

October 2019

THE OPEN DOOR

QCC's Student Newspaper

PRESIDENT'S MESSAGE



Dr. Luis G. Pedraja

We are now one month into the fall semester and classes are in full swing. Hopefully, you are enjoying your classes, keeping up with your work, and making new friends – all of which will help you succeed and build your support network. Every semester brings its own challenges, whether it is juggling work and school, family obligations, stress, financial challenges, or all of the above (no, this is not a multiple-choice test). You might feel overwhelmed, but you are not alone. Recent research shows that over 30% of community college students go to class hungry or struggle to put food on their table. Another 11-15% are dealing with homelessness. Our own internal surveys show that those numbers are higher here at QCC, but you are part of our family now and we are here to help through our food pantry, counseling, various assistance programs and student resource services. We will do everything in our power to help you succeed. Whatever the challenge that you face, it is important for you to know that you are not alone and that you can count on us to help. Don't question whether you belong in college or doubt yourself. Instead, take pride that you are doing something to change your life and that, in spite of the challenges, you are showing up because you know that knowledge is power. You are amazing because you are doing it in spite of the challenges that you might face. Believe in yourself and keep at it!

I also encourage you to take advantage of all of the opportunities available to you at the college and do not be afraid to ask for help. Your teachers want you to succeed. So if you are struggling in a class, don't be afraid to reach out to them and seek their advice. Become familiar with STARFISH. It can be a lifeline that will connect you with your professors, advisors, tutors and other services that you might need. Visit the library. The library staff can help you learn how to use their resources and conduct research. Visit our free tutoring services if you need help with a subject. Take advantage of our mentoring programs. Work, finances, and life can get in the way, but we have the support structures to assist you. If you have any difficulties, whether they are academic or personal, talk to your professors and instructors. We can work with you and help you find a solution.

As the first in my family to attend college and a minority, non-native English speaker, who grew up in a low-income household, I often wondered if I was "college material." However, I quickly realized that most of my fears were unfounded and that by enrolling in college I had already proven that I was "college material."

Continued on Page 2

QCC Mentoring: Making Connections, Building Community



Gabe Santner, Director of Mentoring for Perkins Programs and **Jennifer Bemis**, QCC Mentoring Student Outreach Specialist

If you are not sure where to connect or find resources on campus, QCC Mentoring can help.

QCC Mentoring is a college wide program, open to any student. We connect students with a one on one mentor for the academic year, focused on academic, personal and professional goals. We started QCC Mentoring in the fall of 2018, and since then have served over 150 students, working with over 120 mentors. If you sign up for the program, we will find a mentor to work with you in the academic or professional area you are interested in, and guide you through the mentorship process.

Having a mentor can provide many benefits. First, it is always nice to have someone check in on you. College can be difficult, and sometimes we are not good at asking for help. When you have a mentor, this person will meet with you once a month, and can help you with any issue you are having at QCC. Mentors are nonjudgmental, and their only job is to support you!

Mentors can also provide professional guidance and connections, to help jumpstart your career while you are a college student. Mentors can help you make the right professional decisions, practice your communication skills, and may even be able to help you find internships or other work experiences. Sometimes students may have a general idea of what career you want to go into,

but you aren't sure which specific job you'd like. A mentor can show you several examples of a career path, and you can learn from their professional journey.

Mentors will help connect you with important academic resources while you are here at QCC. Not sure what to do if you get a bad grade? You can ask your mentor, who will talk through the issue with you, and help you come to the best course of action. Mentors have been trained on the many offices and resources available at QCC, and they can guide you toward the most helpful places you will find support.

Finally, when you sign up for QCC Mentoring, you are joining a community of students and mentors. We host many community events throughout the year, including tours of local companies, workshops that help you succeed at QCC, networking events, and social gatherings. This is a great way to meet fellow students, and connect with mentors from 30 different companies throughout Central Massachusetts.

We hope you sign up for QCC Mentoring today. The sooner you sign up, the more likely it is you will be matched with a mentor for the fall semester. You can fill out a 10 minute application at: www.qcc.edu/mentoring.

We look forward to hearing from you.

President's Message continued

My biggest obstacles to success were not the rigorous curriculum, challenging teachers, or difficult tests. My biggest obstacle was my self-doubt. Most research studies indicate that all college students struggle at some point in their first year in college. However, those with self-doubt, who wonder if they belong in college, tend to give up at a higher rate. So as you approach midterms and the demands of life, both on and off-campus, and they begin to overwhelm you, the best advice that I can give is simply this: you belong here. Of course, you will need to study, manage your time, and make some sacrifices, but you can do it! Believe in yourself! You are already half-way there!

While I might not have the opportunity to meet all of you, please know that I am available to you and committed to your long-term success. Don't hesitate to come by my office or to chat with me in the halls. Throughout the year, I will host "pizza with the president" get-togethers to meet with students and learn more about you. Take advantage of these opportunities and others. It is important for your voice to be heard.

Keep up the hard work and believe in yourself!



The Open Door

The Open Door is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work.

If you are interested in working on The Open Door, please see Pat Bisha-Valencia, advisor. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email opendoor@qcc.mass.edu or phone 508-854-4285.

- Advisor:

Layout Designer:

Staff Writers:

Entertainment Writer:

Sports Writer:
- Pat Bisha-Valencia

Ashley Blackman

Tyler Wills, Christina Sanders, Randi Thayer

Tomas Montenegro

Bryan Faubert

Table of Contents

Inside the October Issue

CAMPUS MAP.....3

ATHLETIC CENTER.....4

WHAT IS DOMESTIC VIOLENCE.....6

QCC POLICE INFORMER.....7

QUESTION OF THE MONTH.....8

S.H.E.....9

ORIGIN OF HALLOWEEN.....10

ARTS & ENTERTAINMENT.....10

VETERAN AFFAIRS.....12

TRANSFER SERVICES.....13

DISABILITY SERVICES.....14

CAREER SERVICES.....16

ADVISING.....18

TITLE IX.....21

QCC MENTORING.....22

PSI BETA.....23

OCTOBER CALENDER.....24

OPEN DOOR

Issue	On the Stands	Deadline
#3 November	November 1	October 11
#4 Dec/Jan	December 6	November 8
#5 February	February 7	January 10
#6 March	March 6	February 7
#7 April	April 3	March 6
#8 May	May 1	April 3

