really accelerating under the most recent President Bush Administration. For example, a non-college educated person now gets minimum wage jobs which are not living wages. They don’t have health care. Their lives are worse than their parents, which is the opposite of the American Dream. And meanwhile at the same time people at the other end are just earning obscene amounts of money. It’s hard to even characterize it. If it doesn’t change, it’s not just about people being hurt and discontent, the economy of this country will collapse. In the modern world now a college education is like a high school degree. And if you want your country to be strong and creative and economically powerful you need an educated public.

I’m glad about the whole thing (Occupy) and I hope that it continues to grow. I think that the violence that we have seen recently, police actions and everything are an indication that some folks in that power elite are very much aware of what this is about and would like to see it go before the snow falls. It’s amazing to see the diversity of people that resonate with Occupy. It’s not just a group of hippies and ne’er- do-wells who have nothing better to do.

**Michael True:** I’ve lived in Worcester since ‘65 and we’ve had this Peace Vigil for 10 years. Every Tuesday, it was, from 3:30 P.M. to 5:30 P.M., now it’s 4:00 P.M. to 6:00 P.M. Our effort was,

first of all, to stop the war in Iraq and then the war in Afghanistan, and that’s been our primary focus. Those of us here, many are very much committed to non-violence. I’ve written a good deal about the history of non-violence in the U.S., also in Worcester because Worcester has a very rich tradition, people like the Occupiers who stand up for justice, so I’m really in support of them too. I’ve written in support of them...I try to do what I can because I really think their work is fantastic and I feel very indebted to them because they have so improved public discourse.





# The key to the NBA lockout

By **Averi Hamilton, Open Door Staff**

Do you remember what the weather was like around this time last year? We had already experienced some major snow storms and were dreading what seemed like was going to be one of the longest winters of our lives. Take a look outside now and you might actually see one or two people with a jacket on. But the weather is not the only thing missing from this time of the year. There's something Worcester is lacking as well as the rest of the nation: The NBA Preseason. Expected to last only 130 days, the lockout continues as the 130th day has come and gone. If you are a fan of the National Basketball Association (NBA) do not worry, you are not the only one biting your nails and pacing your living room waiting for a miracle.

While you wait on the league and the players to get their acts together and produce a season, wouldn't you like to know what all the fuss is about? If asked most people would simply summarize the dilemma in one of a few words: money, greed, pride, etc. The NBA is an industry like any other in this world. What else is new? "The Lockout" (as it has been aggressively titled) is very basically a disagreement between the National Basketball Players Association (NBPA) and the league's team owners. In the middle of it all is NBA Commissioner David Stern and hired professional sports counselor and mediator George Cohen.


After nine-hour mediated conversations between the owners and the players, they are still unable to come to an agreement. The latest offer from the owners, a 51-49% split of the total revenue (6% less than initially proposed) and outside of a few players like Glen "Big Baby" Davis and NBA multi-MVP, Kobe Bryant (who have been tweeting to take the deal) are not buying. For Lakers point guard and president of the NBPA, Derek Fisher, this is not his first rodeo. He has witnessed NBA lockouts in the past such as the most recent lockout of the 1998-1999 season. Now in a more prominent role after a career of over 14 years as a pro-baller, he is trying to keep the Union or Collective Bargaining Agreement (CBA) alive. Players such as Paul Pierce, Ray Allen and Dwayne Wade are pushing for decertification if Fisher and the rest of the union even think of complying with offers less than 57%, which is a very risky move. Decertification would almost ensure the loss of a 2011-2012 season. Union Attorney Jeffrey Kessler has said, a proposal for 50.2% for the players, and the chance of ever reaching 51% is a 'fraud ' and an 'illusion'." The league's threats are stiff and uncompromising.

When asked what he understood to be the biggest issue of the lockout, Anthony Sims, a freshman forward for our very own Quinsigamond Community College Wyverns replied, "The coaches want a cap on superstars. They want to limit their mobility." He also felt that David Stern is doing a poor job and suggested he needs to hire a new mediator. Sims touched base on the major topics of debate concerning the lockout: Trades. Big names are finding their ways to big teams. Carmelo Anthony found his way to the New York Knicks, the Miami Heat started the year strong with their new big three (LeBron James, Dwayne Wade and Chris Bosh) and there has been some unofficial discussion about Dwight Howard becoming a member of the Boston Celtics. Despite the excitement of these changes, there are small teams on the opposite end of these deals that are suffering. A prime example was the collapse of downtown Cleveland's economy with the departure of LeBron James.

"The NBA will lose fans," says QCC Men's Head Basketball Coach, Hadley Camilus in response to how he feels the lockout will affect the future of the NBA. "People can't relate to the guy who wants \$65 million instead of \$50 million. Fans pay a lot. The players are being insensitive to the fact that we save up to buy their tickets, sneakers and other merchandise. Unemployment rates in the United States are at 9%."

And his point is a valid one indeed as it leads us to the second major issue of the lockout: Contracts. Coach Camilus is one of many fans that feel that Commissioner David Stern is actually punishing the players for his poor budgeting. "No one told the league to pay those guys 7% [of the NBA's total revenue]," he continues, "Guys like Kendrick Perkins are getting \$30-\$40 million to block and rebound." Former NBA All-Star and controversial commentator Charles Barkley spoke his thoughts on the lockout when he made an appearance on CBS Sports with James Brown on November 8th. In his opinion the lockout was "unfortunate after such a great year [according to ratings and game attendance]." Barkley added that he saw the biggest issue of the lockout as the league having difficulties "finding ways to keep small markets competitive."


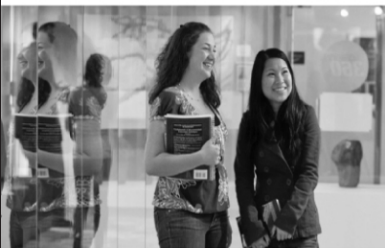
"The small markets want to be more relevant and the all-stars want to play in major markets" he explained. "Barkley concluded his thoughts with the notion that NBA Commissioner David Stern "is great and will make



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a way" and an optimistic "Everybody is going to get paid." However, not everyone is as confident as Charles Barkley. Some people aren't even concerned with all the business jargon being thrown around. "I just want there to be a season" says Sims. Some people are hardly affected at all. Trafficia Warburton, also a student athlete here at Quinsig, keeps it short and sweet "WNBA power!"

Whether you are caught up to speed in this whole mess or not, the biggest question remains: IS THERE GOING TO BE A 2011-2012 SEASON OR NOT?! Well, the answer still remains a mystery. Between Anthony Sims and Trafficia Warburton, they have no clue. As for Coach Camilus he is convinced that the players will crack because there is a lot of money on the table." Coach also offers some advice to Derek Fisher and the CBA, "Take the 49%, but lower the ticket prices."

For more information on the lockout, check out this website where you can find "The Lockout for Dummies":

<http://www.bleacherreport.com/articles/758539-nba-lockout-for-dummies-explaining-the-situation-from-both-sides>

Attention  
students

Scholarships are  
available!!

Do you know money is available to help with the cost of your education? Each week the Financial Aid Office will be featuring a new scholarship. Be sure to check out our bulletin board located outside the Financial Aid Office, Room 165A





# clubs and honor societies

## Phi Theta Kappa - Chapter Alpha Zeta Theta

### Upcoming Events December 2011

Phi Theta Kappa has a busy month planned. For more information about these events, contact Jodi Christian: [jchristian@qmail.qcc.edu](mailto:jchristian@qmail.qcc.edu) or stop by Room 160A or call the Phi Theta Kappa office @508-854-4411.

Dec. 1 DEADLINE	Any student invited to join Phi Theta Kappa needs to have all paperwork submitted by 4:00 pm today Please stop in to room 160A to hand in your paperwork and to pay your dues. UNFORTUNATELY, DUE TO OUR OWN INTERNAL DEMANDS---NO EXCEPTIONS	Room 160A Administration Bldg.
Dec. 5 cut-off date	<i>Make a Wish Foundation</i> Macy's will donate \$ 1.00 each for as many "Letters to Santa" as we can send them Anyone can write a very brief note or email as many times as you want. Letter forms available.	Pick up letter forms in room 160A
Now until Dec. 23	<b>Holiday cards to benefit <i>Why Me &amp; Sherry's House</i></b> Beautiful cards designed by the children with cancer at <i>Sherry's House</i> here in Worcester Cards are available now in room 160A and selected sites around campus...Won't you please help?	<a href="http://www.whyme.org">www.whyme.org</a>
Now until Dec. 23	DON'T MISS OUT Brilliant Poinsettias are available for sale right now GREAT PRICE!!	Room 160A Administration Bldg.
Dec. 14--15--16	Holiday card sale to benefit Why Me & Sherry's House UMASS Memorial Hospital University Campus 55 Lake Avenue Worcester	
Place orders now!	Available to all Phi Theta Kappa members T-shirts, long-sleeve T-shirts, V-neck short-sleeve or 3/4 sleeve Sweatshirts: zip hoodies or pullovers	Room 160A Administration Bldg.
Dec. 15	General Meeting---Southbridge Campus 7:00 pm in room 102	Room 102 Southbridge campus
Dec. 16	General Meeting---Worcester Campus 5:30 pm in room 107A	Room 160A Administration Bldg.

## QCC Psychology/Psi Beta Clubs

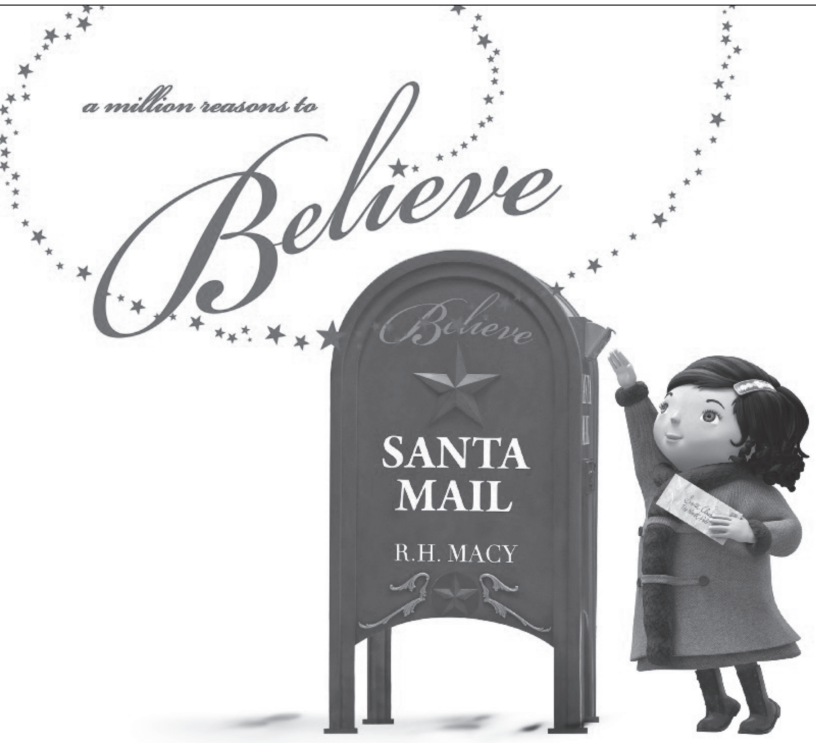
Fall 2011 meeting time and date TBA (watch for posters like this around campus in Novemer 8 & 27 and December 6 from 2-3pm!) in the Fuller Student Center



Like psychology? Interested in how the mind works? Want the opportunity to enrich your understanding of development, personality, cognition, memory, emotions, behavior, etc.? Would you like the opportunity to mentor others? Want to join a psychology honor society? Then we have the clubs for you! Please join us!

