



DECEMBER 2012 / JANUARY 2013

### PRESIDENT'S PLACE



Dr. Gail Carberry

The recent Presidential election has taught us many things. One fact, for sure, is that persistence toward a goal, despite the odds, can surely win the day.

President Barack Obama also proved that organization and attention to details really matter. There has been no campaign in history that has been so closely watched in this regard. Even the Republican strategists publicly marvel at the organizational strength that resulted in the Obama-Biden win.

As in his first campaign the use of technology to communicate personally with prospective voters was used nationally. The power of technology as a communication medium for a Presidential campaign is a strong force and has become an increasingly acceptable mode of communication.

There were strategies used by the campaign that can translate to useful strategies for college students:

- Set goals and with those goals in sight persevere.
- Pay close attention to the details because they really do matter.
- Communicate: network with your peers and use your innovative wits.

Every day you are challenged to achieve your goals, but each day successfully spent represents one rung in the ladder to reaching the top.

Stay the course to reach your goals. Register now for the Spring semester. Reach out for help if you need it. NEVER give up!

# How Do You Spell Success? Associate Degree!

By Beryl Pettiford Open Door Staff

"Large fries and a drink with your order"? "Pickles and onions with that?" "Cream and sugar or black?"

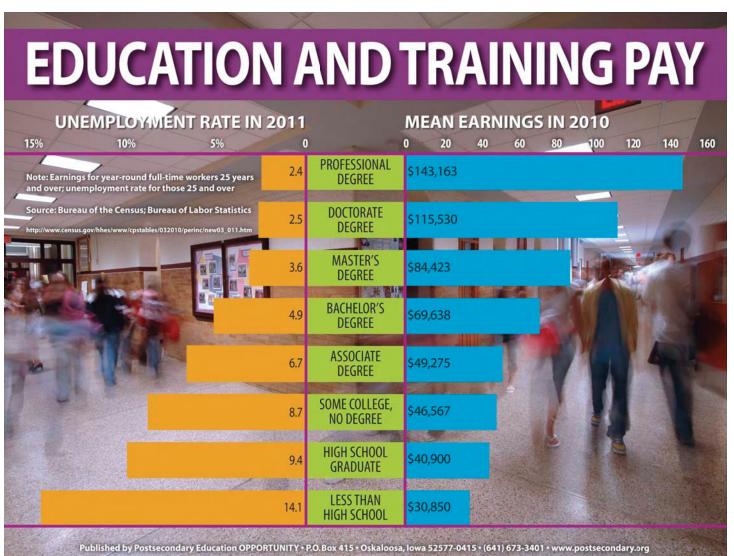
These are common phrases some of us use while we earn income to help pay our tuition and sustain life.

However, did you know that if we were to stay in these customer satisfying jobs for the rest of our lives, an associate degree can help us to earn up to \$10,000 more per year for doing the same job. Now I bet you'll



smile when asking if they want fries with that order. Allow me to share with you some other statistics. You say you love children and want to be a childcare worker making \$10,000 per year? Why not sing Teensy Weensy Spider to the tune of \$18,000 per year. Perhaps you'd like helping people obtain a pearly white smile. Dental Hygienists can increase their salary from \$30,000 to \$53,000. Plumbers can look at \$52,000 per year opposed to \$37,000 to fix bathroom pipes. Firefighters can boost their income to \$66,000 per year from \$53,000. What is making the difference in the pay scales of all these jobs is a college education.

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# Israel, Gaza and the future Little war with big consequences

By Joe Mogel Open Door Editor

etween November 14 and lasting until November 22, the most recent Israeli - Gazan conflict demonstrated, not only the regional, but global issues. Amongst the most unusual of those issues must be the involvement of the cyber group Anonymous, and its deluge of mostly impotent Internet attacks on Israeli websites. Part of what makes Anonymous' involvement so significant is the extreme language used. Regardless of your personal opinion of who is right and wrong, calling either side Nazis of Fascists, or throwing around accusation of genocide are inexcusable and inaccurate. Additionally, the seeming push by many, both Anonymous and many media outlets, to further inflame an already sensitive situation by selective reporting has only added to the problem for Jews and Muslims not in the Middle East. One report in particular concerned a 13 year old who died of a gunshot to the head. Despite a lack of conclusive evidence regarding who fired the lethal round, or proof that the killing was deliberate, many simply assumed that Israeli troops were purposefully killing teens. In fact many initial reports had to be modified later, yet many still rely on unsubstantiated first reports.

One key issue involves Iran. During the recent conflict, dubbed operation Pillars of Defense by Israeli officials, the new Iron Dome missile defense system was debuted by Jerusalem to counter the rockets and missiles, mostly of Iranian design, launched by Hamas. This system, which knocked down more than eighty percent of rockets

heading to densely populated areas, would be used in the event of a war with Iran, who provided the same rockets Iron Dome knocked down. In this regard, Israel took the opportunity to show the region, Iran especially, what it could stop. What effect this could have on Israeli - Iranian jockeying has yet to be seen.

What doesn't seem to be the focus of many reports seems to be how the results will benefit both sides. Israel, aside from showing its strength, has show the strength of its alliance with the US and a prominent Cleric in Gaza has a Fatwa, saying that any breach of the cease fire would be a grave sin, adding religious weight to the cease fire. Gaza has had its borders loosened, allowing more trade and has gained more international recognition. Egypt, who brokered the cease fire with the assistance of Secretary of State Hillary Clinton, has also gained some respect for its new president, Morsi, despite the vocal complaints of many in Egypt's Muslim Brotherhood.

While the conflict ended, as all conflicts do, with a low note, in this case a bus bombing in Tel Aviv, the peace does seem to be holding, for the moment at least. While there may be many issues still to settle, such as a more permanent means of preventing Hamas from firing rockets in the future, at the moment it would seem that the situation in the Middle East may be calming down. At least for now.

The Open Door is the student newspaper of Quinsigamond
Community College and is distributed once a month. Students are

encouraged to participate in its publication through the submission of articles, article ideas and actual production work. If you are interested in working on The Open Door, please see Pat Bisha-Valencia, coordinator. The office is located in the Fuller

Pat Bisha-Valencia

Student Center in Room 2F. Come visit us, or email <a href="mailto:opendoor@qcc.mass.edu">opendoor@qcc.mass.edu</a> or phone 508-854-4285.

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Next Issue : February 7, 2013



### OPEN DOOR Schedule for Fall 2012 / Spring 2013

Issue	On the Stands	Deadline
#5 February	February 7	January 10
#6 March	March 7	February 11
#7 April	April 4	March 11
#8 May	May 2	April 10



### ERNEST BORGNINE - ACTOR January 24, 1917 - July 8, 2012

Born Ermes Effron Borgnino in Hamden Connecticut, He enjoyed sports as a child, especially boxing. At age 18, after high school, he joined the navy. After ten years in the service, he worked several factory jobs before his mother suggested that he try his hand at acting. The rest is history. He was the only actor to star in 3D movies from both the golden age in the 1950's and the present day. Some of his last roles were as the voice of Mermaid Man from Spongebob Squarepants, and as Nicholas from Love's Christmas journey.

#### <u>SALLY RIDE</u> - ASTRONAUT **May 26, 1951 - July 23, 2012**

Born in Encino, California, Ride earned her Master's and PhD in physics, focusing on astrophysics and free electron lasers. First joining NASA in 1978, Ride became the capsule commander for several space missions, and spent 343 hours in space. After leaving NASA she became a professor of physics at UC San Diego and founded the Sally Ride Science company, which produced science programs for children. Ride was always very private about her personal life, only having it reveled to the general public that she had been in a 27 year relationship with a woman, Tam O'Shaughnessy, a professor of Psychology at San Diego State U.

### MICHAEL CLARK DUNCAN - ACTOR December 10, 1957 - September 3, 2012

Born in Chicago, to single mother Jean, Duncan had to leave a Communications program at Alcorn State University to support his family. Working as a bodyguard for several celebrities, he wound up having a few bit parts until the movie Armageddon, where he played Bear. During the film, he struck up a friendship with Bruce Willis. His most famous role out of the 35 movies he stared in is John Coffey, from The Green Mile.

#### NEIL ARMSTRONG - ASTRONAUT August 5, 1930 - August 25, 2012

Born in Wapakoneta, Ohio, Armstrong developed his love of flying from the many times his family moved during his childhood. At age 17 he began studying aeronautical engineering at Purdue University, where he earned his Bachelor's on a Navy college plan. He later earned a Master's from USC. Armstrong qualified as a Naval Aviator on August 15, 1960, and served in Korea, flying 78 missions. After spending several years as a test pilot, Armstrong was selected for NASA on September 13, 1962. After several earlier missions, his defining moment came on July 20, 1969, when he became the first man to walk on the moon. After retiring from NASA, Armstrong was approached by both political parties, which he politely declined.

GORE VIDAL - AUTHOR
October 3, 1925 - July 31, 2012

Born Eugene Louis Gore-Vidal, in West Point, New York and attended school at St Albans. In 1939, Vidal went to France to continue his studies, but returned home in 1940 with the outbreak of WWII, and served in the Navy, on the F.S. 35th in Dutch Harbor, Alaska. His first novel, Williwaw, was about his experience in Dutch Harbor started his career as a writer and playwright. Politically Vidal, an openly bisexual man, was very liberal and had a series of extremely heated debates with the late William F Buckley in 1968, which lead to lifelong enmity between them. In more recent years, Vidal, who owned a villa in Italy, moved back to America for the needs of his life partner, Howard Austen, how died in 2003.

### PHYLLIS DILLER - COMEDIAN July 17, 1917 - August 20, 2012

Born Phyllis Ada Driver in Lima, Ohio, Diller studied piano at the Conservatory of Columbia College Chicago, after which she became a wife and homemaker. During the 1950's she made apperences on 'The Jack Paar Show' and Groucho Marx's show 'You Bet Your Life'. In 1952, Diller began a 15-minute television series called 'Phyllis Dillis: the Homely Friendmaker', which began her career. She soon began doing stand-up comedy, appearing on dozens on television shows and in several movies. She gave great credit to Bob Hope for her success, thanking him for including her in many of his movies and USO tours. In 2005 she wrote her autobiography 'Like a Lampshade in a Whorehouse', which was converted into a DVD. Much of her final years were spent painting and playing her handmade harpsichord.

#### RUSSELL MEANS - ACTIVIST November 10, 1939 - October 22, 2012

Born to parent of Sioux decent on the Pine Ridge Indian Reservation, Means was introduced to activism by his father Walter, who led the 1969 Alcatraz Occupation. The year before Means became a member of the American Indian Movement, better known as AIM. As part of AIM, Means participated in the occupation of the Bureau of Indian Affairs, the Mayflower II, and Mount Rushmore. More prominently, and recently, Means supported a secession of all Lakota peoples into a single independent republic. Tribal leaders from the Lakota refused support for Means, but said that his position on treaties broken by the USA were accurate. Means also dabbled in acting, staring in several movies and television shows.

### MIKE WALLACE - JOURNALIST May 9, 1918 - April 7, 2012

Born Michael Wallik in Brookline, Massachusetts to Russian Jewish immigrant parents, Wallace attended college at the University of Michigan, where he began his lifelong love of journalism by writing for the school newspaper. During WWII, Wallace served in the Navy as a communications officer on a submarine. After the war, Wallace did several announcer parts for commercials and game shows, before doing a five part documentary on the Nation of Islam, with Louis Lomax. Wallace found his calling as lead reporter for 60 Minutes, until his retirement on March 14, 2006. An entire episode of 60 Minutes was dedicated to his life achievements.

### ROBERT HEGYES (May 7, 1951 – January 26, 2012) AND RON PALILLO - ACTORS (April 2, 1949 – August 14, 2012)

The show Welcome Back Kotter lost two former actors this last year. Robert Hegyes, born in Perth Amboy, New Jersey, and Ronald Gabriel Paolillo, who went by Palillo, born in New Haven, Connecticut. Both men stared in numerous movies and television shows. Both men taught in their later years, Hegyes at his alma mater Rowan University, and Palillo at the G-School of the Arts, in Palm Springs. Hegyes is survived by four children; Palillo is survived by his partner of 41 years, Joseph Gramm.