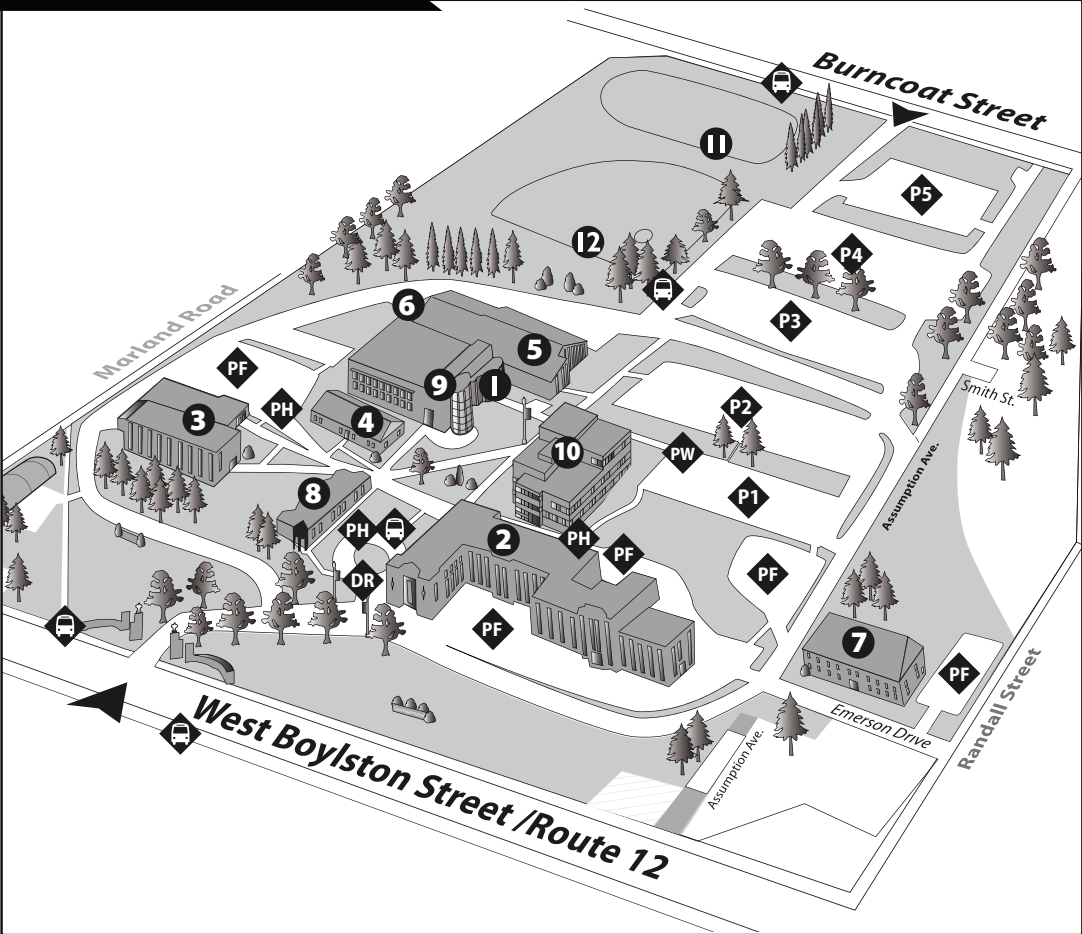
Next Issue: Novemeber 1, 2019



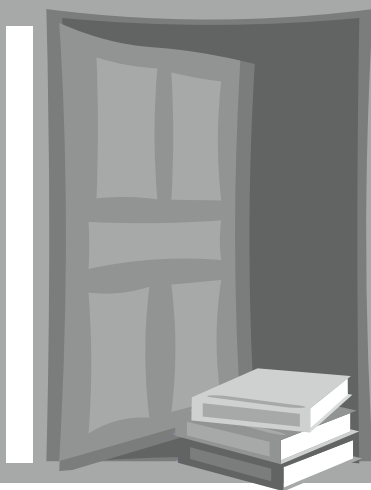
Campus Map

All visitors and those seeking Admissions should start at the Welcome Center

1. Welcome Center		
2. Administration Building (A)		
Lower Level		
Bookstore	Lower Level - A	
Business Office	B07A	
Cafeteria	Lower Level - A	
High School Equivalency Testing	B58A	
I.T. Service Desk	B67A	
First Floor		
Counseling	162A	
Dental Hygiene Clinic	126A	
President's Office	132A	
Registrar	152A	
TRiO Student Support Services	170A	
VP of Academic Affairs	103A	
VP of Strategic Enrollment Management & Student Engagement	133A	
Second Floor		
Disability Services	246A	
Veteran Affairs Office	258A	
Human Resources	222A	
Career Services & Credit for Prior Learning	272A	
Third Floor		
Dean of Students	365A	
Placement Testing & CELSA	376A	
Harrington Academic Computing Center	379A	
Assistant Dean of Students	383A	
3. Surprenant Hall (S)		
Gateway to College Hebert Auditorium		
4. Ahlfors Hall (ALF)		
Office of Distance Learning & Professional Development		
5. Athletic Center (AC)		
Fitness Center Gymnasium Campus Police 136AC		
6. Campus Police 136AC		
7. Child Study Center (CSC)		
8. Fuller Student Center		
Student Life Open Door Newspaper Student Senate		
9. Harrington Learning Center (HLC)		
Second Floor - Student Success Center		
Academic Advising Admissions Financial Aid General Academic Areas Tutoring Center Math Center Transfer Services Writing Center		
Third Floor		
Alden Library		
10. QuEST Center		
11. Athletic Field & Track		
12. Chupka Baseball Field		



Parking		Class Locations - Main Campus			
DR	Drop Off/Pickup	A	Administration Building	HLC	Harrington Learning Center
		ALF	Ahlfors Hall	Q	QuEST Center
PW	Welcome Center Parking	AC	Athletic Center	S	Surprenant Hall
		CSC	Child Study Center		
Off-Campus Class Locations					
P1-5	Student & Visitor Parking	ASSA	QCC at Assabet Valley	D	Healthcare and Workforce Development Center
		BURN	QCC at Burncoat	QSB	QCC Southbridge
PF	Faculty & Staff Parking	BVC	QCC at the Blackstone Valley Education Hub	SRCT	QCC at the Worcester Senior Center
		CWDCE	Center for Workforce Development and Continuing Education		
PH	Handicapped Parking				



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of The Open Door
will be on stands
November 1st.



Athletic Center

Need To Know

(www.qcc.edu/student-life/athletics)
(www.qcc.edu/services/athletic-center)

Athletic Center Hours Starting 9/4:

Monday	8:00am – 4:00pm
Tuesday	8:00am – 7:00pm
Wednesday	8:00am – 4:00pm
Thursday	8:00am – 7:00pm
Friday	8:00am – 4:00pm
Saturday	10:00am – 2:00pm

All offerings and programs are
free for QCC Students, Staff, and
Faculty

Check The Q and posted signs for
fall schedule.



IT'S NEVER TOO LATE TO START THE YEAR HEALTHY

Healthy Goal Setting Tips:

- Start small- don't overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you'll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage your.

Remember the Great feeling you have after you exercise.....

BENEFITS OF EXERCISE

- Reduces & Relieves Stress
- Reduces Cholesterol
- Prevents Osteoporosis
- Helps Prevent Coronary Heart Disease (which is the #1 death rate)
- Weight Maintenance
- Firm & Tone your Body
- Meet New People

Ultimately....You Will Have More ENERGY

The QCC's Athletic Center Program Fitness Classes are Flexible, Fun and FREE program classes designed for you

- Only 45 minutes long
- Come to every class and be challenged
- Come to classes only when you can and still be able to follow along

FULL-BODY TONING

Mondays, Wednesdays & Fridays 12:30pm-1:15pm
Instructor Pickie Lanigan

BOOT CAMP

Tuesdays & Thursdays 3:45pm-4:30pm
Instructor Pickie Lanigan

INDOOR CYCLING

Wednesdays 5:30-6:15pm
Instructor Stephanie Fleming

YOGA

Tuesdays & Thursdays 12:00pm-1:00pm & 5:15-6:30pm
Instructor Tamara Chiarizio



INTERESTED IN PLAYING A SPORT AT Q.C.C?

Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try- out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are "cleared to play competitive sports". Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

Men's Basketball

Tishaun Jenkins
508-854-4211
tajenkins@qcc.mass.edu

Women's Basketball

Andy Kupec
508-854-4492
akupec@qcc.mass.edu

Men's Soccer

Frank Balcarcel
508-854-4320
fbalcarcel@qcc.mass.edu

Women's Soccer

Josh Cole
508-854-4317
jcole@qcc.mass.edu

Men's Baseball

John McLaughlin
508-854-4316
jmclaughlin@qcc.mass.edu

Women's Volleyball

Emily Boutilette
508-854-4311
eboutilette@qcc.mass.edu

Lisa M. Gurnick
Director of Athletics &
Fitness Center
508-854-4582
lisag@qcc.mass.edu

Josh Cole
Assistant Manger of
Athletics & Fitness Center
508-854-4317
jcole.qcc.mass.edu

Athletic Center

Mens Soccer Schedule

OCTOBER

			<u>DEPART</u>		<u>RETURN</u>	
Saturday	5th	12:00 pm		Quincy College		HOME
Tuesday	8th	3:30 pm	1:30 pm	Bristol	6:30 pm	AWAY
Tuesday	15th	3:30 pm		Holyoke C.C		HOME
Thursday	17th	3:30 pm		Springfield Tech C.C		HOME
Saturday	19th	12:00 pm		Roxbury C.C		HOME
Sat & Sun	26th & 27th			Region XXI Tournament		TBA

Head Coach: Frank Balcarcel
Assistant Coach: TBA

* HOME Field
QCC Campus
670 West Boylston St.
Worcester, MA

Womens Soccer Schedule

OCTOBER

			<u>DEPART</u>		<u>RETURN</u>	
Tuesday	1st	4:00 pm		Mass Bay C.C		HOME
Thursday	3rd	4:00 pm		Massasiot C.C		HOME
Friday	11th	4:00 pm	2:00 pm	Holyoke	7:00 pm	AWAY
Wednesday	16th	4:00 pm		Springfield Tech C.C		HOME
Friday	18th	3:30 pm		Bunker Hill C.C		HOME
Monday	21st	3:30 pm		Bristol C.C		HOME
Sat & Sun	26th & 27			Region XXI Tournament		TBA

Head Coach: Josh Cole
Assistant Coach: Edwardo Rodriguez

Womens Volleyball Schedule

OCTOBER

			<u>DEPART</u>		<u>RETURN</u>	
Thursday	3rd	6:00 pm	4:00 pm	Northern Essex C.C	9:00 pm	AWAY
Saturday	5th	12:00 pm		Bunker Hill C.C		HOME
Tuesday	8th	6:00 pm		C.C Rhode Island		HOME
Thursday	10th	6:00 pm		Mass Bay C.C		HOME
Tuesday	15th	6:30 pm	4:00 pm	Holyoke C.C	9:00pm	AWAY
Saturday	19th	12:00 pm	10:00 am	Massasoit C.C	3:00 pm	AWAY
Sat & Sun	26th & 27			Region XXI Tournament		TBA

Head Coach: Emily Boutillette
Assistant Coach: TBD

Congratulations to QCC Volleyball Lady Wyverns!!



Fast, edge of your seat games and the ladies played hard!

The bleachers were full with lots of cheering!!

It was great to see all the support!

Our Lady Wyverns to date have won 5 games and no losses!



October is Domestic Violence Awareness Month

What Is Domestic Violence?

Domestic violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another. It includes physical violence, sexual violence, psychological violence, and emotional abuse. The frequency and severity of domestic violence can vary dramatically; however, the one constant component of domestic violence is one partner's consistent efforts to maintain power and control over the other.

Domestic violence is an epidemic affecting individuals in every community regardless of age, economic status, sexual orientation, gender, race, religion, or nationality. It is often accompanied by emotionally abusive and controlling behavior that is only a fraction of a systematic pattern of dominance and control. Domestic violence can result in physical injury, psychological trauma, and in severe cases, even death. The devastating physical, emotional, and psychological consequences of domestic violence can cross generations and last a lifetime.

For more information about resources/ assistance on Campus Contact Liz Woods lwoods@qcc.mass.edu 508-854-2791

For confidential assistance on campus Contact Tina Wells twells@qcc.mass.edu 508-854-4279

For anonymous, confidential help available 24/7, call the National Domestic Violence Hotline at 1-800-799-7233 (SAFE) or 1-800-787-3224 (TTY).

It is not always easy to determine in the early stages of a relationship if one person will become abusive. Domestic violence intensifies over time. Abusers may often seem wonderful and perfect initially, but gradually become more aggressive and controlling as the relationship continues.

What Does Abuse Include?

Abuse may begin with behaviors that may easily be dismissed or downplayed such as name-calling, threats, possessiveness, or distrust. Abusers may apologize profusely for their actions or try to convince the person they are abusing that they do these things out of love or care. However, violence and control always intensifies over time with an abuser, despite the apologies. What may start out as something that was first believed to be harmless (e.g., wanting the victim to spend all their time only with them because they love them so much) escalates into extreme control and abuse (e.g., threatening to kill or hurt the victim or others if they speak to family, friends, etc.). Some examples of abusive tendencies include but are not limited to:¹

- Telling the victim that they can never do anything right
- Showing jealousy of the victim's family and friends and time spent away
- Accusing the victim of cheating
- Keeping or discouraging the victim from seeing friends or family members
- Embarrassing or shaming the victim with put-downs
- Controlling every penny spent in the household

- Taking the victim's money or refusing to give them money for expenses
- Looking at or acting in ways that scare the person they are abusing
- Controlling who the victim sees, where they go, or what they do
- Dictating how the victim dresses, wears their hair, etc.
- Stalking the victim or monitoring their victim's every move (in person or also via the internet and/or other devices such as GPS tracking or the victim's phone)
- Preventing the victim from making their own decisions
- Telling the victim that they are a bad parent or threatening to hurt, kill, or take away their children
- Threatening to hurt or kill the victim's friends, loved ones, or pets
- Intimidating the victim with guns, knives, or other weapons
- Pressuring the victim to have sex when they don't want to or to do things sexually they are not comfortable with
- Forcing sex with others
- Refusing to use protection when having sex or sabotaging birth control
- Pressuring or forcing the victim to use drugs or alcohol
- Preventing the victim from working or attending school, harassing the victim at either, keeping their victim up all night so they perform badly at their job or in school
- Destroying the victim's property

Is Domestic Violence Always Physical Abuse?

It is important to note that domestic violence does not always manifest as physical abuse. Emotional and psychological abuse can often be just as extreme as physical violence. Lack of physical violence does not mean the abuser is any less dangerous to the victim, nor does it mean the victim is any less trapped by the abuse.

What Happens When the Abusive Relationship Ends?

Domestic violence does not always end when the victim escapes the abuser, tries to terminate the relationship, and/or seeks help. Often, it intensifies because the abuser feels a loss of control over the victim. Abusers frequently continue to stalk, harass, threaten, and try to control the victim after the victim escapes. In fact, the victim is often in the most danger directly following the escape of the relationship or when they seek help: 1/5 of homicide victims with restraining orders are murdered within two days of obtaining the order; 1/3 are murdered within the first month.²

Unfair blame is frequently put upon the victim of abuse because of assumptions that victims choose to stay in abusive relationships. The truth is, bringing an end to abuse is not a matter of the victim choosing to leave; it is a matter of the victim being able to safely escape their abuser, the abuser choosing to stop the abuse, or others (e.g., law enforcement, courts) holding the abuser accountable for the abuse they inflict.



! QCC Police Informer

“Timely Warnings Vs. Emergency Notifications: What’s the difference?”

Deputy Chief Rodriguez

Campus Crime Alerts are timely warnings that are triggered when it is determined that acts like homicides, sexual assaults or robberies present a serious or continuous threat to the campus community. It must be a threat which occurred on campus, on immediately accessible public property or at a non-campus location like a remote off campus classroom. These acts have to be evaluated on a case-by-case basis by the proper campus authorities. In the past campus crime alerts were used when cars were being stolen from the parking lots, and when an unknown male entered a women’s rest room. They were not immediate threats because they were not in the process of occurring. The alert is made to put everyone on notice, thus raising everyone’s awareness. It’s this notice which is designed to prevent a potentially unaware victim from being one as well as possibly capturing the perpetrator(s).