Questions? Contact Valarie Clemente, Ed.D., Advisor, Assistant Professor of Psychology, x7506; Rm 422A; [vclemente@qcc.mass.edu](mailto:vclemente@qcc.mass.edu)





Help Grant wishes by writing a letter to Santa. Please bring letters with your Christmas wishes to the Phi Theta Kappa Office room 160A by December 5th. For each letter received, Macy's will donate \$1 to the Make-A-Wish Foundation . (up to \$1 Million).

DEAR SANTA,

SINCERELY,

### Need help on math?

Visit the QCC Math Center at  
206 Harrington Learning Center  
For more info call 508-854-7487 or visit  
[www.qcc.mass.edu/mathsupport/](http://www.qcc.mass.edu/mathsupport/)

Monday – Thursday	Friday	Saturday
8 am – 9 pm	8 am – 4 pm	9 am – 3 pm

## QCC Pride Alliance

**Socialize! Educate! Advocate!**



The QCC Pride Alliance is a group  
for Gay  
Lesbian  
Bisexual  
Transgender  
Intersex and Questioning  
students and their student Allies

**Meetings: Most Wednesdays from 1-1:45**  
**Fuller Center Conference Room**  
**Join on the Q to receive emails about activities**

**We look forward to welcoming you  
at our meetings and events!!**

For more information email Prof. Gaelan Lee Benway  
[gbenway@qcc.mass.edu](mailto:gbenway@qcc.mass.edu)



PROVIDENCE  
COLLEGE  
School of Continuing Education



## MYTHS ABOUT PC:

**#4 I can't afford a Providence  
College degree.**

Did you know that the Providence College School of Continuing Education offers undergraduate classes and degrees for less than what you would pay for many four-year schools? Value and affordability are just some of the surprises waiting for you here.



To learn how you can apply your transfer credits towards a PC degree, scan the QR code, call 401.865.2487, or visit our website.

[WWW.PROVIDENCE.EDU/SCE](http://WWW.PROVIDENCE.EDU/SCE)

## QCC Police Informer

**“Discourage a car thief!”**

**Lt. Reynaldo Rodriguez**

All Quinsigamond Community College members commute to campus in some fashion. Some take the bus or a taxi or even get rides from friends or relatives. Others use their own vehicles. With so many cars on campus it makes it makes it an ideal place for auto theft. There are things a commuter can do to slow down those potential thieves:

Take Your Keys: Nearly 20% of all cars stolen had keys in them.

Lock Your Car: About 50% of all cars stolen were left unlocked.

Never Hide A Second Set of Keys In Your Car: Extra keys can be found if a thief takes the time.

Park in Well-Lighted Areas: Over half of all car thefts occur at night.

Never Leave Your Car Running, Even if You'll Only Be A minute: Cars are commonly stolen at convenient stores, gas stations, ATMs etc... Many cars are also stolen on cold mornings when the owner leaves the car running to warm up.

Completely Close Car Windows when Parking: Don't make it any easier for a thief to enter your vehicle.

Do Not Leave Valuables in Plain View: Do not make your car a more attractive target by leaving items like books, electronic equipment or money holders.

If you are suspicious of someone who might be attempting to steal a car on campus or items inside, please do not hesitate to call QCC Police.

For more information on how to avoid car theft look up websites like this:  
[http://www.ehow.com/how\\_1513\\_avoid-car-theft.html](http://www.ehow.com/how_1513_avoid-car-theft.html)



# Meet your Student Senate



Hello, my name is Joshua Biernacki. For those of you who do not know me, I am your Student Senate President. I got my start on Senate in the fall of 2010, when I ran on what the students wanted. I asked every student, all 300 I received signatures from, what they wanted on this campus. However, I feel 300 voices are not enough. I want to hear from more.

I have a double major: General Studies and Business Administration Transfer. I am a member of the Outdoors and Business Clubs and also a college Ambassador. I sit on three committees: All College Council, Governance Review Team, and the Student Advisory Committee to the Board of Higher Education. I hope to hear from all of you

at some point, [jbiernacki@gmail.com](mailto:jbiernacki@gmail.com) or stop by the Student Senate Office within the Fuller Student Center.

My name is Athas Tsongalis. I am a second semester student at QCC majoring in General Healthcare and Radiology Technology. I am a single father of two wonderful children and also serve as your Student Senate Vice President. Outside of the college I serve as a School Committee Member for the Wachusett Regional School District and represent the Town of Rutland as well.



I believe that QCC can become one of the most exciting campuses in Worcester County, let alone Worcester. We have more than almost 10,000 students commuting in and out of campus every week. We have a dynamic group of people who hail from many different cultures, and backgrounds. Not to mention, we have a large base of 40 something students that I am proud to be associated with at QCC.

My introduction today was simply to let you know who I am and how I can be of service to you. I am usually in the Fuller Center on the Worcester Campus and I am also available by email at: [atsongalis@gmail.com](mailto:atsongalis@gmail.com). I welcome any comments, suggestions, and questions regarding school and campus life. Please feel free to contact me whenever necessary! Have a great year and thanks for voting me onto the Student Senate!



My name is Sabine Dupoux and I am currently serving as Parliamentarian on the Student Senate. I am a freshman and my major is Business Management. I expect to graduate from QCC in spring 2012. I joined Student Senate for several reasons, but my main goal focuses on the Student Body's voice being heard. Students have concerns, questions, and suggestions and want to be heard, but many are unsure to whom to direct their questions and concerns. I am here to listen and help bring change to our campus so it is joyful, comfortable, respectful, and offers an interesting experience for all.



Hello, my name is Reginald Williams. I am 19 years old and a member of the QCC Student Senate. I love to work with social groups like the P.A.L. (Parent/Professional Advocacy League) and am a mentor for a youth group and the Autism Resource Center's Connections Club. I also love to spread awareness about autism to the non-disabled community. My dream career goal is to be a motivational speaker, concentrating on youth. I want to spread awareness and stop people from stigmatizing the disabled community. I know first-hand how stigmatizing can get you off track with life. You see, I have A.S.D. (Autistic Spectrum Disorder).

I like to spend my free time by playing basketball, soccer, flag football, and baseball for the Special Olympics. I like to watch movies and spend time with my family and friends. I would like to be able to help the non-disabled community understand about Autism through awareness. This is great way for me to start my career working with the youth and the rest of the community.

In conclusion I hope to make a difference in the community whether it's working with the disabled or the non-disabled community. I will do everything in my power, with the support of my fellow Senate members, to make a difference in the community.

My name is Clement Adamah. I am a Ghanaian living in Worcester. I am majoring in Business Administration at QCC and plan to transfer to UMASS Amherst after I receive my associate's degree. I am the secretary to the Student Senate and the event planner for the QCC Business Club.

I am described in three words: cool, calm and collected. My utmost goal is to become one of the leading marketers of all time. I love to meet people and learn about different perspectives of how they feel about things. I am an action oriented person and I love to see plans come to life. I am a fun living person, easy to approach, and very helpful.

Becoming a student leader is not just a position, but an opportunity to share my ideas on issues and finding solutions to problems. I believe every step in one's life creates a pathway to our future, thus taking the educational step helps you to attain your dreams for the future.



Hello, my name is Valentine Beluchukwu and I'm a Basic Engineering major at Quinsigamond Community College. I am a member of the QCC Student Senate, which helps improve activities to benefit every student. My personal goal for joining the Senate is to help improve the QCC student body to achieve both their short and long terms goal effectively and in a meaningful period of time. Just as Mahatma Gandhi said; "Be the Change You Would Like To See In The World." I'm on a mission to help make the change I would like to see in QCC.

Get the latest Student Senate News each month in the Open Door in the Clubs section.



# Student Senate, continued



My name is Sam K.B. Offei. I was born in Accra, Ghana. I went to junior high and high school in Ghana, and then later went to College in Italy when I migrated there to join my family. I speak five languages: Italian, three African languages and of course, English. I migrated to America almost two years ago to study, obtain a bachelor's degree in Business Administration and to climb the ladder of the American dream. I love reading, especially political novels. I am a devoted Christian who believes everything the Bible says about life. As most of my friends and contemporaries put it, I am an easygoing person who loves life and loves to represent other people's voices. I joined the Student Senate mainly because I want to represent the voice of the

students and make a difference in students' lives on campus. When I enrolled here on this campus, I realized that most of my classmates and friends had complaints about the nature of the college, but they had no one to represent them and that was the main reason I ran to be a senator; to represent the voice of my fellow students!

My name is Osei Bonsu Alex and Business Administration is my major. I'm currently the president of the QCC Business and Entrepreneurship club as well as a member of the Phi Theta Kappa Honor Society. I work with the Admissions office as a Student Ambassador and provide tutoring services in the transition center.



As a student senator, I work in collaboration with the entire senate group to represent the interest of the students before the Administration; it is our goal to make QCC a very comfortable place for the entire student body. I've been at QCC since fall 2010 and I hope to graduate in May of next year and transfer to a four-year college.



My name is Monica Courchene. I am a fun loving girl that loves to help out. I have a ton of energy and I try my best to use it in a positive way toward school work and the Student Senate. I am in the General Health Studies Program studying toward an EMT certificate. I joined the Student Senate to better my life, to see life differently, and to learn how to help and become a leader. I have had a rough life and I came to the student senate to prove to myself that I can do anything that I put my mind to. I want to learn more about the school, and while learning this I will grasp the knowledge to become a great leader and to make a difference not only for myself, but for the student body as a whole. I would like to have

the opportunity to learn and grow. I know that I will grow as a member of the Student Senate.



Hi my name is Vanessa Agyekum. I am 19 years old and a first year student at QCC. I am majoring in Human Services with a concentration in psychology. Since my enrollment in QCC, I have participated in many Student Life activities such as Student Senate, the Psychology Club and Bible Study, as well as volunteering. I love working with people and giving back to the community. I am happy to represent the student body for the 2011-2012 academic year. I plan to give it my all and help shape QCC to be a great community and use this experience in all my endeavors.

My name is David J. Chapin Jr. and I am the Student Trustee here at Quinsigamond Community College. I was born in Monrovia, Liberia and currently live in Shrewsbury. This spring I shall be graduating from QCC and plan to attend one of the four institutions on my list. I am in the Business Administration program and work in the banking industry.



