



# The Open Door

QCC's Student Newspaper

## PRESIDENT'S MESSAGE



**Dr. Luis G. Pedraja**

Growing up in Florida, I had never experienced fall until I went to graduate school. I remember feeling energized by the crisp cold air, walking under a canopy of vibrant colors, feeling the crunch of leaves under my feet, the smell of wood oozing from fireplaces as I watched the leaves swirling in the wind like a paintbrush moving across the canvas of the city.

At the same time that the world was changing, so was my life. One Friday afternoon returning home from a full week of classes, I got the call that my father had died unexpectedly of a heart attack. In the midst of grieving, I wondered whether I would be able to continue my education or would I need to quit so that I could support my mother.

Life happens when we least expect it, throwing us a curve ball and leaving us wondering how we will make it. While those days proved quite difficult, I knew that my father would have wanted me to continue with my education. Eventually, my family rallied to support me and I was able to graduate. Nevertheless, the fall colors still fill me with a bit of melancholy and remind me of the many challenges you face beyond the classroom. However, I also find comfort in the fiery colors of fall, recognizing the intrinsic beauty of nature as it faces the coming adversity of winter.

Often, the challenges we face might seem unsurmountable, but they also allows us to grow. As the philosopher, Nietzsche, once said: "What does not destroy us makes us stronger". By choosing to attend college, you have chosen to change your life for the better. Although you might struggle at times and face obstacles, you can persevere. If you feel overwhelmed, do not get discouraged. Speak to your teachers, advisor, friends, and family. Every problem or challenge we face is also an opportunity to learn and grow. No matter how difficult it may get, things will change.

At this point in the term, you are well into your studies and have the end of the term in sight. As the days get shorter and colder, do not forget how much you have accomplished so far during this term, such as learning something new, making new friends, and overcoming challenges. Also, keep focused on your ultimate goal: completing your courses and your degree. On cold, dark mornings, we may want to remain longer in our beds. We may also feel discouraged by the challenges we face, both in and out of the classroom. I encourage you to rise and keep on moving toward your academic goal.

I challenge you to face the challenges of today head on, to shape the future, and dream of what tomorrow could be.

## Proud Of Our Veterans

by Yozue A. Davila

*Veterans Day, formerly known as Armistice Day, is celebrated on November 11th as a federal holiday to honor military members and veterans who have served this great country for peace and justice. Many of us have seen on the news how the Army, Air Force, Marine Corps, Navy, and Coast Guard actively respond to situations both in state and overseas to keep us safe and in peace. There are local heroes who walk among us; those who have served and continue to serve close within our neighborhood and on our proud campus. Our college includes many veteran and military students who have served our country in one way or another, be it overseas or in state, in time of peace and war. The Open Door has reached out to these local heroes and asked them to give us some of their time to honor us with their knowledge and service history.*



**Joshua Alvarez**

Joshua Alvarez is a Psychology Major at QCC who served in the Marine Corp from 2010-2015, retiring with the rank of Lance Corporal. Joshua has been deployed to Afghanistan, Korea, and Japan while he served his term at Camp Pendleton, CA as a Rifleman. Joshua believes Veterans Day to be the reflection and honor to those who have served, recognizing their sacrifice and service.

The military has benefited him through discipline, a strong sense of character, professionalism, and appreciation for the country as well as for the military service. His advice to veteran students are to know what you would like for a career, use your skills and experience from the military to your advantage and use your benefits wisely. To those who wish to serve: "Go in with the mindset of serving, no matter what you take, make the best out of it, the experience will be carried throughout your entire life."

Shannon Hardy is a US Army National Guard Soldier who has been serving since 2014. Her military occupation specialty is an 88M Truck Driver in Worcester's 1166th Transportation Unit. Currently pursuing a nursing degree, she would like to one day switch over as a 68W Combat Medic.

Her Father served in the Navy, and she has several family members who have served as well. With Veterans Day coming around, it is a way for her to say thank you to those who have served, and currently serve, for this country.

The military has helped her to adapt to the environment of school and everyday interaction of life with organization, alertness, and time management skills. She advises veteran students to reach out to those who are in the same shoes, not to be afraid to ask for help and use the resources available. To those who wish to serve: "Reach out, speak to a recruiter, stay in shape, and practice teamwork."



**Shannon Hardy**



**Heath Tisdale**

Heath is a US Army Veteran who served from 2014 to 2018 and is now retiring with the rank of Specialist (SPC). He was stationed at Fort Bliss as a Chemical, Biological, Radiological and Nuclear Specialist (74D), and is currently a Fire Science Major preparing to serve for the Worcester Fire Fighting Department. Veterans Day to him is a moment to reflect on all those valiant military servicemen who have served including friendships he has made in his service term. A great benefit towards his personal life from the military would be that of career experience; the correlation of his training in CBRN could be applied for the firefighter service, not only in the teamwork but in the HAZMAT training as well.

As a staff member of the Veterans Affairs Office at QCC, he strongly advises students to take advantage of the office and to experience knowledge and camaraderie within the Veterans Club. To those who wish to join, he suggests: "Do something you are passionate about, both in personal and military careers, and remember to do well on it.

(continue to page 6)

### Inside The November Issue:

QUESTION OF THE MONTH.....3	ACADEMIC ADVISING.....18	CHILDREN'S SCHOOL.....21
VETERAN AFFAIRS.....4&5	REGISTRAR.....14&15	I STAND WITH IMMIGRANTS.....7
A&E.....8&9	STUDENT SURVEY.....19	WORKPLACE ETIQUETTE.....12
ATHLETICS.....10&11	TRANSFER.....16&17	JOB FAIR.....13
TRANSFER SERVICES.....16	PSI BETA.....20	STUDENT LIFE.....24