Campus Emergency Notifications are triggered by a far broader range of threats. These threats are significant emergency or dangerous situations that involve an immediate threat to the health or safety of the campus community. This includes non-criminal incidents such as an outbreak of a communicable illness, an impending weather emergency or a criminal incident such as an active shooter. This type of notification is issued without delay upon confirmation of the emergency by the proper campus authorities. In the past notifications have been used for inclement weather and bomb threats.

The timing of the two types of notices can and do differ. Although we live in an age of information, the prevailing attitude is “I need it yesterday”, isn’t always reasonable. For instance, if the information is not complete then wrong information is transmitted. That can cause a variety of problems for the college as well as for the community as a whole. The clock starts ticking when an incident is reported but in order for campus authorities to properly assess the information and determine its validity it takes time.

For the most part both types of notices are done the same. Text messages, website page, and campus-wide emails are used as part of the college’s mass notification policy. There are times when the siren might have to be used or fire alarms. Also used depending on the incident are the posting of flyers. Although flyers are more helpful in a crime alert they are only secondary in an emergency notification if used as part of that process.

Feel free to send an anonymous tip to Campus Police at 508-854-4221



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Question of the Month:

What's your favorite Halloween Candy?



-My favorite Halloween candy is 3 Musketeers; they will always be one of my ultimate favorite!
Tyler Paul Wills

-My favorite Halloween candy is Reese's!
Cheryl Pike

-My favorite Halloween candies are Tootsie Rolls & Starburst!
Kelsey Cobb

-My favorite Halloween candy is Orange Mini Kit-Kats, which are only out during Halloween!
Mary W.

-My favorite Halloween candy is Snickers!
Kelson Knox

By Tyler Wills

Stay Ahead of Your Coursework!

The General Academic Areas Tutoring Center

offers free individualized and small group tutoring for a variety of courses. Work with patient, professional, and enthusiastic tutors who will help guide you through your coursework and help build your academic skills.

Come see us to find out more information on:

- Current subjects offered and tutoring schedules
 - How to schedule appointments
 - Drop-in workshops
- And more!*

Room 222 Harrington Learning Center

(508) 854-4279

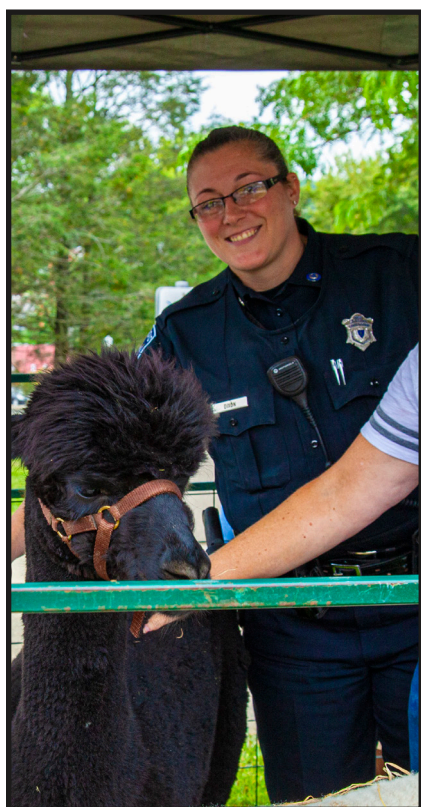
gaa@qcc.mass.edu

www.qcc.edu/gaa



S.H.E.... Introducing the Power of Women:

Officer Catherine Dixon



Officer Dixon

Such a kind and gentle soul.
Eager to share knowledge,
And to lend a helping hand,
Your light, a beacon of peace at QCC.
A smile so joyous,
Compassionate,
Engaging,
Caring.

Your ability to continuously pour into those
around you,
Like Chicken Noodle Soup for the Soul.
Please continue to bless those who you
Encounter,
Uplift,
Encourage,
And Inspire!
Thank you for your selfless service,
Continuous grace,
And all around Awesomeness!!!!
Forever,
For Always,
With LOVE.



By Christina Sanders,
in collaboration with
Marcy Tote



Arts & Entertainment

The Origin of Halloween

By Tyler Paul Wills

Halloween's origins date back to the ancient Celtic festival of Samhain (pronounced sow-in). The Celts, who lived 2,000 years ago in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on November 1.

Today, Halloween is a holiday celebrated on the night of October 31st. Some activities include Trick or Treating, costume parties, bonfires, visiting haunted houses and carving Jack -O- lanterns. Trick or Treating is an activity for children of all ages on Halloween, in which kids go from house to house in there cool Halloween costumes asking for treats such as candy bars.

The question “Trick or Treat” is a phrase used to play a trick on homeowners if they don’t give you a treat. Trick or Treating is one of the main traditions of Halloween and has become more socially accepted if one lives in a neighborhood with children. He/ she should purchase treats in the preparation for the big night of Trick or Treating.



I would like to wish everyone a Happy Halloween!



Fright is in the Air!

By
Tyler Paul Wills

Halloween is almost here, now you can smell the fright in the crisp fall air. It’s that time for candy and time to be scared. Now put on your costumes and grab your trick – or- treat bags, but be careful for what might be out there!



Arts & Entertainment

Modern Gothic

By Yozue Davila & Randi Thayer
Open Door Staff

Halloween is fast approaching. The season of all things spooky, scary, and otherwise frightening is in full swing. Gothic fiction in particular is seasonally appropriate. To better understand what Gothic literature is let's take a trip back, far back, to the Age of the Enlightenment. Science and philosophy were the champions of the day. It was the age of the intellectual. During the 18th century science sprouted its wings, and becoming the most common lens through which people interpreted information. While science is a very interesting thing, cold hard facts cannot satisfy all the needs of the human soul.

Age of Romanticism began to speak its mind in retort. With the love for nature and the mysterious, the late 18th century began to see a marvelous turn. A waterfall did not have to be explained any more, the Sun was just a big ball of light, and life was surly a gift, not a scientific experiment.

But what is Gothic exactly? When we look at Gothic literature, we are looking for very specific things to make it into the genre: it must contain a monster, it must have hints of romance, include the supernatural, be of a gloomy setting, have a curse or prophecy, and it must have a hero. Once we have decided if we have found a good Gothic piece, we must make sure it is Gothic to its core.

A beloved Gothic classic is Mary Shelly's "Frankenstein." While Victor Frankenstein, the mad scientist, is still living within the Age of enlightenment, the Monster had to regress back into nature. But within this clash of Enlightenment and Romanticism, we see a brutal and horrifying twist of events, this which gave birth to what we call, Gothic Literature. Other long-standing Gothic favorites include Bram Stoker's "Dracula," and "The Strange Case of Dr. Jekyll and Mr. Hyde" written by a Scottish author Robert Louis Stevenson.

The question proposed today is, "Is Gothic Literature dead?" We can also see the influences of Frankenstein in every book and/or movie that looks at the implications of developing artificial intelligence, like "Ex Machina," and "iRobot" starring Will Smith. The Marvel comic series

"Deadpool Killustrated" follows an arc where Deadpool, the main "antihero" plainly lays out the classical works of literature that inspired various superheroes in the Marvel universe. The Little Mermaid is exposed as the inspiration for Namor, the ruler of Atlantis. Captain Nemo is the predecessor of Magneto. This arc pokes fun at the roots, but may not be truly considered Gothic.

However, when we take a look at our bookshelves, we might just run into some modern gothic literature. As a kid I remember having my first "Harry Potter" book and saying, "Wow this has some very dark tones." With the wand dancing broom rider on our minds, we can see how gothic literature has evolved from a gloomy story, to a series of adventures and mysterious out worldly beings.

There is nothing more Gothic than seeing a bunch of vampires at your doorsteps. "Twilight," though not my personal favorite series, has vampires, werewolves, and a damsel in distress. Therefore, we can say that it has earned its name within the Gothic Genre.