The Student Trustee at QCC is one of the eleven members of the board that act as the governing body for Quinsigamond Community College. The Board of Trustees meet once a month and the agenda topics range from budgeting to student enrollment. As the Student Trustee I am responsible for providing an appropriate representation for the student body. I am a firm believer that if you do not appreciate something, come up with a better idea and then prove that it is better.

Get all of the campus news & more in **The Open Door.** On stands and The Q the first Thursday of each month.

### Attention Business Students

The QCC Business and Entrepreneurship Club meets Thursdays, at 1:00 PM in the Fuller Center Conference Room

Come share your ideas about the Club, meet fellow Business students, and enjoy **FREE PIZZA AND SODA!**





**Harrington Learning Center Hours - Fall 2011 and Spring 2012**

<b>Monday through Thursday</b>	<b>8:00 a.m. to 9:00 p.m.</b>
<b>Friday</b>	<b>8:00 a.m. to 5:00 p.m.</b>
<b>Saturday</b>	<b>9:00 a.m. to 3:00 p.m.</b>
<b>Sunday</b>	<b>Closed</b>

# The Alden Library helps students succeed

by Matt Bejune

The end of the semester can be the busiest and most stressful part of the semester. Here are some of the ways the Alden Library (<http://www.qcc.mass.edu/library>) located in the Harrington Learning Center (HLC) can help as we move into the final weeks of the semester.

**Research Assistance** – Librarians are ready to help you at any stage of the research process. We offer assistance planning research projects, selecting and developing topics, identifying potential sources of information, searching and evaluating information, and citing sources. Meet us at the Reference Desk on the 3rd floor of HLC, call us (508) 854-4366, or e-mail us [reference@qcc.mass.edu](mailto:reference@qcc.mass.edu).

**Remote Access** – You can access the online catalog and databases from anywhere off-campus with an internet connection. Within the catalog you can look up books, request them from other libraries,

find out the status of what you have checked out, and renew items that are coming due. The databases (<http://qcc.mass.libguides.com/resourcesAtoZ>) contain full text articles in journals, magazines, and newspapers. To find general academic articles try **Academic Search Premier** (EBSCO) or **Academic Onefile** (Gale). If you need more specialized content consider **PsychINFO**, **Health Reference Center Academic**, or any of our 70+ other databases. If you need news articles about Worcester or Massachusetts, the best place to search is in Massachusetts **Newstand**. For national and international news coverage try **LexisNexis**.

**Study Space** – The Library offers a variety of study spaces to suit your needs. For private, individual study we offer traditional study carrels. If you are looking for a place to spread out to do your work we offer many seats at large study tables. If you are looking for more of a relaxed space have a seat at

one of our upholstered chairs with a panoramic view of campus. If you are working on a group project consider one of our group study rooms on the 2nd or 3rd floors. Group study rooms can be reserved at the Information Desk on the 2nd floor with a valid QCC ID.

Don't forget **QCC library materials are due December 20th**, the last day of the semester. Return library materials at the Circulation Desk on the 2nd floor of HLC or via the 24/7 book drop near the 1st floor entrance to HLC facing the Ahlfors building. (Students who have borrowed books from CW/MARS libraries may return those books to any CW/MARS library.)

After the semester ends the Alden Library will be open through December 23rd then will be closed until January 3rd the first day of classes for the Intercession Term.

## Communication Skills Center

*A Tutoring and Resource Center for Writing and Reading*

Harrington Learning Center, Room 208

Mon-Thurs, 8am-9pm, Fri 8am-4pm, Sat 9am-3pm

### Punctuation Boot Camp:

Colons, Semi-Colons, Hyphens, and Dashes  
**Tuesday, December 6 at 9:00 a.m.**

Proper use of punctuation is integral to clear, concise writing. This half-hour workshop will familiarize you with the correct use of various punctuation marks.

### English Conversation Group

Tutor-led small-group discussions focus on building vocabulary, improving pronunciations, and practicing conversational English.

**Tuesdays at 1:00 p.m.**  
**Wednesdays at 10:00 a.m.**  
**Thursdays at 3:00 p.m.**  
**Fridays at 12:00 p.m. and 1:00 p.m.**

### Instant Grammar-fication:

Parallel Structure

**Wednesday, December 13 at 11:00 a.m.**

Parallel structure increases the readability of your writing and adds forcefulness of your argument. This half-hour workshop will familiarize you with parallel structure and assist you in writing clear and forceful sentences.

### Basic Computer Skills

An introduction to Microsoft Word, the Internet, and the Q

**Thursday, December 8 9:00 a.m. and 1:00 p.m.**  
**Tuesday, December 13 10:00 a.m. and 2:00**  
**Wednesday, December 14 11:00 a.m. and 1:00 p.m.**

Tutoring, Workshops, and Conversation Groups are free for all QCC Students  
For more information: [cscinfo@qcc.mass.edu](mailto:cscinfo@qcc.mass.edu) or 508-854-7488



# Smoking: What they did not tell you in high school and how to quit!

By Meghan LaFlamme, Respiratory Care, Class of 2012

Cancer. Coronary Heart Disease. Emphysema. Infertility. Death. These are just some of the heavy words that may be heard when a chronic smoker sits down with his or her physician. It is no wonder why many adults skip out on their annual physical. Fear of the unknown and unwillingness to hear a bad prognosis are evident in the adult population. A football coach wants to know why his star 18 year old wide receiver can no longer run 30 yards without becoming extremely winded. A 40 year old man waits until his chest pain is unbearable before going to the emergency room. A 64 year old woman does not understand why she is coughing up blood. What 35 year old woman wants to hear that the reason she cannot become pregnant is because she has been smoking since the age of 15?

In a high school health class, premature wrinkles and yellowed teeth are lumped together with lung cancer and heart disease. Kids know that more serious conditions exist, but often do not think twice about long-term effects. Premature wrinkles? Maybe they will get Botox! Yellowed teeth? That is what whitening products were made for! Surely those “other” issues will not happen to them. Though most young adults today are “social smokers” – meaning they are not pack-a-day-type smokers, but rather smoke a couple cigarettes when with friends – they are still susceptible to developing long-term issues. Adults who only smoke a few cigarettes a week to relieve stress may also have conditions that develop from the habit.

If a smoker was to walk in the shoes of a respiratory therapist for a day, he or she would see the many patients that need to be treated for smoking-induced cardiovascular and pulmonary diseases. Seeing first-hand the suffering endured by so many would probably make most smokers quit cold-turkey.

For others who have the desire to quit and are unsure how, there are many helpful resources out there.

The aim of this article is not to preach in doctor-, parent-, or teacher-like fashion, but rather, to make each reader aware that smoking is the underlying cause of serious medical issues, and that many tools are easily accessible to help quit smoking now. November 17 was the Great American Smokeout. Visit [smokefree.gov](http://smokefree.gov) or the American Cancer Society’s website for support and tips to quit. Join them in celebrating a healthier lifestyle and more birthdays!

# Nor’easter in October! Are you prepared for an emergency?

By Susan T. Johnson RN C MSN

A Nor’easter in October-really? Only in New England! Hopefully by now you have all recuperated from the rare, unprecedented early and powerful fall nor’easter snowstorm that hit New England on October 29. We now know that disasters scan strike quickly and without warning. Massachusetts in particular has been affected by numerous different weather related disasters over the last few years. Hopefully the lesson learned from these unusual natural disasters and emergency situations, is to be prepared.

How many of you were really prepared? You may need to survive on your own after an emergency so every individual needs to be prepared to exist for the first 72 hours after a disaster. Whether you remain in your own environment or go to a shelter, being prepared after a disaster can make a difficult situation a little easier. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours, or it might take days. In addition, basic services such as electricity, gas, water, sewage treatment, and telephones may be cut off for days, a week or longer.

Plan your kit well, and inventory its contents every six months to change the types of clothing and items that may change with the seasons. Remember to also periodically check if items in your 72 hour kit are no longer safe, especially medications.

Our area does have trained volunteers to assist in emergencies through the Worcester Regional Medical Reserve Corps (WRMRC). volunteers include medical professionals (physicians, nurses, EMTs, pharmacists, etc.) and people with no medical background (school teachers, security guards, translators, social workers etc.). More information about WRMRC can be found at: <http://www.worcesterregionalmrc.org>

Your kit must be portable. Select a suitable container and keep it near an exit of your home. Do not overload the kit, as you may have to carry it for long distances to reach shelter or safety. Some items may be able to serve more than one purpose (you can get a shovel that is also a hatchet!).

personal documents and other easily potential smoke or water damaged items in plastic to protect them. You can use the plastic later for many uses.

1. Each family member should have their own kit with food, water and clothing. Distribute heavy items between kits.
2. Wrap extra clothing, matches,
3. Keep your light source on top of the kit, so you can find it easily in the dark.
4. Personalize your kit. Make sure the needs of your family have been met.
5. Inspect you kit at least twice a year, rotating the food and water supplies. Adjust the clothing to meet seasonal needs. Check expiration dates on batteries, light sticks, warm packs, food and water.
6. Consider the needs of elderly persons and those with special needs. Make sure appropriate supplies are packed for babies (diapers, wash cloth, ointment, etc.)

<b>Suggested Contents for 72 hour kit:</b>	<ul style="list-style-type: none"><li>• Poncho</li><li>• Second method to start a fire</li><li>• Light Sources</li><li>• Flashlight with spare batteries</li><li>• Candles</li><li>• Light Stick</li><li>• Tools</li><li>• Pocket knife</li><li>• Shovel</li><li>• Hatchet or Axe</li><li>• Sewing Kit</li><li>• 50-foot nylon rope</li><li>• First Aid Kit and Supplies</li><li>• First Aid Kit</li><li>• Personal meditations and supplies</li><li>• Personal Comfort Kit (include soap, toothbrush, comb, tissue, sanitary</li></ul>	<ul style="list-style-type: none"><li>items, razor)</li><li>• Personal Medications</li><li>• Money</li><li>• At least \$20 in your kit including change</li><li>• Copies of important documents</li><li>• Birth certificates,</li><li>• Wills,</li><li>• Insurance forms</li><li>• Deeds</li><li>• Picture Identification</li><li>• Social Security Card</li><li>• Family Emergency Plan</li><li>• Personal Phone and Address Book</li><li>• Credit card information</li><li>• Stress Relievers</li><li>• Books</li><li>• Hard Candy</li></ul>	<ul style="list-style-type: none"><li>• Small toys</li><li>• paper and pen</li><li>• favorite security items for children</li><li>• Communications</li><li>• Radio with batteries or other power source</li><li>• Whistle with neck cord</li><li>• Additional Items</li><li>• Mess kits and cooking utensils</li><li>• Sun Block</li><li>• Insect Repellent</li><li>• Extra Food</li><li>• Camp Stove</li><li>• Portable Container</li><li>• Durable water resistant duffel bag</li><li>• Extra Water</li><li>• Extra Food</li><li>• Extra Clothing</li></ul>	<ul style="list-style-type: none"><li>• Full Set of Clothing</li><li>• Socks and a sturdy pair of shoes</li><li>• Coat</li><li>• Hat</li><li>• Gloves</li><li>• Medications</li><li>• 72 Hours Prescription medications</li></ul> <p>For additional items to consider adding to an Emergency Supply Kit please visit: <a href="http://www.ready.gov/america/getakit/index.html">http://www.ready.gov/america/getakit/index.html</a></p> <p><i>Other Resources:</i></p> <p>American Red Cross: <a href="http://www.redcross.org">http://www.redcross.org</a></p> <p>Federal Emergency Management Agency: FEMA <a href="http://www.fema.gov/pdf/library/epc.pdf">http://www.fema.gov/pdf/library/epc.pdf</a></p>
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# student life

December 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Don't forget your free gift for National Handwashing Week December 6th in the Fuller Student Center				1 World AIDS Day Women's BB at Manchester CC @ 6PM Men's BB vs. Mass Bay CC @ 6PM Open Door on Stands PTK Poinsettia Sale	2	3 NYC Trip
4	5 Snow Globe Photos	6 Stop by the Fuller Center to pick up a free gift in honor of National Hand Washing Week	7 Wrentham Holiday Shopping	8 Evening Student Mixer @ 5PM Men's BB vs. UCONN Avery Point @ 6PM	9	10
11	12	13 Lunchtime Leadership @ 12PM	14	15 Stress Busters @ 11AM	16	17 Women's & Men's BB vs Gateway CC @ 12PM & 3PM
18	19	20 Last Day of Exams	21	22	23	24
25	26	27	28	29	30	31

## Wrentham Village Premium Outlets



Can't find anything for that special someone?  
Come to Wrentham! Your one stop shopping trip for anything you will need....

