



# Mental Health Providers in Worcester, MA

Updated 8/18

Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><b>AdCare Hospital of Worcester, Inc.</b>  <b>Inpatient Services</b>            107 Lincoln Street            Worcester, MA 01605</p> <p>24-Hour Admission and Referral:            1-800-ALCOHOL (252-6465)            508-799-9000</p>	<p><b>Inpatient Services</b>            Specializes in inpatient medically-managed alcohol and drug detoxification and rehabilitation treatment for adults.            The levels of care offered by AdCare Hospital:</p> <ul style="list-style-type: none"> <li>○ Inpatient medically-managed detoxification</li> <li>○ Inpatient medically-managed rehabilitation</li> <li>○ Inpatient medically-monitored residential</li> </ul>	<p>Accepts Medicare and most commercial insurances</p> <p>-----</p>
<p><b>AdCare Outpatient Services-Worcester</b>            95 Lincoln Street            Worcester, MA 01605</p> <p><b>OPEN ACCESS / SAME-DAY ASSESSMENT</b> for services: 508-453-3053</p>	<p><b>Outpatient Services</b>            Offer a full range of programs from comprehensive assessment and evaluation to individual, group, and family counseling.            Outpatient Programs include:</p> <ul style="list-style-type: none"> <li>○ Outpatient Detoxification</li> <li>○ Day and Evening Intensive Outpatient Programs three-to-seven times per week. Treatment activities include individual and group counseling, educational sessions, skills groups, and active self-help participation</li> <li>○ Day Treatment -- a structured six-hour treatment program available seven days per week</li> <li>○ Structured Early Recovery Group-SERG</li> <li>○ Young Person's Early Recovery Group</li> <li>○ Family Services including:               <ul style="list-style-type: none"> <li>● Complimentary Family Program</li> <li>● Family Counseling</li> <li>● Parenting Group</li> </ul> </li> <li>○ Individual Counseling</li> <li>○ Early Recovery Groups, including</li> </ul>	<p>Accepts Medicare and most commercial insurances</p> <hr/> <p><b>Languages:</b> English and Spanish and Translation services</p>

	<ul style="list-style-type: none"> <li>○ Mind–Body–Spirit Early Recovery Groups, Alternatives in Recovery Group, Dual Diagnosis, Men’s Group, Women’s Group.</li> </ul> <p><b>Evaluations:</b> SA evaluations and intake assessments for sa treatment</p>	
<p><b>Advocates Reentry Services</b>  340 Main St. Suite 202  Worcester, MA 01608</p> <p>Please contact:  Jennifer Thompson  508-630-4148</p>	<p><b>Community Support Services (CSP) Services for Justice Involved Adults</b></p> <p>Specializes in</p> <ul style="list-style-type: none"> <li>○ Navigating the criminal justice system</li> <li>○ Individual MH and/or SUD evaluations for probation or parole</li> <li>○ Case management support and advocacy</li> <li>○ Supported referrals to community resources: housing, food, benefits/entitlement programs</li> <li>○ Short term transportation to appointments with health care providers</li> <li>○ Connection with peer support and self-help groups</li> <li>○ Single point of contact for service coordination</li> <li>○ <i>No psychiatry/medication services</i></li> </ul> <hr/> <p><b>Evaluations:</b>  We do provide some mental health and substance use assessments, but currently only via some grant-funded and contract-funded programs that are closed referral.</p>	<p>Accepts MBHP</p> <p>-----</p> <p><b>Languages:</b>  For languages other than English, we utilize a telephonic translation services.</p>

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<p><b>Advocates Community Counseling</b></p> <p>257 Ayer Road</p> <p>Harvard, MA 01451</p> <p>978-772-1846</p>	<p>CBHI Services:</p> <ul style="list-style-type: none"> <li>• In Home Therapy</li> <li>• In Home Behavioral Services</li> <li>• Therapeutic Mentoring</li> <li>• Serving Worcester and surrounding areas, as well as north to Harvard area</li> <li>• Referral: 508-628-7330</li> </ul> <p>Outpatient Services:</p> <ul style="list-style-type: none"> <li>• Counseling &amp; medication management at Harvard outpatient clinic</li> <li>• Adults and children</li> <li>• Referral: 508-661-2038</li> <li>• Outpatient therapy</li> <li>• Psychiatry</li> </ul> <p>Driver alcohol education courses</p>	<p>CBHI Services:</p> <ul style="list-style-type: none"> <li>• MassHealth plans through MBHP, Tufts, and Network</li> <li>• Currently English only</li> </ul> <p>Outpatient:</p> <ul style="list-style-type: none"> <li>• All insurances except Medicare only</li> </ul> <hr style="width: 10%; margin-left: auto; margin-right: 0;"/> <p><b>Languages:</b> English, limited Spanish</p>
<p><b>Apogee Mental Health</b></p> <p>23 Fruit Street</p> <p>Worcester, MA 01609</p> <p>(508) 831-7745</p>	<ul style="list-style-type: none"> <li>o Outpatient counseling for adults only</li> <li>o Treats adults <u>age 21 and over</u></li> <li>o Group therapy</li> <li>o Transcranial magnetic stimulation –TMS (depression treatment)</li> <li>o No home visits</li> </ul>	<ul style="list-style-type: none"> <li>o Accepts various insurances</li> <li>o Does <u>not</u> accept MassHealth or Network Health</li> </ul>

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<p><b>Arbour Counseling Services</b> 411 Chandler Street, Worcester, MA 01602 (508) 799-0688 x112</p> <p><b>Amanda Guillette,</b> <b>supervisor: 978-</b> <b>866-4587 (for</b> <b>questions</b></p> <p><b>Worcester Adolescent &amp; Adult Partial Hospitalization Program</b> Referrals:  (855) 575-CARE Contact: Erin Almstrom or Jennifer Grossman (774)243-7486</p> <p><b>Community Services/CBHI</b> Referrals: <b>617-782-0505</b></p>	<ul style="list-style-type: none"> <li>o <b>Outpatient</b> counseling for adults, children and adolescents</li> <li>o Individual, family and couple's counseling</li> <li>o Psychiatrists on staff and Nurse Practitioner</li> <li>o <b>Psychiatric Assessments</b> only for ongoing clients.</li> <li>o Second Offender Aftercare</li> <li>o <b>Groups:</b> <ul style="list-style-type: none"> <li>Healthy Relationships</li> <li>DBT for Adults</li> <li>Relapse Prevention</li> <li>Medication Maintenance Management</li> <li>Anger Management</li> <li>Symptom Management</li> <li>Teen empowerment</li> <li>Anxiety Management</li> <li>Expressive Art Therapy</li> <li>Trauma I &amp; II Adult Group</li> <li>Grief Counseling for Adults</li> </ul> </li> </ul> <p><b>Worcester Adolescent Partial Hospitalization Program</b> (ages 13-17) Referrals: (508) 799-0688 x112 (855) 575-CARE Contact: Erin Almstrom or Jennifer Grossman (774)243-7486</p> <p><b>Adult Partial Hospital Program</b></p> <ul style="list-style-type: none"> <li>• 18+ with a specialized track for young adults.</li> </ul> <p><b>Adult Intensive Outpatient Programs</b></p> <ul style="list-style-type: none"> <li>• 9:30am-12:30pm or 4:00pm-7:00pm</li> </ul> <p><b>In-Home Therapy/Family Stabilization</b></p> <ul style="list-style-type: none"> <li>o BC/BS, BMC, NHP, Fallon, MBHP, Network Health, Tufts, HP</li> </ul> <p><b>Therapeutic Mentoring</b></p> <ul style="list-style-type: none"> <li>o MBHP, NHP, BMC, Network Health</li> </ul> <p><b>Community Support Program</b></p> <ul style="list-style-type: none"> <li>o MBHP, NHP, MBC, Fallon, Network</li> </ul> <hr/> <p><b>Evaluations:</b> We do comprehensive clinical asst. for mental health for children, adolescents, adults and families &amp; Psychiatric/medication evaluations for active clients</p>	<ul style="list-style-type: none"> <li>o Accepts various insurances <b>except for</b> Cigna, &amp; most forms of Blue Cross</li> <li>o Accepts all forms of Mass Health and Fallon.</li> </ul> <p>we currently do not take MBHP for CSP services</p> <hr/> <p><b>Our language capacity</b> is Spanish and Swahili.</p>

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<p><b>Attachment Institute of New England</b>            21 Cedar Street, 2<sup>nd</sup> floor            Worcester, MA 01609            (508) 799-2663            www.attachmentnewengland.org</p>	<ul style="list-style-type: none"> <li>o Specialized services for children with attachment disorders, trauma histories, PTSD and ADHD</li> <li>o Pre and post adoption counseling</li> <li>o Staff are EMDR Level II trained.</li> <li>o Therapeutic Groups</li> </ul> <hr/> <p><b>Evaluations:</b>            No specialized evaluations</p>	<ul style="list-style-type: none"> <li>o Self pay (we will help families get reimbursement for services from insurance companies).</li> <li>o Mass Health, managed by MBHP as primary insurance has been paying – with preauthorization</li> <li>o Some insurance agencies pay at least partial reimbursements</li> <li>o Must pay at time of visit</li> </ul> <hr/> <p><b>Languages:</b>            English</p>
<p><b>Baker Mental Health Consulting, LLC.</b>            51 Union Street, Suite 214            Worcester, MA 01608            508-769-7812</p> <p>You can also submit referrals online at:  <a href="http://www.BakerMentalHealthConsulting.com">www.BakerMentalHealthConsulting.com</a>  <a href="mailto:Referrals@BakerMHC.com">Referrals@BakerMHC.com</a></p>	<p><b>Services Offered:</b></p> <ul style="list-style-type: none"> <li>• Individual, couples, and family therapy for adults (ages 17+).               <ul style="list-style-type: none"> <li>o Dual diagnoses</li> <li>o Adult survivors of childhood trauma</li> <li>o Anger management</li> <li>o Anxiety</li> <li>o Depression</li> <li>o Adjustment and support around legal complications</li> <li>o Relationships conflicts</li> </ul> </li> <li>• Trainings and Seminars,</li> <li>• LMHC Supervision.</li> <li>• No Psychiatrist on staff</li> </ul> <hr/> <p><b>Evaluations:</b>            Substance Abuse and Mental Health Evaluations and Psychological Testing</p>	<p><b>Insurances:</b> Most insurance providers including Masshealth and commercial plans.</p> <hr/> <p><b>Language Capacity:</b>            English</p>

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<p><b>Behavioral Healthcare Services</b>            NEW: 435 Shrewsbury Street            Worcester, MA 01604</p> <p>Bhsdab.com            (508) 753-5554 (Main Line &amp; for Psychiatrist medication care)            508-757-5904 – After hours emergency line</p>	<ul style="list-style-type: none"> <li>o Individual &amp; family counseling (children ages 4 &amp; up)</li> <li>o Medication Management</li> <li>o No group work</li> <li>o No home visits</li> <li>o Psychiatrist on staff (speaks Arabic &amp; Spanish)</li> </ul> <hr/> <p><b>Evaluations:</b></p> <ul style="list-style-type: none"> <li>o Physical / sexual abuse evaluations</li> <li>o Substance abuse evaluations (clinical only)</li> <li>o ADHD evaluations</li> </ul>	<ul style="list-style-type: none"> <li>o Almost all major insurances accepted based on therapist.</li> <li>o MassHealth accepted (Not MassHealth Safety Net).</li> <li>o Beacon Plans</li> <li>o Blue Cross, Blue Shield, Celta Care, Cigna, Community Care Cooperative, Harvard Pilgrim, MBHP and Steward health Choice, Tufts and UBH</li> </ul> <hr/> <p><b>Languages:</b></p> <p>Arabic, Spanish and English</p>
<p><b>The Bridge of Central MA Safe Homes</b>            4 Mann Street            Worcester, MA 01602            508-755-0333 x. 1142</p>	<ul style="list-style-type: none"> <li>o Individual &amp; Family Counseling for LGBTQ youth ages 14-23 on Tuesdays from 2-6 PM and Thursdays 4-6 PM</li> </ul>	<ul style="list-style-type: none"> <li>o FREE: no payment required (Appointment Necessary)</li> </ul>
<p><b>The Bridge of Central MA</b></p> <p>The Bridge Counselling Center            4 Mann Street            Worcester, MA 01602            508-755-0333</p> <p>To reach the Counselling Center call:            508-755-0333 x1168  <a href="http://www.thebridgecounselingcenter.org">www.thebridgecounselingcenter.org</a></p>	<ul style="list-style-type: none"> <li>o Provides Outpatient mental health services including DBT Informed treatment, Cognitive Behavioral Therapy, Cognitive Restriction for PTSD and Supportive Therapy for adults and children.</li> <li>o Weekly Adult and Adolescent DBT skills groups.</li> <li>o Limited availability for Psychiatry.</li> </ul> <hr/> <p><b>Evaluations offered:</b> none</p>	<ul style="list-style-type: none"> <li>o Accepts most major insurance including Mass Health. Private Pay also available</li> </ul> <hr/> <p><b>Language Capacity:</b>            English</p>