If buttons for eyes don't tell you that this book is Gothic, then probably the eerie ambient of the short story will. The comic "Coraline" written by Neil Gaiman is such an eerie and uncomfortable read. I remember as a kid reading this and giving me horrible goose bumps. It was amazing to see how Gothic literature still had those horrifying tones to it.

So when you go to pick out something spooky to read, or a horror movie for a crisp night this month, maybe try something Gothic.



Veteran Affairs



Eight year Navy veteran, Tony, was excited about going back to college! Here's the proof!!

I served from 2003-2011. I was an Aviation Electrician working on F/A-18F with VFA-154 at NAS Lenore from 2004-2008, deployed in 2005 and in 2007 served in support of Operation Iraqi Freedom and Operation Enduring Freedom. In addition I served onboard the USS CONSTITUTION from 2008-2011. I gave tours of the flagship of the US Navy to thousands of people. I did a lot more there as well but that would turn into more than a paragraph.



Show Your Support for our Troops
Wear Red on Fridays



RED Friday (Remember Everyone Deployed) or Red shirt Fridays is a campaign to show solidarity and support for our troops. Red symbolizes the blood spilled by the brave men and women of the United States Military and is a reminder of their sacrifice. Red Fridays is not intended as a political statement, just a nice way for Americans to show they support the brave men and women that serve our country. If you were not already aware of Red Friday, please spread the word! We hope to see everyone wearing red on Fridays.

WE WANT YOU! Join Veteran Affairs in supporting all Veterans

We invite you to show support for all Veterans and Active Duty Military Personnel.
Please march with us in the Worcester Veterans’ Day Parade.

Contact our office (258A) to RSVP:
508-854-2721 or veteranaffairs@qcc.mass.edu



Veterans’ Day Parade
Monday-November 11, 2019

(we will meet at Vets Inc at 10 am)

Parade starts at 11 am.

We are meeting at 9:00 for a free breakfast at Vet’s Inc.



Supported by: Veteran Affairs Office, QCC Veterans Club

Transfer Services



TRANSFER SERVICES AT SOUTHBRIDGE (FALL '19)

8 a.m.-4 p.m.

SEPTEMBER 11 (WED)
OCTOBER 9 (WED)
NOVEMBER 13 (WED)
DECEMBER 11 (WED)

Meet with a transfer counselor to get information and answers to common transfer issues such as:

- Important QCC courses for transfer
- How to pick colleges and majors
- General steps to transferring—deadlines, forms, admissions requirements

To make an appointment, please call 508.854.4404 or e-mail us at transfer@qcc.mass.edu

FOR MORE INFORMATION CONTACT: VISIT OUR WEBSITE
@ QCC.EDU/STUDENT SERVICES/TRANSFER

QCC TRANSFER SERVICES October 2019 Transfer Visits

All visits HLC 1st floor counter area, 10 a.m. – 1 p.m., *unless noted otherwise.*



October 1
Worcester SU 9:30 a.m. – 12:30 p.m.



October 15
Becker 10 a.m.-2 p.m.
Worcester SU 9:30 a.m. – 12:30 p.m.



October 2
Table 10 a.m. - 12 p.m.
Appointments 12 - 3 p.m. HLC 109B



October 17
Bryant 10:30 a.m. – 1:30 p.m.



October 3



October 21



October 7



October 22



October 8



October 28



October 10



October 29

10 a.m.-2 p.m.

You're Invited!

QCC FALL '19 TRANSFER FAIRS MORNING & AFTERNOON SESSIONS

Wednesday, October 30, 2019

10 a.m. — 1 p.m.
&
2 p.m. — 5 p.m.

HLC 109 A & B



10 a.m.-1 p.m.
(DAY programs)

Anna Maria College	Plymouth State University
Assumption College	Providence College
Bay Path University	Regis College
Becker College	Roger Williams University
Bentley University	Saint Anselm College
Boston University	Salem State University
Bridgewater State University	Simmons University
Bryant University	Springfield College
Castleton University	State University NY-Binghamton
Clark University	Suffolk University
Curry College	UMass Amherst
Dean College	University of Connecticut
Emerson College	UMass Dartmouth
Fitchburg State University	UMass Lowell
Framingham State University	University of Maine
Lesley University	University of New Haven
Mass College of Liberal Arts	University of Vermont
Mass College of Pharmacy & Health Sciences	Wentworth Institute of Technology
Mass Maritime Academy	Western New England University
Merrimack College	Westfield State University
New England Institute of Technology	Worcester Polytechnic Institute
Nichols College	Worcester State University

2 p.m.-5 p.m.
(Evening/on-line/hybrid)

Assumption—Continuing & Career Education
Bay Path University—The American Women's College & On-line
Bay State College
Becker College—School of Graduate & Professional Studies
Boston University—Metropolitan College
Curry College—Continuing & Graduate Studies
Eastern Nazarene College—Adult & Graduate Studies
Fitchburg State University—Graduate & Continuing Education
Granite State College
Nichols College
Northeastern University—College of Professional Studies
Rivier College—Online
Southern New Hampshire University—Online
Springfield College—Professional & Continuing Studies
UMass-Amherst—University Without Walls
UMass-Lowell—On-line & Continuing Education
William James College
Worcester State University—Continuing Education

QCC Transfer Services • transfer@qcc.mass.edu • 508.854.4404

Fall 2019 Transfer Services FAQ & Workshop Series

Harrington Learning Center, Egan Conference Room, 239

Throughout the fall semester, get quick information and answers to transfer issues like:

- How to pick colleges and majors
- Choosing important QCC courses that will transfer
- How to create a strong academic profile for transfer
- General steps to transferring—deadlines, forms, admissions requirements

October 2019	November 2019	December 2019
Tues, 10/1, 2-4 p.m.	Mon, 11/4, 9-11 a.m.	Mon, 12/2, 9-11 a.m.
*Thurs, 10/3, 9-11 a.m.	Tues, 11/5, 1-3 p.m.	Fri, 12/6, 10 a.m.-12 p.m.
*Mon, 10/7, 10 a.m.-12 p.m.	Weds, 11/6, 2-4 p.m.	Tues, 12/10, 2-4 p.m.
Weds, 10/9, 1-3 p.m.	Thurs, 11/7, 9-11 a.m.	*Thurs, 12/12, 9-11 a.m.
Fri, 10/11, 9-11 a.m.	*Fri, 11/8, 10 a.m.-12 p.m.	
*Tues, 10/15, 2-4 p.m.	*Tues, 11/12, 2-4 p.m.	
Thurs, 10/17, 10 a.m.-12 p.m.	Weds, 11/13, 9-11 a.m.	
Mon, 10/21, 10 a.m.-12 p.m.	Thurs, 11/14, 1-3 p.m.	
*Weds, 10/23, 1-3 p.m.	Fri, 11/15, 10 a.m.-12 p.m.	
Fri, 10/25, 9-11 a.m.	Mon, 11/18, 10 a.m.-12 p.m.	
Tues, 10/29, 2-4 p.m.	*Weds, 11/20, 1-3 p.m.	
*Thurs, 10/31, 10 a.m.-12 p.m.	Fri, 11/22, 9-11 a.m.	
	*Tues, 11/26, 10 a.m.-12 p.m.	



*These dates include a workshop during the first hour covering transfer basics:

- Transfer admissions requirements (with or without completing an associate degree)
- The transfer application process (including the Common Application)
- Transfer agreements (MassTransfer & articulation agreements)

QCC Transfer Services @ 2ND FLOOR, HARRINGTON LEARNING CENTER • 508.854.4404
• transfer@qcc.mass.edu

Disability Services

Disability Services
Welcome to QCC’s office of Disability Services (DS).

Our mission is to ensure an equitable and accessible college experience for all students at QCC. Disability Services assists students with documented disabilities by coordinating supports and services in order to give students equal access to the college environment.

