Inside The Orientation Issue:

Dr. Luis G. Pedraja
Welcome to QCC! When I was a student, the start of classes was always filled with a mix of excitement and anxiety. It was a fresh start filled with exciting opportunities for new friendships, learning, and experiences; but there was also the uncertainty of what the future held for me. As a first generation college student, I did not have family to prepare me for college or offer guidance. College was an exciting new adventure, but it was also intimidating. In the first few weeks of classes, I was quickly overwhelmed. However, thanks to the encouragement and guidance of my professors, staff, and friends, I was able to persevere and succeed. I hope you, too, will find the same level of support, engagement, and encouragement at QCC that will enable you to succeed.

Your success as a student is our utmost priority. Whether your goal is to obtain a certificate, an Associate Degree from QCC, or to transfer to a Baccalaureate Degree at a four-year college, you have taken the first steps in your journey. Your investment in your education is an investment in your future that will pay long term dividends for your quality of life and open doors to new opportunities. QCC offers you many options through our campuses and learning centers, including community based learning hubs in Main South and Great Brook Valley, as well as online programs. Our campus goes beyond the classroom and extends to the community where we live and work. Learning does not stop at the classroom, it is a life-long commitment and you should take full advantage of every opportunity to learn.

Earning your degree will take hard work, perseverance, and a bit of planning. Make time to study, especially if you have outside responsibilities such as work and/or family. Get to know your professors and advisors; their guidance will be a valuable tool to ensure your success. Take advantage of our mentoring program, Student Success Center, and campus events. But also take advantage of all that QCC has to offer and have some fun along the way. Make friends, compete in our athletics program, and get involved with student groups and activities, which can provide you with a well-rounded education, a support network, and encouragement throughout the academic year. If you run into difficult times or get discouraged, don’t give up. Talk to your teacher, advisor, or friend. There are many resources available to help you in your educational journey, even some that you might not know about, and you should take full advantage of them.

I look forward to seeing you around campus and to hearing about your success.

Wishing you all the best!
Welcome Students

Welcome new and returning students! The Open Door staff hopes that you find our paper to be an informative and entertaining window into the QCC world. We are published once a month with the help of the college’s many different departments and services. Our goal is to bring you important dates, events and articles offering a wide range of topics.

The Open Door goes beyond announcements and news. It’s a creative outlet for you, as a student, to have your work published whether it’s an editorial, poetry, reviews or art of all kinds; our policy is the same as our name. We encourage everyone to contribute in some way. The Open Door is located in the Fuller Student Center. Stop by and introduce yourself and your ideas. Or, if you prefer, send your submission via email to opendoor@qcc.mass.edu

The Open Door

The Open Door is the student newspaper of Quinsigamond Community College and is distributed once a month. Students are encouraged to participate in its publication through the submission of articles, article ideas and actual production work. If you are interested in working on The Open Door, please see Pat Bisha-Valencia, coordinator. The office is located in the Fuller Student Center in Room 2F. Come visit us, or email opendoor@qcc.mass.edu or phone 508-854-4285.

Advisor: Pat Bisha-Valencia
Layout Designers: Ashley Blackman
Staff Writers: Tyler Wills, Christina Sanders
Sports Writer: Bryan Faubert

Next Issue: September 6, 2019

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Admissions

The Admissions Office would like to extend a warm welcome to new and returning students. We are excited that you are attending QCC! The Worcester Admissions office is located on the second level of the Harrington Learning Center, across from the Welcome Desk. You can also visit our Southbridge location at 5 Optical Drive.

We can help you to:
- Learn about different programs of study
- Answer questions that you have about the admissions process.

We are open from 8 am to 7 pm Monday-Thursday, and from 8 am to 5 pm on Friday. If you prefer you can email us at admissions@qcc.mass.edu.

The QCC’s Southbridge campus is at 5 Optical Drive, Southbridge, MA. A full and part-time staff and faculty are present to support students in the areas of education and training, tutoring, admissions/registration, placement testing, advising, financial aid, disability services, career counseling, transfer counseling, veterans affairs counseling, section 30 counseling, business office/registrar assistance, and more.

Hours of operation are Monday through Thursday from 8:00am to 7:00 pm and on Fridays from 8:00am to 5:00pm. On the first floor are staff and faculty offices, our placement testing classroom, which also serves as the tutoring center; a traditional classroom, and our hospital simulation room. Our third floor houses the computer systems engineering technology classroom/lab, a science classroom/lab, a computer lab, a faculty/administrator office, a computer classroom, a traditional classroom, and our student lounge.

What is Academic Advising?
Academic Advising is an opportunity to exchange information with an Advisor to help you successfully navigate QCC, our policies, systems and resources all in an effort to help you reach your educational and career goals. In short, if you have a question, we are either prepared to answer it or prepared to refer you to someone who can!

How can an Academic Advisor help me?
Academic Advisors can help you better understand QCC’s policies, understand your options, determine resources, and help you with “next steps.” We can review what courses are required for your program, assist you with planning out your next classes and upcoming semesters, and even help you determine your estimated graduation date. We can also address any academic concerns you might have and help you determine the best course of action.

What happens during an Advising session?
Depending on what your questions are and where you are in the college process, an Advisor can help you:
• Understand your placement test scores
• Develop an Academic Plan to stay on track and achieve success
• Map out program and course requirements
• Prepare for self-registration or register you for courses
• Find useful resources and information

How can I prepare for my Advising session?
• Review QCC’s Areas of Study and Majors at www.qcc.edu/academics.
• Run your DEGREE AUDIT on The Q and review the courses required for your program.
• Review Course Offerings and Schedule on The Q for the upcoming semester to help plan your schedule.
• Research careers related to your program of study.
• Make a list of questions.

Need To Know
(www.qcc.edu/admissions)
HLC 2nd Floor/5 Optical Dr.
Monday-Thursday: 8AM-7PM
Friday: 8AM to 5PM
508.854.4262
advising@qcc.mass.edu

Worcester Admissions
Southbridge Admissions

Academic Advising

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No appointments necessary.
Walk-ins always welcome for general advising and registration.

Harrington Learning Center, 2nd floor
Monday—Thursday, 8am—7pm
Friday, 8am—5pm
Phone: 508-854-4308
Email: advising@qcc.mass.edu

Orientation Issue 2019/2020
Welcome to QCC and the George I. Alden Library - Set in the Heart of the Campus!

We are on the third floor of the Harrington Learning Center - steps from your West Boylston St. classes, and also serving your needs at the campuses in Downtown Worcester and in Southbridge. The Downtown library - focused on Health Sciences - is in room 121D.

A true 21st century facility, Alden Library offers wireless access throughout. Our trove of electronic research sources can be accessed on your own device(s), or on a laptop we will lend you for two-hour stretches.

What’s your entry point to all our resources? Our Discovery Platform on our home page, www.qcc.mass.edu, to get you started with just a few clicks, accessing our databases, e-books and Catalog at one go.

Our large print collection has been crafted over the years in collaboration with QCC Faculty. The collection supports courses across QCC’s curriculum.

We have a small browsing collection of popular magazine to relax with, and a real mind-boggling offering of online journals. From the Washington Post to cutting-edge medical journals, you have 24/7 online access to news, analysis and research.

And if the professor specifies that ever spooky “MLA Style” or “APA Style,” don’t freak out. You’ll be pleased to know almost all our online sources generate your specified style with one or two clicks.

Group projects, you’ll find, are emphasized at QCC. The Library’s private study rooms of various sizes let you and classmates discuss projects and sketch your ideas on whiteboards, then capture them on your phone for sharing.

For a study break, take out a hit movie such as 20 Feet from Stardom on DVD. Or get outside with our loaner telescope - in your backyard, or better yet, on some high ground away from city lights, perhaps mount Wachusett.

How to get research help? Ask a Reference Librarian at the desk on the third floor, call us, or use e-mail or online chat over our home page, www.qcc.mass.edu/library. The Reference Team are your information Specialists.

25 Federal Street, Worcester

As noted, the Library offers collections and services in room 121D in QCC’s Healthcare and Workforce Development Center. This library offers books in all the DT curriculum areas, as well as Reference service, laptops to check out and a cluster of research computers.

Check the Library’s webpage (www.qcc.mass.edu/library) for Fall 2019 hours of operation. Throughout the HLC and Downtown Library our two QCC libraries are filled with friendly, helpful, skillful staff ready to help you be successful. That’s what we do. We are here for you.