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<b>Cedar Street Family Clinic</b> 340 Main Street, Suite 869 Worcester, MA 01608 508-752-1331	<ul style="list-style-type: none"> <li>o Individual counseling (ages 5 &amp; up)</li> <li>o Home-based counseling</li> <li>o Medication Mgt.</li> <li>o Psychological Testing for adults and children</li> <li>o Medication Evaluations</li> <li>o Psychiatrist can prescribe meds monthly</li> <li>o Spanish-speaking counselor</li> </ul>	<ul style="list-style-type: none"> <li>o Accepts Mass Health (all types), Fallon, Blue Cross /Blue Shield, United, Harvard/Pilgrim, Tufts, Beacon Health Strategies, Nhbd. Health Plan</li> </ul>
<b>CENTRO</b> 11 Sycamore Street Worcester, MA 01608 508-798-1900 Ext 350  *referrals can also be made online on our website: <a href="http://www.centroinc.org">www.centroinc.org</a>	<ul style="list-style-type: none"> <li>o In-home therapy services for children and adolescents</li> <li>o Therapeutic Mentoring</li> <li>o a Child / Adolescent psychiatric prescriber</li> </ul>	Payment: Mass Health (MBHP)  <hr/> <ul style="list-style-type: none"> <li>o <b>Languages:</b> English and Spanish</li> </ul>

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<p><b>Children’s Friend (The Ellsworth Child and Family Counseling Center of Children’s Friend)</b>  20 Cedar Street  Worcester, MA 01609  (508) 753-5425  M-F, 8am – 8pm  Saturdays by appointment.</p> <hr/> <p><b>Carriage House – The Center for Grieving Children</b></p>	<ul style="list-style-type: none"> <li>o Specializes in outpatient counseling for children and adolescents and their parents</li> <li>o Cognitive Testing</li> <li>o ADHD Evaluations</li> <li>o No parenting or sexual abuse evaluations.</li> <li>o Personality Testing</li> <li>o Psychiatrist on staff who can prescribe meds</li> <li>o Therapeutic groups</li> <li>o DBT – Dialectical Behavior Therapy – Comprehensive program for adolescents</li> <li>o Social Skills Group</li> <li>o Trauma Specialty, including TF-CBT &amp; ARC</li> <li>o Services and supports for transgender and gender variant youth and their parents/caregivers</li> </ul> <hr/> <p><b>Evaluations Offered:</b>  Psychological testing (both cognitive and personality) and ADHD evaluations. We can do some developmental testing as well (like birth to preschool) We do not do parenting evals or formal sexual abuse evals.</p> <hr/> <ul style="list-style-type: none"> <li>o Peer support group for children ages 3-18 who have experienced the death of a parent, primary caregiver or sibling: Meets every other week  Contact Emily Mullen for more information; 508-753-5425</li> </ul>	<ul style="list-style-type: none"> <li>o Accepts most insurances</li> <li>o Sliding Fee scale</li> <li>o Does accept both the Mass Behavioral Health Plan &amp; Children’s Medical Security Plan</li> </ul> <p>-----</p> <p><b>Language Capacity:</b> We have Spanish and Albanian, along with English</p> <ul style="list-style-type: none"> <li>o Free – no insurance needed (for the Carriage House program)</li> </ul>

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<p><b>Community Healthlink, Inc.</b></p> <p>72 Jaques Avenue Worcester, MA 01610</p> <p>Phone Numbers:</p> <p>Emergency Services: (866) 549-2142</p> <p>Addiction Crisis Help: (508) 860-1200</p> <p>Outpatient Counseling: (508) 421-4411</p>	<ul style="list-style-type: none"> <li>o Behavioral Health and Addiction Urgent Care: open 24/7/365 for walk-in addiction treatment or mental health emergencies</li> <li>o --12 Queen Street, Worcester, basement level</li> <li>o Inpatient Detox</li> <li>o Intensive Post-Acute Recovery Clinical Stabilization Service (PASSages)</li> <li>o Transitional Support Services (TSS) for substance use recovery</li> <li>o Outpatient counseling services for adults, including mental health and substance use counseling</li> <li>o Crisis Stabilization Unit</li> <li>o Emergency Services For mental health - emergency 24 hour hotline: Contact 1-800-977-5555 or 1-866-549-2142</li> </ul>	<ul style="list-style-type: none"> <li>o Accepts a wide variety of various insurances with referral</li> <li>o Accepts the Mass Behavioral Health Plan</li> </ul> <p>-----</p> <p><b>Language Capacity:</b></p> <ul style="list-style-type: none"> <li>o Spanish speaking clinicians</li> <li>o Interpreter services</li> </ul>
<p><b>Community Healthlink Youth and Family Center</b></p> <p>335 Chandler Street Worcester, MA 01602 (508) 791-3261</p>	<ul style="list-style-type: none"> <li>o Outpatient counseling for adults &amp; children</li> <li>o Spanish speaking clinicians</li> <li>o Portuguese speaking clinicians</li> </ul> <p>Community Healthlink's Youth &amp; Family Center offers a variety of mental health, substance abuse and social services throughout Worcester County. Programs include:</p> <ul style="list-style-type: none"> <li>o <b>School Support-</b> staff provide clinical services to at-risk youngsters and teens helping them deal with the issues that can distract them and prevent them from school success. Contact: <b>508-791-3261</b></li> <li>o <b>Victim Services-</b> Provides therapeutic services, advocacy and outreach for children, teens and non-offending family members who have witnessed violence, or been victims of violence, victims of violence, sexual abuse, or other crimes. Includes family members who have lost loved ones to homicide, including vehicular homicide. Contact at 508-791-3261</li> </ul>	<ul style="list-style-type: none"> <li>o Accepts most insurances including MassHealth</li> <li>o Accepts both the Mass Behavioral Health Plan and the Children's Medical Security Plan</li> <li>o Flat Sliding Fee Scale</li> </ul> <p>-----</p> <p><b>Language Capacity: For Outpatient Counseling:</b></p> <p>Spanish speaking clinicians Portuguese speaking clinicians</p>

	<ul style="list-style-type: none"> <li>o <b>Highland Grace House-</b> is a 90-day program for girls (ages 13-17) who seek long-term recovery from their addiction to drugs and/or alcohol. Contact 508 860-1172</li> <li>o <b>TFK – Together for Kids Coalition-</b> provides support for children in preschool settings that includes consultation, teacher training and parent skill development. Contact 508 421-4453</li> <li>o <b>Motivating Youth Recovery-</b> MYR is a 20-bed acute detoxification and stabilization program (up to 30 days) for adolescents 13-17. Contact 508 860-1244</li> </ul> <p><b>Families &amp; Communities Together-</b>CHL’s Community Service Agency which serves central and northern Worcester County providing Intensive Care Coordination and Parent Partnering to member families~ part of the state’s Child Behavioral Health Initiative. For the greater Worcester Area, Contact 1 877 778-5030. For the North County Area (Leominster, Fitchburg, Gardner, and surrounding towns) contact 1-877-240-2755.</p> <ul style="list-style-type: none"> <li>o <b>Youth Mobile Crisis Intervention-</b> provides crisis intervention and stabilization services in homes, schools, residential and foster placements, community locations and emergency departments for youth up to age 21. Contact 1-866-549-2142 (Worcester) or 1-800-977-5555 (North County).</li> <li>o <b>CBHI Services-</b> provides In Home Therapy and Therapeutic Mentoring for families who qualify and have MassHealth. Contact: 774-312-2722 or 978-401-3913 for North County</li> </ul>	<p>-----</p> <ul style="list-style-type: none"> <li>o <b>School Support:</b> Accepts most commercial health insurances not including Cigna or Tufts Navigator. Accepts all MassHealth</li> <li>o <b>Victim Services:</b> Assists clients in applying for victim compensation and if accepted and eligible, service is at no cost. Otherwise accepts most commercial health insurances and MassHealth</li> </ul> <hr/>
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<p><b>Cornerstone Behavioral Health</b></p> <p>397 Grove Street</p> <p>Worcester, MA 01605</p> <p>Phone: 508-791-3677 Fax: 508-791-3655</p> <p><a href="http://www.cornerstonebehavioralhealth.com">www.cornerstonebehavioralhealth.com</a></p>	<p>Counseling and Therapy Services</p> <ul style="list-style-type: none"> <li>• Cognitive Behavioral Treatment (CBT)</li> </ul> <p>Psychiatry for children and adolescents (ages 7 and up)</p> <p>Educational services</p> <ul style="list-style-type: none"> <li>• Educational, learning disability, and neuropsychological evaluations</li> <li>• Educational advocacy</li> <li>• Educational coaching</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <p>Neuropsychological and psychological assessments</p> <p>Forensic neuropsychological evaluations</p>	<p>Accepts the following insurances: United Behavioral Health, BCBS, Beacon Health Strategies, Fallon Community Health, Fallon Total Care, Harvard Pilgrim, Neighborhood Health, Network Health, BMC, Tufts, GIC, MBHP for testing, Medicare</p> <p>Does not take Masshealth</p> <hr/> <p><b>Language capacity:</b> Just English right now</p>
<p><b>CrossPoint Clinical Services</b></p> <p>121 Lincoln Street, Worcester, MA 01605</p> <p><a href="http://www.crosspointclinical.org">www.crosspointclinical.org</a> 413-73-CROSS (413-732-7677)</p>	<p>Services Provided: Outpatient mental health services for children, adolescents, adults, couples and families.</p> <p>Additionally offer Christian based services for those who are interested.</p>	<p>Payment: Accept most insurances or self-pay.</p> <p><b>Languages:</b> English and Haitian Creole in the Worcester office.</p> <p>English and Spanish in the West Springfield office.</p>