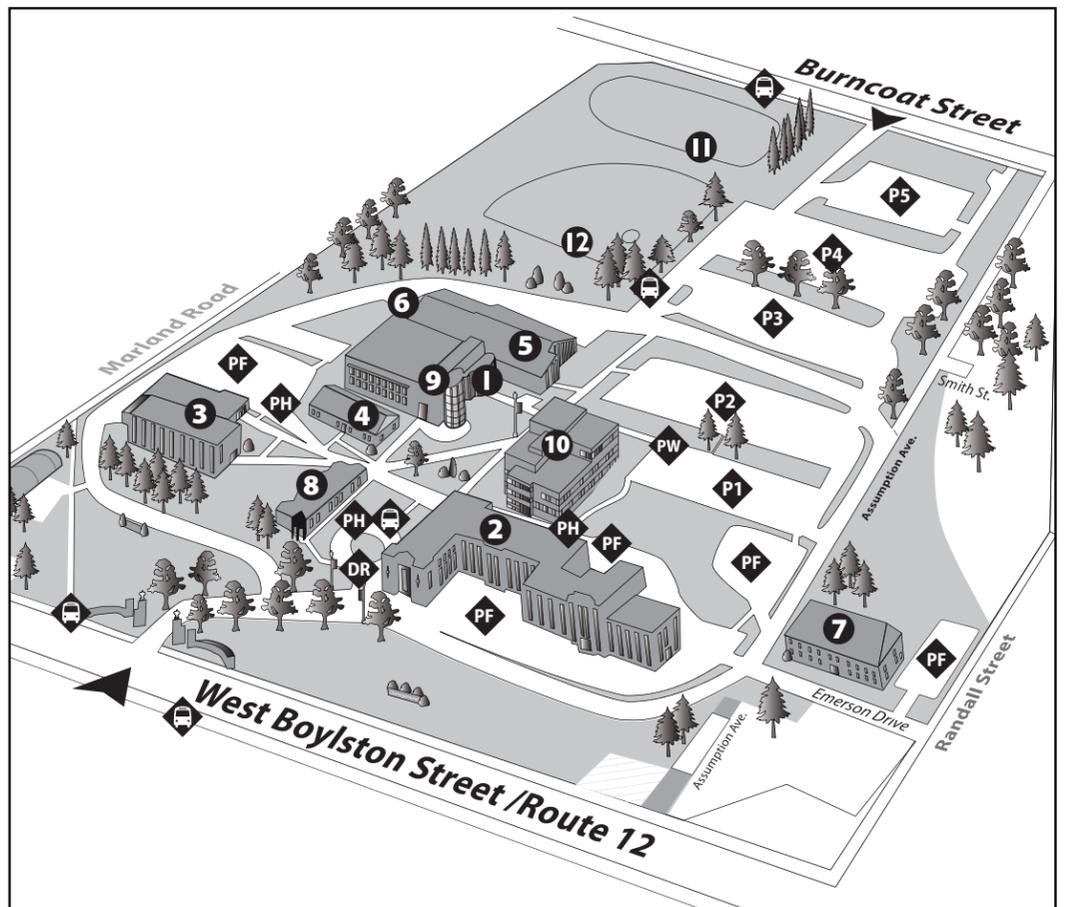
# Welcome Students

Welcome new and returning students! The Open Door staff hopes that you find our paper to be an informative and entertaining window into the QCC world. We are published once a month with the help of the college's many different departments and services. Our goal is to bring you important dates, events and articles offering a wide range of topics.

The Open Door goes beyond announcements and news. It's a **creative** outlet for you, as a student, to have your work published whether it's an editorial, poetry, reviews or art of all kinds; our policy is the same as our name. We encourage everyone to contribute in some way. The Open Door is located in the Fuller Student Center. Stop by and introduce yourself and your ideas. Or, if you prefer, send your submission via email to [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu)

## All visitors and those seeking Admissions should start at the Welcome Center

<b>1. Welcome Center</b>	<b>3. Surprenant Hall (S)</b>
<b>2. Administration Building (A)</b>	Gateway to College 102S Hebert Auditorium
<b>Lower Level</b>	<b>4. Ahlfors Hall (ALF)</b>
Bookstore Lower Level - A	Office of Distance Learning & Professional Development
Business Office B07A	<b>5. Athletic Center (AC)</b>
Cafeteria Lower Level - A	Fitness Center
High School Equivalency Testing B58A	Gymnasium
I.T. Service Desk 67A	Campus Police 136AC
<b>First Floor</b>	<b>6. Campus Police 136AC</b>
Counseling 162A	<b>7. Child Study Center (CSC)</b>
Dental Hygiene Clinic 126A	<b>8. Fuller Student Center</b>
President's Office 132A	Student Life
Registrar 152A	Open Door Newspaper
TRiO Student Support Services 170A	Student Senate
VP of Academic Affairs 103A	<b>9. Harrington Learning Center (HLC)</b>
VP of Strategic Enrollment Management & Student Engagement 133A	<b>Second Floor</b>
<b>Second Floor</b>	Academic Advising & Placement Testing
Disability Services 246A	Admissions
Veteran Affairs Office 258A	Financial Aid
Human Resources 222A	General Academic Areas
Career Services & Credit for Prior Learning 272A	Tutoring Center
<b>Third Floor</b>	Math Center
Dean of Students 365A	Transfer Services
Harrington Academic Computing Center 379A	Writing Center
Assistant Dean of Students 383A	<b>Third Floor</b>
	Alden Library
	<b>10. QuEST Center</b>
	<b>11. Athletic Field &amp; Track</b>
	<b>12. Chupka Baseball Field</b>



Parking	
<b>DR</b>	Drop Off/Pickup
<b>PW</b>	Welcome Center Parking
<b>P1-5</b>	Student & Visitor Parking
<b>PF</b>	Faculty & Staff Parking
<b>PH</b>	Handicapped Parking

Class Locations - Main Campus			
<b>A</b>	Administration Building	<b>HLC</b>	Harrington Learning Center
<b>ALF</b>	Ahlfors Hall	<b>Q</b>	QuEST Center
<b>AC</b>	Athletic Center	<b>S</b>	Surprenant Hall
<b>CSC</b>	Child Study Center		
Off-Campus Class Locations			
<b>ASSA</b>	QCC at Assabet Valley	<b>CWDCE</b>	Center for Workforce Development and Continuing Education
<b>BURN</b>	QCC at Burncoat	<b>D</b>	Healthcare and Workforce Development Center
<b>QSB</b>	QCC Southbridge		
<b>SRCT</b>	QCC at the Worcester Senior Center		

The **Open Door** is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work. If you are interested in working on The Open Door, please see Pat Bisha-Valencia, coordinator. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu) or phone 508-854-4285.

Advisor: Pat Bisha-Valencia  
 Student Editor: Santana K. Wright  
 Layout Designer: Reneasia Love  
 Staff Writers: Tyler Wills, Yozue Davila

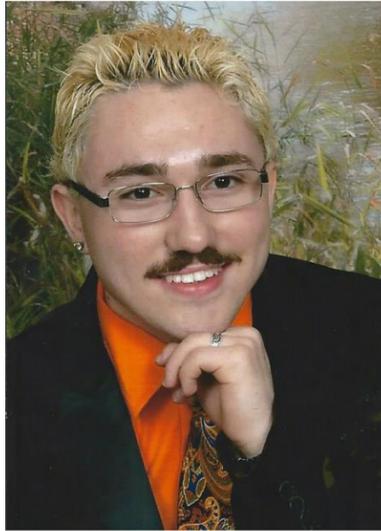
## OPEN DOOR

SCHEDULE FOR FALL 2018/ SPRING 2019

Issue	On the Stands	Deadline
#4 Dec/Jan	December 6	November 8
#5 February	February 4	January 10
#6 March	March 6	February 7
#7 April	April 4	March 7
#8 May	May 2	April 11

Next Issue: December 6, 2018

# Question of the Month



## Be Thankful & Be Grateful

By Tyler Paul Wills

I hope everyone has a Happy Thanksgiving. Below are comments from QCC students and what they are thankful for this year.

- I am thankful for having a mother that is always there for me and always supporting me in life. I'm thankful for having a wonderful family and good friends.  
**Tyler Paul Wills**
- I am thankful for my health, my niece and nephew, and my self-confidence.  
**Joe B.**
- What I'm thankful for are the teachers that I was placed with, especially the two professors that are helping me to graduate.  
**Claude Niyonzima**
- I'm thankful for the people that have gotten me to where I am today.  
**Big V**
- I am very thankful for being able to use my passion for counseling to help young people that do not have someone to talk to.  
**Nana A.N. Santiago**
- I am thankful for my family, friends, and my health.  
**Doris W.**
- I'm thankful for being very successful and having great people and friends.  
**George Barakliis**



# Veteran Affairs



670 West Boylston Street  
Worcester, MA 01606



## Veteran Affairs Office Room 258A -Administration Bldg.

### *Our Mission*

Our mission is to provide support to assist student Veterans and members of the Armed Forces in the adjustment to becoming successful in civilian and College life. We are committed to promoting College spirit as well as establishing and maintaining fellowship amongst Veterans and students on campus.