Q: What is the role of Disability Services

Disability Services is committed to providing reasonable accommodations to qualified individuals with disabilities in accordance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act of 1990 and the ADA Amendments Act of 2008. Accommodations and services available through Disability Services include and are not limited to the following areas: course content, digital environment, campus terrain, and support services.

Course Content	Access to Class notes, ASL Interpreters, Extended Test Time, and Less Distractive Environment
Digital Environment	Access to Electronic Texts, Speech-to-Text software, Audio Capture Technology, and Training for QCC Learning Management Systems
Campus Terrain	Medical Parking, Classroom Furniture, Routes of Travel, and Accessible Pathways
Support Services	Learning Specialists, Success Coaching, Self-Advocacy Strategies, and Connections to Campus and Community Resources

Table 1: Areas of accommodations followed by common accommodations for each area.

Q: What does Disability Services do specifically for students?

The staff meets with students to determine the accommodations needed to provide access to the classroom or curriculum each semester. These may change depending on the nature of the course and the way it is taught. If additional barriers come up during the semester, DS staff and student may meet to problem-solve and discuss alternate ways of demonstrating knowledge and course competencies. DS staff work to ensure that accommodations provide access and are effective for each individual with a disability, based on the documentation provided to Disability Services.

Q: I am new to QCC and just learned about your office – what should I do?

Stop by the Worcester or Southbridge office, call, or email Disability Services to get started. New students are encouraged to make an intake appointment with Disability Services as soon as possible before the semester begins. We recommend you make an appointment as soon as you are accepted to QCC, or register for classes.

Q: I used Disability Services in the past, but haven’t for the last few semesters. Can I still see my Coordinator?

Sure! Please don’t hesitate to drop by the office or send an email! There is always something new for us to share with you, and we would like to stay abreast of all your courses for this semester.

Q: Can I volunteer to work with Disability Services?

Yes! If you are you looking for a way to get involved on campus and meet new people please let us know. We offer many opportunities throughout the year to positively promote access, ability awareness, support campus events, meet socially and so much more! To learn more contact Kristie Proctor at kproctor@qcc.mass.edu. **ALL ARE WELCOME!**

On behalf of the Disability Services Staff, we look forward to working with you!
Kristie Proctor, Director

Contact Us:					
Worcester Campus		Southbridge Campus			
Room:	246 Administration Building		Room:	Reception Area	
Email:	disabilityservices@qcc.mass.edu		Email:	disabilityservices@qcc.mass.edu	
Phone:			Phone:		
Fax:	508.854.4471		Fax:	508.453.3809	
Video	508.854.4549		Video	508.765.5625	
Phone:	508.502.7647		Phone:	508.502.7647	
Hours:	Mon-Thurs	8am-6pm	Hours:	Mon & Tues	9am-5pm
	Friday	8am-5pm		Wed - Fri	8am-4pm

Table 2: Contact information for Worcester and Southbridge Offices.



Disability Services

ACCESS Matters

Job Description:
Disability Services is seeking students with excellent notetaking skills who are willing to be placed in specific courses to take notes on the content and then distribute the notes to designated student(s) within a 24 hour period.

Requirements:

1. H.S. Diploma or equivalent
2. Current QCC students with good academic standing
3. Ability to exercise discretion and maintain confidentiality of the student.
4. Responsible, professional and dependable.
5. Respectful of different learning styles.
6. Knowledge of Section 504 and the Americans with Disabilities Amendments Act.
7. Demonstrates excellent oral and written communication skills.

Hourly Rate: \$12.00

To Apply Contact: *Disability Services*
Room 246 A Phone 508.854.4471
Email: disabilityservices@qcc.mass.edu

HIRING

STAFF NOTETAKERS



Great resume builder!

Disability Services

ACCESS Matters

Seeking students willing to share a copy of their class notes with a peer for the semester.

\$100

Stipend for Volunteers

For More Information or to Apply:
Disability Services
Room 246 A Phone 508.854.4471
email: disabilityservices@qcc.mass.edu

Electronic Application available:
On the "Q" on the Disability Services Home Page

HIRING

PEER NOTETAKERS



Great resume builder!

October is Disability Awareness Month

Campus Events

@QCC
ACCESS
MATTERS

- October 1st-31st
- October 9th
- October 16th
- October 21st
- October 31st

Photo Contest
Snap a photo of accessibility on campus and share with us. Prizes will be given to the 3 best photos on October 31st. Email your photos to disabilityservices@qcc.mass.edu

Everyday Sign Language
Come learn basic signs so you can communicate with your peers.
Fuller Center @ 11am-12pm

The Invisibles
Come learn about disabilities that are often overlooked and misunderstood.
Fuller Center @ 11am-12pm

Take a Walk in Our Shoes
QCC students will share their story and what disability means to them.
HLC 109 @ 10am-11am

Photo Contest Winners Announced

To request accommodations for these events, please contact Disability Services:
Email: disabilityservices@qcc.mass.edu
Call: 508.854.4471
Sorenson Video Phone: 508.502.7647

Career Services

Save the Date

Career Services & Credit for Prior Learning

Presents

Fall Job Fair

Wednesday, October 23, 2019

10 a.m. - 1 p.m.

HLC 109A&B

Career Services Workshops

(All workshops are held in classroom 272A)
Unless otherwise noted

FALL

Pre-register!

***Cooperative Education Orientation**

9/16	1pm –2pm	
9/17	5pm-6pm	
11/26	5pm-6pm	
12/4	10am-11am	
12/9	TBD	Southbridge

***Resume Writing**

9/24	5pm-6pm
10/9	1pm-2pm
11/19	5pm-6pm
11/20	10am-11am
12/10	5pm-6pm

WDW College Program Information Session

9/13	2pm-3pm
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***Resume Critique**

10/1	4pm-6pm
10/16	1pm-3pm
11/25	10am-12pm
11/26	4pm-6pm
12/17	4pm-6pm

***Workplace Etiquette**

11/5	5pm-6pm
11/13	10am-11am

***Interviewing Skills**

9/25	2pm-3pm
10/15	5pm-6pm
10/17	10am-11am
12/11	2pm-3pm

Job Fair

10/23	10am-1pm	HLC 109 A&B
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*** Denotes CPS 298 required workshops - you only have to attend one of each session**

Please pre-register for these workshops using the PB link : <https://app.purplebriefcase.com/pb/account/login?s=QCC>
Click on 'Events' tab, left hand/column of page. - **LIMITED SPACE!**

Website: <https://www.qcc.edu/services/career-services-credit-prior-learning/workshops>

Email: careerservices@qcc.mass.edu

Persons needing accommodations for these workshops please contact us at (508) 854-4439, 2 weeks prior to workshop.





Career Services & Credit for Prior Learning

Job Fair

Wednesday, October 23, 2019
10 a.m. - 1 p.m.
HLC 109A&B

Job Readiness Prep Workshops

Interview Skills	Resume Critique	Interview Skills
Oct. 15, 2019 5pm-6pm	Oct. 16, 2019 1pm-3pm	Oct. 17, 2019 10am-11am
Learn the skills needed to shine during your next job interview!	Prepare for the fair! Bring a draft resume, and have it critiqued!	Learn the skills needed to shine during your next job interview!

Preparation + Opportunity = Success

To register, for these workshops log onto Purple Briefcase: <https://app.purplebriefcase.com/pb/account/login?s=QCC>
Persons needing accommodations for these workshops please contact Career Services at least 2 weeks prior to workshop (508) 854-4439

QCC Career Services Presents...



Did you know?

QCC Career Services provides **FREE** professional attire for students who need an outfit for a job interview or job fair. Come by our office to see our selection of **FREE** business clothing and be prepared for your upcoming interview or job fair.