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<p><b>Counseling and Assessment Clinic of Worcester, LLC</b>  255 Park Ave, Suite 804  Phone: 508-756-5400  Fax: 508-756-5433</p> <p><b>Worcester Union Street Office</b>  51 Union Street, Suite 105  Worcester, MA 01608  Phone: 508-756-2005  Fax: 508-756-2119</p> <p><b>Fitchburg Office</b>  76 Summer Street, Suite 200  Fitchburg, MA 01420  Phone: 978-696-3035  Fax: 978-400-5292</p> <p>33 Electric Avenue, Suite 204  Fitchburg, MA 01420  Phone: 978-345-9400  Fax:  978-345-9411</p>	<ul style="list-style-type: none"> <li>• <b>Individual, Adolescent &amp; Family Counseling including Home-Based Outpatient Therapy.</b></li> <li>• <b>Group Counseling-</b> Nurturing Parenting, Domestic Violence, Anger Management, Dual Diagnosis, Relapse Prevention, Codependent Relationships, Families &amp; Addiction, Teen Anger Management, Dealing with Trauma, Social Skills for Children</li> <li>• <b>CBHI Services</b> - In Home Therapy, In Home Behavioral Therapy, Therapeutic Mentoring</li> <li>• Community Support Program</li> <li>• Medication Assessment and Management (must be referred by a therapist) &amp; Prescriptions</li> <li>• Nurse Practitioner on staff</li> <li>• Substance Abuse Counseling at Union Street, Worcester MA</li> <li>• Structured Outpatient Addiction Program</li> <li>• Transitional Aged Youth Structured Outpatient Addiction Program</li> <li>• First Offender Driver Alcohol Education Program</li> <li>• Second Offender Aftercare in our Substance Abuse Program</li> <li>• DBT Coping Skills Group (Fitchburg)</li> <li>• DBT Skills for Adolescents (Fitchburg)</li> </ul> <hr/> <p><b>Evaluations Offered:</b> Mental Health and Substance Abuse Evaluations</p>	<p>Masshealth (MBHP, BMC Healthnet, NHP, Fallon, TUFTS, UNIFY)  Commonwealth Care Alliance, United Behavioral Health and Blue Cross Blue Shield</p> <hr/> <p><b>Language Capacity:</b>  English, Spanish, Haitian Creole</p>
<p><b>Chrysalis Therapy and Wellness</b>  61 Harvard Street,  Worcester 01609, p: 508-579-2964.</p> <p>Email:  <a href="mailto:zaza@zsakhattherapy.com">zaza@zsakhattherapy.com</a>  Website:  <a href="http://www.zsakhattherapy.com">www.zsakhattherapy.com</a>.</p>	<p>Individual counseling serving children ages 3+, adolescents, and families</p> <hr/> <p><b>Evaluations Completed:</b> none</p>	<p>Tufts, BCBS, and private pay.</p> <hr/> <p><b>Language Capacity:</b>  English &amp; Arabic</p>

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<p><b>Eating Disorders Collaborative of Massachusetts</b>            2 Ayers Street, North Brookfield, MA 01535  <a href="http://www.eatingdisorderscollaborativema.org/">http://www.eatingdisorderscollaborativema.org/</a>            Email: edc-ma@eatingdisorderscollaborativema.org</p>	<p>Resources to assist in finding treatment options for those struggling with disordered eating and co-occurring addictions.</p>	<p>Free</p>
<p><b>Edward M. Kennedy Community Health Center</b>            Behavioral Health Services            19 Tacoma Street            Worcester, MA 01605            (508) 595-0750</p>	<ul style="list-style-type: none"> <li>○ Outpatient multilingual psychotherapy for children, adolescents and adults (bilingual therapists, telephonic interpretation)</li> <li>○ Psychiatry services for adults only</li> <li>○ Pharmacy on site.</li> <li>● **BH Services available for health center patients only</li> </ul>	<ul style="list-style-type: none"> <li>○ MassHealth all plans</li> <li>○ Medicare and Medicaid</li> <li>○ HSNO</li> <li>○ CMSP</li> <li>○ Commercial Insurances</li> </ul> <hr/> <p><b>Language Capacity:</b>            Multilingual via translation services</p>

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<p><b>Enlightened Interventions, LLC</b>            25 Union Street, 3<sup>rd</sup> floor            Worcester, MA 01608  <a href="mailto:enlightenedinterventions@gmail.com">enlightenedinterventions@gmail.com</a>  <a href="http://www.enlightenedinterventionsllc.org">www.enlightenedinterventionsllc.org</a></p> <p>(508) 317-2323</p>	<ul style="list-style-type: none"> <li>o Individual, family, couples, and group therapy; training and clinical consulting services, and holistic health interventions to enhance and support overall wellness</li> <li>o All of our clinicians are independently licensed and have advanced training and certifications in specialty areas, such as trauma. We have clinicians certified and trained in EMDR, DBT, CBT, ARC, TF-CBT, Motivational Interviewing, solution-focused therapy, CPP, and PMT. We also offer home-based family therapy interventions.</li> <li>o Individual Therapy (Ages 3.5-65)</li> <li>o Couples &amp; Family Therapy</li> <li>o Group Therapy (DBT, parenting, rotating curriculums for other disorders)</li> <li>o Parenting Sessions</li> <li>o Home-Based family/individual therapy</li> <li>o Massage Therapy</li> <li>o Reiki, Reflexology, Acupuncture</li> <li>o Nutritional Counseling</li> <li>o Hypnotherapy</li> <li>o Yoga &amp; Pilates</li> <li>o Barre Wellness Workshops</li> <li>o We also offer art, music, and dance/movement therapy and no longer offer hypnotherapy.</li> <li>o We also offer professional development trainings and supervision/consultations for clinicians and agencies.</li> <li>o <b><u>Crisis Protocol:</u></b>            Call (508)317-2323 Rotating on-call schedule with 24 hour coverage for mental health crises.</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>o Diagnostic Assessments</li> <li>o Substance Abuse Assessments</li> </ul>	<p>We currently accept BCBS, Tufts Health Plan, United Behavioral Health, Harvard Pilgrim, Tricare Military Insurance, Network Health, MBHP, GIC, and self-pay. We have sliding scale available.</p> <hr/> <p><b>Language Capacity:</b> none at this time</p> <p><u>Interpretation Services</u>            Interpreter services provided by UMASS system.</p>

Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><b>Family Continuity Programs</b>  29 East Mountain Street,  2<sup>nd</sup> floor  Worcester, MA 01606</p> <p>508-755-0556</p>	<ul style="list-style-type: none"> <li>o Outpatient counseling and psychiatry</li> <li>o Community Based Services through the Mass Health CBHI Initiative (for ages 3-21): <ul style="list-style-type: none"> <li>o In-home therapy</li> <li>o Therapeutic Mentoring</li> </ul> </li> <li>o Most clinicians are trained in trauma focused cognitive behavioral therapy</li> <li>o Home based services in Worcester &amp; Whitinsville Clinics</li> <li>o Behavioral Health Community Partners Program: a new Care Coordination program for individuals on Mass Health with health and social needs.  For more information you can visit: <a href="http://WWW.BHPMW.INFO">WWW.BHPMW.INFO</a> or <a href="http://WWW.FAMILYCONTINUITY.ORG">WWW.FAMILYCONTINUITY.ORG</a></li> <li>o <i>*Community Support Program (CSP) for adult refugees (various languages available) through cultural broker program</i>  : community support services and care coordination for refugees with behavioral health and medical needs</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>o Does medication evaluations (for children and adolescents)</li> </ul>	<ul style="list-style-type: none"> <li>o All forms of Mass Health except CeliCare</li> <li>o Accepts all private insurances except for Cigna and Aetna</li> <li>o Waiting list for sliding fee eligibility.</li> </ul> <hr/> <p><b>Language Capacity:</b>  Home based clinician who speaks Spanish</p>
<p><b>Family Health Center of Worcester (FHCW)</b>  26 Queen Street  Worcester, MA 01610</p> <p>(508) 860-7930  (behavioral health services direct line)  Direct fax:  (508) 860-7989</p>	<ul style="list-style-type: none"> <li>o <u>Services available only for families who have a primary care doctor at FHCW</u></li> <li>o One psychiatric nurse practitioner to prescribe medication - (must be seeing a FHCW therapist)</li> <li>o Spanish , Portuguese, Vietnamese &amp; English speaking therapists for children, adolescents &amp; adults</li> <li>o Pharmacy on site.</li> <li>o Behavioral Health Integrated on the medical team. <ul style="list-style-type: none"> <li>• Behavioral Health Services in selected School-Based Health Centers</li> </ul> </li> </ul> <hr/> <p><b>Evaluations offered:</b>  Mental health assessments</p>	<ul style="list-style-type: none"> <li>o MassHealth – all plans</li> <li>o Medicare A&amp;B</li> <li>o Blue Cross / Blue Shield – ONLY Preferred provider organ. (PPO) with co-pay</li> <li>o Health Safety Net (HSN)</li> <li>o Tufts Health Together, Tufts Health Direct, and commercial Tufts</li> <li>o Sliding fee scale according to income</li> </ul> <hr/> <p><b>Interpreter services available</b></p>

Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><b>Family Services of Central MA</b>  31 Harvard Street  Worcester, MA 01609  (508) 756-4646  <a href="http://www.fscm.org">www.fscm.org</a></p>	<ul style="list-style-type: none"> <li>○ Outpatient counseling for individuals, groups and families, inclusive of children ages 5 and older, adolescents, adults, and seniors</li> <li>○ Daytime and evening appointments</li> <li>○ No waitlist!</li> <li>○ Court-approved parent education program</li> <li>○ Parents Apart – for divorcing parents with minor children</li> <li>○ Employee Assistance Program</li> <li>○ Center for Childcare Careers: offers training to daycare providers and teachers on early child development (Spanish-speaking staff member)</li> <li>○ Family and dispute mediation services, approved by the Comm of MA Trial Court &amp; Family and Probate Court</li> </ul> <hr/> <p><b>Evaluations Offered:</b>  Mental Health Evaluations</p>	<ul style="list-style-type: none"> <li>○ Accepts Aetna, Harvard Pilgrim, FCHP (Direct and Select), Tufts, BCBS (most), Blue Care 65, Boston Medical, Commonwealth Care Alliance, Fallon Total Care, Neighborhood Health Plan, Network Health Plan/Tufts Public, United Behavioral Health, TriCare.</li> <li>○ Self-pay available with sliding scale fee according to income</li> <li>○ Mediation services may be covered by Commonwealth of Massachusetts Attorney General's Office, UMass MOPC, and the Department of Revenue</li> </ul> <hr/> <p><b>Language Capacity:</b>  Spanish &amp; English clinicians</p>

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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Genesis Club, Inc.</b>            274 Lincoln St.            Worcester, MA 01605            P: 508-831-0100            F: 508-425-3985</p>	<ul style="list-style-type: none"> <li>o Open to adults 18 and older with a diagnosed mental illness</li> <li>o Enter or reenter the workforce through temporary or permanent employment opportunities</li> <li>o Enter and complete high school, vocational program, college or HiSET at the school of your choice</li> <li>o Assistance, activities, and opportunities designed to help members develop and maintain healthy lifestyles</li> <li>o Search for and obtain decent and affordable housing</li> <li>o Immediate engagement of young adults, ages 18-25, in their identified goals</li> <li>o Recovery through work, friendships, and engagement in meaningful activities in a structured work day with full member participation M-Th 8:00-5:00; Friday 8:00-4:00</li> <li>o Evening and weekend social activities: Thursday 5:00-7:00 and Saturday 10:00-2:00</li> </ul>	<ul style="list-style-type: none"> <li>• No Fee</li> <li>• Visit our website or call to learn more and find out about how to become a member</li> </ul>
<p><b>Integrated Wellness Management, Inc.</b>            50 Lake Ave.            Worcester, MA 01604            508-887-3310</p>	<p>We provide outpatient counseling to individuals, couples and families. Our approach to treatment is to address the mental, physical and spiritual needs of each client.</p> <p>Clinical concerns treated: Anxiety, depression and other mood disorders, ADHD, anger management, peer relationships, family conflict, coping skills, grief, life transitions, trauma and PTSD.</p> <p>We do not have a psychiatrist on staff.</p> <ul style="list-style-type: none"> <li>o</li> </ul>	<p>We accept many private insurances including Blue Cross, Tufts, Fallon, UBH, and Harvard Pilgrim.</p>