#### <u>JERRY NELSON</u> - PUPPETEER July 10, 1934 - August 23, 2012

Born in Tulsa, Oklahoma, Nelson was raised in Washington D.C., where he first became involved in puppetry. In the early 1960's he began working for Jim Henson doing various characters, eventually finding his way to Sesame Street. Working until shortly before his death of emphysema, Nelson voiced and puppeteered Count von Count, robin the Frog, Floyd Pepper, Crazy Harry, Camilla the Chicken, Lew Zealand, and Mr. Snuffleupagus.

#### MAURICE SENDAK - AUTHOR, ILLUSTRATOR

#### June 10, 1928 – May 8, 2012

Born in Brooklyn, NY, Sendak was impacted early in his life by the loss of extended family members in the Holocaust. Remembered most for his work 'Where the Wild Things Are', Sendak was both an illustrator and writer, with more than twenty stories written and more than seventy books illustrated. He also worked on numerous television programs. For more than fifty years Sendak lived with his life partner, Dr. Eugene Glynn, until Glynn's death in 2007.

#### RAY BRADBURY - AUTHOR August 22, 1920 - June 5, 2012

Born in Waukegan, Illinois Bradbury was deeply affected by the safety of his home town. Using the pseudonym 'Green Town' for Waukegan, Bradbury used his home town repeatedly in his stories. Moving back and forth between Waukegan and Tucson, Arizona, as a child, Bradbury began writing at age eleven. His first success came at age fourteen, after his family had moved to Los Angeles, when he was hired as a writer by George Burns. Throughout his life, Bradbury wrote over

two hundred stories in his career. He is survived by his four daughters.

### SHERMAN HEMSLEY - ACTOR, COMEDIAN

#### February 1, 1938 - July 24, 2012

Born in Philadelphia, Pennsylvania, Hemsley was raised by a single mother; he attended school until he was old enough to join the Air Force. After leaving the service, he worked in a Philadelphia post office, while attending the Academy of Dramatic Arts at night. Once he moved to New York, he began working on Broadway. His most famous role was as George Jefferson, first on 'All in the Family', latter on 'The Jeffersons'. In his spare time, Hemsley pursued jazz keyboard, and released a number singles, some of which were played on 'Soul Train.'

#### EDUARD KHIL - SINGER September 4, 1934 - June 4, 2012

Born in Smolensk, Russia, during the cold war, Khil was raised by his mother and lived with WWII as the backdrop to his childhood. During the war, Khil would perform songs for wounded soldiers. After graduating, he began to perform Russian popular music, winning numerous awards and competitions. Khil's fame in recent years came from a dispute over the lyrics of his song 'I'm Glad, 'Cause I'm Finally Returning Back Home.' The lyrics' writer claimed that the lyrics were the song. Khil disagreed, so he sang a scat version of the song, in which he used the vocalization 'Trololololo'. Many people on the internet, using the term 'Troll' for the denizens of the web, latched on to his song, giving him much popularity in his later years under the name 'Mr. Trolololo'. Khil's son quotes him as saying "Where were all these journalists 40 years ago?"

### GEORGE McGovern - United States Senator

#### July 19, 1922 – October 21, 2012

Bornin Avon, South Dakota, to a Methodist Pastor, McGovern was influenced early in life by an English teacher who recruited him for his High School debate team. This experience opened him up the world of politics. While in college, McGovern met his future wife, Eleanor Stegeberg. Leaving college to serve in the Air force during WWII, McGovern received several citation and accommodations for his valor in the field. After his return, McGovern completed his education, earning a PhD in history, and began to find he was drifting into politics. In 1956 he ran for, and won a seat in the House of Representatives. By 1962 he had won a seat in the Senate. His term in office is most noted for his fierce opposition to the Vietnam War, and his unsuccessful run for the White House in 1972. In 1980 he was defeated for re-election in the Senate, after which he teaching and lecturing at a number of Universities before serving as an Ambassador. He is survived by his five children.

December 2012 - 3

### Avenues of success in the works at QCC

By Beryl Pettiford

Next year QCC will celebrate its 50<sup>th</sup> Anniversary, and we are in the midst of wonderful things taking place. Doors of opportunity are opening for students, and the goal is that all of us graduate with a degree and work in our fields of expertise

I was so excited about the information shared by The Institutional Research Department, about staying in school, and getting an associate's degree, that I wanted to speak with President Gail Carberry. She shared some interesting plans for our wonderful community college.

Picture a campus in Downtown Worcester for healthcare/nursing, with labs nearby and the College of Pharmacy and St Vincent's Hospital, all in the same area. This will be the pathway to nursing making it easier to access information, the tools and application.

As far as our Boylston Street Campus, we will have a new Science and Tech building across from the HLC. If all plans proceed smoothly, there will be a ribbon cutting ceremony sometime in 2017.

For those of you who utilized the math boot camp and thought that was great, you will be able to add English boot camp as well. How about combining your health care assignment with your English boot camp assistance, being able to write your paper in healthcare language, it's contextual.

Are you a Veteran? You can expect better services as well. I left President Carberry's office full of hope and encouragement to know so many avenues of success are being planned for QCC students. The meeting was fantastic, informative, and insightful.

#### Continued from Page 1

Now, you may be wondering where all of these important facts and data come from. The answer is QCC'S own Institutional Research and Planning Office (IRaP). I spoke with Meredith Galena, Communications and Research Associate, to gather this valuable information to help put students in the know.

While we are busy getting to and from school, taking classes, and preparing speeches, the IRaP Office is busy collecting all the data that effects each and every student's future prospects and more. Their office is not a student related meeting place such as Advising in Rm. 61A; rather they are gathering all the information about students and the college. If you are wondering if the IRaP Office could help you find one of the many jobs spoken about in this article, well no, that's where our Career Placement Services in Rm. 272A can assist you. The IRaP Office does provide timely information on our local bulletin boards and in The Open Door, and they are passionate about student success.

By 2018, 68% of jobs in Massachusetts will require a postsecondary education. This is 5 percentage points above the national average. Massachusetts is among the top five states that will lead in the nation in job openings requiring postsecondary education. This means that statistics taken from 2008 will continue to be observed until 2018, but they are already showing prospects of a rate of about a growth of 148,000 jobs, while students will not be taking advantage of this because the dropout rate and lack of high school graduates will grow by 25,000.

When asked, most students agree that money is motivating them to come to college and pursue their careers to create a better life. However, dropping out of school, skipping classes to get to the part-time job, not actively keeping focused on that degree is resulting in another type of statistic.

#### Postsecondary Jobs by 2018

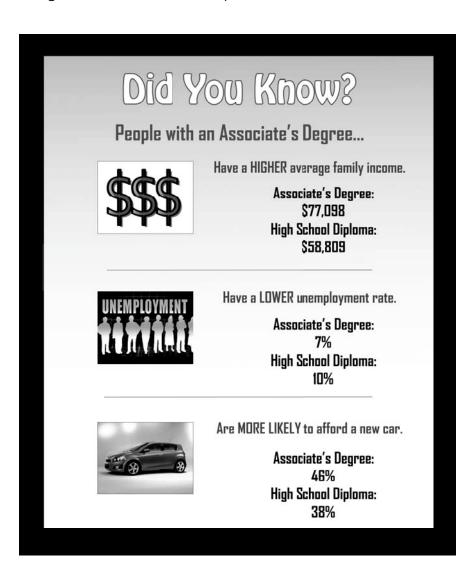
Postsecondary education provides access to occupations across the economy. That means far greater opportunities for those with an associate degree. If all you can offer is a high school diploma, or less, then you are putting yourself in a tiny little corner. The opportunities for high school dropouts and graduates will be about 61 million jobs by 2018, providing you want to work in food service, sales, office support, or hold a blue collar position.

Contrastingly, people with a postsecondary education will have 101 million

positions available to them - that's 40,000,000 more openings looking to be filled by those in management in professional offices, healthcare and community care, as well as food services, sales, office support, and blue collar.

This information is crucial to the future degree holders. American colleges and Universities need to increase the amount of degrees they confer by 10 % annually. That may seem like a lot, but it can be done.

QCC students can provide different types of statistics for the IRaP team: drop out, withdrawal from programs, never graduate, or associate degree, a lifelong credential. The choice is yours.



## DID YOU KNOW? PEOPLE WITH AN ASSOCIATE DEGREE...

Have a HIGHER individual annual income
 \$49,835
 Associate's Degree
 \$39,937
 High Schoo, Diploma
 Earn more money in their lifetime (lifetime earnings)
 Have a HIGHER average family income
 \$77,098
 Associate's Degree
 \$58,809
 High Schoo, Diploma



### Career, Academic, & Personal Success

From the Office of Career and Academic Planning (Advising Offices) General Advising & Health Career Advising: Room 61A advising@qcc.mass.edu (508) 854-4308

### CAREER LADDERS

Microsoft Office 2010 Cert ----- Web Applications Cert ----- Web Developement Option

Do you have effective communication skills? Do you have strong problem-solving and analytical skills? Do you like working with computers? If you answered 'yes' to any of these questions then a career in Web development may be for you. The Web Development Option provides students with a thorough knowledge of Web and Internet server technologies and programming. Achieve your career goals by climbing one rung at a time. One option is to start with the non-credit Microsoft Office 2010 Certificate through QCC's Training and Education Center. Take control of your career and excel at your own rate.

### Computer Information Systems—Web Development Option (Credit)

Web administrators and Web developers will be needed to accommodate the increasing amount of data sent over the Internet, as well as the growing number of Internet users. In addition, as the number of services provided over the internet expands, Web administrators and developers will continue to see employment increases.

### Median Wage

Web Developers - \$75,660 (annually) Web Administrator - \$79,240 (annually)

#### Did You Know...?

Overall employment of computer network, systems and database administrators is projected to increase by 30% from 2008-2018, much faster than the average for all occupations.

### Web Application Certificate (Credit)

The certificate in Web Applications is designed to provide the student with the basic knowledge and skills necessary for career opportunities as an entry level Web Developer or Web Administrator.

#### Did You Know...?

This certificate is ideal for adult students re-entering college or for students who are currently in the workforce and want to update their skill sets.

The curriculum may be completed in one academic year depending on the student's background in computer applications.

### Microsoft Office 2010 Certificate (Non-Credit)

Learn the essentials of computing in today's technological workplace for a wide variety of occupations. Through handson, instructor-led classes, you will learn to create a professional document in Word, use formulas in Excel, create presentations in PowerPoint, and maintain a database in Access.

#### Did You Know...?

This certificate will enhance your current skill set.

This certificate is a great complement to your resume during your job search.

Completion may qualify you for prior learning credit which can be used towards a (credit) certificate or associates degree.

Sources: Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, 2012-13 Edition, Nursing Aides; Licensed Practical Nurses and Registered Nurses on the Internet at http://www.bls.gov/ohh/healthcare/licensed-practical-and-licensed-vocational-nurses.htm and http://www.bls.gov/ooh/healthcare/registered-nurses.htm (visited September 5 ,2012).

### CAPS Staff (Advising & Testing)

Maria Addison, Director Diane Levinson, Coordinator

CAPS Advisors
Henry Ritter
Martin Muysenberg
Tenisha Mincey
Jennifer Guzman-Gayflor
Ray Lawless

Assessment Specialists
Lamont Slater
John Mitchell

Front Desk Staff Ruth Cole Linda Brunell

### Important Information for Students

**Tues. DEC 18** Last day of classes/exams.

Wed. JAN 2 Intersession 2013.

Tues. JAN 22 Spring 2013 classes begin

JAN 22 - 29 Add/Drop period

Wed. JAN 30 Withdrawl period begins

You're a Star



This year's You're a Star ceremony, held November 8, honored 26 QCC male students for their accomplishments, good character and skills. Each year outstanding students are nominated by faculty and staff who deserve recognition for distinguishing themselves, overcoming great odds, and for making a difference. The program is cosponsored by Counseling Services and Pat Toney, Vice President of Academic Affairs.

"The You're a Star award was a great a honor," said Honoree
Joshua Biernacki. "I feel this was an acceptance into a brotherhood that was formed at QCC. Also, I want to thank my Sponsor, Cheryl Pike, as she has been a driving force since day one in getting me to the man I have become."