Alden Library Hours
Fall 2019 & Spring 2020

Monday - Thursday - 8:00 a.m. to 8:00 p.m.
Friday - 8:00 a.m. to 4:00 p.m.
Saturday - 9:00 a.m. to 2:00 p.m.
Sunday - Closed

Downtown Library Hours
Fall 2019 & Spring 2020

Monday - Thursday - 8:00 a.m. to 12:30 p.m.

Hours vary according to the QCC class calendar. Call (508) 854-4581 to confirm times or consult http://goo.gl/fMp9uF.
Athletic Center

Need To Know

Athletic Center Hours Starting 9/9:
Monday    7:30am – 4:00pm
Tuesday   7:30am – 7:00pm
Wednesday 7:30am – 7:00pm
Thursday  7:30am – 7:00pm
Friday    7:30am – 4:00pm
Saturday  9:00am – 2:00pm

All offerings and programs are free for QCC Students, Staff, and Faculty

Check The Q and posted signs for fall schedule.

IT’S NEVER TOO LATE TO START THE YEAR HEALTHY
Healthy Goal Setting Tips:

- Start small- don’t overwork yourself
- Be specific- write it all down
- Write down checkpoints and keep them posted somewhere you’ll always see them
- Reward yourself for each step accomplished.
- Find friends to work out with that will encourage your.

Remember the Great feeling you have after you exercise……

BENEFITS OF EXERCISE
-Reduces & Relieves Stress
-Reduces Cholesterol
-Prevents Osteoporosis
-Helps Prevent Coronary Heart Disease
(which is the #1 death rate)
-Weight Maintenance
-Firm & Tone your Body
-Meet New People

Ultimately…. You Will Have More ENERGY

The QCC’s Athletic Center Program Fitness Classes are Flexible, Fun and FREE program classes designed for you

- Only 45 minutes long
- Come to every class and be challenged
- Come to classes only when you can and still be able to follow along

FULL-BODY TONING
Mondays, Wednesdays & Fridays 12:30pm-1:15pm
Instructor Pickie Lanigan

BOOST CAMP
Tuesdays & Thursdays 3:45pm-4:30pm
Instructor Pickie Lanigan

INDOOR CYCLING
Wednesdays 5:30-6:15pm
Instructor Stephanie Fleming

YOGA
Tuesdays & Thursdays 12:00pm-1:00pm & 5:15-6:30pm
Instructor Tamara Chiarizio

INTERESTED IN PLAYING A SPORT AT Q.C.C?
Athletes must be currently enrolled in at least 12 credits to try out for the team. A valid physical form and try-out waiver must be submitted before being able to compete. Student Athletes are required to have a physical stating that you are “cleared to play competitive sports”. Please stop by the Athletic Center to pick up a Q.C.C. athletics physical form.

Men’s Basketball
Tishaun Jenkins
508-854-4211
tjenkins@qcc.mass.edu

Men’s Soccer
Frank Balcarcel
508-854-4320
fbalcarcel@qcc.mass.edu

Men’s Baseball
John McLaughlin
508-854-4316
jmclaughlin@qcc.mass.edu

Women’s Basketball
Andy Kupec
508-854-4492
akupec@qcc.mass.edu

Women’s Soccer
Josh Cole
508-854-4317
jcole@qcc.mass.edu

Women’s Volleyball
Emily Boutilette
508-854-4311
eboutilette@qcc.mass.edu

Lisa M. Gurnick
Director of Athletics & Fitness Center
508-854-4502
lisag@qcc.mass.edu

Josh Cole
Assistant Manager of Athletics & Fitness Center
508-854-4317
jcole.qcc.mass.edu

(www.qcc.edu/student-life/athletics)
(www.qcc.edu/services/athletic-center)
QCC Online Course Access for Students

ARE YOU READY FOR ONLINE LEARNING?
Check your readiness online:
http://wwwсла.org/act/events/upcoming/
webcourse/webtread

STEP 1: Log into “The Q” Student Portal

Go to http://www.qcc.edu and click on “The Q” link under the image

- You can also go directly to “The Q” Student Portal
  https://theq.qcc.edu

NOTE: With either option, you must login to “The Q” to be able to see the Blackboard Login icon and access your Blackboard Learn Online Course or Community.

STEP 2: Once you are successfully logged into “The Q” locate the Blackboard Learn icon or link on your Welcome page

OPTION 1: Click on the Blackboard icon

OPTION 2: Click on Blackboard – My Courses in the Quick Links navigation

STEP 3: Resources for Success in Your Online Course

QCC TECHNICAL SUPPORT
Phone - 508-854-4427
Regular Hours: Monday – Friday, 8am-5pm, closed weekends and holidays
Summer Hours: Monday – Thursday, 8am-5pm, Friday, 8:00am-12pm (June through mid-August)
Help Chat or Web Ticket - http://www.qcc.edu/blackboardsupport
Email - help@qcc.mass.edu

ONLINE COURSE SUPPORT
For help finding your way around your online course, questions about the Blackboard Learn system, or assistance being successful in your online course, contact the QCC online liaison, Lissa Walls.
Phone: 774-285-3754
Email: onlinecoursehelp@qcc.mass.edu
TEXT or CALL 774-285-3754

Easily access your Starfish account through Blackboard!!

Office of Digital Learning and The Center for Academic Excellence
July 2019
Billing and Payment

The Business Office is located in room B07-A and is open Monday-Friday 8AM-5PM (noon on Fridays during the summer). Please contact the Business Office with any billing or payment questions you might have by email at businessoffice@qcc.mass.edu or by phone at 508-854-4560.

We do not mail out paper bills. Students are sent an E Bill notification to their student Qmail account as well as to any secondary email account provided by the student 2-3 business days after enrollment. The E Bill notification details how to access your statement, payment due date, payment options, fee waiver options, refund policy, financial aid information and third party billing information.

Payment by credit card or check can be made on-line see instructions below. Payment by cash, check or money order can be made in the office.

Quinsigamond Community College offers on-line payment plan options administered by NelNet Business Solutions each semester except Intersession. On-line payment plan options are detailed in your FALL 2019 E Bill notification. If you are interested in setting up a payment plan for your FALL 2019 balance due or wish to pay your bill on-line please follow the instructions listed below:

- Go to www.qcc.edu
- Log into "The Q" (The Student and Faculty Portal)
- On the Welcome page under Quick Links select View/Pay My Bill
- To the right under My Payment Account select My Account Balances
- Select Make a Payment

You will be routed to our third party payment portal NelNet Business Solutions. Here you can make one time payments or when available set up a payment plan for an upcoming semester. NelNet customer service phone number is 1-800-609-8056.

Please note, if you are enrolled in 9 credits or more there is a state mandated health insurance fee added to your bill. If you have comparable health insurance coverage you may waive this fee. Please see your FALL 2019 E Bill notification for more information.

Tuition & Fee Refund Policy Fall 2019

Below you will find the Tuition & Fee Refund Policy for the FALL 2019 semester. If you do not plan to attend one or more of your classes you need to officially drop the class within the published deadline if you do not wish to be financially responsible for the charges.

<table>
<thead>
<tr>
<th>REFUND CATEGORY</th>
<th>DATE</th>
<th>% OF CHARGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drop through...</td>
<td>September 11, 2019</td>
<td>100% refund</td>
</tr>
<tr>
<td>Withdrawal beginning...</td>
<td>September 11 through September 19, 2019</td>
<td>50% refund</td>
</tr>
<tr>
<td>Withdrawal as of...</td>
<td>September 20, 2019</td>
<td>0% refund</td>
</tr>
</tbody>
</table>

Need To Know

(www.qcc.edu/admissions/what-it-costs-go-qcc/student-billing-faqs)
Room 65A
Monday – Thursday: 8 AM-7 PM
Friday: 8 AM to 5 PM
(During the Summer) 508.854.4560
The primary mission of the Department is to develop a safe and secure learning environment for the College community. The Department embraces a professional approach to law enforcement, emphasizing customer service, community policing, and impartial enforcement of all laws, policies and regulations.

Quinsigamond Campus Police provide the following options for community members to report incidents:

- **Emergency Number**: 508-854-4444 On Campus or dial 4444 from any campus phone
- **Main Number**: Non-Emergency number 508-854-4221 or On Campus dial 4221 from any campus phone
- **http://www.qcc.edu/campus-Departmental Web Site for additional information at: police**
- **Text-a- tip – Anonymous Tips, texted to dispatch station. Search “QCC tip” on iOS and Android**

As part of the college’s on-going effort to enhance safety and security programs, emergency phones have been installed throughout the campus for community members to report incidents.