<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Island Counseling Center</b></p> <p>108 Grove Street Worcester, MA 01605-2651 (508) 753-3220</p> <p>For new intakes visit our website to fill out an intake form at: <a href="#">ICC Intake</a></p>	<ul style="list-style-type: none"> <li>• Psychiatric Evaluations</li> <li>• Medication Management</li> <li>• Individual Therapy (Psychiatric and Substance Abuse)</li> <li>• Couples and Family Therapy</li> <li>• Cognitive Behavioral Therapy (CBT)</li> <li>• Dialectic Behavioral Therapy (DBT)</li> <li>• <u>Transcranial Magnetic Stimulation (TMS Therapy)</u></li> <li>• Medication Assisted Treatment (MAT) – Suboxone for Opiate Addiction</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>• Psychiatric Evaluations</li> <li>• Does <b>NOT</b> offer one-time parenting, psychological sexual abuse or sex offender assessments</li> </ul>	<p><b>Insurances</b></p> <ul style="list-style-type: none"> <li>• Aetna</li> <li>• Blue Cross Blue Shield</li> <li>• BMC HealthNet</li> <li>• Cigna Health Care</li> <li>• Commonwealth Care Alliance</li> <li>• Fallon Community Health Plan</li> <li>• Harvard Pilgrim</li> <li>• Masshealth Standard</li> <li>• MBHP</li> <li>• Medicare</li> <li>• Neighborhood (NHP)</li> <li>• Network Health</li> <li>• Tufts Health Care</li> <li>• United Health Care</li> <li>• TriCare (Humana Military)</li> </ul> <p>Sliding Fee also offered</p> <hr/> <p><b>Language Capacity:</b> English, Spanish and Arabic</p>

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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Ivy Child International</b>  P.O. Box 63  Worcester, MA 01613   <a href="http://www.ivychild.org">www.ivychild.org</a>  <a href="mailto:info@ivychild.org">info@ivychild.org</a>   Phone: 508-299-7905  Fax: 508-300-7755</p>	<ul style="list-style-type: none"> <li>• Multicultural mindfulness-based programs offered through: <ul style="list-style-type: none"> <li>• Yoga</li> <li>• Meditation</li> <li>• Music</li> <li>• Art</li> </ul> </li> <li>• Health education and therapeutic care to children, youth, caregivers, and health/medical providers</li> <li>• Individual and group assessment</li> <li>• Mentoring and Leadership</li> <li>• Multilingual services</li> <li>• Programs are offered as campus and community programs</li> </ul>	<ul style="list-style-type: none"> <li>• Fee for service</li> <li>• Accepts MassHealth and Harvard Pilgrim</li> <li>• Visit the <a href="#">website</a> or email <a href="mailto:info@ivychild.org">info@ivychild.org</a> for more information</li> </ul>
<p><b>Jeremiah's Inn, Inc.</b>  1059 Main Street  P.O. Box 30035  Worcester, MA 01603  Phone- 508-755-6403  Fax-508-793-9568  TDY-508-459-3248  email-  <a href="mailto:info@jeremiahsinn.com">info@jeremiahsinn.com</a>  <a href="http://www.jeremiahsinn.com">www.jeremiahsinn.com</a>  We are also on Facebook and Instagram</p>	<p>We are a six-nine month social model recovery home for men. We offer the following services to our residents:</p> <ul style="list-style-type: none"> <li>• In-house treatment programming</li> <li>• Referral services</li> <li>• Case management services</li> <li>• Vocational support services</li> <li>• Innovative holistic recovery approaches such as yoga, Reiki, hiking, and meditation</li> <li>• Coordination of in-house counseling services provided by Baker Mental Health</li> </ul>	<p>Residents pay a program fee of \$10 per day. Residents can pay this fee with cash, money order, or SNAP benefits. The fee is waived for the first 30 days of treatment, unless it is being paid with SNAP benefits.</p>

<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Jewish Family &amp; Children's Service</b>            PO Box 16770            484 Main Street            Worcester, MA 01601            (508) 755-3101</p>	<ul style="list-style-type: none"> <li>○ CBHI Services: In home therapy, therapeutic mentoring, in home behavioral therapy, outpatient counsel, school observations</li> </ul>	<ul style="list-style-type: none"> <li>• Please call for insurance information.</li> <li>• we accept Mass Health, MBHP, Beacon-Fallon, and Tufts Network for CBHI Services</li> </ul>
<p><b>Key Program, Inc.</b>            5 State Street            Worcester, MA            508-752-1560            508-752-1570</p>	<ul style="list-style-type: none"> <li>○ Child's Behavioral Health: in home therapy and Therapeutic Mentoring</li> <li>○ Spanish language capacity</li> <li>○ Receives referrals from DCF for outreach and tracking, enhanced in-home therapy, and respite.</li> </ul> <p>-----</p> <p><b>Evaluations offered:</b> Key does have assessment/evaluation capacity but not in the Worcester area. It is through either our clinics in Waltham or Springfield.</p>	<ul style="list-style-type: none"> <li>• Accepts various forms of insurance. Call for more information.</li> </ul> <hr/> <p><b>Language Capacity:</b> usually have Spanish speaking staff but not at this time – call to check</p>
<p><b>KIVA Wellness Center (Central Mass Recovery Learning Community)</b>            209 Shrewsbury Street            Worcester, MA 01604            508-751-9600</p>	<p>Run by and for people with mental health conditions 18 years and older Peer-to-peer services and peer-run programs including:</p> <ul style="list-style-type: none"> <li>○ Trauma and recovery</li> <li>○ Coping with anger</li> <li>○ Alternatives to suicide</li> <li>○ Art and journaling</li> <li>○ Voice Hears support group</li> <li>○ Various events: yoga, zumba, karaoke</li> <li>○ Trauma-informed peer support training</li> </ul>	<p>Free. No referral or insurance needed.</p> <hr/> <p><b>Language Capacity:</b> Spanish, English, Portuguese spoken and ASL</p>

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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>LIFT (Living Together in Freedom)</b></p> <p>(774) 243-6025  <a href="https://liftworchester.org/">https://liftworchester.org/</a></p>	<ul style="list-style-type: none"> <li>• Weekly drop-in program</li> <li>• Referrals to medical, mental health and social services</li> <li>• Weekly, confidential support group for survivors of CSE</li> <li>• Outreach and advocacy</li> <li>• Awareness raising</li> <li>• Peer mentoring</li> <li>• Training for community agencies</li> <li>• Leadership opportunities for survivors</li> </ul>	<p>All Services are free</p>
<p><b>LIKEMIND Mental Health &amp; Wellness, Inc.</b>  51 Union Street  Suite 222  Worcester, MA 01608  (508) 635-4360  <a href="http://www.likemindmentalhealth.com">www.likemindmentalhealth.com</a>  <a href="mailto:info@likemindmentalhealth.com">info@likemindmentalhealth.com</a></p>	<p><b>Services Offered:</b></p> <ul style="list-style-type: none"> <li>• Individual, couples, and family therapy for young adults</li> <li>• Medication Consultations (available for therapy patients only)</li> <li>• Neuropsychological Evaluations</li> <li>• ADHD Evaluations</li> <li>• Learning Disorder Evaluations</li> <li>• Adult Autism/Asperger Evaluations</li> <li>• Group Therapy (offered periodically)</li> </ul> <p><b>Specialties:</b> Young Adult Issues, Life Transitions, Anxiety, Depression</p>	<p><b>Insurances:</b></p> <ul style="list-style-type: none"> <li>o BCBS</li> <li>o Beacon Health Strategies (including Fallon, BMCHP, NHP)</li> <li>o Optum, United Healthcare, Harvard Pilgrim (excluding evaluations)</li> </ul>

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<p><b>LUK, Inc.</b>  40 Southbridge Street  4<sup>th</sup> Floor  Worcester, MA 01608  Phone: 508-762-3000  To make a referral, please call:  Central Referral Line: (978)829-2222  or  Toll Free: 800-711-4585  Fax Line: 978-829-2250  Email: <a href="mailto:Referrals@LUK.org">Referrals@LUK.org</a>  Website: <a href="http://www.LUK.org">www.LUK.org</a></p> <p>Other LUK Locations in Central MA:  545 Westminster St. Fitchburg, MA 01420  Phone: 978-345-0685  Toll-Free: 800-579-0000</p> <p>251 Main St. Webster, MA 01570  Phone: 508-640-0011</p>	<p><b>LUK Behavioral Health Clinic – Mental Health Services</b></p> <ul style="list-style-type: none"> <li>o Serving youth, individuals, and families</li> <li>o Family Counseling</li> <li>o Individual Therapy</li> <li>o Couples Counseling</li> <li>o Expressive Art Therapy</li> <li>o Group Counseling</li> <li>o Psychoeducation Groups</li> <li>o Psychological Evaluations</li> <li>o Medication Management</li> <li>o Psychiatric Consultation &amp; Services</li> <li>o Individual and Family Assessment</li> <li>o Gambling Assessments</li> <li>o Gambling Treatment</li> </ul> <p><b>Evaluations Offered:</b>  Psychological Evaluations</p> <p><b>LUK Behavioral Health Clinic – Substance Abuse Services</b></p> <ul style="list-style-type: none"> <li>o <b>BSAS FI (Bureau of Substance Abuse Treatment Family Intervention )</b> – Using the evidence-based Adolescent Community Reinforcement Approach/Assertive Continuing Care, an effective <b>home-based</b> recovery support and treatment service for youth and young adults</li> <li>o <b>CRAFT (Community Reinforcement and Family Training)</b> - an evidence-based model for parents of youth and young adults who are either in recovery or currently using substances</li> <li>o Substance Abuse Evaluations  Outpatient substance abuse assessment and treatment</li> </ul> <p><b>Central Massachusetts Child Trauma Center</b></p> <ul style="list-style-type: none"> <li>o Providing evidence-based trauma-focused treatments for youth ages 0-18 including Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Child Parent Psychotherapy (CPP), Attachment, Self-</li> </ul>	<ul style="list-style-type: none"> <li>o Accepts various insurances, including the following MassHealth products:</li> <li>o MBHP</li> <li>o Neighborhood Health Plan</li> <li>o Beacon</li> <li>o Network Health</li> <li>o Fallon</li> <li>o Medicaid</li> <li>o Limited Blue Cross/Blue Shield and Tufts</li> <li>o Limited funding for uninsured/ underinsured for substance abuse and gambling treatment</li> <li>o Private pay with sliding fee scale available</li> <li>o BSAS FI Program is funded through 3<sup>rd</sup> Party and funds through BSAS</li> </ul> <hr/> <p><b>Language Capacity at Clinic:</b>  English</p>

	<p>Regulation, and Competency Therapy(ARC), and Cognitive Behavioral Therapy for Trauma in the Clinic and Home</p> <ul style="list-style-type: none"> <li>o Training in trauma-focused evidence-based treatment for youth ages 0-18</li> <li>o Training in trauma-informed services</li> <li>o Services for military families who have experienced trauma</li> </ul> <p><b>Children’s Behavioral Health Initiative Services</b></p> <ul style="list-style-type: none"> <li>o In Home Therapy – intensive therapy for a youth and family to treat the youth’s behavioral health needs and assist the family as they support the youth in the home</li> <li>o Therapeutic Mentoring – 1:1 coaching and support for youth to learn social skills, and better ways to interact with other youth and adults</li> <li>o In Home Behavioral Services – assist youth and family with specific problem behaviors that get in the way of everyday life Twi and Lebanese capacity for TM services Spanish capacity for IHT</li> </ul> <p><b>Families and Communities Together (FCT)</b> <b>Please note- Referrals for FCT services are made directly to Community Health Link</b></p> <ul style="list-style-type: none"> <li>o Intensive Care Coordination (ICC) – using the Wraparound care planning process to coordinate multiple services and supports for youth with Serious Emotional Disturbance (SED).</li> <li>o Family Support and Training – a Family Partner, an individual with experience as a caregiver of a child with special needs, works closely with the care coordinator and supports the parent in their work with their child Spanish capacity for FS&amp;T</li> </ul> <p><b>Victim Services</b></p> <ul style="list-style-type: none"> <li>o SAVE Program – provides therapeutic services, advocacy, and outreach for individuals (and their friends/families) who have been impacted by an under-the-influence accident.</li> </ul>	<ul style="list-style-type: none"> <li>o Free for individuals who have been impacted by an under-the-influence accident.</li> </ul>
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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Massachusetts MENTOR</b> (Central MA Office)  48 Sword Street  Suite 101  Auburn, MA 01501</p> <p>Main Line: (508) 368-2700  Foster Care: (508) 368-2700 Ext. 2727  Adult Services: (508) 368-2700 Ext. 2723  IHT: (508) 368-2700 Ext. 2703  TM: (508) 368-2700 Ext. 2725  FAX: (508)798-3797  FAX: (508)752-0284 (this fax # is specifically for IHT and TM departments and referrals)</p>	<ul style="list-style-type: none"> <li>• In-Home Therapy (we use an evidenced-based model, Family-Centered Treatment, to provide home based family therapy)</li> <li>• Therapeutic Mentoring</li> <li>• Foster Care</li> <li>• Adult Foster Care/Shared Living</li> <li>• We administer the CANS and Comprehensive Assessment for IHT</li> </ul> <hr/> <p style="text-align: center;"><b>Evaluations Offered:</b> N/A</p>	<p>Payment:  MassHealth (MBHP, Beacon, Tufts)</p> <hr/> <p><b>Language Capacity:</b>  IHT – Spanish, Kiswahili, and Kikuyu  TM – Spanish, Twi, Mandarin</p>