Honoree Nevson Kanengoni said that it was a great honor to be selected for this award out of thousands of students at QCC. "I advise all other students to reach out and aim high because with the resources offered at QCC the sky is limit."

QCC President Gail Carberry and Steve Sullivan, Vice President of Enrollment & Student Services, presented the nominees with their awards. A special thank you goes to Karen Cox, Pat Toney, Donna Harvey, Sheryl Tardie, QCC Food Service and QCC Institutional Communications for all that they do to make this event a success.

### This year's You're a Star Honorees are:

Peter Atechian Samuel Baptista Joshua Biernacki Chad Bleakney Douglas Bowen Thiago Campos Scott Chevalier Wander Cristian Aroldo Ferreira Daniel C. Friedrich
Matthew D. Gauthier
Shawn Johnson
Josephus Jordan
Nevson Kanengoni
Charles Keyes
Bryan Leasot
Michael McGinley
James F. McNaney

Ernest Onyinah
Anthony Pappoe
Isaias Perez
Bilal Shakir
Jeremy Sherwood
Sean Thomson
Kennedy Udechukwu
Kristopher Zannino







# DECEMBER2012

World AIDS Day December 1st

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 NYC Trip  Women's & Men's BBall at Bunker Hill CC 12 & 2PM
2	3	4 National Cookie Day 11AM Evening Student Mixer 5PM Men's BBall vs. Mass Bay CC 7PM	5 Lunchtime Leadership 12PM	6	7 EAT HEALTHY Desserts 11AM	8 Polar Express
9	10 Stress Busters 11AM	11 Stress Busters 11AM	12	13 Women's & Men's BBall at Bristol CC 5 & 7PM	14	15 Women's & Men's BBall at Gateway CC 1 & 3PM
16	17	18 Last Day of Exams	19	20	21	22
23	24	25	26	27	28	29
30	31					

On November 17th The Student Life Office hosted a trip for students to the Spirit of Boston Odyssey Cruise. It was a fabulous night filled with dinner, dancing and much fun.

(Photos by Jennifer Memnon)



### QCC STUDENTS HELP WITH HURRICANE SANDY CLEANUP

### By Kennedy Udechukwu

50 people and I were boarding a bus to Far Rockaway, NY to help share food and clothing and also clean up the aftermaths of Hurricane Sandy. I must say, it turned out great.

From the designs of the houses you could tell that Far Rockaway wasn't a typical neighborhood, the beautiful wood that adored each now flooded basements and expensive cars that were left ruined by the storm lay here and there. This was certainly an elite or above average community before the storm at least.

Saturday, November 17th 2012 was like any other day with only one distinction; Quinsigamond Community College students, members of the Seventh Day Adventist Church of Lancaster, MA, residents from Queens NY and even students from as far as Tennessee were humbly represented. At the end of the 2 days, not only did we feel so proud of our feat, we had also learned a very important lesson; everything is vanity, and the only things worth holding on to are those things that can fit perfectly into our hearts.

> Attending from QCC were Student Senate Members Kennedy Udechukwu and Valentine Beluchukwu, along with Felipe Mendes, Elaine Zamo and Vanderlei Cunha.

Photos by Kennedy Udechukwu and Valentine Beluchukwu



### "To Facebook or not to Facebook"

By Kristine Greige Open Door Staff

Facebook? What was our form of sharing when we wanted to? To say it has revolutionized the world of social media is an understatement, but as we all know nothing comes without its disadvantages.

I deactivated my account for about a month to research this article. I understand the results could be different for every individual, but here is what I surmised from my experience: Did my life deteriorate because I no longer had one? Certainly not but I did notice a difference. It is how we communicate our thoughts, ideas, gripes and experiences, hobbies, milestones, whereabouts and interests. Everyone uses it in different ways to serve a purpose on any given day. Your page is what you make of it. I realized we all have our own opinions about social media as a whole but we can all agree that it is a part of our existence in the present and rapidly becoming a large part of the future.

I did miss out on invites to events. Pictures of family went unseen. I missed updates from a liked company pages. I missed out on birthdays and just plain socializing with friends I don't see often. I don't think we realize how much we use them. Unfortunately, most of us don't communicate in person or even on the phone anymore yet as humans we still have the need to.

I believe this is where social media serves its purpose.

We are able to reach a large audience all at once which allows us to communicate while satisfying our need for instant gratification. I recently attended a panel on Marketing on Facebook and this statement stood out to me "Facebook is a spoke in the wheel of social marketing and communication." Promoters use social media for any and all events. It's becoming one of the main tools used to market a wide range of events such as club promotions/parties, retail events, job fairs etc. This is just one spoke in the wheel of how we are utilizing this public vehicle of communication.

When I asked club promoter Georgie Paone, if Facebook is helpful for marketing events, he stated "One thousand times yes!" Walid Samaha, Owner of the Al Wadi restaurant states "I personally find that social media has become the most essential form of marketing for a small business." He also brings up the valid point that "It is also cost effective in the form of where you can personally manage it without much cost to the business owner." It allows us to check in wherever we are whether it is just to share or to let people know you've arrived safely. If you don't have reception and friends are meeting you later checking in provides an address, phone number and directions to let your friends know where the destination is. I also use it to let a caller know I'm at xyz place and I can't return your text or phone call. These are only examples but keep in mind that these

options were not always readily available to us. At a future marketer's convention held in Boston newsfeeds were referred to as "the headings to our own personal newspaper." I thought that was ingenious!

Although Facebook is one of the main social media outlets being used who knows how many more there will be in the future. It's evolved into a form of communication for all of us. It's not my favorite form but I do use it. Even though this made me more aware of the benefits of social media, I still believe connecting with each other in person is still the most viable way to communicate. The negative side of social media is in the eye of the user. Privacy has always been an issue for users where Facebook is concerned. Advertisements geared towards the user appearing all over our pages has also been an annoyance since recently going public. Every person values their privacy as much as the next but social media is not perfect nor does it claim to be. There isn't a system or person for that matter that is without its flaws. Facebook employs roughly 3,500 employees that in my opinion act as Inter- Stellar Systems Adjusters. They spend their days toiling and traveling in between users to determine what needs to be worked on so that we can continue to communicate in the way we've been accustomed to. How you use social media is completely up to you. After all, it is a reflection of you. Your face. Your book. Your you.

### **QCC Professor Receives Award**

sychology Professor Marie Scichilone was recently awarded a Quality Matters certification for her online psychology class "A Survey of Lifespan Development: Conception to Death". The Quality Matters organization is dedicated improving the quality of twentyfirst century online courses and to honoring the most successful programs.

To meet the Quality Matters standards as Prof. Scichilone's PSY 121 class did, a course must undergo a rigorous peer review process in which three longstanding teachers of online courses examine the course, its pedagogical philosophy, its use of technology, and its success in reaching students. The class runs throughout the year; in spring and fall semesters it's available in a comparatively leisurely fifteenweek format, in the summer it's a five-week course, and in the early January intersession it may be condensed into an intense ten-day

both psychology and physiology; students learn about such diverse topics as physical development, the nervous system, emotional and cognitive development, and cardiac health. The coursework includes five exams, autobiographical and reflection papers, critical thinking questions, and reports on medical articles.

Prof. Scichilone, who came to QCC in 1989, has been teaching online since 2007. Last year, she decided to seek the Quality Matters certification to confirm what she already suspected: that her class was one of the best available online courses. Earning the certification was a challenge, but Prof. Scichilone is glad that she did it, because "I wanted to have other people look at it, not only here, but from other colleges." Evaluators for Quality Matters must work in the same discipline as the teachers they evaluate, but they're drawn from across the Unites States. Some of

academicbootcamp.PSY121covers the reviewers for PSY 121 came both psychology and physiology; from Maryland and the state of students learn about such diverse Washington.

Just as a wide range of psychology professionals reviewed Scichilone's course, so too is PSY 121's student body diverse. The course is open to anyone, though most of its students are pursuing either an RN or an LPN degree; both degrees require successful completion of PSY 121. Though many of the students in the class are enrolled at QCC full-time, some of these students take only online classes and complete their degrees without ever visiting campus. Other pupils take half their courses online and the other half on campus. Some students are seeking degrees elsewhere, at schools like Northeastern or UMass Boston, but choose to take this one class at QCC. One student even took the class from Oregon!

In over twenty years as an adjunct professor at QCC, Prof. Scichilone

has taught a wide variety of classes, including Chemical Dependency, Introduction to Psychology, Human Sexuality, and Abnormal Psychology. She devotes just as much care to her online courses as to her traditional face-to-face instruction, but notes that there are important distinctions to be drawn between the two formats, with their "different kinds of learning, different kinds of teaching." Online courses, she elaborates, involve less peer interaction between students, but pupils are more confident, "open", and "comfortable" voicing their opinions to teachers. Some students will find online courses more convenient, others thrive in classrooms, and still others do best with a mixture of online and offline education. Prof. Scichilone isn't sure how online education will develop in the next several years, but her current work suggests that she will be well-prepared for whatever is coming.

### HARRINGTON LEARNING CENTER



### The Open Door Is Sponsoring A Student Photo Contest and Graphic Design Contest

Here's your chance to showcase your talent!

This contest is only open to currently enrolled students

### Submissions accepted from January 17 - February 28th

### Submission for Photo Contest

-Submit your photos on a CD saved as a JPEG or PDF file(s) format to the Student Life Office in The Fuller Center. Resolution must be 400-500 kb 600x800 pixels.

- \* Limit two photos per student, whether it's landscape, portrait,
- \* Students can also send the above information to the photo contest email at: qccphotocontest@gmail.com

#### Submission for Graphic Design Contest

-Submit your designs or Illustrations on a CD saved as a PDF file format to the Student Life Office in The Fuller Center.

- \* Limit two images per student,.
- \* Students can also send the above information to the graphic design contest email at: qccgdesigncontest@gmail.com

Include the title of each photo/picture along with your name, phone number, email and student ID number. Photos/designs should be taken/made within the past 2 years, and not been previously published or part of a contest. Submissions will be available for viewing on The Q.

\* Please note that while artistic expression is welcome, works expressing anything uncivilized or lewd will be disqualified.

### Judging

-Begins in March. Winners will be notified and announced in April. Winners will be posted on The Q.

#### Prizes will be annouced in later issues.

As a bonus the winning photographs will be displayed in the HLC library.

#### Other Information

- -Students can only enter one contest.
- -If you do not have Photoshop, go to Irfanview.com, or gimp.org, for a free download to compress photos.
- -If you do not have Illustrator, go to inkscape.org for a free download.



### TRANSITION CENTER

### Skills for College, Skills for Life

Room 222HLC 508-752-8552 Transitioncenter@gcc.mass.edu December hours by drop-in or appointment Monday, Tuesday, Thursday & Friday: 8am - 4pm Wednesday: 8am - 6pm Saturday by appointment only: 10am - 1pm

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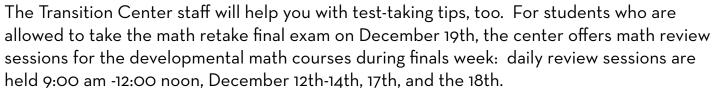
### December Update

The month of December brings a lot of excitement to this campus as classes conclude and final exams begin.

Here in the Transition Center, our staff looks forward to helping you with end-of-the semester research projects,

presentations, and papers. If you answer "yes" to any of the questions below, please come see the Transition Center for time management and organization tips for the last three weeks of the semester:

- Are you stressed by the lack of time you have to prepare for finals?
- Are you procrastinating?
- Do you need to make a study plan for studying on a daily or regular basis until the last day of classes?
- Do you need to arrange or rearrange your schedule to optimize your time for exam preparation?
- Have you put off establishing a regular time for exercise and sleeping?





# QCC JURIED ART SHOW CALL FOR ENTRIES!

All artists within the QCC community, including faculty, staff, students and alumni are invited to submit original works of art – photographs, drawings, paintings, digital, montages, fiber and more to Mary Newman at mnewman@qcc.edu. All submissions must be sent as low resolution jpg files but high resolution files (24"x36" at 300 ppi) will be required for winning submissions to be printed and framed.