### *Office Hours:*

Monday-Thursday 8:00am - 5:00pm

Friday 8:00am-4:00pm

T ★ 508-854-2721

F ★ 508-854-4260

### *Email:*

[veteranaffairs@qcc.mass.edu](mailto:veteranaffairs@qcc.mass.edu)



Paula Ogden  
Director of Veteran  
Affairs-258A Enrollment  
and Student Services  
[pogden@qcc.mass.edu](mailto:pogden@qcc.mass.edu)  
508-854-4290



QCC Vets Club Hygiene Drive donated over 1000 items to Vets Inc. in Worcester, MA. Veterans Heath Tisdale and Manny Antwi (club president) delivered the items.

# Operation: Provide Gravy



**Veteran Affairs and the Veteran's Club are Collecting Cans of Gravy and Cans of Cranberry Sauce For the Grove Street Veteran's Shelter.**

**We will be collecting donations from November 1– 16, 2018.**



Please Drop-off Cans at The Veterans Center Room 258A or downtown campus at security desk.

**Tel:508.854.2721**



## **WE WANT YOU!** **Join Veteran Affairs in supporting all Veterans**

We invite you to show support for all Veterans and Active Duty Military Personnel. Please march with us in the Worcester Veterans' Day Parade.

Contact our office (258A) to RSVP:  
508-854-2721 or [veteranaffairs@qcc.mass.edu](mailto:veteranaffairs@qcc.mass.edu)



**Veterans' Day Parade**  
**Sunday -November 11, 2018**

(we will meet at Vets Inc at 10 am)

**Parade starts at 11 am.**

We are meeting at 9:00 for a free breakfast at Vet's Inc.



Supported by: Veteran Affairs Office, QCC Veterans Club

## (Veterans continued from page 1)

Neil is a US Air Force National Guard Airman and has been serving his country since February 2015. The Sr. Airman is a Fighter Aircraft Integrated Avionics Technician. He was recently deployed to Romania for a military operation. Neil is currently an Engineering Major at QCC, preparing to transfer to into the Electric Engineering program at UMASS Amherst. As for military family history, there are traces that some served in the Coast Guard. In his eyes Veterans Day are for those that are in and merit recognition as an inspiration to pursue the military because of their sacrifice. Aside from educational benefits, Neil believes that he has benefited from experience, memories, structural development and time management the military has developed.

His message to other veteran students: “Speak to the veterans, make connections with those around, gain their knowledge, and come into the veteran’s affairs office at QCC.”

To those joining the military: “Join into something you’re interested in, speak to those who know about the subject and do something you love.” As said by his father: “If you do what you love, you will never work a day in your life.” It is because of this inspiration that Neil says “I always feel like a little kid at an air show.”



**Neil Donnelly**



**Giovanni David Caban**

US Army National Guard Soldier Giovanni Caban has been enlisted since 2015 with three years of service. His current unit is the 1166th Transportation Unit in Worcester where he is a Truck Driver (88M) for his unit. Specialist (Army Rank) Caban comes from a military background with family members serving in the Marines, Air Force, and Army. For this soldier, Veterans Day is not just a celebration of those who serve, have served, and will be serving, it is also a day to celebrate his birthday. Humbly, Giovanni states that as for Veterans Day we (the military men and women) do not do enough. “We must remember those that are still fighting,” he said. As a member of the military, Giovanni appreciates the benefits he has received in everyday life, education, and personal growth. Developing connections, relationships, education, and progressive leadership skills through the military have helped him through his civilian life. The Open Door asked him what advice he would give to those veteran students currently studying and those who wish to one day serve in the military: “Continue in your education, stay fit, reflect the professionalism of the military, and stride towards your career goals.”

As for those who wish to serve: “Make sure you know why you wish to join,” he said. “Be it benefits, monetary gain, experience, or patriotism, be sure to ask yourself how much time you are willing to invest.”

My name is Yozue Davila (Josh), I am an English and Music Major at QCC and an active US Army Guardsman. My current unit is the 747 MP Company, and I am a 25U (Signal Support Systems Specialist). I have been serving since 2013, and with almost six years of service, I hold the rank of SGT (Sergeant). I have a rich history of veterans in my family, specifically the Army. Veterans Day to me is a special day of celebration and reminder of those Heroes among us who serve and continue serving for our great country to prosper and remain safe against any opposing forces. The military has benefited me in a significant way. Once a shy person, my personal character has matured towards being a more social person. It has also helped me in focus, determination, commitment, and teamwork. Plenty of my life goals have come from the military service, wanting to take action, help others, and solve difficult life problems.

My advice to military students is to try and correlate your experience and careers in a way that leads to success. Visit the Veteran Affairs office at QCC; there are some incredible students there to help and guide any questions you might have.

Last, to those who wish to serve, go in with a strong mentality. The training and long days only become as hard as you make them, it is a very pleasing feeling to know why you are serving and what cause you are serving for. More importantly, find a job that you will love to pursue in your civilian life. As a 20-year-old, I was not thinking of a long life career, but now I am striving to change my current military specialty towards a music inclined profession 42R (Army Band Person). Think of any job in this world, and you will find it in the military; do not be afraid to ask directly for what it is you want.



**Yozue A. Davila:**

# I Stand With Immigrants

By Yozue A. Davila



On October 24, 2018, Selena Boria, a representative of I Stand With Immigrants brought a very diverse and vibrant community to listen to the voices of other immigrants as they shared their stories with the student body. In addition to the multicultural food and excellent promotional shirt, some of the faculty and students from QCC shared their story with the student body to influence and inspire immigrant students among us.

To begin, we had our President, Dr. Luis G. Pedraja, who gave a beautiful opening speech of his share within the immigrant society and backstory of his success as an immigrant.

**Dr. Luis Pedraja:** “I was born in Cuba, faced with a lot of restrictions. My family wanted me to have an opportunity, and I was sent out with one suitcase and one teddy bear for my journey. I arrived in Spain with a temporary visa and found a toy soldier to accompany my teddy bear for the rest of the travel.”

Like many other immigrants, it was tough for Dr. Pedraja to leave his homeland, but with sacrifice one can find success and come back to their

home once again to make their family proud of their growth and progress. Dr. Pedraja believes that immigration should be celebrated within the differences, to understand the diversity and add it to our collateral strength. “It is not what divides us, but what unites us,” he said. To the students at QCC he advises to be frank, honest and don’t be afraid to engage in dialogue and connect. Most importantly he added was to share your hopes and wild dreams to achieve a mutual goal.

As Dr. Pedraja weaves the first path within the voice of the QCC immigrant community, many others came up to say a piece of their story as well. The following are some of the speakers:

**Dr. Deborah Gonzales** is a Puerto Rican woman who at the age of 18 arrived at the doors of Worcester. She now holds a Ph.D. Even though she had to work 2 or 3 times harder than others around her, she is proud of her success and to be considered an immigrant. “I still have my accent and am very proud of it because it represents who I am.”

**Noella Penn** is a QCC Nursing Student who arrived in the US from Africa in 2014.

Once asked, “Is it true that in Africa you live in Trees?” Noella saw that this was an unfortunate way people would view other countries. Despite this view, Noella still believes in the power of unification within the immigrant society. “I have faced a lot of challenges, but America has opportunities for everybody.”

**Benjamine Nupolu**, our QCC Student Trustee, is from Ghana. “When am I going to sit in an airplane?” These were the opening words of Benjamine. When he was a child, he would always ask his mother if he would be able to one day travel to the United States. This dream became so great that right after high school he flew from Ghana to the United States and succeeded through the steep road to success. This young man not only overcame the challenge of obtaining his GED after a failed attempt, but also became an engineering technician after long travels from Worcester to Spencer on foot. Benjamine serves as a great inspiration to all immigrants, from hard work to success, he took the hard road and achieved his goals regardless if everything was strange and new. “When going to college, QCC is not in the last place; it is the best. We are the best!”