During the day, these calls go directly to the dispatcher and will indicate the exact location from where the call is being made. The dispatcher will immediately dispatch a Quinsigamond police officer to the scene. After hours, weekends, and holidays, the emergency phones ring directly through to the department’s communication cellphones and officers will respond accordingly.

### Fire – Safety Measures

Be familiar with the location of fire alarm pull stations, as well as the location of every fire extinguisher in your building. Develop a mental plan of what you will do if there is a fire in your area and rehearse it.

Know where you will exit, including an alternate in case your first choice is blocked. Know how to use a fire extinguisher. (Pull the safety pin, aim at the base of the fire, squeeze the trigger handle and move it from side to side as it discharges at the base of the fire.) The first few seconds of a fire are critical as to whether it spreads or is controlled, but never allow it to side as it discharges at the base of the fire.)

If a fire occurs in your area, pull the fire alarm immediately and evacuate the area, remembering to assist people with special needs and to account for all persons in the area. If the fire is small enough to extinguish, do so with a fire extinguisher and disconnect any electrical devices involved in the fire if safe to do so.

If the fire is beyond control with an extinguisher, evacuate immediately and activate a fire alarm pull station. Call 4444 immediately from a safe location.

Remember the rules of evacuation: Exit directly outside the building, if possible. Close doors behind you. Do not go deeper into the building unless forced to do so by flames. Never return to the building once outside until told to do so by the appropriate personnel.

If you should become trapped inside a building by smoke or fire, DO NOT PANIC. Do not open any door until you feel it to make sure it is not hot. If it is hot, there is fire on the other side. Crawl or stay as low as possible as you move through the building. Because heat from a fire and smoke both rise, the air close to the floor is cooler and less dense with smoke. Breathe shallowly through your nose and use clothing, such as a shirt or sweater, as a filter.

If you are forced to advance through flames, hold your breath, move quickly, cover your head and hair, and keep your head down and your eyes closed as much as possible. If possible, use a cell phone to call 9-1-1 or Campus Police to advise them of your location and condition so that rescue personnel can be directed to you. Do not open or break a window unless it provides you an immediate avenue of escape, as oxygen will only feed the fire and lessen your chances of survival. Remember: Panic is as lethal as the fire. REMAIN CALM.

### Locations of Campus Emergency Phones:

#### Administration Building
- Revolving Doors- By soda machines
- Basement – by library by B03
- Basement/Cafeteria/Bookstore
- Basement – by main elevator
- Basement-service elevator/café
- 1st floor – by main elevator
- 1st floor – by service elevator
- 2nd floor – by main elevator
- 2nd floor – by service elevator
- 3rd floor – by main elevator
- 3rd floor – by service elevator
- 4th floor – by 416A
- 4th floor – by service elevator

#### Surprenant Building
- Basement – by elevator
- 1st floor – by elevator
- 2nd floor – by elevator
- 3rd floor – by elevator
- 4th floor – by elevator

Parking Lots 1-4
- Box 1- Lot 1
- Box 2- Lot 1
- Box 3- Lot 3
- Box 4- Lot 2 and 3 by Athletic Center
- Box 5- Lot 3
- Box 6- Lot 4
- Box 7- Lot 4
- Box 8- Lot 1 (Quest)
- Box 9- Facing Admin (Quest)

#### Locations of Campus Emergency Phone Numbers:

- **Athletic Center**
  - Baslement level – QCCPD Administrative Section
  - Baslement level – women’s locker room
  - Baslement level – men’s locker room
  - Baslement level - room 135G
  - Exercise level – north wall
  - Upstairs lobby – east entrance Athletic Center office

- **Child Study Center**
  - First floor-main entrance
  - Second Floor- by 203
  - Quest Center
  - 2nd floor exterior
  - Patio near information Kiosk
  - 1st Floor by Elevator
  - Campus Police (continued)
  - 2nd Floor by Elevator
  - 3rd Floor by Elevator
  - Quest Ground Floor by Elevator

- **Services Provided by Campus Police**
  - Lost and Found
  - Motor vehicle lock out and jump starts
  - Room and Building Lockouts
  - CPR/First Responder services
  - Building Inspections for Compliance and Fire Safety
  - Crime Prevention Programs
  - Timely Notification of Criminal Activity
  - Comprehensive Reporting of Criminal Offences
  - Sexual Assault Awareness Presentation Topic’s
  - Domestic Violence Presentation
  - Safety (Risk Reduction Strategies)
  - Alcohol Awareness Program
  - ID Theft
  - RAD

- **Athlilfloors Building**
  - Hallway- main entrance

#### Need To Know

- **http://www.qcc.edu/campus-police**
- **Athletic Center Room 136**
- **24 Hour Service**
- **Main: 508.854.4221**
- **(4221 from any campus phone)**
- **Emergency: 508.854.4444**

**BE PREPARED ...**

Emergencies, accidents, injuries and other unexpected events can occur at any time and in any place. Being prepared both mentally and physically for the unexpected is the first and best defense to minimize an incident. • Familiarize yourself with your surroundings. • Know the locations of all exits from your area or building in case fire or debris should block one. • Know the location of fire alarm pull stations. • Know the location of fire extinguishers and first-aid cabinets. • Know where to find the nearest phone or emergency call box to notify Campus Police in case of an emergency. • Be aware of what is going on around you. • Lock your car and conceal valuable items. Never leave personal property unattended.

“See Something - Say Something”
Children's School

The Children's School is on campus and open for the full year including college breaks and throughout the summer.

Quinsigamond Children's School offers young children (2 years 9 months to 5 years of age) a program that fosters appreciation of self, others, and the world around them. It promotes self-motivated learning through discovery and hands-on involvement with the environment. Emphasis is placed on meeting individual needs while encouraging respect for others. The Children’s School at Quinsigamond Community College provides:

- A rich learning environment for young children
- A program of supervised student participation for the Early Childhood Education Associate Degree Students
- A parent education program
- A demonstration school setting observational purposes for students, parents, and other community members

Applications for admission are accepted on an on-going basis. Applications are placed on a list according to the date they are received, and processed from the list as vacancies occur. QCC students, faculty and staff members may be given priority.

We accept state vouchers and you may be eligible for a QCC student scholarship! For enrollment choices and further information contact the Children's School office at 508.854.4220 or jlohnes@qcc.mass.edu or gchiasson@qcc.mass.edu or stop by the school.

Cooperative Education:
Matriculated students will gain valuable hands-on work experience while earning academic credit towards their degree program. (eligibility required)

On Campus Recruiting & Job Fairs:
An opportunity for companies to come on campus to discuss their job opportunities with QCC students each spring and fall semesters.

- Purple Briefcase: QCC’s online job board where employers post their f/t, p/t, internship and co-op opportunities for our students and alumni. To access purple briefcase visit: https://app.purplebriefcase.com/pb/account/login?qs=QCC

Credit for Prior Learning:
An opportunity for students to earn college credit acquired through life experience, or a nationally/standardized competency exam, credit must be related to their program of study. For additional information visit: https://myexperiencecounts.mass.edu/

Examples of credit earned:
- Military Transcript (JST)
- Licensure/certifications
- Non-collegiate training programs
- Advanced Placement (AP), CLEP, DANTES (DSST)
- Cooperative Education:
Matriculated students will gain valuable hands-on work experience while earning academic credit towards their degree program. (eligibility required)

Orientation Issue 2019/2020
Clubs

There are a variety of clubs to participate in at QCC including:

- Engineering Club
- Christian Student Union
- Criminal Justice Club
- Anime Club
- Chess Club
- Psi Beta
- Psychology Club
- Business Club
- Human Services Club
- Pride Alliance Club
- Theatre Club
- Early Childhood Education

To learn more, visit the annual Student Club Fair on Wednesday, September 18th and Thursday, September 19th from 11am to 1pm each day outside the Fuller Student Center. If there isn’t a club you’re interested in, stop by the Fuller Center to learn how to start one.

Counseling

College can be an exciting time for many of us. Students learn to manage new academic challenges, develop new relationships, they are given opportunities to cope with anxiety and stress, as well as, balance many demands of work, school and family.