The art will be judged by a jury panel consisting of QCC Faculty and Staff. The deadline for submissions is January 2, 2013. The selected art will be printed as giclees by Applied Arts students at QCC, mounted, framed and hung permanently in the North Wing to decorate and promote the talent on campus.





### ATHLETIC CENTER

Monday - Friday: 7:30am - 9:00pm Saturday: 9:00am - 2:00pm The Athletic Center is closed on Sunday

### **QCC Spring Baseball 2013**

The Spring Season will begin at the end of January / beginning of February.

Any student interested in Spring Baseball should contact Coach Fusaro for preliminary information.

Coach Fusaro
Cell: 508-736-6708
E-Mail: mfusaro@qcc.mass.edu



In Massachusetts, by the year 2018, 68% of ALL JOBS will REQUIRE postsecondary education.

QCC = YOUR OPPORTUNITY!

### All offerings are free for QCC Students!!

### **CIRCUIT TRAINING**

Monday, Wednesday and Friday: 12:30pm - 1:15pm Tuesday Wednesday & Thursday: 4:15pm - 5pm

### **KUNG FU**

Monday & Wednesday: 11:30am - 12:15pm

### INDOOR CYCLING

Monday: 6:00pm-6:45pm Wednesday: 5:30pm - 6:15pm Tuesday & Thursday: 12:15pm-1pm

### YOGA / PILATES

Tuesday & Thursday: 12pm - 1pm & 5:15pm - 6:15pm

### ZUMBA

Monday: 6:45pm-7:45pm Wednesday: 6:45pm - 7:45pm

### P 90 X

Tuesday: 2:15 - 3:15 pm Wednesday: 4:30 -5:30 pm

### Be an In-Class Notetaker



Disability Services
Wants to PAY you

\$75

for a copy of notes you take in your classes for Fall 2012



For more information on becoming an "In-Class" Notetaker contact:

Disability Services

508-854-4471 Room 246A disabilityservices@qcc.mass.edu

### ATHLETIC CENTER (continued)

### MEN'S BASKETBALL SCHEDULE

#### DECEMBER

Saturday - 1st - 2pm - Bunker Hill CC - AWAY
Tuesday - 4th - 7pm - Mass Bay CC - HOME
Saturday - 8th - 7pm - Uconn @ Avery Point - AV

Saturday - 8th - 7pm - Uconn @ Avery Point - AWAY

Thursday - 13th - Bristol CC - AWAY

Saturday - 15th - 3pm - Gateway CC - AWAY

#### **JANUARY**

Tuesday - 8th - 7pm - Roxbury CC - AWAY
Saturday - 12th - 3pm - Gateway CC - HOME
Tuesday - 15th - 7pm - CC Rhode Island - AWAY
Thursday - 17th - 7pm - Mass Bay CC - AWAY
Saturday - 19th - 12pm - Lincoln College - AWAY
Monday - 21st - 7pm - New Hampshire Tech - AWAY
Thursday - 24th - 8pm - Dean College - AWAY
Saturday - 26th - 2pm - Holyoke CC - AWAY
Thursday - 31st - 7pm - Massasoit CC - AWAY

#### **FEBRUARY**

Saturday - 2nd - 12pm - Bristol CC - AWAY Thursday 7th - 7pm - Springfield Tech CC - HOME Saturday - 9th - 3pm - Northern Essex CC - AWAY Saturday - 16th - 2pm - Bunker Hill CC - HOME Tuesday - 19th - 6pm - Uconn @ Avery Point - HOME

MCCAC Basketball Tournament Sat & Sun 23rd & 24th - Massasoit CC

#### MARCH

Region 21 Tournament Sat & Sun 2nd & 3rd - TBA

### WOMEN'S BASKETBALL SCHEDULE

#### **DECEMBER**

Saturday - 1st - 12pm - Bunker Hill CC - AWAY Saturday - 8th - 12pm - Uconn @ Avery Point - HOME

Tuesday - 11th - 5pm - Bristol CC - AWAY Saturday - 15th - 1pm - Gateway CC - AWAY

#### **JANUARY**

Tuesday - 8th - 5pm - Roxbury CC - AWAY
Saturday - 12th - 1pm - Gateway CC - HOME
Wednesday - 16th - 5pm - Lincoln College - HOME
Thursday - 24th - 6pm - Dean College - AWAY
Saturday - 26th - 12pm - Holyoke CC - AWAY
Thursday - 31st - 5pm - Massasoit CC - AWAY

#### **FEBRUARY**

Saturday - 2nd - 12pm - Bristol CC - HOME Thursday - 7th - 5pm - Springfield CC - HOME Saturday - 9th - 1pm - Northern Essex CC - AWAY Thursday - 14th - 6pm - Uconn @ Avery Point - AWAY Saturday - 16th - 12pm - Bunker Hill CC - HOME Tuesday - 19th - 6pm - Manchester CC - AWAY

MCCAC State Basketball Tournament Sat & Sun 23rd & 24th 12/2pm @ Massasoit CC - AWAY

#### MARCH

REGION 21 Tournament Sat & Sun 9th & 10th @ TBA - AWAY

### QCC Players named to the ALL NEW ENGLAND TEAM

The Following members of the QCC Baseball Team are 2012 NJCAA DIVISION III Baseball Award Recipients named to the All New England Team



(Photo courtesy of QCC Marketing and Institutional Communications)

From Left to Right: Mike Van Hoof, Mike Ryan, Mike Mastrototaro, Dylan Pond, Billy Derosier, and Coach Mike Fusaro. Players accepted their awards last month at a luncheon on campus.

### QCC Women's Basketball Team wins opener vs. Massasoit

On November 13, the Lady Wyverns had their first home game of the season hosting Massasoit. Coming out strong from the start with 12-0 in beginning of the first half, they held on to the lead throughout the game to secure the win.



It got tense in the last moments of the game, when in the last few minutes, with 2 girls out due to foul trouble, and only four players left on the floor, the women basketball team successfully held on to the lead to complete the matchup by a score of 57-49.





### Local Gifts for this Holiday Season By Caitlyn Lambert Open Door Staff

Need to find the perfect gift?
Well then lend me your ear.
You can shop from local artists,
And bring two people holiday cheer.

One gift for a special person in your life, And another gift, the gift of appreciation, For the local artist that worked hard To earn your denomination.

So please, I urge you, Before you spend at a big corporation Think how that money could improve Someone else's celebration. Now I know that stART at the Station has passed, and if many of you missed your chance to go there is another event that is going on in Worcester. The "event" that I'm talking about is Holiday Ritual, an event that showcases local artists, and where you can find that grand gift to give to someone special. This takes place on Sunday, December 9th, and is being held at Ritual which is located on 281 Main Street in Worcester MA. Everything starts at 4pm and will run until 7pm. So don't miss your chance to make two people happy. For parking there are several lots located adjacent-to and across the street from Ritual. For more on Holiday Ritual, join them on Facebook at:

http://www.facebook.com/events/495148033839984/



### INTERVIEWS WITH LOCAL ARTISTS: ERIC MESKUS & PAULA McDonough

Shopping local has been a big thing this year and last, and why not. Knowing that you can bring cheer into a local artist's life while bring the cheer of a handmade craft into yours is a great feeling. So here is a little bit about two artists that were at Worcester's stART on the Street: Fall edition, and the crafts that they make.

### ETURN WOOD ART

**OD:** Tell us a bit about your business and how you got started.

**EWA:** ETurn Wood Art items are all turned on a wood lathe. A wood lathe is a machine that spins a block of wood and different tools are used to smooth and shape wood. I've had a lathe since high school and working with a lathe is very relaxing for me. It took me a long time to improve my skills and techniques. I have always worked as a carpenter and did everything from build custom homes, remodeling, additions and interior work. My wife saw the quality of my lathe work and she was the one who actually took the time to do the paperwork and submit the photos for the jurying for stART at the Station 2011. She takes care of all of the booking events, my website, marketing ideas and the computer end of the business.

**OD:** Can you tell us about your art/crafts?

**EWA:** I make bowls, pepper mills, wine bottle stoppers, hollow form vases, platters, bracelets pen and pencil sets and do custom work also. Many of my items take up to a year from start to finish. I also hand sand and hand finish the items with different oils and waxes. Nothing leaves my work shop until I am 100% happy with the final product.

**OD:** Do you do other work outside of this business, and if so what is it?

**EWA:** I have a full time job at a welding and sheet metal fabrication

shop.

For more information on Eric and his work you can visit his website at: www.eturnwoodart.com

He will also be at Holiday Ritual, which is on Sunday December 9th, and is a one of a kind shopping experience.



### THE VENERABLE BEAD

**OD:** Tell us a bit about your business and how you got started.

PM: My name is Paula McDonough, and I am The Venerable Bead. I melt rods of borosilicate glass in the flame of a torch to create glass beads and pendants that I string into wearable works of art. I am a wife of 19 years, and a mother of 2 beautiful and smart kids ages 14 and 11. I am also a recent breast cancer survivor. I live in Warwick RI with my husband, 2 children, and our American Hairless Terrier puppy Lily.

I've had a love affair with jewelry making since 1994 when, on my first wedding anniversary, I walked into a little bead store in Boston's Haymarket Square and picked up a handmade bead. It started with polymer clay and moved into semi-precious gems and silver. The glass bug hit in early 2005 while I was reading a Bead and Button magazine article about a borosilicate

bead artist Emily Lake. I had never seen borosilicate glass before but I felt drawn to it. After that, I started buying boro beads from self representing artists to incorporate into my bracelets. Then it occurred to me that I

could probably learn how to make them myself. In the spring of 2005 I took a wonderful nine week lampworking class at the Worcester Center for Crafts taught by the very talented Jennifer Geldard and in July 2005 I set up a glass studio in my home. I have been happily melting glass ever since. Recently I have added metalwork and enameling to my skill set in a never-ending desire to raise the bar for my work.

**OD:** Can you tell us about your art/crafts?

**PM:** I set up my Etsy shop in May of 2007. I was doing something really original with the lamp work beaded key. I was the first Artisan to make a boro lamp work bead on the shaft of a skeleton key. The keys really took off and I found my customer base. She's an edgy, hip, slightly-above-the-trend woman looking for something very

original and fun. She's a sentimental girl who has an appreciation for old, worn but well-loved objects that have been updated with the smooth, modern,

sometimes futuristic looking artisan glass and personalized just for her.

**OD:** Do you do other work outside of this business, and if so what is it?

PM: I am a clinical social worker by day and work three days a week for an employee assistance program. Melting glass is my therapy and the way I unwind at the end of a stressful day. It is a very meditative experience. I bear witness to a lot of sadness in my day job and the glass helps

me put that away. Also, there are no finished products when you work in mental health. People evolve and hopefully get better, but with my jewelry I am able to have something tangible as a result of my hard work. To check out more of what The Venerable Bead has for sale go to their Etsy shop at www.venbead.etsy.com





### RESTAURANT REVIEW

### 7Nana Japanese Steakhouse

60 Shrewsbury Street St., Worcester REVIEWED BY KRISTINE GREIGE



People in general are always on the look out to try out a new restaurant. It's nice to meet friends somewhere interesting and fun. The new restaurant to arrive on the scene in Worcester certainly has my vote for stylish decor as well as excellent dishes. The first thing I noticed when I walked into 7Nana is the beautiful spiral chandelier encasing the fairly large bar area. It is the focal point of the main room. This restaurant is the newbie of Shrewsbury Street which opened in June. There is a hibachi room if that's your pleasure and they cater to small parties as well as groups of up to 26 people.

The sushi bar is my absolute favorite part of the restaurant because that is where the creativity happens. Every order comes out looking like an ornate piece of artwork. It looks so pretty you almost feel a twinge of guilt eating it. The taste is just as lovely as the presentation. You have to appreciate the art that goes behind making your plate. They also have an entree menu filled with everything from hot and cold appetizers, soups and the chef's specialties. We had the pleasure of having the pineapple fried rice which came with Miso soup and salad. It was served in a pineapple shell with vegetables and chicken. The portion was very generous and the sauce was tangy without being overpowering.

The wait staff was very eager to help with any questions we had about the menu or the restaurant itself. Whether you sit at the bar, hibachi or sushi area you are bound to feel at ease enjoying a great plate in front of you.