# Arts & Entertainment

## Film Review Venom

Reviewed by Yozue A. Davila

With *Deadpool* setting the initial tone and fan generation of anti-hero, *Venom* hits theaters as a catch up on this kind of genre in super hero movie. *Spider-Man* has been a favorite for all Marvel fans, we can see the original trilogy pulling in an average of \$800M within the box office. The most memorable of the trilogy is *Spider-Man 3* pulling in \$890.9M due to the first appearance of *Venom* within the franchise. The stand-alone anti-hero *Venom* movie pulled in a whopping \$400M within the first 2 weeks of release, this could be a very grand opportunity for a sequel. Like *Deadpool*, *Venom* could pull in a great amount of fandom on its spin-off tales of a very popular anti-hero. Though hard critics gave it a low rating of 30% on rotten tomatoes, the fans response to the movie raised it to 88% and 7/10. This gives the movie an exciting opportunity to have a block buster sequel. Why? Well let's look at some sequels which started with low ratings and then had an outstanding sequel fan uproar:

Lethal Weapon 2  
Terminator 2: Judgment Day  
Star Wars: Episode V - The Empire Strikes Back  
Scream 2  
X2  
Matrix Reloaded  
Saw II  
Dark Knight  
John Wick: Chapter 2

So what is this movie about? We have journalist Eddie Brock who runs into the founder of Life Foundation, Carlton Drake, whom Eddie knows is using malpractice within the scientific experiments being run in secret from the public view. One night while finding access into the laboratory, Eddie comes to find an organism labeled a Symbiote within one of the rooms. This alien, the entity of Venom, then merges with the body of Eddie Brock, not only giving the alien access to Eddie's body, but also to his brain thus then having conversations and making Eddie look like a schizophrenic. The alien then attempts to control the body of Eddie for his own gain but instead helps Eddie Brock to take down the shadowy organization of Life Foundation.

As a super hero fan, I believe this movie is a great addition to the Marvel Universe. Most Marvel movies are cast around the known everyday super heroes, *Captain America*, *Iron Man*, *Spider Man*, etc. But here we have a superhero that has been missing on very important screen time. *Venom* washes us with a fresh coating with its action, comedy, and great spin off tale which doesn't include the New York friendly neighborhood web slinger. Even though many fans would love to see the famed red suite take action, I believe Marvel is trying to hype this new hero to add it into the next roster of the grand Avengers. I know many fans who have been wondering why Venom is not affected from the Infinity War. Well there is a very logical explanation which the great Stan Lee has created, the alternate universes. Not only does the alternate universe play a great part in this hero's appearance, but we must also keep in mind the rights that have been sold to the different movie production studios. Marvel Cinematic Universe owns pretty much all of Marvel which is under Disney, but Sony and Fox still hold a very important end of the tail for some of these heroes. *Spider-Man* held by Sony and X-Men held by Fox makes it a bit difficult for Disney to do as it wishes with all the characters crossing within the grand Marvel Universe.

But fear not! Sony has come to an agreement with the Marvel Cinematic Universe, this is the reason of the new Spider-Man appearance within the Avengers franchise series. Pretty soon we will be seeing how Venom can be intercrossed into this universe and maybe even having Fox release some of our favorite X-Men heroes. To end with a bang, Venom is promised a sequel. For those who have seen the movie or know the comics, there is a red "Carnage" Venom must take care of, for those who have no clue, watch the movie and stay for a little to see the after credit teaser that will have you talking about the movie for the rest of the season.



# Arts & Entertainment

## Film Review

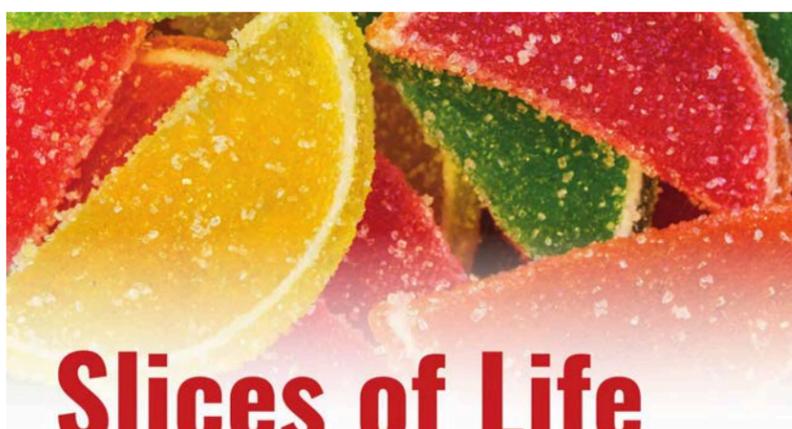
### Coco

Reviewed By Reneasia Love

Once again, Disney-Pixar has created another wonderful masterpiece that the entire family can enjoy for generations to come. *Coco* is a heart-warming animated movie with an amazing storyline and a beautiful award-winning music score, *Remember Me*.

*Coco*'s storyline centers around Día de Muertos (Day of the Dead), a holiday that is practiced throughout Mexico in which family and friends pray and remember their loved ones who passed on. The main character of the story is Miguel, a young boy who dreams of becoming a famous musician like his idol, Ernesto de la Cruz. However, Miguel must hide his passion for music from his family who made a generational ban on music. Miguel disobeys his family's objections and enters a talent show for the Día de Muertos, desperate to find a guitar, Miguel breaks into Ernesto's mausoleum and takes his guitar to use for the show. As punishment for stealing from the dead, Miguel turns invisible and must receive a blessing from a family member before sunrise or else he will become one of the dead. While venturing the Land of the Dead, Miguel meets Hector, a skeleton who wishes to visit the Land of the Living to see his daughter again. As the two new friends travel the Land of the Dead, Miguel and Hector unlocks the secrets of Miguel's family.

The plot had a lot of twists and turns, the story and humor are captivating enough for children while being mature enough for adults. The animation and visuals were superb, as expected, Disney has animated an imaginative and creative world with astounding colors and special effects. I highly recommend *Coco* to anyone who's interested in a remarkable story that embraces love, family, and the Mexican culture.



## Slices of Life

An evening of original works

**November 28 - December 1 at 7:00 p.m.  
& December 2 at 2:00 p.m.**

Hebert Auditorium (Surprenant Hall)  
Main Campus - Worcester  
670 West Boylston Street, Worcester MA

Tickets are \$5 for everyone

For more information, contact [kstowell@qcc.mass.edu](mailto:kstowell@qcc.mass.edu)



Directed by Kelly Stowell  
Presented by the QCC  
Theater Program



**Do you like writing?**  
**Is photography your passion?**

## Join The Open Door!

- Write reviews on music, movies, and books!
- Send photos of landscapes
- Showcase your passion to the campus community
- Work with fellow students at QCC

**Here's what we're looking for:**  
Photographers, writers, designers

**This will be a great opportunity to build your resume and be apart of the QCC community!**

**Location: Student Fuller Center**  
**Contact: [opendoor@qcc.mass.edu](mailto:opendoor@qcc.mass.edu)**



# Athletics



## Need To Know

[www.qcc.edu/student-life/athletics](http://www.qcc.edu/student-life/athletics)  
[www.qcc.edu/services/athletic-center](http://www.qcc.edu/services/athletic-center)

Athletic Center Hours Starting 9/9:  
Monday 8:00am – 4:00pm  
Tuesday 8:00am – 7:00pm  
Wednesday 8:00am – 4:00pm  
Thursday 8:00am – 7:00pm  
Friday 8:00am – 4:00pm  
Saturday 10:00am – 2:00pm

All offerings and programs are FREE for QCC Students. Staff and Faculty program classes available for a fee

Check The Q and posted signs schedule.