Date: Dec. 7, 2011

Time: 4pm-9pm

Tickets: \$5

For tickets and more information, please go to the Fuller Center



SHOPPING TRIP!!!

### Discounted Movie Tickets to Showcase Cinema Theaters

Tickets are available in

The Fuller Student Center

for \$7.75 each.





# The Fuller Center: Enjoy, learn, and experience

Beryl Pettiford, Open Door Staff

The Fuller Center, donated in 2002 by George F. Fuller, and wife Sybil H. Fuller, was designed by our own Dean of Students, Elizabeth Woods. The goal of the Fuller Center is to provide a forum for students to enjoy educational, recreational, social and cultural experiences as described in the Student Handbook.

The Fuller Center provides a pool table, television, games and social time in a warm, comfy atmosphere. It is like a home away from home where you can read a book, hear a lecture, listen to live music or just sit and chat with friends.

All events are coordinated by the expertise of Jonathan Miller. Jonathan has been with the Fuller Center for a year. As a matter of fact, he recently celebrated his one-year mark in September, 2011 as Director of Student Life and Leadership, a title that comes with a master's degree. Cheryl Pike is the Student Life Assistant and right to Jonathan. Cheryl has been with the college for over 35 years with at least 25 of them spent dedicated to the Office of Student Life in event planning and assisting students. Program Assistant Jen-E Memnon, an Alumna of QCC, has dedicated her time to the Fuller Student Center for

15 months. Jen-E has played many roles to make the events life-like and exciting as she takes on the roles of hostess, photographer, planner and friend. Pat Bisha-Valencia is the Coordinator of The Open Door newspaper, with over 7 years of dedication to the paper and students of QCC.

Indeed, we are very fortunate to have such wonderful people working so hard to provide so many great activities while keeping a safe, respectful environment (please continue to show ID's upon request!) for QCC students.



## Thank You Fuller Center

Who would ever think that college could be more than study, tests, quizzes, And exams, day and night reading, and cram! cram! cram!

We are all trying to get good grades, trying to get that degree Rushing to classes, loads of homework, hardly time to be free.

But right here on campus, in between buildings tall Dean Elizabeth Woods designed a cozy structure, a building small.

Like one big “living room”, this place is where the fun begins It’s THE FULLER CENTER with prizes to win, yummy foods and “Wings for Signs.”

Street signs, custom made, striped flags, rainbow sprinkled cupcakes for the Pride Parade.

Discounted tickets, trips and events, candy bars, pink cancer stickers All kinds of presents

Mexican food, Native American Folklore, Designer scrubs Even “Let’s Make a Deal,” Jonathan, Cheryl, Jenn-E and Pat (and staff) Work hard at keeping events real.

Last but not least, let’s not forget our QCC newspaper “The Open Door” Where students get to contribute their words, keep informed and lot’s Lot’s more

So now it’s time to flip the script and show our gratitude For all the events, fun and activities, that we WOULD NOT have Without you...

Thank you Jonathan, Cheryl, Jenn-E and Pat

Thank you from Beryl Pettiford and the Fuller Center Regulars





# BATTLEFIELD3 REVIEW

By Stephen Shuler

It's time to get your combat boots ready because Battlefield 3 is out and ready to bring realistic combat to your PC, 360, or PS3; bringing you large scale battles and epic moments that will leave you amazed. Although, Battlefield 3 contains a campaign that does not live up to the hype, the beauty of Frostbite 2, the multiplayer, and co-op has all of the reasons on why this is a great game.

Let's dive into the campaign; Battlefield 3 is a first person shooter that gives the usual aim down sight, and feels like every other first person game. The story is nothing to rave about with the lack of originality and dialogue. You start off playing as a sergeant who is being interrogated for being accused of treason against the United States. This plot is a definite cliché type for military based games, including the opposing force, Russians, which has been seen in countless games.

When playing in the campaign, you will feel that every enemy is just shooting at you, because the game's A.I. is not the best compared to other games. This can be very frustrating and lead to rage quitting, as it just isn't realistic. The game play is very repetitive, especially the few missions where you operate vehicles. These problems with the campaign can cripple newcom-

ers to the Battlefield series when they enter multiplayer.

Once you've had it with the frustrations of the campaign, you will be in a better place in multiplayer. Battlefield 3 is a team based game that is revolved around squads. Battlefield 3's multiplayer is one of the best looking with the new frostbite 2 engine that improves on the destruction that goes on and the movement of the players itself. Multiplayer consists of three main game modes: Conquest, Rush, and Team Death Match. Conquest is a capture the territory type that has multiple territories which are represented by flags where teams must capture these territories and kill the other team in order to win. Rush is an attack and defend style with the defenders defending two M-com stations and must hold off the attackers; if the stations are lost then the defender retreat back to another region to defend. Team Death Match is your standard run and gun where the team that has the most kills wins.

There are vehicles in Battlefield 3's multiplayer, which means more firepower in your arsenal. There are tanks, light armor vehicles, jeeps with mounted turrets, helicopters, and fighter jets. There are no training options for ve-



hicles to gain experience; instead, you are thrown into the fight on your own, learning as you go. The campaign does little to help because you are mostly just a passenger in the vehicles, except operating a tank on one specific mission. So the game does little to help the new players and leaves them struggling to keep up with the veterans.

The new frostbite engine is what makes the whole multiplayer. The graphics are staggering with beauty, the destruction is cinematic, and the battles are epic and adrenaline rushing. The performance blows out the competition and is the best looking shooter to date.

If you and a friend just want to play together, there is co-op in store. Co-op has six teamwork based missions. It is a

great way to practice teamwork and experience to get better for multiplayer. Co-op is online only, so if you do not have online you are out of luck if you want to team up on split screen.

In closing, while Battlefield 3 lacks in the campaign department it really is a game for multiplayer users. It is the great multiplayer game modes that give the thrill of great and epic scale battles. The new Frostbite 2 engine is beautiful, the multiplayer is fantastic and the co-op plays well. If the campaign was more original or better in game play Battlefield 3 would be perfect.



## Zorba's Taverna

By the Dean of Cuisine

Walking in the front door, you are immediately met with up-beat Mediterranean music. The atmosphere matches the music in tempo, but has a sense of relaxation to it. The wait staff is friendly and quick to tell which items are freshest.

Our meal started with the Horiatiki Pikilia appetizer platter, one of the Greek Mezedes. This dish has Humus, Tzatziki, Greek olives, pita bread, stuffed grape leaves and feta cubes. The feta was fresh and salty, and the pita was still hot from the over as were the stuffed grape

leaves. The star of the plate was the Tzatziki, a savory Greek yoghurt dip. This creamy, Aegean dish is reason enough to go to Zorba's.

Our entrees were the Haddock Mediterranean and Pesto Ravioli. The ravioli was fair, with a fresh olive oil based sauce and tasty cheese filled ravioli. The Haddock was the real attraction. Broiled in a lemon sauce with artichoke hearts, olives, roasted tomatoes, baby spinach and scallions, the fish was flaky and tender. Perfectly matching it were sides of rice and garlic infused vegetables.

Dessert was not on the menu; rather the waitress listed the fresh made dessert available that day. We chose the Tiramisu. While creamy and smooth, it was a bit heavy on the espresso. None-the-less, it was an excellent end to a wonderful dinner.

If you're in the mood for Greek cuisine, Zorba's, at 97 Stafford St., Worcester, should be at the top of your list.





# Into the Lives of Basketball Wives

Review by **Averi Hamilton**

With the NBA lockout still in full effect, more and more attention is being directed to the lives of the players off the court and behind the scenes. There used to be a time when to get the inside scoop fans waited impatiently for interviews to be published in magazines or premiere on television. Watching Crips was as personal as it got. Nowadays we, the nosy public, have access to the lives of celebrities through reality TV. But it is not the players themselves disclosing all the exclusive details. It is their wives that are spilling the beans!

The VH1 network debuted the first season of “Basketball Wives” in April 2010. The season was shot in Miami, and contrary to the show’s title, being the wife of a current professional basketball player wasn’t a requirement to be a part of the starring cast. The show is now preparing its fourth season for 2012. All of the women now are in some way con-

nected to a man in the industry. In the city of vice we watch them do it all: party, fight, divorce, raise children, date and more. The show has all of the qualities quintessential to reality television: catty cliques, gossip and total drama. By the end of the 3rd season, however, the women appeared to be fed up with their negativity and drama. Instead, they began to emphasize the good things they do. They put their differences aside to show the world that they are more than scorned women, and actually care about more than drinking, being catty and how they look.

Shaunie O’Neal for example, ex-wife of NBA superstar and media personality Shaquille O’Neal (also known as Shaq), is the executive producer of Basketball Wives. She has said that her purpose of creating the show was to shed light on the complex lives of the women who stand beside these larger-than-life professional athletes, and to show

that it’s not all glitz and glamour. She also devotes a large portion of her time to supporting agencies that help women and children. Tami Roman, Basketball Wives cast member and ex-wife of retired NBA player Kenny Anderson, works very closely with her favorite charity “Project Girl” which works to empower young girls to be great in all they do. These acts of selflessness and kindness may be in vain however as the new season of “Basketball Wives: LA” continues to portray women (especially women of color) as violent and materialistic.

From the first episode all the way through to the reunion, the females on the show (I find it hard to refer to them as women) are judgmental and condescending towards one another. They constantly attack and slander each other because of where they come from, what they wear, how they speak and their marital statuses. It is absolutely disgraceful.