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<p><b>MSPCC Family Counseling Center / Eliot Community Human Services</b>  NEW: 108 Belmont St, Worcester, MA 01605  (508) 753-2967  1-800-442-3035</p>	<p><b>Children’s Behavioral Health Initiative Services</b> (for eligible children under the age of 21):</p> <p><u>In-Home Therapy</u>  Clinicians trained in evidenced-based trauma treatment models: 1) Trauma Focused Cognitive Behavioral Therapy (TF-CBT), and Attachment, Regulation, and Competency (ARC) Home-Visiting Model.</p> <p><u>Therapeutic Mentoring</u></p> <p><b>Outpatient Therapy:</b></p> <ul style="list-style-type: none"> <li>o Clinic-based individual and family therapy. Clinicians trained in TF-CBT.</li> </ul> <p><b>Child Psychiatry:</b></p> <ul style="list-style-type: none"> <li>o Psychiatry services available for ongoing clients.</li> </ul> <p><b><u>Survivor Services</u></b></p> <ul style="list-style-type: none"> <li>o <u>Free</u> individual and family therapy, assistance with referrals, and support navigating medical, legal, and social service systems - provided by clinicians specialized in working with children (and their families) who have been exposed to various types of trauma.</li> <li>o <u>Caregiver Psychoeducation and Support Workshops</u> – <u>free</u> ongoing, weekly workshops for caregivers (bio parents, foster/adoptive parents, grandparents, aunts, uncles, and other caring adults) to learn about supporting their loved-one who has experienced sexual abuse and to connect with other caregivers with similar experiences.</li> <li>o <u>Youth Psychoeducation and Support Workshops</u> – <u>free</u> weekly workshops for youth who have experienced sexual abuse. Ages and topics vary depending on workshop cycle.</li> </ul> <p><b>Prevention:</b></p> <ul style="list-style-type: none"> <li>o Parent Education and Support Programs: <ul style="list-style-type: none"> <li>• Healthy Families</li> </ul> </li> </ul> <hr/> <p><b>Evaluations offered:</b>  We do a CANS assessment and Comprehensive Assessment for each IHT client as those are required by MassHealth.</p> <p>The Survivor Services program complete assessments on an as-needed basis depending on the client, but there are none specifically to list.</p>	<p>Various insurances accepted, including the following MassHealth Products:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> MBHP</li> <li><input type="checkbox"/> Medicaid</li> <li><input type="checkbox"/> Neighborhood Health Plan</li> <li><input type="checkbox"/> Network Health <ul style="list-style-type: none"> <li>o Fallon</li> <li>o Boston Medical Center</li> <li>o Limited BC/BS and Tufts Insurances <ul style="list-style-type: none"> <li>• <b>Free</b> for Child Sexual Abuse Treatment and Recovery Program</li> </ul> </li> </ul> </li> </ul> <hr/> <p><b><u>Language capacity:</u></b>  IHT has English and Mandarin, and TM has English and Spanish. Only English for OP therapists right now</p>
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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Metrowest Neuropsychology</b>  1900 W Park Dr.,  Westborough, MA  01581  Phone: (508) 983-1425</p>	<p>Child and Adolescent Neuropsychology</p> <ul style="list-style-type: none"> <li>○ We provide complete evaluations in our Westborough and Norwell offices, or at on-site locales (e.g., schools). Our evaluation process includes disability diagnoses for ADHD, verbal or nonverbal learning disability, emotional/behavioral issues, autism/Asperger's disorder, and various neurologic conditions, such as childhood stroke, traumatic brain injury (TBI), "mild" traumatic brain injury (mTBI), post-concussion syndrome, and prolonged post-concussion syndrome.</li> </ul> <p>Adult and Geriatric Neuropsychology</p> <ul style="list-style-type: none"> <li>○ Our comprehensive evaluation process includes adult ADHD, verbal or nonverbal learning disability, emotional or psychiatric concerns (such as anxiety, depression, major mood or psychotic disorders), TBI/mTBI (concussion and post-concussion syndrome), and stroke.</li> <li>○ We specialize in neuropsychological evaluations for the emergence of Mild Cognitive Impairment (MCI), Alzheimer's disease, or other dementias (i.e., frontotemporal, Primary Progressive Aphasia, Parkinson's/Huntington's diseases, Vascular, alcohol-induced).</li> </ul>	<ul style="list-style-type: none"> <li>○ BlueCross BlueShield</li> <li>○ Tufts (commercial)</li> <li>○ Medicare</li> <li>○ MBHP</li> <li>○ HPHC/Optum</li> <li>○ UHC</li> <li>○ Private Pay (cash/credit)</li> <li>○ *Health Insurance optional for testing services only</li> </ul> <hr/> <p>Language Capacity: call to inquire</p>

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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Multicultural Wellness Center</b>            NEW: 44 Front Street, 2<sup>nd</sup> floor, suite 200            Worcester, MA 01608            (508) 752-4665            Lorie Alston, Office Manager            Ext 205</p> <p><a href="mailto:info@multiculturalwellness.org">info@multiculturalwellness.org</a></p> <p><a href="http://www.multiculturalwellness.org">www.multiculturalwellness.org</a></p>	<ul style="list-style-type: none"> <li>○ Individual and Family Therapy</li> <li>○ Adolescent Issues</li> <li>○ Group Therapy</li> <li>○ Culturally Centered Counseling: African American, Caribbean, Latino &amp; Biracial</li> <li>○ In-Home Services (CBHI)</li> <li>○ Therapeutic Mentoring</li> <li>○ Community Support Program</li> <li>○ Nurse practitioner</li> <li>○ Medication Management</li> <li>○ Addictions treatment as well as clinicians trained in EMDR and Trauma Focused CBT</li> <li>○ Substance Abuse Treatment, including SOAP (Structured Outpatient Addiction Program)</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>○ Provide psychological, parenting and other assessments, SA evaluations</li> </ul>	<p>Accepts MassHealth, self-pay and some private insurance.</p> <p>Accepts Mass Behavioral Health Plan, Fallon, Neighborhood health plan, BMC &amp; Blue Cross/ Blue Shield, Harvard Pilgrim, Commonwealth Care Alliance (CCA), CeltiCare/Cenpatico and United (UBH)/Optum</p> <hr/> <p><b>Languages:</b>            SA: English &amp; Spanish            Therapy: Spanish, Creole, French, Japanese and African (multiple languages) speaking clinician</p>

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Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><b>New Beginnings Wellness Center</b></p> <p><i>Worcester Office:</i> 1280 Main Street Worcester, MA 01603 Phone: 508-754-1141 Fax: 508-754-1115</p> <p><i>Leicester Office:</i> 803 Main Street Leicester, MA 01524 Phone: 508-892-5500 Fax: 508-892-5554</p> <p>info@newbeginningswc.com</p> <p><a href="http://www.newbeginningswc.com">www.newbeginningswc.com</a></p>	<p><b>Mental Health Services:</b></p> <ul style="list-style-type: none"> <li>o Individual Therapy-serving ages 4 and up</li> <li>o Dual Diagnosis</li> <li>o Family Counseling</li> <li>o Couples Counseling</li> <li>o Group Counseling</li> </ul> <p><b>Medication Management</b> for children and adults. NBWC accepts outside referrals from individuals who are currently enrolled in therapy.</p> <p><b>Children’s Behavioral Health Initiative Services</b></p> <ul style="list-style-type: none"> <li>o In Home Therapy – intensive therapy to treat youth behavioral health needs and improve family capacity to support youth functioning in the home and community.</li> <li>o Therapeutic Mentoring – structured, 1:1 strength-based support services to build the youth’s daily living, social, problem-solving, and communication skills</li> </ul> <hr/> <p><b>Evaluations Offered:</b> Mental health and medication evaluations</p>	<ul style="list-style-type: none"> <li>o MBHP</li> <li>o Commonwealth Care Alliance</li> <li>o Tufts Public Health Plan</li> </ul> <p>Beacon</p> <ul style="list-style-type: none"> <li>o Boston Medical Center</li> <li>o Neighborhood Health Plan</li> <li>o Fallon Community Health Plan</li> <li>o Fallon Direct</li> </ul> <ul style="list-style-type: none"> <li>o Blue Cross Blue Shield</li> <li>o Tufts Health Plan</li> <li>o Self-pay</li> </ul> <hr/> <p><b>Language Capacity:</b> <i>English, Spanish, Twi and Creole</i></p>
<p><b>New England Center for OCD and Anxiety.</b> 47 Prospect Street, West Boylston, MA. <a href="mailto:NewEnglandOCDCenterMA@gmail.com">NewEnglandOCDCenterMA@gmail.com</a>. Email is the best way to contact the Center.</p> <p>NewEnglandOCD.org.</p>	<p>Services: Child and Adult Evaluations for OCD, Anxiety Disorders, Body-Focused Repetitive Behaviors, and Body Dysmorphic Disorder. Cognitive-Behavioral Therapy, Exposure with Response Prevention, Habit Reversal and Stimulus Control, Acceptance and Commitment Therapy.</p> <hr/> <p><b>Evaluations Offered:</b></p> <p>Child and Adult Evaluations for OCD, Anxiety Disorders, Body-Focused Repetitive Behaviors, and Body Dysmorphic Disorder</p>	<p>Not in-network for insurance; will provide receipts for out-of-network reimbursement, but potential patients should check with their individual insurances to determine whether out-of-network benefits are available for their specific plan.</p> <hr/> <p><b>Language Capacity:</b> English. Spanish speaking therapist may be available.</p>