## IT'S NEVER TOO LATE TO START THE YEAR HEALTHY

Healthy Goal Setting Tips:

- Start small- don't overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you'll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage your.

Remember the Great feeling you have after you exercise.....

## BENEFITS OF EXERCISE

- Reduces & Relieves Stress
- Reduces Cholesterol
- Prevents Osteoporosis
- Helps Prevent Coronary Heart Disease (which is the #1 death rate)
- Weight Maintenance
- Firm & Tone your Body
- Meet New People

## Ultimately....You Will Have More ENERGY

The QCC's Athletic Center Program Fitness Classes are Flexible, Fun and FREE program classes designed for you

- Only 45 minutes long
- Come to every class and be challenged
- Come to classes only when you can and still be able to follow along

### Yoga and Full-Body Toning



#### YOGA

Will run Sept 17 thru Dec 13  
Tuesdays & Thursdays 12:00pm

#### FULL-BODY TONING

Will run Sept 17<sup>th</sup> thru Nov 28<sup>th</sup>  
Mondays, Wednesdays & Fridays 12:30pm





# Athletics



## 2018-2019 QCC MEN'S BASKETBALL

	Departure		Return		
<b>NOVEMBER</b>					
Tuesday	6 <sup>th</sup>	5:00pm			HOME
Thursday	8 <sup>th</sup>	7:00pm	2:45pm	Holyoke CC*	AWAY
Saturday	10 <sup>th</sup>	1:00pm	10:45pm	Quincy College**	AWAY
Tuesday	13 <sup>th</sup>	7:00pm		UConn @ Avery Point**	HOME
Thursday	15 <sup>th</sup>	8:00pm	3:45pm	Bristol CC*	AWAY
Thursday	17 <sup>th</sup>	2:00pm	9:45am	Roxbury CC*	AWAY
Tuesday	20 <sup>th</sup>	5:00pm		Ben Franklin	HOME
Tuesday	27 <sup>th</sup>	7:30pm	3:00pm	Bunker Hill CC*	AWAY
Thursday	29 <sup>th</sup>	7:00pm		Springfield Tech CC*	HOME
<b>DECEMBER</b>					
Saturday	1 <sup>st</sup>	3:00pm	9:30am	Gateway CC*	AWAY
Tuesday	4 <sup>th</sup>	5:00pm		Northern Essex CC*	HOME
Saturday	8 <sup>th</sup>	2:00pm		Massasoit CC*	HOME
Saturday	15 <sup>th</sup>	1:00pm	11:00am	C.C. Rhode Island	AWAY
<b>JANUARY</b>					
Tuesday	15 <sup>th</sup>	7:00pm	2:45pm	Mass Bay CC**	AWAY
Thursday	17 <sup>th</sup>	7:00pm		Holyoke CC*	HOME
Saturday	19 <sup>th</sup>	12:00pm		Quincy College**	HOME
Tuesday	22 <sup>nd</sup>	7:30pm	3:00pm	UConn @ Avery Point**	AWAY
Thursday	24 <sup>th</sup>	7:00pm		Bristol CC*	HOME
Saturday	26 <sup>th</sup>	2:00pm		Roxbury CC*	HOME
Tuesday	29 <sup>th</sup>	8:00pm	5:45pm	Ben Franklin	AWAY
Thursday	31 <sup>st</sup>	7:00pm		Bunker Hill CC*	HOME
<b>FEBRUARY</b>					
Saturday	2 <sup>nd</sup>	12:30pm		C.C. Rhode Island	HOME
Tuesday	5 <sup>th</sup>	7:30pm	3:15pm	Springfield Tech CC*	AWAY
Thursday	7 <sup>th</sup>	6:00pm	3:45pm	Northern Essex CC*	AWAY
Saturday	9 <sup>th</sup>	3:00pm	10:45am	Massasoit CC*	AWAY
Thursday	14 <sup>th</sup>	7:30pm		Gateway CC*	HOME

\* Conference game  
\*\* Region XXI game

Head Coach: Tishaun Jenkins

Assistant Coach: Neftali Gonzalez

\* DATES/TIMES OF GAME ARE SUBJECT TO CHANGE. CHECK QCC.EDU FOR THE MOST ACCURATE INFORMATION\*

Updated as of: 10/9/2018

## 2018-2019 QCC WOMEN'S BASKETBALL

	Departure		Return		
<b>NOVEMBER</b>					
Thursday	8 <sup>th</sup>	5:00pm	2:45pm	Holyoke CC*	AWAY
Tuesday	13 <sup>th</sup>	5:00pm		UConn @ Avery Point**	HOME
Thursday	15 <sup>th</sup>	6:00pm	3:45pm	Bristol CC*	AWAY
Saturday	17 <sup>th</sup>	12:00pm	9:45am	Roxbury CC*	AWAY
Tuesday	27 <sup>th</sup>	5:30pm	3:00pm	Bunker Hill CC*	AWAY
Thursday	29 <sup>th</sup>	5:00pm		Springfield Tech CC*	HOME
<b>DECEMBER</b>					
Saturday	1 <sup>st</sup>	1:00pm	9:30am	Gateway CC*	AWAY
Saturday	8 <sup>th</sup>	12:00pm		Massasoit CC*	HOME
<b>JANUARY</b>					
Tuesday	15 <sup>th</sup>	5:00pm	2:45pm	Mass Bay CC*	AWAY
Thursday	17 <sup>th</sup>	5:00pm		Holyoke CC*	HOME
Tuesday	22 <sup>nd</sup>	5:30pm	3:00pm	UConn @ Avery Point**	AWAY
Thursday	24 <sup>th</sup>	5:00pm		Bristol CC*	HOME
Saturday	26 <sup>th</sup>	12:00pm		Roxbury CC*	HOME
Thursday	31 <sup>st</sup>	5:00pm		Bunker Hill CC*	HOME
<b>FEBRUARY</b>					
Tuesday	5 <sup>th</sup>	5:30pm	3:15pm	Springfield Tech CC*	AWAY
Saturday	9 <sup>th</sup>	1:00pm	10:45am	Massasoit CC*	AWAY
Thursday	14 <sup>th</sup>	5:30pm		Gateway CC*	HOME

\* Conference game  
\*\* Region XXI game

Head Coach: Gabe Santner  
Assistant Coach: Mikayla Singas

\* DATES/TIMES OF GAME ARE SUBJECT TO CHANGE. CHECK QCC.EDU FOR THE MOST ACCURATE INFORMATION\*

Updated as of: 10/9/2018

## QCC Women's Soccer Team



QCC Lady Wyverns Soccer team win 6-4 against Bunker Hill CC.

First win in program history! Building a program from scratch is not easy but it eventually finds its notch!

# GO LADY WYVERNS!

### INTERESTED IN PLAYING A SPORT AT Q.C.C?

Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try-out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are "cleared to play competitive sports". Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

**BASKETBALL Try-out /Practice starts  
MONDAY, OCTOBER 1st**

WOMEN'S @ 4:00pm  
MEN'S @ 6:00pm

**SOCCER TRYOUTS  
SEPTEMBER 6TH @ 6PM**

### MEN'S AND WOMEN'S BASKETBALL

Contact the coach as soon as possible to find out more information about meetings prior to the start of the season.