Students who make use of counseling services are able to learn new skills, learn more about themselves, and become more confident in their abilities and in their relationships with others. Counseling offers a safe space to talk privately, to take a break and unwind, to relax and meditate. Imagine taking some time for you to sit and learn more about you, your values and attitudes and develop greater self-awareness and insight.

Counseling services mission is to help students succeed. Short-term-counseling, consultation and referral services address situational problems such as academic performance, loss of an important relationship, general stress; more serious crisis issues such as physical or sexual abuse, depression, or loss of a loved one.

We are sensitive to student’s concerns about confidentiality. Services are available at no cost to currently enrolled students. Appointments can be made by calling 508-854-4479 or emailing twells@qcc.mass.edu

Need To Know
Room 162A
8 AM - 4 PM
508.854.4479
twells@qcc.mass.edu
(https://theq.qcc.edu/ICS/StudentServices/Counseling.jnz)
Disability Services
Welcome to QCC’s office of Disability Services (DS).

Our mission is to ensure an equitable and accessible college experience for all students at QCC. Disability Services assists students with documented disabilities by coordinating supports and services in order to give students equal access to the college environment.

Q: What is the role of Disability Services

Disability Services is committed to providing reasonable accommodations to qualified individuals with disabilities in accordance with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act of 1990 and the ADA Amendments Act of 2008. Accommodations and services available through Disability Services include and are not limited to the following areas: course content, digital environment, campus terrain, and support services.

<table>
<thead>
<tr>
<th>Course Content</th>
<th>Access to Class notes, ASL Interpreters, Extended Test Time, and Less Distractive Environment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Campus Terrain</td>
<td>Medical Parking, Classroom Furniture, Routes of Travel, and Accessible Pathways</td>
</tr>
<tr>
<td>Support Services</td>
<td>Learning Specialists, Success Coaching, Self-Advocacy Strategies, and Connections to Campus and Community Resources</td>
</tr>
</tbody>
</table>

Table 1: Areas of accommodations followed by common accommodations for each area.

Q: What does Disability Services do specifically for students?

The staff meets with students to determine the accommodations needed to provide access to the classroom or curriculum each semester. These may change depending on the nature of the course and the way it is taught. If additional barriers come up during the semester, DS staff and student may meet to problem-solve and discuss alternate ways of demonstrating knowledge and course competencies. DS staff work to ensure that accommodations provide access and are effective for each individual with a disability, based on the documentation provided to Disability Services.

Q: I am new to QCC and just learned about your office – what should I do?

Stop by the Worcester or Southbridge office, call, or email Disability Services to get started. New students are encouraged to make an intake appointment with Disability Services as soon as possible before the semester begins. We recommend you make an appointment as soon as you are accepted to QCC, or register for classes.

Q: I used Disability Services in the past, but haven’t for the last few semesters. Can I still see my Coordinator?

Sure! Please don’t hesitate to drop by the office or send an email! There is always something new for us to share with you, and we would like to stay abreast of all your courses for this semester.

Q: Can I volunteer to work with Disability Services?

Yes! If you are looking for a way to get involved on campus and meet new people please let us know. We offer many opportunities throughout the year to positively promote access, ability awareness, support campus events, meet socially and so much more! To learn more contact Kristie Proctor at kproctor@qcc.mass.edu. ALL ARE WELCOME!

On behalf of the Disability Services Staff, we look forward to working with you!
Kristie Proctor, Director

<table>
<thead>
<tr>
<th>Worcester Campus</th>
<th>Southbridge Campus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room: 246 Administration Building</td>
<td>Room: Reception Area</td>
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<tr>
<td>Email: <a href="mailto:disabilityservices@qcc.mass.edu">disabilityservices@qcc.mass.edu</a></td>
<td>Email: <a href="mailto:disabilityservices@qcc.mass.edu">disabilityservices@qcc.mass.edu</a></td>
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<td>Phone: edu</td>
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<td>Fax: 508.854.4471</td>
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<td>Video: 508.854.4549</td>
<td>Video: 508.765.5625</td>
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<td>Phone: 508.502.7647</td>
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<tr>
<td>Hours: Mon-Thurs 8am-6pm, Friday 8am-5pm</td>
<td>Hours: Mon &amp; Tues 9am-5pm, Wed - Fri 8am-4pm</td>
</tr>
</tbody>
</table>

Table 2: Contact information for Worcester and Southbridge Offices.
Diversity & Inclusion

Diversity & Inclusion at QCC
All faculty, staff and students are welcome to participate in the Diversity Caucus. The Diversity Caucus meets monthly on the 4th Tuesday of the month from 2 to 3pm in the Social Justice Community Space, HLC101. The purpose of the Diversity Caucus is to discuss programming, events, and activities with a diversity focus and includes the Sankofa Lecture Series.

For information and campus diversity events, please access the diversity page at www.qcc.edu/diversity-caucus.

Students are welcome to join in Brave Space/Courageous Conversations with fellow students. These unbiased dialogue sessions are open to all who want to speak openly and honestly about any topics of their choosing, for example race and racism, gender, sexism, ableism or ageism, world news, media, or music. Brave Space is held monthly on the following Wednesdays from 12:00pm to 1:00pm in HLC109A – 9/18, 10/16, 11/6, 12/4, 2/5, 3/11, 4/15.

The Diversity and Inclusion Advisory Council is an advisory group that serves as a resource to the campus to address concerns of diversity and equity on campus. This group was charged by the President to address individual and group issues around diversity.

To report any incidents of discrimination or social injustice, you can file a report by filling out the Discrimination Incident Report Form found on the QCC website at www.qcc.edu/diversity-caucus/diversity-inclusion-advisory-committee. The form may also be printed and submitted anonymously to Box #8.

Faculty, staff or students who have concerns may also reach out directly to Brenda Safford, Associate Professor of Human Services at bsafford@qcc.mass.edu or 508.854.2841, Byron Thomas, Associate Professor of Sociology at bthomas@qcc.mass.edu or 508.854.4473 or Selina Boria, Executive Assistant to the President for Policy, Governance and Diversity at sboria@qcc.mass.edu or 508.854.4368.

Fuller Center

Are you looking for a place to relax in between classes? Have you heard where you can purchase discount movie tickets or play pool? Right in the middle of the QCC campus is a little gem called the Fuller Student Center. As you enter the building, you are welcomed by a member of the Student Life staff; at the window you can obtain discount tickets to the movies, up-coming trips and programs. You will also find information for clubs and organizations.

With your student ID, you have the opportunity to check out board games and pool equipment. Continue on through, and you will see the Open Door and Student Senate Office, a students-only conference room, a lounge where you can watch television, and a pool room and vending machines where you can grab a snack on the run. When the weather is just right, you can sit out on the patio to hang out and eat lunch. The Fuller Student Center is open from 8:30 am to 7:00 pm Monday-Wednesday, 8:30 am – 4:30 pm on Thursdays, and 8:30 am to 4 pm on Fridays. Please note that the entire campus is smoke free!

The center is open to all QCC students. Please read the QCC Handbook for further information and policies regarding the Fuller Student Center.
Financial Aid

The Financial Aid Office would like to extend a warm welcome to new QCC students!

Did you know that you can still apply for financial aid for the Fall semester? Funds are still available to assist you in paying for your education. These funds may include grants, loans, and work study employment.

If you need financial aid, apply online at www.fafsa.gov. The QCC School Code is 002175. You will need to create an FSA User ID if you have not already done so. The Financial Aid Office will receive your information electronically within a few days, and you’ll be on your way to getting the help you need. If you need help applying, we can assist you! Please contact us at 508-854-4261, by email at financialaid@qcc.mass.edu, or stop by the Welcome Center in the Harrington Learning Center for more information.

Is it really as simple as that? Generally yes, but our office may have to ask you for additional information to determine your eligibility for financial aid. Monitor your mail and file through The Q and respond quickly to any requests for additional information. Files are reviewed in the order they become complete, so your quick response to any request for information allows us to provide a financial aid award faster.

**If you have already applied for financial aid:**

If you are still waiting to receive your aid award, please verify that your application is complete. To find out if additional documents are needed or to see your award, log on to The Q. If no documents are requested, please try to be patient. We have received a high volume of applications and are working as quickly as possible to review them. We will contact you by mail when your file has been reviewed.

**Bookstore Allowances:** Students whose financial aid award is greater than their Fall 2019 bill with the Business Office may be eligible for a bookstore allowance at the QCC Bookstore. A list of eligible students is prepared by the Business Office and sent to the Bookstore prior to the beginning of Fall 2019 book sales. You will also receive notification sent to your QMail indicating that you have a bookstore allowance available at the Bookstore. Students who are using student loans toward their books must complete all loan requirements prior to being issued an allowance.