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<p><b>Newton Square Counseling Center</b>  338 Highland Street  Worcester, MA  01602  (508) 752-5880  Fax (508) 831-9967</p> <p><a href="http://www.newtonsquarecounselingcenter.com/">http://www.newtonsquarecounselingcenter.com/</a></p>	<p>Clinical Specialties:</p> <ul style="list-style-type: none"> <li>• Parenting</li> <li>• Eating disorders</li> <li>• Relationships</li> <li>• Teen</li> <li>• Grief/loss</li> <li>• Depression</li> <li>• Divorce/separation</li> <li>• Work stress</li> <li>• Trauma recovery</li> <li>• Group counseling</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>• Forensic evaluation</li> <li>• Disability evaluation</li> <li>• Medication evaluation and treatment</li> </ul>	<p>Accepts BCBS, Fallon, HCHP, Tufts, Value Options, UBH, Cigna, Aetna, Magellan. Participates with many Employee Assistance Programs.</p> <p>Sliding fee scale is also available.</p>
<p><b>Northeast Family Services</b>  489 Washington Street  Auburn, MA</p> <p>Main Phone: 774-206-1125  Fax: 774-628-9657</p> <p><a href="http://www.ne-family.com">www.ne-family.com</a></p>	<p>Children's Behavioral Health Initiative Services</p> <ul style="list-style-type: none"> <li>o In Home Therapy – intensive therapy for a youth and family to improve family relationships and family dynamics.</li> <li>o Therapeutic Mentoring – 1:1 coaching and support for youth to learn social skills, and better ways to interact with other youth and adults</li> <li>o In Home Behavioral Services – assist youth and family with issues and parent training. We do a functional behavioral assessment and create individualized behavior support plans.</li> </ul> <hr/> <p><b>Evaluations Offered:</b>  Does not provide evaluations / assessments</p>	<p>Accepts all MassHealth</p> <hr/> <p><b>Language Capacity:</b>  Spanish and English Capacity</p>
<p><b>Parents Helping Parents</b>  108 Water Street,  Watertown MA  02472  (617)926-5008x102  <a href="http://parentshelpingparents.org">parentshelpingparents.org</a></p>	<ul style="list-style-type: none"> <li>• “Mutual Support Model” Parenting group geared towards celebrating each parent's strengths and empowering parents to be the best parent they can be.</li> <li>• Ongoing confidential support group</li> <li>• Groups are located throughout Massachusetts</li> </ul>	<ul style="list-style-type: none"> <li>• Free</li> </ul> <hr/> <p>Most groups are English speaking</p>

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<p><b>Pathways for Change, Inc.</b>  <b>Rape Crisis Center</b>  Ending the Silence, Ending Sexual Violence  588 Main Street  Worcester, MA 01608</p> <p>(800) 870-5905; 24/7/365  (508) 502-7681; VP (M-F 9-5) <i>Statewide Video Phone Helpline for ASL speakers</i>  (800) 223-5001; en español  (888) 887-7130; TTY (M-F 9-5)</p> <p>588 Main Street (M-F 9-5)  (508) 852-7600 Worcester  <i>(Saturdays by appt only)</i></p> <p>275 Nichols Rd, (by apt only)  (508) 852-7600 Fitchburg</p> <p>Satellite offices available by apt. in N. Brookfield, Southbridge and Gardner. Call for more info.</p>	<p><b>Counseling &amp; Accompaniment Support</b></p> <ul style="list-style-type: none"> <li>○ All Genders Welcome!!</li> <li>○ 24/7/365 Hotline Crisis Support/Intervention</li> <li>○ 24/7/365 Emergency Room &amp; Police Accompaniment</li> <li>○ 1:1 counseling, Support Groups, Emergency Accompaniment</li> <li>○ Court Accompaniment</li> <li>○ Sexual Exploitation Survivors</li> <li>○ Teen &amp; Adult Survivors</li> <li>○ Deaf Survivors</li> <li>○ Spanish Speaking Survivors</li> <li>○ Portuguese Speaking Survivors</li> <li>○ LGBTQI Survivors</li> <li>○ Additional Languages: over 150 language capacity utilizing interpreters</li> <li>○ Comprehensive resources and referrals</li> <li>○ Family, friends, partners and any non-offending loved one who is supporting a survivor of SV</li> </ul> <p><b>Education &amp; Technical Support</b></p> <ul style="list-style-type: none"> <li>○ Professional education &amp; technical support</li> <li>○ Sexual Assault Youth Education &amp; Prevention</li> <li>○ College Campus education &amp; technical support</li> <li>○ Sexual Exploitation outreach &amp; technical assistance</li> </ul>	<ul style="list-style-type: none"> <li>○ All Counseling Services are <b>FREE</b> and Confidential</li> <li>○ Convenient parking at municipal garage next door</li> <li>○ Accessible to multiple bus routes</li> <li>○ Parking validation and bus passes are available for Worcester</li> </ul>
<p><b>Perkins Behavioral Health</b>  971 Main Street  Lancaster, MA 01523  Phone: (978) 368-6442  Fax: (978) 368-5224</p>	<ul style="list-style-type: none"> <li>○ Individual and family therapy</li> <li>○ Psychological evaluations.</li> <li>○ We provide medication management for ongoing clients</li> </ul> <hr/> <p><b>Evaluations offered:</b>  Psychologist who can do testing (English speaking)</p>	<p>We take most insurances with the exception of Aetna, and we also accept private pay.</p> <p>Does not accept Medicare</p> <hr/> <p><b>Language Capacity:</b>  Portuguese speaking Clinician</p>

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<p><b>Regency Family Health, LLC</b>            1 Exchange Place            Worcester, MA            01608            (508) 799-5900            Fax: (855) 243-1119</p>	<ul style="list-style-type: none"> <li>o Outpatient Services In-Office and In-Home (Worcester County). Offer a full range of programs from comprehensive assessment and evaluation to children, adolescent, adults and seniors.</li> <li>o <i>Psychiatrist on staff who can prescribe meds</i></li> <li>o <i>Psychiatric Assessments</i> only for ongoing clients</li> <li>o CBHI for MBHP insurance</li> <li>o Individual Counseling</li> <li>o Family Counseling</li> <li>o Couples Counseling</li> <li>o Group Counseling</li> <li>o Family Stabilization (DCF)</li> <li>o Reunification (DCF)</li> <li>o Parent &amp; Youth Support (DCF)</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>o Psychological Evaluations</li> <li>o Individual and Family Assessment</li> <li>o Parenting Assessment</li> </ul>	<p>We accept: Fallon, BMC, NHP, Optum, GIC, Tufts, Beacon and MBHP. We also provide a sliding scale fee for qualified individuals.</p> <hr/> <p><b>Language Capacity:</b></p> <ul style="list-style-type: none"> <li>o <i>Spanish and Vietnamese speaking clinicians</i></li> </ul>
<p><b>Revidas, LLC</b>            108 Grove Street,            Suite LL11            Worcester, MA            01605            (508) 304-7499            Fax: (774) 420-7255</p> <p><a href="http://revidas.com">revidas.com</a></p>	<p>Holistic group practice working with children as young as 4 through adults.</p> <p>Services provided:</p> <ul style="list-style-type: none"> <li>o Individual Counseling</li> <li>o Family Counseling</li> <li>o Couples Counseling</li> <li>o Play Therapy</li> <li>o Art Therapy</li> <li>o Reiki</li> <li>o Aromatherapy</li> </ul> <p>Specialties:</p> <ul style="list-style-type: none"> <li>o TF-CBT (Trauma)</li> <li>o Experience working with children who are/have been in DCF custody</li> <li>o Narrative Therapy</li> <li>o Depression</li> <li>o Anxiety</li> </ul> <p>Outpatient Therapy            Program Based Therapy            No Home Visits</p> <p><b>Evaluations Offered:</b></p> <p>Forensic – in the future – call after Oct.</p>	<p>Insurances Accepted:            MBHP            Blue Cross Blue Shield            Tufts            Fallon            Neighborhood Health Plan            BMC            Harvard Pilgrim            United Healthcare</p> <p>Sliding Scale Fee Accepted</p> <hr/> <p><b>Language capacity:</b>            English</p>

<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Roots2Wings Transformations</b></p> <p>Serving Central Massachusetts  <a href="http://www.r2wtransformations.org">www.r2wtransformations.org</a></p> <p>Melissa Alexander  508-797-2855  Melissa@R2Wtransformations.org</p> <p>Current locations:  Westborough, Marlborough, and Sudbury and Newton MA</p>	<ul style="list-style-type: none"> <li>o Lymphatic system cleansing for peak performance of the body, mind and spirit</li> <li>o Health education and therapeutic care to children, youth, caregivers, and health/medical providers</li> <li>o Individual, Couples, Family &amp; Group health and wellness Coaching &amp; Workshops</li> <li>o A multi-specialty wellness practice that provides individual, family, couples, and group training and consulting services, and holistic/integrative health to enhance and support overall wellness</li> <li>o Any practitioners and professional referrals are independently certified, licensed, and insured. Many have advanced training in specialty areas, such as trauma.</li> <li>o Toxin release with X'Tract Bodywork technique</li> <li>o Stress management, coping, meditation, relaxation and services for military families</li> <li>o Wellness &amp; Educational Workshops including aromatherapy utilizing essential oils</li> <li>o Mindfulness-based programs and care that feeds the body, mind and spirit</li> </ul>	<p>Self-pay fee for service. Ask your insurance about Health Savings Account reimbursements. Submit receipts to FSAs. Visit <a href="http://www.r2wtransformations.org">www.r2wtransformations.org</a> for discounts and more information. Convenient parking available and accessible to bus routes.</p>
<p><b>Shrewsbury Youth &amp; Family Services</b></p> <p>222 Maple Avenue - The Higgins Building, Shrewsbury, MA 01545.</p> <p>(508) 845-6932  Fax: (508) 845-7264</p>	<ul style="list-style-type: none"> <li>o Serving children, adolescent, adults and seniors</li> <li>o Individual Counseling</li> <li>o Family Counseling</li> <li>o Couples Counseling</li> <li>o Group Counseling</li> <li>o Psychoeducation Groups</li> <li>o Early Intervention Substance Abuse treatment</li> <li>o Positive Youth Development programs</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>o Psychological Evaluations</li> <li>o Individual and Family Assessment</li> <li>o Parenting Assessments</li> </ul>	<p>We accept most insurances. Fallon, Mass Health, BMC, Cigna, Aetna, BC/BS, Harvard Pilgrim, United, Optum, NHP, Tufts, Beacon. We also provide a sliding scale fee for qualified individuals.</p>



<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>South Bay Community Services</b> 340 Main Street, Suite 818 Worcester, MA 01608 (508) 791-4976 (800) 244-4691 For intakes call (508) 427-5362</p> <p>Melissa Demma, Clinic Director, 508-791-4976</p> <p>Jessica Holmes, CBHI Director</p>	<ul style="list-style-type: none"> <li>o Outpatient counseling for children &amp; adults</li> <li>o Substance abuse counseling</li> <li>o Will do home visits</li> <li>o Psychiatric evaluations for adults &amp; children.</li> <li>o Provides In-Home Therapy (IHT) &amp; therapeutic mentoring services as part of CBHI.</li> <li>o Urgent Care Services</li> <li>o Kincoaching (services for kinship foster parents).</li> <li>o behavioral health interventions for medical disorders</li> </ul> <hr/> <p><b>Evaluations Offered:</b></p> <ul style="list-style-type: none"> <li>o Parenting evaluations. Also provides substance abuse evaluations</li> </ul>	<ul style="list-style-type: none"> <li>o Accept various insurances</li> <li>o Accepts Mass Health, Fallon, Network Health</li> <li>o Does accept the Mass Behavioral Health Plan</li> </ul> <hr/> <p><b>Language Capacity:</b> of outpatient staff: Creole, Spanish and English</p> <p>for IHT include: Spanish, Vietnamese, French, and English. Languages for TM are Spanish and English.</p>
<p><b>South Bay Community Services Early Childhood Services</b> 548 Park Avenue, Suite B Worcester MA 01603 774-823-1500 fax 774-823-1481</p>	<ul style="list-style-type: none"> <li>o Early Intervention services including:</li> <li>o Developmental Assessment for families with children birth to three.</li> <li>o Therapeutic classroom groups and community toddler groups.</li> <li>o Infant Mental Health team</li> <li>o Family Support Services and Care Coordination</li> <li>o Caregiver Enrichment</li> </ul>	<p>Accepts all insurances or Department of Public Health funded</p> <hr/> <p><b>Language Capacity:</b> Some Spanish-speaking staff members; interpretation for additional languages available</p>