#### Men's Basketball

Tishaun Jenkins  
508.854.4211  
tajenkins@qcc.mass.edu

#### Women's Basketball

Gabe Santner  
Ext. 4492  
gsantner@qcc.mass.edu

### BASEBALL / WOMEN'S SOCCER

Student interested in playing baseball or women's soccer in the fall should contact the coach.

#### Baseball

John McLaughlin  
508.854.4316  
Jmclaughlin@qcc.mass.edu

#### Soccer

Josh Cole  
508-854-4317  
jcole@qcc.mass.edu



# Workplace Etiquette

Career Services and QCC Mentoring hosted a Work Place Etiquette event on October 12. Students met with employers to discuss skills and qualities they look for in candidates, and to prepare for the upcoming Job Fair that was held on October 24<sup>th</sup>.



**Photos courtesy of QCC Institutional Communications**

# Job Fair

On October 24, Career Services & Credit for Prior Learning held a Fall Job Fair for students in the HLC. With resumes in hands, students got to meet with representatives from the following companies:

AEROTEK

ATLAS DISTRIBUTING

BOB'S STORES

COWORX STAFFING

CHUGACH TRAINING &

EDUCATIONAL SOLUTIONS

FEDEX

IPG PHOTONICS

MAPFRE INSURANCE

OPEN SKY COMMUNITY

SERVICES

SCRUBADUB

SPECTRUMS

THE HOME DEPOT

UMASS MEMORIAL HOSPITAL

WEGMANS FOOD MARKET

APEX ENTERTAINMENT

AUTISM LEARNING PARTNERS

CITIZENS BANK

FEDERAL BUREAU OF PRISONS

JUSTICE RESOURCE INSTITUTE

MICRO TECH STAFFING

SCRIBE AMERICA

SECURITAS

TECHNICAL NEED

THE LEARNING EXPERIENCE

VALET PARK OF AMERICA



**Photos courtesy of QCC Institutional Communications**

# Registrar

## Records & Registration News

### Key dates and deadlines for Fall Semester

- **Withdrawal period is through November 16.** To withdraw from a class, your instructor or your academic advisor must sign the Withdrawal form. After November 16, your professor may grant you the grade of W, but you are no longer entitled to that grade. Your instructor may assign the grade of F. If you are considering withdrawing from a course and receive financial aid, talk to the Financial Aid Office to find out if your package will change due to the withdraw.
- **Priority Registration is November 5-19 for returning students.** You have seniority over all new students. Don't wait to register for Intersession or the Spring 2019 semester.
- **Monday November 12 is the observed holiday for Veteran's Day.** Classes will not be held on Sunday November 11 or Monday November 12.
- **Last day to change to or from an AUDIT is Friday November 16**
- **Thanksgiving Recess is Thursday November 22-25,** there are no classes during that period.
- **Final Week of Classes December 12-18,** during the final week of classes there is a modified class schedule. Check The Q for the Fall 2018 Final Exam schedule or ask your instructor for a detailed class syllabus. Final grades are due on The Q 48 hours after the last class/exam.

### **Final Week of Classes/Day Classes are on a Revised Schedule to allow for a Two-Hour Final Examination**

Final exam week begins on Wednesday, December 12 – Tuesday, December 18, for **all day classes** (defined as any class that meets before 4 p.m.).

**PLEASE NOTE: Evening classes** (defined as any class that begins at 4:00 p.m. or thereafter) will meet at their regular times and **do not have a special exam schedule.**

Each two-hour period of time during finals weeks may be used for final exams, classroom instruction, or other types of evaluation at the instructor's discretion.

If a course does not fit exactly into one of the time modules below, please use the closest time module for that time. For example, if a class meets on MW from 9:30 a.m. – 10:45 a.m., it would be assigned to the MWF 9:00 a.m. time slot.

# Registrar

<u>Exam Date</u>	<u>Exam Time</u>	<u>Classes that meet on:</u>
Wed., 12/12	7:00 a.m. – 9:00a.m.	MWF (7:00 a.m.)
Wed., 12/12	9:00 a.m. – 11:00 a.m.	MWF (9:00 a.m.)
Wed., 12/12	11:30 a.m. – 1:30 p.m.	TR (9:30 a.m.)
Wed., 12/12	2:00 p.m. – 4:00 p.m.	TR (3:30 p.m.)
Thurs., 12/13	7:00 a.m. – 9:00 a.m.	TR (6:40 a.m.)
Thurs., 12/13	9:00 a.m. – 11:00 a.m.	TR (8:00 a.m.)
Thurs., 12/13	11:30 a.m. – 1:30 p.m.	TR (12:30 p.m.)
Thurs., 12/13	2:00 p.m. – 4:00 p.m.	TR (2:00 p.m.)
Fri., 12/14	9:00 a.m. – 11:00 a.m.	MWF (10:00 a.m.)
Fri., 12/14	11:30 a.m. – 1:30 p.m.	MWF (11:00 a.m.)
Fri., 12/14	2:00 p.m. – 4:00 p.m.	TR (11:00 a.m.)
Mon., 12/17	9:00 a.m. – 11:00 a.m.	MWF (8:00 a.m.)
Mon., 12/17	11:30 a.m. – 1:30 p.m.	MWF (12:00 p.m.)
Mon., 12/17	2:00 p.m. – 4:00 p.m.	MWF (3:00 p.m.)
Tues., 12/18	11:30 a.m.– 1:30 p.m.	MWF (1:00 p.m.)
Tues., 12/18	2:00 p.m. – 4:00 p.m.	MWF (2:00 p.m.)

## **New to the Registrar's Office!**

Request an Enrollment Verification Letter through The Q. Log into The Q and go to the Registrar's page, then select Self-Service forms towards the bottom right of the page. Select and complete the Enrollment Verification Form. You have the option to pick up the form, or have us mail, fax or email it to you or a third party.

## **Did you know?**

If you can't make it to campus or stopping by the Registrar's Office is inconvenient to your schedule, you can find many of the Registrar's Office forms on The Q. Go to

# Transfer Services



**QUINSIGAMOND**  
Community College

Are you a current QCC student aspiring to transfer to **Bridgewater State University**?  
Are you interested in learning more about the application and credit review process?

If so, please schedule a time to meet with a BSU Transfer Advisor to discuss your future, please register at the link below:

[calendly.com/bsutransfercentral/qcc](https://calendly.com/bsutransfercentral/qcc)



**11.13.18**

Conference Room 109B  
10:00 am to 3:00 pm



November 2018

S	M	T	W	T	F	S
28	29	30	31	01	02	03
04	05	06	07	08	09	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

For more information, please email **Jaclyn Cowell** at [jcowell@bridgew.edu](mailto:jcowell@bridgew.edu) or call (508) 531-2157

## QCC TRANSFER SERVICES

November 2018 Transfer Visits

All visits in the HLC Lobby,  
10 a.m. – 1 p.m., *unless noted otherwise.*



**NOVEMBER 1**  
Columbia: 2-3 p.m., 107 Admin. Bldg.



**NOVEMBER 6**



**NOVEMBER 7**  
Becker: 10 a.m.-2 p.m.



**NOVEMBER 8**



**NOVEMBER 13**  
Nichols: 10 a.m.-2 p.m.  
Bridgewater: 10 a.m.-3 p.m.



**NOVEMBER 14**  
Becker & UMass: 10 a.m.-2 p.m.



**NOVEMBER 15**



**NOVEMBER 16**  
10 a.m.-2 p.m.

COLUMBIA | GS  
School of General Studies

## JOIN US FOR AN ADMISSIONS PRESENTATION

TO LEARN MORE ABOUT COLUMBIA GS

ADMISSIONS PRESENTATION  
THURSDAY, NOVEMBER 1  
2 TO 3 PM

Quinsigamond Community College  
Administration Building, Room 107A

SOME OF COLUMBIA'S BEST AND  
BRIGHTEST STUDENTS HAVE COME FROM  
QUINSIGAMOND COMMUNITY COLLEGE.