CAREER SERVICES & CREDIT FOR PRIOR LEARNING
ROOM: 272A

PHI THETA KAPPA HONOR SOCIETY PRESENTS

Trivia Night with the Wise Guys!

FUNDRAISER FOR THE LIVE AND LEARN GREENHOUSE

Giveaways, Raffles, Snacks & Prizes
You could win **\$500 off tuition!**

Friday, October 18 from 7 p.m. to 10 p.m.!
\$7/person

Social hour and music from 7-8 p.m.
Trivia from 8-10 p.m.

Event will take place in HLC Rooms 109 A&B
Sign up in the PTK Office
or email Bonnie Coleman at bonniec@qcc.mass.edu



www.QCC.edu

FALL 2019

Food Pantry & Resource Center Hours

Food Pantry:

Monday: 11:00 am – 4:30 pm
Tuesday: 10:00 am – 6:00 pm
Wednesday: 1:00 pm – 4:30 pm
Thursday: 3:30 pm – 8:00 pm
Friday: 10:00 am – 1:00 pm

Resource Center:

Monday: 10:00 am – 4:30 pm
Tuesday: 10:00 am – 1:00 pm
Wednesday: 4:00 pm – 7:00 pm
Thursday: 10:00 am – 1:00 pm
Friday: 10:00 am – 1:00 pm

Administration Building, room B63A
email: foodpantry@qcc.mass.edu



QUINSIGAMOND
Community College



Advising

Ready. Set. **Plan!**

Get ahead of the game and be prepared for registration on November 4th!

Registration Preparation ***GOING ON NOW!***

1. Stop by **Advising** before **October 31st**.
2. Plan out your Spring classes.
3. Request clearance to self-register*
4. Register online and avoid the lines!**

**Self-registration clearance granted depending on your GPA, Program of Study, Assigned Advisor, etc.*

Advising is located in the Welcome Center/HLC.

No appointments necessary. Monday—Thursday: 8am—7pm. Friday: 8am—5pm.

Registration begins November 4th!**



Student Academic Calendar



QCC 2019-2020 Student Academic Calendar

Fall 2019 Semester: September – December		
Labor Day Holiday	9/2/2019	College Closed
All College Day	9/3/2019	No Classes
Fall Classes Begin	9/4/2019	Check your class schedule for your start day
ADD/DROP	9/4– 9/11/2019	Last week to make changes to your Fall schedule
100% Tuition and Fee Refund deadline	9/11/2019	Final day to drop a course and receive 100% reimbursement
Withdrawal Period Begins	9/12/2019	Withdrawing from a class will show up on your academic record
50% Tuition and Fee Refund deadline	9/19/2019	Final day to withdraw from a course and receive 50% reimbursement
Registration Preparation	10/7 – 11/1/2019	Avoid the lines! Meet with an Advisor NOW to map out your next classes.
Columbus Day Holiday	10/14/2019	College Closed
Mid-term Grades available on The Q	10/30/2019	Log into The Q and click on “My Academics” to view your mid-term grades
VIP Registration for Returning/Active Students	11/4 – 11/18/2019	Best selection of Winter & Spring classes available during these 2 weeks
Veterans Day Holiday	11/11/2019	College Closed
Last day to withdraw without Academic Penalty	11/15/2019	Last day to withdraw from a Fall class to receive a “W”; GPA is not impacted
Thanksgiving Recess	11/28 – 12/1/2019	College Closed
Final Week of Classes/Revised Class Schedule	12/11 – 12/17/2019	Final week of classes; due to final exams, class schedules may be revised
Final Grades available on The Q	12/19/2019	Log into The Q and click on “My Academics” to view your final grades
College Winter Closing	12/25/2019 -1/1/2020	College Closed
Winter Intercession 2020: January		
New Year’s Holiday	1/1/2020	College Closed
Winter Intercession classes begin; last day to DROP/ADD	1/2/2020	First day of Winter Intercession classes; last day to make schedule changes
Last day of Winter Intercession Classes	1/14/2020	Last day of Winter Intercession classes
Spring 2020 Semester: January – May		
Martin Luther King, Jr. Holiday	1/20/2020	College Closed
All College Day	1/21/2020	No Classes
Spring Classes Begin	1/22/2020	Check your class schedule for your start day
ADD/DROP	1/22 – 1/29/2020	Last week to make changes to your Spring schedule
100% Tuition and Fee Refund deadline	1/29/2020	Final day to drop a Spring course and receive 100% reimbursement
Withdrawal Period Begins	1/30/2020	Withdrawing from a class will show up on your academic record
50% Tuition and Fee Refund deadline	2/6/2020	Final day to withdraw from a Spring course and receive 50% reimbursement
President's Day Holiday	2/17/2020	College Closed
Registration Preparation	2/18 – 3/20/2020	Avoid the lines! Meet with an Advisor NOW to map out your next classes.
Mid-term Grades available on The Q	3/13/2020	Log into The Q and click on “My Academics” to view your mid-term grades
Spring Recess	3/15 – 3/21/2020	No Classes
VIP Registration for Returning/Active Students	3/23 – 4/3/2020	Best selection of Summer & Fall classes available during these 2 weeks
Financial Aid FAFSA Priority Filing Date	4/1/2020	Complete your FAFSA application early for Fall semester classes
Last day to withdraw without Academic Penalty	4/10/2020	Last day to withdraw from a Spring class to receive a “W”; GPA is not impacted
Easter Sunday	4/12/2020	No Classes
Patriots’ Day Holiday	4/20/2020	College Closed
Final Week of Classes/Revised Class Schedule	5/6 - 5/12/2020	Final week of classes; due to final exams, class schedules may be revised
Final Grades available on The Q	5/14/2020	Log into The Q and click on “My Academics” to view your final grades
Commencement	5/21/2020	QCC Graduation ceremony

[Click here for the full College Calendar](#)

[Click here for Final Exams Week schedule](#)

[Click here for Financial Services/Payment Schedule](#)

A copy of this calendar, the full college calendar, final exams week schedule and financial services/payment schedule are available on The Q.



Academic Skills Workshops

Sponsored by QCC Tutoring Centers

Math Center | Writing Center | GAA

www.qcc.edu/services/tutoring

Navigating Your Online Course Resources: Connect, MyLabs, and E-Books

Monday, September 16: 1pm to 2pm

Setting Goals for the Semester

Tuesday, September 17: 9am to 10pm

Notetaking: Why, When, Where, and How

Monday, September 23: 1pm to 2pm

Time Management

Tuesday, September 24: 9am to 10pm

Writing Lab Reports

Monday, October 7: 1pm to 2pm

Graphing in Excel

Tuesday, October 15: 9am to 10pm

Effective Math Study Skills

Monday, October 21: 1pm to 2pm

The Writing Process

Tuesday, October 29: 9am to 10pm

Using Microsoft PowerPoint

Monday, November 4: 1pm to 2pm

Writing with Sources and Avoiding Plagiarism

Tuesday, November 12: 9am to 10pm

Test Preparation Strategies

Monday, November 26: 1pm to 2pm

**Workshops take place in Egan Conference Room
239 Harrington Learning Center (HLC)**

Persons in need of accommodations for this event should contact Kirsten Patey, Manager of the Writing Center, at 508-854-4287 or kpatey@qcc.mass.edu one week before the workshop date



Title IX



Sexual Violence/Relationship Abuse Resources & Services

*Confidential Resource

Campus Police

Campus Police (24/7): 508.854.4221
Emergencies (24/7): 508.854.4444

Title IX Coordinator

This is a college official designated to receive and investigate complaints related to sexual violence on campus.

Liz Woods, Dean for Compliance and Education:
508.854.2791 • lwoods@qcc.mass.edu

Court Advocacy*

These services provide confidential support, help with access to, and explanation of legal process and court procedures for victims of crime.