If you have any questions, we are here to help! Stop by the Welcome Center in the Harrington Learning Center Monday-Thursday, 8am-7pm or Friday from 8am – 5pm, send an email to financialaid@qcc.mass.edu or call us at 508-854-4261.

Gateway to College

The Gateway to College program, in partnership with Uxbridge High School, is welcoming another cohort of new students this semester. Gateway to College empowers students between the ages of 16-21 who have dropped out of high school or are not on track to graduate, an opportunity to earn a high school diploma and college credit in a supportive college environment. The Gateway to College program focuses on the individual needs of each student, and provides wraparound services to ensure that no student is left behind.

Students in the Gateway program complete their high school diploma requirements on the college campus while earning dual credit at the same time. The program is a scholarship program to accepted students, and students are able to complete their coursework on the college campus. Upon completion, Gateway students will be well on their way to completing an Associate’s degree or certificate program.

The program challenges students to move forward in their lives and to successfully commit to education and their future. Interested students may contact the Gateway office at 508-854-7587 for more information or visit us at our offices in RM 102 Surprenant Building. The program will be recruiting for another new cohort of students for Spring 2020 starting this Fall.

Need To Know

Gateway to College

508.854.7587

Need To Know

www.qcc.edu/financial-aid-scholarships

Welcome Center in the Harrington Learning Center

Monday – Thursday: 8am -7pm

Friday: 8 AM-5 PM

508.854.4261

financialaid@qcc.mass.edu

Need To Know

www.qcc.edu/academics/high-school-student-programoptions/gateway-college

508.854.7587

Need To Know

www.qcc.edu/academics/high-school-student-programoptions/gateway-college

508.854.7587

Orientation Issue Page 13 2019/2020
The General Academic Areas (GAA) Tutoring Center is a tutoring and student resource center that offers appointment-based tutoring for a variety of academic subjects. We promote active, collaborative learning, where students can work with a tutor in either one-on-one or small group sessions to help clarify course concepts and build study skills to foster independent learning. All of the GAA services and resources are available to any QCC student currently enrolled in credit-bearing in-person or online QCC courses.

Tutoring Services
At the GAA, you can work one-on-one or in small groups with a tutor to help clarify course concepts and talk you through problem areas. You can also build your study skills in your tutoring sessions by discussing with a tutor how to better approach and manage your coursework.

How to Sign Up for Tutoring
All tutoring in the GAA is made by appointment only. Tutoring appointments can be made in either half-hour or one hour increments and are limited to a total of two hours per week per course. Visit the GAA website for the most current information on tutoring schedules, subjects offered, hours available, and how to schedule appointments.

Other Resources
The GAA also offers free workshops during the fall and spring semesters covering a variety of subject-specific topics. A series of Academic Skills Workshops, sponsored by all three QCC Tutoring Centers, are also offered during the fall and spring semesters. Visit the GAA website for a list of all current workshops offered. The GAA also offers computers that are equipped with the most current academic software to be utilized during tutoring sessions.

Need To Know
Harrington Learning Center
Room 222
508.854.4279
www.qcc.edu/gaa

Commonwealth Honors Program
If you are academically motivated, and would like to be in classes with other motivated students, if you are planning on transferring to a 4-year college or university and would like to have more options for scholarships, consider joining the state-wide Commonwealth Honors Program. Your honors experience at QCC will be rewarding, challenging, and enjoyable.

Past Honors Program graduates have transferred to colleges such as Clark University, Wellesley College, Northeastern University, Worcester Polytechnic Institute, and the University of Massachusetts to name just a few. Many transferring honors students have received significant scholarship awards as well. Two of our May 2012 Commonwealth Honors Program graduates received $57,000 and $90,000 scholarships respectively to Cornell University, a May 2013 graduate was awarded the Foster Furcolo scholarship to UMass Boston which covers all tuition and fees, two May 2014 CHP graduates were recently given full rides to Smith College, and several QCC graduates were awarded honors-to-honors scholarships to UMass Amherst this year.

Whether you are enrolled as a full-time or part-time student, the Commonwealth Honors Program will provide you with an opportunity for enhanced success, both in your future studies and beyond.

QCC's Honors Program has been approved by the Massachusetts Department of Higher Education. Interested students can take one, two, three, or all four of the Honors Program class requirements (over the course of your time here at QCC). Benefits include smaller class sizes, a more participatory class structure, scholarship opportunities, and recognition at graduation—and on official college transcript—as a Commonwealth Honors Scholar, as well as guaranteed admission to any honors program or college in the Massachusetts State College or University system. I encourage you to e-mail me to set up an appointment to learn more about this exciting opportunity and to register for classes. Please contact Susan McPherson, Honors Program Coordinator, in office 357A, at 508-854-2759, or email smcpherson@qcc.mass.edu.

Courses for this Fall 2019 are:
• ENG 101-10: English Comp I * MWF 9:00-9:50am with Dr. Margaret Wong
• ENG 101-49: English Comp I * TR 11:00am-12:15pm with Professor John Stazinski
• ENG 102-08: English Comp II * MWF 10:00-10:50am with Professor John Stazinski
• ENG 102-21: English Comp II * TR 9:30-10:45am with Professor Kathy Fredericksen
• HST 105-03: World History II * TR 12:30-1:45pm with Professor Ken Wong
• PSY 101-08: Introduction to Psychology * MWF 11:00-11:50am with Professor Judy Colson
• IDS 200-01: Honors Colloquium: Dystopian Cultures * MW 12:00-1:15pm with Professors Beaudry and Benway
The Open Door is QCC’s newspaper, a student-run monthly publication. All students are encouraged to contribute on a free-lance basis or make a commitment to be a staff member. We welcome photographs, drawings, poetry, creative writing, opinion pieces, other contributions, and suggestions. Look to The Open Door for important updates from various student service offices, educational departments, as well as general campus news and happenings. Readers can expect to find helpful information on many aspects of the college as well as sports and entertainment news.

Deadlines and submission information can be found on the inside page of the paper. Contact us at opendoor@qcc.mass.edu, or stop by the office in the Fuller Student Center.

Phi Theta Kappa

Phi Theta Kappa (PTK) is the honor society of two-year colleges. To be eligible for membership to this elite organization, students must have 12 credits earned at Quinsigamond Community College and a cumulative GPA of 3.5. A student autobiographical profile form and recommendations from two QCC faculty members are also required upon acceptance to Phi Theta Kappa. Once membership is approved, a one-time fee of $85.00 must be submitted to retain membership. This fee provides $70.00 for the Phi Theta Kappa organization and $15.00 for the QCC Phi Theta Kappa chapter account.

As a member, you are encouraged to uphold the four hallmarks of Scholarship, Leadership, Service, and Fellowship, that PTK was founded upon. Members are encouraged to take on leadership roles, assist faculty and peers on campus, donate time to community service efforts, and participate in fundraising for special causes. In return, as a Phi Theta Kappa member, you have access to benefits that include: access to over $90-million in exclusive scholarships, letters of recommendation, employment opportunities, and soft-skills development access.

As a member of the Alpha Zeta Theta chapter of Phi Theta Kappa, you will find volunteering and exclusive benefits quite rewarding. If you are interested and eligible to request membership, please keep watch for exclusive invitations or contact Bonnie Coleman at 508-854-7412, Room 349A.

HLC Room 206
Monday – Thursday: 8 AM-8 PM
Friday: 8 AM-4 PM
Saturday: 9 AM-3 PM
508.854.7487

Need To Know
(www.ptk.org)
Room 349A
508.854.7412
bcoleman@qcc.mass.edu

Math Center

QCC’s tutoring centers are located on the second floor of the Harrington Learning Center (HLC) and provide a welcoming and supportive environment with free tutoring for currently enrolled Quinsigamond Community College students. The Math Center (206 HLC) offers drop-in, one-on-one and small group tutoring for QCC students taking a range of mathematics and related courses. Students can get assistance with their homework and develop their understanding of math with math tutors, and participate in group study with their peers.