7Nana offers 10% off for college students. They are open daily all year including holidays. They offer their 567 deal which is \$5.00 appetizers, \$6.00 martinis everyday from 3-7 p.m. For more details, check out their website at www.7nanasteakhouseworcester.com

### Boomer's Sub and Deli

93 Highland St, Worcester
BY THE DEAN OF CUISINE



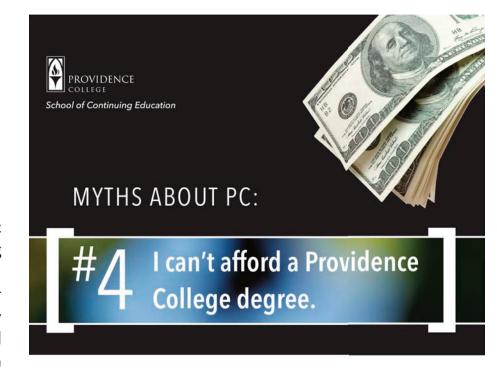
Boomer's has done an about face, in a large way. Once shabby, the small pizzeria and deli on Highland Street is now highly rated for its delicious selection. Featuring specialty pizzas and calzones, among many other things, there are menu options for carnivores and vegans alike.

First, the calzones; ľve had the Hampshire and Mediterranean, both vegetarian, but with plenty of cheese. Each featured specialty ingredients, such as roasted red peppers, Portobello mushrooms, artichokes, and smoked mozzarella cheese. Both are excellent. I also tried their Falafel. Though a little on the dry side, the Falafel pieces themselves did have good flavor, and a healthy dose of Tahini (sesame sauce) didn't hurt either. One aspect of

all three of these dishes that impressed me was how filling they were.

I've also tried several of their pizzas. The two that top my list are the Melanzana and the Roman. The Melanzana has a nice blend of toppings, particularly tasty for the eggplant lovers out there. The Roman, on the other hand, is a sauceless pizza, featuring an array of cheeses topped with plenty of chopped scallions. They also offer a number of pasta dishes, which, though good, aren't on the level of their calzones.

Last of all, the prices are very affordable! A full dinner for two or three is easily under \$25, possibly under \$20. Boomer's get this reviewer's recommendation as a tasty and affordable destination.



Did you know that the Providence College School of Continuing Education offers undergraduate classes and degrees for less than what you would pay for many four-year schools? Value and affordability are just some of the surprises waiting for you here.



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# Vandalism on Campus

By William Duggan Open Door Staff

"Those who expect to reap the blessings of liberty must undergo the fatigues of supporting it." With these words, Thomas Paine evoked the single most overlooked facet of our liberty: that even freedom is sustained by work. When I looked around our QCC campus the other day, I was struck by the level to which our campus is subtly vandalized: trash discarded irresponsibly, cigarette butts thrown away carelessly, and myriad bits of graffiti in the bathrooms and along walls. Vandalism is a strong word, I admit. I've hardly ever gotten to school when the general campus isn't as good as new from the day before, due to the hard work of our janitors and maintenance staff. However, the issue at hand isn't their neglect, but ours. We forget that we are as responsible to maintain our liberty as we are free to enjoy the benefits of it.

The other day, over a cup of coffee, someone was trying to convince me of the significance of names. Names are, their argument went, the culmination of everything a person is and has done--from the moment of their birth until the present. You could almost make an integral out of it. Moreover, just as a person's name is based off of his actions, a family's name is established on its character, and a business' name is forever founded in its reputation. In other words, though it has but one reputation, a group's name is sustained by the whole collection of individuals belonging to it.

Needless to say, I found the argument convincing, and I thought of our school. What is the sum total of *our* reputation? Quite frankly, I think it's pretty good. According to our website, Quinsigamond Community

O Ode

College is the fastest-growing community college in the nation, and our transfer options are expanding every day as a result. Furthermore, due to the hard work of Professor Dadbeh Bigonahy, head of the Engineering Department, our college is the only community college member of the Biomedical Engineering Society, right alongside the top colleges and universities of our day. For me, then, someone visiting our college for the first time should be enticed and impressed with our scholastic achievements. I want them to feel the same way about our campus and student body.

Now stop reading. I want you take just a minute to look around or, if you just sat down for a coffee break away from campus, simply take a mental tour. Take a look in the men's rooms of the A-Building, where crude obscenities are written on the stall doors, or the garbage cans by the pick-up terminal where people consistently misplace their soda bottles, or even in the Math Lab, where the tiny keyboard stands are broken off. These are all small details--simple imperfections dotting the campus--but they are all the abuse of liberty.

Thus I ask--from one coffee drinker to a community of coffee drinkers--the next time you approach a full garbage can with an empty cup, help us all sustain our liberty to drink coffee by finding another garbage can.

And if you're a smoker, please try your best preserve your freedom to smoke by staying in the designated areas, and by discarding your cigarette butts appropriately. Just as each share in the name of this school as collective noun, and in liberties the campus the affords, so we also share in the upkeep of both.



# Are you a student Veteran? WE WANT YOU To join us in supporting our Veterans

contact our office at:

508-854-2721 or veteranssupport@qcc.mass.edu

### **MAKING IT at QCC**

ince the College was established in 1953, forging connections with the broader community has been one of QCC's most important goals. Fifty years after its foundation, Quinsigamond Community College remains an innovator and a community partner. The College is planning two initiatives that will both engage QCC students and bring the College closer to the larger Worcester county population that it serves. The first initiative is a festival, a "Maker Faire" celebrating the accomplishments and inventions of artists, artisans, tinkerers, and mechanics. The second initiative will culminate one day in the introduction of a state-of-the-art Fabrication Laboratory, or Fab Lab.

#### Making and Doing

One of the West Coast's most vibrant subcultures might soon find a home on QCC's campus. When Ray Wisniewski, Director of User Services at QCC's help desk, read about the "Maker Faires" which started in California six years ago and have since expanded worldwide, he knew that he had to visit one. He watched web videos showing dozens of "Maker" inventions, innovations, and hi-tech toys: robots, Styrofoam planes, remote-controlled submarines, mechanical computers, and beanbag-launching trebuchets.

Shortly after his discovery of Maker culture, Ray attended the 2012 Maker Faire in San Mateo. From the moment of his arrival he knew that his trip was a worthwhile one. The entrances to the Faire were "guarded" by two of the Faire's most impressive contraptions. By one entrance was parked a flatbed truck mounted with several vertical pipes that shot flames high into the air. Visitors were directed to a keyboard from which they could "play" the contraption, a mix between a church organ and a flamethrower. "Anyone can walk up" and control the machine. The other entrance was covered by another fire-breather, a sheet metal dragon over sixty feet long!

Ray returned from California with a sense of wonder and a hope that someone would bring such an event to Massachusetts. Eventually, he realized that he might well be that person, and set about talking to his QCC colleagues about bringing a Maker Faire to campus.

In a day and age when most people buy far more than they make, and replace more than they repair, Ray was excited by the joyful creativity and enthusiastic tinkering that Makers represent. But for Ray Wisniewski, Makers aren't just solitary eccentrics; they also stand for community, connectivity, and collaboration. "A big part of the movement is sharing, wanting to show what you've done and pass it on to others who might take it and make it better," he explains.

Though many of the most famous and flashy Maker projects are electronic or mechanical in nature, it's important to know that Making is not just for engineers and programmers: cooking, baking, sewing, or painting are Maker activities just as much as constructing a marshmallow gun, transforming an old hard drive into a Tesla turbine, or crafting a low-cost 3D printer. Different groups of Makers have different interests and expertise: California events are full of Silicon Valley workers, Detroit offers auto industry veterans, and Providence's Maker Faire originated with an artists' collective.

Ray believes that a truly successful Maker Faire is not just a showroom for the fun, the quirky, and the bonkers. A Maker event can only truly succeed if it helps bring together a community. The QCC Maker Faire will "showcase what [QCC] students are doing," and it will also provide a venue for outside groups, like WPI students or a robotics hobbyist club.

Plans for a QCC Maker Faire are currently under development. It is anticipated that the event will take place in late March or early April 2013. As the plans for a Maker event at Quinsigamond progress, QCC faculty and staff have ample reason to get excited. As Ray Wisniewski said, an event like this would be "so great for the college and so great for the community."

For more information about the general Maker Faire movement, please visit www. makerfaire.com.

#### Fab Labs

The College is also currently investigating the possibility of bringing a Maker-friendly "Fab Lab" to QCC in the near future.

When MIT professor Neil Gershenfeld began teaching a class on "How to Make Almost Anything," he had no idea how popular his course would become, nor did he expect that he would soon be leading an educational revolution. Prof. Gershenfeld taught his students how to use a variety of tools, including lasercutters, milling machines, digitizers, sewing machines, 3D scanners, and 3D printers, to design and manufacture their own projects.

It's not surprising that MIT, as one of the world's top engineering schools, would possess such technology. While MIT students could take advantage of it, but what average person would ever gain access? Prof. Gershenfeld, however, realized that he could export Fab Labs from MIT's Cambridge campus. The technology was surprisingly affordable and the space required remarkably small. Given an average-sized room, power and high-speed Internet hookups, and a roughly \$50,000 equipment budget, a Fab Lab could exist just about anywhere.

Since Prof. Gershenfeld had his inspiration, Fab Labs have shown up across the globe. From Ohio to South Boston to India, Fab Labs have proven extremely successful. By giving average citizens access to this creative manufacturing technology, they empower their users and free imaginations. They also help bring communities, both local and global together. A Fab Lab quickly becomes a bustling neighborhood hub, full of amateur Makers, professional engineers, and every kind of person in between. They collaborate, discuss their projects or problems, and offer each advice. But Fab Labs are not isolated communities; one essential component of any proper Fab Lab is the "Polycom," a video conferencing and collaboration tool that connects users of one lab with their fellows in all the other labs around the world. In the past three years, Carol King, QCC's Director of Early Career & College Awareness, has visited ten different Fab Labs in the US and Europe. She's visited the sprawling glass-walled showcase lab at Lorain County Community College; she's toured a mobile lab in Washington, D.C.; and she's watched the users of an Amsterdam lab collaborating via Polycom with fellow enthusiasts in Indonesia. All the Fab Labs have impressed her with their community spirit and the broad spectrum of Fab Lab users. In South Boston, for example, she found an "incredible diversity of ethnicity, race, language, and age." At one moment, MIT engineers might be building a prototype, while a few hours later a high school student would be 3D-printing a newly-designed variant on a Rubik's Cube. The next day might bring a middle school to the Fab Lab to learn about inventing and manufacturing. As Ms. King put it, "the really exciting thing about a Fab Lab is the way it can be tailored, at any given time, to meet the needs of a given audience." The space that ignites the imaginations of schoolchildren one day can train dislocated workers the next and assist entrepreneurs the day after that.

#### **An Exciting Future**

While QCC has not yet finalized plans to bring a Maker Faire or a Fab Lab to Worcester, thoughtful discussions are underway and members of the faculty and staff are engaged in planning. Kathy Rentsch, Dean of Business and Technology and one of the leaders in the push to bring Maker culture and Fab Labs to QCC. When asked to explain why she was so enthusiastic about bringing Making to campus, she responded:

"QCC's vision is to excite, ignite and open new visits of opportunity! Bringing 'making' to life on campus and working with community partners to establish a regional Fab Lab is well-aligned with QCC's vision to serve as a vital regional asset recognized for learning & teaching and community outreach & impact. Since our first visit to the Fab Lab at Boston's South End Technology Center, our team was impressed by the power of putting technology in the hands of regular people and setting them free to create and innovate."

### "The Black Band"

#### By Lt. Reynaldo Rodriguez **QCC** Police Informer

A black arm band represents that someone has lost a loved one and is in of a tragedy. A police officer, whose duty to protect and serve the community, mourning. It's a way to show everyone around them, that they are sad and are has made the ultimate sacrifice. When a police officer dies in this fashion, unity grieving. The black armband was adopted in England in the 19th century. When Queen Victoria lost her husband Albert she required her servants to wear black armbands. During the World Wars the practice of stitching a black band to the sleeve of a family was common. Even sports teams have worn a black stripe to represent the loss of an athlete. Normally, a family member might wear all black for an amount of time to publicly display that they are in mourning.