Daybreak/ SAFEPLAN
(assistance with restraining orders): 508.831.2168
Victim Witness Program
(advocate from DA’s office): 508.755.8601

Law Enforcement

Police will investigate the allegation/incident. Criminal charges may result.

Worcester Police (24/7): 508.799.8606
Daybreak/Worcester Intervention Network (WIN):
508.799.8610

Legal Assistance*

These confidential services offer legal advice and provide direct legal representation to survivors of relationship abuse and sexual assault.

Community Legal Aid: 1.800.649.3718
Victim Rights Law Center: 617.399.6720
Massachusetts Justice Project
(legal advice & referrals): 1.800.639.1209

Greater Worcester Sexual Violence Resources & Services

*Confidential Resource

Medical Services*

Can offer physical exams and provide sexual and reproductive services. Additionally, Sexual Assault Nurse Examiners (SANE) are available to collect evidence in case an individual would like to pursue criminal charges.

UMass System ER/SANE Nurse: 508.334.1000
St. Vincent’s ER/SANE Nurse: 508.363.5000

Counseling/Advocacy Services*

These providers can offer confidential counseling, advocacy, and other services.

Sexual Assault: Pathways for Change: 800.870.5905
Jane Doe, Inc.: 617.248.0922 • info@jdoe.org

Financial Assistance

Confidential financial assistance may be available for costs related to medical care, mental health counseling, and other expenses through the Victims of Violent Crime Compensation Program, which operates out of the Attorney General’s Office.

Victim Compensation: 508.755.8601

Counseling Services*

Confidential and individual counseling, including education regarding normal reactions to sexual assault and relationship abuse and how to cope with distress.

Clinical Services, Assessment, and Short Term Counseling (24 hours/7 days a week): 508.854.4479
Daybreak: 508.755.9030

Conduct Services

A complaint that involves possible violation of the Student Code of Conduct may be handled by the Dean of Students or the Dean’s designee. In cases of intoxication, alcohol poisoning, or suspected overdose, the primary concern is the health & safety of the person(s) involved.

Dean of Students Office: 508.854.4294 or
508.854.4526

QCC Sexual Misconduct Policy

www.QCC.edu/policy-against-sexual-violence



QCC Mentoring

QCC Mentoring

Making Connections, Building Community

When you receive a QCC Mentor, you will gain a trusted guide, a personal and professional resource, a connection to the professional world, and a friend.

By participating in the QCC Mentoring program, you will learn ways to raise your GPA, while building connections in the career path of your choice. This is a chance to build your personal and professional network and develop lifelong skills that you can take with you wherever you go.

Mentees will receive training, guidance, resources, and support throughout the program.

QCC Mentoring:

- Builds self-confidence and self-esteem
- Provides motivation
- Delivers vital college/work/life strategies
- Offers support and experience in public speaking/presentations
- Enables students to grow to their full potential

To learn more, please email mentoring@qcc.mass.edu, call 508.854.4573, visit 120A in the Administration Building, or go to www.QCC.edu/mentoring



QUINSIGAMOND
Community College
Mentoring

 **COLLEGE.**
MADE SMARTER.



MCLA

Want to visit MCLA? We will pick you up!

Thursday, October 24

MCLA will be taking our van to Quinsigamond Community College, pick you up, bring you to campus, show you around and provide lunch with current transfer students.

ITINERARY

- 8:15 am Arrive at QCC, Depart QCC at 8:30
- 10:30 am Arrive at MCLA
- 10:45 am Info Session
- 11:15 am Tour
- 12:15 pm Lunch in our new cafeteria
- 1:15 pm Leave MCLA campus
- 3:15 pm Arrive at QCC

To register email: erinn.kennedy@mcla.edu

www.mcla.edu



President Pedraja wants to hear from you

If you feel that you have received outstanding, student-centered service at QCC, President Pedraja wants to know!

At QCC, we embrace a holistic, student-centered approach to student service. We strive to create a welcoming and supportive community in which helpful QCC representatives are available to assist students in achieving their academic goals.

Please take a moment to go online and tell us about your experience:

www.QCC.edu/student-service



QUINSIGAMOND
Community College

INTERESTED IN HUMAN BEHAVIOR?
JOIN QUINSIGAMOND COMMUNITY
COLLEGE'S...

PSI BETA HONOR SOCIETY & PSYCHOLOGY CLUB

MEETS EVERY OTHER
WEDNESDAY 12-1

FALL 2019 SEMESTER

MEETINGS: 9/11, 9/25, 10/9, 10/23, 11/6,
11/20 & 12/4

LOCATION: HLC BUILDING ROOM 239

FOR EMAIL REMINDERS, EVENT ALERTS, AND MORE,
JOIN THE EMAIL LIST: SEND AN EMAIL TO
QCCPSYCHOLOGYCLUB@GMAIL.COM

QUESTIONS? EMAIL ADVISOR VALARIE CLEMENTE:
VCLEMENTE@QCC.MASS.EDU

FOLLOW US ON [INSTAGRAM](#) @QCC.PSYCHCLUB



JOIN PSI BETA!

THE NATIONAL PSYCHOLOGY HONOR SOCIETY
FOR COMMUNITY AND JUNIOR COLLEGES

ELIGIBILITY REQUIREMENTS:

1. A strong interest in psychology (major in psychology is not required)
2. Completion of 1 psychology course
3. Minimum "B" average in all psychology courses
4. Minimum overall 3.25 GPA
5. Completion of at least 12 credits

To be considered for induction, send the following information to
Dr. Clemente at vclemente@qcc.mass.edu by October 18, 2019:







Name, Address & Phone Number
QCC ID Number & Qmail Address
Program/Major & Anticipated Date of Graduation

Your record will be reviewed for your qualifications, and you will receive a response no later than October 21, 2019. Be sure to check your email frequently, as there will be time-sensitive information in the message, if you are accepted for induction.

There is a one-time induction fee of \$50 payable to the national organization. Our induction ceremony will be held on Monday, November 18, 2019 at 2:00 pm to 3:00 pm in 109B HLC. Friends and family are welcome! Thank you for your interest! Valarie Clemente, Ed.D. & Psi Beta Officers

October

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			Register to Vote 10:00- 12:00 p.m. Fuller Center 		World Smile Day! ☺ Fuller Student Center 10:00 a.m. - noon	
	6	7	8	9	10	11
	October Fest Fuller Center 11:00 a.m-1:00 p.m.		American Sign Language Workshop 11-12 Fuller		Noon Training NSLS HLC 109B	12
	13	14	15	16	17	18
	OFF Columbus Day	7 p.m. NSLS	*Invisibles 11-12 Fuller *Free Cider & Donuts 5-7 pm Fuller		Breast Cancer Awareness 10-12 Fuller Center	
	20	21	22	23	24	25
	10:00 a.m. Disability Panel 109A HLC	NSLS 7 p.m.	Italian Heritage Trivia 10-12 Fuller Center 	Salem MA Bus Trip 3-11 United Nations Trivia Fuller 10-12	NSLS Noon	26
	27	28	29	30	31	
	Chocolate Fountain Fuller Center 	Downtown Campus Candy Bags courtesy of Student Life	Southbridge Campus Candy Bags courtesy of Student Life	Final Day for Halloween Costume Contest! PRIZES Fuller Center 9 a.m-3:30 p.m		Have A Safe Halloween!

Get ready for a super scary

HALLOWEEN



October 31st

Fuller Student Center

Best Costume, prizes to be won!

10:00 a.m-4:00 p.m.

Quinsig- Activities Club



VERMONT VISIT DAY



@ Quinsigamond Community College

Thursday, November 7th
10:00am – 1:00pm
Location: HLC Lobby