A variety of math-related resources are also available, including current Math Department course textbooks and solutions manuals for use in the center, self-study placement test booklets, and a math lending library. There are desktop and laptop computers for course related work such as MyMathLab, MyStatLab, videos on the Math Department YouTube channel http://www.youtube.com/QCCmath, and mathematics software Maple and MATLAB. Math tutoring is also available at QCC’s Downtown and Southbridge campuses. Please visit our website for details including the location and fall schedules. www.qcc.mass.edu/mathsupport/
**Psi Beta National Honor Society**
The QCC Psychology Department sponsors a local chapter of Psi Beta, a National Honor Society in Psychology for Community Colleges. Psi Beta’s mission is to encourage professional development and psychological literacy of all students at two-year colleges through promotion and recognition of excellence in scholarship, leadership, research and community service (Psi Beta, 2019). This chapter regularly meets along with the Psychology Club and provides a variety of opportunities for engaging with psychology, including conducting original research, presenting research at professional conferences, hosting a guest lecture series, community service, leadership opportunities, and fundraising for mental health and other community initiatives. Members of Psi Beta are recognized for their academic excellence and are eligible to win Psi Beta awards and scholarships.

**Meetings**
Meetings are held every other Wednesday from 12:00 p.m. - 1:00 p.m. in the Harrington Learning Center (HLC), Room 239.

**Membership**
Students can request induction to Psi Beta if they meet the following requirements:
- A strong interest in psychology (major in psychology is not required)
- Completion of at least 1 psychology course
- Minimum “B” average in all psychology courses
- Minimum overall 3.25 GPA
- Completion of at least 12 credits
- Students who are eligible, are invited to be inducted during the fall and spring semesters.

**Contact**
To learn more about applying for induction, contact Professor Valerie Clemente, vclemente@qcc.mass.edu or email qccpsychologyclub@gmail.com to join our email list to keep up to date with our meetings and activities. Follow us on Instagram @QCC.PSYCHCLUB

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**Placement Testing**
All new students are required to take the Placement Test before registering for English and math courses and courses requiring a prerequisite of English or math.

**What is the Placement Test?**
The Placement Test is a computerized test that helps determine the appropriate level at which a student should begin math and English courses. The test is not timed and the majority of the questions are multiple-choice. Students can choose to take the entire test (English and math) during one testing period or take the English and math tests at different times. An Academic Advisor will use the results of this test to help students select the right courses for registration.

**How do I prepare for the test?**
- It’s very important to study and review before you take the test.
- For more information, go to this page: www.qcc.edu/services/testing and click on the link for Study Tips.

**How do I make a Placement Test appointment?**
To make an appointment to take the Placement Test, go to our website at: www.qcc.edu/services/testing, and click on a link for the address that you would like. Follow the prompts to choose a date and time that works for you.

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**The Q**
Think of the portal, or The Q, as the gateway to the college. It’s “one stop shopping” for all students, faculty and staff. Use The Q to access the course catalog, which shows information for all courses offered in a given semester, including a list of books and faculty members. All communication pertaining to the college is available on the portal via calendar items, announcements, or custom content. Links to access your QCC student e-mail account is available as well.

Students can log into The Q to view your Schedule as well as Financial Aid Awards and Documents, get a transcript of your grades, you can even pay your bill!! Students can also access course information via Blackboard and Starfish, which is used to check your academic progress.

There are links available to waive your Health Insurance or even get an Inclement Weather Announcement! Other tabs have been added to allow you to view additional information about the college, including Student Services and Financial Services as well as Campus Life information, which lists information about athletics, events and clubs, where you can join a sponsored group within the college.

Use The Q to sign up for the QCC Alert Notification System, which sends a text message to your cell phone in case of a school emergency or school closing. In addition, a personal page is available for all users to note those important appointments and deadlines.

The Q is available 24x7. Visit www.qcc.edu, and then click on the The Q link at the top of the page. Can’t find what you’re looking for? No problem. Click the Help tab at the top of the portal for basic help or to retrieve a copy of The Q – QCC’s Online Student Portal brochure. If you need additional help, call the QCC Help Desk at 508 854-4427 or email them at help@qcc.mass.edu.

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**Contact**
To learn more about applying for induction, contact Professor Valerie Clemente, vclemente@qcc.mass.edu or email qccpsychologyclub@gmail.com to join our email list to keep up to date with our meetings and activities. Follow us on Instagram @QCC.PSYCHCLUB
QCC Mentoring
Making Connections, Building Community

When you receive a QCC Mentor, you will gain a trusted guide, a personal and professional resource, a connection to the professional world, and a friend.

By participating in the QCC Mentoring program, you will learn ways to raise your GPA, while building connections in the career path of your choice. This is a chance to build your personal and professional network and develop lifelong skills that you can take with you wherever you go.

Mentees will receive training, guidance, resources, and support throughout the program.

**QCC Mentoring:**

- Builds self-confidence and self-esteem
- Provides motivation
- Delivers vital college/work/life strategies
- Offers support and experience in public speaking/presentations
- Enables students to grow to their full potential

To learn more, please email mentoring@qcc.mass.edu, call 508.854.4573, visit 120A in the Administration Building, or go to www.QCC.edu/mentoring
Registrar's Office
The Registrar’s Office is responsible for maintaining student academic records. Our goal is to aid students as they pursue their educational goals while attending Quinsigamond Community College. The Registrar’s Office can provide a variety of services to both certificate and degree seeking students, as well as non-matriculated students enrolled in courses at the college. Services we offer include, but are not limited to:

- Academic Policy Information
- Change of Name and Address
- Degree and Certificate Requirement Audit
- Enrollment Verification
- Evaluate Transfer Credits
- Graduation Application
- Print Username and Password to The Q and Qmail
- Processes Add/Drops and Course Withdraws
- Transcript Requests

If you can’t make it to campus or stopping by the Registrar’s Office is inconvenient to your schedule, you can find many of the Registrar’s Office forms on The Q on the Registrar page under Registrar Documents. Just print, complete the form, scan and email or fax to the Registrar’s Office. All our contact information is listed on our page.

Key dates and deadlines for Fall Semester:

- **Add/Drop period ends Wednesday September 11.** This is the last day you can add/drop a course for the Fall semester. The last day to add/drop for the Fall 2 semester is November 4.

- **Withdrawal period begins September 12 through November 15.** To withdraw from a class, your instructor or your academic advisor must sign the withdrawal form. After November 15, your professor may grant you the grade of W, but you are no longer entitled to that grade and may be assigned a grade of F. If you are considering withdrawing from a course and receive financial aid, talk to the Financial Aid office to find out if your package will change due to the withdrawal.

- **Monday October 14 is Columbus Day,** No classes will be held that day.

- **Progress grades are due Wednesday October 30.** Log onto The Q to view your mid-semester grade. If you are receiving a failing grade, talk to your instructor or academic advisor to see if a course withdraw is an option you should consider.

- **VIP Registration is November 4-18 for returning students.** You have seniority over all new students. Don’t wait to register for Intersession or the Spring 2020 semester.

- **Monday November 11 is Veteran’s Day,** No Classes will be held that day.

- **Last day to change to or from an audit is Friday November 15**

- **Thanksgiving Recess is November 28-December 1,** there are no classes during that period.

- **Final Week of Classes December 11-17,** during the final week of classes there is a modified class schedule. Check The Q for the Fall 2019 Final Exam schedule or ask your instructor for a detailed class syllabus. Final grades are due on The Q 48 hours after the last class/exam.

Student Life
Student Life would like to welcome you to QCC whether it’s your first time or you’re returning! Student Life is here to offer you a great out-of-the-classroom experience during your time at Quinsigamond; offering several services to get you on your way. If you are looking to make a difference in a certain area, or on campus as a whole, then you may want to join a club or organization. QCC has over 35 organizations and clubs which cater to a variety of interests from social to political, as well as religiously affiliated to major specific. Additionally, if you are interested in forming a club, Student Life can get you started!

Another possibility that may of interest to you are discounted tickets. Student life has discounted tickets to a number of destinations and events throughout the year. Keep an eye out for trips to athletic events, plays and musicals, the Big E, and New York City to name a few. Student Life also sells tickets year-round to the movies for Showcase Cinemas (located either at the Shoppes at Blackstone or right off West Mountain Street here in Worcester).