The School of General Studies—Columbia University's college for returning and nontraditional students—offers the rigor of a liberal arts education from one of America's finest universities. GS is committed to supporting students who transition from two-year colleges to a four-year university. Our students are fully integrated into the academic life of Columbia, taking classes with peers in the other undergraduate colleges, sharing the same Arts & Sciences faculty, and earning a bachelor's degree from Columbia University.

FOR MORE INFORMATION VISIT:  
[GS.COLUMBIA.EDU/INFORMATION-SESSIONS-AND-TOURS](https://gs.columbia.edu/information-sessions-and-tours)

# Transfer Services

## Transfer Services Workshop Series

• Held in the HLC, Conference Room, Egan 239 • All dates are followed by a one-hour walk-in time for general transfer questions •

### Transferring to a State University

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to Massachusetts State Universities.

#### September

6: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
10: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
18: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
28: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### October

11: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
16: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
29: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### November

6: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
15: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
19: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
27: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### December

7: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
11: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

### Transferring to a UMass Campus

Transferring to a bachelor's program WITH college credit has different requirements. This workshop address common aspects of the transfer process to UMASS campuses.

#### September

7: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
13: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
17: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
25: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### October

2: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
9: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
15: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### November

5: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
16: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
26: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### December

6: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
10: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

### Transferring to Private Colleges/Universities & Institutions Outside of Massachusetts

This workshop address common aspects of the transfer process to Massachusetts private Colleges and Universities as well as schools outside of Massachusetts.

#### September

14: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
20: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
24: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### October

1: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
18: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
22: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### November

9: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
13: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
29: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### December

3: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

### Paying for College

The thought of paying to complete your bachelor degree can be overwhelming. This workshop address the general concepts related to the cost of pursuing a bachelor degree.

#### September

12: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>  
19: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
26: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>

#### October

3: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
24: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>

#### November

21: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>

#### December

5: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>  
12: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

### Transfer FAQ Sessions

Get quick information and answers to common transfer issues such as:

- Important QCC courses for transfer
- How to pick colleges and majors
- General steps to transferring—deadlines, forms, admissions requirements.

#### September

5: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
11: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
27: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>

#### October

10<sup>th</sup>: 1<sup>p.m.</sup>-2<sup>p.m.</sup> & 2<sup>p.m.</sup>-3<sup>p.m.</sup>  
19: 10<sup>a.m.</sup>-11<sup>a.m.</sup> & 11<sup>a.m.</sup>-12<sup>p.m.</sup>  
23: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
30: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### November

8: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
14: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>  
20: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

#### December

4: 9<sup>a.m.</sup>-10<sup>a.m.</sup> & 10<sup>a.m.</sup>-11<sup>a.m.</sup>

QCC Transfer Services • 2<sup>ND</sup> FLOOR, HARRINGTON LEARNING CENTER • 508.854.4404 • [transfer@qcc.mass.edu](mailto:transfer@qcc.mass.edu)

## QCC MENTORING

One strong relationship is all it takes

When you receive a QCC Mentor, you will gain a trusted guide, a personal and professional resource, a connection to the professional world, and a friend.

By participating in the QCC Mentoring program, you will learn ways to raise your GPA, while building connections in the career path of your choice. This is a chance to build your personal and professional network and develop lifelong skills that you can take with you wherever you go.

Mentees will receive training, guidance, resources, and support throughout the program.

### QCC Mentoring:

- Builds self-confidence and self-esteem
- Provides motivation
- Delivers vital college/work/life strategies
- Offers support and experience in public speaking/presentations
- Enables students to grow to their full potential

To learn more about the QCC Mentoring program, please email [mentoring@qcc.mass.edu](mailto:mentoring@qcc.mass.edu), call 508.854.4573, or visit 120A in the Administration Building.



 **QUINSIGAMOND**  
Community College

 **COLLEGE.**  
MADE SMARTER.

# ACADEMIC ADVISING

advising@qcc.mass.edu

W. Boylston Street Campus: Harrington Learning Center—2nd floor (508) 854-4308

Southbridge Campus: 5 Optical Drive, Main Floor (774) 318-2110



Starting November 5th through November 19th, registration is *exclusively* for returning and active students. This means that you can build your Winter/Spring schedules during these dates and get the best possible seats!

## DID YOU KNOW?

### **You don't have to wait until your final grades are posted. Assume success!**

Build your Winter/Spring schedule now on the assumption that you'll be passing your current classes. You can always make adjustments later.

### **Your bill isn't due until the first week of January!**

If you register early, you don't have to pay the day you register. You can register now, and make plans to pay later.

### **The classes you first pick don't have to be your final ones.**

If you later need to make schedule changes for any reason, you have until January 30th to make adjustments.

#### DATES TO REMEMBER:



November 11 and 12: Veteran's Day College Closing. Thank you, Veterans!

November 16: Last day to withdraw without Academic Penalty: Withdrawal by today would not affect your GPA; you would receive a "W" grade.

November 22—25: Thanksgiving Holiday College Closing



## Thank you QCC students!

Over 900 of you took the **Student Success Survey** last spring, and your answers and feedback were used as a basis to develop important recommendations for President Pedraja and the Executive Team. We appreciate the time you took to submit your answers, share your issues, success stories, and feedback about QCC, from the classroom to the parking lot!

As a result of your feedback, we are examining ways to:

- provide consistent services among all the campus locations
- increase academic support for you to reach our education goals
- improve our customer service, and streamline registration and payment
- ask for your feedback on an annual basis, so that your voice is heard and considered as we make changes toward continual improvement

Thank you for contributing your input on how you define student success. The college has adopted the Student Success Task Force's recommendation, defining student success as:

Student success is whatever an individual student has set an educational goal or outcome, whether it be for an Associates Degree, Certificate, or to take one class.

If you have further feedback you would like to share, or would like to get involved with the Committee for Student Success, please contact one of the committee members below:

*Nelly Medina, Student*

*Ashley Forhan, Student*

*Terry Vecchio, Dean of Students, 365 A Building*

*tvecchio@qcc.mass.edu*

*Kristie Proctor, Director of Disability Services, 246 A Building*

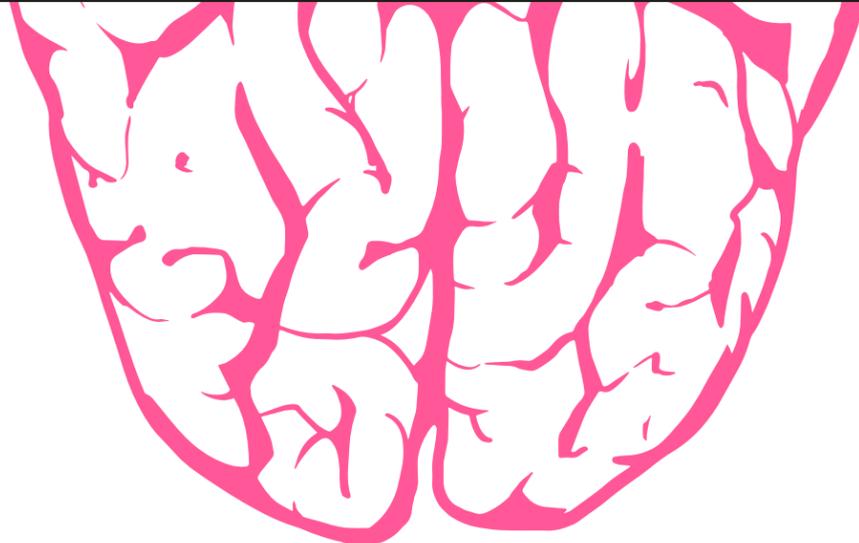
*kproctor@qcc.mass.edu*

**INTERESTED IN HUMAN BEHAVIOR?**

JOIN QUINSIGAMOND COMMUNITY  
COLLEGE'S...