It just goes to show how consumed women can be with shallow properties and it is truly pitiful. Sisterhood on the show is scarce even between Laura and Gloria Govan who are actually sisters! I mean, we all love drama, but this drama is just petty.

Hopefully, in the words of Basketball Wives cast member, Evelyn Lozada has stated that she hopes the girls will “get it together” and open their eyes to the fact that they are degrading the entire gender of women by their fighting and shallowness. I give this show a 1 out of 5 for the simple fact that the cast is simple. But I would also recommend that viewers check out VH1’s Baseball Wives which premiered November 30th. It will be interesting to see the differences and similarities in the lives of Basketball Wives vs. Baseball Wives.



## The Open Door Is Sponsoring A Student Photo Contest

Here’s your chance to showcase your talent!

This contest is only open to currently enrolled students

Submissions accepted from January 17 - February 28th

### Submission

- Submit your photos on a CD saved as a JPEG or PDF file(s) format to the Student Life Office in The Fuller Center. Resolution must be 400-500 kb 600x800 pixels.
- \* Limit two photos per student, whether it’s landscape, portrait, still life, etc.
- \* Students can also send the above information to the photocontest email at: qccphotocontest@gmail.com

Include the title of each photo along with your name, phone number, email and student ID number. Photos should be taken within the past 2 years and not been previously published or part of a contest. Submissions will be available for viewing on The Q.

\* Please note that while artistic expression is welcome, works expressing anything uncivilized or lewd will be disqualified.

### Prizes will be annouced in later issues.

As a bonus the winning photographs will be displayed in the HLC library.

If you do not have Photoshop, go to Irfanview.com for a free download to compress photos.

### Judging

- Begins in March. Winners will be notified and announced in April.
- Winners will be posted on The Q.







# Athletic Center

All offerings are free for QCC students. Fall and spring hours are:

Monday – Friday: 7:30am – 9:00pm

Saturday: 9:00am – 2:00pm

The Athletic Center is closed on Sunday

## AC equipment/facility offerings:

- Two Exercise Areas, including cardio, free weights, strength machines, cycling bikes, and much more
- Basketball Court
- Locker Rooms – restrooms, showers, sauna, lockers
- Ping Pong Table
- Program Room

## Programs:

- Circuit Training: M, W, F - 12:30pm – 1:15pm  
Tu & Th - 4:15pm – 5pm
- Kung Fu: M & W - 11:30am – 12:15pm
- Indoor Cycling: M & W - 5:30pm - 6:15pm  
Tu & Th - 12:15pm-1pm
- Yoga - Tu & Th - 12pm - 1pm & 5:15pm - 6:15pm  
W - 1:30pm – 2:30pm, F - 11:30am – 12:30am
- Zumba - W - 6:15pm – 7:15pm

All programs are FREE for QCC students, staff, & faculty! Check The Q and posted signs for fall schedule.

## Intramural Sports

- Indoor Soccer
- Basketball
- Volleyball
- Flag Football
- Frisbee Golf

Check The Q and posted signs for fall schedule.

## Intercollegiate Sports

- Men’s Basketball ~ Coach Hadley Camilus 508-854-4211
- Women’s Basketball ~ Coach Lars Farnham 508-854-4492
- Baseball - Coach ~ Mike Fusaro 508-854-4316
- Softball - Coach ~ Cherie Comeau 508-854-4317

Basketball Tryouts will be held on October 1, 2011. Fall baseball and softball will be starting the first day of classes. If you are interested in playing an intercollegiate sport at QCC, please contact or stop by the Athletic Center.

## We want your suggestions!

If you have any suggestions about program classes or intramural sports that you would like offered, please stop by or contact the Athletic Center. We love to hear the opinions of our students, staff, and faculty. We want the Athletic Center to be a great place to spend some of your free time! Call us at 508-854-4317.



Photos provided by QCC Institutional Communications





# 2011-2012 QCC Women’s Basketball Schedule

Day	Date	Time	Team	Field
December				
Thursday	1	6pm	Manchester CC	AWAY
Tuesday	13	5pm	Mass Bay CC	HOME
Saturday	17	12pm	Gateway CC	HOME
January				
Tuesday	3	6pm	Manchester CC	HOME
Saturday	7	12pm	Roxbury CC	AWAY
Saturday	14	1pm	Gateway CC	AWAY
Tuesday	17	6pm	UCONN Avery Point	HOME
Thursday	19	5pm	Mass Bay CC	AWAY
Saturday	21	12pm	Lincoln College	HOME
Thursday	26	6pm	Dean College	HOME
Saturday	28	12pm	Holyoke CC	HOME
February				
Thursday	2	5pm	Massasoit CC	HOME
Saturday	4	12pm	Bristol CC	HOME
Wednesday	8	5pm	Springfield Tech CC	HOME
Saturday	11	1pm	Northern Essex CC	AWAY
MCCAC State Basketball Tournament				
Saturday	25	12/2pm	@ Holyoke CC	AWAY
Sunday	26			
March				
REGION 21 Tournament				
Saturday	3	TBA	@ Quinsigamond CC	HOME
Sunday	4			



# 2011-2012 QCC Men’s Basketball Schedule

Day	Date	Time	Team	Field
December				
Thursday	1	7pm	Mass Bay CC	HOME
Thursday	8	7pm	UCONN Avery Point	HOME
Thursday	15	7pm	Bristol CC	HOME
Saturday	17	2pm	Gateway CC	HOME
January				
Thursday	12	7pm	UCONN Avery Point	AWAY
Saturday	14	3pm	Gateway CC	AWAY
Thursday	19	7pm	Mass Bay CC	AWAY
Saturday	21	2pm	Lincoln College of N.E.	HOME
Thursday	26	8pm	Dean College	HOME
Saturday	28	2pm	Holyoke CC	HOME
February				
Thursday	2	7pm	Massasoit CC	HOME
Saturday	4	2pm	Bristol CC	AWAY
Wednesday	8	7pm	Springfield Tech. CC	HOME
Saturday	11	3pm	Northern Essex CC	AWAY
Thursday	16	7pm	Nashua CC	HOME
MCCAC Basketball Tournament				
Saturday	25	4/6pm	@ Holyoke	AWAY
Sunday	26			
March				
Region 21 Tournament				
Saturday	3	TBA	TBA	AWAY
Sunday	4			



## QCC Spring Baseball Sign-ups

Thursday January 19th- 5:00pm & Friday January 20th - 5:00pm at the QCC Gym

\*\*\*\*Spring Baseball Try-outs \*\*\*\*

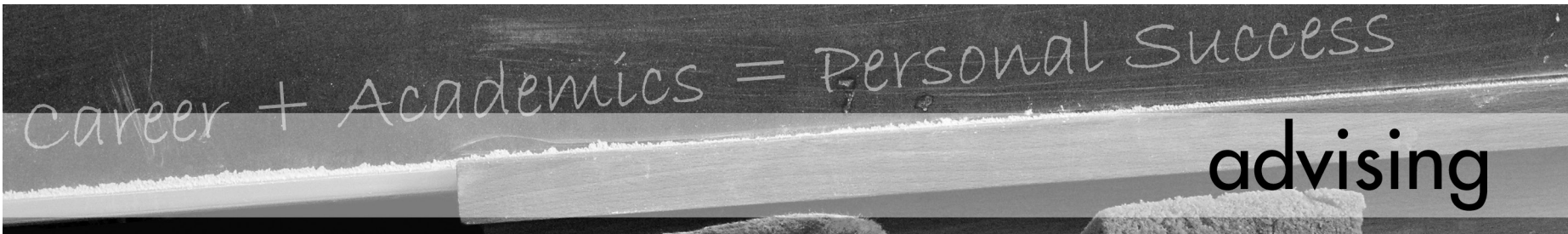
Monday & Tuesday, January 23rd & 24th, 8:00pm at the QCC Gym

For more information contact: Coach Fusaro

Cell: 508-736-6708 or Office: 508-854-4316

E-mail: [mfusaro@qcc.mass.edu](mailto:mfusaro@qcc.mass.edu)





## **Career, Academic, & Personal Success**

*From the Office of Career and Academic Planning (Advising Offices)*

General Advising & Health Career Advising: Room 61A [advising@qcc.mass.edu](mailto:advising@qcc.mass.edu) (508) 854-4308

### **CAPS Staff (Advising & Testing)**

**Maria Addison, Director**  
**Liza Smith, Coordinator**  
**Diane Levinson, Coordinator**  
**Henry Ritter, CAPS Advisor**  
**Martin Muysenberg, CAPS Advisor**  
**Tenisha Mincey, CAPS Advisor**  
**Jennifer Guzman-Gayflor, CAPS Advisor**  
**Ray Lawless, CAPS Advisor**

**Lamont Slater, Assessment Specialist**  
**John Mitchell, Assessment Specialist**  
**Ruth Cole, Front Desk Staff**  
**Linda Brunell, Front Desk Staff**

In addition to the full-time staff listed above, over 25 part-time advisors, testing proctors, and clerical staff also assist students with advising and testing needs.

### **Computer Information Systems: Database Option**

Do you like working with computers? Do you have strong problem-solving, analytical and communication skills? Are you able to multitask and pay close attention to detail? If you answered yes to any of these questions then a career in database administration and development may be for you. The **Database Option** provides students with a basic foundation of database technologies. For many organizations, database systems are the most business-critical component of their information technology infrastructure. Databases drive accounting, human resources, inventory, sales and other key operations. Qualified database professionals are in great demand to utilize, design, maintain and secure these systems for maximum efficiency and competitiveness.

#### **Mean Wage in Massachusetts**

Database Administrator - \$69,740 (annually)

**For more career information visit the following websites.**

[www.bls.gov](http://www.bls.gov)  
[www.masscis.intocareers.org](http://www.masscis.intocareers.org)

#### **Did You Know...?**

- Employment of database administrators is expected to grow by 20 percent from 2008 to 2018, much faster than the average.
- The rapid changes in our Information Technology world and the utilization of computers in every aspect of business and industry have created an increasing demand for trained personnel in all areas of computer applications.
- QCC offers a certificate in the Database Option in addition to the Associate in Science degree.

#### **Professional Organizations**

- Association for Computing Machinery (ACM): <http://computingcareers.acm.org>
- National Workforce Center for Emerging Technologies: <http://www.cs.washington.edu/WhyCSE>
- National Center for Women and Information Technology: <http://www.newit.org>

Sources: Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook, 2010-11 Edition*, Computer Network, Systems, and Database Administrators, on the Internet at <http://www.bls.gov/oco/ocos305.htm> (visited November 07, 2011). Quinsigamond Community College at <http://www.qcc.edu>

### **Important Information for Students**

Registration for Intersession and Spring 2012 is underway!  
*Have you seen your assigned academic advisor yet?*

#### **Dates to Remember:**

**Tues. December 20** – Last Day of Classes/Exams

**Tues. January 3** - Intersession 2012 begins

**Tues. January 17** - Spring 2012 classes begins

**Tues. January 17** thru **Tues. January 24** is the Drop/Add Period

**Wed. January 25** the Withdrawal Period begins.

**Remember to contact your assigned advisor**  
**should you have any academic issues.**

#### **Map Out Your Success!**

##### **Prepare for your academic advising appointment!**

1. Know your assigned advisor.
2. Make an appointment at [www.qcc.edu/advising.html](http://www.qcc.edu/advising.html) if assigned to the Advising Center, otherwise, contact your assigned advisor and make an appointment.
3. Write down any questions you may have.
4. Review your degree audit and discuss the courses you need.

