

# DRESS FOR SUCCESS

## FOR WOMEN

If hair is longer than shoulder length, it should be worn up or pulled back

Minimal makeup; Avoid very dark or very bright colors

No excessive jewelry or anything which dangles or would make distracting noises (clink)

Minimal perfume or fragranced lotions

Choose either a briefcase or a handbag, not both

Wear closed toe, low heel shoes



A candidate can't go wrong with a well-tailored suit in a neutral color; black, navy, or gray are your best bets. In more creative fields, more casual and colorful clothing may be acceptable

If you are wearing a skirt, always wear stockings. They should be opaque in fleshtone or neutral color

Use light colored nail polish, clear is preferred

**NOTE:** Few people are hired because they are well-dressed, however wearing inappropriate clothing has ruined the chances of many job hunters.

### FOR BOTH

- No smoking or chewing gum -Go beyond neatness, be immaculate
- Remove all visible body piercings and cover up visible tattoos if possible
- Be clean and neat, your hair and clothes should not overpower your face & appearance
- Clean, short nails
- Dress a notch or two higher than individuals already in the position. It's better to err on the side of overdressing!

## FOR MEN

Hair – short and/or neat; short hair always fares best in interviews

Avoid very bright colors

Choose between attache case or portfolio

Avoid flashy cuff links, rings or neck chains; no earrings

Polished, dark dress shoes and dark over the calf socks; no boots



Fresh shave, neatly groomed beards/ mustaches are acceptable

A candidate can't go wrong with a well-tailored suit in a neutral color; black, navy, or gray are your best bets. Wear a white shirt and a conservative tie, no bright colors or patterns

Minimal or avoid using cologne

### Golden Rule

*Interviewers are looking for a professional, neat, clean, well-groomed appearance. The goal is to take clothing out of the equation so the focus is on your capabilities.*