Finally, keep an eye out for the social and educational programs offered by Student Life. Programs range from the making novelty items to healthy snack events and even games shows where you have a chance to win cold, hard cash. We’ve always got something going on in the Fuller Student Center. So if you’re looking for something to do, look no further than Student Life!
Student Senate

College is what you make it. You can choose to just go to class, of course, go home at the end of the day and keep up with what you’ve always have done. Or, you can choose to make college work for you. How can you do that? One major way is to become involved in campus clubs and organizations. However, if you want to take it a step further and make a difference for you and the rest of the campus community; join Student Senate! Here are the top 10 reasons to join:

10. Professionalize your resume and transfer application by featuring this membership
9. Meet people from all backgrounds and interests
8. Attend amazing leadership conferences
7. Network with students from the other MA Community Colleges
6. Build skills for communication, leadership and decision making
5. Represent QCC with campus, city and county developments
4. Develop friendships that will last beyond your time at QCC
3. Fundraise for charitable causes
2. Gain the ear of QCC’s president
1. Become the voice of the student body

For more information and election registration forms, stop by Student Life in the Fuller Student Center.

Transfer Services

Transfer Workshops:
Talks focus on common topics including transfer admissions requirements, transfer agreements, and course transferability.

Transfer FAQ Sessions:
Get quick information and answers to issues such as
- Important QCC courses for transfer
- How to pick colleges and majors
- General steps to transferring—deadlines, forms, admissions requirements

Transfer Visits and Special Events:
Transfer admissions representatives from local and regional colleges and universities visit QCC throughout the year to recruit students and help with transfer planning.

Transfer Fairs:
Fairs are held during fall and spring semesters, with transfer admissions representatives from over 30 colleges and universities in attendance. Students can discover interesting colleges and majors, learn about admissions requirements, and find out how credits will transfer. Fairs are great opportunities to get information and ask questions!
**Title IX**

**Sexual Violence/Relationship Abuse Resources & Services**
*Confidential Resource

- **Campus Police**
  - Campus Police (24/7): 508.854.4221
  - Emergencies (24/7): 508.854.4444

- **Title IX Coordinator**
  This is a college official designated to receive and investigate complaints related to sexual violence on campus.
  Liz Woods, Dean for Compliance and Education: 508.854.2791 • lwoods@qcc.mass.edu

- **Greater Worcester Sexual Violence Resources & Services**
  *Confidential Resource

  - **Medical Services***
    Can offer physical exams and provide sexual and reproductive services. Additionally, Sexual Assault Nurse Examiners (SANE) are available to collect evidence in case an individual would like to pursue criminal charges.
    - UMass System ER/SANE Nurse: 508.334.1000
    - St. Vincent’s ER/SANE Nurse: 508.363.5000

  - **Counseling/Advocacy Services***
    These providers can offer confidential counseling, advocacy, and other services.
    - Sexual Assault: Pathways for Change: 800.870.5905
    - Jane Doe, Inc.: 617.248.0922 • info@jdoe.org

  - **Financial Assistance***
    Confidential financial assistance may be available for costs related to medical care, mental health counseling, and other expenses through the Victims of Violent Crime Compensation Program, which operates out of the Attorney General’s Office.
    - Victim Compensation: 508.755.8601

- **Law Enforcement**
  Police will investigate the allegation/incident. Criminal charges may result.
  - Worcester Police (24/7): 508.799.8606
  - Daybreak/Worcester Intervention Network (WIN): 508.799.8610

- **Legal Assistance***
  These confidential services offer legal advice and provide direct legal representation to survivors of relationship abuse and sexual assault.
  - Community Legal Aid: 1.800.649.3718
  - Victim Rights Law Center: 617.399.6720
  - Massachusetts Justice Project (legal advice & referrals): 1.800.639.1209

- **Counseling Services***
  Confidential and individual counseling, including education regarding normal reactions to sexual assault and relationship abuse and how to cope with distress.
  - Clinical Services, Assessment, and Short Term Counseling (24 hours/7 days a week): 508.854.4479
    - Daybreak: 508.755.9030

- **Conduct Services**
  A complaint that involves possible violation of the Student Code of Conduct may be handled by the Dean of Students or the Dean’s designee. In cases of intoxication, alcohol poisoning, or suspected overdose, the primary concern is the health & safety of the person(s) involved.
  - Dean of Students Office: 508.854.4294 or 508.854.4526

- **QCC Sexual Misconduct Policy**
  www.QCC.edu/policy-against-sexual-violence

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**Orientation Issue** ———————————————————— Page 20 ———————————————————— 2019/2020
Quinsigamond Community College’s TRIO Student Support Services program, **FAST FORWARD**, is a federally funded program that provides first generation, economically disadvantaged college students, and students with disabilities the support and services needed to achieve academic success. The program is funded to serve 140 students. There is an application process! Quinsigamond Community College students interested must meet federal guidelines (first generation, economically disadvantaged, and students with disabilities) to be accepted in program before services are rendered. TRIO staff meets regularly with students to review and support a career and academic plan in order for students to complete a program of study at Quinsigamond Community College and/or transfer to a four year institution. TRIO staff members discuss academic goals, help plan class schedules, assist with early registration and offer guidance throughout the semester.

The following services are offered through Quinsigamond Community College’s TRIO Student Support Services:

- Academic Advising
- Academic Tutoring (Math & English)
- Financial Aid Counseling
- Educational and Financial Literacy Workshops
- Transfer Counseling, etc.

TRIO staff works with you to secure financial aid by providing assistance with the Free Application for Federal Student Aid (FAFSA): application, renewal process, and potential reinstatement due to probation or termination. Staff will help you search for eligible scholarships and assist with completing scholarship applications and a tutor will review essays.

Please stop by the office or call for more details about the TRIO Student Support Services program.

**Note:** Applications are accepted throughout the year; however, acceptance into the program is each fall semester only. All applicants will be placed on a waiting list and notified when a slot becomes available.

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**Staff Contact Information**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joseph Adams</td>
<td>Program Director</td>
<td><a href="mailto:jadams@qcc.mass.edu">jadams@qcc.mass.edu</a></td>
</tr>
<tr>
<td>Denise Means</td>
<td>Administrative Assistant</td>
<td><a href="mailto:dmeans@qcc.mass.edu">dmeans@qcc.mass.edu</a></td>
</tr>
</tbody>
</table>

Office Location: Administration Building 170A, Main Campus
Office Email: triosss@qcc.mass.edu

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The Veteran Affairs Office/Vet Center is located in the main Administration Building—Room 258A. All veterans are encouraged to visit the Center to explore the full services that are offered to them. Our mission is to provide support to assist the student veterans and members of the Armed Forces in the adjustment to becoming successful in civilian and college life. We are committed to promoting college spirit as well as establishing and maintaining fellowship amongst veterans and students on campus.

Stop by and visit our new Vet Center.
Director, Paula Ogden

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**Need To Know**

<table>
<thead>
<tr>
<th>Room</th>
<th>Phone</th>
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<tbody>
<tr>
<td>258A</td>
<td>508.854.2721</td>
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</table>
The goal of tutoring at QCC is to engage students in the learning process and empower them to become independent, lifelong learners. Tutors support students in their coursework by working collaboratively, encouraging active learning, and modeling effective study and learning techniques.

The Writing Center is a tutoring and student resource center for writing, as well as those skills integral to the writing process, including reading comprehension, critical thinking, planning, and organization. Students can work with a tutor on their writing, reading, and study skills for any course. In addition to one-on-one tutoring, the Center offers a variety of services, including writing and grammar workshops, English Conversation Sessions, and writing reference guides. The Writing Center is not a proofreading or editing service.

Resources for Students

Tutoring for Writing and Reading
The Writing Center tutors work collaboratively with students to improve their skills and aid them in becoming more accomplished and confident writers, readers, and college students. Tutors can assist students with writing assignments for any course and can help at any point in the writing process. Tutors are also available to help students with reading strategies. They can also assist with organizing and documenting speeches and presentations. Writing and reading tutoring is available on a walk-in basis or by appointment. Study skills tutoring is available by appointment only. Sessions typically last from half an hour to an hour.

Tutoring for Study Skills (by appointment)
Study Skills tutors are available to work with students on a variety of skills important to college success, such as goal setting, time management, note taking, and test taking. Study Skills tutoring is by appointment only. To set up an appointment, stop by the Writing Center or contact the Center via phone 508.854.7488 or email wcinfo@qcc.mass.edu.

Writing, Reading, and Study Skills Workshops
Fall and Spring semesters, the Writing Center offers a series of free writing workshops on a variety of topics important to successful college writing, reading, and study skills. These workshops are included in the Tutoring Centers’ Academic Skills Workshops.