##### **Contact us to:**

- Create a career plan.
- Attend a career planning session (Dec. 7<sup>th</sup> 9-11am); to sign up call 508-854-4308.  
<http://www.qcc.edu/images/capsession.pdf>
- Discuss your goals (educational and career) with an advisor.



# Transfer MORE credits

from your QCC program into a Bachelor's through  
Continuing & Career Education at Assumption

See the QCC Transfer Office for details about the generous transfer credit policy at Assumption College.  
We apply up to 75 credits to your Bachelor's degree –15 credits more than most other colleges!

### QCC Associates' Programs transfer into

- Human Services ----->
- Applied Arts (AS) ----->
- Automotive Technology (AAS) ----->
- Basic Engineering (AS) ----->
- Computer Information Systems (AS) ----->
- Computer Science-Transfer (AS) ----->
- Computer Systems Engineering Technology (AS) ----->
- Electromechanical Technology (AS) ----->
- Electronics Technology (AS) ----->
- Manufacturing Technology (AS) ----->
- Telecommunications Technology (AAS) ----->
- Telecommunications Technology-Corporate (AAS; Verizon ) ----->
- Business Administration-Transfer (AS) ----->
- Business Administration-Career (AS) ----->
- Hotel & Restaurant Management (AS) ----->
- Business Administration-Transfer (AS) ----->
- Business Administration-Career (AS) ----->
- Computer Information Systems: Database Option ----->
- Computer Information Systems: Web Development Option ----->
- Hotel and Restaurant Management (Foodservice Mgmt. Option) ----->
- Hotel and Restaurant Management (Hospitality Mgmt. Option) ----->

### Assumption College Bachelors' Programs

**Bachelor of Arts in Human Services and Rehabilitation Studies**

**Bachelor of Science in Social Science OR Bachelor of Arts in Humanities**

#### Social Science concentrations

- Anthropology
- Criminal Justice
- Human Services & Rehabilitation Studies
- Political Science
- Psychology
- Social Science
- Sociology
- Designer

#### Humanities concentrations

- English
- History
- Humanities (Art, Music, Foreign Language)
- Literature
- Philosophy
- Theology
- Designer

**Bachelor of Business Administration**

**Bachelor of Business Administration**

**Bachelor of Business Administration-Designer Concentration**

**Bachelor of Business Administration-Designer Concentration**

**Bachelor of Business Administration-Designer Concentration**

**Bachelor of Business Administration-Designer Concentration**

Learn why former QCC students say  
**"Assumption was the best transfer school for me!"**  
See back cover of this publication.

• **Transfer up to 75 credits – saves money and quickens your graduation**

(See ad in Transfer Section of this publication for details)

• **Small class size, individual attention!**

• **Personal academic advising!**

• **Personal career advising!**

• **Private college education and service!**

**Incomparable value - lower cost to attend than a state college!**

3-CREDIT COURSE	Local State College	Assumption College
Tuition	\$121.26	\$885.00
Administrative Fees	\$736.74	\$20.00
Capital Improvement Fee	\$49.50	None
Health, Activity, & Tech Fees	\$49.11	None
Parking Fee	\$72.00	FREE Parking
Total: \$1028.61		Total: \$905.00

**Call today to schedule  
an appointment with an  
academic counselor  
and/or career advisor:  
508-767-7364**

*Go Places.*  
www.assumption.edu /cce







# Transfer News

## Last chance: hoping to transfer in january?

This is very last minute, but there still may be time. Follow these steps quickly:

1. Go to the website(s) of college(s) you're interested in.
2. Look for transfer application deadline to confirm that there's still time to apply
3. Read all the transfer admissions information at that site and follow all of the directions...immediately!
4. Fill out and send in completed application
  - Send QCC transcripts (and high school transcripts if required)
  - Send any other required documents (essay/recommendations right away)
5. Be sure to send final official QCC transcripts at the end of the semester. Request these at the Student Payment Center, Room 65A, Administration building.

Good luck!



Dan de la Torre & Kim Coggans

### QCC Transfer Resources

- QCC Transfer Office Website, <http://www.qcc.mass.edu/transfer/>
- Transfer Resource Library, Room 58 in the Administration Building
- Transfer information and appointments: call 508-854-4404, or email [transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)

# Transfer News January 2012

If you're new to QCC, welcome! And if you're a returning student, welcome back for the spring semester! For many students, this is their LAST semester and they are looking forward to "life after QCC."

If this is **your first semester**, it is not too early to start learning about transfer. There are various resources and activities that you can take advantage of to get started—these are listed below.

If this is **your final semester**, and you plan to continue for a Bachelor's degree, NOW IS THE TIME to begin the transfer process. In either case, here are some spring semester transfer activities to plan to attend:

## WITS—Walk-In Transfer Sessions

"How do I transfer?" "What are the transfer admissions requirements?" "How will my courses be accepted?"—these are common questions students ask when they are thinking of transferring. WITS sessions are the recommended first step for students to learn about transfer and to get answers to questions. Look in the February Open Door issue for dates and times.

## Campus Visits

All semester long, local and regional colleges come to campus to meet with students and talk about transfer. Bring your QCC transcripts to these visits to learn how courses will be accepted. Look for flyers with details all over campus, at the events calendar at the The Q portal, and under "Transfer Events" at the Transfer Office website.

## Spring Transfer Fair

Over 25 colleges and universities will be campus to meet with students. This is a great opportunity to check out different schools--local favorites and new possibilities. Look for posters around campus and details in Next month's Open Door.

## Help yourself get started by checking out these transfer resources.

- The QCC Transfer Office website: <http://www.qcc.mass.edu/transfer> Search for colleges, identify QCC courses that are accepted at other schools, and look up scholarship and financial information.
- QCC Transfer Office, Room 58A, lower level of Administration Bldg. Here's what you can find there:
  - College Information—applications, catalogs, and related materials
  - Transfer Guides
  - Scholarship binder and applications
  - Internet-accessible computer to do research on colleges, careers, and scholarships.
- Need an appointment? Students can book individual appointments at the transfer office website: <http://www.qcc.mass.edu/transfer/>.

## January Off—Campus Events

Salem State University, Salem, MA, Open House, Sunday, January 29, 2012, 10:00 a.m., Mainstage Theatre. For more information, go to [www.salemstate.edu/admissions/visit](http://www.salemstate.edu/admissions/visit).

Get the latest Transfer News every month in  
*The Open Door* or online on *The Q* under "Campus Life."



# QCC Diversity Caucus seeks student, staff survey participation

By Gaelan Lee Benway, Ph.D., Interim Chair, QCC Diversity Caucus

Are you curious about individuals of diverse backgrounds at QCC and in our community?

Do you ever think about what it would be like to have a place at QCC where you could find resources and information about all varieties of diversity?

Ever wish there were resources available to help you complete a research project or explore a career with an eye to the diversities of race, ethnicity, religion, (dis)ability, gender, sexuality, class, etc.?

Would you use a calendar of multicultural listings in our area?

Are you looking for ways to get involved?

We all know times are tough, including in public higher education. But tough times can't keep intrepid

community college professionals down. We may not be able to build a multicultural resource center with bricks and mortar. But the QCC Diversity Caucus, a staff and faculty organization devoted to issues of diversity and multiculturalism here at QCC and beyond, hopes to make a multicultural center at QCC a reality. A virtual reality!

The QCC Diversity Caucus plans to develop a Virtual Multicultural Center. This student center will exist exclusively online and will be easily accessible from QCC's website and The Q. Our hope is that the Virtual Multicultural Center will be a dynamic resource and community-building tool for all of QCC's community. We intend to reflect, explore, and celebrate a broad spectrum of diversities, including age, race, gender, ability, religious convictions, socio-economic status, ethnic heritage, and sexual orientation.

We want to know what you would look for in a student center that explores and celebrates all varieties of diversity within our college community and beyond. So we've constructed a survey, soon to be available to you via The Q and other avenues. To make QCC's Virtual Multicultural Center the most exciting, interesting, and useful resource it can be, we need you to help us think about what elements the Multicultural Center needs.

Watch for the Virtual Multicultural Center survey announcements and let us know! Take a ten-minute study break with the Virtual Multicultural Center survey and help make a positive change here at QCC.

The Diversity Caucus thanks you very much in advance for taking the time to offer your feedback. Results of this poll will be available during spring semester, 2012.

## Campus hours during Interessionion

Interessionion Classes begin Tuesday, January 3 and end Friday, January 13

Fuller Student Center	HLC	Bookstore	Cafeteria	Athletic Center
Monday-Thursday 8:30 am – 4:30 pm	Closed 1/2/2012 and MLK Jr. Day	Interessionion books available January 3	7:30am - 1:30pm	Monday-Friday 7:30am-9pm
Friday – 8:30 am-4 pm	Mon-Thursday 8am-7pm, Friday 8am-5pm	Monday-Thursday 8am-4pm and Friday 8am-3pm	Breakfast: 7:30am – 10:15am	Saturday 9am-2pm
	Closed Saturday and Sunday		Lunch: 10:30am – 1:30pm	
			Grill Closes at 1:15pm	
			Deli Closes at 1:30pm	
			The HLC Café will be closed during interessionion, from 12/15/2011 to the first day of classes 1/3/2012.	



Quinsigamond Children's School offers to young children (2 years, 9 months to 5 years of age) a program that fosters appreciation of self, others, and the world around them. It promotes self motivated learning through discovery and hands-on involvement with the environment. Emphasis is placed on meeting individual needs while encouraging respect for others.

Now open to 5 pm  
FOR THE  
FULL YEAR!



Hours			
Classroom I:	Mon/Wed/Fri	7:15 am- 5:15 pm	
	Tues/Thurs	8:30 am- 3:30 pm	
Classroom II:	Mon-Fri	7:15 am - 5:15 pm	
	Mon/Wed/Fri	7:15 am - 5:15 pm	
	Tues/Thurs	7:15 am - 5:15 pm	



For further information please contact:  
janel@qcc.mass.edu or you  
may call 508.854.4220

570 West Boylston Street, Worcester, MA 01606

Accredited by: NAEYC

# BOOK STORE

December 7th from 11am – 2pm we will have our Holiday Open House...with a sale on holiday merchandise.

The End of Semester Buyback dates are:

**Wednesday Dec. 14th – Friday 16th 10am – 2pm**  
**Monday Dec. 19th 10am – 2pm**  
**Tuesday Dec. 20th 10am – 6pm**  
**Wednesday Dec. 21st 10am – 2pm**

Interessionion textbooks available in store and online the first day of classes...January 3rd.