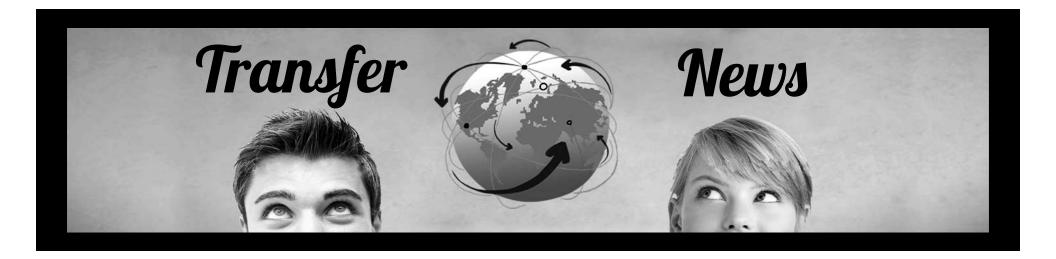
Have you ever wondered where that tradition has gone? Today, you don't normally see widows in black clothing. For some reason, our modern society doesn't really allot time for mourning. Yes, we allow those who lose family members to have time to grieve, but we don't publicly display it as we once did. On occasion a website might be draped in black. Every culture has their way of grieving but to the point of the color black and a band, you just don't see it. Well, in the law enforcement culture you may have seen a black band around a badge and wondered what it meant.

In the job culture of law enforcement, the black band is worn over the badge to let others know publicly, that a police officer has been killed in the line of duty. It also allows for the public to see that the officer they are dealing with at the time may not be emotionally 100% at their best. It also builds awareness to the public is displayed when officers wear the black bands telling everyone that a sister or brother police officer has died on the job.

Police officers feel the loss of a member as deeply as a close relative, and to show this relationship, rules for consistency have been adopted. There are no national laws for wearing black bands, but each police department has its own protocols which normally are:

- Worn upon the line of duty death of a police officer in their own department or neighboring department until the police officer's
- Worn at the funeral of any active or retired police officer who had died.
- Worn on May 15<sup>th</sup>, National Peace Officers Memorial Day.
- Worn across the badge (no bigger than ½ inch).

If you would like to learn more about the practice of wearing a black band you can find out more via the internet.



### January 2013

### If you're new to QCC, welcome!

And if you're a returning student, welcome back for the spring semester! If this is your first semester, it is not too early to start learning about the transfer process. If this is your final semester, and you plan to continue for a Bachelor's degree, NOW IS THE TIME to begin the transfer process. In either case, here are some spring semester transfer activities to plan to attend:

### **WITS-Walk-In Transfer Sessions**

"How do I transfer?" "Where can I go?" "What classes can I take, and how will they be accepted?"—these are just a few of the questions students ask when they begin to think about transferring to a four-year college. WITS sessions are the recommended first step to learn about transfer programs, transfer steps, and transfer resources. Bring your questions, paper, and a pen, to take down notes. Look for the spring schedule in the February Open Door issue, as well as on flyers all over campus, and at the student portal, The Q, under "Transfer Services."

### **Campus Visits**

All semester long, local and regional colleges will be on campus to meet with students and talk about transfer. It's a good idea to bring your QCC transcripts to these visits to learn how your courses will be accepted. Look for flyers all over campus, at the events calendar at the The Q portal, and under "Transfer Events" at the Transfer Office website.

### **Spring Transfer Fair**

Over 25 colleges and universities will be campus to meet with students. This is a great opportunity to check out different schools--local favorites and new possibilities. Look for posters around campus and details in Next month's Open Door.

### **LAST CHANCE:**

**HOPING TO TRANSFER IN JANUARY?** 

This is very last minute, but there still may be time.

Follow these steps ASAP:

- 1. Go to the website(s) of college(s) you're interested in.
- 2. Look for transfer application deadline to confirm that there's still time to apply.

Read all the transfer admissions information at that site and follow all of the directions... immediately!

- 3. Fill out and send in completed application. Send QCC transcripts (and high school transcripts if required).
- 4. Request transcripts at the Student Payment Center, Room 65A (Admin Bldg)

Send any other required documents (essay/recommendations) immediately.

Be sure to send final official QCC transcript at the end of the semester.

### Transfer Question of the month:



I will be transferring to a four-year college or university. I know that every baccalaureate college or university that I transfer to will COST MORE than QCC. How can I pay for this?



First off, applying for financial aid is pretty much automatic!

Second, start learning more by going to the "Financing College" link at the QCC Transfer Office website http://www.qcc.mass.edu/transfer. Even if you know your eligibility for financial aid is limited, you may be required to go through financial aid before you can be awarded a transfer scholarship at that school. You can find information about scholarships by clicking in the "Scholarships" box at the Transfer Office website.

At the "Financing College" link you can find information about scholarships offered by:

- Massachusetts State Colleges
- UMass campuses, other area colleges
- Non-profit organizations such as the New England Transfer Association and the
- Greater Worcester Community Foundation

### DID YOU KNOW?

Transfer scholarships are usually merit based. This means they are awarded because of strong academic performance (high GPAs), not financial need.

One more reason to do the best work you can in all your classes at QCC!

http://www.qcc.mass.edu/transfer

QCC Transfer Office

Room 58A - Lower level of **Administration Building** 

College Information Applications, catalogs, and related materials **Transfer Guides** Scholarship binder and applications

Internet-accessible computer to research colleges, careers & scholarships.

### Students can book transfer advising appointments at the website. **BOOK TRANSFER ADVING APPOINTMENTS**

schools, and research scholarship and financial information.

Search for colleges, identify QCC courses that are accepted at other

Articulation Agreements, and get information about colleges and scholarships.

### **Need a New Years Resolution?**

Resolve to get your Bachelor's degree at a Massachusetts State College or University of Massachusetts campus.

You could be eligible for transfer admission at one or more Massachusetts public colleges if you are in any one of these QCC academic degree programs:

**Basic Engineering** Computer Science—*Transfer* 

Early Childhood Education—*Transfer* Hotel & Restaurant Management

Liberal Arts **Nurse Education**  Business Administration—Transfer

**Criminal Justice General Studies Human Services** 

Manufacturing Technology

### Through the Mass Transfer program, QCC graduates:

Are guaranteed admission from designated QCC degree programs into corresponding programs at one or more of the seven Massachusetts State Colleges and/or the four UMASS campuses find the program easy to use and there is no obligation or application fee.

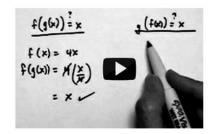
Must submit an "Intent To Enroll" form early in the final QCC semester; and graduate with a 2.5 CGPA or higher to claim your spot.

Graduate with a 3.0 or higher, and you also get 1/3 off tuition at the four-year college—at UMass-Amherst and UMass-Lowell, it's a full tuition waiver!

### You're planning to study hard anyway, why not get some money for it?

If you are not sure whether you are eligible for Mass Transfer or want to learn more, stop by the Transfer Office, Room 58 in the Admin Bldg., attend a Walk-In Transfer Session or visit the web site: http://www.mass.edu/masstransfer/Students/LinkedPrograms.asp

### QCCmath at YouTube!



### www.youtube.com/QCCmath

- Get help when you're stuck with homework.
- Prepare for finals. Find your instructor's youtube channel in
- Featured Channels' More courses coming

more information contact:

ofessor Denise Robichaud QCCmath Channel Coordinator

#### <u>Students</u>

View homework help videos for the following QCC math courses:

Basic Math Beginring Algebra Intermediate Algebra College Algebra Precalculus

Trigonometry Probability and Statistics for Scientists and Engineers Calculus I

#### <u>Instructors</u>

Link your students to homework help videos and view training videos.

### **NEED MATH HELP?** Final exams are December 12 through 18! Come to the: QCC Math Center 206 HLC tutoring Free pencils Copies of MAT 090, 095 099 práittide finals **Fall Semester Hours:** Monday 8 am - 9 pm Tuesday 8 am - 9 pm Wednesday 8 am - 9 pm Thursday 8 am - 9 pm Friday 8 am - 4 pm Saturday 9 am - 3 pm Open fall semester hours with tutoring through final exams - December 18 and open 8 am - 2 pm on Wednesday, December 19.

### MEET YOUR STUDENT SENATE



### Clement Adamah

My name is Clement Adamah and I am 27 years of age. I am majoring in Business Administration here and plan to transfer after graduation.

My goal as Student Senate President, and a team member, is to provide transformational leadership in a number of areas. I plan to establish continuous workshops and communication with undeclared students to help them realize their dreams and potential in the job market. I also plan to encourage the smoking ban, community work, and unite all club leaders to help implement

Student Senate and club goals. In addition, I would like to see a Student Senate page on the Q to promote our good deeds as well.

I am described in three words: cool, calm and collected. My utmost goal is to become a philanthropist. I love to meet people and learn about different perspectives. I am an action oriented person and love to see plans come to life. I value my life, family, friends, school, work and my community.

Becoming a student leader is not just a position, but an opportunity to share my ideas on issues and finding solutions to problems. I believe every step in one's life creates a pathway to our future, thus taking the educational step helps you assure your dreams for the future. I am easy to approach and very helpful.

### Jasmine Solaperto

TREASURER

My name is Jasmine Solaperto and I am the treasurer for the Student Senate. I am a Liberal Arts student and will graduate in May. My experience at Quinsigamond Community College has benefited me greatly. Through concepts I have learned and exposure to a very diverse population, I have gained the ability to reflect on myself to identify biases and correct faulty thinking. That is something I will continually implement and benefit from throughout life. As a member of Phi Theta Kappa I am very involved in community service. In addition, I was recently awarded the Olga Lopez-Hill Community Leadership Scholarship.



Following graduation I plan to transfer to a university as a psychology major with a concentration in pre-med. My intention is to eventually attend medical school to become a Psychiatrist. As treasurer of the Student Senate I look forward to improving the student experience and building on my leadership skills. My goal is to create an environment where students feel comfortable approaching senators regarding campus issues so we can accurately represent the needs of the student body.



### Joshua Biernacki Student Trustee

Hello Students, my name is Joshua Biernacki. For the students that have been here longer than one semester you might remember me for the past roles I had played on Student Senate as either the treasurer or president. Yet this year I stepped into another position, student trustee. I felt that the knowledge I had obtained from Student Senate made me an optimal candidate for this role, and it has proven fruitful so far. I feel in this position students truly do have a voice, and I want to make sure that voice is heard. Anytime anyone has something they

want heard feel free to contact me at jbiernacki@qmail.qcc.edu.

As for information about me, I am in my third year at QCC. I graduated last May with my Business Administration Degree, and this year I am in the Nichols A to B program and pursing my second degree in General Studies. Let's just say at 20 years old I am a well-seasoned vet at QCC. As for my personal goal I hope to open a box someday, and for the people who have not heard of a box before it is a Crossfit Affiliate. Crossfit is a form of functional training.

Thank you all for the support you have given this campus as students, and I hope to hear from everyone at some point.



### Amy Pierce Parliamentarian

Hello everyone, my name is Amy Pierce; I am pleased to have the opportunity as a Student Senator to work with an excellent group of individuals with positive goals and the desire to make things happen.

I have been a student at QCC since fall of 2011 in the Business Administration Transfer program. After a career spanning many years, I found it difficult to find positions without my degree, and came back to school to correct that problem. Looking back now, I am glad that I did, not to mention that I might not return to my previous career.



Kennedy Udechukwu

My name is Kennedy Udechukwu and I am

currently enrolled in the Engineering program at

QCC. I joined the Student Senate to promote

student interaction, and participate in events that are meaningful and progressive to the

community. My motivation comes from a biblical

saying "Whatever you do, work at it with all your

heart, as working for the Lord". So far, my time

at QCC and as a member of Student Senate

has helped to mold my learning experience and

ensure my speedy immersion into the QCC

community. Have a great semester!

VICE PRESIDENT

As a non-traditional student serving on the Student Senate, I understand our unique needs as well as our experiences which can be used to better enhance the QCC environment and community as a whole. I have been involved with a number of service organizations over the years, and feel that I will truly enjoy being an active contributor in this year's Student Senate. I look forward to serving the student body in this coming year.