Drop-in Group Grammar and Usage Workshops
Students interested in improving their sentence-writing skills will work together and with the manager of the Writing Center to understand concepts and apply them to their own writing. Students should bring to the workshop examples of their writing, as well as specific questions about grammar and usage.

English Conversation Session (by appointment)
Students interested in practicing and improving their vocabulary, pronunciation, and conversation skills in English can make an appointment for a one-on-one or small group English Conversation Session. To set up an appointment, stop by the Writing Center or contact the Center via phone 508.854.7488 or email wcinfo@qcc.mass.edu.

Reference Materials
A variety of handouts that address a number of writing, grammar, punctuation, and formatting concerns are available at the Center. Writing workbooks and handbooks are also available for student use.

Tutoring in Southbridge
Tutoring for reading, writing, and study skills is available at our Southbridge location in room 102 during Fall and Spring semesters. For assistance during summer sessions, students can access Smarthinking, free online tutoring for currently enrolled QCC students. A link to Smarthinking is located in your course Blackboard shell.

The next issue of The Open Door will be on stands September 6th

QCC’s Student Newspaper
Fuller Student Center Events

WELCOME WEEK EVENTS

WHEN
September 4th-6th

WHERE
Fuller Student Center

STOP BY THE FULLER STUDENT CENTER
CHECK OUT WHAT WE HAVE PLANNED FOR YOU
THIS SEMESTER!

Check Out our Facebook

SEPT 4TH
9am-11am
Free Bagels and Beverage
11am-1pm
Welcome Fair
11am-noon
Meet the Wyvern
11am-1pm
Free Kona Ice

SEPT 5TH
9am-11am
Free Bagels and Beverage
10am-11am
Meet the Wyvern

SEPT 6TH
11am-1pm
Back to School BINGO
Free Backpacks
FULL of school supplies

November 15th
Coach bus leaves campus at 8:30am
Tickets include admission into
Pequot Museum and lunch buffet at Rainmaker Buffet
1:30pm-3:00pm
Bus leaves Foxwoods Casino at 4:00pm

Foxwoods

Tickets can be purchased in the Fuller Student Center
Limit 4 tickets per student—must have Student ID
cash or check
Student and guests MUST be 18 and over to purchase tickets

Fenway Park

September 27th

Tickets $10.00

7.10 game against Orioles
Purchase in the Fuller Student Center
Cash or check
Bus will leave campus at 4.00pm
and leave immediately
after the game is over
Limit 4 tickets per student

Rockettes Christmas Spectacular

December 5th

Bus leaves campus 3:45 PM
Bus leaves NYC 6:00 PM
Tickets can be purchased in the Fuller Student Center
Limit 2 per student
$10.00

Persons in need of accommodations for this event should contact Cheryl Prue, Event Organizer at Student Life (508-854-4225)

Orientation Issue —————————— Page 23 —————————— 2019/2020
<table>
<thead>
<tr>
<th>Sunday</th>
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<th>Saturday</th>
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<td></td>
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<td><strong>Welcome Fair</strong>&lt;br&gt;Breakfast 9-11 a.m.&lt;br&gt;Kona Ice 11-1 p.m.</td>
<td><strong>Free Quick &amp; Go</strong>&lt;br&gt;Breakfast in Fuller 9 a.m.-11 a.m.</td>
<td><strong>Back to school BINGO</strong>&lt;br&gt;Fuller 11 a.m.-Noon&lt;br&gt;Free school supplies</td>
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<td><strong>Peace pole ceremony</strong>&lt;br&gt;outside Fuller 10-11 a.m.</td>
<td><strong>First Fuller Friday</strong>&lt;br&gt;10 a.m.-Noon</td>
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<td><strong>CLUB RUSH</strong>&lt;br&gt;10:00-1:00&lt;br&gt;Meet &amp; Join College Clubs</td>
<td><strong>CLUB RUSH</strong>&lt;br&gt;hands only CPR</td>
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<td><strong>Constellation Day Trivia</strong>&lt;br&gt;10-12 Fuller Center</td>
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<td><strong>First day of autumn DIY caramel apples</strong>&lt;br&gt;Fuller Center 11 a.m.</td>
<td><strong>National Voter Registration</strong>&lt;br&gt;Fuller Center</td>
<td><strong>Coffee &amp; Cookies</strong>&lt;br&gt;5-7 p.m.</td>
<td><strong>Campus Community Service Project</strong>&lt;br&gt;Fuller Center</td>
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<td><strong>Constitution Day Trivia</strong>&lt;br&gt;10-12 Fuller Center</td>
<td><strong>First Fuller Friday</strong>&lt;br&gt;10 a.m.-Noon</td>
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<td><strong>Hispanic Heritage Trivia</strong>&lt;br&gt;10-12 Fuller Center</td>
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**FOOD PANTRY & RESOURCE CENTER**

*Fall hours begin September 4*

**Fall Food Pantry Hours**
- Monday: 8:00 a.m. – 11:00 a.m.
- Tuesday: 8:00 a.m. – 11:00 a.m.
- Wednesday: 4:00 p.m. – 7:00 p.m.
- Thursday: 8:00 a.m. – 11:00 a.m.
- Friday: 9:00 a.m. – Noon

**Fall Resource Center Hours**
- Monday: 8:00 a.m. – 11:00 a.m.
- Tuesday: 8:00 a.m. – 11:00 a.m.
- Wednesday: 4:00 p.m. – 7:00 p.m.
- Thursday: 8:00 a.m. – 11:00 a.m.
- Friday: 9:00 a.m. – Noon

**Room B63A**

To make an appointment, please contact foodpantry@qcc.mass.edu or call 508.854.7403

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**Student ID Schedule for Fall 2019**

**Worcester Campus: Athletic Center**

<table>
<thead>
<tr>
<th>Date</th>
<th>Hours</th>
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<tbody>
<tr>
<td>August 26th</td>
<td>9am-8pm</td>
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<tr>
<td>August 27th</td>
<td>9am-7pm</td>
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<tr>
<td>August 28th</td>
<td>9am-4pm</td>
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<tr>
<td>August 29th</td>
<td>9am-7pm</td>
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<tr>
<td>August 30th</td>
<td>9am-4pm</td>
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<tr>
<td>September 3rd</td>
<td>12pm-4pm</td>
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<tr>
<td>September 4th</td>
<td>9am-4pm</td>
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<tr>
<td>September 5th</td>
<td>9am-7pm</td>
</tr>
<tr>
<td>September 6th</td>
<td>9am-4pm</td>
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<tr>
<td>September 9th</td>
<td>10am-2pm</td>
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<tr>
<td>September 10th</td>
<td>10am-2pm &amp; 4pm-6pm</td>
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<tr>
<td>September 11th</td>
<td>10am-2pm</td>
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<tr>
<td>September 12th</td>
<td>10am-2pm &amp; 4pm-6pm</td>
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<tr>
<td>September 13th</td>
<td>10am-2pm</td>
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</table>

**September 16th-Rest of the Fall Semester in the Athletic Center** (Or call 508.854.4317 to make an appointment)

<table>
<thead>
<tr>
<th>Date</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Monday’s</td>
<td>9am-10am &amp; 2pm-3pm</td>
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<tr>
<td>Tuesday’s</td>
<td>9am-10am &amp; 4pm-6pm</td>
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<tr>
<td>Wednesday’s</td>
<td>9am-10am &amp; 2pm-3pm</td>
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<tr>
<td>Thursday’s</td>
<td>9am-10am &amp; 4pm-6pm</td>
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<tr>
<td>Friday’s</td>
<td>9am-10am &amp; 2pm-3pm</td>
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<tr>
<td>Saturday’s</td>
<td>10am-1pm</td>
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**Downtown Campus**

<table>
<thead>
<tr>
<th>Date</th>
<th>Hours</th>
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<tbody>
<tr>
<td>September 9th</td>
<td>9am-7pm</td>
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<tr>
<td>September 10th</td>
<td>9am-7pm</td>
</tr>
<tr>
<td>September 11th</td>
<td>9am-7pm</td>
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</tbody>
</table>

**Southbridge Campus**

<table>
<thead>
<tr>
<th>Date</th>
<th>Hours</th>
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<tbody>
<tr>
<td>September 16th</td>
<td>9am-6pm</td>
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<tr>
<td>September 17th</td>
<td>9am-6pm</td>
</tr>
<tr>
<td>September 18th</td>
<td>9am-6pm</td>
</tr>
</tbody>
</table>