Spring textbooks available in store and online Monday January 9th.





# records & registration

## Key Dates and Deadlines

Fall semester grades should be available for viewing on the Q (Student Portal) on 12/23/11. Make sure you have a user name and password for the Q to access your grades. If you lost yours, drop by the Registrar’s Office with a photo id and we can print it for you.

If a class does not fit exactly into one of these time periods, it usually meets at the closest time period. However there are a few exceptions. **So check with your instructor or on the full schedule at the Registrar’s Office Room 152A.**

**Thursday, January 3. Intercession Classes begin.** Intercession is a great opportunity to catch up or get ahead on the number of credits you need to graduate. Intercession ends January 13.

**Monday, January 16 is the Martin Luther King Day Holiday.** No Classes.

**January 3 is the only day for Add/Drop during Intercession.** In short sessions, it’s vital to make course change decisions quickly.

**Will you be finishing your degree or certificate in May or summer?** If

so, you should already have filed your Intent to Graduate form (available in the Student Payment Center). If not, do it right away. We don’t know if you plan to graduate unless you tell us. Once you do file, we perform a final audit of your records to make sure all your degree requirements are met and notify you if any remain. We also can order your diploma making sure your name will read exactly the way you want. If your middle name is say, Percival, and you’d rather have your middle initial printed, this is how we know your preference. If you wait too long we won’t have time to clear

you for graduation and order your diploma. You worked hard to earn your degree or certificate, don’t let red tape trip you up now. NOTE: the Board of Trustees eliminated the graduation fee a few years ago. There is no cost to file for graduation.

**Have you registered for Spring 2011 semester?** If not, act now! The longer you wait the harder it is to find seats in the classes you want and arrange a convenient schedule. Payment for spring courses is not due until January 5th.

## Final Exam Period For Day Classes Dec 14th - 20th

Date of Exam	Exam Time	Classes That Meet On
Wed. 12/14	09:00 – 11:00	MWF 09:00
Wed. 12/14	11:30 – 01:30	MWF 11:00
Wed. 12/14	02:00 – 04:00	MWF 01:00
Thurs. 12/15	09:00 – 11:00	TR 09:30
Thurs. 12/15	11:30 – 01:30	TR 12:30
Thurs. 12/15	02:00 – 04:00	MWF 12:00
Fri. 12/16	09:00 – 11:00	TR 08:00
Fri. 12/16	11:30 – 01:30	MWF 10:00
Fri. 12/16	02:00 – 04:00	MWF 02:00
Mon. 12/19	09:00 – 11:00	MWF 08:00
Mon. 12/19	11:30 – 01:30	TR 11:00
Mon. 12/19	02:00 – 04:00	MWF 03:00
Tues. 12/20	11:30 – 01:30	TR 02:00
Tues. 12/20	02:00 – 04:00	TR 03:30



# veteran's corner

## Veteran's News

### New Web site up and running.

Yes, we heard your suggestions and finally have a web site. Yup, we are entering the 21st Century kicking and screaming. Check it out on the Q, under Student Services, Veteran's Services. Don't forget to submit a Veterans Pre-reg doc to Holly or Dan each semester. It's on the site available for download, and printing. It's not an interactive form, we aren't that modern yet!

### Break pay is now dead.

Previously, veterans got paid over short semester breaks like intersession. That has changed. If you are not registered during intersession, you do not get paid.

### Watch out for X grades.

When an instructor feels s/he has inadequate basis upon which to assign a grade, s/he may assign the grade of X. The VA interprets this as walking away from the course. As you know the VA is not the same as the military, but they have many of the same attitudes. If you hit a brick wall (or Economics), fail, then pick yourself up and get over the wall (or pass Econ) the second time, that is respected. Just giving up however is a big problem. In most cases the VA will pay for one failed course. If you walk away, they will demand repayment. An X will be considered a walk away. Sometimes instructors try to do a struggling student a favor by assigning an X instead of an F. The X does not affect the student's CGPA. Keep an eye out for this. The instructor does not know your veteran's status nor how an X impacts payment.

## Veteran's Question of the Month

**Question:** Recently my Reserve Command issued a notice to be prepared for mobilization within 24 hours. I spent the next 23 hour swearing and moaning, then the Command notified us to stand down. There would be no mobilization this time. Man, I had 4 years of miserable duty, and now I'm trying to get on with my life. I have two years left subject to recall. What happens if I get called up during a semester? Do I flunk my courses? Do I have to pay back my GI Bill benefits?

**Answer:** QCC adheres to the Department of Higher Education policy:

### MASSACHUSETTS PUBLIC COLLEGES AND UNIVERSITIES POLICY ON STUDENTS WHO ARE CALLED TO ACTIVE MILITARY DUTY

1. Students who are unable to complete a semester because they are called to active United States Military Duty shall, upon verification, be granted the option of a refund or credit of tuition and campus fees. With respect to any health insurance fee, the refund policy is subject to the concurrence of the institution's insurance carrier.
2. Any students who have received any form of Financial Aid, including a full or partial scholarship, or student loan, or who expect to receive such, should contact the Financial Aid Office at their respective institution to make appropriate arrangements.
3. Students shall receive non-punitive withdrawals in all courses from which they are required to withdraw.
4. Verification shall be provided by furnishing the Associate Dean of Enrollment and Student Services/Registrar or the Vice President of Enrollment and Student Services with a copy of the Order to Active Duty within one week (7 days) of receipt of the Order. If the Order is not in writing, the student may sign an affidavit attesting to such Order, which includes an address or telephone number where the institution can verify the Order and furnish the affidavit to the Associate Dean of Enrollment and Student Services/Registrar or the Vice President of Enrollment and Student Services within one week (7 days) of receipt of the Order.
5. The institution's President may waive or suspend any institutional policy or regulation that negatively impacts students in their withdrawal or subsequent readmission to the institution, due to a call to active duty.
6. The institution, upon request of a student, should assist the student in filing mitigating circumstances forms with external State or Federal agencies (for example, Veterans Affairs) in an attempt to prevent overpayment charges being made against the student.
7. Any student required to withdraw due to being called to active duty shall be given priority in enrollment in the program of his or her choice, upon return to the institution for the two semesters immediately following his or her discharge from active duty.

Regarding the VA payment, note item 6 above. Students who withdraw from college obviously are not entitled to VA educational benefits after the withdrawal date. In fact, once on active duty, you cannot be paid by another federal agency (double dipping). Historically, the VA has always considered involuntary orders to active duty of be a "mitigating circumstance" and not attempted to recover money paid before the withdrawal date.

In short, when you get orders, give us a copy ASAP.

Are you a Veteran, Reservist or  
National Guard member and want to  
know about benefits? Contact Holly  
508.854.4270 or Dan 508.854.4277.  
Or drop by Room 152A.

## Nursing Tutor is Available Now

**Linda Shubert, RN**

will be available every

**Tuesday and Wednesday**  
**from 9 am to 2 pm**  
**in the ILC**  
**Room 205 HLC**



**FREE for all levels of nursing**



# You're A Star

This year's *You're A Star* program was held on Wednesday, November 9th to honor QCC male students for their accomplishments, good character and skills. Each year outstanding students are nominated by faculty and staff who deserve

recognition for distinguishing themselves, overcoming great odds, and for making a difference. There were 30 nominees who along with their sponsors and invited guests made for a packed house

and a beautiful event. Pat Toney, Vice President of Academic Affairs and Steve Sullivan, Vice President of Enrollment & Student Services presented the nominees with their awards. A special thank you goes to Karen Cox, Donna Harvey, Jane

Pickett, Sue Suchocki and QCC Institutional Communications for all that they do to make this event a success. Congratulations to all!



*This year's stars:*

Akeyo, Daniel  
Aponte, Osvaldo R.  
Berard, Justin  
Boddy, Max  
Bonsu, Alex Osei  
Bosse, Thomas  
Carrasquillo, Jose

Colon, Nelson  
Colon, Ruben  
El-Rifai, Mahmoud  
Ethier, Kevin M.  
Geneva, Joseph  
Hadge, Ronald F.  
Hall, Jeffrey R.  
Harris, Dennis

Holland, Todd L.  
Jung, Juyub  
Kapinova, Armand  
Lund, Andrew R.  
Mentzer, Eric  
Nester, James  
Njogu, Kevin  
Nguyen, Kenny

Offei, Samuel B.  
Pacenka, Joseph J.  
Preston, III, Lawrence  
Smith, Michael  
Tautenhan III, John E.  
Van Hoof, Michael R.  
Wiesman, Michael C.

The February  
edition of the  
Open Door will  
be on stands  
February 2<sup>nd</sup>

Earn \$75  
Become a Notetaker

Disability Services  
wants to pay you

\$75

for a copy of notes you  
take in your classes for  
Spring Semester  
2012

For more information on  
becoming an  
"In-Class" Notetaker  
contact:

Disability Services  
508-854-4471  
Room 246 A  
disabilityservices@qcc.mass.edu



# My view of QCC

By Cindy Vassar

Quinsigamond Community College is a unique school that has a lot to offer its current and future students. Walking around the campus you see an array of students, from the kids just out of high school, to the single moms, to the grandfather who always wanted his college degree. Though we all come from different backgrounds, we all have that common goal to further educate ourselves for various reasons. Quinsigamond not only offers a great education but also offers students better health, fun times, and the tools to succeed.

Quinsigamond has great programs when it comes to keeping its students healthy. For instance, the Athletic Center is filled with exercise equipment similar to what you would find in any health club. The center even offers great group activities such as yoga and cycling, all free of charge to students. Another service offered to keep students healthy is the flu shot. Every year students are given the option to have this shot free of charge. You will also find dental services on campus where students are able to receive certain services such as teeth whitening or x-rays performed at a fraction of the cost it might normally cost at a regular dental

office. This service is great for those with no dental insurance. Taking part in these programs can lead to a healthier body which in turn leads to a healthier mind.

College is a place to learn but it's also a place to meet new friends and have fun. Quinsigamond offers a variety of clubs and organizations to suit the interests of different students. For example, if you enjoy chess, you may want to join the chess club. If you enjoy theater, there is a club as well. Joining clubs is a great way to meet new people who share a common interest. You will also find fun filled events such as QCC's Got Talent, a talent show where students can display their talents or cheer on other performing acts. If you love sports, why not try out for the QCC basketball team or join the hikers club. Quinsigamond understands the importance of having fun while bringing its students together.

College life can be challenging to those with disabilities, but Quinsigamond provides great services to meet each individual's needs. I personally have a few limitations including

arthritis in my knees. When I had to take my placement test at the school, a gentleman from disability services sat with me in a private room so I would be able to get up and walk around a bit during the test if needed to. That was a great help to me. Disability Services can also help those who have limited vision by providing recorded textbooks and personal readers. For those that are hearing impaired, QCC's Disability Services bridges the communication gap by providing interpreters of American Sign Language. No matter what your disability, you can still achieve success at Quinsigamond Community College.