### Samuel Baptista SECRETARY

I was born October, 28, 1992 in Boston Massachusetts and raised most of my life on a farm in Fitzgerald, Georgia. I went to a charter high school in my freshman and sophomore years of high school, and then transferred from Georgia to Worcester to attend Worcester North High School for my junior and senior years. I was a member of the first graduating class of the new North High School building.

This is my first semester at QCC, and I came here with a plan to widen the variety of sports so students can have more options. I am now president of the Cross-Country & Track Club as well as the Wyvern Indoor & Outdoor Soccer Club. I am also involved in the community as a coach to the Worcester Cowboys.



### Betsabe S. Castillo-Rivera

Hi my name Betsabe S. Castillo-Rivera, but everyone calls me Betsy for short. I am 20 years old and this is my third semester at Quinsigamond Community College. My major is General Studies Health Care, studying toward my degree in physical therapy.

I love to prove people wrong about me. What I mean by that is "the greatest pleasure in life is doing what people say you cannot do" as Walter Bagehot once said. People always told me I would not be able to learn two languages, which were Spanish and English. Now I not only know two but I am now learning ASL as well. So in turn of proving people wrong I joined

Student Senate to show how you can do anything if you set your mind to. I join Student Senate so I can be the voice, your voice here on campus at QCC. I want to show you as the students what QCC has to offer you, and most importantly I want to make a difference for students here on campus.

### STUDENT SENATE CONT.

### Joseph Kroell III

My name is Joseph Kroell III and this is my first semester at QCC. I graduated from Putnam High School in Connecticut last spring, and was an active member of the Putnam Fire Department and a certified EMT. During high school I was involved in track and was captain of the team my senior year. In my free time I enjoy kayaking and snowboarding. I joined Student Senate to listen to the student body and make changes in our school to make it a better place for us. I plan to continue my education to become a doctor.

#### Juan Poma

Hello my name is Juan Poma and I am from Bolivia. My major here at QCC is engineering and this is my sophomore year. I graduated from high school in my country and arrived to the US two years ago. My English was poor when I first arrived, but with the help of my new friends, classmates and English classes, QCC has opened a path to success. Being an ESL student has been a challenge, but my experience here has made it easier than I thought and more fulfilling. Now, I am a student ambassador, a member of the engineering club, math tutor, and a student senator. And my way of

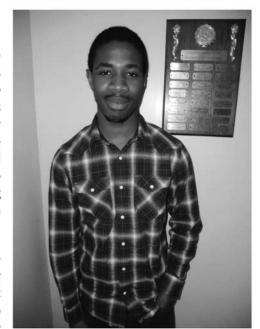
thanking all those students who helped me pass through those rough times was by becoming a member of the Student Senate. I want to be able to help students in every possible way I can, the same way as my classmates did for me. Thank you.

### Kingsley Dinyeah

My name is Kingsley Dinyeah and I am from Liberia, Africa. I am a dedicated, determined, and focused individual who strives day and night to make sure that each day I am working to the best of my ability to accomplish my goals. I am in the Engineering Program at Quinsigamond Community College and my dream is to become a mechanical engineer. Along with being a Student Senator, I am also a member of the Engineering Club.

Some of my goals for the Student Senate are to work alongside with faculty and my fellow senate members to make sure that the voice of every student is heard, to engage our students within the community and to organize events that will call on the

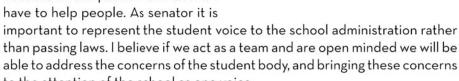
participation of my peers both academically and socially. Thank you and have a great semester.



### Lordia Larbi-Asare

I am Lordia Larbi-Asare. I was born in Ghana and raised in Germany. As a student at Quinsigamond Community College I have found myself surrounded with diverse students who have demonstrated enough team work to convince me that we can make a difference. I appreciate every opportunity that is given to me.

Currently, I am in the general studies health care program, waiting to be accepted into the Dental Hygiene program. I am a Christian and enjoy attending church. I involve myself in activities that give me knowledge about what is available at QCC. I wanted to become a Student Senator because of the passion and desire I





ASL interpreting program next fall.

### Rachel Curtis

I am a third year student here at Quinsigamond Community College. I'm currently have a dual major in Liberal Arts and General Studies Deaf Studies, and I'm on track to graduate this May.

I decided to run for Student Senate because of my belief that this organization provides an outstanding opportunity to make a positive difference in the educational experience at QCC.

When not in class, I'm usually working at the Admissions Office here at Quinsigamond as a Student Ambassador. When I'm not working, I'm most likely practicing my American Sign Language skills. I'm looking to transfer to a school that offers an English-

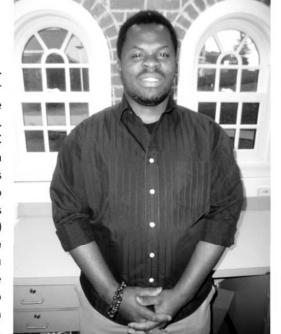


### William Duggan

Hi, my name is William Dugan and I am currently a freshman enrolled in the Engineering Program at QCC, with hopes to transfer to a mathematics' major at MIT, Northeastern, or WPI. I am eighteen years old, and a freelancer for The Open Door newspaper. Thanks to your votes, I am also now a Student Senator, the best position I've held to date.

This is probably one of the best experiences of my scholastic career so far because of the amazing diversity of our student body, and your remarkable commitment to

progress. What I hope to accomplish as Senator here at Quinsigamond Community College is the advancement of each of your goals, as members of the student body, and further development of the ways in which we help each other. Finally, as a representative voice of the student body, I hope to hear from as many of you as would be willing—what you want to see changed around campus, your opinions and views, etc. Drop by the Fuller Student Center, where the senator's mailboxes are located, or come to the Student Senate offices anytime.



### Valentine E. Beluchukwu

Hello, my name is Valentine E. Beluchukwu, and I'm a Computer Science major & Engineering minor here at Quinsigamond Community College. I have been a member of the QCC Student Senate for a few years, and am glad to be part of a team of students who volunteer their time and effort to help improve the school's activities as to benefit every (current and future) student(s). There's a saying by Mahatma Gandhi that said; "Be the change you would like to see in the world," and one my mission as a QCC Senator is to help make the change I would like to see in QCC, and in the Worcester Community.





### Phi Theta Kappa

### **DECEMBER 2012**

Meetings, Workshops, Events & Open Houses

### Monday Dec. 3rd and ongoing through Tuesday Dec. 18th

Please stop by the Phi Theta Kappa office and write your 'Dear Santa' letter to help us raise funds for the Make A Wish Foundation. Also, you to place orders for our annual chapter fundraiser, poinsettias sales.

### GENERAL MEETING 12-1:30pm

Held in Conference Room 107A

### Wednesday Dec. 5th

The Alpha Zeta Theta Chapter's 3<sup>rd</sup> Annual Staff & Faculty Appreciation Social 1:00-4:00pm Conference Room 107A. All staff, faculty, and QCC administration are encouraged to join us in their honor to enjoy light refreshments, tokens of appreciation, a beautiful slide show displaying all their hard work throughout the year, and more.

### Friday Dec. 14th

Final day for new members to turn in all membership dues and for all Alpha Zeta Theta members to turn in collections from the Why Me Sherry's House Holiday Card sales.

All interested QCC students are welcome to join our General Meetings listed above.

### Interested in taking a leadership position

with the Alpha Zeta Theta Chapter or New England Regional Officer Team for the 2013-2014 school year?

> Please contact our chapter President at, jchristian@qmail.qcc.edu

### Need help finding scholarships,

transfer schools that fit your interest, and general CollegeFish.org user interface?

> Please contact our Vice President of Scholarship, Chad Bleakney, at cbleakneyiv@qmail.qcc.edu.

Contact us at <a href="mailto:phithetakappa@qmail.qcc.edu">phithetakappa@qmail.qcc.edu</a> or call 508-854-4411 for further details on all events, workshops, meetings, and ways to get involved with New England's most active chapter of the world's largest International Honor Society.

You may also Find us on facebook! www.facebook.com/QCCPTK

### QCC PRIDE ALLIANCE



### **Educate! Advocate! Socialize!**

### The QCC Pride Alliance is a group for:

Gay - Lesbian - Bisexual Transgender - Intersex **Questioning Students** & Student Allies

### MEETINGS

Most Wednesdays from 1 - 1:45 Fuller Center Conference Room

### **HIGHLIGHTS OF FALL 2012**

NOV 30 - World AIDS Day

Can't make a meeting? Participate via the Q! Log in to the Q and then click Campus Life > Clubs and Organizations > Campus Groups > Browse Groups > Pride Alliance > Join Group

We look forward to welcoming you at our meetings and events!

For more information email Prof. Gaelan Lee Benway gbenway@qcc.mass.edu

### Phi Theta Kappa: Honors in Action

By Jodi Christian

ver the summer months QCC's Phi Theta Kappa Officer Team began research on our Honors Study Topic, "The Culture of Competition." We concentrated on the theme of "Making the Grade: Competition and Education." After nearly four months we had sufficient research to begin to discuss the options of an Honors in Action project. Throughout the research process and multiple meetings held by the team of officers, we realized our research took a turn toward the theme of "One Small Step, One Giant Leap: Competition and Science, Math and Technology." It was at this time we decided that a project based on gaining the interest of female students in the science, technology, engineering mathematics (S.T.E.M.) programs was a worthy cause. We began to search for a community group of

young females to collaborate with and introduce these programs.

At this time our Public Relations Officer, Cindi Beeman, mentioned she worked with a group of young girls in Brookfield, MA. Because we were able to secure this portion of the project so quickly, we were then able to concentrate on the actual project itself. The group of girls we worked with all in the 4th, 5th, and 6th grades and ranged in age from 9-11 years old.

During our last meeting of the summer we put in motion the plan to bring the S.T.E.M. program to life with this group. One of our chapter advisors mentioned a rocket launching display for the girls. We were very fortunate that our Vice President of Scholarship, Chad Bleakney, held a vast array of knowledge in this area and was willing to take the lead in teaching about aeronautical girls engineering.

Just before the fall semester began our chapter President, Jodi LeBel-Christian, was elected as the New England Regional President of Phi Theta Kappa and therefore able to gain interest in our project from Berkshire Community College and Regional Central Vice President, Amanda Hawkins-Belanger and her chapter. Together the Alpha Zeta Theta Chapter members and lead advisor, Bonnie Coleman, Berkshire C.C., the 'Bling Bling' sisterhood girls from Brookfield, and QCC's Engineering Club members, brought S.T.E.M. programing to life on Saturday, November 10th.

We joined the girls for their first

annual pasta walk and brought with us donated pasta and 13 rockets to launch. Berkshire C.C created programs for the girls filled with fun activities, coloring pages, space trivia, word search, and a short motivational statement from our chapter President; encouraging them to work hard on their academics and to continue in their outstanding efforts toward community support. The event was a huge success drawing attention from local news reporters and the community.

The Alpha Zeta Theta Chapter would like to thank all who lent a hand with this project and supported us throughout the event day.

Please email us at <a href="mailto:phithetakappa@">phithetakappa@</a> gmail.qcc.edu for further details on this project.

### Student Senate in Session, **Voting Firearms for Campus Police**

By William Dugan

n Oct. 3 and 4, 14 students were elected to the Student Senate. The Senate's main purpose is to serve as a representative voice of the student body, with its members as ambassadors between the student body and administration. The Senate had its first meeting on Oct. 25, and has met every Thursday since in the Fuller Student Center's conference room.

During the first two meetings Senators Clement, Samuel, Joe, Josh, and Valentine, as well as student Josephus, shared their experiences from this year's CCSLA Student Leadership Conference held October 11-12. The participants delivered short presentations based on the different workshops of the conference, including the concepts of "Role Modeling," "Ethical Problems," and "Volunteerism," all directed at enhancing student leadership.

In the following meetings, the Senate voted on its member chairs, including Senate President, Secretary, and Treasurer, and then began to discuss the issue of voting on firearms for campus police. The student members also talked about the recently held Student Advisory Council (SAC), and its impact on recent procedures.

The vote on campus police and guns received a unanimous vote in favor of the bill. The vote was then passed on to the school's president, Dr. Gail Carberry, to be used as an example of the student voice.