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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>South Bay Community Services Day Services</b>  www.southbaycommunityservices.com  340 Main Street, Suite 819  Worcester, MA 01608  Phone: (508) 752-3969  Fax: 508-752-3967</p> <p>Please contact Melody Letoile, Program Director</p> <p>Anyone can refer themselves.</p>	<p>Services for individuals age 18+:  For individuals with mental health and substance abuse needs:</p> <p><u>Partial Hospital Program/ Intensive Outpatient Program</u></p> <ul style="list-style-type: none"> <li>• Mental Health Track</li> <li>• Dual Diagnosis Track</li> <li>• Mindfulness Track</li> </ul> <p><u>Day Treatment Program</u></p> <ul style="list-style-type: none"> <li>• Mental Health Track</li> <li>• Dual Diagnosis Track</li> </ul> <p><u>Structured outpatient addiction programs</u></p> <p>Program time availability  Monday-Friday 9am-3pm  *Free Lunch*  **NO WAIT LIST!!!**  Meeting/Tours of Facility available prior to admission</p>	<p>Accepts most insurances</p> <hr/> <p><b>Language Capacity:</b></p> <p>Spanish speaking  Clinician available</p>
<p><b>Southeast Asian Coalition of Central Massachusetts (SEACMA)</b>  484 Main Street, Suite 400  Worcester, MA 01608  508-791-4373</p>	<p>Cultural Community Health Workers providing outreach and support services to help refugees, immigrants and low-income individuals access and utilize medically necessary clinical treatment services and supportive community resources. Acts as a bridge to connect patients and providers.</p>	<p>Accept MBHP - Mass Behavioral Health Plan  BMC - Boston Medical Center  NHP - Neighborhood Health Plan  Fallon - Fallon Community Health Plan  Beacon Health Strategies  And other commercial insurances</p> <p>-----</p> <p><b>Languages:</b>  Vietnamese, Arabic, Burmese.</p>

Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacities
<p><b>Spectrum Outpatient Services</b>            585 Lincoln Street            Worcester, MA 01605            (508) 854-3320</p> <p>105 Merrick Street            Worcester, MA 01607            (508) 797-6100</p> <p>Central Intake            Department (for ALL Opiate Treatment Programs:            (508) 917-6792</p>	<ul style="list-style-type: none"> <li>• Substance Abuse counseling</li> <li>• Methadone Treatment</li> <li>• Vivitrol Treatment</li> <li>• Outpatient Counseling for adults only</li> <li>• Intensive Outpatient Treatment for Adults</li> <li>• Spanish speaking clinician for Outpatient Counseling</li> <li>• No home visits</li> <li>• Spanish clinician for Methadone substance abuse treatment and Outpatient Counseling (at Lincoln Street Site only)</li> <li>• Adolescent substance abuse treatment (at Merrick Street site)</li> <li>• Substance abuse evaluations (at Merrick Street site)</li> <li>• Suboxone treatment for opiate Addiction (at Merrick street)</li> <li>• Driving under the Influence programs</li> </ul> <p style="text-align: center;">** Walk-in Admissions**</p> <p>Mental Health and Substance Abuse Counseling, Intensive Outpatient, and Suboxone referrals (intake only) : Mondays and Fridays 7:00 AM Merrick St. clinic only            Opiate Treatment (Methadone):Wednesdays and Thursdays 5:30 AM Lincoln St clinic only</p> <hr/> <p><b>Evaluations:</b> Substance abuse and mental health evaluations.</p>	<ul style="list-style-type: none"> <li>• Accepts Blue Cross - Blue shield, Fallon, MassHealth (all types), Commonwealth Care, Healthcare Value Mgt., Tufts &amp; Harvard Pilgrim</li> <li>• Sliding Fee Scale and funding available for uninsured/self-pay</li> </ul> <hr/> <p><b>Language capacity:</b>            English , Spanish,</p>
<p><b>Sunrise Behavioral Health Clinic</b>            255 Park Avenue, Suite 500            Worcester, MA 01609            508-304-7397</p>	<p>Psychotherapy, psychiatry, and medication management</p> <hr/> <p><b>Evaluations:</b> none</p>	<p>Accepts MassHealth with MBHP, Network, BMC, Neighborhood Health Plan, Medicaid, and Common Care Alliance</p> <hr/> <p><b>Language capacity:</b>            English, Spanish, and French</p>

<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacities</b>
<p><b>Sunrise Detox</b></p> <p>29 North Main Street Millbury, MA 888-44-DETOX</p> <p>Opening the end of October</p>	<ul style="list-style-type: none"> <li>• Medical stabilization from alcohol / drugs with focus on continuing care.</li> </ul> <hr/> <p><b>Evaluations offered:</b> Not at this time</p>	<ul style="list-style-type: none"> <li>• PPO</li> </ul> <hr/> <p><b>Languages:</b> English for now</p>

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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacities</b>
<p><b>UMass Memorial Medical Center, Inc. (UMMMC) 508-334-1000</b></p> <p><b><u>SEE LIST BELOW</u></b></p> <p><b>Services are located as specified.</b></p>	<p>Telephone interpreter services are available in over 150 languages. Face to face interpretation in the following languages:</p> <ul style="list-style-type: none"> <li>• Albanian</li> <li>• Arabic</li> <li>• ASL</li> <li>• Mandarin</li> <li>• Nepali</li> <li>• Portuguese</li> <li>• Russian</li> <li>• Spanish</li> <li>• Vietnamese</li> </ul>	<p>UMMMC accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors (508-334-9300) toward enrollment in Mass Health or Commonwealth Plans.</p>
<p><b>UMMMC Emergency Mental Health Service</b> University Campus 55 Lake Avenue North (508) 334-3562</p>	<p>24 hour psychiatric emergency service</p>	<p>This is an emergency service open to those in the area who believe they have a psychiatric emergency. <b>For mobile evaluation for Mass Health members please call 866-549-2142.</b></p>
<p><b>UMMMC Ambulatory Psychiatry Service (APS)</b> 26 Queen Street Worcester, 01610 and 279 Lincoln Street, Worcester, 01605 (508) 334-5393 (new patient line) 508-334-2537 (existing patient line)</p>	<p>General psychiatry clinic with psychotherapy and psychopharmacology for ages 18 through elders</p> <p>Anger Management Program DBT Skills Groups</p>	<p>Accepts most insurances Currently (as of August 2018), referring primary care provider must be a UMass provider.</p>
<p><b>UMMMC Women's Mental Health Specialty Clinic</b> within APS 279 Lincoln Street Worcester, 01605 (508) 334-5101</p>	<p>Consultation and/or brief treatment regarding hormonally influenced conditions, such as pregnancy, post-partum, and menopause. Provide information and referrals, including to MCPAP for moms.</p>	<p>Accepts most insurances</p>

**CONTINUED:**

<p><b>UMMMC Addiction Comorbidity Treatment Service</b> within APS 279 Lincoln Street, Worcester 01605 (508) 334-0365</p>	<p>Addiction medication related consultation and/or brief treatment</p> <p>Methadone is not available.</p>	<p><b>UMMMC Addiction Comorbidity Treatment Service</b> within APS 279 Lincoln Street, Worcester 01605 (508) 334-0365</p>
<p><b>UMMMC Center for Autism and Neurodevelopmental Disorders (CANDO)</b> 55 Lake Avenue North, S7-714 Worcester, MA 01655 (774) 442-2263</p>	<ul style="list-style-type: none"> <li>• Evaluations and/or short-term treatment for children, youth, and young adults offered in 17 specialty clinics.</li> <li>• Specialty clinics for individuals diagnosed with autism include Interdisciplinary TEAM evaluation, Transition Age Youth Interdisciplinary TEAM evaluation, Neurology and Prescriptive Practice for individuals diagnosed with autism.</li> <li>• Other specialty clinics include Fragile X Behavioral Health, Mood Disorders, Psychosis, and Anxiety and OCD.</li> <li>• Offers evaluations and short-term treatment in occupational therapy and speech and language therapy.</li> </ul>	<p>Accepts many insurances Does not accept HNE Be Healthy and BMC.</p>
<p><b>UMMMC Depression Specialty Clinic</b> University Campus 55 Lake Avenue North (508) 334-0366</p>	<p>Consultation service when other treatments for depression have not worked well enough.</p> <p>Must have approval of current provider</p>	<p>Accepts most insurances</p>
<p><b>UMMMC Bipolar Specialty Clinic</b> University Campus 55 Lake Avenue North 508-334-5052</p>	<p>Consultation service when other treatments for bipolar disorder have not worked well enough.</p> <p>Must have approval of current provider</p>	<p>Accepts most insurances</p>
<p><b>UMMMC Barre Family Health Center</b> 151 Worcester Road Barre, MA (978) 355-6321</p>	<p>Provides evaluation and brief treatment for those with primary care providers at the Barre Family Health Center.</p>	<p>Accepts most insurances</p>

**CONTINUED:**

<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>UMMMC Family and Community Medicine</b> 55 Lake Avenue North 508-334-2818 <b>UMMMC Hahnemann Family Health Center</b> 279 Lincoln Street 01605 (508) 334-8830</p>	<p>Behavioral health providers and a psychiatrist for existing primary care patients</p>	<p>Accepts most insurances</p>
<p><b>UMMMC MCPAP Consultation Service for Children and Adolescents</b> (508) 334-3240</p>	<p>Child Psychiatry consultation and coordination of care to contracted pediatricians and family practitioners</p>	<p>Requires referral from primary care provider, must be registered with MCPAP</p>
<p><b>UMMMC MCPAP for MOMS</b> Providers can call: 1-855-Mom-MCPAP (1-855-666-6272) Monday thru Friday 9AM to 5PM for consultation, resource and referral services, and to schedule training. Patients can also review additional resources at: <a href="http://www.mcpapformoms.org">www.mcpapformoms.org</a> by following the tab marked "For Mothers and Families".</p>	<p>MCPAP for Moms offers real-time psychiatric consultation and resource and referral support to medical and psychiatric providers in Massachusetts serving pregnant and postpartum patients (up to one year postpartum) that are experiencing mental health or substance use concerns.</p>	<p>Requires referral from obstetrician/primary care provider/psychiatrist</p>
<p><b>UMMMC Neuropsychiatry Referral Center</b> University Campus 55 Lake Avenue North 508-856-5548</p>	<p>Complex neuropsychiatry consultation and follow-up for patients with brain-behavior problems requiring combined neurology and psychiatry expertise.</p>	<p>Requires referral from primary care or psychiatry provider</p>
<p><b>UMMMC Neuropsychology Department</b> University Campus 55 Lake Avenue North 508-334-8205 To schedule an appointment, call 508-334-2527 or 508-334-0238</p>	<p>Neuropsychological testing and evaluations of medical conditions that affect cognitive, behavioral or emotional functioning.</p>	<p>Requires a referral which states the medically necessary reason for the testing. A separate pre-authorization is often required before the visit is scheduled. This pre-authorization process is managed by the neuropsychology service.</p>

Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><b>UMMS Child Trauma Training Center, a program within the Department of Child Psychiatry</b>            55 Lake Avenue North, S3-301            Worcester, MA 01605            1-855-LINK-KID (1-855-546-5543)            Website: Umassmed.edu/CTTC            Email: CTTCReferral@umassmedu.edu</p>	<ul style="list-style-type: none"> <li>• Trains professionals to improve identification of trauma and traumatic stress symptoms in children</li> <li>○ Provides a toll free number (1-855-LINK-KID) to help children who have experienced trauma and adversity and their caregivers to access evidence-based trauma treatment</li> <li>○ Provides training on evidence-based treatment, Trauma Focused – Cognitive Behavioral Therapy, to clinicians who work with trauma affected children</li> <li>○ <b>Centralized referral system</b> provides a single point of access to connect youth (ages 0-24) who may benefit from Evidence-Based Treatments for trauma with providers trained in these treatments.</li> </ul>	<p>No fee for individuals or agencies in Massachusetts; program funded through a SAMHSA, NCTSN Category III grant, DMH, and the Lookout Foundation</p>
<p><b>UMMMC Child Protection Program</b>            55 Lake Ave. North            774-442-6629</p>	<ul style="list-style-type: none"> <li>○ Outpatient evaluation of children for suspected physical abuse, sexual abuse and neglect</li> <li>○ Referral to mental health services</li> <li>○ Interpreter Services Available</li> </ul>	<ul style="list-style-type: none"> <li>○ Accepts most insurances</li> <li>○ MOVA funding for certain services</li> </ul> <hr/> <p>Interpreter Services</p>
<p><b>Screening and Treatment for Early Psychosis (STEP) Clinic at Community Healthlink</b>            68 Jaques Ave, Worcester, MA            (508)-856-MIND            (508-856-6463)             MIND@umassmed.edu</p>	<ul style="list-style-type: none"> <li>○ Community Healthlink's STEP Clinic specializes in treatment for individuals between the ages of 18 and 40 who are experiencing early psychotic symptoms or who are experiencing psychotic prodrome, which are early signs that a psychotic illness might be about to happen.</li> <li>○ The STEP Clinic provides comprehensive evaluation, psychopharmacology, psychotherapy, family therapy &amp; education, physical health monitoring &amp; wellness, as well as</li> </ul>	<p>The STEP Clinic accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors toward enrollment in MassHealth or Commonwealth Plans.</p>



	substance use screening & treatment	
<b>UMMMC TriRiver Family Health Center</b> 281 East Hartford Avenue Uxbridge, MA 508-278-5573	<ul style="list-style-type: none"> <li>○ Evaluation, treatment, and referral for patients of TriRiver Family Health Center</li> </ul>	Accepts most insurances
<b>UMMC Psychotic Disorders Consultation Service</b> <b>55 Lake Ave.</b> Worcester MA 01605 <b>508-856-6580</b>  psychiatry@umassmed.edu	<ul style="list-style-type: none"> <li>○ The UMass Psychotic Disorders Consultation Service provides outpatient consultation service for adult patients suffering from schizophrenia and other psychotic disorders, with or without comorbid medical and substance use problems.</li> <li>○ The consultation consists of a comprehensive psychiatric evaluation. Recommendations are thoroughly discussed with the patient, and a written report is provided to the referring care provider</li> </ul>	The UMMC Psychotic Disorders Consultation Service accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors toward enrollment in MassHealth or Commonwealth Plans.
<b>UMMC Psychotic Disorders Specialty Clinic at Community Healthlink</b> 72 Jaques Ave Worcester, MA (508)-856-MIND (508-856-6463) MIND@umassmed.edu	<ul style="list-style-type: none"> <li>○ Provides diagnostic assessment and ongoing treatment for patients suffering from schizophrenia or other psychotic disorders.</li> </ul>	Accepts payment from most insurers, Medicare and Mass Health whether unmanaged or managed. However, please check with the clinic before accepting a scheduled appointment. Those without coverage may meet with our Financial Counselors toward enrollment in MassHealth or Commonwealth Plans.

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<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>VA Outpatient Clinic</b>  NEW ADDRESS:  55 Lake Ave. North  Umass Medical  Campus – in the  Ambulatory Care  Center, 7<sup>th</sup> floor  Worcester, MA 01605</p> <p>*Other clinic for  primary care is at 605  Lincoln Street</p> <p>413-584-4040x6600</p> <p>800-893-1522 x6600</p> <p><b>Crisis line:</b>  800-273-8255</p> <p><b>Confidential Chat:</b>  veteranscrisisline.net  Or  Text to 838255</p> <p>Clinic hours:  Monday thru Friday  8:00am to 4:00pm</p>	<p>Providing mental health services to any  veteran with honorable discharge.  LGBTQ veterans welcome</p> <p>Treatment provided for post-deployment  transition, PTSD, anxiety, anger, depression,  substance abuse, sleep disorders</p> <p><b>Offered on site:</b></p> <ul style="list-style-type: none"> <li>• Individual Therapy</li> <li>• Couples therapy</li> <li>• Group Therapy</li> <li>• Psychiatry Services</li> <li>• Behavioral Health Integrated in the  Primary Care team</li> <li>• Pharmacy</li> <li>• Laboratory</li> </ul> <p><b>Available at Medical Campus in  Northampton, Boston, Brockton or  Bedford</b></p> <ul style="list-style-type: none"> <li>• Specialized treatment for PTSD</li> <li>• Specialized treatment for Substance  Abuse including intensive outpatient  program and detox admission</li> <li>• Psychiatric Inpatient Admission</li> <li>• Poly trauma assessment</li> <li>• Opiate Replacement Therapy</li> </ul>	<p>Payment dependent on  income level and service  connection</p> <p>MassHealth/Medicare  now accepted, but  services are free to low  income veterans</p> <p>All private insurance  accepted</p> <hr/> <p>Translation Services  Available</p>

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Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><b>Walden Behavioral Care</b> 335 Chandler St. Worcester, MA P: 508-796-5797</p> <p><b>Walden Behavioral Care</b> <b>Admissions: (888) 791-0004</b></p> <p>Worcester Clinic 335 Chandler St.</p>	<p>Walden provides a full continuum of care for adolescents and adults struggling with eating disorders such as anorexia nervosa, bulimia nervosa, binge eating disorder, and EDNOS.</p> <ul style="list-style-type: none"> <li>· Partial Hospitalization</li> <li>· Intensive Outpatient</li> </ul> <p>In Worcester, MA Partial Hospitalization Program (PHP) for adults Intensive Outpatient Program (IOP) for adults and adolescents</p> <p>Milford Clinic 229 E. Main St., Suite 201 Milford MA 01757 Intensive Outpatient Program (IOP) for Binge and Emotional Eating (adults) Intensive Outpatient Program (IOP) for adolescents</p>	<ul style="list-style-type: none"> <li>o Accepts most commercial insurances</li> <li>o Accepts certain types of MassHealth</li> </ul>
<p><b>Wayside Youth &amp; Family Support Network</b> 88 Lincoln St. Framingham MA 01701 508-630-5907 (referral line) ----- 10 Asylum Street Milford, MA 01757 508-745-6294 (referral line)</p> <p>The Trauma Intervention Services number is 508-478-6888 ext 3135.</p>	<ul style="list-style-type: none"> <li>o Outpatient therapy</li> <li>o In home therapy services for children and adolescents</li> <li>o Therapeutic Mentoring</li> <li>o Intensive Care Coordination with family partner services</li> <li>o Trauma Intervention Services out of our Milford location (does not bill insurance / services are free)</li> </ul> <hr/> <p><b>Evaluations offered:</b> We don't so any official evaluations, but we do a standard suicidality and homicidally assessments.</p>	<p>Payment:</p> <ul style="list-style-type: none"> <li>• Mass Health (MBHP)</li> <li>• Fallon</li> <li>• BC/BS</li> <li>• CMSP (MassHealth)</li> <li>• Harvard Pilgrim</li> <li>• Tufts</li> <li>• United Behavioral Health Plan</li> <li>• Beacon</li> </ul> <hr/> <p><b>Language Capacity:</b></p> <ul style="list-style-type: none"> <li>o Multilingual: Spanish and Portuguese</li> </ul>

<b>Agency</b>	<b>Services Provided / Types of Evaluations Offered</b>	<b>Payment &amp; Language Capacity</b>
<p><b>Worcester Pastoral Counseling Center/PCC of MA, Inc.</b></p> <ul style="list-style-type: none"> <li>o Draws from about 90 communities in central MA</li> </ul> <p>128 Providence Street, 3<sup>rd</sup> floor Worcester, MA 01604 (508) 757-0376</p> <p>PCCofMA.org</p> <p><b>Main office:</b> AVPCC/ PCC of MA, Inc. 7 Church Street Westborough, MA 01581 (508) 366-4000</p> <p>34 Felton Street, Hudson, MA 01749 (508) 366-4000</p>	<ul style="list-style-type: none"> <li>o Outpatient counseling for adults, youth &amp; children</li> <li>o Outpatient counseling for Individuals, Couples, Marriage and Family, Grief &amp; Loss, Alcohol and Substance Abuse, Anxiety, Depression &amp; Stress Management, Trauma, PTSD, Bullying and GLBTQ support</li> <li>o Group therapy in Westborough offered sporadically for divorce support, caregivers, grief &amp; loss, midlife, women's spirituality</li> <li>o EMDR (eye movement desensitization)</li> <li>o Psychological testing</li> </ul> <hr/> <p><b>Evaluations offered</b> not clarified – please call</p>	<ul style="list-style-type: none"> <li>o Accepts most insurances</li> <li>o Does not accept Mass Health</li> <li>o Sliding fee scale and Assistance Fund available for those qualifying</li> </ul> <hr/> <p><b>Language Capacity:</b> English only</p>

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Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><b>Y. O. U. Inc.</b>  <b>Worcester Headquarters:</b>  (serving Worcester County)  81 Plantation Street  Worcester, MA 01604  1-855-4YOUINC or 1-855-496-8462</p> <hr/> <p><b>Evaluations:</b> We are able to offer Psychological testing, neuropsychological screening, ASAP evaluations, and parenting evaluations right now,</p>	<ul style="list-style-type: none"> <li>o Counseling for children, adolescents, adults and families</li> <li>o Adolescent Substance Abuse</li> <li>o Psychological testing, neuropsychological screening, risk assessments, trauma evaluations</li> <li>o After-school programs</li> <li>o Group therapy for parents, grand-parents, teens and kids</li> <li>o Parent Resource Rooms and Prevention Specialists</li> <li>o In- home services</li> <li>o Spanish speaking clinicians available</li> <li>o Sexual Abuse treatment &amp; evaluations</li> <li>o Psychiatry evaluations and medication management for youth &amp; adolescents receiving clinical services at YOU Inc.</li> <li>o Individual and Family therapy</li> <li>o Group therapy for a variety of topics</li> <li>o Training and consultation</li> <li>o Early Childhood Mental Health Consultation Services</li> <li>o Trauma informed services</li> <li>o GED programs</li> <li>o Fire-setters' prevention program</li> <li>o In Home Behavioral Services</li> <li>o Positive Parenting</li> <li>o Therapeutic Mentoring</li> <li>o School Based Services</li> <li>o CBHI Services, including in home therapy, therapeutic mentoring, in home behavioral services, etc. – offered in most of Central MA – call for more information.</li> </ul>	<ul style="list-style-type: none"> <li>o Accept most Mass Health and Medicare health plans</li> <li>o Accept most private insurances</li> <li>o Limited sliding fee</li> </ul>

Agency	Services Provided / Types of Evaluations Offered	Payment & Language Capacity
<p><i>CONTINUED:</i></p> <p><b>Y. O. U. Inc.</b>  <b>Worcester Headquarters:</b>  (serving Worcester County)  81 Plantation Street  Worcester, MA 01604  1-855-4YOUINC or 1-855-496-8462</p> <hr/>	<p><u>Other Outpatient Clinic Locations:</u></p> <p><b>Y.O.U., Inc. Counseling Center - Gardner</b>  205 School Street  Gardner, MA 01440  (978)632-2321  For referrals 1-855-4YOUINC or 1-855-496-8462</p> <p><b>Y.O.U., Inc. Counseling Center - Southbridge</b>  328 Main Street  Southbridge, MA 01550  508)765-9101  For referrals 1-855-4YOUINC or 1-855-496-846</p> <hr/> <p><b>Evaluations:</b> We are able to offer Psychological testing, neuropsychological screening, ASAP evaluations, and parenting evaluations right now,</p>	<ul style="list-style-type: none"> <li>o Accept most Mass Health and Medicare health plans</li> <li>o Accept most private insurances</li> <li>o Limited sliding fee</li> </ul> <hr/> <p><b>Language Capacity:</b> in the Southbridge and Gardner clinics, we only have English speaking clinicians. In Worcester, we have Spanish, Burmese, Russian, Ukranian, and Arabic speaking clinicians.</p>

*While our intent was to include accurate data on local human service agencies, some inadvertent errors or omissions may have occurred and some changes will undoubtedly take place between printing and distribution.*

<p><b>FIRST CALL FOR HELP</b></p> <p><i>Now Mass 211</i></p>			
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