The teachers, faculty, staff and students at Quinsigamond Community College all work together to make Quinsigamond the great college that it is. No matter what your limitation, age or situation, they go above and beyond to help you make the dream of getting a college degree a reality. It may not be the biggest, well known school in Massachusetts, but it's a united school and a fun school. I'm proud to be a student at Quinsigamond Community College.


## THE BREW

The Qbrew will be open on Saturdays starting October 22nd 2011 in the Surprenant Hall from 8:00am to 11:30am!

*Come and Enjoy our Coffee, Tea, Breakfast Pastries, and more!*

Please Support QCC Clubs: Support the Q Brew!

The Qbrew is sponsored by:  
The QCC Business & Entrepreneurship Club



### The QCC Alumni Association Presents: Annual Holiday Bake-Off

All Faculty, Staff and Students are invited to prepare their favorite holiday baked goods recipe and enter it in our Annual Holiday Bake-Off Contest. *Homemade baked goods only for entries.*

For those of you who do not wish to enter the contest, we welcome baked goods for the Bake Sale Table. On the day of the event, an entry fee of \$2.00 for staff and faculty and \$1.00 for students and seniors enables you to taste one sample from as many baked goods as you wish and to cast your vote for the BEST BAKED GOODS in each category.\*

Pies/Trifles	Cakes/Breads/Brownies
Bars/Cookies/Candy	Sugar Free

There will be three winners: Blue Ribbon, Red Ribbon, Yellow Ribbon, along with a prize in each of the four categories.\*

There will be raffle prizes.

Friday, December 12, 2011  
Room 107A  
11AM-2PM

To enter check category and tear off!

Contest \_\_\_\_\_

Bake Table \_\_\_\_\_

Name \_\_\_\_\_

Baked Goods \_\_\_\_\_

Telephone \_\_\_\_\_

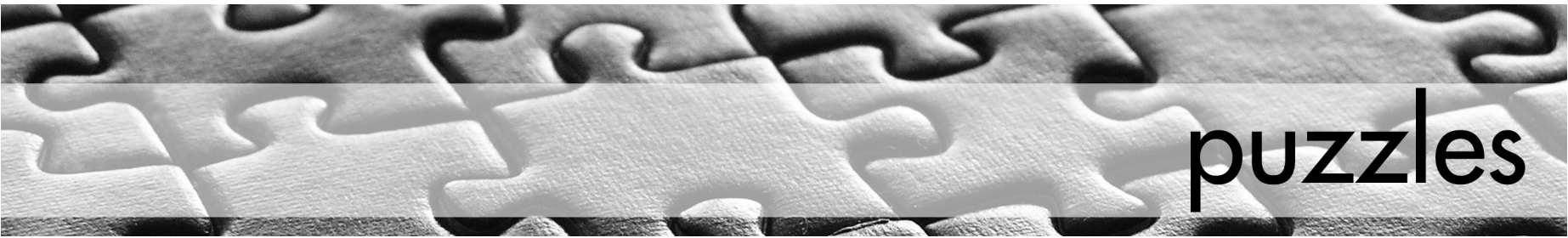
Please return to Box #308, or bring to Room 119A  
Deadline date: Friday, December 2, 2011

### A great way to kick off the holiday season!

Hosted by the QCC Alumni Association and Holiday Bake-Off Committee

\*Categories subject to change based on entries!





# puzzles

To celebrate Chinese New Year this January, the above paper lantern word seek contains all of the following words. Find them to solve this puzzle.

abacus	dragon	gift	monkey	sheep
ancestors	dumplings	gunpowder	moon	snake
bamboo	eggroll	horse	noodles	soy
boar	emperor	jade	ox	springroll
buddha	fans	kite	panda	teapot
calendar	festival	lantern	pekingduck	tet
chi	fish	liondance	rabbit	tiger
chop sticks	firecrackers	lomein	rat	wok
compass	fortune	luck	red	wonton
dimsum	friedrice	lunar	rooster	
dog	garden	lychee	scroll	

Solve the Puzzle to welcome the year of the Dragon!



# Training and Education Center

The QCC Training & Education Center has MOVED! We are now located at 280 May Street in Worcester. There is FREE parking across from our building on Chandler Street. You can enter through either the May Street or Chandler Street door.

Our spring 2012 courses will include:

- \*NEW\* Veterinary Assistant
- \*NEW\* Ophthalmic Medical Assistant
- TEAS Review Classes
- Medical Transcription (online)
- Medical Coding and Billing (online)
- Medical Administrative Assistant
- Administrative Assistant
- Personal Care Assistant
- Nurse Assistant Training/Home Health Aide
- Sterile Processing Technician
- Laboratory Animal Technician Training
- Reiki I & II
- Pharmacy Technician
- Phlebotomy/EKG Technician

Make sure to check out our catalog and website for a full list of spring courses!

Please contact the Training & Education Center for more information: 508.751.7900, [cce@qcc.mass.edu](mailto:cce@qcc.mass.edu) <http://cce.qcc.mass.edu>

# QCC Career Placement Services announces the Wyvern JobNet, our new online job board!

We are excited to announce the launch of career service’s new online job board, the Wyvern JobNet, at <https://myinterfase.com/qcc/student/>. Created with you in mind, this new site will help you find great jobs, co-ops, service learning and volunteer opportunities by enabling you to:

- Maintain an online Personal Calendar
- Manage multiple resumes, cover letters, and other employment related documents
- Search for and apply for job opportunities online
- View upcoming career events
- Much more!

This new service is available now so please contact us with any questions or register and begin using the new system today! Students who already have an account on our old job board may login to the new system using the same username and password.



Career Placement Services  
Room 272A  
(508) 854-4439  
[careerservices@qcc.mass.edu](mailto:careerservices@qcc.mass.edu)



# QCC Strategic Plan Update

In an effort to connect our students to the overall strategic direction and initiatives at QCC, I am pleased to bring you this Strategic Planning update.

As many of you are aware, in 2010, QCC announced the creation of a new five-year strategic plan, “Pathway to a New Prosperity.” Its aim is to help QCC be more student-centered and focused on meeting your needs as current students and future graduates. Three Strategic Action Teams are in place and currently researching initiatives and new programs. The

following are a few of the areas each team is exploring:

Entry Team: early college & career access; special populations on campus, including veterans; new site enrollment plans; and incoming student experiences.

Program Team: academic program review; the impact of programming on space and other aspects of QCC; innovation in teaching; service learning; and technology in the classroom.

Persistence Team: alternative delivery

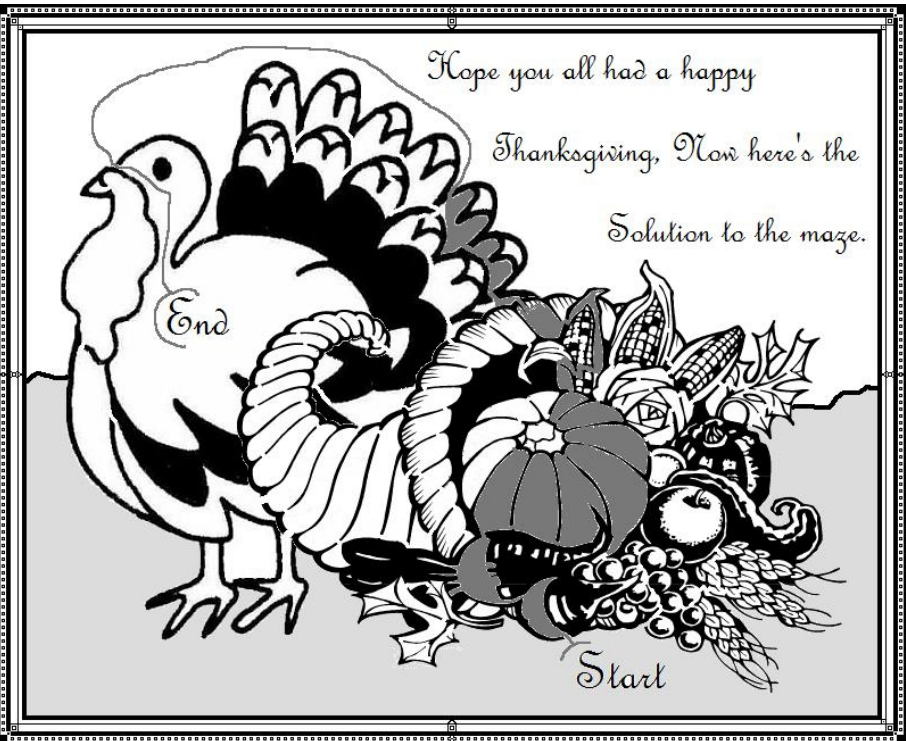
for developmental education; ESL, dual language, etc.; and, academic and non-academic support for students.

The three teams are working collaboratively with staff and faculty across campus with the primary aim of helping to improve student success. A number of projects are underway toward that end, including English and math boot camps and service learning initiatives.

We currently have one student representative on the Persistence Team, but welcome student

involvement on the other teams! Please contact Institutional Research and Planning at the email or number below to hear more about contributing to strategic planning as a student representative! You can share your ideas or offer assistance in potential future focus groups and research. Your feedback and involvement is important!

Meredith Galena, Communications and Research Associate at the Office of Institutional Research and Planning, Phone: 508-854-7498, [mgalena@qcc.mass.edu](mailto:mgalena@qcc.mass.edu)



# Solution to last month’s puzzle.



# "Assumption was a better value."

An Assumption degree for LESS THAN a public college price, through Continuing & Career Education!

*"After attending Fitchburg State and QCC, I transferred 72 credits into Assumption's Bachelor of Social Sciences program. I found that Assumption was a better value than the other 4-year college I considered."*

Assumption fits my needs and aspirations in many ways: course offerings are flexible, with all classes held at night or online. The 6:30-9pm classes fit my full-time work schedule perfectly, and the accelerated and online classes will help me graduate sooner. I'm very happy that I chose Assumption."

**-Derly Benitez**

Bachelor of Social Sciences degree candidate,  
Assumption College  
Future plans: Law School



- **Transfer up to 75 credits – saves money and helps you graduate sooner**

*(See ad in Transfer Section of this publication for details)*

- **Small class size, individual attention!**
- **Personal academic advising!**
- **Personal career advising!**
- **Private college education and service!**

**Incomparable value - lower cost to attend than a state college!**

3-CREDIT COURSE	Local State College	Assumption College
Tuition	\$121.26	\$885.00
Administrative Fees	\$736.74	\$20.00
Capital Improvement Fee	\$49.50	None
Health, Activity, & Tech Fees	\$49.11	None
Parking Fee	\$72.00	FREE Parking
Total: \$1028.61		Total: \$905.00

Call today to schedule  
an appointment with  
an academic counselor  
and/or career advisor:  
**508-767-7364**

*Go Places.*  
[www.assumption.edu/cce](http://www.assumption.edu/cce)



Assumption College 500 Salisbury Street, Worcester, MA 01609 Email: [goplaces@assumption.edu](mailto:goplaces@assumption.edu) Phone: 508-767-7364 / 888-882-7786