### You deserve your tax refund. Claim it!

✓ FREE E-File

/ FAST Refund if you opt to direct deposit into your bank account

Maximize your refund by getting all the tax credits you are eligible for Free tax preparation for qualifying households with income less than \$50,000



Volunteer Income Tax Assistance "VITA" sites open in January, 2013

To make an appointment, call one of these sites after January 1, 2013

Main South CDC (508) 752-6181

#### Requirements to claim your **Earned Income Tax Credit (EITC)**

Must have earned income (wages from employment or self

Must have valid Social Security number

If married, must file jointly

Must be U.S. citizen or resident alien all year or a nonresident alien married to a U.S. citizen or resident alien filing a joint return

Must be 25-64 years of age (if single with no children) at the end of the year, live in the United States for more than half the year, and not qualify as a dependent of another person

You cannot be the qualifying child of another person

Investment income limited to \$3,100

#### ✓ What to bring to your appointment:

Photo ID & Social Security card or ITIN # for you, your spouse (if married), your children All W-2 Forms (earning statements) for every employer during 2012

All 1099 forms (including 1099G for any government payments, such as unemployment payments and 1099R for any pension payments received)

Child care expenses-total of payments made, the name, address, Employer Identification Number (EIN) or Social Security number of provider

Form 1098 (tuition payment statement) for each household member who attended college in 2011 and the total amount of student loan interest paid

Total rent paid in 2012, landlord or rental agent's name and address

Your checkbook or bank statement if you want to direct deposit your refund

Proof of medical Insurance (for Massachusetts state return):1099HC for private insurance,

### CHRISTIAN

# STUDENT UNION AT QCC

Weekely Bible Studies and Conversations Mondays @ 10am Fuller Center

Meet together for a TIME OF PRAYER Wednesdays @ 10am

### **COFFEE & SCRIPTURE**

Fridays @ 10am Fuller Center

### OPPORTUNITIES TO SERVE THE CAMPUS AND THE CITY

Contact us at csuqcc@gmail.com

CSU @ QCC

### KNOW SERVE GROW

### QCC BOOKSTORE

**Holiday Open House** 

December 6th

Refreshments 1 - 3pm

Holiday Merchandise 20% OFF Free Wrapping

Daily Buyback still on...

December 12,13,14

10am-2pm

December 17

10am-2pm

December 18

10am-6pm

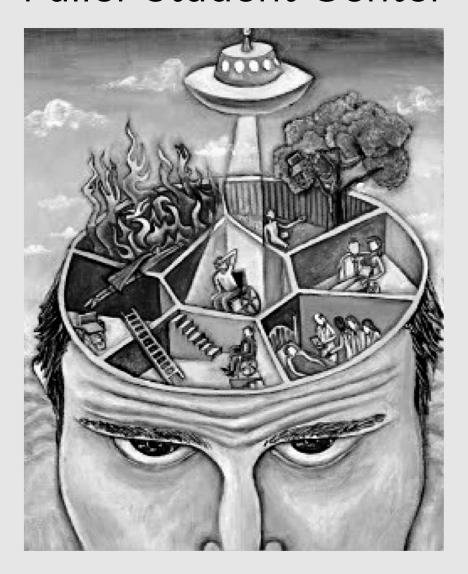
December 19

10am-2pm

### QCC Psychology Club & Psi Beta Honor Society

Wednesday Dec 5th, 12:00 P.M. to 1:00 p.m.

### Fuller Student Center



### Do you like Psychology?

Are you interested in how the mind works?

Do you desire to enrich your understanding of Development, Personality, Cognition, Memory, Emotions, & Behavior? Would you like the opportunity to mentor high school students, and perform community service? Consider joining our chapter of a national Psychology Honor Society, and/or the Psychology Club that meets at the same time.

We look forward to seeing you!

Questions? Contact Valarie Clemente, Ed.D.
Advisor, Psychology Dept. x7506; Rm 422A
vclemente@qcc.mass.edu
& check us out on the QCC Campus Life page
under Campus Groups!

### Activities at the Children's School

By Cathy Keefe and Jill Arrell

The children in Classroom One have expressed an ongoing interest in all kinds of animals. They observed a flock of birds flying above the play yard and wondered where they were going. This interest resulted in many rich discussions about animals, where they live, what they need to stay healthy and how people can help them. We expanded our classroom aquarium to include more fish and we even

had an eel donated to add to our habitat! A neighborhood walk to Tropical World on West Boylston

Street enhanced their experience. Store owner Brian Novak answered questions about all of the interesting animals in the store. Learning about animals allows children to identify living things versus non-living things which leads to comparison and classification of living things. The children learned that birds have feathers, some birds are wild and some are pets,

birds build nests out of things that they find in the environment and then lay their eggs in those nests. They also learned that some fish can live together, but others cannot. Taking responsibility for our

classroom aquarium has become a part of our daily routine. A special thank-you to Brian for once again welcoming us to visit his store!

The children in Classroom Two have been busy investigating the classroom; there has been some exciting building going on with the materials in the room. We have seen skyscrapers, castles, hotels and many structures that were created by the children. We have welcomed

students from the Nursing and Occupational Therapy departments to come into our classrooms to observe and understand the development of typical children. We love to have them come in and see all the exciting things the children can do. The first snow fall was very exciting for the children, nothing like seeing the wonder of snow through the eyes of children.

The QCC Children's School is on campus and open year round from 7:15 – 5:15. Financial assistance may be available for some families and students. If you would like more information about the QCC Children's School, you can contact Jane or Nancy at 508-854-4420, <u>janel@qcc.mass.edu</u> or stop by.





### BY BILL JELLESMA OPEN DOOR STAFF

hristmas has several great traditions: shopping, decorating, giving gifts, shopping, building snowmen, shopping, seeing family, shopping, getting a couple days off, shopping, and shopping.

Decorating is always nice around the holidays. It's nice to get that beautiful pine tree that looks so majestic outside... and put it in the living room. It does seem a little odd, but don't worry, it'll all make sense once we hang our socks over the fire.

Yankee swap is a great way for a large family to learn the art of thievery. For those of you that have never been in a Yankee swap, it's terrifying. Everyone brings a wrapped present to the tree and gets a random number. The person with the number one gets to pick any gift that they want and then un-wrap that gift for everyone to see. The person with number two has a chance to pick a new gift or steal person number one's gift. The game goes all the way around until everyone has a gift and then person number one has the final

choice to steal the most prized gift. This may not be the best way to give gifts, but it is the best way to teach people to protect their personal belongings.

Giving gifts is always a gamble. You work so hard to pick out that one gift for a person. You get all excited to give that one person the gift. You can barely hold the pen to sign the card because you're so excited. You even put on a Santa hat just so it looks for more festive.

"I got you a gift, hope you like it."

"Oh you didn't have to do that, I didn't get you anything"

"Oh...Well, that's fine I guess... well hope you like the gift, Dad..."

You could also get the person a gift, and they say they got you a gift outside, but then you hear the engine running.

The major downside of Christmas is no one knows

when Christmas actually starts. Remember back in the day when the Christmas vacation would start when the final school bell rang a few days before the 25th? How about that moment when you first saw eggnog in the store? Or when the first snowfall of the season came down? That used to be the start of the Christmas season. Nowadays, Christmas starts right after Thanksgiving (sometimes even mid-bite of turkey). That's right, Christmas, known for being the joyous time of year, starts on a day called Black Friday.

"You know how people love standing in lines?" "Not really, but go on."

"How about this for an idea: after we fill up on turkey and football, we deny ourselves sleep and instead go and stand outside Best Buy at 2:00 in the morning, on one of the coldest days of the year."

With so many changes to Christmas, it may be time to start celebrate what Seinfeld calls "Festivus."



### BY AMY PIERCE

If you haven't noticed by now, the Holiday Season has started. I myself had been fair warned this year when a black-eyed dog brought me my first commercial before Columbus Day had even arrived. (I'll be good and save my grumbling for another time.)

The other day I had a memory of an encounter last year when I was out shopping for gifts. I had been checking out with my purchases, pleased with myself that most of my shopping was completed, just basically enjoying the holiday season when the cashier had wished me a warm "Merry Christmas", to which I warmly replied, "Thank you, happy holidays to you as well." Well, you might think that I told her that her car paint had been scratched and that I was the one who did it, for she immediately started hissing with "Young lady, it's CHRISTMAS.....". Did I do something wrong? I sure felt like I did.

Did I mean to offend anyone? Of course not. But somehow my greeting was offensive to her, and she had no objections in trying to set me straight.

Choosing to say "happy holidays" this season should not be assumed to be a giant middle finger to Christianity or anything else. It's just a warm sentiment, a pleasant phrase to include everybody. We should not get a huge chip on our collective shoulder about what words people use when they wish us well, and that should apply in any direction. I would think that any warm wishes given sincerely to another human being should be appreciated, and if I am correct, regardless what you call the holiday, that is what the season is all about – best wishes and compassion for all.

My warmest wishes for a safe and happy holiday season to everyone at QCC.

### Quinsigamond Community College Crisis Intervention Stress Management Team (Cism)

By Susan T. Johnson RN, C MSN **Professor of Nursing** 

Community College (QCC) CISM Team is made up of QCC employees who have received numerous trainings Incident Critical Management (CISM).

a medical or mental health background and the rest are "Peers." The CISM team utilizes people to support students and colleagues in the Critical incidents can include: aftermath of traumatic events or what is referred to as "Critical Death or Suicide of a Colleague Incidents."

Since people respond best to people they know and trust, it is preferable that staff is trained in crisis intervention to facilitate the initial response and provide longtem support.

Our mission is to provide peer assistance to all personnel and students within the QCC community before, during or after a critical incident, regardless of race, gender or age.

#### What is a Critical Incident?

at the definition of a critical incident as intense events that can rapidly overwhelm the coping skills of students/staff exposed to them. Such events can disrupt a person's psychological overwhelm balance, usual coping mechanisms and have the potential to create significant human distress. Critical incidents

Quinsigamond can have an impact on the entire community or just one staff. The events in the first 48 hours after a critical incident can be the most significant.

Stress This is the period when people Family Discord try to make sense of what has occurred and reestablish Some team members have reasonable mastery of their universe. CISM is conducted immediately, simply, briefly and confidentially.

Death of a student Serious Injury Line of Duty Death Discharge of a Firearm Prolonged Failed Rescue Mass Casualty Incidents **Natural Disasters** Victim Known to Responder Personal Safety Jeopardized **Excessive Media Coverage** 

#### **Reactions to Critical Incidents:**

Reactions to critical incidents can fall into five categories: Cognitive, Behavioral, Physical, Emotional and Spiritual reactions. It is It is perhaps more useful to look not unusual for members of a community to experience some or all of these reactions.

### **Cognitive reactions can include:**

Decision making difficulties Confusion Disorientation Concentration Memory loss

Unable to perform multiple tasks Flashbacks

#### **Behavioral reactions can include:**

Sleep Disturbance Withdrawal **Crying Spells** Hyper-vigilance Hyperactivity Alcohol/Drug Abuse

#### **Physical reactions can include:**

Muscle Tremors Headaches **Backaches** Loss of coordination Nausea Upset stomach

#### **Emotional reactions can include:**

Anxiety Fear Feeling overwhelmed Feeling detached from reality Anger Resentment Grief Guilt Melancholy \*Spiritual reactions can include: Anger at God Withdrawal from Faith of Cessation Faith-Related

**Practices** \*Please note: The list of specific types of incidents is not by any means all-inclusive.

CISM members can be utilized in all phases of the incident. This

may include education about critical stress management before an incident occurs, planning the CISM response, provide support during the incident and assisting the college in returning to the business of education as fast as possible.

It is the effects of a critical incident that CISM responds to more than the incident itself. In most cases people will recover quickly from the effects of a critical incident if they are provided with the proper support.

The goal of any CISM team is to provide stabilization, symptom reduction, returning people to adaptive functioning as soon as possible and facilitate access to higher levels of care when needed.

All services are free of charge and rendered taking the greatest care to maintain the highest levels of personal integrity, confidentiality and to do no harm.

#### **Emergency Contact**

508.525.3441

For more information on the QCC CISM Peer Support Network, contact:

(Non Emergency) 508.854.7556

For more information please visit http://www.qcc.edu/healthwellness-0



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