**PSI BETA HONOR SOCIETY &  
PSYCHOLOGY CLUB**



**MEETS EVERY OTHER  
WEDNESDAY 12-1**

**FALL SEMESTER MEETINGS: 9/12, 9/26,  
10/10, 10/24, 11/7, 11/28**

**LOCATION: HLC BUILDING ROOM 239**

VISIT [QCC.EDU/PSYCHOLOGY](http://QCC.EDU/PSYCHOLOGY) TO LEARN MORE INFORMATION  
ABOUT STUDENT ORGANIZATIONS IN PSYCHOLOGY

FOR EMAIL REMINDERS, EVENT ALERTS, AND MORE,  
**JOIN THE EMAIL LIST:** SEND AN EMAIL TO  
[QCCPSYCHOLOGYCLUB@GMAIL.COM](mailto:QCCPSYCHOLOGYCLUB@GMAIL.COM)

QUESTIONS? EMAIL ADVISOR VALARIE CLEMENTE:  
[VCLEMENTE@QCC.MASS.EDU](mailto:VCLEMENTE@QCC.MASS.EDU)

FOLLOW US ON [INSTAGRAM](https://www.instagram.com/QCC.PSYCHCLUB) @QCC.PSYCHCLUB

# The School Year Start at the Children's School



The school year got off to a fantastic start at the Children's School in Classrooms 1 and 2. As the children explore in both classrooms, they have been busy investigating new educational materials, reconnecting with past friends and establishing new friendships. At any moment, one might see young engineers building castles in the block area, novice scientists making observations through binoculars, early artists adding detail to three-dimensional art work, future readers and writers engaged in teacher-guided small group experiences and kitchen chemists measuring and mixing together ingredients; we're gearing up for large cooking projects over the next couple weeks ahead.

We have also welcomed QCC Capstone students to our classrooms. We are eager and excited for Capstone students to be part of the inner-workings of various educational aspects, while gaining hands-on experience in an environment conducive to learning. The Children's School teachers are certainly appreciating the students' assistance and involvement.

The children are becoming more familiar with our classroom routines and helped write the classroom rules; safety is always our number one priority. With the school year in full-swing, we have focused on creating a collaborative atmosphere and understanding that we can embrace our similarities and unique differences. We have been reading stories at group time each day and some books are sure to become classroom favorites, including *Don't Let the Pigeon Drive the Bus* and *Today I Will Fly*, both by Mo Willems. Stories such as these encourage social and emotional development and are sure to inspire many laughs among children, students, teachers and faculty. The Children's School is looking forward to a fun-filled school year as we foster an excitement and passion for life-long learning!



# PIZZA WITH THE PRESIDENT



**Monday, November 5 • 4:30 pm – 5:30 pm**

**Fuller Student Center**

Join QCC President Dr. Luis Pedraja for pizza and conversation!





## **President Pedraja wants to hear from you**

**If you feel that you have received outstanding, student-centered service at QCC, President Pedraja wants to know!**

At QCC, we embrace a holistic, student-centered approach to student service. We strive to create a welcoming and supportive community in which helpful QCC representatives are available to assist students in achieving their academic goals.

Please take a moment to go online and tell us about your experience:

**[www.QCC.edu/student-service](http://www.QCC.edu/student-service)**



**QUINSIGAMOND**  
Community College

# Student Life

## November

## 2018

Check the QCC Events Calendar for more information and follow Quinsigamond Community College Student Life on Facebook



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	Pizza with the President 4:30pm-5:30pm	Election Day: GO VOTE! Women's Basketball 5pm Men's Basketball 7pm	Resume Writing 11am-12pm	NYC Statue of Liberty Trip Pizza with the President: Southbridge 12pm-1pm	Student Leadership Academy 12pm-1pm	
11	12	13	14	15	16	17
	VETERANS DAY: College Closed 	Workplace Etiquette 5pm-6pm	Resume Critique 11am-12pm	Great American Smokeout 11am-1pm 	Fuller Friday 10:30am-1pm	
18	19	20	21	22	23	24
	Thanksgiving Bingo: Main Campus 10am-11am	Thanksgiving Bingo: Southbridge 10am-12pm Women's Basketball 5pm Men's Basketball 7pm	Thanksgiving Bingo: Downtown 10am-12pm	THANKSGIVING: College Closed	College Closed	
25	26	27	28	29	30	
	Hot Cocoa 5pm-6pm 	Women's Basketball 5pm Men's Basketball 7pm			Student Leadership Academy 12pm-1pm	



## STUDENT LEADERSHIP ACADEMY

UPCOMING MEETINGS:  
Friday, November 9  
Friday, November 30



**Get Involved!**

---

**Build Your Resume!**

---

**Meet New People!**

---

**Develop Leadership Skills!**

---

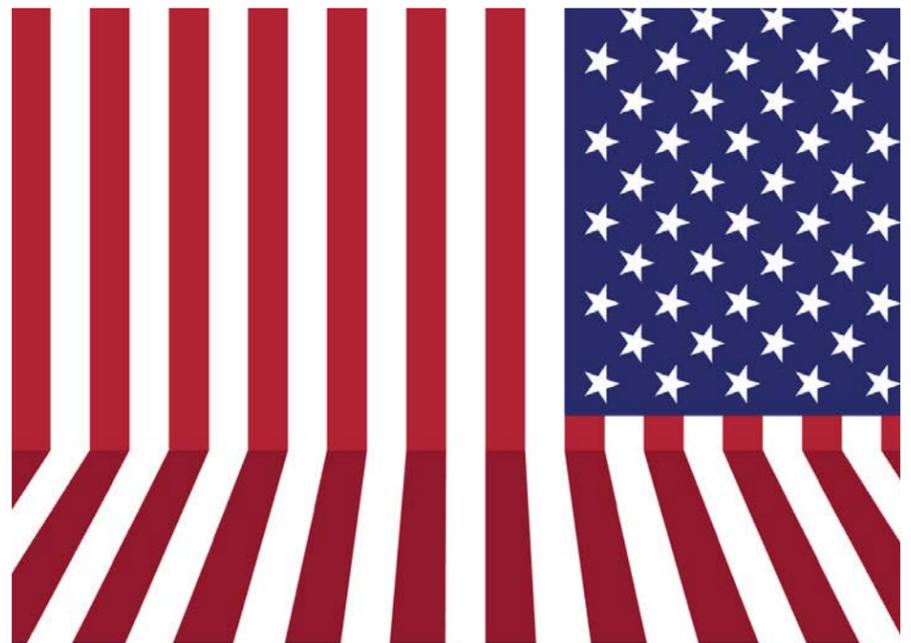
**Free Lunch!**

---

**MEETING INFO:**

Room: HLC 109 A

Time: 12:00 pm – 1:00 pm



Tuesday, November 6

**DON'T FORGET TO VOTE!**

For more information, please visit: [www.worcesterma.gov](http://www.worcesterma.gov)

